



OLLI @ WVU

Because Curiosity Never Retires!

Winter 2019 Morgantown Course Catalog
January - March
www.olliatwvu.org

About OLLI at WVU

The Osher Lifelong Learning Institute at West Virginia University, known as OLLI at WVU, provides programs and educational opportunities designed for adults 50 and over.

OLLI at WVU, a membership organization affiliated with the School of Public Health, recognizes the unique experiences, capabilities, and wisdom of mature members of the community. OLLI at WVU emphasizes the sharing of ideas through peer learning, member participation, and collaborative leadership.

During four terms each year, OLLI at WVU offers courses, lectures, seminars, and field trips in such areas as music, literature, art, science, politics, nature, history, health, medicine, and economics. Live drama, movies, and interest groups add to the choices.

Courses are developed and taught by volunteers from the community who are passionate about their topics, avocations, and interests and who love to share their ideas.

Free from the pressures of tests and grades, OLLI members are learning simply for the joy of it.

Supporters

OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:

- The Bernard Osher Foundation
- West Virginia University, President's Office
- WVU Foundation
- WVU School of Public Health (SPH)
- OLLI Board Members, Committee Members, and Volunteers
- OLLI \$100K Club, Donors, and Sponsors
- Our Distinguished Instructors
- OLLI Members

The Bernard Osher Foundation

The Bernard Osher Foundation seeks to improve quality of life through the support of lifelong learning institutes such as OLLI at WVU. The Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. The Foundation has now funded 122 Osher Lifelong Learning Institutes on campuses of colleges and universities from Maine to Hawaii. Funding for OLLI is contingent upon membership growth goals, so **membership matters**. To learn more about The Bernard Osher Foundation, please visit their website at www.osherfoundation.org.

OLLI Board of Directors (2018-2019)

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Michelle Klishis, Professional Technologist
Diane Cale, Program Assistant
Dalyn Grimm, Office Assistant

OLLI stimulates one's mind with great courses and provides social interaction to enliven the whole person.

- OLLI member

From Our Board President



We were in rural Baker NV, just outside Great Basin National Park, when we heard the news—another mass shooting. This time a gunman shouted anti-Semitic words as he murdered and maimed worshippers attending Shabbat morning services at the Tree of Life Congregation in Pittsburgh's Squirrel Hill neighborhood. I was shocked.

I knew that in recent years the Southern Poverty Leadership Conference and other credible organizations reported increases in hate crimes, including anti-Semitic incidents. But while those statistics worried me, they remained abstract numbers until the morning of October 27th. All of a sudden, the numbers became very personal. Immediately I emailed my friend, a Pittsburgh Tree of Life regular, to check on her well-being. She responded quickly; she was fine, but shaken up. She explained that while a previous commitment kept her from Tree of Life that morning she was there the prior evening for services. She knew several of the wounded and dead.

Thankfully, only a few times in my life have I personally been the target of anti-Semitism, but the shadow of the Holocaust hovers over my life. I first learned about the Holocaust as a six year old; I overheard my Great Uncle, Leibel, describe to my parents how his first family, a young wife and two infant daughters were murdered in a concentration camp. Several of my junior high school friends' parents were Holocaust survivors. Susan's mother was a victim of Dr. Mengele's infamous experiments; she lost the ability to speak normally and had recurring bouts of deep depression. Miriam's mother, also a concentration camp survivor, saw her sister hanged before her eyes. As a result, she followed Miriam everywhere. When Miriam came to my house to work on a school project, her mother sat on the porch, in all kinds of weather standing guard, refusing to come inside, until Miriam was ready to leave. I learned not to stare at the numbers tattooed on the arms of my parent's friends. I grew up proud of my religious heritage, but also knew I was lucky. If my grandparents had not had the courage to leave Europe before Hitler came to power my fate would likely have been very different, all because I was born Jewish.

So why am I sharing this with you? Because I believe OLLI's mission to lifelong learning is about more than taking classes to stimulate our intellects; it is also about creating a welcoming community. To quote Steve Thaxton, Executive Director of the National Resource Center for OLLI,

Strong communities often transform the lives of members. They encourage. They support. They unite. They bring purpose. They improve places and people's lives... celebrate the communities you form through your Osher Institutes. Be thankful for one another and the opportunities you share with one another.

Hate is toxic. Its only antidotes are tolerance and love. Understanding and respect create the environment to allow tolerance and love to grow. Yes, I was terribly sickened by the poisonous events of that Shabbat morning in Pittsburgh, but I am healing because of the outpouring of support and comfort from the many, a number of who are OLLI friends, who reached out to me and Art and to the American Jewish community at large to support and comfort us: the Pittsburgh Muslim community that raised over \$200,000 for the grieving families; local citizens of different faiths who came to Morgantown's own Tree of Life Congregation to worship with us; those who sent cards and emails expressing their grief and love; people who took the time to give me a special hug; and friends who bought us "Pittsburgh Strong" tee shirts. Their caring actions are a healing balm. But I am no Pollyanna. These continue to be very dark times. However when despair overtakes me I will remember the light cast by good people and find hope anew.

Linda Jacknowitz

From Our Director

In late October, I had the pleasure of travelling to Scottsdale, AZ, to attend the national Osher Lifelong Learning Institute Conference. Hosted by the Bernard Osher Foundation and the OLLI National Resource Center, the conference is held every 18 months and is a wonderful opportunity for staff and volunteers from the 122 institutes nationwide to come together for two days of discussion, sharing, learning, and networking.

In addition to hearing engaging keynote and plenary speakers, conference participants also chose three out of 14 breakout sessions to attend, covering a range of topics of interest to lifelong learners and managers of such programs. Over meals and breaks, we greeted old friends, met new friends, shared what we had learned in sessions, and brainstormed new ideas. I met with staff from OLLIs in Pennsylvania to discuss possible future collaborations.

The OLLI National Conference is time well-spent. I always come back inspired and refreshed, excited about what we're doing and what we can do. I also have a renewed appreciation for our program and the support that we receive from our members, the community, and WVU. I look forward to seeing you in class this winter!

Jascenna Haislet

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Be an OLLI Ambassador!

**Our members are our best recruiters.
 Share your OLLI experience with a friend.**

Bring a friend to a class *(please pick up a guest pass from the office)*

Offer a catalog

Suggest a membership*

Give a gift certificate *(available in the OLLI office)*

*If you refer a friend who purchases a new membership, you will be entered in a drawing to receive a **free term of OLLI courses**. The referral must be confirmed by the new member.

OLLI Membership

Membership is open to curious adults interested in programming designed specifically for those 50 and over who want to engage socially and intellectually.

The Benefits of OLLI Membership

- The opportunity to learn and to meet new friends.
- Discounts on travel and various events around the community.
- At least one free Special Member Event per term.
- Access to the OLLI collection of Great Courses DVDs and books.
- Access to OLLI Member Lounge and Computer Lab.
- Quarterly OLLI Connections newsletter and weekly email bulletin.
- A voice in OLLI governance and invitation to the OLLI Annual Meeting.
- The right to run for the OLLI Board or serve on a committee.
- The right to be added to a course wait list.
- Free parking at the Mountaineer Mall.
- Financial assistance for registration fees.

*Annual membership
is \$30*

Membership year runs
July 1st to June 30th.

Term Registration Fee

- OLLI members may register for **unlimited courses for \$30 per term**.
- Other fees may apply and are noted on individual courses, events or groups.
- **Special Member Events are free** to all current OLLI members unless otherwise noted.

Discounts are available for our volunteer instructors.

Contact the OLLI office at 304-293-1793 for more information.

Financial Assistance Available

OLLI at WVU tries to keep fees to a minimum while providing the highest quality experiences to our members. However, we recognize that membership and registration fees may be out of the reach of some individuals. Therefore, scholarships are available. To apply, ask for a confidential application at the OLLI office or fill out the form on our website at www.olliatwvu.org.

How to Register

Winter term runs January 2nd through March 31st. Most programming is scheduled between January 22nd and February 16th. To register, you must have a current membership and have paid the required fees for the term.

Individuals may purchase or renew a membership and register for classes in any of the following ways:

- Online at www.olliatwvu.org using Augùsoft Lumens.
See page 26 for detailed instructions to register online.
- In person at the OLLI office at the Mountaineer Mall in Morgantown.
- By mail, using the enclosed membership/registration form.

Mail the form to:

OLLI at WVU
PO Box 9123
Morgantown, WV 26506-9123

Please make checks payable to the WVU Foundation.

If you pay with a credit or debit card, the charge will show as: Nesius West Virginia Treasury Basics

Winter Registration begins January 7, 2019

Registration & Attendance Matter

We understand that plans change, especially when you're asked to commit to something several weeks in advance. However, it is important to register for the classes that you wish to attend. Enrollment records help us demonstrate our members' active participation in the program when seeking funding from grant-makers and policy-makers. Also, we occasionally have classes which fill quickly so one that you wish to attend may already have a wait list.

If you are unable to attend a class for which you are registered, please notify the OLLI office. Another person may be anxiously awaiting your cancellation so that he or she may participate in the class.

Please be respectful of the time and efforts of our volunteer instructors and your fellow OLLI members.



Look for this icon next to the course titles beginning on page 14!

This indicates that the instructor is a member of the OLLI Honor Roll and has taught at least 10 courses and 60 class session hours. If more than one instructor is listed, the Honor Roll member is in **bold**.

Mark Your Calendars!

