



West Virginia University®

OSHER LIFELONG LEARNING INSTITUTE



OLLI @ WVU

Your Next Adventure Begins Here!

Winter 2020 Morgantown Course Catalog
January - March
www.olliatwvu.org

About OLLI at WVU

The Osher Lifelong Learning Institute at West Virginia University, known as OLLI at WVU, provides programs and educational opportunities designed for adults 50 and over.

OLLI at WVU, a membership organization affiliated with the School of Public Health, recognizes the unique experiences, capabilities, and wisdom of mature members of the community. OLLI at WVU emphasizes the sharing of ideas through peer learning, member participation, and collaborative leadership.

During four terms each year, OLLI at WVU offers courses, lectures, seminars, and field trips in such areas as music, literature, art, science, politics, nature, history, health, medicine, technology, and economics. Live drama, movies, and interest groups add to the choices.

Courses are developed and taught by volunteers from the community who are passionate about their topics, avocations, and interests and who love to share their ideas.

Free from the pressures of tests and grades, OLLI members are learning simply for the joy of it.

Supporters

OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:

- The Bernard Osher Foundation
- West Virginia University, President's Office
- WVU Foundation
- WVU School of Public Health (SPH)
- OLLI Board Members, Committee Members, and Volunteers
- OLLI \$100K Club, Donors, and Sponsors
- Our Distinguished Instructors
- OLLI Members

The Bernard Osher Foundation

The Bernard Osher Foundation seeks to improve quality of life through the support of lifelong learning institutes such as OLLI at WVU. The Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. The Foundation has now funded 123 Osher Lifelong Learning Institutes on campuses of colleges and universities from Maine to Hawaii. Funding for OLLI is contingent upon membership growth goals, so **membership matters**. To learn more about The Bernard Osher Foundation, please visit their website at www.osherfoundation.org.

OLLI Board of Directors (2019-2020)

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Michelle Klishis, Professional Technologist
Diane Cale, Program Assistant

OLLI stimulates one's mind with great courses and provides social interaction to enliven the whole person.

- OLLI member

From Our President



Here is your new term catalog, chock full of classes and activities to brighten your Winter. Mother Nature may go dormant, but you don't need to hibernate, as this is the biggest set of offerings we've ever had for this time of year.

*When the weather outside is frightful,
then OLLI is so delightful.
You have some place to go;
so take a class, see some folks, drink some 'joe'!!*

See you soon!

Ed Johnson
President, OLLI at WVU

From Our Director

Each new year brings new anniversaries, designations, predictions, and, of course, resolutions. One hundred years ago, the U.S. was entering what would come to be known as the Roaring '20s. In 2020, we also mark the 100th anniversary of the passage of the 19th Amendment to the U.S.

Constitution, granting women the right to vote. We're pleased to have Dr. Barb Howe and Dr. Carolyn Nelson with us this term, delving into the history of the Women's Suffrage in the U.S. and Britain.

The start of a new decade, 2020 a Leap Year, giving us an extra day, February 29. It is a U.S. Presidential election year, year of the XXXII Olympic Games, to be held during the summer in Japan, and, in the Chinese zodiac, the Year of the Rat. Last January, the World Health Organization designated 2020 as the Year of the Nurse and midwife," in honor of the 200th anniversary of the birth of Florence Nightingale.

And although most "of the Year" awards and recognitions do not happen until the end of a year, for the 21st consecutive year, Pantone has designated a color of the year in advance. For 2020, it's Classic Blue, chosen for its ability to install "calm, confidence, and connection."

"Class Blue encourages us to look beyond the obvious to expand our thinking; challenging us to think more deeply, increase our perspective and open the flow of communication."

Leatrice Eiseman
Executive Director of the Pantone Color Institute

Reading about Pantone's choice, I couldn't help but think about this interpretation of the color embodies our mission at OLLI: to promote curiosity, exploration, discovery, and discussion through social and intellectual engagement.

As Ed Johnson stated in his note, the winter 2020 term, with 66 classes and events, offers more opportunities for OLLI members than any previous winter term. And in the next few months, OLLI members and friends will learn about more exciting opportunities on the horizon!

I'll see you in class soon!

Jascenna Haislet
Director, OLLI at WVU

Don't Be a Stranger...

We recognize the faces but don't always remember the names.

So OLLI provides a name badge on a lanyard for each of our members. Please wear your badge when you attend OLLI classes and events. It helps us get to know each other!



New members can pick up their name badge in the OLLI office.

Keep it in your car or bag! If you need a new badge, please visit the OLLI office.

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Everyone is welcome at OLLI at WVU!

OLLI Membership

Membership is open to curious adults interested in programming designed specifically for those 50 and over who want to engage socially and intellectually.

The Benefits of OLLI Membership

- The opportunity to learn and to meet new friends.
- Discounts on travel and various events around the community.
- At least one free Special Member Event per term.
- Access to the OLLI collection of Great Courses DVDs and books.
- Access to OLLI Member Lounge and Computer Lab.
- Quarterly OLLI Connections newsletter and weekly email bulletin.
- A voice in OLLI governance and invitation to the OLLI Annual Meeting.
- The right to run for the OLLI Board or serve on a committee.
- The right to be added to a course wait list.
- Free parking at the Mountaineer Mall.
- Financial assistance for membership and registration fees.

**Annual membership
is \$30**

Membership year runs
July 1st to June 30th.

Term Registration Fee

- OLLI members may register for **unlimited courses for \$30 per term**.
- Other fees may apply and are noted on individual courses, events, or groups.
- **Special Member Events are free** to all current OLLI members unless otherwise noted.

Discounts are available for our volunteer instructors.

Contact the OLLI office at 304-293-1793 for more information.

Financial Assistance Available

OLLI at WVU tries to keep fees to a minimum while providing the highest quality experiences to our members. However, we recognize that membership and registration fees may be out of the reach of some individuals. Therefore, scholarships are available. To apply, ask for a confidential application at the OLLI office or fill out the form on our website at www.olliatwvu.org.

How to Register

Winter term runs January 2nd through March 31st. Most programming is scheduled between January 21st through March 7th. To register, you must have a current membership and have paid the required fees for the term.

Individuals may purchase or renew a membership and register for classes in any of the following ways:

- Online at www.olliatwvu.org using Augùsoft Lumens.
See page 30 for detailed instructions to register online.
- In person at the OLLI office at the Mountaineer Mall in Morgantown.
- By mail, using the enclosed membership/registration form.

Mail the form to:

OLLI at WVU
PO Box 9123
Morgantown, WV 26506-9123

Please make checks payable to the WVU Foundation.

If you pay with a credit or debit card, the charge will show as: Nesius West Virginia Treasury Basics

Winter Registration begins January 6, 2020

Registration & Attendance Matter

We understand that plans change, especially when you're asked to commit to something several weeks in advance. However, it is important to register for the classes that you wish to attend. Enrollment records help us demonstrate our members' active participation in the program when seeking funding from grant-makers and policy-makers. Also, we occasionally have classes which fill quickly so one that you wish to attend may already have a waiting list.

If you are unable to attend a class for which you are registered, please notify the OLLI office. Another person may be anxiously awaiting your cancellation so that he or she may participate in the class.

Please be respectful of the time and efforts of our volunteer instructors and your fellow OLLI members.



Look for this icon next to the course titles beginning on page 16!

This indicates that the instructor is a member of the OLLI Honor Roll and has taught at least 10 courses and 60 class session hours. If more than one instructor is listed, the Honor Roll member is in **bold**.

Mark Your Calendar!

Other Important Dates

| | |
|------------------|------------------------------------|
| Dec. 23 - Jan. 1 | Winter Holiday, OLLI office closed |
| Jan. 6 | Winter Registration Begins |
| Jan. 8 | OLLI Open House |
| Jan. 10 | OLLI Board Meeting |
| Jan. 20 | Martin Luther King Jr. Day |
| Jan. 21 | Winter Term Begins |
| Jan. 21 | Spring Course Proposals Due |
| Feb. 14 | OLLI Board Meeting |
| Mar. 13 | OLLI Board Meeting |
| Mar. 16 | Spring Registration Begins |
| Mar. 18 | OLLI Open House |
| Apr. 6 | Spring Term Begins |
| Apr. 10 | OLLI Board Meeting |
| Apr. 20 | Summer Course Proposals Due |
| May 8 | OLLI Board Meeting |
| June 15 | Summer Course Proposals Due |

Contact Us

Physical Address:
Osher Lifelong Learning Institute
at West Virginia University
Mountaineer Mall, Suite C-17
5000 Green Bag Rd.
Morgantown, WV 26501

Mail Address:
OLLI at WVU
PO Box 9123
Morgantown, WV 26506-9123

(304) 293-1793
www.olliatwvu.org
Email: olli@hsc.wvu.edu
Like us on Facebook at
Osher Lifelong Learning at WVU

OLLI Office Hours

9:00 a.m. - 5:00 p.m.
Monday - Friday
Closed Saturdays, Sundays,
and University holidays

***Can't make it to
your class?***

Please call the OLLI office
at 304-293-1793
to let us know so we can
open your seat to
someone on the wait list!



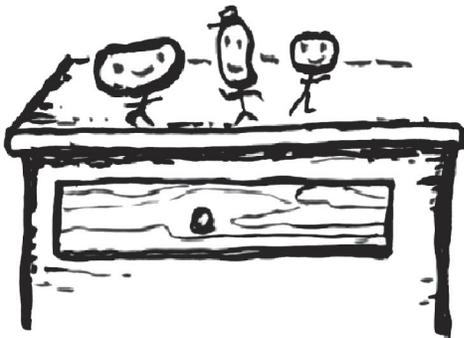
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to be a sponsor of OLLI at WVU.**

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visit www.Heritage-Point.com

The Bean Counter: all beans considered



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and healthy aging
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(304) 292-5974
gfbrown2@frontier.com

Want to join the growing list of
OLLI business partners and
sponsors?

Contact Jascenna Haislet, Director,
at jascenna.haislet@hsc.wvu.edu



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at Morgantown

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Giving to Your OLLI

The Osher Lifelong Learning Institute at WVU is dedicated to providing the highest quality educational, recreational, and social opportunities possible to our members. For many years, we have been able to offer 200 or more classes, workshops, lectures, discussions, and field trips annually.

In order to sustain and grow the program, your financial support is needed. Although OLLI receives support from WVU and earnings from the Osher Endowment, this funding covers only about 50% of our expenses. Membership and registration fees cover another 25%. Therefore, the remaining 25% must be raised through donations, gifts, sponsorships, and grants.

Your donation to OLLI can help keep the lights on in the classrooms, support community outreach, provide hand-outs in a class, buy coffee for our member lounge, pay the printing and postage for course catalogs, and more.

Thank You to Our Donors

As OLLI at WVU strives to achieve financial sustainability, we would like to say Thank You to all who have given so generously this year. The following reflects donations processed between July 1 and December 1, 2019, per the WVU Foundation. If your name is not listed and you believe it should be, please call the OLLI office at 304-293-1793.

| | | | |
|------------------------------|--------------------------|------------------------------|--------------------------------|
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| | Ed Johnson* | Colleen & Phillip Murray | |

OLLI members and friends may give during the Annual Giving Campaign, when you renew a membership or enroll for classes, or any time during the year. You may choose to set up a monthly recurring gift.

