



Spring 2022
Kanawha Valley
Course Catalog

Registration
begins
March 28

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About OLLI at WVU

Dedicated to enriching the lives of older adults throughout West Virginia, the Osher Lifelong Learning Institute at West Virginia University (OLLI at WVU), an affiliate of the WVU School of Public Health, is a member-driven organization whose mission is to promote connection, curiosity, exploration, discovery, and discussion through learning and social engagement in non-credit classes, lectures, field trips, and events designed for adults 50+.

OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:

- The Bernard Osher Foundation
- West Virginia University, President's Office
- WVU Foundation
- WVU School of Public Health (SPH)
- OLLI Board Members, Committee Members, and Volunteers
- OLLI \$100K Club, Donors, and Sponsors
- Our Distinguished Instructors
- OLLI Members

OLLI stimulates one's mind with great courses and provides social interaction to enliven the whole person.

- OLLI member

The Bernard Osher Foundation

The Bernard Osher Foundation seeks to improve quality of life through the support of lifelong learning institutes such as OLLI at WVU. The Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. The Foundation has now funded 125 Osher Lifelong Learning Institutes on campuses of colleges and universities from Maine to Hawaii. Funding for OLLI is contingent upon membership growth goals, so **membership matters**. To learn more about the Bernard Osher Foundation, please visit their website at www.osherfoundation.org.

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Membership	Chair: Kristie Gregory
Nominating	Chair: Vacant
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Lecture Series (IGALS)	Chair: Stan Cohen
Kanawha Valley	Chair: Vacant

OLLI Staff

Jascenna Haislet, Director
Michelle Klishis, Professional Technologist
Diane Cale, Program Assistant
Susan Martino, Program Assistant

Contact Us

Osher Lifelong Learning Institute at WVU
Mountaineer Mall, Suite C-17
5000 Green Bag Rd. • Morgantown, WV 26501

(304) 293-1793 • www.olliatwvu.org • olli@hsc.wvu.edu
(681) 209-2586 Kanawha Valley

From Our President

Far away there in the sunshine are my highest aspirations. I may not reach them but I can look up and see their beauty, believe in them, and try to follow where they lead.

- Louisa May Alcott

Maybe you are one who makes New Year's resolutions each year. Perhaps you resolve to lose weight or to exercise more or to declutter your house or apartment. You have had over a month now to make good on these resolutions. How are you doing? Did you take deliberate actions or make plans to achieve them? Have you already given up?

I gave up on making resolutions years ago. Instead, at the beginning of each new year, I write down aspirations that I have. Like Louisa May Alcott, I try to follow where they may lead.

For example, I aspire to be healthy, so I try to do things like eating well or taking a walk on most days. Or I aspire to be involved in my community, so I support activities and agencies that address food insecurity or help feed school children on the weekends. Or I aspire to give back of my time, so I volunteer with various organizations.

Every year, I aspire to keep my mind active and engaged, so I do word puzzles daily or read books and magazine articles about topics that I have never explored before. But most importantly, I have discovered that courses at OLLI do more than anything to keep me mentally and socially engaged. This spring term, OLLI will be offering several course offerings and I hope you will take advantage of them. Some will be in-person classes and some will remain on Zoom only. All of them will be interesting.

I hope you will aspire to open your mind to things or ideas you've never known about or even heard of this spring term. And who knows where they will lead us?

Beverly Kerr
President, OLLI Board of Directors

P.S. Something we can all be happy about:
SPRING is coming!

From Our Director

Loving Living Local. Many of us have been hearing this jingle on local television stations for the past four years. Created for and used by Nexstar Media Group, it inspires a sense of local community identity and pride. It has also spoken directly to me as I've contemplated OLLI's path over the past two years.

Since OLLI at WVU began offering classes via Zoom, our members have had the pleasure of learning from instructors and presenters from across the country, including Montana, Texas, Iowa, and South Carolina. They have been invited by other OLLIs to participate in free lectures from California, Georgia, Massachusetts, Arizona, Michigan, and more. And the opportunities to learn something new from a class or lecture, via Zoom, Ted Talks, YouTube, and others, have exploded since early 2020. One no longer has to travel great distances or miss out on a learning opportunity as long as the virtual world is available.

While OLLI at WVU will continue to bring our members quality educational programming regardless of location of origin, I want to give a shout out to our local instructors and presenters. We are incredibly lucky to have such talented and generous volunteers right here in West Virginia willing to share their expertise with us. In fact, I heard in a meeting of OLLI directors and curriculum committee chairs yesterday afternoon that some of our local instructors have been asked to present for their programs.

Your OLLI offers you the opportunity to learn more about West Virginia and southwestern Pennsylvania, from exploring local resources and attractions to discussing regional history and issues, and to be supportive of your neighbors and peers who are teaching. (This spring's schedule includes a walk along the Sunrise Carriage Trail and more West Virginia history during monthly trivia games.) It can help you stay engaged, reconnecting with old friends while building new relationships. Supporting OLLI at WVU keeps you engaged connected to your Mountain State.

Jascenna Haislet
Director, OLLI at WVU



OLLI Membership

Membership is open to curious adults interested in programs designed specifically for those 50 and over who want to engage socially and intellectually.

The Benefits of OLLI Membership

- *The opportunity to learn and to meet new friends.*
- *Discounts on travel and events in the community.*
- *At least one free Special Member Event per term.*
- *Access to the OLLI collection of Great Courses DVDs and books.*
- *Weekly email bulletin.*
- *A voice in OLLI governance.*
- *The right to be added to a course wait list.*

**Annual membership
is \$20**

Membership year runs
July 1st to June 30th.

Term Registration Fee

- **Unlimited courses for \$25 per term** with membership.
- Other fees may apply and are noted on individual courses, events, or groups.
- **Special Member Events are free** to all current OLLI members unless otherwise noted.

Financial Assistance Available

OLLI at WVU tries to keep fees to a minimum while providing the highest quality experiences to our members. However, we recognize that membership and registration fees may be out of the reach of some individuals. Therefore, fee waivers are available. To apply, ask for a confidential application at the OLLI office or fill out the form on our website at www.olliwvu.org.

How to Register

Spring term runs April 4th through June 30th.

To register, you must have a current membership and have paid the required fees for the term.

Individuals may purchase or renew a membership and register for classes in any of the following ways:

- Online at <https://wvusph-olli.augusoft.net/>. Instructions can be found at <https://bit.ly/3HH7275>.
- Call the OLLI office at 304-293-1793.
- By mail, using the enclosed membership/registration form.

Please make checks payable to the WVU Foundation.

If you pay with a credit or debit card, the charge will show as: WV OLLI.

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.

**Spring registration begins
March 28, 2022**

Mark Your Calendar!

Important Dates

March 23	OLLI Open House
March 28	Spring registration begins
	Summer course proposals due
April 4	Spring term begins
May 13	OLLI Board Meeting
June 20	Summer registration begins
	Fall course proposals due
July 6	Summer term begins
September 20	Fall registration begins
October 3	Fall term begins
	Winter course proposals due

How to Take an OLLI Class

This spring, OLLI classes and events will be offered in one of four ways for members to participate. These include:

- **In-person only** - Instructor will be present in the classroom with OLLI members. Classroom location is listed in description.
- **Online only** - Instructor and participants will meet via Zoom, as stated in class description.
- **Hybrid** - Instructor will be present in the classroom with OLLI members. Other members can participate via Zoom. Classroom location is listed in description.
- **Hybrid with streaming** - Instructor will not be in the classroom but teaching via Zoom. The class will be streamed to an OLLI classroom. OLLI members can participate via Zoom at home or come to an OLLI classroom to do so. These classes are indicated by the symbol ♦ next to the classroom location.

