



OLLI @ WVU

Your Next Adventure Begins Here!

Summer 2019 Morgantown Course Catalog
July - September
www.olliatwvu.org

About OLLI at WVU

The Osher Lifelong Learning Institute at West Virginia University, known as OLLI at WVU, provides programs and educational opportunities designed for adults 50 and over.

OLLI at WVU, a membership organization affiliated with the School of Public Health, recognizes the unique experiences, capabilities, and wisdom of mature members of the community. OLLI at WVU emphasizes the sharing of ideas through peer learning, member participation, and collaborative leadership.

During four terms each year, OLLI at WVU offers courses, lectures, seminars, and field trips in such areas as music, literature, art, science, politics, nature, history, health, medicine, technology, and economics. Live drama, movies, and interest groups add to the choices.

Courses are developed and taught by volunteers from the community who are passionate about their topics, avocations, and interests and who love to share their ideas.

Free from the pressures of tests and grades, OLLI members are learning simply for the joy of it.

Supporters

OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:

- The Bernard Osher Foundation
- West Virginia University, President's Office
- WVU Foundation
- WVU School of Public Health (SPH)
- OLLI Board Members, Committee Members, and Volunteers
- OLLI \$100K Club, Donors, and Sponsors
- Our Distinguished Instructors
- OLLI Members

The Bernard Osher Foundation

The Bernard Osher Foundation seeks to improve quality of life through the support of lifelong learning institutes such as OLLI at WVU. The Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. The Foundation has now funded 123 Osher Lifelong Learning Institutes on campuses of colleges and universities from Maine to Hawaii. Funding for OLLI is contingent upon membership growth goals, so **membership matters**. To learn more about The Bernard Osher Foundation, please visit their website at www.osherfoundation.org.

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Diane Cale, Program Assistant

OLLI stimulates one's mind with great courses and provides social interaction to enliven the whole person.

- OLLI member

From Our Director

Greetings from the Osher Lifelong Learning Institute at West Virginia University! I'm pleased to welcome everyone to another awe-inspiring year of discovery, creativity, and adventure.

Our summer session, beginning in early July, is filled with opportunities to expand your horizons, test your boundaries, explore your own backyard, and have a little fun while you're at it. In this catalog, you will find 40 different classes, workshops, lectures, discussion groups, and field trips for our members to enjoy through the end of September. But there's more to come! At the time of publication, we have two or three more opportunities in the works. Be sure to watch the OLLI Friday eBulletin for information about these additional classes. If you do not receive the Friday eBulletin in your email, contact the OLLI office and we'll put you on the list!

As a membership organization dedicated to enhancing the quality of life for older adults in Morgantown and the surrounding communities, OLLI welcomes everyone with a passion for learning and a curiosity about what's next. With no tests, grades, or educational requirements, this is learning for the joy of it!

In addition, OLLI membership offers the opportunity to meet new people and develop new friendships through social interaction and shared experiences.

I look forward to seeing you in class!



Jascenna Haislet

Director
OLLI at WUV

OLLI @ WVU *Because Curiosity Never Retires!*



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Be an **OLLI Ambassador!**

**Our members are our best recruiters.
Share your OLLI experience with a friend.**

- Bring a friend to a class (*please pick up a guest pass from the office*)
- Offer a catalog
- Suggest a membership*
- Give a gift certificate (*available in the OLLI office*)

*If you refer a friend who purchases a new membership, you will be entered in a drawing to receive a **free term of OLLI courses**. The referral must be confirmed by the new member.

OLLI Membership

Membership is open to curious adults interested in programming designed specifically for those 50 and over who want to engage socially and intellectually.

The Benefits of OLLI Membership

- The opportunity to learn and to meet new friends.
- Discounts on travel and various events around the community.
- At least one free Special Member Event per term.
- Access to the OLLI collection of Great Courses DVDs and books.
- Access to OLLI Member Lounge and Computer Lab.
- Quarterly OLLI Connections newsletter and weekly email bulletin.
- A voice in OLLI governance and invitation to the OLLI Annual Meeting.
- The right to run for the OLLI Board or serve on a committee.
- The right to be added to a course wait list.
- Free parking at the Mountaineer Mall.
- Financial assistance for registration fees.

Annual membership

is \$30

Membership year runs
July 1st to June 30th.

Term Registration Fee

- OLLI members may register for **unlimited courses for \$30 per term**.
- Other fees may apply and are noted on individual courses, events, or groups.
- **Special Member Events are free** to all current OLLI members unless otherwise noted.

Discounts are available for our volunteer instructors.

Contact the OLLI office at 304-293-1793 for more information.

Financial Assistance Available

OLLI at WVU tries to keep fees to a minimum while providing the highest quality experiences to our members. However, we recognize that membership and registration fees may be out of the reach of some individuals. Therefore, scholarships are available. To apply, ask for a confidential application at the OLLI office or fill out the form on our website at www.olliatwvu.org.

How to Register

Summer term runs July 1st through September 29th. Most programming is scheduled between July 8th and August 17th. To register, you must have a current membership and have paid the required fees for the term.

Individuals may purchase or renew a membership and register for classes in any of the following ways:

- Online at www.olliatwvu.org using Augùsoft Lumens.
See page 26 for detailed instructions to register online.
- In person at the OLLI office at the Mountaineer Mall in Morgantown.
- By mail, using the enclosed membership/registration form.
Mail the form to:

OLLI at WVU
PO Box 9123
Morgantown, WV 26506-9123

Please make checks payable to the WVU Foundation.

If you pay with a credit or debit card, the charge will show as: Nesius West Virginia Treasury Basics

Summer Registration begins June 17, 2019

Registration & Attendance Matter

We understand that plans change, especially when you're asked to commit to something several weeks in advance. However, it is important to register for the classes that you wish to attend. Enrollment records help us demonstrate our members' active participation in the program when seeking funding from grant-makers and policy-makers. Also, we occasionally have classes which fill quickly so one that you wish to attend may already have a wait list.

If you are unable to attend a class for which you are registered, please notify the OLLI office. Another person may be anxiously awaiting your cancellation so that he or she may participate in the class.

Please be respectful of the time and efforts of our volunteer instructors and your fellow OLLI members.



Look for this icon next to the course titles beginning on page 16!

This indicates that the instructor is a member of the OLLI Honor Roll and has taught at least 10 courses and 60 class session hours. If more than one instructor is listed, the Honor Roll member is in **bold**.

Mark Your Calendars!

Other Important Dates

June 17	Summer registration begins
June 19	OLLI Annual Meeting
July 8	Summer term begins
July 12	Board meeting
July 13	Fall course proposals due
August 9	Board meeting
September 16	Fall registration begins
September 30	Fall term begins

Your OLLI Name Badge

OLLI provides a name badge on a lanyard for each of our members. Please wear your badge when you attend OLLI classes and events. It helps us get to know each other!

New members can pick up their name badge in the member lounge and then keep it. If you need a new badge, please visit the OLLI office.

Contact Us

Physical Address:
Osher Lifelong Learning Institute
at West Virginia University
Mountaineer Mall, Suite C-17
5000 Green Bag Rd.
Morgantown, WV 26501

Mail Address:
OLLI at WVU
PO Box 9123
Morgantown, WV 26506-9123

(304) 293-1793
www.olliatwvu.org
Email: olli@hsc.wvu.edu
Like us on Facebook at
Osher Lifelong Learning at WVU

OLLI Office Hours

9:00 a.m. - 5:00 p.m.
Monday - Friday
Closed Saturdays, Sundays,
and University holidays

***Can't make it to
your class?***

Please call the OLLI office
at 304-293-1793
to let us know so we can
open your seat to
someone on the wait list!



The Village at Heritage Point

Inspired senior living in the heart of Morgantown

**The Village at Heritage Point is proud
to be a sponsor of OLLI at WVU.**

Please call 304-285-5575 or
visit www.Heritage-Point.com

Want to join the growing list of
OLLI business partners and sponsors?

Contact Jascenna Haislet, Director,
[at jascenna.haislet@hsc.wvu.edu](mailto:jascenna.haislet@hsc.wvu.edu)



Harmony at Morgantown

***Supporting OLLI at WVU
& lifelong learning in Morgantown***

Harmony at Morgantown
(304) 212-4939
harmonyatmorgantown.com

Giving to Your OLLI

The Osher Lifelong Learning Institute at WVU is dedicated to providing the highest quality educational, recreational, and social opportunities possible to our members. For many years, we have been able to offer 200 or more classes, workshops, lectures, discussions, and field trips annually.

In order to sustain and grow the program, your financial support is needed. Although OLLI receives support from WVU and earnings from the Osher Endowment, this funding covers only about 50% of our expenses. Membership and registration fees cover another 25%. Therefore, the remaining 25% must be raised through donations, gifts, sponsorships, and grants.

Your donation to OLLI can help keep the lights on in the classrooms, support community outreach, provide hand-outs in a class, buy coffee for our member lounge, pay the printing and postage for course catalogs, and more.

Thank You to Our Donors

As OLLI at WVU strives to achieve financial sustainability, we would like to say Thank You to all who have given so generously this year. The following reflects donations processed between July 1, 2018, and May 1, 2019, per the WVU Foundation. If your name is not listed and you believe it should be, please call the OLLI office at 304-293-1793.