Other Important Dates

December 22 - January 1	OLLI Closed for Holidays
January 7	Winter Registration begins
January 8	Winter Open House
January 11	OLLI Board Meeting
January 22	Spring Course Proposals Due Winter Classes Begin
February 8	OLLI Board Meeting
March 8	OLLI Board Meeting
March 18	Spring Registration Begins
April 8	Spring Classes Begin
April 12	OLLI Board Meeting
May 10	OLLI Board Meeting

Contact Us

Physical Address:
Osher Lifelong Learning Institute
at West Virginia University
Mountaineer Mall, Suite C-17
5000 Green Bag Rd.
Morgantown, WV 26501

Mail Address:
OLLI at WVU
PO Box 9123
Morgantown, WV 26506-9123

(304) 293-1793
www.olliatwvu.org
Email: olli@hsc.wvu.edu
Like us on Facebook at
Osher Lifelong Learning at WVU

OLLI Office Hours

9:00 a.m. - 5:00 p.m.
Monday - Friday
Closed Saturdays, Sundays,
and University holidays

Giving to Your OLLI

The Osher Lifelong Learning Institute at WVU is dedicated to providing the highest quality educational, recreational, and social opportunities possible to our members. For many years, we have been able to offer 200 or more classes, workshops, lectures, discussions, and field trips annually.

In order to sustain and grow the program, your financial support is needed. Although OLLI receives support from WVU and earnings from the Osher Endowment, this funding covers only about 50% of our expenses. Membership and registration fees cover another 25%. Therefore, the remaining 25% must be raised through donations, gifts, sponsorships, and grants.

Your donation to OLLI can help keep the lights on in the classrooms, support community outreach, provide hand-outs in a class, buy coffee for our member lounge, pay the printing and postage for course catalogs, and more.

Thank You to Our Donors

As OLLI at WVU strives to achieve financial sustainability, we would like to say Thank You to all who have given so generously this year. The following reflects donations processed between July 1 and November 15, 2018, per the WVU Foundation. If your name is not listed and you believe it should be, please call the OLLI office at 304-293-1793.

Robert & Aurie Acciavatti	Janice F. Denison	Willa Jarvis	Joseph Paull & Eleanor
Donna M. Allen	Nancy L. Diener	Pat Jenkins	Grubbs Paull
John & Joyce Allen	Judith R. Dinsmore & Alvin D.	Edwin Johnson	John Pearson
Rudolph & Helen Almasy	Howell	Kathryn J. Kay	Susan J. Petsko
Rochelle Althouse	Susan Dotson	Emory & Janet Kemp	E. Lee Petsonk
Gerri B. Angoli	Susan Dragovich	Beverly Kerr	Margot Racin
Nicholas & Barbara Apostolou	Richard & Barbara Eller	Yvonne Khourie	Sumitra & Ramana Reddy
Nancy L. Atwell	David P. Elliott	Ada B. Lease	Frank & Madelyn Romeo
Betty M. Bailey	Joann J. Evans	Marsha Litwiller	Shirley Rosenbaum
Maurice & Lynn Baker	Michael Fotta	Karen S. Long	Natalie Rutledge
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Diana Scott Beattie	Jewell Galford	Deborah Ludwig	J. Bernard & Mary L. Schultz
Lee Anne Beaumont	Margaret Garvin	Emily Lundberg	Diana F. Scott
Carole B. Boyd	Gwen S. Gill	Betty M. Maxwell	David Shapiro
Mary Ellen Brady	Shirley Giuliani	Stephen & Connie McCluskey	Leonard & Eleanor Simmons
Marsha Brand	Pablo & Olgalucia Gonzalez	Clark & Jean McKee	Gloria Sofranko
James Brannon	Judge Joseph & Kay Goodwin	Dale & Carolyn McVicker	David & Patricia Stanton
Nyles Charon & Anne Selinger	Denise S. Gwinn	Earl & Cecelia Melby	Annette H. Tanner
Stan & Judy Cohen	Rose Haislet	Robert W. & Miriam Miller	George & Viera Trapp
Kenton & Madeline Colvin	Jascenna Haislet	Marion Moir	Nancy C. Ulrich
JoAnne Cook	Paul & Kathy Hanko	Florita Montgomery	Wallace & Norma Venable
Sylvia Cooper	Lynn Harper	Donald & Mary Morrison	Kenneth & Louise Veselicky
Bob & Margaret Craig	H. Summers Harrison	Morgan Mike & Nancy Mosser	William & Susan Vieweg
Roger & Charlotte Dalton	Jim Held & Bonnie Brown	Judith C. Mull	Bill Weiss
Richard & Nancy Daugherty	Richard Hess	Charlotte Nath	Stephen J. Wetmore
Ann Davidson & Lloyd Davis	Col. Barry K. Holder USAF	Barbara A. Neal	Grace J. Wigal
Patrick & Allison Deem	Barbara J. Howe	Byron & Carolyn Nelson	Judith S. Wilkinson
	Arthur & Linda Jackowitz	James D. Olson	Linda K. Yoder

OLLI members and friends may give during the Annual Giving Campaign, when you renew a membership or enroll for classes, or any time during the year. You may choose to set up a monthly recurring gift.

You can choose to designate your gift to OLLI's area of greatest need, the \$100K Club, the scholarship fund, or the OLLI endowment. You may choose to leave a Legacy Gift, make a Tribute Gift, or give through an IRA Charitable Rollover.

***With a variety of giving options,
you can choose the gift that works best for you.***

For more information, call the OLLI office at 304-293-1793 or Karen Galentine (kegalentine@hsc.wvu.edu) at 304-293-1828.

To give today, visit <https://give.wvu.edu/public-health-olli> or add your tax-deductible donation to the enclosed class registration form.

Thank you for your continued support of lifelong learning and OLLI at WVU.



The Village at Heritage Point

Inspired senior living in the heart of Morgantown

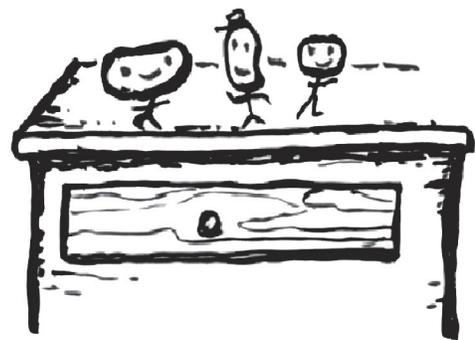
**The Village at Heritage Point is proud
to be a sponsor of OLLI at WVU.**

Please call 304-285-5575 or
visit www.Heritage-Point.com

Want to join the growing list of
OLLI business partners and
sponsors?

Contact Jascenna Haislet, Director,
at jascenna.haislet@hsc.wvu.edu

The Bean Counter:
all beans considered



Supporting OLLI at WVU
and healthy aging
through healthy food options.

822 Kingwood Pike Morgantown, WV 26508
(304) 292-5974
gfbrown2@frontier.com

Over the past three years, OLLI has been working to incorporate improved technology into our operations and create a stronger online presence. By doing so, we are working provide a better experience for our members while reducing our carbon footprint. Below are some of the resources available to OLLI members. If you have questions or need assistance accessing these resources, please call the OLLI office at 304-293-1793.

OLLI Website

The OLLI@WVU website (<https://olliatwvu.org>) is your resource for a great variety of information about our program, including class schedules, OLLI news, class handouts, FAQs about teaching, the OLLI member handbook, travel opportunities, minutes from board meetings, and much more. You can also access our registration site, <https://wvusph-olli.augusoft.net/>, from olliatwvu.org.

Friday E-bulletin

Every Friday morning, we send out a weekly email bulletin to let you know about upcoming events, as well as a digest of the next week's classes, meetings, and events. We strongly encourage you to join our ListServ so you're always in the know.

OLLI does not share your email address with anyone. We use your address only to inform you of news and upcoming events, so make sure you're signed up for our mailing list so you don't miss any special news or added classes.

OLLI Connections

OLLI Connections is a quarterly email newsletter sent to all members. If you do not have an email address, you can request to be sent a paper copy.

OLLI on Facebook

Follow OLLI on Facebook at Osher Lifelong Learning Institute at WVU. Find out when the latest catalog will be available online, see pictures from classes, learn about special events, and read interesting articles from a variety of sources.

Online Registration

You can register for your classes online at <https://wvusph-olli.augusoft.net/>. Instructions can be found on page 26.

If you've forgotten your username, that's ok! If you've forgotten your password, that's also ok! There are links for recovering both on our website, so as long as you know your email address, you can get back in.

This online registration system has allowed us to do away with paper receipts, so your receipts are sent directly to your inbox. Please double check to make sure your email address is correct in our system!

Please note that this portion of the WVU OLLI website is run by a third party, so the URL (web address) will be different for online registration than for the main OLLI website.

Class Materials Online

We have created an online repository for class handouts: <https://olliatwvu.org/for-members/member-resources/document-repository/>. This page contains course handouts that instructors have given permission for posting, as well as technology-related handouts we hope you will find useful.

The technology handouts have hyperlinked indexes (so you can just click on a link to jump to the bit you want to learn about) and are regularly updated so you can always access the most up-to-date information we have available.

Go Green!

You can opt out of receiving our printed catalog. All classes and special events are listed on the OLLI registration site, and courses that are added after the catalog goes to print will be there as well. Members who opt out of the printed catalog will receive a PDF (electronic) copy of the catalog as soon as it is sent to the printer, before it even goes out in the mail.