You can choose to designate your gift to OLLI's area of greatest need, the \$100K Club, the scholarship fund, or the OLLI endowment. You may choose to leave a Legacy Gift, make a Tribute Gift, or give through an IRA Charitable Rollover.

With a variety of giving options, you can choose the gift that works best for you.

For more information, call the OLLI office at 304-293-1793.

To give today, visit <https://olliatwvu.org/make-a-gift/> or add your tax-deductible donation to the enclosed class registration form.

Thank you for your continued support of lifelong learning and OLLI at WVU.

Over the past three years, OLLI has been working to incorporate improved technology into our operations and create a stronger online presence. By doing so, we are working to provide a better experience for our members while reducing our carbon footprint. Below are some of the resources available to OLLI members. If you have questions or need assistance accessing these resources, please call the OLLI office at 304-293-1793.

Email

OLLI does not share your email address with anyone. We use your address only to inform you of important OLLI information and upcoming events. Be sure you're signed up for our email list so you don't miss any special news, messages from your instructors, receipts for registration, and more.

OLLI Website

The OLLI@WVU website (<https://olliatwvu.org>) is your resource for a great variety of information about our program, including class schedules, OLLI news, class handouts, FAQs about teaching, the OLLI member handbook, travel opportunities, minutes from board meetings, and much more. You can also access our registration site, <https://wvusph-olli.augusoft.net/>, from olliatwvu.org.

Friday E-bulletin

Every Friday morning, we send out a weekly email bulletin to let you know about upcoming events, as well as a digest of the next week's classes, meetings, and events. We strongly encourage you to join our Email ListServ so you're always in the know.

OLLI on Facebook

Follow OLLI on Facebook at Osher Lifelong Learning Institute at WVU. Find out when the latest catalog will be available online, see pictures from classes, learn about special events, and read interesting articles from a variety of sources.

Online Registration

You can register for your classes online at <https://wvusph-olli.augusoft.net/>. Instructions can be found on page 30.

If you've forgotten your username, that's ok! If you've forgotten your password, that's also ok! There are links for recovering both on our website, so as long as you know your email address, you can get back in.

This online registration system has allowed us to do away with paper receipts, so your receipts are sent directly to your inbox. Please double check to make sure your email address is correct in our system!

Please note that this portion of the WVU OLLI website is run by an outside vendor (Augusoft), so the URL (web address) will be different for online registration than for the main OLLI website.

Class Materials Online

We have created an online repository for class handouts: <https://olliatwvu.org/current-members/document-repository/>. This page contains course handouts that instructors have given permission for posting, as well as technology-related handouts we hope you will find useful.

The technology handouts have hyperlinked indexes (so you can just click on a link to jump to the bit you want to learn about) and are regularly updated so you can always access the most up-to-date information we have available.

Go Green!

You can opt out of receiving our printed catalog. All classes and special events are listed on the OLLI registration site, and courses that are added after the catalog goes to print will be there as well. Members who opt out of the printed catalog will receive a PDF (electronic) copy of the catalog as soon as it is sent to the printer, even before it goes out in the mail.



OLLI members learned about the Assistive Technology Library available through WVATS.

Winter 2020 Schedule at a Glance

| Page # | Class, Instructor | Time | Sessions | Date(s) | Location |
|--------------------------------------|--|------------------------|----------|------------------------------------|----------|
| <u>Monday</u> | | | | | |
| 25 | Microsoft Office: The Basics (Klishis) | 9:30 a.m. - 12:00 p.m. | 1 | Mar. 2 | CL |
| 24 | Classroom AV Training | 10:00 - 11:00 a.m. | 1 | Jan. 13 | ALL |
| 23 | <i>The New Yorker</i> Discussion Group (Cooper, Racin) | 10:00 - 11:50 a.m. | 6 | Jan. 27 - Mar. 2 | A |
| 16 | Playing the Lap Dulcimer (Werner) | 10:00 - 11:50 a.m. | 8 | Jan. 13 - Mar. 9 | B |
| 15 | Yarn Arts Group | 12:45 - 2:35 p.m. | ongoing | Jan. 6 - Mar. 30 | A |
| 20 | What Happens When Principled Journalism...(Hylton) | 12:45 - 2:35 p.m. | 1 | Jan. 27 | B |
| 21 | ...Fishing Through the Ice (Tomkowski) | 12:45 - 2:35 p.m. | 2 | Feb. 10 & 17 | B |
| 16 | Introduction to Watercolors (Witt) | 1:00 - 3:00 p.m. | 6 | Jan. 27 - Feb. 24 | MAAG |
| 23 | <i>The New Yorker</i> Discussion Group II | 3:00 - 4:50 p.m. | 6 | Jan. 27 - Mar. 2 | Other |
| 18 | Positive Living Skills (Ramirez) | 3:00 - 4:50 p.m. | 2 | Feb. 24 & Mar. 2 | B |
| 24 | Using Excel (Klishis) | 6:00 - 7:00 p.m. | 4 | Jan. 27 - Feb. 17 | CL |
| <u>Monday & Wednesday</u> | | | | | |
| 22 | Dinosaurs II (Smosna) | 3:00 - 4:50 p.m. | 5 | Jan. 22 - Feb. 5 | A |
| <u>Tuesday</u> | | | | | |
| 25 | Intro to Microsoft Word (Klishis) | 9:30 a.m. - 12:00 p.m. | 1 | Mar. 3 | CL |
| 18 | Clinical Trials 101 (Shaw) | 10:00 - 11:50 a.m. | 1 | Jan. 21 | A |
| 19 | Baltimore and Ohio Railroad (DeVault) | 10:00 - 11:50 a.m. | 5 | Jan. 21 - Feb. 18 | B |
| 18 | What's the Fire...(Adelman) | 10:00 - 11:50 a.m. | 1 | Jan. 28 | A |
| 16 | Opera as Drama (Nelson) | 10:00 - 11:50 a.m. | 3 | Feb. 4 - 18 | A |
| 24 | Using Your Android (Klishis) | 10:00 - 11:50 a.m. | 2 | Feb. 25 & Mar. 10 | B |
| 22 | Spring Wildflowers...WVU Core Arboretum (Fowler) | 10:00 - 11:50 a.m. | 2 | Mar. 24 | A |
| 14 | Bring in Your Holiday Tech! (Klishis) | 10:00 a.m. - 1:00 p.m. | 1 | Jan. 14 | B |
| 14 | Ask a Gekk | 12:00 - 1:00 p.m. | 5 | Jan. 28, Feb. 11, 25, Mar. 10 & 24 | CL |
| 21 | Doll Collecting: What's It All About (Beaumont) | 12:45 - 2:35 p.m. | 1 | Jan. 21 | A |
| 22 | How Trees and Forests Grow (Rentch) | 12:45 - 2:35 p.m. | 3 | Jan. 21 - Feb. 4 | B |
| 25 | Using Your Apple iPad & iPhone (Patrick) | 12:45 - 2:35 p.m. | 2 | Jan. 28 & Feb. 4 | A |
| 24 | Don't Eat a Bowl of Soup...(Swanson) | 12:45 - 2:35 p.m. | 2 | Feb. 11 & 18 | A |
| 26 | Fall 2019 Celebrations in India (Riedel) | 12:45 - 2:35 p.m. | 3 | Feb. 11 - 25 | B |
| 15 | Pedestrian Safety (Cross) | 12:45 - 2:35 p.m. | 1 | Feb. 25 | A |
| 15 | St. Patrick's Day Party (Werner) | 1:00 - 3:00 p.m. | 1 | Mar. 17 | B |
| 17 | Watercolors (Witt) | 1:30 - 4:00 p.m. | ongoing | Jan. 21 - Mar. 31 | MAAG |
| 21 | Genealogy Tips and Tricks (Longenecker) | 3:00 - 4:50 p.m. | 1 | Jan. 21 | A |
| 16 | MonRiver New Horizons Band (Gossett) | 3:00 - 4:50 p.m. | ongoing | Jan. 21 - Mar. 31 | B |
| 18 | Real Chinese Cooking (Yang) | 6:00 - 7:50 p.m. | 2 | Jan. 28 & Feb. 4 | Other |
| <u>Wednesday</u> | | | | | |
| 25 | Intro to Microsoft PowerPoint (Klishis) | 9:30 a.m. - 12:00 p.m. | 1 | Mar. 4 | CL |
| 17 | Advance Care Planning...(Funk) | 10:00 - 11:50 a.m. | 1 | Jan. 22 | A |
| 21 | Stamp Collecting (Davis) | 10:00 - 11:50 a.m. | 1 | Jan. 22 | B |
| 17 | Woodstock 50 Years Ago (Paull) | 10:00 - 11:50 a.m. | 1 | Jan. 29 | A |
| 23 | Safe Zone Training (Rodrigues) | 10:00 - 11:50 a.m. | 1 | Jan. 29 | B |
| 23 | Faith and the New Sexuality (Bergen, Hample, Morton) | 10:00 - 11:50 a.m. | 1 | Feb. 5 | B |
| 16 | Playing the Irish Tin Whistle (Werner) | 10:00 - 11:50 a.m. | 5 | Feb. 5 - Mar. 11 | A |
| 23 | Living LGBTQ+: Personal Storytelling... (Grant-Lilley) | 10:00 - 11:50 a.m. | 1 | Feb. 12 | B |
| 19 | Mt. Rushmore: Preserving History...(Hammersmith) | 10:00 - 11:50 a.m. | 2 | Feb. 19 & 26 | B |