IMPORTANT
Please read

When registering for hybrid or hybrid with streaming classes, please indicate on the form in which ways you would prefer to participate. ***If you register to take a class on Zoom but later wish to attend in person, you must check with the office prior to arriving to be sure there is a seat available for you.***

Zoom links will be emailed to all participants in online and hybrid classes by 9:00 a.m. the morning of the class/event. ***Please check your inbox, as well as spam and junk boxes, for the email at least 30 minutes prior to the start of your class.*** If you do not see an email for your class, call the OLLI office at 304-293-1793. We're happy to resend the email.

Need assistance with Zoom?

Interested in taking an OLLI class this spring but not sure how to use the online meeting software, Zoom? OLLI's professional technologist, Michelle Klishis, will walk you through the steps you'll need to take, from downloading and installing the Zoom app on your device, to entering the virtual classroom, to using the chat function, and more. If you don't have a computer or personal electronic device, learn how you can join Zoom with your phone. Contact the OLLI office to arrange a session.

Technical Assistants Needed

OLLI is seeking volunteers at home and in the classroom to assist instructors teaching Zoom and hybrid classes. Volunteers will operate the technology that delivers OLLI classes to our members online. OLLI will provide training so no experience is necessary. Email olli@hsc.wvu.edu for more information or to volunteer.

Volunteers assisting 12 hours or more during a term will receive an OLLI gift card.

Return to Classroom Health & Safety Protocols - UPDATED

- **Please Mask Up** - OLLI follows WVU policy regarding the wearing of masks. Therefore, masks may be required for all classrooms during our spring term. If they are not required, members, guests, and volunteers who are not vaccinated are still expected to wear a mask while in indoor classrooms and offices and in a group of people outdoors. Vaccinated individuals are welcome to wear a mask for your protection and the protection of others. When wearing a mask, please be sure it is covering your nose and chin. ***Masks may be required for a class hosted in a location other than an OLLI classroom. OLLI is happy to provide you with a disposable mask if you need one during a class. Just ask your class host.***
- **Wash Your Hands** - Hand sanitizer will be available in each classroom and the member lounge.
- **Physical Distancing** - Although six feet may not always been possible, please keep space between yourself and other members in the class.
- **Cleaning** - Disposable wipes will be available in the classrooms if you wish to wipe off a table prior to sitting.



Per WVU policy, OLLI is not requiring vaccination against COVID-19 as of publication. However, the situation is fluid and changes will be made as necessary.

What Will Your Legacy Be?

Lifelong learners value education - for themselves and others.

Osher Lifelong Learning Institute (OLLI) at WVU exists because of the unique experiences, capabilities, and wisdom of mature members of the community.

Daily we see the educational and social impact OLLI has on members. Funded through membership fees, donations, and grants, OLLI benefits from the generosity of like-minded lifelong learners. Each gift allows meaningful work that would not have happened otherwise.

Your consideration of a gift today or in the future for OLLI at WVU will benefit the programs and help secure your OLLI legacy.

Every gift has an impact.

With a variety of giving options, you can choose the gift that works best for you!

For more information, contact the OLLI office at 304-293-1793.

To give today, visit <http://olliwvu.org/make-a-gift/> or add your tax-deductible donation to the enclosed class registration form.

Thank you for your continued support of lifelong learning and OLLI at WVU.

Giving Today

- Give an **IRA gift**. Giving directly from your IRA, i.e., “charitable IRA rollover,” to OLLI is considered part of your required minimum distribution (RMD), yet is not reported as income for tax purposes, nor do you receive a charitable income tax deduction.
- Donate **securities**, i.e., stocks. You avoid capital gains taxes on the increased value.
- Give a gift that provides income to you. By **giving an asset (e.g., cash or securities/stocks) away**, it is possible to receive payments for your lifetime with a higher rate of return than you may be receiving now.
- Of course, **cash** is always an option.
- Give from a **donor-advised fund**. Gifts from these funds can also benefit OLLI at WVU.

Giving Tomorrow

- Provide a gift in your will (bequest), trust, or estate plan.
- Provide a gift through your retirement account, including IRA/Roth IRA or pension plan. List OLLI at WVU as a beneficiary or contingent beneficiary on plan documents.
- Donate a life insurance or annuity policy by listing OLLI at WVU as a beneficiary or as owner and beneficiary on plan documents.

A Taste of OLLI

a Virtual Open House



Wednesday, March 23, 3:00 - 4:30 p.m.
Free and open to the public

Register at <https://bit.ly/3KXaaxc>
or join us on Facebook Live!

Learn how you can stay engaged and connected this spring with OLLI classes. Hear from instructors and meet other OLLI members!

Follow OLLI at WVU Online

Find out when the latest catalog will be available online, see pictures from classes, learn about special events, and read interesting articles from a variety of sources.

Friday e-bulletin & Emails

Be sure you're signed up for our email list so you don't miss any special news, messages from your instructors, receipts for registration, and more. You can also access the latest news directly by visiting the WordPress link below.

Email olli@hsc.wvu.edu to be added to OLLI's email list.

OLLI does not share your email address. We use your address only to inform you of important OLLI information and upcoming events.



Facebook (Osher Lifelong Learning Institute at WVU)



Wordpress (olliatwvu.wpcomstaging.com/)

Members like you make all this happen!

As a non-profit membership organization, OLLI depends on the generous support of our volunteers. Volunteers are the lifeblood of our program, helping to ensure that OLLI is able to provide the highest quality courses, lectures, workshops, trips, and more for our members.

Your volunteer experience can be molded to fit your interests, talents, and schedule. Opportunities may be short-term project-oriented tasks or ongoing general support, team or solo tasks, on-site or in the community. All members have something to offer and are encouraged to share their time and expertise with their peers.

Ambassadors

OLLI Ambassadors help spread the word about our program by sharing their experiences and inviting friends, family, and others to join them for a class.

Board Members*

The Board of Directors is the governing body of OLLI at WVU, providing leadership to committees and staff. With input from the committees, the Board establishes organizational priorities and financial and program policies. Board members are elected by the membership to serve a two-year term and may be re-elected for a second term.

Class Hosts

Class hosts greet members and ask them to sign in as they arrive for a class, remind members to turn off their cell phones, introduce the instructor, assist with class needs, and distribute course feedback forms.

Event Hosts and Staff

OLLI sponsors several open houses and special events throughout the year. Volunteers are needed to assist with shopping, set-up, and greeting visitors before, during, and after the event.

Instructors

Our program depends on the generosity of our volunteer instructors to teach the quality courses and learning experiences offered throughout the year. OLLI instructors, drawn from all walks of life, share their knowledge and expertise of their chosen careers, fields of study, or hobbies about which they are passionate. Free from tests or grades, instructors experience the joy of teaching students who are enthusiastic, engaged and eager to learn.



Volunteers are our Superheroes!

Office Support

Sometimes we just need a little help around the office. Volunteers can help by refreshing the coffee in the member lounge, answering the phones, making copies, filing, and other light administrative duties.