OLLI classes are thought-provoking and inspiring.

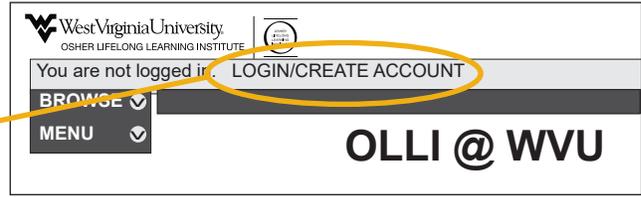
Register for OLLI Online

Browse the OLLI catalog, purchase or renew a membership, and register for classes and events online.

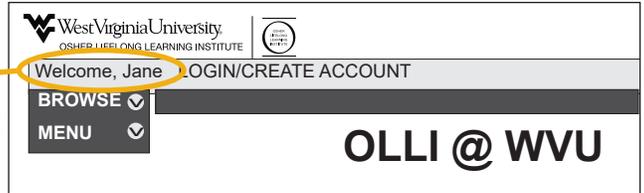
1. Go to olliatwvu.org

2. Click on **Register Here** on the left side of the screen.

3. You will be redirected to <https://wvusph-olli.augusoft.net>
Click on **LOGIN/CREATE ACCOUNT**.



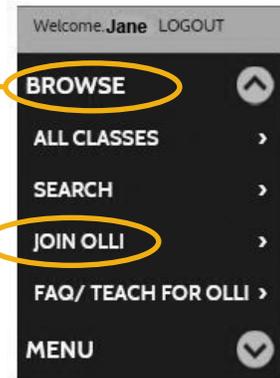
4. If you have been an OLLI member in the last two years, you already have an account.
Contact the OLLI office if you need your username and password.
Please do not create a new account.



5. You will see **Welcome, Your Name** in the gold bar above **BROWSE** on the right side of the screen if your login was successful.

6. Click **BROWSE** to purchase or renew a membership or browse OLLI classes and events.

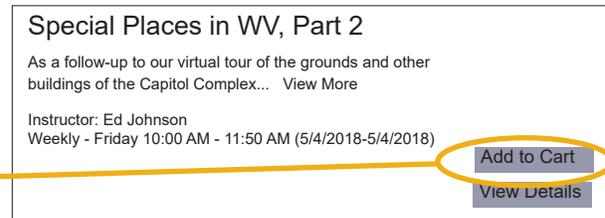
7. If you are purchasing or renewing a membership, click on **JOIN OLLI**, select the appropriate membership and click **Submit**.



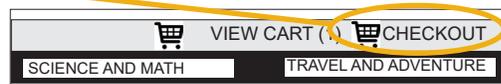
8. To register for classes and events, click on **BROWSE**, then **ALL CLASSES**.

9. Browse by day or topic.

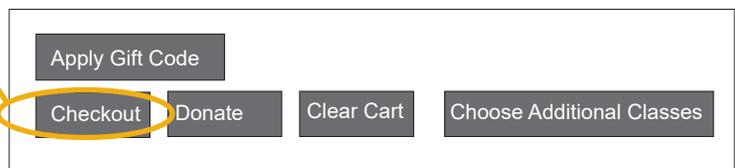
10. To select a class or event, click on the **Add to Cart** button on the right side below the class information.



11. When finished making your selections, click on **CHECKOUT** next to the **VIEW CART** on the right in the gold bar.



12. Review your selections and click on the blue **CHECKOUT** button at the bottom of your order.
If there is a balance due, you will be taken to a screen to enter your credit card information.
If there is no balance due, you will be taken to the Order Complete screen.



Winter 2019 Schedule at a Glance

Page # Day, Time

Sessions Date(s)

Location

<u>Monday, 10:00 a.m. - 11:50 a.m.</u>				
20	<i>The New Yorker</i> Discussion Group (Racin)	4	Jan. 28 - Feb. 18	A
16	Playing the Lap Dulcimer (Werner)	4	Jan. 28 - Feb. 18	B
<u>Monday, 12:45 p.m. - 2:35 p.m.</u>				
12	Yarn Arts Group	ongoing	Jan. 7 - Mar. 25	B
21	Microsoft Office: The Basics (Klishis)	1	Feb. 11	CL
<u>Mondays & Fridays, 12:45 p.m. - 2:35 p.m.</u>				
17	Physiology of Healthy Aging (Leary)	8	Jan. 28 - Feb. 22	A
<u>Monday, 12:45 p.m. - 3:00 p.m.</u>				
21	Using Microsoft Word (Klishis)	1	Feb. 18	CL
21	Using Microsoft Excel (Klishis)	1	Feb. 25	CL
<u>Monday, 3:00 p.m. - 4:50 p.m.</u>				
16	MonRiver New Horizons Band (Harvey)	ongoing	Jan. 28 - Mar. 25	B
20	<i>The New Yorker</i> Discussion Group II	4	Jan. 28 - Feb. 18	Heritage
<u>Monday & Wednesday, 3:30 p.m. - 4:50 p.m.</u>				
20	Geological History of Planet Earth: Beginnings (Smosna)	5	Jan. 23 - Feb. 6	A
<u>Tuesday, 10:00 a.m. - 11:50 a.m.</u>				
19	Researching Your Family History (Venham)	4	Jan. 22 - Feb. 12	A
18	History of Morgantown and Kingwood Railroad (DeVault)	5	Jan. 22 - Feb. 19	B
20	Give It a Shot: A Review of Vaccines (Elavsky)	1	Feb. 19	A
<u>Tuesday, 10:00 a.m. - 4:00 p.m.</u>				
15	Winter Double Feature Film Forum Event	1	Mar. 26	B
<u>Tuesday, 12:45 p.m. - 2:35 p.m.</u>				
20	Forest Growth and Development (Rentch)	2	Jan. 22 & 29	A
14	Blue Zones Project (Pape, Sommerkorn)	1	Feb. 12	A
<u>Tuesday & Thursday, 12:45 p.m. - 2:35 p.m.</u>				
17	Senior Strength, Balance, and Mobility (Leary)	8	Jan. 22 - Feb. 14	B
<u>Tuesday, 1:00 p.m. - 2:00 p.m.</u>				
14	Ask a Geek (Klishis)	ongoing	Jan. 8, 22, Feb. 12, 26, Mar. 12 & 26	CL
<u>Tuesday, 1:30 p.m. - 4:00 p.m.</u>				
16	Basic Watercolors (Witt)	ongoing	Jan. 8 - Mar. 26	MAAG
<u>Tuesday, 3:00 p.m. - 4:50 p.m.</u>				
22	Havana, Cuba, on the Move (Riedel)	2	Jan. 22 & 29	A
<u>Tuesday, 6:00 p.m. - 7:50 p.m.</u>				
19	Basic Car Care and Maintenance (Patrick)	1	Jan. 22	A
19	Real Chinese Cooking (Yang)	1	Jan. 22	Other
<u>Wednesday, 10:00 a.m. - 11:50 a.m.</u>				
16	Quaint...Songs of the Tin Pan Alley Era (Horacek)	1	Jan. 23	A
18	The Churchills (Melby)	4	Jan. 23 - Feb. 13	B
19	Write Your Story: An Intro to Life Writing (Sielen)	1	Jan. 23	Heritage
16	The 4 th Dimension of Design: Time (Longenecker)	1	Jan. 30	A
17	Vienna, the Most Musical of Cities (Horacek)	1	Feb. 13	A
<u>Wednesday, 12:45 p.m. - 2:35 p.m.</u>				
18	World War I: Maybe It Was <i>The Great War!</i> (Hammersmith)	3	Jan. 23 - Feb. 6	A
17	Your Inner Artist (O'Brien)	1	Jan. 30	B
22	Advent in Germany, Christmas in Vienna (Venable)	1	Feb. 6	B
15	Hazel Dickens (Paull)	1	Feb. 13	A
22	Picturing the Mother Road, Rt. 66 (Wright)	1	Feb. 13	B

Page #	Day, Time	Sessions	Date(s)	Location
	<u>Wednesday, 1:00 p.m. - 2:50 p.m.</u>			
15	Hazel Dickens (Paull)	1	Feb. 20	Heritage
	<u>Wednesday, 6:00 p.m. - 7:50 p.m.</u>			
20	Introduction to Forensic Science II (Bily)	5	Jan. 23 - Feb. 13	Other
	<u>Wednesday, 8:00 p.m. - 9:00 p.m.</u>			
15	From Earth to the Universe...	1	Mar. 27	Other
	<u>Thursday, 10:00 a.m. - 11:50 a.m.</u>			
14	Writers' Interest Group	ongoing	Jan. 10 - Mar. 28	B
18	Louisa May Alcott: Her Life and Her Literature (Nelson, Howe)	4	Jan. 24 - Feb. 14	A
18	Rare Books Collection: Isaac Asimov (Plein, Cole)	1	Mar. 28	Other
	<u>Thursday, 12:45 p.m. - 2:35 p.m.</u>			
21	Classroom AV Training (Klishis)	1	Jan. 10	A, B, CL
19	Women of the Bible (Swanson)	5	Jan. 24 - Feb. 21	A
21	Technology Security (Klishis)	1	Jan. 24	CL
21	Microsoft Office: The Basics (Klishis)	1	Feb. 14	CL
21	Mail Merge & a Look at OneNote (Klishis)	1	Feb. 28	CL
	<u>Thursday, 12:45 p.m. - 3:45 p.m.</u>			
21	Using Microsoft PowerPoint (Klishis)	1	Feb. 21	A
	<u>Thursday, 6:00 p.m. - 7:50 p.m.</u>			
14	Team Trivia (Hull)	1	Mar. 7	B
	<u>Friday, 10:00 a.m. - 11:50 a.m.</u>			
16	Opera as Drama (Nelson)	4	Jan. 25 - Feb. 15	A
22	River Cruising in the U.S. (Arnold, Arnold)	1	Jan. 25	B
19	Chair Caning (Beamer)	6	Jan. 25 - Mar. 1	Heritage
	<u>Friday, 12:45 p.m. - 2:35 p.m.</u>			
22	Special Places in WV: Famous Places (Johnson)	2	Feb. 1 & 8	B
	<u>Saturday, 10:00 a.m. - 10:50 a.m.</u>			
17	Introduction to Tai Chi and Qigong (Myers)	6	Jan. 26 - Feb. 16	B
	<u>Saturday, 11:00 a.m. - 11:50 a.m.</u>			
17	Intermediate Tai Chi (Myers)	6	Jan. 26 - Feb. 16	B

Can't make it to your class?