Robert & Aurie Acciavatti	Susan Dotson	Lillian Kelly	Joseph Paull &
Donna M. Allen	Susan Dragovich	Emory & Janet Kemp	Eleanor Grubbs Paull
John D. & Joyce B. Allen	Richard & Barbara Eller	Beverly Kerr	John Pearson
Rudolph & Helen Almasy	David P. Elliott	Yvonne Khourie	Diane Pennington
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James Brannon	Joseph & Kay Goodwin	Stephen & Connie McCluskey	David & Amy Shapiro
Mary Roberta "Bobbie" Brandt	Denise S. Gwinn	Clark & Allyson McKee	Leonard & Eleanor Simmons
Bonnie Brown & Jim Held	Susan Haddad	Dale & Carolyn McVicker	Gordon S. Smith
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Kenton & Madeline Colvin	H. Summers Harrison	Robert W. & Miriam Miller	Gordon S. Smith
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Roger & Charlotte Dalton	Jascenna Haislet	Morgan Mike & Nancy Mosser	Kenneth & Louise Veselicky
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Patrick & Allison Deem	Pat Jenkins	Byron & Carolyn Nelson	Stephen J. Wetmore
Janice F. Denison	Edwin Johnson	Allison Nicho0ls	Grace J. Wigal
Nancy L. Diener	Kathryn J. Kay	Cindy O'Brien	Judith S. Wilkinson
Judith R. Dinsmore & Alvin D. Howell		James D. Olson	Linda K. Yoder

OLLI members and friends may give during the Annual Giving Campaign, when you renew a membership or enroll for classes, or any time during the year. You may choose to set up a monthly recurring gift. You can choose to designate your gift to OLLI's area of greatest need, the \$100K Club, the scholarship fund, or the OLLI endowment. You may choose to leave a Legacy Gift, make a Tribute Gift, or give through an IRA Charitable Rollover.

With a variety of giving options, you can choose the gift that works best for you.

For more information, call the OLLI office at 304-293-1793 or Karen Galentine (kegalentine@hsc.wvu.edu) at 304-293-1828. To give today, visit <https://give.wvu.edu/public-health-olli> or add your tax-deductible donation to the enclosed class registration form.

Thank you for your continued support of lifelong learning and OLLI at WVU.

Over the past three years, OLLI has been working to incorporate improved technology into our operations and create a stronger online presence. By doing so, we are working to provide a better experience for our members while reducing our carbon footprint. Below are some of the resources available to OLLI members. If you have questions or need assistance accessing these resources, please call the OLLI office at 304-293-1793.

OLLI Website

The OLLI@WVU website (<https://olliatwvu.org>) is your resource for a great variety of information about our program, including class schedules, OLLI news, class handouts, FAQs about teaching, the OLLI member handbook, travel opportunities, minutes from board meetings, and much more. You can also access our registration site, <https://wvusph-olli.augusoft.net/>, from olliatwvu.org.

Friday E-bulletin

Every Friday morning, we send out a weekly email bulletin to let you know about upcoming events, as well as a digest of the next week's classes, meetings, and events. We strongly encourage you to join our ListServ so you're always in the know.

OLLI does not share your email address with anyone. We use your address only to inform you of news and upcoming events. Make sure you're signed up for our mailing list so you don't miss any special news or added classes.

OLLI Connections

OLLI Connections is a quarterly email newsletter sent to all members. If you do not have an email address, you can request to be sent a paper copy.

OLLI on Facebook

Follow OLLI on Facebook at Osher Lifelong Learning Institute at WVU. Find out when the latest catalog will be available online, see pictures from classes, learn about special events, and read interesting articles from a variety of sources.

Online Registration

You can register for your classes online at <https://wvusph-olli.augusoft.net/>. Instructions can be found on page 26. If you've forgotten your username, that's ok! If you've forgotten your password, that's also ok! There are links for recovering both on our website, so as long as you know your email address, you can get back in.

This online registration system has allowed us to do away with paper receipts, so your receipts are sent directly to your inbox. Please double check to make sure your email address is correct in our system!

Please note that this portion of the WVU OLLI website is run by a third party, so the URL (web address) will be different for online registration than for the main OLLI website.

Class Materials Online

We have created an online repository for class handouts: <https://olliatwvu.org/for-members/member-resources/document-repository/>. This page contains course handouts that instructors have given permission for posting, as well as technology-related handouts we hope you will find useful.

The technology handouts have hyperlinked indexes (so you can just click on a link to jump to the bit you want to learn about) and are regularly updated so you can always access the most up-to-date information we have available.

Go Green!

You can opt out of receiving our printed catalog. All classes and special events are listed on the OLLI registration site, and courses that are added after the catalog goes to print will be there as well. Members who opt out of the printed catalog will receive a PDF (electronic) copy of the catalog as soon as it is sent to the printer, even before it goes out in the mail.



OLLI classes are thought-provoking and inspiring.

Summer 2019 Schedule at a Glance

Page #	Day, Time	Sessions	Date(s)	Location
20	<u>Monday, 10:00 a.m. - 11:50 a.m.</u> <i>The New Yorker Discussion Group (Racin)</i>	6	July 8 - Aug. 12	A
22	<u>Monday, 12:45 p.m. - 2:35 p.m.</u> <i>Iceland: Land of Fire and Ice (Long)</i>	1	July 8	Other
15	<i>Yarn Arts Group</i>	ongoing	July 8 - Sept. 23	B
19	<i>Lakes and Reservoirs (Tomkowski)</i>	1	July 15	A
22	<i>Hiking WV State Parks and Forests (Klishis)</i>	2	July 22 & Aug. 5	A
15	<u>Monday, 1:00 - 2:00 p.m.</u> <i>Irving Goodman Aging Lecture: Steve Thaxton</i>	1	Sept. 16	B
20	<u>Monday, 3:00 p.m. - 4:50 p.m.</u> <i>The New Yorker Discussion Group II (Haislet)</i>	6	July 8 - Aug. 12	Other
20	<u>Monday & Wednesday, 3:00 p.m. - 4:50 p.m.</u> <i>Geological History of Planet Earth: Plate Tectonics (Smosna)</i>	4	July 8 - 17	A
14	<u>Tuesday, 8:00 a.m. - 7:00 p.m.</u> <i>Green Bank Observatory</i>	1	Aug. 27	Other
21	<u>Tuesday, 9:30 a.m. - 12:30 p.m.</u> <i>Technology Security (Klishis)</i>	1	Aug. 6	CL
21	<u>Tuesday, 10:00 a.m. - 11:50 a.m.</u> <i>Classroom AV Training (Klishis)</i>	1	June 25	All
16	<i>Popular Songs of the Tin Pan Alley Era (Horacek)</i>	1	July 9	A
18	<i>Yoga for Wellness (Hnizdo)</i>	6	July 9 - Aug. 13	MDS
22	<i>From Russia with Love (Morris, Morris)</i>	2	July 16 & 23	B
18	<u>Tuesday & Friday, 12:45 p.m. - 2:35 p.m.</u> <i>More Eat Right Eat Well (Cohen, Cohen)</i>	4	July 16 - 26	A
18	<u>Tuesday, 12:45 p.m. - 2:35 p.m.</u> <i>Historic Oak Grove Cemetery (Grimm, Venham)</i>	1	July 9	A
17	<i>Evaluating Online Health Information (Desouky)</i>	1	July 30	A
17	<i>Weird String Instruments (Venable)</i>	1	July 30	B
20	<i>Microscope Exploration (Fowler)</i>	2	Aug. 6 & 13	B
14	<u>Tuesday, 1:00 p.m. - 2:00 p.m.</u> <i>Ask a Geek (Klishis)</i>	ongoing	July 9, 23, Aug. 13, Sept. 10 & 24	CL
16	<i>Ancient American Art (Cleveland Art Museum)</i>	1	July 16	B
16	<u>Tuesday, 1:30 p.m. - 4:00 p.m.</u> <i>Basic Watercolors (Witt)</i>	ongoing	July 2 - Sept. 24	MAAG
20	<u>Tuesday, 3:00 - 4:50 p.m.</u> <i>Share More Stories (Rosenbluth)</i>	3	July 11, 25, & Aug. 1	B
14	<u>Wednesday, 9:00 a.m. - 7:00 p.m.</u> <i>An Afternoon of Inspiration</i>	1	Aug. 21	Other
19	<u>Wednesday, 10:00 a.m. - 11:50 a.m.</u> <i>WV Folklife Center (Kirk)</i>	1	July 10	Other
21	<i>The Digital Branch @ MPL (Palfrey)</i>	1	July 17	A
18	<i>The Golden Spike - Connecting East and West (Colvin)</i>	4	July 24 - Aug. 7	A
19	<i>Pearl S. Buck at Cornell (Cole)</i>	1	July 24	B
18	<u>Wednesday, 12:45 p.m. - 2:35 p.m.</u> <i>The Puzzle Called Autism (Allen)</i>	1	July 17	A
22	<i>Special Places in WV: Famous Places, Part 3 (Johnson)</i>	2	July 31 & Aug. 7	B
21	<i>Protecting Yourself from Scams (Krushansky)</i>	1	Aug. 14	A