Winter 2020 Schedule at a Glance

| Page # | Class, Instructor | Time | Sessions | Date(s) | Location |
|-----------------|--|------------------------|----------|-------------------|----------|
| 20 | What the Ancient Mesopotamians Did (Reddy) | 12:45 - 2:35 p.m. | 2 | Jan. 22 & 29 | B |
| 21 | Going Solar (Cockburn) | 12:45 - 2:35 p.m. | 1 | Feb. 5 | B |
| 20 | North American Railroad History (Colvin) | 12:45 - 2:35 p.m. | 4 | Feb. 5 - 26 | A |
| 22 | Wines of Spain and Argentina (Craig, Porter) | 12:45 - 2:35 p.m. | 1 | Feb. 12 | B |
| 16 | Songwriters (Paull) | 12:45 - 2:35 p.m. | 2 | Feb. 19 & 26 | B |
| 21 | Intro to American Sign Language (Shank) | 3:00 - 4:50 p.m. | 1 | Jan. 29 | A |
| 18 | Whole Grains Sampling Day 2020 (Gay) | 4:00 - 5:50 p.m. | 1 | Mar. 25 | Other |
| 17 | Chinese Dragon Dance (Yang) | 6:00 - 7:50 p.m. | 6 | Jan. 29 - Feb. 26 | Other |
| Thursday | | | | | |
| 25 | Intro to Microsoft Excel (Klishis) | 9:30 a.m. - 12:00 p.m. | 1 | Mar. 5 | CL |
| 15 | Writers' Interest Group | 10:00 - 11:50 a.m. | ongoing | Jan. 9 - Mar. 26 | A |
| 19 | Celebrating Women's Suffrage...(Howe, Nelson) | 10:00 - 11:50 a.m. | 3 | Jan. 23 - Feb. 6 | B |
| 26 | Croatia for Holiday Pleasures (Venable) | 10:00 - 11:50 a.m. | 1 | Feb. 13 | B |
| 24 | Social Media Platforms...(Klishis) | 10:00 - 11:50 a.m. | 1 | Feb. 20 | B |
| 24 | Facebook (Klishis) | 10:00 - 11:50 p.m. | 1 | Feb. 27 | B |
| 19 | Garrison Keiller:...Behind the Stories (Baker) | 12:45 - 2:35 p.m. | 3 | Jan. 23 - Feb. 6 | B |
| 16 | Laura Nyro (Wendell) | 12:45 - 2:35 p.m. | 4 | Jan. 23 - Feb. 13 | A |
| 17 | Spiritual Autobiography Writing...(Rorabaugh) | 12:45 - 2:35 p.m. | 2 | Feb. 13 & 20 | B |
| 20 | Women and the Motorcar...(Swanson) | 12:45 - 2:35 p.m. | 1 | Feb. 20 | A |
| 26 | The Incas and the Inca Trail (Attfield, Attfield) | 1:00 - 2:50 p.m. | 2 | Jan. 23 & 30 | Other |
| 25 | Mail Merge & a Look at OneNote (Klishis) | 1:00 - 3:00 p.m. | 1 | Mar. 5 | CL |
| Friday | | | | | |
| 19 | Yoga for Back Pain (Layton) | 10:00 - 11:50 a.m. | 1 | Jan. 31 | A |
| 24 | Technology Security (Klishis) | 10:00 a.m. - 1:00 p.m. | 1 | Jan. 31 | CL |
| 22 | Working with Phyllo (McCluskey) | 10:00 - 11:50 a.m. | 1 | Feb. 7 | Other |
| 14 | Winter Film Forum I: <i>Hamlet</i> (Held) | 10:00 a.m. - 3:30 p.m. | 1 | Feb. 21 | B |
| 15 | Winter Film Forum II: <i>The Leopard</i> (Held) | 10:00 a.m. - 3:30 p.m. | 1 | Mar. 6 | B |
| Saturday | | | | | |
| 18 | Introduction to T'ai Chi and Qigong (Pollard, Koehler) | 10:00 - 10:50 a.m. | 6 | Jan. 25 - Feb. 29 | B |
| 15 | Intermediate T'ai Chi | 11:00 - 11:50 a.m. | 6 | Jan. 25 - Feb. 29 | B |
| Sunday | | | | | |
| 14 | Team Trivia | 1:00 - 3:00 p.m. | 1 | Mar. 1 | B |

Classroom Key

All classes are held in the Mountaineer Mall in Morgantown, unless otherwise stated.

A - Classroom next to the OLLI office.

B - Classroom under the OLLI sign.

CL - Computer Lab, first door on the left down the hall next to B, near the restrooms.

MAAG - Morgantown Art Association & Gallery, Mountaineer Mall.

MDS - Morgantown Dance Studio, Mountaineer Mall.

Other - See course description for location.

OLLI members may enroll for any OLLI class, regardless of class location.

Special Member Events and Opportunities

***Special Member Events, unless otherwise noted, are free or discounted for current OLLI members!
Payment of term enrollment fee is not required.***

Bring in Your Holiday Tech!

Michelle Klishis

Tuesday, Jan. 14, 10:00 a.m. - 1:00 p.m.

Classroom B

Have you ever received the gift of technology over the holidays but been at a loss as to how to use it? We're here to help you put aside your fear and enjoy your new electronics: Tablets! Laptops! Phones! Digital Photo Frames! Smart Devices!

OLLI will host a special session of Ask a Geek during which members are invited to bring in their devices. A group of handsome and dedicated volunteers will be here to assist you to get comfortable with your holiday loot!

Ask a Geek

Michelle Klishis

Tuesdays, Jan. 28, Feb. 11 & 25, Mar. 10 & 24

12:00 - 1:00 p.m.

OLLI Computer Lab

Sometimes you have questions about technology that don't fit into a specific class or course or maybe you just have something that is driving you crazy. For those times, OLLI's Professional Technologist, Michelle Klishis, has created a regular technology question & answer session.

Be aware that sometimes the answer is "No, you can't do that," and sometimes the answer is, "I don't have a clue." As long as you're okay with getting "No" for an answer, Michelle is willing to field any and all questions. Also, feel free to send an email ahead of time if you think your question is going to be really complicated or beyond the scope of an hour-long session. Reach out to olli@hsc.wvu.edu with the subject Geek Question.

No question is too small or too silly to answer! And even if you think you don't know enough to ask your own question, you can usually learn a lot listening to someone else's questions! And Michelle can always ramble on about any tech topic if you get her started.

As a warning, Michelle's strengths are Android phones, Windows PCs, MS Office software, and digital security and privacy. Her weaknesses are Apple products and AV equipment. (i.e., Apple questions are most likely to be answered, "I don't know; I'll have to look into it.")

Winter Film Forum I: *Hamlet*

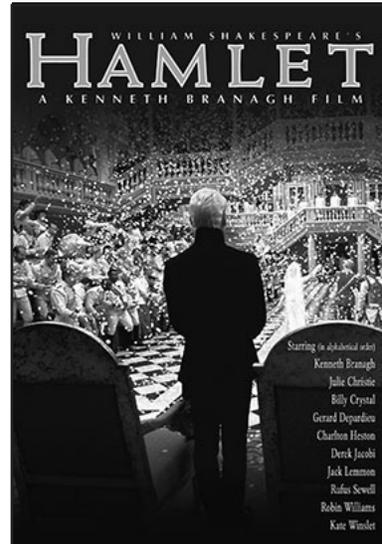
Jim Held

Friday, Feb. 21, 10:00 a.m. - 3:30 p.m.

Classroom B

Fee: \$6.00 (payable at the time of registration)

Lunch will be provided.



The only complete film of Shakespeare's greatest tragedy, this film was made in 1996 by actor/director Kenneth Branagh. It was filmed in and around Blenheim Palace. The film also features Derek Jacobi as King Claudius, Julie Christie as Queen Gertrude, Kate Winslet as Ophelia, Michael Maloney as Laertes, Richard Briers as Polonius, and Nicholas Farrell as Horatio. Other cast members include Robin Williams, Gérard

Depardieu, Jack Lemmon, Billy Crystal, Rufus Sewell, Charlton Heston, Richard Attenborough, Judi Dench, John Gielgud and Ken Dodd.

Team Trivia

Sunday, Mar. 1, 1:00 - 3:00 p.m.

Classroom B

Do you know what flightless bird is featured on New Zealand's one dollar coin? Join us for a fun afternoon of team trivia to find out! Attendees will form groups of two or three and work together to answer challenging trivia questions. Questions will be from various categories, including science, art, history, geography, transportation, culture, and more. Participants can build their points by guessing correct answers. The team with the most points at the end of the event will receive a prize. Form your own team or connect with another OLLI member at the event. Refreshments will be served.

Winter Film Forum II: *The Leopard*

Jim Held

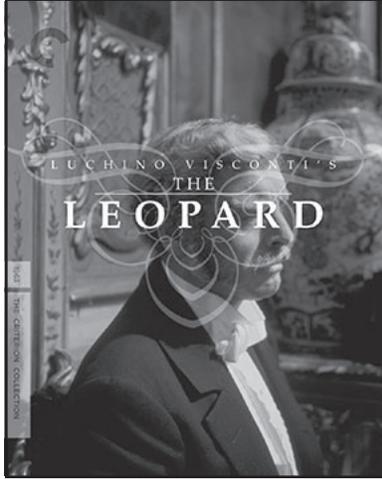
Friday, Mar. 6, 10:00 a.m. - 3:30 p.m.

Classroom B

Fee: \$6.00 (payable at the time of registration)

Lunch will be provided

A 1963 Italian epic period drama film by director Luchino Visconti, *The Leopard* is based on Giuseppe Tomasi di Lampedusa's novel of the same title. It stars Burt Lancaster, Claudia Cardinale, Alain Delon, Serge Reggiani, Mario Girotti, and Pierre Clementi.



War has broken out between the armies of Francis II of the Two Sicilies and the insurgent volunteer redshirts of Giuseppe Garibaldi. Garibaldi's army conquers the city and Sicily from the Bourbons. The Prince muses upon the inevitability of change, with the middle class displacing the hereditary ruling class while on the surface everything remains the same. Winner of the Cannes Palme d'Or. Martin Scorsese—"one of the greatest films of all time!"

The screening will be followed by the documentary, *A Dying Breed*, on the making of the film, featuring interviews with Claudia Cardinale, Sydney Pollack, screenwriter Suso Ceccho D'Amico, and more. Professor Millicent Marcus of the University of Pennsylvania discusses the history behind *The Leopard* in an exclusive video interview.

St. Patrick's Day Party

Hosted by Judy Werner

Tuesday, Mar. 17, 1:00 - 3:00 p.m.

Classroom B

Come and celebrate the little bit of Irish in all of us. Listen to some Irish music and watch some Irish step dancing, while learning some of the history about St. Patrick and the background of some of the songs. Sing along with some favorite Irish songs. **Bring some green snacks to make it a real party.**

Pedestrian Safety

Matthew Cross

Tuesday, Feb. 25, 12:45 - 2:35 p.m.

Classroom A

The mission of the Morgantown Pedestrian Safety Board and Traffic Commission is to educate the public on the rights and responsibilities of walkers, bicyclists and motorists. The installation of new traffic controls in the past year will be discussed, as well as the promotion of walking and biking as a remedy for increases in vehicle congestion.

About the Instructor: A native of Morgantown, Matthew Cross walked to school every year of his life in our public school system. After living in Los Angeles for 10 years, he returned in 2002 and became active with civic functions. He is currently chairman of the Pedestrian Safety Board and Traffic Commission and president of the Suncrest Neighborhood Association.

Community events, hosted by OLLI at WVU, are free and open to the public. OLLI membership not required although reservations are encouraged.

Interest Groups

OLLI Interest Groups are open to OLLI members at no additional charge. Payment of term fee is not required. Some restrictions may apply. See description for more detail.

Yarn Arts

On **Mondays from 12:45- 2:35 pm in Classroom A**, join others to share ideas, patterns, and workshop information and to support each other in knitting, crocheting, needle-point, and other yarn and thread arts.

Writers' Interest Group

Having a hard time finding time to work on your life story, novel, poetry, journal, or letters? Come write in a quiet, comfortable, supportive environment. Bring paper, pen, laptop, etc. There will be at least 1.5 hours of quiet writing time each session. **Thursdays, 10:00 - 11:50 a.m. Classroom A**

Intermediate Tai Chi

This group provides an opportunity for OLLI members previously enrolled in Intermediate Tai Chi with Doug Myers to continue practicing together. The group will meet on **Saturdays from 11:00 - 11:50 a.m. in classroom B**. Enrollment by permission of OLLI.