Please call the OLLI office at 304-293-1793
to let us know so we can open your seat to someone on the wait list!

Classroom Key

All classes are held in the Mountaineer Mall in Morgantown, unless otherwise stated.

A - Classroom next to the OLLI office.

B - Classroom under the OLLI sign.

CL - Computer Lab, first door on the left down the hall next to B, near the restrooms.

Heritage - The Village at Heritage Point, One Heritage Point, Morgantown.

MAAG - Morgantown Art Association & Gallery, Mountaineer Mall.

MDS - Morgantown Dance Studio, Mountaineer Mall.

Other - See course description for location.

*OLLI members may enroll
for any OLLI class,
regardless of class location.*

Special Member Events and Opportunities

***Special Member Events, unless otherwise noted, are free for current OLLI members!
Payment of term enrollment fee is not required.***

Ask a Geek

Michelle Klishis

Jan. 8, 22, Feb. 12, 26, Mar. 12 & 26

1:00 - 2:00 p.m.

OLLI Computer Lab

Sometimes you have questions about technology that don't fit into a specific class or course or maybe you just have something that is driving you crazy. For those times, OLLI's Professional Technologist, Michelle Klishis, has created a regular technology question & answer session.

Be aware that sometimes the answer is "No, you can't do that," and sometimes the answer is, "I don't have a clue." As long as you're okay with getting "No" for an answer, Michelle is willing to field any and all questions. Also, feel free to send an email ahead of time if you think your question is going to be really complicated or beyond the scope of an hour long session. Reach out to olli@hsc.wvu.edu with the subject Geek Question.

No question too small or too silly to answer! And even if you think you don't know enough to ask your own question, you can usually learn a lot listening to someone else's questions! And Michelle can always ramble on about any tech topic if you get her started.

As a warning, Michelle's strengths are Android phones, Windows PCs, MS Office software, and digital security and privacy. Her weaknesses are Apple products and AV equipment. (i.e. Apple questions are most likely to be answered, "I don't know, I'll have to look into it.")

OLLI Interest Groups

OLLI Interest Groups are open to all OLLI members for \$10 per term per interest group. If a member is taking additional OLLI classes and has therefore paid the \$30 term registration fee, the Interest Group fee is waived.

Yarn Arts Group

On **Mondays from 12:45- 2:35 pm in Classroom B**, join others to share ideas, patterns, workshop information and to support each other in knitting, crocheting, needle-point, and other yarn and thread arts.

Writers' Interest Group

Having a hard time finding time to work on your life story, novel, poetry, journal, or letters? Come write in a quiet, comfortable, supportive environment. Bring paper, pen, laptop, etc. There will be at least 1.5 hours of quiet writing time each session.

Thursdays, 10:00 - 11:50 a.m. Classroom B

Blue Zones Project

Olivia Pape, Ryan Sommerkorn

Tuesday, Feb. 12, 12:45 - 2:35 p.m.

Classroom A

Blue Zones Project is a community well-being initiative designed to unite our worksites, grocery stores, restaurants, schools and residents toward one common goal: making healthy choices easier. Based on principles developed by Dan Buettner, *National Geographic* Fellow and *New York Times* best-selling author of *The Blue Zones* and *The Blue Zones Solution*, Blue Zones Project provides evidence-based best practices designed to improve health and wellness in the areas where people live, work, and play. Working with leaders, volunteers, and organizations across the community, Blue Zones Project programs make healthy choices easier and accessible to all. Outcomes are measured by the Gallup-Sharecare Well-Being Index. WVU and Morgantown have been working together to bring the initiative to our community.

About the Presenters: Olivia Pape is a communications specialist working on the Blue Zones Project for WVU Health Promotion and Wellness. Ryan Sommerkorn is the director of Promotion and Wellness at WVU.

Team Trivia

Courtney Hull

Thursday, Mar. 7, 6:00 - 7:50 p.m.

Classroom B

Do you know what flightless bird is featured on New Zealand's one dollar coin? Join us for a fun afternoon of team trivia to find out! Attendees will form groups of two or three and work together to answer challenging trivia questions. Questions will be from various categories, including science, art, history, geography, transportation, culture, and more. Participants can build their points by guessing correct answers. The team with the most points at the end of the event will receive a prize. Form your own team or connect with another OLLI member at the event. Refreshments will be served.

About the Presenter: Courtney Hull is a PhD student studying psychology at WVU. She is currently a volunteer at OLLI and looks forward to cultivating a fun and inviting atmosphere at team trivia!

Winter Double Feature Film Forum: *2001: A Space Odyssey* & *Forbidden Planet*

Jim Held

Tuesday, Mar. 26, 10:00 a.m. - 4:00 p.m.
Classroom B

Fee: \$5.00 (*payable at the time of registration*)

The success of last winter's special film event inspired us to make it a regular thing. This year it's a classic sci-fi double-feature! In celebration of the film's 50th anniversary, we'll start with *2001: A Space Odyssey*, Stanley Kubrick's masterpiece based on Homer's *Odyssey*. The film stars Keir Dullea, Gary Lockwood, and HAL. After a catered lunch, we'll watch the 1956 classic, *Forbidden Planet*, a gripping re-telling of Shakespeare's *The Tempest*, starring Walter Pidgeon, Ann Francis and Leslie Nielsen. A discussion will follow about turning classics into film. See page 26 for more details.

From Earth to the Universe A Visit to the WVU Planetarium

Planetarium Staff

Wednesday, Mar. 27, 8:00 - 9:00 p.m.
WVU Planetarium

The night sky, both beautiful and mysterious, has been the subject of campfire stories, ancient myths, and awe for as long as there have been people. A desire to comprehend the universe may well be humanity's oldest shared intellectual experience. Yet only recently have we truly begun to grasp our place in the vast cosmos. Learn about this journey of celestial discovery, from the theories of the ancient Greek astronomers to today's grandest telescopes.

Your OLLI Name Badge

OLLI provides a name badge on a lanyard for each of our members. Please wear your badge when you attend OLLI classes and events. It helps us get to know each other!

New members can pick up their name badge in the member lounge and then keep it. If you need a new badge, please visit the OLLI office.



These events, hosted by OLLI at WVU, are free and open to the public. OLLI membership not required although reservations are encouraged.

Hazel Dickens

Joseph Paull

Wednesday, Feb. 13, 12:45 - 2:35 p.m.
Classroom A, Mountaineer Mall
and

Wednesday, Feb. 20, 1:00 - 2:50 p.m.
The Village at Heritage Point

Offered Twice



This course is a study of the life of Hazel Dickens. Hazel was a West Virginia girl who migrated to Baltimore from Mercer County. It was in Baltimore that she achieved recognition and fame as a Bluegrass artist. We will examine her life and songs. The class will have an opportunity to sing her most famous song, *West Virginia, Oh My Home*.

About the Instructor: Dr. Paull has taught in the public schools and has also taught in the graduate school at WVU.

OLLI Goes to the Theatre

WVU School of Theatre and Dance 2019

The WVU School of Theatre and Dance presents another exciting series of performances during the 2019 season. Join your fellow OLLI members for matinee performances at the Creative Arts Center. Special group ticket prices are available. Mark your calendars now for the following performances and watch the OLLI website and the Friday eBulletins for more details about the productions and corresponding events.

The Magic Flute

by Wolfgang Amadeus Mozart
Sunday, February 3, 2:00 p.m.
Lyell B. Clay Concert Theatre

Dance Now!

Saturday, March 2, 2:00 p.m.
Lyell B. Clay Concert Theatre

You Can't Take It With You

by George F. Kaufman and Moss Hart
Sunday, April 14, 2:00 p.m.
Gladys G. Davis Theatre

Basic Watercolors

Susan Hall Witt

Tuesdays, Jan. 8 - Mar. 26
1:30 - 4:00 p.m.

Classroom: MAAG

Maximum Enrollment: 15



The class will explore how watercolors work and will apply that knowledge to painting greeting cards and small works. No experience is needed and no supplies are necessary for the first couple of lessons. Participants from previous sessions are welcome as we will expand our knowledge and apply it to more advanced work.

About the Instructor: Susan Hall Witt is a stained glass and watercolor artist. She teaches stained glass for the community schools program and continues to take classes and workshops to improve her skills.