Page #	Day, Time	Sessions	Date(s)	Location
17	<u>Wednesday, 3:00 p.m. - 4:50 p.m.</u> WVU Art Museum Exhibitions	1	July 24	Other
16	<u>Thursday, 10:00 a.m. - 11:50 a.m.</u> Smokey Robinson (Wendell)	6	July 11 - Aug. 15	A
15	Writers' Interest Group	ongoing	July 11 - Sept. 26	B
	<u>Thursday, 12:45 p.m. - 2:35 p.m.</u>			
21	What Do We Mean When We Talk About Social Media? (Klishis)	2	July 11 & 18	B
17	Fall Risk Assessment and Prevention (Benezra)	1	July 18	A
	<u>Thursday, 6:35 p.m. - 10:00 p.m.</u>			
14	OLLI at the Ball Park	1	Aug. 8	Other\
	<u>Friday, 10:00 a.m. - 11:50 a.m.</u>			
21	Using Your Apple iPad and iPhone (Henderson-Stone)	2	July 19 & 26	B
	<u>Friday, 10:00 a.m. - 1:30 p.m.</u>			
14	Adventure WV Zip Line	1	Aug. 2	Other
	<u>Friday, 12:45 p.m. - 2:35 p.m.</u>			
16	Western Art and Music Influences on Japan (Kondoh)	1	Sept. 6	B
	<u>Friday, 12:45 p.m. - 4:00 p.m.</u>			
16	Film Forum: Summer Musicals (Held)	8	July 12 - Aug. 30	B
	<u>Saturday, 10:00 a.m. - 10:50 a.m.</u>			
17	Introduction to Tai Chi and Qigong (Myers)	6	July 13 - Aug. 10	B
	<u>Saturday, 11:00 a.m. - 11:50 a.m.</u>			
17	Intermediate Tai Chi (Myers)	6	July 13 - Aug. 10	B

***Additional offerings for the summer are being planned.
Watch OLLI's Friday eBulletin for announcements!***

Classroom Key

All classes are held in the Mountaineer Mall in Morgantown, unless otherwise stated.

A - Classroom next to the OLLI office.

B - Classroom under the OLLI sign.

CL - Computer Lab, first door on the left down the hall next to B, near the restrooms.

CR - Mountaineer Mall Community Room, next to Senior Monongalians.

FT - Meet outside of Mountaineer Mall South Entrance doors.

MAAG - Morgantown Art Association & Gallery, Mountaineer Mall.

MDS - Morgantown Dance Studio, Mountaineer Mall.

Other - See course description for location.

***OLLI members may enroll
for any OLLI class,
regardless of class location.***

Special Member Events and Opportunities

**Special Member Events, unless otherwise noted, are free or discounted for current OLLI members!
Payment of term enrollment fee is not required.**

Ask a Geek

Michelle Klishis

Tuesdays, July 9, 23, August 13, September 10 & 24

1:00 - 2:00 p.m.

OLLI Computer Lab

Sometimes you have questions about technology that don't fit into a specific class or course or maybe you just have something that is driving you crazy. For those times, OLLI's Professional Technologist, Michelle Klishis, has created a regular technology question & answer session.

Be aware that sometimes the answer is "No, you can't do that," and sometimes the answer is, "I don't have a clue." As long as you're okay with getting "No" for an answer, Michelle is willing to field any and all questions. Also, feel free to send an email ahead of time if you think your question is going to be really complicated or beyond the scope of an hour-long session. Reach out to olli@hsc.wvu.edu with the subject Geek Question.

No question is too small or too silly to answer! And even if you think you don't know enough to ask your own question, you can usually learn a lot listening to someone else's questions! And Michelle can always ramble on about any tech topic if you get her started.

As a warning, Michelle's strengths are Android phones, Windows PCs, MS Office software, and digital security and privacy. Her weaknesses are Apple products and AV equipment. (i.e. Apple questions are most likely to be answered, "I don't know, I'll have to look into it.")

Adventure WV Zip Line

Friday, August 2, 10:00 a.m. - 1:30 p.m.

WVU Outdoor Education Center

OLLI members: \$35 Non-members: \$40

Reservation deadline: July 17. Payment due at the time of reservation. No refunds after July 17.

The Adventure WV canopy tour is comprised of 4 zip-lines, 7 tree-based platforms, an aerial bridge, aerial ladder and a rappel station to exit the course. Each zip or leg of the course ranges in length from the 201' starting zip, to the 980' zip at the conclusion of the course. Participants will rappel 45' from the final platform to the ground. After exiting the course, participants will hike from the base of the final tree back to the equipment shed on an interpretive nature trail (approximately 10 mins on a moderate trail).

OLLI at the Ball Park

Thursday, August 8, 6:35 - 10:00 p.m.

Monongalia County Ball Park

OLLI Members: \$9.50 Non-members: \$10.50

Reservation deadline: July 29. Payment due at the time of reservation. No refunds after July 29.

Join OLLI for an evening of baseball this summer as the Black Bears, West Virginia's own minor league team and affiliate of the Pittsburgh Pirates, take on the Williamsport Crosscutters. Bring your family and friends!

An Afternoon of Inspiration

Wednesday, August 21, 9:00 a.m. - 7:00 p.m.

Pittsburgh, PA

OLLI Members: \$50 Non-members: \$55

Reservations deadline: August 5. Payment is due at the time of reservation. No refunds after August 5.

Join OLLI for a bus trip to Pittsburgh to visit the University of Pittsburgh Nationality Rooms and the Carnegie Science Center to see *Da Vinci, the Exhibition*.

Located in the University of Pittsburgh's Cathedral of Learning, the Nationality Rooms were designed to represent the culture of various ethnic groups that settled in Allegheny County. Representing 30 countries and cultures, the rooms are still used as University classrooms today. OLLI members will have a guided tour of the rooms.

Then we'll travel to the Carnegie Science Center to see a limited engagement exhibition featuring more than 60 fully built life-size inventions and 20 recreations of paintings and anatomy sketches by Leonardo da Vinci, the original Renaissance man.

Pack a lunch to eat along the Ohio River on the Three Rivers Heritage Trail or visit the RiverView Café at the Science Center.

Green Bank Observatory

Tuesday, August 27, 8:00 a.m. - 7:00 p.m.

Green Bank, WV

OLLI members: \$55 Non-members: \$60

Reservation deadline: August 12. Payment due at the time of reservation. No refunds after August 12.

OLLI members will travel by bus to Green Bank, WV, to visit the Green Bank Observatory. Starting at the Science Center, we will take a guided tour to explore the world of radio astronomy, including a trip into the electronics-restricted Zone I to see the world's largest fully-steerable telescope, the Robert C. Byrd Green Bank Telescope. Lunch is included.

Community Events

*These events, hosted by OLLI at WVU, are free and open to the public.
OLLI membership not required although reservations are encouraged.*

Irving Goodman Aging Lecture Series

13th Annual Lecture

Steve Thaxton

Executive Director

National Resource Center for
Osher Lifelong Learning Institutes

Monday, September 16

1:00 - 2:00 p.m.

Classroom B

The National Resource Center (NRC) for Osher Lifelong Learning Institutes is administered by the School of Professional Studies on the downtown Chicago campus of Northwestern University. The NRC serves as the convening center for the network of 123 independent Osher Lifelong Learning Institutes (OLLIs) on university or college campuses throughout all 50 states.

The mission of the National Resource Center is to help OLLIs thrive by connecting OLLIs to each other and to resources, collaborating with OLLIs and partner organizations, consulting with OLLI leaders to find solutions, and celebrating the camaraderie and growth of OLLIs and their members. The NRC fulfills its mission through a variety of projects and services, such as planning national conferences; producing webinars and trainings for OLLI staff and volunteers; conducting research on lifelong learning and purposeful aging; and highlighting OLLI successes through social media, a monthly newsletter, and this website.

The NRC is not a governance body, but is a center for excellence and dissemination of information on effective educational programming for older adult lifelong learners. Furthermore, the NRC exists to facilitate the exchange of opinions, solutions and experiences among institutes throughout the country so that all can benefit.

The Bernard Osher Foundation designated and funded Northwestern University as the host of the National Resource Center for Osher Lifelong Learning Institutes in October 2014. The NRC was previously located at the University of Southern Maine from 2004 until 2014.

Steve Thaxton joined Northwestern University School of Professional Studies as the executive director of the National Resource Center (NRC) for Osher Lifelong Learning Institutes (OLLI) in February 2015. He brought over 15 years of senior executive management and leadership experience from the media and broadcasting industry. Mr. Thaxton has led media organizations in change management, program development and multi-platform growth through digital and new media products. He's also served as an advisor and board member for numerous not-for-profit organizations, such as the United Way of Greater Portland, the Salvation Army, Southern Maine Community College and the University of Southern Maine. He earned his MS in adult and higher education from the University of Southern Main in 2015.

*A Taste of OLLI Fall Open House
will be held following lecture.*

Volunteer for OLLI

As a non-profit membership organization, OLLI depends on the generous support of our volunteers. Volunteers are the lifeblood of our program, helping to ensure that OLLI is able to provide the highest quality courses, lectures, workshops, trips, and more for our members.