Project Team Member

Perhaps you have a special skill that OLLI could take advantage of for a specific project. Are you fluent in Adobe InDesign or video-editing? Or are you handy with a paint brush or power tools? Do your talents include fundraising or organizing? There are several projects on which we can use your help!

Registration Assistants

The first week of class registration each term is a busy one for the office staff. Volunteers can answer questions and help members register for classes. If you're comfortable with computers and online shopping, we can teach you how you can help.

Standing and Ad Hoc Committees*

OLLI has several standing committees that work together to keep our program running. A list of committees can be found on OLLI's website at <https://olliatwvu.org/about-us/committees/>.

Technical Assistants

The introduction of hybrid classes to OLLI brings the need for help running Zoom in the classroom. If you're comfortable with computers, we can teach you how you can help.

How to Become a Volunteer

To become an OLLI volunteer, contact the OLLI office at 304-293-1793 or submit the Volunteer Information Form online at <http://www.olliatwvu.org>.

* To review official descriptions of the OLLI Board of Directors and committees, please refer to the By-Laws, available online at olliatwvu.org, in the OLLI office, or in the member lounge.

Spring 2022 Schedule at a Glance

Class, Instructor	Date(s)	Time	Location	Page #
Monday				
Lap Dulcimer (Werner)	April 11 - May 30	10:00 - 11:45 a.m.	Z	12
On Top of Old Sinai (Hample)	April 11 - May 16	12:45 - 2:30 p.m.	Z	14
The Borders of Our Minds (Mould)	April 11 - 25	12:45 - 1:45 p.m.	SC	15
The Harlem Renaissance: An Introduction (Cann)	April 11	10:00 - 11:45 a.m.	Z	11
Aaron Douglas, Painter (Cann)	April 18	10:00 - 11:45 a.m.	Z	11
Meta Vaux Warrick Fuller, Sculptor (Cann)	April 25	10:00 - 11:45 a.m.	Z	11
Palmer Hayden, Painter (Cann)	May 9	10:00 - 11:45 a.m.	Z	11
William J. Johnson, Painter (Cann)	May 16	10:00 - 11:45 a.m.	Z	11
James Van Der Zee, Photographer (Cann)	May 23	10:00 - 11:45 a.m.	Z	11
The Garden of Earthly Delights and More Bosch (Cann)	June 6 & 13	10:00 - 11:45 a.m.	Z	11
Tuesday				
Ask a Geek (Klishis)	April 5 - June 28	12:00 - 1:00 p.m.	Z	10
<i>The New Yorker</i> Discussion Group (Racin)	April 12 - June 14	10:00 - 11:45 a.m.	Z	15
Campus Club Evening Book Discussion (Attfield)	April 12, May 10, & June 14	7:30 - 9:00 p.m.	Z	10
Volcanoes, Myths, and Royalty (Morris, Morris)	April 12 - 26	10:00 - 11:45 a.m.	SC♦ & Z	15
Citizen Science and...Phenology Walk (Fowler)	April 12 - 26	3:00 - 4:45 p.m.	Z	15
Ireland, the Emerald Isle:...(Reddy)	April 12 & 19	12:45 - 1:30 p.m.	Z	13
Fun with Mineral Names and Movie Titles (Holsclaw)	April 12	10:00 - 11:30 a.m.	SC	14
Campus Club Morning Book Discussion (Ostrow)	April 19, May 17, & June 21	10:00 - 11:30 a.m.	Z	10
Twilight Trivia	April 19, May 17, & June 21	7:00 - 8:30 p.m.	Z	10
Retirement: Pre and Post Planning (Lawrence)	April 26	6:00 - 7:30 p.m.	Z	12
Pick a Peck of Poetries...(Blair)	April 26	12:00 - 1:30 p.m.	SC♦ & Z	14
Wednesday				
Russian Theatre & Drama (Held)	April 13 - May 4	12:45 - 2:30 p.m.	Z	12
The Borders of Our Minds (Mould)	April 13 - 27	12:45 - 1:45 p.m.	SC & Z	15
The Great Depression, 1929 (Colvin)	April 13 & 20	10:00 - 11:45 a.m.	SC♦ & Z	13
Wildflower Identification Using <i>Newcomb's</i> ...(Fowler)	April 13	10:00 - 11:45 a.m.	Z	15
Wait 'til Your Father Comes Home!...(Hammersmith)	April 27 - May 11	10:00 - 11:45 a.m.	SC♦ & Z	14
Forest Walk Therapy (Ramirez)	May 4	3:00 - 4:45 p.m.	Z & Other	13
Forest Walk Therapy (Ramirez)	May 11	12:45 - 2:30 p.m.	Z & Other	13
True Colors: Picturing Identity (Harris)	May 18	12:45 - 2:00 p.m.	Z	12
Take a Walk - The Sunrise Carriage Trail (Martino)	May 25	10:00 - 11:30 a.m.	Other	10
Wednesday/Friday				
Eat Right, Eat Well:...(Cohen, Cohen)	May 11 - 20	12:45 - 2:30 p.m.	Z	13

Classroom Key

Unless otherwise stated, all classes are held at the Schoenbaum Family Enrichment Center, 1701 5th Avenue, in Charleston.

♦ - instructor is teaching from off-site location, presentation is streamed to OLLI classroom.

SC - Schoenbaum Center Z - online via Zoom. Other - See course description for location.

Spring 2022 Schedule at a Glance

Class, Instructor	Date(s)	Time	Location	Page #
Thursday				
An Agate Art Gallery (Holsclaw)	April 14	10:00 - 11:30 a.m.	SC	14
BEWARE! "Pirates" on the Kanawha River (Harrison)	April 21	10:00 a.m. - 12:30 p.m.	SC	12
Thomas Bennett, Peaceful Patriot (Rentch)	April 21	12:45 - 2:30 p.m.	SC♦ & Z	13
Work for Yourself @ 50+	April 21	3:00 - 5:00 p.m.	SC & Z	9
Technology Security (Klishis)	April 28	10:00 a.m. - 12:45 p.m.	SC♦ & Z	15
Basic Photography (Chang)	April 28	1:00 - 2:00 p.m.	SC♦ & Z	15
Social Security: Overview and Strategies (Lawrence)	April 28	6:00 - 7:30 p.m.	Z	12
Women Aviators (Hutchins)	May 5 - 19	10:00 - 11:45 a.m.	SC♦ & Z	14
The Right to Vote in the U.S. (Haislet)	May 5 - 19	3:30 - 5:00 p.m.	Z	15
Railroads West of the River (Venable)	May 5	12:45 - 2:30 p.m.	SC♦ & Z	13
Friday				
Learning to Play Bridge (Cockburn, Ostrow)	April 8 - May 27	10:00 - 11:45 a.m.	Z	14
The Harlem Renaissance: An Introduction (Cann)	April 8	10:00 - 11:45 a.m.	SC	11
Healthy Living and Aging (Guschel)	April 22 - May 27	3:00 - 4:45 p.m.	Z	13
Aaron Douglas, Painter (Cann)	April 22	10:00 - 11:45 a.m.	SC	11
Meta Vaux Warrick Fuller, Sculptor (Cann)	April 29	10:00 - 11:45 a.m.	SC	11
Palmer Hayden, Painter (Cann)	May 13	10:00 - 11:45 a.m.	SC	11
William J. Johnson, Painter (Cann)	May 20	10:00 - 11:45 a.m.	SC	11
James Van Der Zee, Photographer (Cann)	May 27	10:00 - 11:45 a.m.	SC	11
The Garden of Earthly Delights and More Bosch (Cann)	June 10 & 17	10:00 - 11:45 a.m.	SC	12
Sunday				
OLLI Virtual Happy Hour	April 17 - June 5	6:30 - 7:30 p.m.	Z	10

Community Event

Community events, hosted by OLLI at WVU, are free and open to the public. OLLI membership not required although reservations are.

