OLLI @ WVU
Because Curiosity Never Retires!

Fall 2018 Charleston Course Catalog
www.olliatwvu.org
The Osher Lifelong Learning Institute at West Virginia University, known as OLLI at WVU, provides programs and educational opportunities designed for adults 50 and over.

OLLI at WVU, a membership organization affiliated with the School of Public Health, recognizes the unique experiences, capabilities, and wisdom of mature members of the community. OLLI at WVU emphasizes the sharing of ideas through peer learning, member participation, and collaborative leadership.

During four terms each year, OLLI at WVU offers courses, lectures, seminars, and field trips in such areas as music, literature, art, science, politics, nature, history, health, medicine, and economics. Live drama, movies, and interest groups add to the choices.

Courses are developed and taught by volunteers from the community who are passionate about their topics, avocations, and interests and who love to share their ideas.

Free from the pressures of tests and grades, OLLI members are learning simply for the joy of it.

Supporters
OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:
♦ The Bernard Osher Foundation
♦ West Virginia University, President’s Office
♦ WVU Foundation
♦ WVU School of Public Health (SPH)
♦ Hansford Center
♦ South Charleston Library
♦ Kanawha County WVU Extention
♦ OLLI Board Members, Committee Members, and Volunteers
♦ OLLI $100K Club
♦ Our Distinguished Instructors
♦ OLLI Members

The Bernard Osher Foundation
The Bernard Osher Foundation seeks to improve quality of life through the support of lifelong learning institutes such as OLLI at WVU. The Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. The Foundation has now funded 120 Osher Lifelong Learning Institutes on campuses of colleges and universities from Maine to Hawaii. Funding for OLLI is contingent upon membership growth goals, so membership matters. To learn more about The Bernard Osher Foundation, please visit their website at www.isherfoundation.org.

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Learning is a treasure that accompanies us everywhere.
from the best fortune cookie I ever had

As you browse the pages of our fall catalog, what catches your eye? OLLI members can try something new, rekindle an old interest, or delve deeper into a current passion.

Did you know that one of the best ways to learn is to teach? Is there a subject that you’ve been interested in for awhile and perhaps begun researching yourself? Have you considered sharing your knowledge? OLLI embraces the wisdom and experience of our members and encourages learning from each other. For more information about teaching for OLLI, visit olliatwvu.org/teach-for-olli/ or contact me to discuss your idea.

I look forward to hearing from you!

- Jascenna Haislet
Director, OLLI at WVU
OLLI Membership

Membership is open to curious adults interested in programming designed specifically for those 50 and over who want to engage socially and intellectually.

The Benefits of OLLI Membership

• The opportunity to learn and to meet new friends.
• Quarterly OLLI Connections newsletter and weekly email bulletin.
• A voice in OLLI governance and invitation to the OLLI Annual Meeting.
• The right to run for the OLLI Board or serve on a committee.
• The right to be added to a course wait list.
• Financial assistance for registration fees.

Fall membership is just $25 for unlimited classes during the term.

How to Register

Individuals may purchase or renew a membership and register for classes in any of the following ways:

• Online at www.olliatwvu.org using Augusoft Lumens. See page 10 for detailed instructions to registering online.
• In person at the OLLI office at the Mountaineer Mall in Morgantown
• By mail, using the enclosed membership/registration form.

Mail the form to: OLLI at WVU
PO Box 9123
Morgantown, WV 26506-9123

Please make checks payable to the WVU Foundation.
If you pay with a credit or debit card, the charge will show as: Nesius West Virginia Treasury Basics.

Fall Registration begins
September 17, 2018

Financial Assistance Available

OLLI at WVU tries to keep fees to a minimum while providing the highest quality experiences to our members. However, we recognize that membership and registration fees may be out of the reach of some individuals. Therefore, scholarships are available. To apply, ask for a confidential application at the OLLI office or fill out the form on our website at www.olliatwvu.org.

Location Key

• WVU Extension - Room 1017, City Center East, 4700 MacCorkle Avenue, SE, Charleston
• WVU Extension Kitchen (1st floor), CCE
• Hansford Center - 500 Washington Street, St. Albans
• South Charleston Library - 312 4th Ave, South Charleston
• Edgewood Summit - 300 Baker Lane, Charleston

Registration & Attendance Matter

We understand that plans change, especially when you’re asked to commit to something several weeks in advance. However, it is important to register for the classes that you wish to attend. Enrollment records help us demonstrate our members’ active participation in the program when seeking funding from grant-makers and policy-makers. Also, we occasionally have classes which fill quickly so one that you wish to attend may already have a wait list.

If you are unable to attend a class for which you are registered, please notify the OLLI office. Another person may be anxiously awaiting your cancellation so that he or she may participate in the class.

Please be respectful of the time and efforts of our volunteer instructors and your fellow OLLI members.
Special Event

A Concert by Almost Heaven Dulcimer Club
October 27, 3:00 – 4:30 p.m.
South Charleston Library

The Almost Heaven Dulcimer Club loves to play and share the mountain dulcimer with others. They play a mix of old-time, celtic music, and hymns.