Introduction to Watercolors



Susan Hall Witt
Mondays, Jan. 27 - Feb. 24
1:00 - 3:00 p.m.
MAAG
Materials Fee: \$10

The course will explore how watercolors work and will apply that knowledge to painting greeting cards and small works. No experience is needed.

About the Instructor: Susan Hall Witt is a stained glass and watercolor artist. She teaches stained glass for the community schools program and continues to take classes and workshops to improve her skills.

Laura Nyro

Barry Wendell
Thursdays, Jan. 23 - Feb. 13
12:45 - 2:35 p.m.
Classroom A



Laura Nyro, a singer-songwriter whose first album came out in 1967, quickly became a cult figure. This course will cover her first five albums.

About the Instructor: Barry Wendell has taught many OLLI courses about popular music, mostly from the 1960s.

MonRiver New Horizons Band

Jason Gossett
Tuesdays, Jan. 21 - Mar. 31
3:00 - 4:50 p.m.
Classroom B

The organization's motto, "It's never too late," means that one is never too old to make music. Founded by Dr. Lindsey Williams in 2016, the MonRiver New Horizons Band gives OLLI members the opportunity to explore the joy of making music. Whether you once played a band instrument but did not continue later in life or never played before, the New Horizons Band will help you tap into the music within.

Course Materials: *Essential Elements Method* book and music stand.

Participants must also provide their own instrument.

About the Instructor: Jason Gossett is an assistant professor in instrumental music education at West Virginia University where he teaches Instrumental Methods, History and Philosophy of Music Education, Psychology of Music, Percussion Pedagogy, and supervises student teachers. He holds a PhD in Music Education from Pennsylvania State University and a Masters and Bachelors in Music Education from Murray State University.

Opera as Drama

Byron Nelson
Tuesdays, Feb. 4 - 18
10:00 - 11:50 a.m.
Classroom A



The course provides an introduction to and critical analysis of the operas presented in the Met in HD series (shown locally at the Regal Theatre) and in the Pittsburgh Opera's spring season at the Benedum Center. The four Metropolitan Opera productions are *Agrippina*, *Der Fliegende Hollander*, *Tosca* and *Maria Stuarda*; the two Pittsburgh Opera productions are *Carmen* and *Norma*. The goal of the course is to enrich the enjoyment of the performances; those who do not attend the performances are still invited to join the discussion.

About the Instructor: Byron Nelson retired from the English Department of WVU after teaching for 40 years. He has taught classes on Shakespeare, opera, and Broadway musicals for OLLI.

Playing the Irish Tin Whistle

Judy Werner
Wednesdays, Feb. 5-19 &
Mar. 4 -11, 10:00 - 11:50 a.m.
Classroom A



Learn to play at least one (but probably more) Irish song in time for the St. Patrick's Day Party. The Irish tin whistle is a relatively simple instrument to learn to play and no previous musical

experience is necessary. You do not need to know how to read music. Come and enjoy learning to play this fun instrument.

About the Instructor: Judy Werner has enjoyed playing the lap dulcimer for more than 12 years and she plays in two different dulcimer groups. She likes old-time traditional music and enjoys going to concerts and music festivals. She directs the Gardner Winter Music Festival held every February. She also enjoys playing the tin whistle and the bowed psaltery.

Playing the Lap Dulcimer

Judy Werner
Mondays, Jan. 13 - Mar. 9
10:00 - 11:50 a.m.
Classroom B



Enjoy learning to play more songs on the Appalachian lap dulcimer. Each week we will focus on different types of songs including fiddle tunes, waltzes, Irish songs, and Stephen Foster songs. No previous musical experience is necessary to learn to play this simple instrument. Lap dulcimers will be available to use during the class.

About the Instructor: See above.

Songwriters

Joe Paull
Wednesdays, Feb. 19 & 26
12:45 - 2:35 p.m.
Classroom B



Participants will listen to selected songwriters talk about and sing the songs they have written. Song writers include Willie Nelson, Waylon Jennings, Hank Cochran, Red Lane, Whitey Schafer, Billy Joe Shaver and Kris Kristopherson. There will be time for questions and to listen to additional songs by these writers that the class may want to hear.

About the Instructor: Dr. Paull has taught in the public schools and the graduate school at WVU.

Spiritual Autobiography Writing Exercises

Andrew Rorabaugh
Thursdays, Feb. 13 & 20
12:45 - 2:35 p.m.
Classroom B

After a short review of the nature of spiritual autobiography writing, the instructor will lead the class in three brief writing exercises during both sessions (e.g., postcard stories, six-word stories, etc.). Each format will provide a unique example of how one can approach a big, sometimes difficult topic in manageable and creative ways. There will be a chance to share your writings in an appreciative and safe environment, but sharing is entirely optional. People of all spiritual traditions are welcome, as are both “writers” and “non-writers.”

About the Instructor: Andrew Rorabaugh earned an MA in Theology from the ecumenical and interfaith Graduate Theological Union in Berkeley, CA. Andrew works at Populore Publishing Company, where he manages administration and is involved in private and small-scale commercial publishing projects, supporting editorial and layout activities.

Watercolors

Susan Hall Witt
Tuesdays, Jan. 21 - Mar. 31
1:30 - 4:00 p.m.
MAAG



Maximum Enrollment: 15

Prerequisite: At least one course of Introduction to Watercolors (previously Basic Watercolors)

Enrollment by permission of instructor.

Building on skills honed in previous watercolors classes, this class will employ previously learned methods to expand your skill set.

About the Instructor: See previous page.

Woodstock 50 Years Ago

Joe Paull
Wednesday, Jan. 29
10:00 - 11:50 a.m.
Classroom A



In August of 1969, there was a gathering of people unlike anything seen before: three days in the rain and mud listening to rock and roll music. We will take a look at the award winning documentary of that event and listen to a gentleman who was there describe the event from his perspective.

About the Instructor: See previous page.

OLLI Goes to the Theatre

WVU School of Theatre and Dance 2019-20

The WVU School of Theatre and Dance presents another exciting series of performances during the 2019-20 season. Join your fellow OLLI members for matinee performances at the Creative Arts Center. Special group ticket prices are available. Mark your calendars now for the following performances and watch the OLLI website and the Friday eBulletins for more details about the productions and corresponding events.

Dance Now!

Saturday, Feb. 8, 2:00 p.m.
Lyell B. Clay Concert Theatre

Hedda Gabler

by Henrik Ibsen
Sunday, Mar. 8, 2:00 p.m.
Gladys G. Davis Theatre

Head Over Heels

by James Magruder
Music and Lyrics by the Go-Go's
Sunday, Apr. 26, 2:00 p.m.
Lyell B. Clay Concert Theatre

Advance Care Planning and the WV e-Directive Registry

Danielle Funk
Wednesday, Jan. 22, 10:00 - 11:50 a.m.
Classroom A

Advance care planning is an important step in determining future goals, personal values, and preferences for future medical care. Wishes can be written in many ways, such as Medical Power of Attorney (MPOA), Living Will (LW), Combined MPOA/LW, Physician Order for Scope of Treatment (POST), and Do Not Resuscitate (DNR) card. The WV Center for End-of-Life Care serves the state of WV by helping individuals navigate and understand the advance care planning process. The Center also has the nationally-recognized e-Directive Registry which allows for secure storage of advance directives and medical orders with access given to treating health care providers.

About the Instructor: Danielle Funk, MS, is a Program Assistant II for the WV Center for End-of-Life Care. She oversees the daily operations of the Center and e-Directive Registry. She also coordinates educational and community outreach-based opportunities to help West Virginia residents and health care providers better understand advance care planning, the Center, and the e-Directive Registry.

Chinese Dragon Dance

Li Yang
Wednesdays, Jan. 29 - Feb. 26
6:00 - 7:50 p.m.
Mountaineer Mall Atrium
Maximum Enrollment: 10

The Dragon Dance is a style of Chinese dance that is good exercise for your health and beautiful to watch. In China, groups of people dance with Chinese music. See a preview of the instructor performing the Chinese Dragon Dance at <https://www.youtube.com/watch?v=0sdkWQ9vLrI>.

About the Instructor: Li Yang started learning this dance five years ago when she went back to China to visit her parents. She learned it as morning exercise in the park.

Clinical Trials 101

Yvonne Shaw

Tuesday, Jan. 21, 10:00 - 11:50 a.m.

Classroom A

This course will be an introduction to Clinical Trials: what they are, how they work, and why they are important. Open discussion is encouraged.

About the Instructor: Yvonne Shaw is currently the Quality Supervisor for the Clinical Research Unit (CRU) at the WVU Cancer Institute. She has almost ten years of experience working in clinical research, with six years at the WVU CRU.

Introduction to T'ai Chi and Qigong

Cecil Pollard, Bill Koehler

Saturdays, Jan. 25 - Feb. 29

10:00 - 10:50 a.m.

Classroom B

Maximum Enrollment: 18

This course is an introduction to a version of Yang Style T'ai Chi as modified and taught by Cheng Man-ch'ing. In this course, students will learn the basic principles of T'ai Chi and how to do the T'ai Chi form.

About the Instructors: Cecil Pollard is a semi-retired faculty member from the WVU School of Public Health. During his career he has been involved in many community efforts to improve the health of West Virginians by working to increase physical activity, better nutrition, and developing healthier communities. In addition he has taught classes related to community assessment, research methods and data analysis. He has found T'ai Chi to be an excellent method to improve his physical well being. William Koehler, DMA, has studied and practiced T'ai Chi for over a period of 25 years,

including the Cheng Man-ch'ing 37 posture Yang style, "Small Space T'ai Chi," and Yang 24 posture form. He studied for five years with Robert Larsen, a student of Cheng Man-ch'ing.

Positive Living Skills

Maria-José Ramirez

Mondays, Feb. 24 & Mar. 2

3:00 - 4:50 p.m.

Classroom B

This course facilitates learning four positive living skills: focus and distraction control, positive perspectives, relaxation and cooperation. It is based on the book *Positive Living Skills* by Ms. Ramirez' former mentor, Terry Orlick. Each class includes of several activities for the skill that will be worked on that day, followed by group discussions.

About the Instructor: Maria-José Ramirez is a PhD candidate at Penn State University. For over 10 years, she has worked with musicians, athletes, students, lawyers, architects, business executives, psychologists, parents and teachers, teaching them the mental skills to perform well under pressure and to live positive lives at the same time.

Real Chinese Cooking

Li Yang

Tuesdays, Jan. 28 & Feb. 4

6:00 - 7:50 p.m.

Spruce Street United Methodist Church

Maximum Enrollment: 15

Materials Fee: \$5.00

Learn how to cook basic Chinese food, including Chinese cutting styles and cooking methods used in the home. Dumplings will be the featured food.

About the Instructor: Li Yang came to the U.S. from China more than 30 years ago. She loves to cook and is always sharing her food with people around her. She has often been urged to open a restaurant, but she doesn't want to work that hard for food. She just wants to enjoy sharing what real Chinese food is.