Work for Yourself @ 50+

WV Women's Business Center & AARP
Thursday, April 21, 3:00 - 5:00 p.m.
Schoenbaum Center & Zoom

Register at WorkForYourself.WVWomen.org

WORK FOR YOURSELF@50+



A free virtual workshop that will teach you simple, practical steps toward self-employment

 Thursday, April 21, 2022

 3:00 pm - 5:00 pm

REGISTER NOW

WorkForYourself.WVWomen.org




Special Member Events & Opportunities

Special member events, opportunities, and interest groups, unless otherwise noted, are free or discounted for current OLLI members! Payment of term enrollment fee is not required.

Ask a Geek

Michelle Klishis*

Tuesdays, April 5 - June 28, 12:00 - 1:00 p.m.
Computer Lab & Zoom

Sometimes you have questions about technology that don't fit into a specific class or course. For those times, OLLI's Professional Technologist, Michelle Klishis, is on hand to help. Participants are encouraged to email questions to olli@hsc.wvu.edu in advance if you believe them to be complicated or beyond the scope of an hour-long session. Please include "Geek Question" in the subject line. Please note that Michelle's strengths are Android phones, Windows PCs, MS Office software, and digital security and privacy.

OLLI Virtual Happy Hour

Sundays, April 17 - June 5, 6:30 - 7:30 p.m.
Zoom

Back by popular demand! Join us for an on-line happy hour with OLLI members! We're going to chat and socialize and check in on each other! Take this opportunity to dress up and chat with people you haven't seen for awhile or maybe haven't met in person before!

Take a Walk - The Sunrise Carriage Trail

Susan Martino

Wednesday, May 25, 10:00 - 11:30 p.m.
Sunrise Carriage Trail

Join us for a leisurely walk up and back down the Sunrise Carriage Trail. The Trail gently zig-zags from Justice Row at the base of Bridge Road to the Sunrise Mansion. Originally constructed in 1905 by former Governor William A. MacCorkle, the Trail property is a peaceful and varied landscape of towering trees, wildflowers, ornamental plantings, and historic masonry remains with great views of Downtown Charleston. Dogs on leashes welcome.

Special Interest Groups

OLLI Special Interest Groups (SIGs) offer members the opportunity to share a common interest in a social setting. Many meet year-round so you register only once per year. SIGs are open to all OLLI members, although some restrictions may apply. See descriptions for more detail.

Campus Club Morning Book Discussion

3rd Tuesday of the month, 10:00 - 11:30 a.m.

Facilitator: Lynne Ostrow
Zoom

Members of the Morning Book Discussion give input into the selection of books and create a list from the suggestions. The following criteria are used for the selection: at least one non-fiction choice, consideration of local or regional authors, stories with West Virginia ties, recommendations from members who have read a book or reviews of books, and current "buzz" about a book. New members are always welcome.

Campus Club Evening Book Club

Hilary Attfield

2nd Tuesday of the month, 7:30 - 9:00 p.m.
Zoom

Believing that a good book is one that encourages a good discussion, the evening group tries to read an eclectic variety of books: novels, non-fiction, biography, etc. Books are suggested by members and the group tries to have books lined up two to three months in advance. Discussion of the book is always followed by social time to encourage friendship and catch up! New members are welcome and new voices appreciated.

Twilight Trivia

3rd Tuesday of the month, 7:00 - 8:30 p.m.

Zoom

Grab a beverage and some snacks, settle into a comfy chair with your laptop, tablet, or smart phone, and test your knowledge of trivia and the trivial against your fellow OLLI members during our monthly virtual game night!

**** Look for the asterisk next to instructor names.***

An asterisk next to an instructor's name indicates that the instructor is a member of the OLLI Honor Roll and has taught at least 10 courses and 60 class session hours.

Spring 2022 Classes

The Harlem Renaissance

Melora Cann*

The following classes, taught by Melora Cann, may be taken individually or as a group. Enrollment in the first session, An Introduction, is recommended prior to attending the individual artist lectures.*

An Introduction

Friday, April 8 Schoenbaum Center
Monday, April 11 Zoom

The Harlem Renaissance was a flowering of African American creative endeavors, including the visual arts, music, dance, and literature in the period immediately following World War I. The area known as Harlem in Manhattan (NYC) became the center of this expansive and celebratory explosion of artistic expression by Black Americans. The course will introduce this unique art movement/period and places five artists (explored in subsequent classes) into the framework of the Harlem Renaissance.

Aaron Douglas, Painter

Monday, April 18 Zoom
Friday, April 22 Schoenbaum Center

Douglas was an African American illustrator, painter and art teacher. Considered a major figure in the Harlem Renaissance, some of his best known works were murals and illustrations showcasing race and segregation in the U.S., drawing upon his African heritage. He is known as the father of African American art.

Meta Vaux Warrick Fuller, Sculptor

Monday, April 25 Zoom
Friday, April 29 Schoenbaum Center

Warrick Fuller was an African American sculptor first, later exploring

other methods of visual expression including painting and theater design. A member of the Harlem Renaissance movement upon her return to the U.S., she had studied with August Rodin and worked in Paris from 1899 –1903. She built an international reputation as a sculptor. Warrick often chose challenging issues such as racial injustice and violence against Black Americans as themes for her work.

Palmer Hayden, Painter

Monday, May 9 Zoom
Friday, May 13 Schoenbaum Center

Hayden was an African American painter working in both oil and watercolor. His work reflected his interests in the sea and in landscapes, but he also chose to portray scenes of the lives of Black America with African aspects. Hayden studied at the Cooper Union in New York City and took part in an artist colony with independent studies in Maine. He eventually became well known for his paintings that told stories of life in both New York's urban streets and the back roads of the rural South.

William J. Johnson, Painter

Monday, May 16 Zoom
Friday, May 20 Schoenbaum Center

Johnson studied at the National Academy of Design and independently in New York City during the Harlem Renaissance from 1918 to 1926. He traveled to and studied in Paris, much of Europe, including Scandinavia, and

ventured south to North Africa near the end of the 1920s and into the 1930s. Johnson focused his art themes on African Americans and shifted his style to produce "work characterized by its stunning, eloquent, folk art simplicity," according to the Smithsonian American Art Museum.

James Van Der Zee, Photographer

Monday, May 23 Zoom
Friday, May 27 Schoenbaum Center

With a career spanning over 80 years, Van Der Zee was one of the most renowned photographers of the Harlem Renaissance. His comprehensive portfolio documents life in 20th century Harlem from common to uncommon lives well lived. Topics ranged from an emerging African American middle class to themes of self-determination and racial pride. Among his many renowned subjects were poet Countee Cullen, dancer Bill ("Bojangles") Robinson, Florence Mills, Adam Clayton Powell Jr., and Black nationalist leader Marcus Garvey. Van Der Zee's photography enhanced and emphasized the subjects' character and personality, celebrating the people of Harlem.