Your volunteer experience can be molded to fit your interests, talents, and schedule. Opportunities may be short-term project-oriented tasks or ongoing general support, team or solo tasks, on-site or in the community. All members have something to offer and are encouraged to share their time and expertise with their peers.

How to Become a Volunteer

To become an OLLI volunteer, contact the OLLI office at 304-293-1793 or submit the Volunteer Information Form online at <http://www.olliatwvu.org>.

OLLI Interest Groups

OLLI Interest Groups are open to all OLLI members for \$10 per term per interest group. If a member is taking additional OLLI classes and has therefore paid the \$30 term registration fee, the Interest Group fee is waived.

Yarn Arts Group

On Mondays from 12:45- 2:35 pm in Classroom B, join others to share ideas, patterns, and workshop information and to support each other in knitting, crocheting, needle-point, and other yarn and thread arts.

Writers' Interest Group

Having a hard time finding time to work on your life story, novel, poetry, journal, or letters? Come write in a quiet, comfortable, supportive environment. Bring paper, pen, laptop, etc. There will be at least 1.5 hours of quiet writing time each session.

Thursdays, 10:00 - 11:50 a.m. Classroom B

Ancient American Art: The Aztecs and Their Ancestors

Cleveland Art Museum Staff
Tuesday, July 16, 1:00 - 2:00 p.m.
Classroom B

A distance learning presentation by the Cleveland Art Museum, this class will introduce the art of selected cultures in ancient Mesoamerica. Objects of ceramic, gold, and stone shed light on religion and rulership among the Aztec, Maya, and others in the centuries before European contact.

Basic Watercolors

Susan Hall Witt
Tuesdays, July 2 - September 24
1:30 - 4:00 p.m.
MAAG
Maximum Enrollment: 15

The class will explore how watercolors work and will apply that knowledge to painting greeting cards and small works. No experience is needed and no supplies are necessary for the first couple of lessons. Participants from previous sessions are welcome as we will expand our knowledge and apply it to more advanced work.

About the Instructor: Susan Hall Witt is a stained glass and watercolor artist. She teaches stained glass for the community schools program and continues to take classes and workshops to improve her skills.



Explore your creativity with OLLI at WVU.

Film Forum: Summer Musicals

James Held
Fridays, July 12 - August 30
12:45 - 4:00 p.m.
Classroom B



For the second year, we'll watch all musicals, old and new, including: *Gigi*, *Singin' in the Rain*, *Thoroughly Modern Millie*, *Camelot*, a Fred & Ginger Classic, *O' What a Lovely War*, *Oliver!*, and *Les Misérables*. In part, we celebrate Jim's 51st OLLI class, Jim and Bonnie's 50th anniversary, the artistry of the late Carol Channing, the end of World War I, and any other event we need to remember!

About the Instructor: Following his wasted youth in dark movie houses, Jim studied English, Theater, some History and Scenic Design, at long last managing to acquire a Bachelor's degree and two graduate degrees. He spent 35 years teaching at WVU's College of Creative Arts until starting at OLLI in 2006 and retiring in 2013. House lights, please!

Popular Songs of the Tin Pan Alley Era

Leo Horacek
Tuesday, July 9
10:00 - 11:50 a.m.
Classroom A



Twentieth-century songs, mostly from the WWII era, represent a kind of pinnacle of popular song achievement. The class will examine words and hear music of an assortment of the best songs of the period.

About the Instructor: Dr. Horacek is a retired professor of the WVU music department.

Smokey Robinson

Barry Wendell
Thursdays, July 11 - August 15
10:00 - 11:50 a.m.
Classroom A



Explore the history of the legendary Smokey Robinson from the late 1950s through Motown to the present. This Grammy Award-winning artist is a singer, composer, and producer.

About the Instructor: Barry Lee Wendell has taught classes at OLLI about pop music from 1960-1965, The British Invasion, The Beach Boys, Motown, The Brill Building, and most recently, The Great Hits of 1966. While Barry uses YouTube videos for most of his classes, he has an extensive collection of records, tapes and CDs.

Western Musical Influences on Japan Since Commodore Perry

Akina Kondoh
Friday, September 6, 12:45 - 2:35 p.m.
Classroom B

Japan opened itself to the West when Commodore Perry visited Tokyo Bay in 1853 and began to absorb Western influences. The country absorbed not only technology, economic, and political systems but Western music as well. This process transformed the musical scene of ordinary people and has produced many interesting composers and performers.

About the Instructor: Akina Kondoh is a doctoral student in piano performance at West Virginia University. She is originally from Japan. She got a BA in Political Science, an MA in International Relations from University of Tokyo, and a MSc in Economics from University of Essex but changed majors to music following her passion after she came to the U.S.

The Arts

Weird String Instruments

Wally Venable
Tuesday, July 30
12:45 - 2:35 p.m.
Classroom B



This class will tour the world of unusual string instruments, primarily via videos. We will see some ancestors of our violins and guitars like the Crwth and Oud and keyed instruments like the Hurdy Gurdy and Nyckelharpa; also some "near cousins" like the Norwegian Hardanger Fiddle and the Octobass. Then, of course, we'll see some modern eccentrics and experiments both with and without electronic enhancements.

About the Instructor: Wally Venable has been playing with making musical instruments for about 60 years. During the past year he has also visited several major musical instrument museums.

WVU Art Museum Exhibitions

Wednesday, July 24, 3:00 - 4:50 p.m.
WVU Art Museum

OLLI members will enjoy a docent-led tour of the WVU Art Museum's current exhibits, *Collective Insight: The Harvey and Jennifer Peyton Collection* and *William Kentridge: Universal Archive*. In the first floor gallery, *Collective Insight* includes more than 60 pieces that represent some of the most important artistic movements of the 20th century, including American modernism, social realism, and mid-century abstraction. Displayed on the second floor are 75+ original linocuts by internationally acclaimed South African artist William Kentridge. *Universal Archive* explores how the interplay of text and images serves as a metaphor for the interaction between rational and creative processes.

Health and Wellness

Evaluating Online Health Information

Virginia Desouky
Tuesday, July 30, 12:45 - 2:35 p.m.
Classroom A

What should you look for when evaluating the quality of health information on the internet? Some of the information is reliable and up-to-date; some is not. How can you tell the good from the bad? With a bit of detective work, you can find information that you can trust. This workshop will cover how to determine if the website you find is reliable or not. It will also cover the best consumer health websites (according to the Medical Library Association) and will include looking at websites of well-known health institutions.

About the Instructor: Virginia Desouky is a Scholarly Engagement Librarian at the WVU Health Sciences Library. She teaches classes on library database searching, bibliographic citation management, and publication metrics. She holds a certificate in Consumer Health Specialization from the Medical Library Association.

Fall Risk Assessment and Prevention

Clifford Benezra
Thursday, July 18, 12:45 - 2:35 p.m.
Classroom A

Encore

Falls are the leading cause of injury-related visits to emergency rooms in the U.S. and responsible for 70% of accidental deaths of adults 75 years and older. Dr. Clifford Benezra will share vital information and insight into the causes of falls by this age group and review how one's home should be arranged in order to prevent potential falling.

About the Presenter: Dr. Clifford Benezra is a retired geriatric physician, whose practice emphasis was largely home visits to make the patient's home a safer environment. He spent 36 years in medical practice in South Florida performing Internal Medicine, Pulmonary Medicine, Geriatric Care,

Quality Assurance and Utilization Review. He went on to become owner and operator of HouseCall Resources, a community-based primary care healthcare delivery system. Dr. Benezra received his formal medical training at the University of Buffalo, Georgetown University, and University of California.

Introduction to Tai Chi and Qigong

Doug Myers
Saturdays, July 13 - August 10
10:00 - 10:50 a.m.
Classroom B

Maximum Enrollment: 18

This course is an introduction to a version of Yang Style Tai Chi as modified and taught by Cheng Manching. In this course, students will learn the basic principles of Tai Chi and how to do the Tai Chi form.

About the Instructor: Dr. Myers has studied Tai Chi and other Chinese martial arts for 12 years. While living in North Carolina, he studied with Frank Wong, a student of Cheng Manching.

Intermediate Tai Chi

Doug Myers
Saturdays, July 13 - August 10
11:00 - 11:50 a.m.
Classroom B

Maximum Enrollment: 18

Enrollment by permission of instructor.

Honor Roll Faculty

This course builds upon the Introduction to Tai Chi course. In this course, students will learn some of the deeper concepts of Tai Chi while advancing their practice of the Tai Chi form. This course is open to those who are able to do the entire form that is taught in the Introduction to Tai Chi course.

About the Instructor: See previous course.

Health and Wellness

More Eat Right Eat Well: The Joy of Vegetables, Part 2

Stanley Cohen & Judy Cohen
Tuesdays & Fridays,
July 16 - 26
12:45 - 2:35 p.m.
Classroom A

This course continues its healthy focus on vegetables and seeking the latest information about cooking and eating. Featured is a series of six 30-minute *The Great Courses* videos from the Culinary Institute of America, followed by lectures and class discussion. Sample savory and sweet vegetable dishes are tasted in each session which complement the CIA reviews. Handouts including guides and recipes are also distributed. Most importantly, everyone is requested to share tips, tricks, and techniques from their own kitchen. (Part 1 of this series is NOT a prerequisite.)