The 4th Dimension of Design: Time

George Longenecker

Wednesday, Jan. 30
10:00 - 11:50 a.m.

Classroom A

Participants will explore the various impacts of time on the environment. It has been said "you cannot go back because things will not be the same." Time changes everything. Some changes happen quickly, others take many years. If you go back expecting change and welcoming it, there is a lot to be learned.

About the Instructor: George Longenecker is a WVU professor emeritus of Landscape Architecture and the founder of the West Virginia Botanic Garden. He is currently a landscape advisor for Fallingwater.

MonRiver New Horizons Band

Damon Harvey

Mondays, Jan. 28 - Mar. 25
3:00 - 4:50 p.m.

Classroom B

The organization's motto, "It's never too late," means that one is never too old to make music. Founded by Dr.

Lindsey Williams in 2016, the MonRiver New Horizons Band gives OLLI members the opportunity to explore the joy of making music. Whether you once played a band instrument but did not continue later in life or never played before, the New Horizons Band will help you tap into the music within.

Course Materials: *Essential Elements Method* book and music stand. Participants must provide their own instrument.

About the Instructor: Damon Harvey is a PhD student in Music Education at WVU. Previously, he taught music for grades 5-12 in Wheeling, WV. Before teaching, Damon completed a master's degree in Music Ed at Case Western Reserve University.

Opera as Drama

Byron Nelson

bnelson2@wvu.edu
Fridays, Jan. 25 - Feb. 15
10:00 - 11:50 a.m.

Classroom A



The course will provide critical introductions to the five operas in the Met in HD series (presented Saturday afternoons at the Regal Theatre) and the two operas in the Pittsburgh Opera's spring season at the Benedum Theatre. In addition, the Creative Arts Center will present *The Magic Flute*. The five Met operas are *Adriana Lecouvreur*, *Carmen*, *La Fille du Regiment*, *Die Walkure* and *Dialogues of the Carmelites*; the Pittsburgh operas are *La Boheme* and *Don Pasquale*. We will examine how the music itself, as much as the libretti and the productions, contains and presents the drama.

About the Instructor: Byron Nelson is retired from the WVU English Department, in which he taught for 40 years. He taught Shakespeare, Milton, Bible as Literature, and Renaissance English literature. He is a lifelong opera enthusiast.

Playing the Lap Dulcimer

Judy Werner

judywerner@frontier.com
Mondays, Jan. 28 - Feb. 18
10:00 - 11:50 a.m.

Classroom B



Enjoy learning to play more songs on the Appalachian lap dulcimer. Each week we will focus on different types of songs including fiddle tunes, waltzes, Irish songs, and Stephen Foster songs. No previous musical experience is necessary to learn to play this simple instrument. Lap dulcimers will be available to use during the class.

About the Instructor: Judy Werner has enjoyed playing the lap dulcimer for more than 12 years and she plays in two different dulcimer groups. She likes old-time traditional music and enjoys going to concerts and music festivals. She and her husband co-direct the Gardner Winter Festival held every February. Judy enjoys playing the tin whistle and bowed psaltery.



Quaint, Unusual, and Charming Songs of the Tin Pan Alley Era

Leo Horacek

Wednesday, Jan. 23
10:00 - 11:50 a.m.

Classroom A

The term Tin Pan Alley refers to songwriting during decades before WWII, a period often considered the most creative era in American popular song. In addition to the works of well-known composers such as George Gershwin and Irving Berlin, there were many charming songs created by lesser-known or unknown song writers. A choice selection of these will be examined.

About the Instructor: Dr. Horacek is a retired professor of the WVU music department.

Vienna, the Most Musical of Cities

Leo Horacek
 Wednesday, Feb. 13
 10:00 - 11:50 a.m.
 Classroom A



Other major cities—Paris, Munich, New York—have been sites of significant events of classical music. But far overshadowing these is Vienna, the home of Mozart, Beethoven, Brahms, and many other significant composers. Salient compositions and events in Vienna’s musical history will be discussed. The conditions that led to Vienna’s pre-eminence will be considered.

About the Instructor: See previous page.

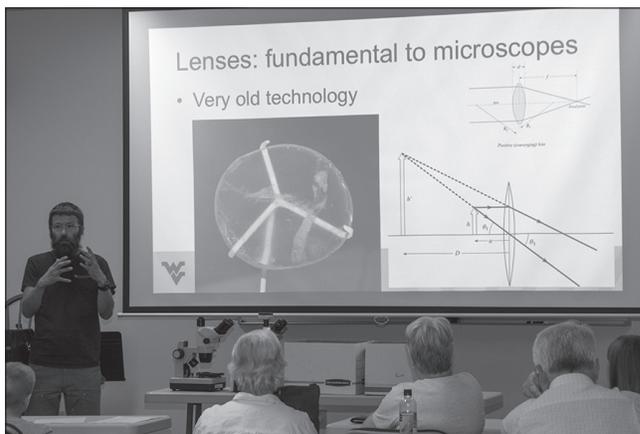
Your Inner Artist

Cindy O’Brien
 Wednesday, Jan. 30
 12:45 - 2:35 p.m.
 Classroom B

Making art is an exploration, a process, an adventure, a discovery. We aren’t aiming for fine art but will have a good time looking for creations somewhere between a blank sheet and a coloring book. Together we will do our own things, with a little help from friends.

Materials Needed: Bring scissors and a glue stick.

About the Instructor: Cindy O’Brien takes pictures of interesting sidewalk cracks, prints them on paper, then paints or colors images suggested by the crack patterns. She thinks the coloring book craze feeds peoples’ nostalgia for the simple joy of playing with crayons but believes there are other more creative ways to play with art materials.



Introduction to Tai Chi and Qigong

Doug Myers
 culturalepidemiologist@gmail.com
 Saturdays, Jan. 26 - Feb. 16
 10:00 - 10:50 a.m.
 Classroom B



Maximum Enrollment: 18

This course is an introduction to a version of Yang Style Tai Chi as modified and taught by Cheng Manching. In this course, students will learn the basic principles of Tai Chi and how to do the Tai Chi form.

About the Instructor: Dr. Myers has studied Tai Chi and other Chinese martial arts for 12 years. While living in North Carolina, he studied with Frank Wong, a student of Cheng Manching.

Intermediate Tai Chi

Doug Myers
 culturalepidemiologist@gmail.com
 Saturdays, Jan. 26 - Feb. 16
 11:00 - 11:50 a.m.
 Classroom B



Maximum Enrollment: 18
Enrollment by permission of instructor.

This course builds upon the Introduction to Tai Chi course. In this course, students will learn some of the deeper concepts of Tai Chi while advancing their practice of the Tai Chi form. This course is open to those who are able to do the entire form that is taught in the Introduction to Tai Chi course.

About the Instructor: See above.

Physiology of Healthy Aging

Miriam Leary
 Mondays & Fridays, Jan. 28 - Feb. 22
 12:45 - 2:35 p.m.
 Classroom A

This course will cover the physical and nutritional recommendations for healthy aging and teach easily implemented strategies for achieving health and wellness as a senior. This course will include a supervised walking program that investigates the effects of acute and chronic exercise on blood pressure.

About the Instructor: Dr. Miriam Leary is an assistant professor in the division of Exercise Physiology at WVU and a registered clinical exercise physiologist from the American College of Sports Medicine. As an OLLI course instructor, she is supervising WVU seniors who will be creating and implementing this educational workshop.

Senior Strength, Balance, and Mobility

Miriam Leary
 Tuesdays & Thursdays, Jan. 22 - Feb. 14
 12:45 - 2:35 p.m.
 Classroom B
Maximum Enrollment: 25

This course will include weekly lessons on the importance of maintaining strength and mobility with aging and includes applied practice. You will be performing strength training, mobility, and balance exercises under supervision. All abilities are invited with chair exercises available as modifications.

About the Instructor: See above.

Our volunteer instructors are enthusiastic about sharing.

The Churchills

Earl Melby

Wednesdays, Jan. 23 - Feb. 13

10:00 - 11:50 a.m.

Classroom B

Honor
Roll
Faculty

It is well known that Winston Churchill led Britain and her allies to victory against the Nazis in World War II. We will learn how an ancestor, John Churchill, the First Duke of Marlborough, inspired Winston to be the war leader that Britain needed during its darkest hours. John Churchill was also a decisive war leader in 1704 in battles against Louis XIV of France. We will study the lives of these two wartime British leaders.

About the Instructor: Earl Melby, PhD, is an organic chemist who worked in universities and industry for many years. He has previously taught OLLI courses on polymers, adhesives, safety of plastics, Vikings, Normans, Kings of England, the French Revolution and Napoleon Bonaparte.

History of Morgantown and Kingwood Railroad

Keith DeVault

Tuesdays, Jan. 22 - Feb. 19

10:00 - 11:50 a.m.

Classroom B

Participants will explore the history of the Morgantown and Kingwood Railroad from Morgantown to Rowlesburg, WV, learning about the different communities and industries that started in the area. The class will also show the economic impact the railroad had on the employment and growth of the communities.

About the Instructor: Keith DeVault has been teaching this subject to numerous groups of railroad and historical societies.

Rare Books Collection:

Isaac Asimov

Stewart Plein & Jay Cole

Thursday, Mar. 28

10:00 - 11:50 a.m.