OLLI membership has opened a whole new world for me and has given me a challenging and very rewarding activity for my retirement years.

- OLLI member

The Arts

BEWARE! “Pirates” on the Kanawha River

Bob Harrison

Thursday, April 21
10:00 a.m. - 12:30 p.m.
Schoenbaum Center

The Pirates of Penzance will sail the Great Kanawha River to introduce the composing team of Gilbert and Sullivan to participants who dare to board this pirate ship with its motley crew of pirates and maidens in distress. Gilbert and Sullivan are best known for their slapstick comedy, political satire, and the ability to maintain non-stop laughter from the time the ship sets sail until the ship is anchored again in the harbor.

The Garden of Earthly Delights and more Bosch

Melora Cann*

Mondays, June 6 & 13
10:00 - 11:45 a.m. Zoom

Fridays, June 10 & 17
10:00 - 11:45 a.m. Schoenbaum Center

Hieronymus Bosch, a contemporary of the Italian Renaissance figure, Leonardo Da Vinci (1452 –1519), is considered early Northern Renaissance/Flemish. The first session will include a survey of his known works. His impasto style of brushwork was contrary to the preferred style in Flemish art of the time and had a strong influence on subsequent artists. The second session will examine his most famous piece, the triptych *The Garden of Earthly Delights*, which features a semi-medieval view of Eden (on the left panel) and the Last Judgement (on the right panel) and centers on its title piece – a garden of all that was ‘delightful’ to humans in life. Interpretations of the subject matter have always been debatable, but the visual narrative is both fantastic and fascinating in a dreamlike and sometimes gruesome manner.

Lap Dulcimer

Judy Werner*

April 11 - May 30, 10:00 - 11:45 a.m.
Zoom

The dulcimer is an easy instrument to play, but you can keep learning more forever. No previous musical experience is required. Come and enjoy learning more songs, as well as some new skills (such as simple chords and finger-picking) on your lap dulcimer. This course is designed for those who have some knowledge (but not a lot) on the dulcimer and want to learn more old-time fiddle tunes, waltzes, and patriotic songs. There are some dulcimers available for loan. Please indicate this need when you register.

Russian Theatre & Drama

James Held*

Wednesdays, April 13 - May 4
12:45 - 2:30 p.m. Zoom

This course will cover the development of Russian theatre and drama, focusing on the Moscow Art Theatre, Stanislavski, and the great dramatists of the late 19th century, including Chekhov, Turgenev, Gorki, and Gogol. The effect of the works and the staging techniques that revolutionized all western theatre remains one of the miracles of 19th century drama and its presentation from Moscow to Paris to London to America. Participants will be provided YouTube links to watch three to five complete plays at their leisure.

True Colors: Picturing Identity

Heather Harris

Wednesday, May 18, 12:45 - 2:15 p.m.
Zoom

Join Heather Harris, WVU Art Museum’s Educational Programs Manager, for a walk through this exhibit that considers how contemporary artists use the human figure in painting, sculpture, printmaking, ceramics, and photography to explore and express diverse aspects of both personal and collective

identities. *True Colors: Picturing Identity* features selections from the New York collection of James Cottrell and Joseph Lovett exhibited for the very first time in West Virginia—including major works by Keith Haring, Deborah Kass, Robert Mapplethorpe, Cindy Sherman, and Andy Warhol, among others.

Business & Retirement Planning

Retirement: Pre and Post Planning

Morgan Lawrence

Tuesday, April 26, 6:00 - 7:30 p.m.
Zoom

This course is designed to guide individuals how to make the most of their money leading up to and during their retirement years. We will explore basic retirement accounts, the most common risks to retirees’ money, strategies to help make their income last through retirement, and then give them resources to help create their own financial roadmap for retirement.

Social Security: Overview and Strategies

Morgan Lawrence

Thursday, April 28, 6:00 - 7:30 p.m.
Zoom

Social Security is one of the most important components of almost every American’s retirement income strategy. This course is designed to teach and explain the various aspects of Social Security (in retirement). We will explore the basics of the program, how benefits are calculated, different benefit options, and taxation. We will also go through some things to look for and some key strategies when beginning or planning for retirement using your Social Security benefit.

Health & Wellness

Eat Right, Eat Well: Rediscovering the Lost Art of Cooking, Part 2

Stanley Cohen, Judy Cohen

Wednesdays & Fridays,
May 11 - 20, 12:45 - 2:30 p.m.
Zoom

This course continues its healthy focus on eating and cooking. Featured is a series of new 35-minute "The Great Courses Plus" videos from the Culinary Institute of America, followed by additional class topic material and discussion. Previous enrollment in "Lost Art Part 1" is not required. Food dishes and recipes are discussed after the video presentations. An online guidebook from CIA accompanies the videos. Handouts and supplemental recipes are also available. Most importantly, everyone is requested to share tips, tricks, and techniques from their own kitchens.

Forest Walk Therapy

Maria-José Ramirez

On Zoom:

Wednesday, May 4, 3:00 - 4:45 p.m.
Wednesday, May 11, 12:45 - 2:30 p.m.

Inspired in the Japanese practice of Shinrin-Yoku, literally meaning taking in the forest atmosphere with your senses, Forest Therapy, or Forest Bathing, is proven to restore both balance and health and provide an outlet for the stresses of modern day life. During the walk, you will be invited to awaken your senses, slow down, be present, and reconnect to the natural frequency and rhythm of your surroundings. By the end, you will feel refreshed, relaxed and connected to the beauty, simplicity and uniqueness of the natural world around you.

Zoom presentations will allow participants to walk in their location of choice using a smart phone with the Zoom app.

Healthy Living and Aging

Hannah Guschel

Fridays, April 22 - May 27
3:30 - 5:00 p.m. Zoom

Over a series of six sessions, the instructor will discuss with participants a variety of topics that can help one understand the importance of maintaining a healthy lifestyle while aging and will share tips, activities, and resources for doing so. Topics will include mental and physical health, nutrition, and relationships. Participation in hands-on activities and group discussion will be encouraged during the class.

History & Literature

The Great Depression, 1929

Kenton Colvin*

Wednesdays, April 13 & 20
10:00 - 11:45 a.m.
Schoenbaum Center♦ & Zoom

The Great Depression was the worst economic downturn in the history of the industrialized world, lasting from the stock market crash of 1929 to 1939. This course will look at the causes of the Depression in the U.S. and the world. We will investigate the effects on various industries, with an emphasis on the impact to the railroad industry, and on personal lives. We will learn how the country and the world rebounded from the depression and discuss what safeguards the U.S. created to avoid a repeat of this great tragedy.

If you see this symbol, ♦, next to Schoenbaum Center in the location description, the instructor will be teaching from an off-site location.

The presentation will be live-streamed into the OLLI classroom.

Ireland, the Emerald Isle: Its History, Famous People, and Interesting Facts

Sumitra Reddy

Tuesdays, April 12 & 19
12:45 - 2:30 p.m. Zoom

Ireland was settled at least 10,000 years ago, long before the Celts arrive. In addition to snake-free Ireland's patron saint, Patrick, this class will touch upon a wide variety of topics: from the folklore of leprechauns and banshee to the famous writers Jonathan Swift, Oscar Wilde, W.B. Yeats, George Bernard Shaw, Bram Stoker, and James Joyce. Irish contributions to the world, including the Irish harp, Guinness Brewery, and the recent James Webb Space Telescope launched on December 25, 2021, will also be discussed.