What's the Fire? A Review of the Vaping Hype and Tobacco Cessation Products

Megan Adelman

Tuesday, Jan. 28, 10:00 - 11:50 a.m.

Classroom A

West Virginia is consistently among the top states in the nation for tobacco use and abuse. Additionally, vaping continues to increase and has become a national health issue. During this presentation, we will discuss tobacco and vaping implementation, an overview of electronic cigarettes, and methods to help with tobacco cessation.

About the Instructor: Dr. Megan Adelman, PharmD, BCPS, BCGP, CDE, is a clinical pharmacy specialist with the WVU Medicine Department of Family Medicine and an Assistant Professor with the WVU School of Pharmacy. Her areas of focus include diabetes, geriatrics, COPD/asthma, and medication management. She is originally from Cleveland, Ohio, and trained at the Louis Stokes Cleveland VAMC.

Whole Grains Sampling Day 2020

Cindy Gay

Wednesday, Mar. 25, 4:00 - 5:50 p.m.

Spruce Street United Methodist Church

Materials Fee: \$5.00

Attend this annual event and sample recipes made from 10 different grains. This is an all new event: there will be no lecture or power point. Each grain station will feature information on preparing the grain (in both flour and berry form) and where to find it locally. Other local food professionals will join the instructor to share their expertise. Although the samples are small, you will not go away hungry. Finish the evening with a satisfying piece of teff cake, whipped cream and pomegranate arils.

About the Instructor: In 2014, the Health Sciences Cafeteria Cindy Gay managed was chosen by *FoodService*

Director magazine as one of the Healthy 15 and in 2007 received the Whole Grains Council Challenge Award for Healthcare. Since retiring in 2015, Cindy enjoys testing and sharing unique ways to combine healthy seasonal ingredients in meals made at home.

Yoga for Back Pain

Deborah Layton

Friday, Jan. 31, 10:00 - 11:50 a.m.

Classroom A

Yoga can sometimes be intimidating for people who are a little older, less flexible, or live with some pain. This class is meant to introduce people with back pain to a yoga practice that allows for individual variation in mobility and stays within safe limits of movement for sensitive backs. There is an emphasis on linking breath and attention to movements and working at your own pace. The class will include standing postures and postures seated in chairs. For those with more mobility, a yoga mat may be used to sit or lie on the floor.

About the Instructor: A yoga student since 1995, Deborah Layton has been teaching since 2004 in the Viniyoga tradition. She is an Experienced Registered Yoga Teacher at the 500-hour level and is currently working toward certification in yoga therapy. She holds a B.S. in Recreation Therapy from Virginia Commonwealth University.



Enjoying a little music in class.

Baltimore and Ohio Railroad

Keith DeVault

Tuesdays, Jan. 21 - Feb. 18

10:00 - 11:50 a.m.

Classroom B

This course will show the development and history of the Baltimore and Ohio Railroad as it relates to the movement of the population westward from the 1800s to today. It will show how the railroad helped develop communities from Cumberland, MD, to Grafton, WV. West Virginia's history and growth has always been associated with that of the B & O railroad which predated the state's formation by 36 years. The course will highlight some of this history in making West Virginia what it is today.

About the Instructor: Keith DeVault is a member of the Baltimore and Ohio Railroad Historical Society as well as a member of the Mon Valley Railroad Historical Society here in Morgantown. Keith has made presentations on railroad history for the past 15 years.

Celebrating Women's Suffrage in Britain and the U.S.

Barb Howe, Carolyn Nelson

Thursdays, Jan. 23 - Feb. 6

10:00 - 11:50 a.m.

Classroom B

This year, 2020, marks the centennial of the ratification of the 19th amendment, which extended suffrage to all women in the United States, although not always in practice. The first class will focus on the British suffrage movement, as some women got the vote there in 1918 and the rest in 1928. The second class will focus on the American movement, including the British influence on efforts here. The third class will focus on West Virginia, including the role of Morgantown's Lenna Lowe Yost and what the *New York Times* called Jesse Bloch's "sensational crosscountry flying [by train] trip."



About the Instructors: Barb Howe taught American and West Virginia women's history at WVU. Carolyn Nelson taught British women's literature at WVU and published *Literature of the Women's Suffrage Campaign in England*.

Garrison Keillor: The Stories Behind the Stories

Lynn Baker

Thursdays, Jan. 23 - Feb. 6

12:45 - 2:35 p.m.

Classroom B

This course will attempt to cover the long, prolific career of Garrison Keillor. He is best known for his Saturday evening radio show, *A Prairie Home Companion*, which always featured a story from Lake Wobegon at the end of the program. This is the mythical town where "All the women are strong, all the men are good-looking and all the children are above average." We will talk about how his career began and changed over the years in addition to listening to his stories.

About the Instructor: Lynn Baker worked as a medical technologist, finishing her career at West Virginia University Hospitals. She and her husband have been fans of Garrison Keillor for many years and would like to share some of their favorite stories out of their collection of recordings and books.

Mt. Rushmore: Preserving History or Perpetuating Myths?

Jack Hammersmith

Wednesdays, Feb. 19 & 26

10:00 - 11:50 a.m.

Classroom B

Why did the son of Danish immigrants choose to memorialize two slave owners, an imperialist, and a president so unpopular that his election resulted in civil war? Two sessions will examine perhaps the most famous popular celebration of our national history. Why did Gustav Borglum, whose face of Robert E. Lee had been blasted into

History and Literature

oblivion off Stone Mountain, Georgia, following a bitter dispute, choose these four Americans? Was a woman ever considered? What were the artistic, engineering, economic, and political problems? What does this tell us about historical memory?

About the Instructor: Jack

Hammersmith, retired from the WVU History Department after 48 years, has taught a number of OLLI classes, most recently about presidential summit conferences. His philosophy: as long as we keep making history, he'll try teaching it. In short, no person, episode, movement, or trend in U.S. or East Asian history is totally safe from his grasp.

North American Railroad History

Kenton Colvin

Wednesdays, Feb. 5 - 26
12:45 - 2:35 p.m.

Classroom A



This course highlights the people, events, and achievements in railroad development and expansion from the 1920s to the present day. The class will learn about socioeconomic factors, construction of the first lines in the East, the decline after WWI, and the role railroads play in America today. We will examine the strategic significance of railroads in the Civil War and World Wars I & II, the effect of the Great Depression, and the advent of the automobile and other technological advances. We will also discuss contributions of great men who built the railroads and created inventions associated with railroads.

About the Instructor: Kenton Colvin retired from WVU Student Life after 18 years. Previously, he spent 26 years in manufacturing management with several corporations. He has a master's degree in Industrial and Systems Engineering, has taught engineering courses for 25 years, and currently teaches at WVU. He is a member of the Mon Valley Railroad Historical Society and enjoys reading about history.

What Happens When Principled Journalism Collides with a Crooked Political Machine

Tony Hylton

Monday, Jan. 27, 12:45 - 2:35 p.m.
Classroom B

Hylton's novel, *Enough*, is about a crusading small town newspaper publisher who uses principled journalism to take on a corrupt political machine in a southern West Virginia county. In *Enough*, two political kingpins respond to hard-hitting news coverage by setting in motion a conspiracy that burns the *Lawnsville Crier* to the ground and hatches a plot to murder publisher Rick Hill on a deserted country road. A review of the novel will incorporate the examination of Fake News and its impact on our political discourse. The author will examine the positive impact a strong local press can have on a community. Discussion is encouraged.

About the Instructor: Tony Hylton's connection with the honorable profession of journalism includes: Publisher, *Hinton Daily News* (now *Hinton News*); Visiting Professor, Journalism, Susquehanna University; Communications Director for a national trade association in Washington; Communications Director for AARP, Virginia and Public Information Officer for a major U.S. Army headquarters in Vietnam. His political experience includes serving in the West Virginia House of Delegates.

What the Ancient Mesopotamians Did

Sumitra Reddy

Wednesdays, Jan. 22 & 29
12:45 - 2:35 p.m.

Classroom B



Mesopotamia, the land between the rivers Tigris and Euphrates, was the home of many overlapping ancient civilizations: the Sumerians, Akkadians, Assyrians and Babylonians. The fascinating history of this land will be presented with accompanying videos.

About the Instructor: Sumitra Reddy has taught a number of classes at OLLI on a variety of topics that include Ancient civilizations, Artificial Intelligence, Buddhism, and many more.

Women and the Motorcar: The First 50 Years

Kathryn Swanson

Thursday, Feb. 20, 12:45 - 2:35 pm
Classroom A

The stereotype of the woman driver is one of the most prominent myths in American culture. With no valid evidence, women drivers have been consistently portrayed as less competent than men. Comedians can always get a laugh with a joke about women drivers. This class presents the distorted and/or omitted early history of women and the motorcar and how these women changed the world.

About the Instructor: Kathryn Swanson is a retired pathologist and a "motorhead" since childhood. She has owned a variety of cars including a Corvair, a Honda Civic, a Plymouth Road Runner, a Porsche 911, and a Porsche GT3. She is a Porsche Club of America High Performance Driving Instructor.



Explore your creativity with OLLI at WVU.

Hobbies and Interests

Doll Collecting: What It's All About!

Lee Beaumont

Tuesday, Jan. 21, 12:45 - 2:35 p.m.

Classroom A

This class will present attendees with a broad overview of doll collecting.

Topics presented will include a brief history of dolls, the "how to's" of identification (including marks, materials, manufacturers, and characteristics), factors influencing a doll's value, and tips for storing and preserving these historical treasures.

About the Instructor: Lee Beaumont has been collecting dolls for the past 30 years and thoroughly enjoys the research aspect of the hobby. She is a member of the West Virginia Mountaineer Doll Club and the United Federation of Doll Clubs. She received her MA in Sociology from WVU.

Explore and Learn About Fishing Through the Ice

Anthony (Tony) Tomkowski

Mondays, Feb. 10 & 17

12:45 - 2:35 p.m.

Classroom B

This course is for any individual who likes fishing and wants to learn about fishing through the ice. Attendees will be exposed to the "ins" and "outs" of this fun winter sport. Topics to be covered include clothing, safety, gear, bait, fish species, techniques, and local lakes to fish. The instructor will also share several anecdotal stories about his ice fishing experiences. Stories about winters spent with family and friends on the frozen lakes in the Adirondacks and the local region will be shared, along with some adventures the group had when the fish weren't biting.

About the Instructor: Tony Tomkowski, Professor Emeritus of the Davis College at WVU, has been fishing more than 70 years, including fishing through the ice since he was three years old. He taught a freshwater fishing course at WVU for several

years and is well known for his love of fishing. He enjoys teaching others how to be more successful in catching fish.

Genealogy Tips and Tricks

George Longenecker

Tuesday, Jan. 21, 3:00 - 4:50 p.m.

Classroom A

For people already doing genealogy work or just getting started, this course will be a presentation of some tips and tricks the instructor has discovered while searching and verifying information from Ancestry.com and Find A Grave on line and recording it in the Legacy Family Tree genealogy program. We will look at several sources of genealogy information and how they can be helpful in building a family tree. The first hour will be spent introducing and demonstrating the three programs. The second hour will include discussion and suggestions by participants who have also been working on genealogy with these or other programs.