About the Instructors: Stan Cohen taught a variety of psychology courses at WVU from 1972 - 2008. Since 1968, he has engaged in a variety of eating and cooking experiences. He is a lifelong advocate of a wellness lifestyle, including healthy eating. He will be assisted by his partner, Judy.

The Puzzle Called Autism

Karen Allen
Wednesday, July 17, 12:45 - 2:35 p.m.
Classroom A

Everyone these days knows someone with the diagnosis of autism, but the spectrum is difficult to define even for those who rub shoulders with it daily. Understanding some common traits of people with autism can help one know how to better relate to this population when encountered in the community. This session will share stories of successes and failures learned though helping a son navigate his puzzle called life.

About the Instructor: Karen Allen works part-time teaching English as a second language to international

students at WVU. She has lived in Morgantown for the past 25 years along with her husband and 3 children; her middle son has autism.

Yoga for Wellness

Eva Hnizdo
Tuesdays, July 9 - August 13
10:00 - 11:50 a.m.
Morgantown Dance Studio
Maximum Enrollment: 20

This beginner yoga class is focused on correct body alignment, is well suited for senior practitioners, and is designed to teach participants how to renew vital energy and create physical and mental well-being through regular practice of appropriate yoga poses. Generally, yoga poses increase strength and flexibility of the body and help to relax the mind through controlled breathing and meditation. Regular practice of yoga has a holistic impact on the body.

About the Instructor: Eva Hnizdo, PhD in epidemiology, is an Experienced Registered Yoga Teacher (E-RYT). Since 2006, she has taught yoga at NIOSH where she also worked as a research scientist and at Lakeview Fitness Center. She has been a practitioner of the Iyengar style of yoga since 1976.

OLLI membership has opened a whole new world for me and has given me a challenging and very rewarding activity for my retirement years.

- OLLI member

History and Literature

The Golden Spike - Connecting East and West

Kenton Colvin
Wednesdays,
July 24 - August 7
10:00 - 11:50 a.m.
Classroom A



2019 is the 150th year since the completion of the building of the first transcontinental railroad celebrated with a golden spike in Utah. Learn about the value of the railroad to the country, who were the competing railroads that built the transcontinental railroad, the role of the government, diversity of railroad workers, President Lincoln's role, Hell on Wheels, the role of Congress, and railroad competition. Also, learn about the effect on society and the opening up of the country and the major obstacle and dangers that had to be overcome. Learn about the West, the Indian involvement, and much more.

About the Instructor: Kenton Colvin is retired from WVU after 18 years. Prior to WVU, he spent 26 years in manufacturing management with several corporations. He currently is an adjunct instructor in the WVU Industrial Engineering Department. He has taught several historical OLLI course and is an avid history reader.

Historic Oak Grove Cemetery

Jeanne Grimm, Christy Venham
Tuesday, July 9, 12:45 - 2:35 p.m.
Classroom A

Oak Grove Cemetery was established in 1865 to provide grave plots for prominent Morgantown families. The cemetery is located on what was the Waitman T. Willey farm in the Chancery Hill Neighborhood. Gravestones from earlier cemeteries were moved to Oak Grove, which has the graves of five Revolutionary War soldiers in addition to graves for veterans from every war through the Vietnam Conflict. During the Great Depression, the Cemetery's Association and Board of Trustees made loans to churches and organizations, such as the Methodist

Episcopal Church and the Women's Christian Temperance Union, that were unable to borrow money elsewhere.

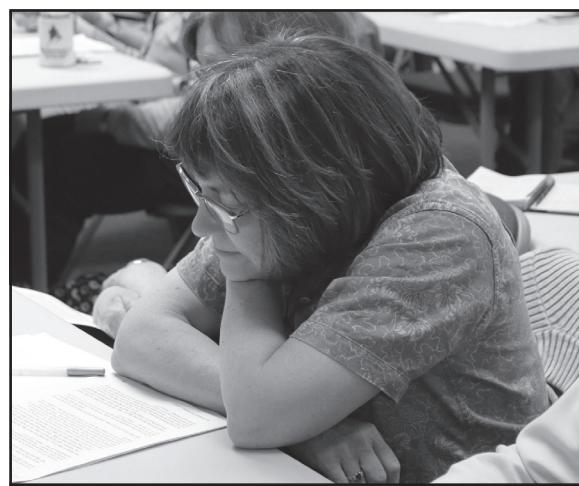
About the Instructors: Jeanne Grimm is a member of the Morgantown Historic Landmarks Commission. Before retirement, she served as Assistant Director of the Center for Excellence in Disabilities at West Virginia University. Christy Venham is a freelance historian for various organizations. She recently retired from the West Virginia and Regional History Center, West Virginia University Libraries, where she was a reference specialist.

Pearl S. Buck at Cornell

Jay Cole
Wednesday, July 24, 10:00 - 11:50 a.m.
Classroom B

Pearl S. Buck earned a master's degree in English from Cornell University in 1926. Pearl's two years of graduate study at Cornell were a period of professional growth and personal tragedy. Professionally, she found a writing mentor on Cornell's English faculty. Personally, she wrestled with the prognosis of her daughter Carol's physical and mental condition. This course will explore Pearl's Cornell years, which had a very significant impact on her development as a writer and a person.

About the Instructor: Jay Cole is senior advisor to WVU President E. Gordon Gee. He is co-editor of *Beyond The Good Earth: Transnational Perspectives on Pearl S. Buck*, published by the WVU



It's not difficult to get absorbed in a good OLLI class.

Campus Read

WVU Humanities Center
Date TBA

Since 2015, WVU has selected a book for the campus and community to read and discuss in classes and public events. This year's book is *Educated: A Memoir*, by Tara Westover. Raised by anti-government survivalist parents and isolated from mainstream society, Westover and her siblings were homeschooled using little more than the Book of Mormon. At the age of 17, Westover decided that she wanted to go to college. She enrolled in Brigham Young University and went on to earn a PhD from Cambridge University. The author's journey to pursue the education that she wanted is inspirational and thought-provoking: what does it mean to be educated?

Lakes and Reservoirs

Tony Tomkowski
Monday, July 15, 12:45 - 2:35 p.m.
Classroom A

Learn how natural lakes are formed, reservoir dynamics, bottom mapping, stratification, low flow augmentation, multilevel dam discharges, and more. Of course there will be a fishing slant to the information presented.

About the Instructor: Tony Tomkowski, Professor Emeritus of the Davis College at WVU, worked for the NY State Conservation Department in Fisheries in the late 60s. His job entailed working on the Great Lakes, Adirondack ponds, and Reservoirs in the Region 4 Area of NY.

Hobbies and Interests

Share More Stories

Alan Rosenbluth

Tuesdays, July 11, 25, & August 1

3:00 - 4:50 p.m.

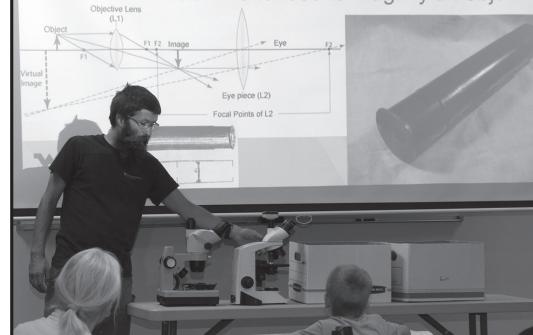
Classroom: B

We all have stories--memories of childhood/family, life-changing events, losing loved ones, surprises, and even fantasies. Please read one or several of your stories. Not ready to share? Come listen, then you can contribute later. This is not a writing class--it's just for sharing and having fun.

About the Instructor: Alan Rosenbluth, a retired pharmacy professor and dean, has enjoyed creative writing for more than 25 years. Following retirement in 2001, he attended writing classes and workshops (in WV, NC, and CA) and has written dozens of short stories and memoirs involving sports, grandchildren, strange happenings, and high school memories.

Compound Microscope

- First invented in late 1600s
- Uses at least two lenses to magnify an object



a projector. This allows us all to see on the projector screen what would be seen by looking into the microscopes' eyepieces. A stereomicroscope can magnify nearly anything by up to about 40x, and a high power microscope can magnify slide-mounted specimens by up to 1000x. These microscopes allow us to make fascinating discoveries just beyond the limits of our unaided visual resolution.

About the Instructor: Zach Fowler is Director of the WVU Core Arboretum and Clinical Assistant Professor of Biology at WVU. He has a passion for learning about nature in a scientific fashion and for sharing his knowledge with others.

Science and Math

Geological History of Planet Earth: Plate Tectonics

Richard Smosna

Mondays & Wednesdays, July 8 - 17

3:00 - 4:50 p.m.

Classroom A

This course will present the theory of plate tectonics and how Earth's crustal plates have moved during the last billion years. We will examine the theory itself, including continental drift and sea-floor spreading, as well as the corroborating geological evidence. Students may be astounded to see how Earth looked hundreds of millions of years ago and how it may look hundreds of years into the future.