Railroads West of the River

Wallace Venable

Thursday, May 5, 12:45 - 2:30 p.m.
Schoenbaum Center♦ & Zoom

This class will focus primarily on a short history of the Monongahela Railway. The railroad ran north from Fairmont, with connections to Pittsburgh. Its tracks still are a major freight route. We will also look at other rail lines which ran up Scotts Run and Robinson Run, and dreams of a railway to the Ohio River from Morgantown.

Thomas Bennett, Peaceful Patriot

Jim Rentch

Thursday, April 21, 12:45 - 2:30 p.m.
Schoenbaum Center♦ & Zoom

Thomas Bennett was a conscientious objector who received The Medal of Honor for heroism as an army medic in Vietnam. Born in Morgantown, Bennett was active in high school clubs, church work, and the Boy Scouts. He was a vocal opponent of the Vietnam War

Spring 2022 Classes

while a student at WVU. Believing it was wrong to evade the draft while others had to serve, he volunteered as a noncombatant medic. He was killed by gunfire while trying to drag a wounded soldier to safety. Bennett Tower Residence Hall at WVU is named in his honor.

Wait 'til Your Father Comes Home!: U.S. Presidents as Dads

Jack Hammersmith*

Wednesdays, April 27 - May 11
10:00 - 11:45 a.m.
Schoenbaum Center♦ & Zoom

Following two classes focusing on the feminist influences on U.S. presidents, spousal and maternal, now we refocus on the men. Based on Joshua Kendall's *First Dads: Parenting and Politics from George Washington to Barack Obama* (2016), this course will follow the outlines of experts who divide parents into three categories: authoritarian, permissive, and authoritative. Whatever the parenting style of presidents—and many have unsurprisingly chosen career over home life—their more than 200 progeny have often fared poorly. We will examine both presidential parenting and overall results.

Women Aviators

Russ Hutchins

Thursdays, May 5 - 19
10:00 - 11:45 a.m.
Schoenbaum Center♦ & Zoom

Women fliers - early aviators to NASA astronauts - from Europe, Asia, and North America from the dawn of flight to the present will be discussed, including Amelia Earhart and her 99 companions. Let's take the skies and learn about these daring women who decided to take to the air.

Hobbies & Interests

Learning to Play Bridge

Andrew Cockburn, Lynne Ostrow

Fridays, April 8 - May 27
10:00 - 11:45 a.m. Zoom

The course will start with the basics of bridge and progress according to the level of the participants. The instructors will use the online bridge website BBO to demonstrate bidding and playing. Students will be encouraged to practice using the free robot games on BBO for homework. The emphasis will be on hands-on play, not lectures and memorization.

Philosophy & Religion

On Top of Old Sinai

Rabbi Joseph Hample*

Mondays, April 11 - May 16
12:45 - 2:30 p.m. Zoom

The great events of the Hebrew Bible (Old Testament) occur on mountains, where seers and prophets seek the Almighty. God's lofty lair may be quiet or noisy, welcoming or forbidding, safe or perilous but we West Virginians certainly know the holiness of the highlands. This course will survey the summit meetings and peak experiences of Scripture.

Pick a Peck of Poetries - A Smattering of Jewish Verse

Rabbi Joe Blair

Tuesday, April 26, 12:00 - 1:30 p.m.
Schoenbaum Center♦ & Zoom

Participants will hear and discuss an eclectic exploration of several selected poets' works in the Jewish pantheon, drawn from Hebrew, Yiddish, and English works (all read in English).

Science & Math

An Agate Art Gallery

Steven Holsclaw

Thursday, April 14, 10:00 - 11:30 a.m.
Schoenbaum Center

Some say that nature imitates art while others state that art is inspired by nature. While both may be correct, this class explores by discussion and picture galleries a remarkable subset of the mineral kingdom. By chance and driven by natural formation and/or accidental design, some agate minerals do indeed offer art in the form of landscapes, mountains, faces, animals and bird images. Many of the presented images offer an eerie lifelike picture that is easy to recognize.

Fun With Mineral Names and Movie Titles

Steven Holsclaw

Tuesday, April 12, 10:00 - 11:30 a.m.
Schoenbaum Center

This class presents a fun way to learn about interesting minerals, especially those often displayed in museums. What if a Geologist could change famous movie titles and memorable quotes? This class would lead the charge. Substituting mineral names in familiar movie titles and memorable quotes provides an informative and whimsical experience sure to elicit chuckles. Along the way, class participants will learn about members of the mineral kingdom through discussion and pictorial galleries. How many of the original movie titles and quotes will you recognize?

You cannot help but get excited about the subject when the instructor is so passionate and knowledgeable about it.
- OLLI member

Citizen Science and WVU Core Arboretum Phenology Walk

Zachariah Fowler

Encore

Tuesdays, April 12 - 26, 3:00 - 4:45 p.m.
Zoom

This course will introduce participants to “citizen science” and some of the ways to engage in citizen science, including the WVU Core Arboretum Phenology Walk citizen science program. The Phenology Walk draws on the support of volunteers to collect data about how plants respond to changes in climate. Participants in this citizen science effort are trained to observe permanently marked trees and collect data about leaf emergence, color change, and more, helping other scientists to better understand the issues related to the environment in WV.

Wildflower Identification Using *Newcomb's Wildflower Guide*

Zachariah Fowler

Encore

Wednesday, April 13, 10:00 - 11:45 a.m.
Zoom

Learn how to confidently identify flowering wild plants! *Newcomb's Wildflower Guide* is a popular, easy-to-use book for identifying blooming plants in this area. Participants will learn how to use this book and practice identifying plants that grow in the Morgantown area. Participants will need to bring a copy of *Newcomb's Wildflower Guide*.

If you see this symbol, , next to Schoenbaum Center in the location description, the instructor will be teaching from an off-site location.

The presentation will be live-streamed into the OLLI classroom.

Social Sciences, Political & Current Events

The Borders of Our Minds

David Mould

Encore

Mondays, April 11 - 25
12:45 - 1:45 p.m., Schoenbaum Center
Wednesdays, April 13 - 27
12:45 - 1:45 p.m., Zoom

What are borders? Are they simply political and geographical, or should we think of them more broadly? Some borders take no account of geography, language, and culture. And finally there are the borders of our minds—the way we may think of unfamiliar places. Participants will begin with how we view other parts of the U.S., then move on to the carve-up of Africa, the partition of British India, and the gerrymandered borders of the former Soviet republics of Central Asia.

The New Yorker Discussion Group

Margot Racin*

Tuesdays, April 12 - June 14
10:00 - 11:45 a.m. Zoom

Join us to discuss a range of topics from recent issues of *The New Yorker*. Members of the group choose articles, fiction, and topics to be discussed each week. All viewpoints welcome! A subscription to *The New Yorker* is strongly recommended.

The Right to Vote in the U.S.

Jascenna Haislet

Thursdays, May 5 - 19, 3:00 - 4:30 p.m.
Zoom

Participants will discuss the history of Americans' constitutional right to vote and the implications of bills currently being considered or recently passed into law across the country that affect that right. We will read the text of bills and laws and discuss how the language can be interpreted in different ways.