WVU Wise Library Rare Books Room

Maximum Enrollment: 12

Encore

Noted science fiction author Isaac Asimov was one of the 20th century's most prolific authors, with 600 titles to his credit. From the *Foundation Trilogy* to *I, Robot* to his collaboration with Robert Silverberg on one of his most popular latter day story collections, *Nightfall*, Asimov changed the way we imagine new worlds, new concepts, and new ideas. The Asimov collection includes signed works, first editions, children's books, games, movies, and many other diverse materials that bear the hallmark of Isaac Asimov.

About the Instructor: Stewart Plein is the Assistant Curator of West Virginia Books and Printed Resources and Rare Book Librarian for the West Virginia and Regional History Center, the special collections unit at West Virginia University. She received her BA from Emory & Henry College and her MLIS from the University of South Carolina. Stewart's research and publishing interests include book history, bookbinding design, and Appalachian Studies. Jay Cole is Senior Advisor to the President of WVU. He also teaches honors courses on Dante's *Divine Comedy* and Isaac Asimov's science fiction.

Louisa May Alcott: Her Life and Her Literature

Carolyn Nelson, Barb Howe

Thursdays, Jan. 24 - Feb. 14

10:00 - 11:50 a.m.

Classroom A

Honor
Roll
Faculty

It's time to dust off your old copy of *Little Women*, first published 150 years ago, read it again, and imagine why the reading of this book was such a memorable experience for many young girls. The class will discuss the book, the circumstances of its writing and publication, and the many other and

varied writings of Louisa May Alcott. The Alcott family and their interesting friends in the Concord and Boston community will be introduced. The class will also watch the recent, excellent PBS adaptation of *Little Women*.

About the Instructors: Carolyn Nelson is retired from the WVU English Department. Barb Howe is retired from the WVU History Department.

World War I: Maybe It Was The Great War!

Jack Hammersmith

Wednesdays, Jan. 23 - Feb. 6

12:45 - 2:35 p.m.

Classroom A

Precisely a century later, it seems appropriate to revisit the "Great War." The most popular song in pre-war 1915 was *I Didn't Raise My Son to Be a Soldier*. Two years later George M. Cohen's *Over There* celebrated a contrasting war spirit. In 1914, Woodrow Wilson proclaimed the U.S. "too proud to fight." In 1917, he committed the nation to a "war to end all wars." What had changed and why? What was the war's impact on women? African Americans? German Americans? Civil liberties? Drinking? Music? World maps? War itself? Was this, in fact, rightly named THE Great War?

About the Instructor: Jack Hammersmith, now in his third year of retirement after 48 years in WVU history classrooms, hopes he hasn't yet exhausted OLLI participants with such earlier efforts as "The Virgin President" and alliance avoidance, making, and breaking. (By contrast, however, thousands of WVU students remain in recovery programs!)

Hobbies and Interests

Basic Car Care and Maintenance

Kevin Patrick Sr.
Tuesday, Jan. 22, 6:00 - 7:50 p.m.
Classroom A

Learn the basics of taking care of your car from a professional mechanic. The class will cover such topics as checking your fluid levels and tires, including pressure and wear patterns. Learn emergency roadside repairs, including changing a flat tire. Other topics covered will include the WV state inspection process and what is needed to pass. Participants can learn how to protect themselves from unethical garages.

About the Instructor: Kevin Patrick has been a professional mechanic for the past 34 years. He is the shop foreman at Mercedes Benz of Morgantown. Kevin won the Mercedes Benz Master Guild award and was a Stars of Service champion, ranking in the top 32 Mercedes technicians in the U.S.

Chair Caning

Kay Beamer
Fridays, Jan. 25 - Mar. 1
10:00 - 11:50 a.m.
The Village at Heritage Point

Maximum Enrollment: 6

Learn to weave mesh cane on your favorite chair with broken cane. Want to learn but don't have a chair? Chairs and caning supplies can be provided as necessary. Contact the OLLI office for more information.

About the Instructor: Kay Beamer learned chair caning from Carl Taylor many years ago and enjoys seeing otherwise useless chairs come to life!



Real Chinese Food

Li Yang
li.yang@mail.wvu.edu
Tuesday, Jan. 22, 6:00 - 7:50 p.m.
Spruce Street United Methodist Church
386 Spruce St.

Fee: \$5.00

Maximum Enrollment: 12

Learn how to cook basic Chinese food, including Chinese cutting styles and cooking methods used in the home.

About the Instructor: Mrs. Yang came to the U.S. from China 30 years ago. She loves to cook and is always sharing her food. She has often been urged to open a restaurant, but she doesn't want to work that hard. She just wants to enjoy sharing what real Chinese food is.

Researching Your Family History

Christy Venham
Tuesdays, Jan. 22 - Feb. 12
10:00 - 11:50 a.m.
Classroom A

Learn how to research your family history. The class will cover a variety of research methods including: courthouse, library, archival, and online.

About the Instructor: Christy Venham has taught courses in genealogy at WVU and Garrett College. She has also done family history workshops for Arthurdale Heritage, the Carnegie Museum, and Vandalia Heritage.



Many OLLI classes are hands-on, as was *Playing with Dough*.

Write Your Story: An Intro to Life Writing

Rae Jean Sielen
Wednesday, Jan. 23
10:00 - 11:50 a.m.
The Village at Heritage Point



Come have some fun and be inspired! We will discuss a few reasons for and benefits of writing about your life. Sample narratives and stories will be shared, and ideas given for ways to approach life writing. Time will be set aside for discussion, questions, a writing activity, and optional sharing of participants' in-class writing. Open to "writers" and "non-writers" alike. Participants will be given some handouts with topics and prompts for writing on their own.

About the Instructor: Rae Jean Sielen is the co-founder/owner of Populore Publishing Company in Morgantown. For nearly 25 years she has helped individuals, families, organizations, and businesses with a wide variety of publishing projects. She is especially passionate about encouraging others to preserve their personal and family stories in writing.

Philosophy and Religion

Encore

Women of the Bible

Freya Swanson
Thursdays, Jan. 24 - Feb. 21
12:45 - 2:35 p.m.
Classroom A



This will be a repeat offering of a survey of the women of the Bible from Eve to the Whore of Babylon.

About the Instructor: Freya Swanson is an ordained Universalist Minister.

Forest Growth and Development

James Rentch
Tuesdays, Jan. 22 & 29
12:45 - 2:35 p.m.
Classroom A

This course will follow the birth, growth, maturity, and eventual death of trees and forests in four successive stages: stand initiation, stem exclusion, understory reinitiation, and old growth. The course will use several time series photographs to illustrate processes occurring in each stage for forests typical of our region.

About the Instructor: Dr. Jim Rentch is a native West Virginian. He taught undergraduate silviculture, forest ecology, and botany courses at WVU for 17 years, and published numerous research papers on those subjects.

Geological History of Planet Earth: Life



Richard Smosna
Mondays & Wednesdays, Jan. 23 - Feb. 6
3:30 - 4:50 p.m.
Classroom A

This course will present the most current scientific theory on the origin of life, some 3.5 billion years ago. It will examine the theory itself, corroborating evidence, and scientific interpretations concerning the origin. We will also study several of the earliest life forms that developed on planet Earth.

About the Instructor: Richard Smosna, an emeritus professor at WVU, has taught geology there since the Jurassic period, presenting courses in environmental hazards, history of Earth, dinosaurs, human evolution, oceanography, and petroleum.

Give It a Shot: A Review of Vaccines

Megan Elavsky
Tuesday, Feb. 19
10:00 - 11:50 a.m.
Classroom A

Vaccines are a hot topic and can potentially be confusing due to the multiple options available. Flu, pneumonia, shingles, etc. - what's indicated? What is best? During this course, the pharmacist will review recommendations and new vaccines recently released as well as answer questions.

About the Instructor: Megan Elavsky, PharmD, BCPS, is a family medicine pharmacy specialist who works at WVU Medicine Department of Family Medicine. She completed her residency at Carolinas Medical Center followed by a geriatric specialty at the Louis Stokes Cleveland VA Medical Center.

Introduction to Forensic Science II

Christopher Bily
Wednesdays, Jan. 23 - Feb. 13
6:00 - 7:50 p.m.
WVU Crime Scene Complex

These classes are designed to offer more introductory topics that weren't covered in Forensic Science I. Topics will include Bloodstain Pattern Analysis, Forensic DNA, Toolmark Identification, and Crime Scene Investigation. Previous Forensic Science coursework is not required to attend these classes.

About the Instructor: Chris Bily is the Forensic Science Instructional Coordinator for the Next Generation Forensic Science Initiative. He specializes in impression evidence.

The New Yorker Discussion Group

Margot Racin
Mondays, Jan. 28 - Feb. 18
10:00 - 11:50 a.m.
Classroom: A



Join us to discuss a range of topics from recent issues of *The New Yorker*. Members of the group choose articles, fiction, and topics to be discussed each week. All viewpoints welcome! A subscription to *The New Yorker* is strongly recommended.

About the Instructors: Margot Racin is retired after 30 years in the WVU English Department. She has coordinated these discussions in previous terms and looks forward to even more stimulating discussions.

The New Yorker Discussion Group II

TBA
Mondays, Jan. 28 - Feb. 18
3:00 - 4:50 p.m.
The Village at Heritage Point

Join us to discuss a range of topics from recent issues of *The New Yorker*. Members of the group choose articles, fiction, and topics to be discussed each week. All viewpoints welcome! A subscription to *The New Yorker* is strongly recommended.