About the Instructor: Richard Smosna is an emeritus professor at WVU who has taught geology there since the Jurassic period, presenting courses in environmental hazards, history of Earth, dinosaurs, human evolution, oceanography, and petroleum.

Microscope Exploration

Encore

Zach Fowler

Tuesdays, August 6 & 13

12:45 - 2:35 p.m.

Classroom B

Participants will learn about different types of microscopes and explore nature and our surroundings with a stereomicroscope and a high power microscope. We will use a camera attached to the microscopes to connect them to

OLLI members enjoy hands-on learning opportunities.

Social Sciences, Politics, & Current Events

The New Yorker Discussion Group

Margot Racin

Mondays, July 8 - August 12

10:00 - 11:50 a.m.

Classroom: A

Join us to discuss a range of topics from recent issues of *The New Yorker*. Members of the group choose articles, fiction, and topics to be discussed each week. All viewpoints welcome! A subscription to *The New Yorker* is strongly recommended.

About the Instructor: Margot Racin is retired after 30 years in the WVU English Department. She has coordinated these discussions in previous terms and looks forward to even more stimulating discussions.

The New Yorker Discussion Group II

Jascenna Haislet

Mondays, July 8 - August 12

3:00 - 4:50 p.m.

The Village at Heritage Point

Join us to discuss a range of topics from recent issues of *The New Yorker*. Members of the group choose articles, fiction, and topics to be discussed each week. All viewpoints welcome! A subscription to *The New Yorker* is strongly recommended.

About the Instructor: A passionate lifelong learner, Jascenna Haislet is thrilled to lead this discussion group as it gives her a guilt-free excuse to schedule specific time in her calendar for reading.



Technology and Training

The Digital Branch @ MPL

Sarah Palfrey

Wednesday, July 17, 10:00 - 11:50 p.m.
Classroom A

The director of the Morgantown Public Library System will provide an overview of the system's Digital Branch. E-Books, downloadable audiobooks, streaming services, and magazines can be delivered right to your favorite digital device (phone, tablet, or computer). MPLS provides a wide variety of resources that are available 24/7 with a valid library card. She will highlight the differences between the various platforms and demonstrate how to get started.

About the Instructor: Sarah Palfrey is the Director of the Morgantown Public Library System, she has worked in public, academic and shipboard libraries.

Protecting Yourself from Scams

Pam Krushansky

Wednesday, August 14, 12:45 - 2:35 p.m.
Classroom A

The instructor will provide a brief overview of the West Virginia Attorney General's office. She will talk about scams and identity theft in the state and provide tips on how to avoid them.

About the Instructor: Pam Krushansky is a Consumer Representative and Compliance Specialist with the Office of the Attorney General. She covers 11 counties in the north central West Virginia area.

What Do We Mean When We Talk about Social Media?

Michelle Klishis

Thursdays, July 11 & 18
12:45 - 2:35 p.m.
Classroom B

Honor
Roll
Faculty

According to Merriam-Webster, social media are: forms of electronic communication (such as websites for social networking and microblogging) through which users create online communities to share information,

ideas, personal messages, and other content (such as videos). But what does this actually mean? In this course we'll discuss some of the more common social media platforms, why and how they are used, and the basics of keeping yourself safe on social media. As this class will NOT be taught in the computer lab, please feel free to bring a laptop or tablet device so you can check out the sites as we go along. Prior to the course, the instructor will email a list of social media websites so participants will already have the addresses at a click of a link.

About the Instructor: Michelle Klishis, OLLI's professional technologist, is a jack-of-all-trades and certifiable geek. Her degree in biology and work in a microbiology lab gave her absolutely no preparation for becoming a technology consultant, yet here we are. When not in front of computers, she is likely to be found reading or hiking.

Technology Security

Michelle Klishis

Tuesday, August 6
9:30 a.m. - 12:30 p.m.
Computer Lab

Encore

Maximum Enrollment: 14
Skill Level I

"If you are not paying for it, then YOU are the PRODUCT." As more of our lives becomes digitized, it's important to make sure you are being safe with your electronic gadgets and online information. Anti-virus, malware, hacking, identity theft: all of these things make computers and smart phones sound terrifying. But there are simple steps you can take to make your data more secure and to feel more comfortable surfing the web and shopping online.

About the Instructor: See above.

Classroom AV Training

Tuesday, June 25, 10:00 - 11:50 a.m. Classrooms A, B, CL

This hands-on workshop is open to all instructors and members interested in learning about the equipment and technology available in the OLLI classrooms. New ideas are welcome as we develop quick reference sheets and instruction manuals. Want to teach or host a course and concerned about the technical side? This workshop is for you! **Free & open to all members & instructors!**

Using Your Apple iPad/iPhone

Hailey Henderson-Stone

Fridays, July 19 & 26
10:00 - 11:50 a.m.
Classroom B

Encore

Maximum Enrollment: 16

This course covers iOS 11 for the iPhone and iPad. We'll look at features of this state-of-the-art operating system and the incredibly useful devices on which it runs. We'll explore the basic knowledge and skills you'll need to use your device effectively and efficiently, like the various gestures you use to control the operating system and how to find and install third party apps.

About the Instructor: Hailey Henderson-Stone, a senior exercise physiology major at WVU, works at Ruby Hospital as a cardiac monitor technician and a scribe.

Technology Skill Level Key

Level I

No experience necessary. We'll go slowly so you can ask lots of questions. If you fear technology, this is the place for you.

Level II

Still plenty of time for questions but you'll be expected to have a basic understanding and familiarity with the operating system and generally how programs within the operating system work.

Level III

This is no place for the faint of heart. You should be comfortable with navigating the operating system and using programs within that operating system. There will probably be prerequisites.

Travel and Adventure

From Russia With Love: A Photographic Journey From Moscow to St. Petersburg

Judy Morris & Andy Morris

Tuesdays, July 16 & 23

10:00 - 11:50 a.m.

Classroom B

Join us on a photographic and historical tour of Russia, from Moscow to St. Petersburg. We will visit the Kremlin, tour Moscow, and cruise the Volga and Svir Rivers, visiting old and beautiful cities along the way. Our journey will take us to beautiful cathedrals, historic monasteries, and the magnificent palaces of St. Petersburg. The presentation will include brief discussions of famous (and infamous) rulers and a bit of Russian culture and tradition. Have you ever seen a matroyshka doll, or a domed church made entirely of wood, WITHOUT NAILS ? Sorry--no vodka will be served. Nostrovia!

About the Instructors: Judy and Andy Morris are long-time OLLI members with a love of travel and are happy to share their experiences with others. Judy is a retired Medical Technologist who worked in the clinical labs at Ruby, in research for Mylan, and as a database specialist for Halfpenny Technologies. Her hobbies include photography, gardening, and quilting. Andy retired as a Field Service Engineer with Beckman Coulter. His hobbies include gardening, bluegrass music, and playing his many stringed instruments.

Hiking WV State Parks and Forests

Michelle Klishis

Mondays, July 22 & August 5

12:45 - 2:35 p.m.

Classroom A

There are 45 state parks, forests, and major wildlife areas in West Virginia; Michelle and her husband have visited them all (as well as most of the national parks and forests in WV) and hiked many of them multiple times. This presentation will share some of the

beauty of the state, as well as provide recommendations on places to visit (for hiking or just viewing), and a discussion of some of her favorite places to hike in our state parks and forests.

About the Instructor: See page 21.

Iceland: Land of Fire and Ice

Karen Long

Monday, July 8, 12:45 - 2:35 p.m.

Classroom A

Spend a hot summer day this term visiting snowy and cold Reykjavik and the southern coast of Iceland in January! See photos from our OLLI/Collette tour and learn a little about Iceland's history, language, customs, and foods. Also find out if we were able to view the Northern Lights!

About the Instructor: Karen Long is retired from the WVU Department of Medical Laboratory Science where she taught clinical microbiology and immunology. She is currently an on-call technologist in the microbiology laboratory at Monongalia General Hospital.

Special Places in WV: Famous Places, Part 3

Ed Johnson

Wednesdays,

July 31 & August 7

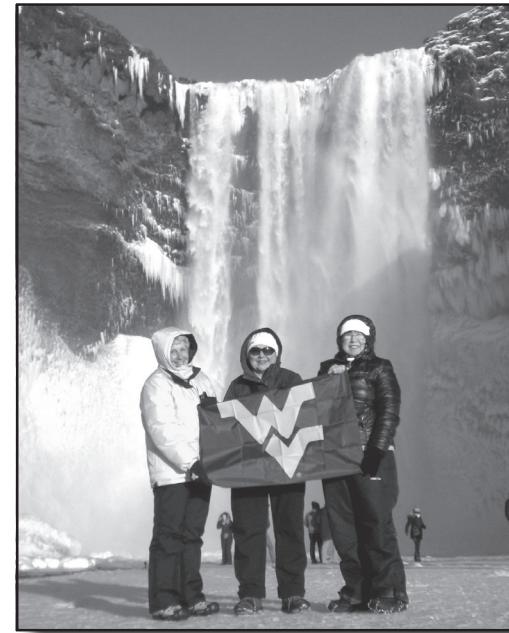
12:45 - 2:35 p.m.