Technology & Training

Basic Photography

Corina Chang

Thursday, April 28, 1:00 - 2:00 p.m.
Schoenbaum Center♦ & Zoom

DSLR (digital single-lens reflex) cameras continue to produce more professional-looking photos compared to their phone competitors. Level up by learning how to get started on your DSLR camera. This lesson is a true beginner's lecture that touches on camera settings, composition, and the exposure triangle.

Technology Security

Michelle Klishis*

Encore

Thursday, April 28
10:00 a.m. - 12:45 p.m.
Schoenbaum Center♦ & Zoom

“If you are not paying for it, then YOU are the PRODUCT.” As more of our lives become digitized, it's important to make sure you are being safe with your electronic gadgets and online information. Anti-virus, malware, hacking, identity theft all make computers and smart phones sound terrifying. But there are simple steps you can take to make your data more secure and to feel more comfortable surfing the web and shopping online.

Travel & Adventure

Volcanoes, Myths, and Royalty

Judy Morris, Andy Morris

Tuesdays, April 12 - 26
10:00 - 11:45 a.m.
Schoenbaum Center♦ & Zoom

Have you ever climbed an active volcano, driven on a Formula 1 raceway, stood in the shadow of some of the world's greatest ruins from ancient times, or marveled at the amazing architecture of a Spanish genius? Join us for a Mediterranean adventure to explore these topics and much more. The instructors promise not to show all 2,000 photos from their trip.

Instructor Biographies

Rabbi Joe Blair is the religious and spiritual leader of Temple Israel in Charleston, WV. He has taught several other courses for OLLI.

***Melora Cann** has been an educator / art educator for over 40 years. She has studied art history internationally in Italy, the Netherlands, Spain, Great Britain, Germany and Mexico. She has lived and taught in the United States, Canada, Portugal (Azores), and in northern Italy, and now shares her passion for art with OLLI.

Corina Chang is the marketing manager for the Morgantown Public Library System. Her ten years of experience in nonprofit brand and marketing has honed her skills in art direction, graphic design, branding and strategy, content creation, and photography. She is a visual storyteller who designs around measurable outcomes that create meaningful relationships between people and brands.

Andrew Cockburn is an American Contract Bridge Assn. licensed director and a Bronze Life Master. He is a member of the Mountaineer Duplicate Bridge Club.

Stan Cohen** taught a variety of psychology courses at WVU from 1972 - 2008. Since 1968, he has engaged in a variety of eating and cooking experiences. He is a lifelong advocate of a wellness lifestyle, including healthy eating. He will be assisted by his partner, **Judy Cohen.

***Kenton Colvin** retired from WVU Student Life after 18 years. Previously, he spent 26 years in manufacturing management with six corporations, including 13 years in the mining industry. He has a Masters Degree in Industrial and Systems Engineering and has taught engineering courses for 26 years. He is vice president of the Mon Valley Railroad Historical Society and enjoys reading and teaching history.

Zach Fowler is Director of WVU Core Arboretum and Clinical Assistant Professor of Biology at WVU. He has a passion for learning about nature in a scientific fashion and for sharing his knowledge with others.

Hannah Guschel is a first year occupational therapy doctoral student at WVU. She completed her undergrad degree in Health Systems Management at UNC Charlotte back in her home state of North Carolina. When she is not in school, she enjoys reading, playing tennis or spending time with family and friends.

Jascenna Haislet is a devoted lifelong learner who enjoys delving into history, current events, and new experiences.

***Jack Hammersmith**, retired from the WVU history department since 2016, has offered many OLLI classes on travel and East Asia but mostly events and personalities in U.S. history. Thanks to your interest, support, questions and comments, he has kept alive intellectually without having to award all of you A's and ruining a 48-year reputation of being a strict grade taskmaster!

Heather Harris is the Educational Programs Manager at the Art Museum of West Virginia University. Harris is a Morgantown native who has worked in arts education in a wide variety of contexts, both nationally and internationally. Her background is in drama education, and she holds an MA from New York University in Educational Theatre. She then became Education Coordinator at Krannert Art Museum in Champaign, Illinois. She returned to Morgantown in August of 2015 to head the new Art Museum's education initiatives.

Robert Harrison is a retired professor and academic Dean at West Virginia State University. He earned his PhD in Educational Administration from The American University in Washington DC. He facilitates classes for OLLI in theatre, opera and musical theatre.

***Jim Held** taught theatre design, history, and literature for 35 years at WVU. He designed scenery for many productions, directed a play about every three years, and used a sabbatical to write a textbook, "World Theater & Drama," used in a course he designed by the same title. He taught the course on-line for several years before retiring in 2013.

Steven Holsclaw is a retired Petroleum Geologist after working 42 years in the oil and gas industry. He has pursued a lifelong interest in fossils, minerals and crystals and enjoys sharing that interest with like-minded individuals.

Russ T. Hutchins, ED.Sp, is currently a professor at Friends University-Topeka, teaching U.S. History, Western Civilization, Economics, Business, Philosophy, and Business Management. He is a former school administrator and teacher with a Specialist Degree in School Administration, a graduate degree in Curriculum/Instruction, and a Bachelor's degree in Secondary Education. Hutchins lectures for OLLIs on topics surrounding WWII and the mystery of Amelia Earhart's disappearance, women spies, and women aviators.

***Michelle Klishis**, OLLI's professional technologist, is a jack-of-all-trades and certifiable geek. Her degree in biology and work in a microbiology lab gave her absolutely no preparation for becoming a technology consultant, yet here we are.

Morgan N. Lawrence is an Associate Advisor of Thomas Financial, LLC. and has been working with the firm since its inception in 2017. Ms. Lawrence is a 2018 graduate of WVU, where she received a BS in finance and accounting. She currently holds her Life and Health insurance licenses, as well as her Securities licenses - Series 7, 65, and 63.

Susan Martino joined OLLI in April of 2021. She is a WVU graduate with a degree in Marketing and has a 20 career in the non-profit sector. In her free time, she loves to spend time hiking the trails and skiing the mountains of WV.

Instructor Biographies continued on page 19

Instructor Biographies

Judy Morris is a long-time OLLI member with a love of travel and is happy to share her experiences with others. She is a retired Medical Technologist who worked in the clinical labs at Ruby, in research for Mylan, and as a database specialist for Halfpenny Technologies. Her hobbies include photography, gardening, and quilting.

David Mould, PhD, Professor Emeritus of Media Arts and Studies at Ohio University, has traveled widely in Asia and southern Africa. Born in the U.K., he worked as a newspaper and TV journalist before moving to the U.S.. He is the author of three books on history, travel and culture, the latest *Postcards from the Borderlands* (2020).

Lynne Ostrow is an American Contract Bridge Assn. licensed director and a Ruby Life Master. She is the director of the Mountaineer Duplicate Bridge Club Thursday afternoon game.

***Margot Racin** retired after 30 years in the WVU English Department. She has coordinated *The New Yorker* discussions in previous terms and looks forward to even more stimulating discussions.

Maria-José Ramirez, PhD, is a mental performance consultant. She supports people to live more authentic lives by providing the tools they need to overcome their mental barriers and design the life they want. Through her teaching, workshops and private consulting she has helped hundreds of people to reconnect with their passion, recognize their best focus and recover their confidence.