About the Instructor: A retired professor of Landscape Architecture and progenitor of the West Virginia Botanic Garden, now an amateur genealogist, George Longenecker started with information assembled by a great aunt, stories a grandmother had recorded, a number of old family photo albums, and a DNA test through Ancestry.com.

Going Solar

Andrew Cockburn

Wednesday, Feb. 5, 12:45 - 2:35 p.m.

Classroom B

The instructor had solar panels installed on his home and now generates more electricity than he uses. The class will go through the process, describe the decisions made, and discuss the economics in West Virginia.

About the Instructor: Dr. Cockburn is a retired biologist. His house is now fully solar and also powers his electric vehicle.

Intro to American Sign Language

Mariana Shank

Wednesday, Jan. 29, 3:00 - 4:50 p.m.

Classroom B

This class will cover the basic understanding of Deaf culture and the Deaf community and participants will learn some simple and basic American Sign Language (ASL), from greetings to some basic conversational phrases. By the end of the course you will be able to hold a short conversation with an individual who is Deaf or with your peers!

About the Instructor: Mariana Shank is a CODA (child of Deaf adults); she was raised with Deaf parents and Deaf family members. ASL is her first language, learning it at the young age of two. She is a student at WVU studying Communication Sciences and Disorders and absolutely loves sharing her knowledge of Deaf culture and language.

Stamp Collecting

Lloyd Davis

Wednesday, Jan. 22, 10:00 - 11:50 a.m.

Classroom B

The class will present the basic facts concerning the hobby and business of collecting postage stamps, including deciding how serious a collector wants to be, the history of stamps, vocabulary used by collectors, tools needed for collecting, where stamps are bought and sold, catalog values, specialized fields of collecting, and storage methods. The instructor will attempt to answer questions brought up by class members.

About the Instructor: Lloyd Davis is a WVU retired professor of English, and has collected stamps for more than 25 years.

Wines of Spain and Argentina

Bob Craig, Ron Porter

Wednesday, Feb. 12, 12:45 - 2:35 p.m.
Classroom B

Materials Fee: \$15.00

We will explore and taste representative wines of Spain and of Argentina. These wines are not well known or appreciated by most Americans, but they are among some of the best values in the wine market today. Ron Porter of Kroger will select the wines to taste.

About the Instructors: Bob Craig enjoys tasting wines from all over and also visiting as many wine regions as possible. Ron Porter is the wine consultant at Kroger Suncrest Town Centre.

Working with Phyllo

Connie McCluskey

Friday, Feb. 7, 10:00 - 11:50 a.m.

Spruce Street United Methodist Church

Materials Fee: \$5.00

Very thin unleavened dough, phyllo can be intimidating, even to experienced bakers. This class will help alleviate your anxieties while making spanakopitákia (little spinach appetizers) together. Please bring a small pastry brush if you have one.

About the Instructor: Connie McCluskey lived in Athens, Greece, for 5^{1/2} years when she was in her 20s and has loved much of Greek cooking ever since.



OLLI members performing old radio show thrillers for an audience of friends and family.

Dinosaurs II

Richard Smosna

Mondays & Wednesdays

Jan. 22 - Feb. 5, 3:00 - 4:50 p.m.

Classroom A



A continuation of OLLI's fall course, Dinosaurs II will discuss current geological ideas on Tyrannosaurus and Brontosaurus, sex among dinosaurs, raising the offspring, the debate over a hot- or cold-blooded physiology, and their final extinction.

About the Instructor: Richard Smosna is an emeritus professor at WVU who has taught geology since the Jurassic Period, presenting courses in environmental hazards, history of Earth, dinosaurs, human evolution, oceanography, and petroleum.

How Trees and Forests Grow

Jim Rentch

Tuesdays, Jan. 21 - Feb. 4

12:45 - 2:35 pm

Classroom B

This course will examine how individual trees grow and physical limits on that growth. We will then look at collections of trees, or forests (stands, in forestry lingo), and see how growth and tree mortality change over the entire life of a stand. The course will use series of time-lapse photographic images of stands to illustrate different stages of forest development.

About the Instructor: Jim Rentch taught lecture- and lab-based forestry at WVU for 16 years. He conducted extensive field research and has authored over 30 scientific papers on forest dynamics.

Spring Wildflowers of the WVU Core Arboretum Lecture

Encore

Zachariah Fowler

Tuesday, Mar. 24, 10:00 - 11:50 a.m.

Classroom A

Participants will learn about the unrivaled display of spring ephemeral wildflowers of the WVU Core Arboretum. This will be a classroom discussion about what spring ephemeral wildflowers are and an introduction to species that occur in the Arboretum.

The Spring Wildflowers of the Core Arboretum Field Trip and Wildflower Identification Using *Newcomb's Wildflower Guide* will be scheduled during OLLI's spring term in April.

About the Instructor: Zach Fowler is Director of WVU Core Arboretum and Clinical Assistant Professor of Biology at WVU. He has a passion for learning about nature in a scientific fashion and for sharing his knowledge with others.



Zach Fowler points out new growth at the WVU Core Arboretum.

The New Yorker **Discussion Group**

Margot Racin, Kristen Cooper
Mondays, Jan. 27 - Mar. 2
10:00 - 11:50 a.m.
Classroom A



Join us to discuss a range of topics from recent issues of *The New Yorker*. Members of the group choose articles, fiction, and topics to be discussed each week. All viewpoints welcome! A subscription to *The New Yorker* is strongly recommended.

About the Instructors: Margot Racin is retired after 30 years in the WVU English Department. She has coordinated these discussions in previous terms and looks forward to even more stimulating discussions. Kristen Cooper is a publicist with experience in the publishing industry at magazines including *The New Yorker*, *Better Homes & Gardens*, *Travel & Leisure*, and *House & Garden*.

The New Yorker **Discussion Group II**

Ann Davidson
Mondays, Jan. 27 - Mar. 2
3:00 - 4:50 p.m.
The Village at Heritage Point

Although held at Heritage Point, all OLLI members are welcome to attend. The class will choose which articles to discuss. Many are pertinent to current affairs and others are just interesting. A subscription to *The New Yorker* is not necessary. Come join us!

About the Instructor: Ann Davidson is retired from 20+ years in medical research at WVU. She was introduced as a teenager to *The New Yorker* by her parents and has enjoyed the articles ever since.

Understanding the Lesbian, Gay, Bisexual, Transgender, or Questioning (LGBTQ)+ Community

Safe Zone Training

Ellen Rodrigues
Wednesday, Jan. 29, 10:00 - 11:50 a.m.
Classroom B

There is pressure today to already know how to be LGBTQ+ inclusive. While many of us want to be, we don't necessarily feel comfortable with the language or with our own level of understanding, and we don't know where to go to learn more. This training is a safe place for you to come to learn more to deepen your understanding of LGBTQ+ identity and issues.

About the Instructor: Dr. Ellen Rodrigues is Assistant Director of the WVU LGBTQ+ Center and Assistant Professor of Women's and Gender Studies.

Faith and the New Sexuality

Wes Bergen, Joseph Hample,
Zac Morton
Wednesday, Feb. 5, 10:00 - 11:50 a.m.
Classroom B

In this class, two pastors and a rabbi will talk about faithful approaches to our changing sexual norms. How do we talk to our queer grandchildren in a way that is faithful to the Bible? How do we talk to (rather than just about) people of shifting sexual identities for which we don't even have categories?

About the Instructors: Rev. Dr. Wes Bergen is Pastor of the Morgantown Church of the Brethren and Rev. Zac Morton is Pastor of First Presbyterian Church. Rabbi Joe Hample leads the Tree of Life Congregation.

Living LGBTQ+: Personal Storytelling with Discussion

Moderator: Mavis Grant-Lilley
Wednesday, Feb. 12, 10:00 - 11:50 a.m.
Classroom B

A panel comprised of members of the LGBTQ+ community, as well as parents and friends, will share their experiences and answer your questions.

About the Moderator: Mavis Grant-Lilley is the Chair of the Education Committee of Morgantown PFLAG (Parents, Friends, of Lesbians and Gays).

OLLI membership has opened a whole new world for me and has given me a challenging and very rewarding activity for my retirement years.

- OLLI member



Enjoying some laughs over the knitting needles.

Unless otherwise noted, the classes will be taught by **Michelle Klishis**, OLLI's professional technologist. Michelle is a jack-of-all-trades and certifiable geek. Her degree in biology and work in a microbiology lab gave her absolutely no preparation for becoming a technology consultant, yet here we are. When not in front of computers, she is likely to be found reading or hiking (current accomplishment: hiking all of the state parks and forests in WV).



Don't Eat a Bowl of Soup While Driving: Safe Driving Strategies for Mature Drivers

Kay Swanson

Tuesdays, Feb. Feb. 11 & 18

12:45 - 2:35 p.m.

Classroom A

Driving means freedom and independence and earning a driver's license is considered a rite of passage. With advancing age, quick reflexes and acute vision that enhanced driving skill will decrease. Are you worried that your family will take your car keys away? This course will introduce strategies to help prolong mature drivers' ability to drive safely.

About the Instructor: See page 20.

Facebook

Thursday, Feb. 27, 10:00 - 11:50 a.m.

Classroom B

Skill Level I

Encore

If you are on any form of social media, you are probably on Facebook. And even if you're not on Facebook, you have almost certainly heard about all the problems Facebook is having with privacy laws and governments around the world. Facebook is in many senses a monopoly, and we are stuck playing in their sandbox, so in this class we'll discuss some of the problems with Facebook, as well as what you can do to help protect your privacy. This class will NOT be held in the computer lab, so you will need to bring your laptop or tablet to class if you want hands-on assistance in changing your Facebook settings.

Social Media Platforms (that are not FB)

Thursday, Feb. 20, 10:00 - 11:50 a.m.

Classroom B

According to Merriam-Webster, social media are forms of electronic communication (such as websites for social networking and microblogging) through which users create online communities to share information, ideas, personal messages, and other content (such as videos). But what does this actually mean? In this course we'll discuss some of the more common social media platforms, why and how they are used, and the basics of keeping yourself safe on social media. As this class will NOT be taught in the computer lab, please feel free to bring a laptop or tablet device so you can check out the sites as we go along. Prior to the course, the instructor will email a list of social media websites so participants will already have the addresses at a click of a link.

Technology Security

Friday, Jan. 31, 10:00 a.m. - 1:00 p.m.

OLLI Computer Lab

Maximum Enrollment: 14

Skill Level I

Encore

"If you are not paying for it, then YOU are the PRODUCT." As more of our lives becomes digitized, it's important to make sure you are being safe with your electronic gadgets and online information. Anti-virus, malware, hacking, identity theft: all of these things make computers and smart phones sound terrifying, but there are simple steps you can take to make your data more secure and to feel more comfortable surfing the web and shopping online.

Using Excel

Mondays, Jan. 27 - Feb. 17

6:00 - 7:00 p.m.

OLLI Computer Lab

Maximum Enrollment: 14

Skill Level III

Fee: \$30 for non-OLLI members

Microsoft Excel is an amazing program that does more things than you might imagine, so it has an overwhelming array of functions and formulas. This course will show you a few basic things that can make your use of Excel easier and more efficient.