Investigating blood spatter in *Introduction to Forensic Science*.

Technology and Training

The following technology classes will be held in the **OLLI Computer Lab**. **Maximum Enrollment is 14** for each.

The classes will be taught by Michelle Klishis, OLLI's professional technologist. Michelle is a jack-of-all-trades and certifiable geek. Her degree in biology and work in a microbiology lab gave her absolutely no preparation for becoming a technology consultant, yet here we are. When not in front of computers, she is likely to be found reading or hiking (current accomplishment: hiking all of the state parks and forests in WV).

Encore

Technology Security

Thursday, Jan. 24, 12:45 - 2:35 p.m.
Skill Level I

"If you are not paying for it, then YOU are the PRODUCT." As more of our lives becomes digitized, it's important to make sure you are being safe with your electronic gadgets and online information. Anti-virus, malware, hacking, identity theft; all of these things make computers and smart phones sound terrifying, but there are simple steps you can take to make your data more secure, and to feel more comfortable surfing the web and shopping online.

Technology Skill Level Key

Level I

No experience necessary. We'll go slowly so you can ask lots of questions. If you fear technology, this is the place for you.

Level II

Still plenty of time for questions but you'll be expected to have a basic understanding and familiarity with the operating system and generally how programs within the operating system work.

Level III

This is no place for the faint of heart. You should be comfortable with navigating the operating system and using programs within that operating system. There will probably be prerequisites.

Microsoft Office: *Offered Twice* The Basics

Monday, Feb. 11 & Thursday, Feb. 14
12:45 - 2:35 p.m.

Skill Level I

The course will take you through commands that are common to all programs in the Microsoft Office suite. We'll look at using the ribbon, shortcuts, formatting text and documents, adding images and more. Even if you have used Microsoft Office in the past, you will still walk out of this class learning something you didn't know.

This class is a required prerequisite for the rest of the Microsoft Office suite.

Using Microsoft Word

Monday, Feb. 18, 12:45 - 3:00 p.m.

Prerequisite: Office Basics

Skill Level I

This class will look at making Microsoft Word do what YOU want it to do (instead of Word making you fit into its preferences). We'll cover tricks of moving around and selecting text, how to format the text and layout of a document, as well as using tables and columns. We'll even look at page numbering and tables of contents, all of which allow you to create a document you can be proud of!

Using Microsoft PowerPoint

Thursday, Feb. 21, 12:45 - 3:45 p.m.

Prerequisite: Office Basics

Skill Level I

If you'd like to teach an OLLI class—or make the class you do teach even better—PowerPoint is the most

common tool for giving presentations. This class will show you how to make a slide show, and the tools that exist within PowerPoint that will make giving your presentation easier. We will also look at how to use PowerPoint to make a photo album—an automatic slide show that displays pictures, such as you might see at a family reunion or wedding.

Using Microsoft Excel

Monday, Feb. 25, 12:45 - 3:00 p.m.

Prerequisite: Office Basics

Skill Level II

Excel is Microsoft's spreadsheet program, which makes it sound like something for business use only, but Excel is really an amazing organizational tool or information. Some things you can use Excel for: address books, tracking daily exercise, maintaining a budget, or even creating a database to keep track of all the books you buy for kids.

Mail Merge & a Look at OneNote

Thursday, Feb. 28, 12:45 - 2:35 p.m.

Prerequisites: Microsoft Word, Microsoft Excel

Skill Level II

If you've ever had to send a letter to multiple people—or to address envelopes for a mass mailing—you know how time consuming it can be. Mail merge is a way to take a list of names and addresses and automatically insert them into letters or mailing labels. We'll also take a quick peek at OneNote, Microsoft's notebook program—possibly the most underused by useful program MS has ever created.

Classroom AV Training

Thursday, Jan. 10, 12:45 - 2:35 p.m. Classrooms A, B, CL

Skill Level I

This hands-on workshop is open to all instructors and members interested in learning about the equipment and technology available in the OLLI classrooms. New ideas are welcome as we develop quick reference sheets and instruction manuals. Want to teach or host a course and concerned about the technical side? This workshop is for you!

*Free to all
OLLI instructors
& members.*

Advent in Germany, Christmas in Vienna

Wallace Venable
Wednesday, Feb. 6
12:45 - 2:35 p.m.
Classroom B



Learn all about a planned adventure taken while this catalog was at the printers: "A flight to Munich gives us a chance to see some of Germany's best museums and perhaps to visit Ludwig's castle. The city will be full of Khriskindle Markets and decorations. A train will take us to Nuremberg where we will board a river ship and visit decorated towns and more Christmas markets. Arriving in Vienna on Christmas Eve, rather than flying home immediately, we will stay a few nights and see what happens there."

About the Instructor: This will be Wally and Norma's 4th holiday ship cruise in Europe.

Havana, Cuba, on the Move, a Personal Video Odyssey

Heimo Riedel
Tuesdays, Jan. 22 & 29
3:00 - 4:50 p.m.
Classroom A

This personal travel story to Havana and its vicinity happened during the winter holidays in 2016. The story highlights the vibrant and colorful streets of Cuba with high-resolution video clips, often immersed in crowds of people, and will tell a story of intriguing sights and encounters. Participants will learn about Cuba along the way but no effort will be made to provide any systematic overview of the country. The only requirement is an interest in foreign culture or at the minimum an open mind for colorful streets, sights, and people.

About the Instructor: Heimo Riedel, PhD, has been a professor at WVU (Department of Biochemistry and Cancer Institute) and earlier at Wayne State University in Detroit, MI, and Harvard Medical School in Boston, MA,

for over 20 years, with an interest in cell biology. Based on his deep interest in foreign cultures and their history, he has visited a majority of countries on five continents over several decades. He has a longstanding interest in the arts including photography, videography, and painting and his own work has repeatedly been exhibited.

Picturing the Mother Road, Rt. 66

Giles Wright
Wednesday, Feb. 13
12:45 - 2:35 p.m.
Classroom B

After Henry Ford began mass producing affordable American automobiles, Rt. 66 was the first road to the West, connecting the main streets of many towns from Chicago, IL, to Santa Monica, CA. During the instructor's travels uncovering what's left of Main Street, USA, he spotted busloads of German and Japanese tourists who were more aware of the importance of the Mother Road in U.S. history than the average American. Let's change that. This year we will observe the beginnings of Rt. 66 before the glory years following WW II on into the era of the Eisenhower interstate system.

About the Instructor: Giles Wright graduated from Davis and Elkins College with a degree in Education back when the world was young and followed it with a degree in Educational Administration from Marshall University. After ten years as teacher and/or principal, he became a tour coach operator and has currently amassed three million miles over the last 40 years all over North America.

OLLI membership has opened a whole new world for me and has given me a challenging and very rewarding activity for my retirement years.

- OLLI member

River Cruising in the U.S.: The Hudson River

Stephen Arnold, Susan Arnold
Friday, Jan. 25
10:00 - 11:50 a.m.
Classroom B

Learn about cruising the Hudson River between New York City and Albany with stops for sightseeing and tours including the Franklin D. Roosevelt home at Hyde Park, West Point, Washington Irving's home, and other sites.

About the Instructors: Steve Arnold has been retired since 2010 after a career in banking, accounting, order processing, and purchasing management. He has spent the last 42 years doing genealogy research including some work for clients and answering queries for the West Virginia Regional History Center at WVU. Other hobbies include pets and travel, including some for pleasure and some involving genealogy conferences. Susan Arnold is the Director of the Health Sciences Library at WVU. She is also very active with genealogy research and the DAR.

Special Places in WV: Famous Places

Ed Johnson
Fridays, Feb. 1 & 8
12:45 - 2:35 p.m.
Classroom B

The class will vicariously visit places that bring fame to our state regionally, nationally, and/or globally, including the Greenbrier, New Vrindaban (Palace of Gold), Summit Bechtel Reserve, New River Gorge Bridge, Tamarack, Snowshoe, and more.

About the Instructor: Ed Johnson is increasingly obsessed with all things West Virginia and sharing with his fellow OLLI members.



Landmark Tours *Nova Scotia and the Maritimes* September 9 - 16, 2019

Highlights:

Halifax City Tour, Prince Edward Island, Cape Breton Island, the Cabot Trail, Peggy's Cove & Lunenburg, Fort Anne Historic Site, Anne of Green Gables Home, Alexander G. Bell Museum, Bay of Fundy National Park

Reservation & Deposit Due: February 9, 2019

Double occupancy from \$3,395 pp



Collette Travel *Treasures of Northern California* September 8 - 16, 2019

Highlights:

San Francisco, Choice of San Francisco Bay Cruise or City Tour of San Francisco, Yosemite National Park, Sacramento, Lake Tahoe, Sonoma Wine Country, Winery Tours, Napa Valley Vineyard Experience

Reservation & Deposit Due: March 4, 2019

Double occupancy from \$3,629 pp

For more information about this trip and others, pick up a brochure in the OLLI Member Lounge or contact the OLLI office at 304-293-1793.



OLLI members love to travel!

As a non-profit membership organization, OLLI depends on the generous support of our volunteers. Volunteers are the lifeblood of our program, helping to ensure that OLLI is able to provide the highest quality courses, lectures, workshops, trips, and more for our members.

Your volunteer experience can be molded to fit your interests, talents, and schedule. Opportunities may be short-term project-oriented tasks or ongoing general support, team or solo tasks, on-site or in the community. All members have something to offer and are encouraged to share their time and expertise with their peers.