***Sumitra Reddy** grew up in Calcutta (now Kolkata), India, came to the U.S. for graduate studies and received her PhD degree in Physics.

Jim Rentch is a lifelong West Virginian and a retired forestry instructor and researcher from WVU. Since retirement, he has enjoyed giving classes in OLLI on the natural history of West Virginia, particularly using historic photographs.

***Wally Venable** is an emeritus professor at WVU. He has been involved in publishing magazines and books for over 50 years.

***Judy Werner** has enjoyed playing the lap dulcimer for more than 12 years and she plays in two different dulcimer groups. She likes old-time traditional music and enjoys going to concerts and music festivals. She continues to direct the Gardner Winter Music Festival held every February. She also enjoys playing the tin whistle and the bowed psaltery.

* Denotes Honor Roll instructor.

OLLI Policies & Procedures

Class Disclaimer

OLLI at WVU presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial, or other professional advice and services. Information presented in an OLLI program should not be used as a substitute for consultation with a professional legal, medical, financial, or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial, or other competent adviser.

All information is provided “as is,” with no guarantee of completeness, accuracy, timelines or of the results obtained from the use of the information, and without warranty of any kind, expressed or implied, including, but not limited to warranties of performance, merchantability, and fitness for a particular purpose. Neither OLLI at WVU nor its information providers will be responsible to any program participant or anyone else for any decision made or action taken in reliance on the information presented by OLLI at WVU, or for any consequential, special or similar damages, even if advised of the possibility of such damages.

Classroom Etiquette

OLLI instructors are volunteering their time and talents. Please be respectful of your course instructors and fellow participants by:

- staying on topic during discussions
- attending only courses for which you have registered

Exposure to new and different ideas is what OLLI is all about – we encourage you to embrace this philosophy and be respectful in classroom discussions.

Liability Disclaimer

Individuals acknowledge and assume any and all risk associated with participation in OLLI at WVU activities. OLLI at WVU makes no representation regarding the appropriateness of any activity for an individual. OLLI at WVU disclaims any and all liability for each individual's participation in any activities. If a course involves physical activity, participants are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended that participants consult their physician before participating in physical activity.

Non-Discrimination Statement

WVU is an EEO/Affirmative Action Employer. Underrepresented class members are encouraged to apply. This includes minorities, females, individuals with disabilities, and veterans.

Refunds

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.



2021-22 Kanawha Valley Membership & Spring Registration

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____ Email: _____

Emergency Contact: _____ Relationship: _____

Phone: _____

Has any of your contact information changed since your last registered term? Yes No

Check one: New Member (Referred by: _____) Renewal

Financial Assistance

While OLLI at WVU tries to keep fees to a minimum while providing the highest quality experiences to our members, we recognize that membership fees may be out of the reach of some individuals. Therefore, **financial assistance is available**. To apply, ask for a confidential application at the OLLI office or fill out the form on our website at www.olliatwvu.org.

Supporting OLLI

I wish to make a tax-deductible donation to OLLI in the amount of \$ _____

Please direct my contribution to the: Greatest Need Other _____

Contributions to OLLI are always welcome and appreciated.

Annual Membership <i>Annual Membership: July 1, 2021 - June 30, 2022</i>	x \$ 20 = \$ _____
Course Enrollment fee	x \$ 25 = _____
Tax-deductible donation to OLLI:	\$ _____
	Total Due: \$ _____

Payment Cash Check: Please make payable to WVU Foundation Check # _____

Visa/MasterCard/Discover Card # _____

Exp. Date _____ CVV# _____

Signature _____

Name & billing address of card if different from above



Name _____

Indicate the classes you wish to attend and the way in which you would like attend (in-person or via Zoom) by checking the box to the right.

IP = in person Z = Zoom

Classroom seating will be limited and reserved for members who select the in-person option.

A Zoom link will be emailed to all members enrolled in the class.

Spring Term Fee: \$25 for unlimited courses listed below.

Monday	IP	Z
Aaron Douglas, Painter (Cann)		
The Borders of Our Minds (Mould)		
<i>The Garden of Earthly Delights</i> and More Bosch (Cann)		
The Harlem Renaissance: An Introduction (Cann)		
James Van Der Zee, Photographer (Cann)		
Lap Dulcimer (Werner)		
Meta Vaux Warrick Fuller, Sculptor (Cann)		
On Top of Old Sinai (Hample)		
Palmer Hayden, Painter (Cann)		
William J. Johnson, Painter (Cann)		
Tuesday	Z	
Citizen Science and...Phenology Walk (Fowler)		
Fun with Mineral Names...(Holsclaw)		
Ireland, the Emerald Isle:...(Reddy)		
<i>The New Yorker</i> Discussion Group (Racin)		
Pick a Peck of Poetries...(Blair)		
Retirement: Pre and Post Planning (Lawrence)		
Volcanoes, Myths, and Royalty (Morris, Morris)		
Wednesday	IP	Z
The Borders of Our Minds (Mould)		
Forest Walk Therapy (Ramirez) May 4		
Forest Walk Therapy (Ramirez) May 11		
The Great Depression, 1929 (Colvin)		
The Russians Are Coming! (Held)		
True Colors: Picturing Identity (Harris)		
Wildflower Identification Using <i>Newcomb's...</i> (Fowler)		
Wait 'til Your Father Comes Home!... (Hammersmith)		

Thursday	IP	Z
An Agate Art Gallery (Holsclaw)		
Basic Photography (Chang)		
Railroads West of the River (Venable)		
The Right to Vote in the U.S. (Haislet)		
Social Security...(Lawrence)		
Technology Security (Klishis)		
Thomas Bennett, Peaceful Patriot (Rentch)		
Women Aviators (Hutchins)		
Beware! Pirates...Kanawha River (Harrison)		
Friday	IP	Z
Aaron Douglas, Painter (Cann)		
<i>The Garden of Earthly Delights</i> and More Bosch (Cann)		
The Harlem Renaissance: An Introduction (Cann)		
Healthy Living and Aging (Guschel)		
James Van Der Zee, Photographer (Cann)		
Learning to Play Bridge (Cockburn, Ostrow)		
Meta Vaux Warrick Fuller, Sculptor (Cann)		
Palmer Hayden, Painter (Cann)		
William J. Johnson, Painter (Cann)		

OLLI Special Events/Special Interest Groups	IP	Z
<i>free to OLLI members unless noted</i>		
Twilight Trivia		
CC Evening Book Discussion		
CC Morning Book Discussion		
OLLI Virtual Happy Hour		
Take a Walk - The Sunrise Carriage Trail		
OLLI Community Event		Z
<i>free to OLLI members unless noted</i>		
Work for Yourself @ 50+		

Register online at www.olliatwvu.org

Call (304)293-1793 or mail form with payment to:
OLLI at WVU • 5000 Green Bag Rd, C-17 • Morgantown, WV 26501



OLLI at WVU - Your Next Adventure Begins Here

Spring registration begins March 28

Phone: 304-293-1793

Website: www.olliatwvu.org

Email: olli@hsc.wvu.edu

Benefits of OLLI Membership

Staying intellectually stimulated and socially active are proven components of healthy aging. Membership in OLLI provides these benefits through:

- More than 200 courses and activities per year in such areas as the arts, health and wellness, humanities, math and science, technology, and more.
- Social events
- Travel programs
- Interest Groups
- Volunteer opportunities