Classroom B

**Honor
Roll
Faculty**

We will continue our virtual journey, leaving the New River/Greenbrier Valley and traveling up the center of West Virginia into the Mountain Lakes and Mountaineer Country regions. As always, how far we go will depend on traffic and conditions of the roads(!).

About the Instructor: Ed Johnson is the creator and curator of MH3WV.org, a website for students and educators of West Virginia Studies.



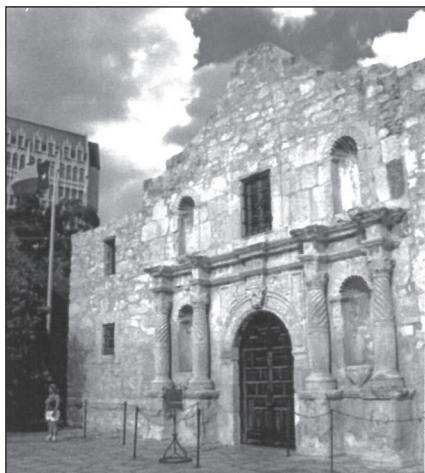
Travel is a favorite pastime of many OLLI members.



*Twin Falls
State Park*

Travel Opportunities

Collette Travel



Spotlight on San Antonio

February 16 - 20, 2020

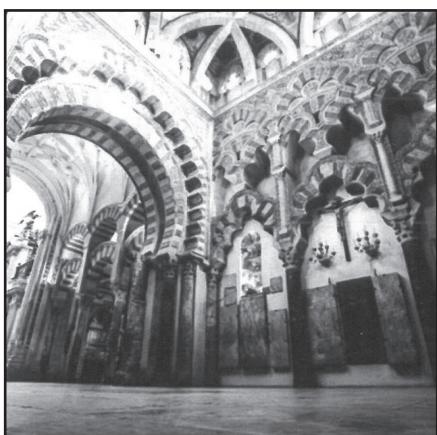
5 Days • 5 Meals

Highlights:

Mission San Jose, The Alamo, Paseo del Rio Cruise, LBJ Ranch, Fredericksburg, Stock Show & Rodeo, Choice of South Texas Heritage Center or San Antonio Botanical Gardens, El Mercado, Olive Orchard

Reservation & Deposit Due: September 12, 2019

Double occupancy from \$2,149 pp*



Spain's Classics

April 18 - 28, 2020

11 Days • 14 Meals

Highlights:

Madrid, Royal Palace, Toledo, Cordoba, Seville, Flamenco Show, Granada, The Alhambra, Valencia, Choice on Tour, Paella Experience, Barcelona, La Sagrada Familia, Parc Güell

Reservation & Deposit Due: October 14, 2019

Double occupancy from \$3,999* pp

* All rates are subject to change based on air inclusive package from PIT

For more information about this trip and others, pick up a brochure in the OLLI Member Lounge or contact the OLLI office at 304-293-1793.

Curious About Teaching for OLLI?

OLLI at WVU draws volunteers from all walks of life to teach a wide variety of courses for adults 50 and older. Although many of our instructors are teachers, professors, or business and civic leaders, many others are community members with a desire to share their knowledge and passion with their peers.

Experience the joy of teaching free of tests and grades.

OLLI classes are offered simply for the joy of learning. Members are enthusiastic, engaged, and eager to learn. And you don't have to grade exams!

Courses are offered during Fall, Winter, Spring, and Summer terms in the areas of arts, literature, history, philosophy and religion, current events, political affairs, science, math, health and wellness, travel, and more . Courses may be from one to six sessions. Most sessions last about two hours.

Most courses are held in the Mountaineer Mall in Morgantown, although OLLI has a branch in Charleston as well.

Interested in teaching for OLLI? Visit our website at www.olliatwvu.org or call the OLLI office at 304-293-1793 for more information.

Film Forum: Summer Musicals 2

Join Bonnie and me for a summer of musical delights!

- Jim Held



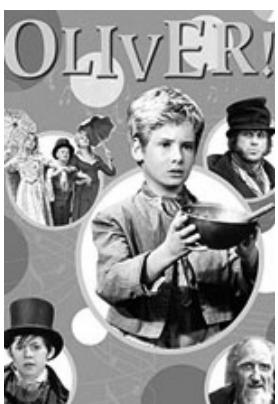
July 12: *Singing in the Rain*

To open our summer musicals, we have the film that is considered the best musical ever filmed by critics and audiences alike. It also shows us a pretty good representation of what happened when silent movies died and sound ended the careers of people like Lena Lamont. When filming started on this classic, Debbie Reynolds could not dance a step but soon learned to keep up with Gene Kelly and Donald O'Connor...with Fred Astaire's help! Through the 30s and 40s, films with song and dance were intensely popular, and when wider screens and more vivid color arrived by the early 50s, well, the sky was the limit, if then! Betty Comden and Adolph Green wrote the fantastical script, including the dream ballet co-choreographed by Stanley Donen and Gene Kelly (just coming off of finishing *An American in Paris* (1951). Check the credits for all the musical contributors! 1952. 103 minutes.



July 19: *Thoroughly Modern Millie*

Carol Channing passed away late last year, so it seems only right to feature her in one of my favorites, teamed with Julie Andrews, Mary Tyler Moore and James Fox in this silly Jazz-Age farce with more than a little satire thrown in. Beatrice Lilly quietly tries to steal the film each time her Dragon Lady appears with her bumbling assistants played by Pat Morita and Jack Soo. John Gavin serves as the sparkly-toothed rich and handsome boyfriend. The whole stew was directed by George Roy Hill with music by Jimmy van Heusen and Sammy Cahn with a few standards of the 1910s and 20s thrown in. Though nominated for seven Oscars and five Golden Globes, Elmer Bernstein won the only Oscar for music and Carol Channing took the Globe for musical actress. 1967. 138 minutes.



July 26: *Oliver!*

Closing in on our true classic for this series, we bring that irresistible musical version of Dickens' *Oliver Twist*. Imagine making musical comedy with the evil Fagan, the murderous Bill Sykes and all those kids! *Oliver!* was an enormous hit in 1968, winning six of the 11 Oscars it was nominated for, including Best Picture and Best Director for Carol Reed. The terrific cast includes Ron Moody as Fagan, Oliver Reed as Bill Sykes, Harry Secombe as Mr. Bumble, and the irresistibly cute Mark Lester as Oliver. Long before *Les Misérables* made criminals and pick-pockets popular, this great film pulls at the heart-strings and may just make you decide to re-visit the original novel. Dickens loved to uncover the nasty underbelly of Victorian English life in order to waken people to the need for all kinds of social reform. 1968. 153 minutes.



August 2: *Top Hat*

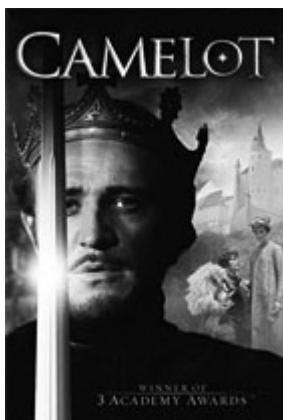
I love throwing in a classic of some kind, as you know, so, even though it was a tough choice, I felt we just had to have a Fred and Ginger dance musical, and this is supposed to be their most popular and was the biggest success at the box office in 1935. Who cares about the plot: he dances, it wakes her up in her suite downstairs, she comes to complain, they fall madly in love, dance, dance some more, end up in Venice with some mistaken identity throwing more complications at them and they dance off into the Venetian sunset to a catchy tune. The tunes? Irving Berlin, of course. And what a cast: Astaire, Rogers, Edward Everett Horton, Erik Rhodes, Lucille Ball (bit part) and Dennis O'Keefe. 1935. 101 minutes.

Film Forum: Summer Musicals 2



August 9: *Oh, What a Lovely War*

To celebrate the 100th anniversary of the end of WWI, this wild film was recommended. I remember we did it on stage in grad school, and it has been a loooong time since we saw the film, but listen to this ensemble cast: Maggie Smith, Dirk Bogarde, John Gielgud, John Mills, Kenneth More, Laurence Olivier, Jack Hawkins, Corin Redgrave, Michael Redgrave, Vanessa Redgrave, Ralph Richardson, Ian Holm, Paul Shelley, Malcolm McFee, Jean-Pierre Cassel, Nanette Newman, Edward Fox, Susannah York, John Clements, Phyllis Calvert and Maurice Roëves. WOW! This was the directorial debut of Richard Attenborough, later to win two Oscars for *Gandhi*. Vincent Canby of *The New York Times* called it “a big, elaborate, sometimes realistic film whose elephantine physical proportions and often brilliant all-star cast simply overwhelm the material with a surfeit of good intentions.” 1969. 144 minutes.