For this course you will be expected to be comfortable using the Excel program, including navigating the Office suite, and being able to use tools like autosum, autofill, paste special, and basic filtering.

The course will go over the basics of conditional formatting, time & date calculations, if and count statements, headers & footers, making and formatting charts, and a few other things as time permits, which should allow you to quickly and easily get your workbooks to give you the information you need.

Using Your Android

Tuesdays, Feb. 25 & Mar. 10

10:00 - 11:50 a.m.

Classroom B

Maximum Enrollment: 20

Skill Level I

This course will cover Android OS for phones and tablets. We'll explore the basic knowledge and skills you'll need to use your device effectively and efficiently, from your GPS to installing 3rd party apps.

Classroom AV Training

Monday, Jan. 13, 10:00 - 11:00 a.m.

Classrooms A, B, CL

Skill Level I

This hands-on workshop is open to all instructors and members interested in learning about the equipment and technology available in the OLLI classrooms. New ideas are welcome as we develop quick reference sheets and instruction manuals. Want to teach or host a course and concerned about the technical side? This workshop is for you!

*Free to all
OLLI instructors
& members.*

Using Your Apple iPad/iPhone

John Patrick
Tuesdays, Jan. 28 & Feb. 4
12:45 - 2:35 p.m.
Classroom A

Maximum Enrollment: 10
Skill Level I

This course covers iOS 11 for the iPhone and iPad. We'll look at features of this state-of-the-art operating system and the incredibly useful devices on which it runs. We'll explore the basic knowledge and skills you'll need to use your device effectively and efficiently, like the various gestures you use to control the operating system and how to find and install third-party apps.

About the Instructor: John Patrick has had a career-long interest in using technology to enrich the lives of others. He has used Apple products since 1983 and would very much enjoy assisting others in learning how to use their Apple devices and operating systems.

OLLI Computer Camp with Michelle Klishis

OLLI is offering the Microsoft Office series all in one week this winter, March 2 - 5. Classes will meet in the computer lab. Maximum enrollment is 14 for each class.

Microsoft Office: The Basics

Monday, Mar. 2, 9:30 a.m. - 12:00 p.m.
Skill Level I

The class will take you through commands that are common to all programs in the Microsoft Office suite. We'll look at using the ribbon, shortcuts, formatting text and documents, adding images and more. Even if you have used Microsoft Office in the past, you will still walk out of this class learning something you didn't know.

The class is a required prerequisite for the rest of the Microsoft Office suite.

Intro to Microsoft Word

Tuesday, Mar. 3, 9:30 a.m. - 12:00 p.m.
Prerequisite: Office Basics
Skill Level I

This class will look at making Microsoft Word do what YOU want it to do (instead of Word making you fit into its preferences). We'll cover tricks of moving around and selecting text, how to format the text and layout of a document, as well as using tables and columns. We'll even look at page numbering and tables of contents, all of which allow you to create a document you can be proud of!

Intro to Microsoft PowerPoint

Wednesday, Mar. 4, 9:30 a.m. - 12:00 p.m.
Prerequisite: Office Basics
Skill Level I

If you'd like to teach an OLLI class—or make the class you do teach even better—PowerPoint is the most common tool for giving presentations. This class will show you how to make a slide show, and the tools that exist within PowerPoint that will make giving

your presentation easier. We will also look at how to use PowerPoint to make a photo album—an automatic slide show that displays pictures, such as you might see at a family reunion or wedding.

Intro to Microsoft Excel

Thursday, Mar. 5, 9:30 a.m. - 12:00 p.m.
Prerequisite: Office Basics
Skill Level II

Excel is Microsoft's spreadsheet program, which makes it sound like something for business use only, but Excel is really an amazing organizational tool for information. You can use Excel for address books, tracking daily exercise, maintaining a budget, or even creating a database to keep track of all the books you buy for kids.

Mail Merge & a Look at OneNote

Thursday, Mar. 5, 1:00 - 3:00 p.m.
Prerequisites: Intro to Microsoft Word, Intro to Microsoft Excel
Skill Level II

If you've ever had to send a letter to multiple people—or to address envelopes for a mass mailing—you know how time consuming it can be. Mail merge is a way to take a list of names and addresses and automatically insert them into letters or mailing labels. We'll also take a quick peek at OneNote, Microsoft's notebook program—possibly the most underused but useful program MS has ever created.

Technology Skill Level Key

Level I

No experience necessary. We'll go slowly so you can ask lots of questions. If you fear technology, this is the place for you.

Level II

Still plenty of time for questions but you'll be expected to have a basic understanding and familiarity with the operating system and generally how programs within the operating system work.

Level III

This is no place for the faint of heart. You should be comfortable with navigating the operating system and using programs within that operating system. There will probably be prerequisites.

Croatia for Holiday Pleasures

Wallace Venable

Thursday, Feb. 13, 10:00 - 11:50 a.m.
Classroom B



On this virtual journey, we will stop in Amsterdam to see the Festival of Lights from a canal boat and the World Star Circus at the Carré Theater. Afterwards we fly to Zagreb for two days of the Christmas markets and street activities, then join our GCCL cruise group for Christmas dinner. A bus takes us to the Dalmatian coast, and finally we go by ship to Dubrovnik for the New Year celebrations. Along the way we will enjoy several other ports and see some Greek, Roman, and Venetian ruins.

About the Instructor: Wally Venable has retired from teaching Mechanical Engineering, which allows him to travel. This is the second time he and Norma have visited Amsterdam and Croatia during the winter holidays.

Fall 2019 Celebrations in India: A Personal Video Odyssey

Heimo Riedel

Tuesdays, Feb. 11 - 25, 12:45 - 2:35 p.m.
Classroom B

This presentation will provide a vivid and intimate close-up view of the vibrant and colorful street life of India with high-resolution video clips and sound, often immersed in crowds of people. Highlighting a recent and adventurous trip from Delhi to Calcutta by train, bus, and plane including a visit to Ladakh, the class will focus on festivals and celebrations in Fall 2019.

About the Instructor: Heimo Riedel, PhD, has been a professor at WVU, Wayne State University, and Harvard University, with a focus on cell biology. With an interest in foreign cultures and their history and in the visual arts including photography and videography, he has visited a majority of countries around the world.

The Incas and the Inca Trail

Michael Attfield, Hilary Attfield

Thursdays, Jan. 23 & 30
1:00 - 2:50 p.m.

The Village at Heritage Point

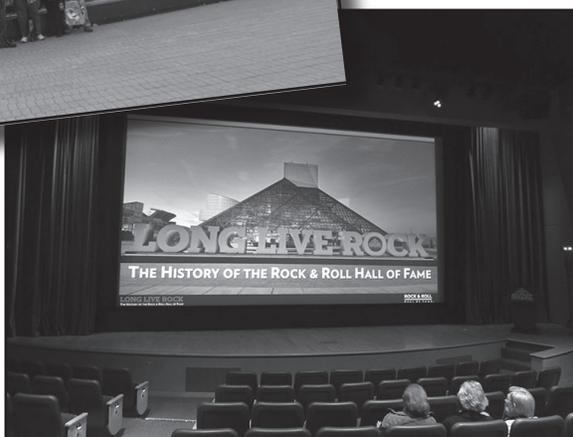
Encore

The class will provide some history of the Incas, including their remarkable empire and their conquest by the Spanish. The main focus will be a hike on the Inca Trail to Machu Picchu undertaken by the instructors in 2006. Our guide took a video of our activities in Cusco, including the Inti Raymi festival and some local Inca historical and other sites, as well as our three-day walk on the trail in the Andes to Machu Picchu. These videos, as well as videos providing information on the life and times of the Incas, will be shown.

About the Instructors: Michael Attfield is an epidemiologist who worked for 34 years researching occupational lung diseases at the National Institute for Occupational Safety and Health in Morgantown. Hilary Attfield was a high school teacher in Scotland and an editor at WVU Press.



OLLI members traveled to Cleveland in November to visit the Rock & Roll Hall of Fame.



Hiking the trails of West Virginia.



Greece Island Hopper
August 21 - 31, 2020

Highlights: Athens, Taverna Dinner Show, Acropolis, Mykonos, Santorini Island Tour, Ancient Akrotiri, Oia

Reservation & Deposit Due:
February 18, 2020
Double occupancy from \$4,999* pp



Magical Christmas Markets of Austria and Germany
December 5 - 12, 2020

Highlights: Innsbruck, Choice on Tour, Seefeld, Carriage Ride, Salzburg, St. Peter's Restaurant, Oberammergau, Munich, Christmas Markets

Reservation & Deposit Due:
June 1, 2020
Double occupancy from \$2,999* pp

* All rates are subject to change based on air inclusive package from PIT

For more information about these trip and others, pick up a brochure in the OLLI Member Lounge or contact the OLLI office at 304-293-1793.



Journey through Southern France from Provence to Bordeaux

October 3 - 12, 2020

Highlights: Saint-Rémy, Provence, Truffle Hunting, Gordes, Avignon, The Popes' Palace, Pont du Gard, Carcassonne, Choice on Tour, Saint-Émilion, Winery Tour, Bordeaux, La Cité du Vin - Wine Museum

Reservation & Deposit Due:
March 1, 2020
Double occupancy from \$4,799* pp

Be an OLLI Ambassador!



Our members are our best recruiters. Share your OLLI experience with a friend.

- Bring a friend to a class
(please pick up a guest pass from the office)
- Offer a catalog
- Suggest a membership*
- Give a gift certificate *(available in the OLLI office)*

*If you refer a friend who purchases a new membership, you will be entered in a drawing to receive a **free term of OLLI courses**. The referral must be confirmed by the new member.

As a non-profit membership organization, OLLI depends on the generous support of our volunteers. Volunteers are the lifeblood of our program, helping to ensure that OLLI is able to provide the highest quality courses, lectures, workshops, trips, and more for our members.

Your volunteer experience can be molded to fit your interests, talents, and schedule. Opportunities may be short-term project-oriented tasks or ongoing general support, team or solo tasks, on-site or in the community. All members have something to offer and are encouraged to share their time and expertise with their peers.

Ambassadors

OLLI Ambassadors help spread the word about our program by sharing their experiences and inviting friends, family, and others to join them for a class.

Board Members*

The Board of Directors is the governing body of OLLI at WVU, providing leadership to committees and staff. With input from the committees, the Board establishes organizational priorities and financial and program policies. Board members are elected by the membership to serve a two-year term and may be re-elected for a second term.

Class Hosts

Class hosts greet members and ask them to sign in as they arrive for a class, remind members to turn off their cell phones, introduce the instructor, assist with class needs, and distribute course feedback forms.

Event Hosts and Staff

OLLI sponsors several open houses and special events throughout the year. Volunteers are needed to assist with shopping, set-up, and greeting visitors before, during, and after the event.

Instructors

Our program depends on the generosity of our volunteer instructors to teach the quality courses and learning experiences offered throughout the year. OLLI instructors, drawn from all walks of life, share their knowledge and expertise of their chosen careers, fields of study, or hobbies about which they are passionate. Free from tests or grades, instructors experience the joy of teaching students who are enthusiastic, engaged and eager to learn.