OLLI Fall Classes

Wonderful World of Weaving
Mrs. Lynn Meyer
Wednesday, October 3, 2018 10:00 - 11:00 a.m.
Lucy Quarrier Weavers Studio
613 Clifton Road, Charleston

Weaving, as a method to produce material to turn into clothing, goes back as far as the mid 1700s. Here in Charleston it began with a lady named Lucy Quarrier and continues today with 17 members who weave together on looms to produce a variety of different objects. Participants will be introduced to a world of information about the art of weaving and able to see 17 looms with a different project on each.

About the Instructor: When Lynn Meyer retired from Physical Therapy, a close friend suggested that she try loom weaving. When she went to the Lucy Quarrier Weavers Studio and saw 16 looms filled with magnificent creations, she knew she had to try it. That was 14 years ago. She hopes to capture your interest as well.

Plastic in Waterways
Ms. Tomi Bergstrom & Ms. Lee Ann Grogg
Wednesday, October 3, 2018 1:00 - 2:00 p.m.
South Charleston Library

There are various types of pollutants that can enter waterways. This talk will distinguish between point source and non-point source pollution, discuss the life cycle of plastic in lakes, rivers and oceans, and demonstrate how water connects communities and people across the globe.

About the Instructor: Tomi Bergstrom is a Watershed Basin and Project WET Coordinator for the WV Department of Environmental Protection (WVDEP). Tomi has a MBS and B.S. in Zoology with minors in Sociology and Chemistry from Marshall University. Lee Ann Grogg is the Environmental Education Specialist for the City of Charleston’s Stormwater Department. She has a BA in English from West Virginia University.

Indian Classical Dance Class
Dr. Susmitha Reddy
Sunday, October 7, 3:00 - 4:30 p.m.
India Center, 800 Green Rd, South Charleston

Bharatanatyam is one of the ancient classical dance forms of India. This dance is based on the principles written in a book dated 500 B.C. The dance includes three simple and complex steps, with hand gestures and “bhava”, meaning emotions. The 90-minute class would teach you basic steps with feet and hands and putting them together.

About the Instructor: Dr. Reddy is a physician by profession. Indian classical dancing is her passion. She trained in two ancient classical dance forms, Bharatanatyam and Kuchipudi for 8 years from Mrs. Neena Gulati in Boston. She performed her arangetram (graduation) along with her daughter in Boston in July 2013. They have been teaching Bharatanatyam and Kuchipudi to kids in Charleston since 2014.

The World of the Hebrew Bible
Rabbi Victor Urecki
Thursdays, October 4 - 25, 2018 10:00 - 11:00 a.m.
B’nai Jacob Synagogue

Join us for more study of the Torah (Hebrew Bible) as seen through the eyes of the rabbis and Jewish scholarship. Each class is formatted as part of the traditional weekly Torah study as practiced by Jews around the world. For Christians, learning directly from the Hebrew scripture helps provide context to the world of Jesus, and how Christianity developed her teachings and ethics. Be prepared to understand the Bible like never before and hear the sacred words in the original Hebrew.

About the Instructor: Rabbi Victor Urecki has been rabbi of B’Nai Jacob Synagogue for 30 years.

Mark Your Calendars!

Important Future Dates

November 9 Winter course proposals due
January 2 Winter registration begins
January 22 Winter term begins

OLLI Fall Classes
Bible Babes: Women of Valor & Interest in the Hebrew Bible
Rabbi Joe Blair
Tuesdays, October 9 - November 6, 2018  10:30 - 11:30 a.m.
Temple Israel Synagogue
2312 Kanawha Blvd E, Charleston

Materials Needed: Participants should bring a copy of the Bible that includes the Hebrew Scriptures, sometimes called the Old Testament.

During the 2000 years prior to the common era (C.E.), the people of Israel composed texts in which they reflected upon their understanding of G-d, the world, and the human condition. This course will examine fragmentary stories of women in the Hebrew Bible. Using the text and midrash, we will speak about women including Lilith, Eve, Sarah, Potiphar’s wife, Tamar, Jezebel, Ruth and Naomi, Delilah, Esther, and many others, drawing on texts from the three major sections of the Hebrew Scripture--Torah, Prophets, and Writings. Students will be encouraged to ask questions, express opinions, and engage in discussion at each class session.

About the Instructor: Rabbi Joe Blair recently arrived in Charleston to serve at Temple Israel. He has a long history of involvement with OLLI programs at UVa and JMU. He is the Administrative Dean for the Gamliel Institute, on the board of Kavod v’Nichum, and a principal for Jewish Values Online, as well as adjunct faculty at Bridgewater College and Mary Baldwin.

Oils of Ancient Scripture
Mrs. Jane Smith
Wednesday, October 10, 2018  10:30 a.m. - 12:00 p.m.
South Charleston Library

What are the 12 oils mentioned in the Bible? They are mentioned because people of the time felt they sustained a healthy body. Each of the oils were used for very specific reasons. A PowerPoint presentation will show pictures of the plants and where they were found. Oils will be passed around to smell. The oils are used today for different healing purposes.