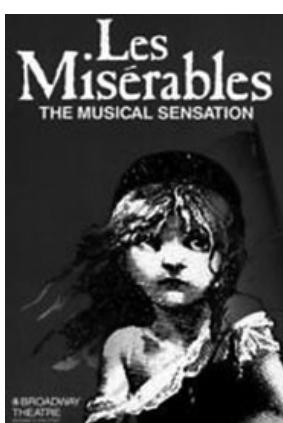
August 16: *Camelot*

I saw this film in 1967 at the Cinerama Dome in Hollywood with my granny. I had loved the original cast album, so I just hated the cast of the film: Richard Harris as King Arthur, Vanessa Redgrave as Guinevere, and Franco Nero as Lancelot. Nero could speak no English when cast. Years passed and I grew to change my mind. The design of the film, scenery and costumes, both won well-deserved Oscars. In design grad school we discussed this film and the things Hollywood does to musicals. Harris and Redgrave have gone on to very distinguished careers, so I forgive them, especially now that I like the film, and I hope you will, too. The music of Lerner & Lowe is gorgeous, the story is King Arthur, Guinevere and that guy Lancelot and some dream of a place known as Camelot. Read Tennyson or *The Once and Future King*, for background. 1967. 179 minutes.



August 23: *Gigi*

Several of our members have asked for *Gigi*, and what a completely irresistible musical it is. In 1959, director Vincent Minelli (Liza's dad) along with Lerner and Lowe, conceived of this as a film, not a stage show. It may be the last great MGM musical. The cast is perfect: Louis Jourdan as Gaston, Maurice Chevalier as Honore, Leslie Caron as Gigi, and Hermione Gingold as Madame Alvarez. The story unfolds in turn-of-20th-century Paris in lots of elegant settings, including Maxime's, as we find out that Gigi has been in training to be a French courtesan, the equivalent of a Japanese Geisha...you get the idea. How this all turns out for the best without ruining either Gaston's well-established rep as a womanizer or Gigi's future life is funny, musical, romantic and irresistible, to say the least. The film won all nine of its Oscar nominations! And, let's not forget that the book and music were by the same authors as *My Fair Lady*. 1958. 115 minutes.



August 30: *Les Misérables*

I hope you won't mind this one being on our series. After all, we just recently watched a six-part PBS version with a fine cast for the dramatic version. The musical has been playing for a long time now. We first saw it by accident in D.C. before its NYC opening, with the Royal Shakespeare Co. production and cast...one of the most unforgettable experiences of my life. I had not read the novel, but I started it when we got home, 1400+ pages of masterpiece. I asked, “How could anyone think this would make a popular musical?” It’s a tragic story of a society going all the wrong ways, but also of the redemption of a man who learns what good is from an old priest. The music is operatic—there is NO spoken dialog! But the music, the pathos, the romance, the revolutionary fervor—it has it all, and Hugh Jackman, in my book, is the Everyman of theater and music. Russell Crowe as Javert—OK...but the supporting cast of Anne Hathaway, Eddie Redmayne, Amanda Seyfried, Helena Bonham Carter, and Sacha Baron Cohen are all excellent. 2012. 158 minutes.

Register for OLLI Online

Browse the OLLI catalog, purchase or renew a membership, and register for classes and events online.

1. Go to olliatwvu.org

2. Click on **Register Here** on the left side of the screen.

3. You will be redirected to <https://wvusph-olli.augusoft.net>
Click on **LOGIN/CREATE ACCOUNT**.

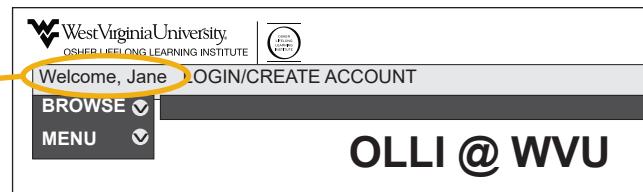


4. If you have been an OLLI member in the last two years, you already have an account.

Contact the OLLI office if you need your username and password.

Please do not create a new account.

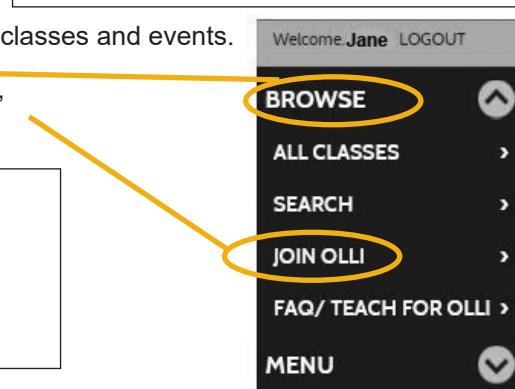
5. You will see **Welcome, Your Name** in the gold bar above **BROWSE** on the left side of the screen if your login was successful.



6. Click **BROWSE** to purchase or renew a membership or browse OLLI classes and events.

7. If you are purchasing or renewing a membership, click on **JOIN OLLI**, select the appropriate membership and click **Submit**.

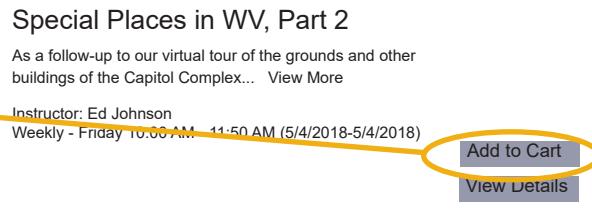
Membership
OLLI @ WVU
Purchase Membership? None Specified ▾
Submit Cancel



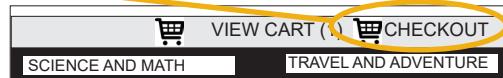
8. To register for classes and events, click on **BROWSE**, then **ALL CLASSES**.

If you know the name of the name of the class for which you wish to register, you can type it in the **Search** box in the upper right corner and click on the blue **GO>** button.

10. To select a class or event, click on the **Add to Cart** button on the right side below the class information.



11. When finished making your selections, click on **CHECKOUT** next to the **VIEW CART** on the right in the gold bar.



12. Review your selections and check the box next to **Agree to Refund Policy** to the right of each class on your list.

13. Click on the blue **CHECKOUT** button at the bottom of your order.

If there is a balance due, you will be taken to a screen to enter your credit card information.

If there is no balance due, you will be taken to the Order Complete screen.



Policies and Procedures

Class Disclaimer

OLLI at WVU presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial, or other professional advice and services.

Information presented in an OLLI program should not be used as a substitute for consultation with a professional legal, medical, financial, or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial, or other competent adviser.

All information is provided "as is," with no guarantee of completeness, accuracy, timelines or of the results obtained from the use of the information, and without warranty of any kind, expressed or implied, including, but not limited to warranties of performance, merchantability, and fitness for a particular purpose. Neither OLLI at WVU nor its information providers will be responsible to any program participant or anyone else for any decision made or action taken in reliance on the information presented by OLLI at WVU, or for any consequential, special or similar damages, even if advised of the possibility of such damages.

Classroom Etiquette

OLLI instructors are volunteering their time and talents. Please be respectful of your course instructors and fellow participants by:

- staying on topic during discussions
- attending only courses for which you have registered
- turning off your cell phone
- not wearing fragrances out of respect for those with allergies
- moving questions/conversations following the stated end time of the class to the hall so the next instructor and class can access the classroom

Exposure to new and different ideas is what OLLI is all about – we encourage you to embrace this philosophy and be respectful in classroom discussions.

Classroom Temperature

To save energy, the classroom thermostats are set to specific temperatures. Please dress accordingly to help make your class experience comfortable.

Liability Disclaimer

Individuals acknowledge and assume any and all risk associated with participation in OLLI at WVU activities. OLLI at WVU makes no representation regarding the appropriateness of any activity for an individual. OLLI at WVU disclaims any and all liability for each individual's participation in any activities. If a course involves physical activity, participants are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended that participants consult their physician before participating in physical activity.

Media Releases

Media releases are available and kept on file in the OLLI office. Please be sure to fill one out and let us know if you do not want to be shown in OLLI photographs and media.

Non-Discrimination Statement

WVU is an EEO/Affirmative Action Employer. Underrepresented class members are encouraged to apply. This includes minorities, females, individuals with disabilities, and veterans.

Personal Assistive Hearing Devices

OLLI classrooms A and B are now equipped with personal assistive hearing devices for member use. A small personal receiver enhances sound projected through the audio-visual system in the classroom. Users may choose to use ear-buds, surround earphones, or a headset. Some hearing aids are able to use a neckloop telecoil coupler. To use a personal assistive hearing device, come to the OLLI office prior to your class to sign one out.

Refunds

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.

Weather and Holiday Policy

OLLI members are personally responsible for their own safety and must exercise good judgment when making travel choices in inclement weather. When West Virginia University, Monongalia or Kanawha County Schools are closed for inclement weather, OLLI activities are cancelled. County school delays do not affect OLLI activities. The decision to cancel activities is at the discretion of the Director when a county calls for early dismissal due to the weather. The decision to cancel weekend activities due to weather is at the discretion of the instructor. Registered participants will be notified. The OLLI office observes WVU holidays.



OLLI members visit the Pearl S. Buck Birthplace in Hillsboro, WV.



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Morgantown, WV
Permit No. 230

OLLI at WVU - Your Next Adventure Begins Here

Summer Registration Begins June 17

Phone: 304-293-1793

Website: www.olliatwvu.org

Email: olli@hsc.wvu.edu

Benefits of OLLI Membership

Staying intellectually stimulated and socially active are proven components of healthy aging. Membership in OLLI provides these benefits through:

- More than 200 courses and activities per year in such areas as the arts, health and wellness, humanities, math and science, technology, and more.
- Social events
- Travel programs
- Interest Groups
- Volunteer opportunities