Office Support

Sometimes we just need a little help around the office. Volunteers can help by refreshing the coffee in the member lounge, answer the phones, making copies, filing, and other light administrative duties.

** To review official descriptions of the OLLI Board of Directors and committees, please refer to the By-Laws, available online at olliatwvu.org, in the OLLI office, or in the member lounge.*

Project Team Member

Perhaps you have a special skill that OLLI could take advantage of for a specific project. Are you fluent in Adobe InDesign or video-editing? Or are you handy with a paint brush or power tools? Do your talents include fundraising or organizing? There are several projects on which we can use your help!

Registration Assistants

The first week of class registration each term is a busy one for the office staff. Volunteers can answer questions and help members register for classes. If you're comfortable with computers and online shopping, we can teach you how you can help.

Standing and Ad Hoc Committees*

OLLI has several standing committees that work together to keep our program running. Which one fits you best?

Curriculum Committee

Not only does this committee review all instructor proposals and discuss the merits of each one before choosing which courses to include in the next term's offerings, it also reaches out to everyone for new ideas and areas of interest. They review suggestions made on the course evaluation forms, review the comments about each course, and discuss policies relating to the curriculum.

Catalog Committee

A sub-committee of the curriculum committee, members review the courses submitted each term for grammar, wording, and consistency; edit the course catalogs; and make suggestions about additional content and design.

Facilities & Technology Committee

Working with the Director, this committee considers what improvements should and/or can be made to our classrooms, member lounge, offices, and storage spaces. They monitor how current space is used and consider future facility and technology needs.

Finance Committee

The finance committee, chaired by the Board Treasurer, develops the annual operating budget to be approved by the membership, reviews OLLI income and expenses throughout the year, and makes recommendations regarding membership and enrollment fees.

Fundraising Committee

In order to keep our member and enrollment fees affordable to all, OLLI relies heavily on contributions from both internal and external sources. Working with the WVU School of Public Health Development Director, this committee is responsible for planning and carrying out an annual fundraising campaign. Identifying and writing grants; recruiting OLLI sponsors; encouraging giving by

members; and promoting annual, legacy, and tribute gift opportunities are important activities with which we need assistance.

Irving Goodman Aging Lecture Series Committee

The Irving Goodman Aging Lecture is an annual event and a highlight of OLLI at WVU. The committee considers topics of interest, researches options, recruits the speaker, and organizes the event each year.

Marketing Committee

In consultation with the Director, the marketing committee creates and implements an annual campaign to recruit new members, form community partnerships, and increase community awareness of OLLI at WVU. Committee members help distribute course catalogs to libraries, senior centers, and other locations; staff tables at health/wellness and senior fairs; and encourage media coverage of OLLI events.

Member Relations Committee

The member relations committee works to increase member retention and works with other committees to address the needs of current members through special programming and membership benefits.

Nominating Committee

This committee meets just a few times a year and is responsible for keeping track of who is a member of the Board of Directors and when his or her term expires. They then brainstorm ideas for new board members and compose a slate to be voted on at the annual meeting in June of each year. The committee also prepares a slate of officers of the board to be voted on at the first meeting of the new OLLI membership year.

Social Events Committee

The social events committee suggests, researches, organizes, and promotes special member events; works with other committees to organize and staff the quarterly open houses; and plans the annual business meeting.

Travel Committee

A sub-committee of the curriculum committee, members will meet to talk about and help organize trips of interest to OLLI members.

How to Become a Volunteer

To become an OLLI volunteer, contact the OLLI office at 304-293-1793 or submit the Volunteer Information Form online at <http://www.olliatwvu.org>.



There's often laughter and shenanigans when you're with friends.

Curious About Teaching for OLLI?

OLLI at WVU draws volunteers from all walks of life to teach a wide variety of courses for adults 50 and older. Although many of our instructors are teachers, professors, or business and civic leaders, many others are community members with a desire to share their knowledge and passion with their peers.

Experience the joy of teaching free of tests and grades.

OLLI classes are offered simply for the joy of learning. Members are enthusiastic, engaged, and eager to learn. And you don't have to grade exams!

Courses are offered during Fall, Winter, Spring, and Summer terms in the areas of arts, literature, history, philosophy and religion, current events, political affairs, science, math, health and wellness, travel, and more. Courses may be from one to six sessions. Most sessions last about two hours.

Most courses are held in the Mountaineer Mall in Morgantown, although OLLI has a branch in Charleston as well.

Interested in teaching for OLLI? Visit our website at www.olliatwvu.org or call the OLLI office at 304-293-1793 for more information.

Register for OLLI Online

Browse the OLLI catalog, purchase or renew a membership, and register for classes and events online.

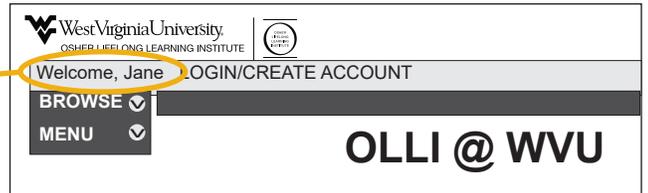
1. Go to olliatwvu.org

2. Click on **Register Here** on the left side of the screen.



3. You will be redirected to <https://wvusph-olli.augusoft.net>
Click on **LOGIN/CREATE ACCOUNT**.

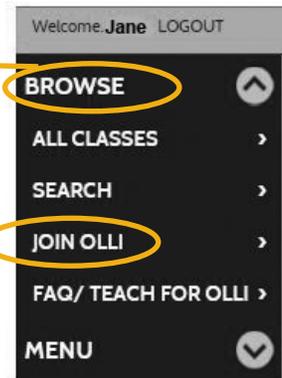
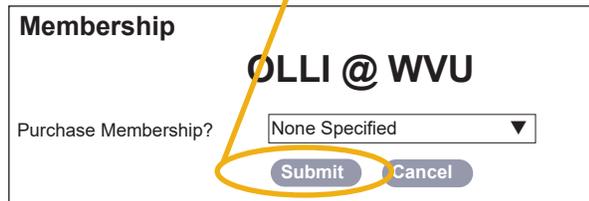
4. If you have been an OLLI member in the last two years, you already have an account.
Contact the OLLI office if you need your username and password.
Please do not create a new account.



5. You will see **Welcome, Your Name** in the gold bar above **BROWSE** on the left side of the screen if your login was successful.

6. Click **BROWSE** to purchase or renew a membership or browse OLLI classes and events.

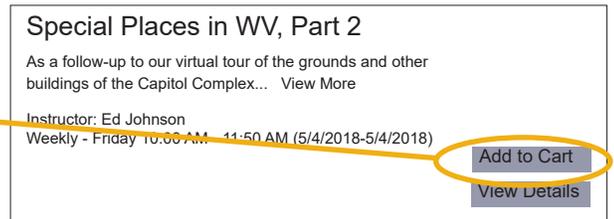
7. If you are purchasing or renewing a membership, click on **JOIN OLLI**, select the appropriate membership and click **Submit**.



8. To register for classes and events, click on **BROWSE**, then **ALL CLASSES**.

If you know the name of the class for which you wish to register, you can type it in the **Search box** in the upper right corner and click on the blue **GO>** button.

10. To select a class or event, click on the **Add to Cart** button on the right side below the class information.



11. When finished making your selections, click on **CHECKOUT** next to the **VIEW CART** on the right in the gold bar.



12. Review your selections and check the box next to **Agree to Refund Policy** to the right of each class on your list.

13. Click on the blue **CHECKOUT** button at the bottom of your order.

If there is a balance due, you will be taken to a screen to enter your credit card information.
If there is no balance due, you will be taken to the Order Complete screen.



Policies and Procedures

Class Disclaimer

OLLI at WVU presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial, or other professional advice and services.

Information presented in an OLLI program should not be used as a substitute for consultation with a professional legal, medical, financial, or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial, or other competent adviser.

All information is provided “as is,” with no guarantee of completeness, accuracy, timelines or of the results obtained from the use of the information, and without warranty of any kind, expressed or implied, including, but not limited to warranties of performance, merchantability, and fitness for a particular purpose. Neither OLLI at WVU nor its information providers will be responsible to any program participant or anyone else for any decision made or action taken in reliance on the information presented by OLLI at WVU, or for any consequential, special or similar damages, even if advised of the possibility of such damages.

Classroom Etiquette

OLLI instructors are volunteering their time and talents. Please be respectful of your course instructors and fellow participants by:

- staying on topic during discussions
- attending only courses for which you have registered
- turning off your cell phone
- not wearing fragrances out of respect for those with allergies
- moving questions/conversations following the stated end time of the class to the hall so the next instructor and class can access the classroom

Exposure to new and different ideas is what OLLI is all about – we encourage you to embrace this philosophy and be respectful in classroom discussions.

Classroom Temperature

To save energy, the classroom thermostats are set to specific temperatures. Please dress accordingly to help make your class experience comfortable.

Liability Disclaimer

Individuals acknowledge and assume any and all risk associated with participation in OLLI at WVU activities. OLLI at WVU makes no representation regarding the appropriateness of any activity for an individual. OLLI at WVU disclaims any and all liability for each individual's participation in any activities. If a course involves physical activity, participants are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended that participants consult their physician before participating in physical activity.

Media Releases

Media releases are available and kept on file in the OLLI office. Please be sure to fill one out and let us know if you do not want to be shown in OLLI photographs and media.

Non-Discrimination Statement

WVU is an EEO/Affirmative Action Employer. Underrepresented class members are encouraged to apply. This includes minorities, females, individuals with disabilities, and veterans.

Personal Assistive Hearing Devices

OLLI classrooms A and B are now equipped with personal assistive hearing devices for member use. A small personal receiver enhances sound projected through the audio-visual system in the classroom. Users may choose to use ear-buds, surround earphones, or a headset. Some hearing aids are able to use a neckloop telecoil coupler. To use a personal assistive hearing device, come to the OLLI office prior to your class to sign one out.

Refunds

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.

Weather and Holiday Policy

OLLI members are personally responsible for their own safety and must exercise good judgment when making travel choices in inclement weather. When West Virginia University, Monongalia or Kanawha County Schools are closed for inclement weather, OLLI activities are cancelled. County school delays do not affect OLLI activities. The decision to cancel activities is at the discretion of the Director when a county calls for early dismissal due to the weather. The decision to cancel weekend activities due to weather is at the discretion of the instructor. Registered participants will be notified. The OLLI office observes WVU holidays.

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Morgantown, WV 26506-9123



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OLLI at WVU - Your Next Adventure Begins Here

Winter Registration Begins January 6

Phone: 304-293-1793

Website: www.olliatwvu.org

Email: olli@hsc.wvu.edu

Benefits of OLLI Membership

Staying intellectually stimulated and socially active are proven components of healthy aging. Membership in OLLI provides these benefits through:

- More than 200 courses and activities per year in such areas as the arts, health and wellness, humanities, math and science, technology, and more.
- Social events
- Travel programs
- Interest Groups
- Volunteer opportunities