Ambassadors

OLLI Ambassadors help spread the word about our program by sharing their experiences and inviting friends, family, and others to join them for a class.

Board Members*

The Board of Directors is the governing body of OLLI at WVU, providing leadership to committees and staff. With input from the committees, the Board establishes organizational priorities and financial and program policies. Board members are elected by the membership to serve a two-year term and may be re-elected for a second term.

Class Hosts

Class hosts greet members and ask them to sign in as they arrive for a class, remind members to turn off their cell phones, introduce the instructor, assist with class needs, and distribute course feedback forms.

Event Hosts and Staff

OLLI sponsors several open houses and special events throughout the year. Volunteers are needed to assist with shopping, set-up, and greeting visitors before, during, and after the event.

Instructors

Our program depends on the generosity of our volunteer instructors to teach the quality courses and learning experiences offered throughout the year. OLLI instructors, drawn from all walks of life, share their knowledge and expertise of their chosen careers, fields of study, or hobbies about which they are passionate. Free from tests or grades, instructors experience the joy of teaching students who are enthusiastic, engaged and eager to learn.

Office Support

Sometimes we just need a little help around the office. Volunteers can help by refreshing the coffee in the member lounge, answer the phones, making copies, filing, and other light administrative duties.

** To review official descriptions of the OLLI Board of Directors and committees, please refer to the By-Laws, available online at olliatwvu.org, in the OLLI office, or in the member lounge.*

Project Team Member

Perhaps you have a special skill that OLLI could take advantage of for a specific project. Are you fluent in Adobe InDesign or video-editing? Or are you handy with a paint brush or power tools? Do your talents include fundraising or organizing? There are several projects on which we can use your help!

Registration Assistants

The first week of class registration each term is a busy one for the office staff. Volunteers can answer questions and help members register for classes. If you're comfortable with computers and online shopping, we can teach you how you can help.

Standing and Ad Hoc Committees*

OLLI has several standing committees that work together to keep our program running. Which one fits you best?

Curriculum Committee

Not only does this committee review all instructor proposals and discuss the merits of each one before choosing which courses to include in the next term's offerings, it also reaches out to everyone for new ideas and areas of interest. They review suggestions made on the course evaluation forms, review the comments about each course, and discuss policies relating to the curriculum.

Catalog Committee

A sub-committee of the curriculum committee, members review the courses submitted each term for grammar, wording, and consistency; edit the course catalogs; and make suggestions about additional content and design.

Facilities & Technology Committee

Working with the Director, this committee considers what improvements should and/or can be made to our classrooms, member lounge, offices, and storage spaces. They monitor how current space is used and consider future facility and technology needs.

Finance Committee

The finance committee, chaired by the Board Treasurer, develops the annual operating budget to be approved by the membership, reviews OLLI income and expenses throughout the year, and makes recommendations regarding membership and enrollment fees.

Fundraising Committee

In order to keep our member and enrollment fees affordable to all, OLLI relies heavily on contributions from both internal and external sources. Working with the WVU School of Public Health Development Director, this committee is responsible for planning and carrying out an annual fundraising campaign. Identifying and writing grants; recruiting OLLI sponsors; encouraging giving by

members; and promoting annual, legacy, and tribute gift opportunities are important activities with which we need assistance.

Irving Goodman Aging Lecture Series Committee

The Irving Goodman Aging Lecture is an annual event and a highlight of OLLI at WVU. The committee considers topics of interest, researches options, recruits the speaker, and organizes the event each year.

Marketing Committee

In consultation with the Director, the marketing committee creates and implements an annual campaign to recruit new members, form community partnerships, and increase community awareness of OLLI at WVU. Committee members help distribute course catalogs to libraries, senior centers, and other locations; staff tables at health/wellness and senior fairs; and encourage media coverage of OLLI events.

Member Relations Committee

The member relations committee works to increase member retention and works with other committees to address the needs of current members through special programming and membership benefits.

Nominating Committee

This committee meets just a few times a year and is responsible for keeping track of who is a member of the Board of Directors and when his or her term expires. They then brainstorm ideas for new board members and compose a slate to be voted on at the annual meeting in June of each year. The committee also prepares a slate of officers of the board to be voted on at the first meeting of the new OLLI membership year.

Social Events Committee

The social events committee suggests, researches, organizes, and promotes special member events; works with other committees to organize and staff the quarterly open houses; and plans the annual business meeting.

Travel Committee

A sub-committee of the curriculum committee, members will meet to talk about and help organize trips of interest to OLLI members.

How to Become a Volunteer

To become an OLLI volunteer, contact the OLLI office at 304-293-1793 or submit the Volunteer Information Form online at <http://www.olliatwvu.org>.



Indoors and out, OLLI classes encourage active participation.



Space: The Classic Frontier!

Jim Held

Tuesday, March 26

10:00 a.m. - 4:00 p.m.

Classroom B

Fee: \$5.00

An epic drama of
adventure and exploration



Stanley Kubrick's masterpiece is celebrating its 50th anniversary in 2018. Partnering with the great sci-fi writer Arthur C. Clark, Kubrick wrote a screenplay for the ages, its inspiration being Homer's classic tale of "The Odyssey." Before CGI, they made a film that stands up remarkably well today. Originally filmed with the new single-lens 70mm Cinerama camera, the film played in cities that had cinemas equipped for this widest of all wide-screen presentations: screen was 35' high by 105' side-to-side! For our morning presentation, we'll enjoy the film on our screen, then break for lunch. "2001" became one of the most influential films of all time, that pushed Steven Spielberg and George Lucas into space and time and the exploration of SFX that today can make anything come to life through CGI.

1968 / 2 hours, 22 minutes



From the ancient Greek myth of Odysseus finding his way home, we board our flying saucer in the 23rd century with an intrepid band of men to seek out a lost colony of scientists on an unknown planet...or, if you know this story, you find the wise Prospero marooned with his daughter on an "island" filled to its core with knowledge, magical creatures like Ariel (Robbie the Robot) and the wicked Caliban as some kind of energy thing. Yes, it's Shakespeare's *The Tempest* set in a world like no other. This film still looks great, though released in 1956, when your host was just 11...but I do remember seeing it then. Walter Pigeon plays Dr. Morbius, Anne Francis as Altaira, and Leslie Neilson as Commander Adams. A thinking person's sci-fi, to say the least!

1956. 98 minutes.

Policies and Procedures

Personal Assistive Hearing Devices

OLLI classrooms A and B are now equipped with personal assistive hearing devices for member use. A small personal receiver enhances sound projected through the audio visual system in the classroom. Users may choose to use ear-buds, surround earphones, or a headset. Some hearing aids are able to use a neckloop telecoil coupler. To use a personal assistive hearing device, come to the OLLI office prior to your class to sign one out.

Classroom Temperature

To save energy, the classroom thermostats are set to specific temperatures. Please dress accordingly to help make your class experience comfortable.

Weather and Holiday Policy

OLLI members are personally responsible for their own safety and must exercise good judgment when making travel choices in inclement weather. When West Virginia University, Monongalia or Kanawha County Schools are closed for inclement weather, OLLI activities are cancelled. County school delays do not affect OLLI activities. The decision to cancel activities is at the discretion of the Director when a county calls for early dismissal due to the weather. The decision to cancel weekend activities due to weather is at the discretion of the instructor. Registered participants will be notified. The OLLI office observes WVU holidays.

Media Releases

Media releases are available and kept on file in the OLLI office. Please be sure to fill one out and let us know if you do not want to be shown in OLLI photographs and media.

Liability Disclaimer

Individuals acknowledge and assume any and all risk associated with participation in OLLI at WVU activities. OLLI at WVU makes no representation regarding the appropriateness of any activity for an individual. OLLI at WVU disclaims any and all liability for each individual's participation in any activities. If a course involves physical activity, participants are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended that participants consult their physician before participating in physical activity.

Class Disclaimer

OLLI at WVU presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial or other professional advice and services. Information presented in an OLLI program should not be used as a substitute for consultation with a professional legal, medical, financial or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial or other competent adviser.

All information is provided "as is," with no guarantee of completeness, accuracy, timelines or of the results obtained from the use of the information, and without warranty of any kind, expressed or implied, including, but not limited to warranties of performance, merchantability and fitness for a particular purpose. Neither OLLI at WVU nor its information providers will be responsible to any program participant or anyone else for any decision made or action taken in reliance on the information presented by OLLI at WVU, or for any consequential, special or similar damages, even if advised of the possibility of such damages.

Refunds

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.

Non-Discrimination Statement

WVU is an EEO/Affirmative Action Employer. Underrepresented class members are encouraged to apply. This includes minorities, females, individuals with disabilities and veterans.



OLLI members visit the Pearl S. Buck Birthplace in Hillsboro, WV.

 West Virginia University®
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Morgantown, WV 26506-9123



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Permit No. 230

OLLI at WVU - Your Next Adventure Begins Here

Winter Registration Begins January 7

Phone: 304-293-1793

Website: www.olliatwvu.org

Email: olli@hsc.wvu.edu

Benefits of OLLI Membership

Staying intellectually stimulated and socially active are proven components of healthy aging. Membership in OLLI provides these benefits through:

- More than 200 courses and activities per year in such areas as the arts, health and wellness, humanities, math and science, and more.
- Social events
- Travel programs
- Interest Groups
- Volunteer opportunities