About the Instructor: Jane Smith is a counselor/trainer with over 30 years experience as a Career Counselor assisting clients in making career decisions. She currently teaches at Bridge Valley Community College.

Riding the Streetcar Named Desire
Dr. Bob Harrison
Monday, October 15, 2018  1:00 - 4:00 p.m.
South Charleston Library

A Streetcar Named Desire is probably the most representative play of the American playwright Tennessee Williams. This play makes a powerful statement about family relations. Students will view a film production of the play with a brief amount of time for discussion.

About the Instructor: Dr. Bob Harrison is a seasoned West Virginia educator with 50 years of service to the profession.

Halloween Craft Fun
Ms. Melora Cann
Tuesday, October 16, 1:30 - 3:30 p.m.
South Charleston Library

Enjoy a hands-on opportunity to have a bit of craft fun with Halloween as the focus. Using paper, string, and glue, participants will create simple Halloween decorations that are easy to do. Then you can share with the neighborhood children or your grandchildren afterwards.

Materials Needed: Please bring a pair of scissors, some plain printer paper, and some sort of glue or other adhesive. Extra materials can be included such as colored markers, pencils or crayons.

About the Instructor: Melora Cann is a retired art teacher. She spent 31 years overseas, teaching art for most of those years to students at US Military installations. Mel spent her last 24 years teaching in northern Italy, close to Padua. She has studied art history in Italy, Scotland, Germany, Spain and Mexico.

Poets on Aging
Dr. Arnold Hartstein
Wednesday, October 17, 2018  10:00 - 11:00 a.m.
WVU Extension

“Grow old along with me! The best is yet to be . . .” So opens a poem by Robert Browning, one of many poets who explore the experience of aging. Does age bring wisdom, or does it fulfill our follies? Does life become more beautiful with age, even as we recognize its transience? Perhaps we can reach some tentative conclusions about these and other matters by diving into some poetry.
About the Instructor: Dr. Arnold Hartstein recently retired from West Virginia State University where he taught English for 41 years.

The Art of Breadmaking
Mr. Anthony Abatijoglou
Friday, October 19, 9:00 a.m. - 1:00 p.m.
WVU Extension Kitchen
Maximum Enrollment: 6
Materials Fee: $10.00

Bread has been an integral part of man’s diet since before recorded history. Beyond today’s high-tech bread baking machines, professional artisan bread baking is a complex art not broadly understood. This class will attempt to bridge the gap between professional artisan bread baking and home baking by revealing the secrets of how to create different qualities of taste and texture in a homemade loaf. Participants will learn how to make flavorful breads with voluptuous and chewy texture, caramelized crusts, and the aroma of nuts. A sampling of various types of artisan breads will be provided.

About the Instructor: Anthony Abatijoglou is a retired chemist from the WVU Institute of Technology who enjoys cooking, artisan bread baking, home brewing, and gardening.

Shakespeare on Broadway:
The Return of the Shrew
Mrs. Kay Goodwin & Dr. Bob Harrison
Monday, October 22, 2018 1:00 - 4:00 p.m.
South Charleston Library

After Dr. Bob Harrison’s OLLI course on *The Taming of the Shrew*, several OLLI members expressed an interest in studying the resultant Broadway musical *Kiss Me Kate*. Given that so many of Shakespeare’s plays have given birth to numerous musical theatre hits, the exploration of this particular connection merits some exploration through viewing portions of staged productions as well as parts of the movie starring Howard Keel and Kathryn Grayson and a video of the production featuring Alfred Drake and Patricia Morrison. During the three-hour class, the production values of each will be a part of the discussion.

Materials needed: Participants are encouraged to bring a copy the script of *The Taming of the Shrew* if they have one.

About the Instructors: Kay Goodwin is a former 16-year West Virginia Department of Education and the Arts Cabinet Secretary. Before her employment in that

venue, she directed high school and community theatre and staged opera throughout the state for over twenty years. She has an M.A. in Speech and Theatre from West Virginia University. Dr. Bob Harrison is a seasoned West Virginia educator with 50 years of service to the profession.

Official Symbols of West Virginia
Mr. Ed Johnson
Thursday, October 25, 2018 10:00 - 11:50 a.m.
Edgewood Summit
Thursday, October 25, 2018 2:00 - 3:50 p.m.
South Charleston Public Library
Friday, Oct. 26, 2018 10:00 - 11:50 a.m.
Hansford Center, St. Albans

Sure, you probably know our state animal, bird, or flower, and a few others. But do you know our state fossil, gem, firearm, soil, rock, or four Official Songs? You will after this class!

About the Instructor: Ed Johnson is increasing obsessed with all things West Virginia and sharing with his fellow OLLI members.

Giotto’s Lives of Mary and Christ - Murals of the Scrovegni Chapel
Ms. Melora Cann
Thursday, November 1, 1:00 - 3:00 p.m.
South Charleston Library

In the years 1302 through 1306, the artist Giotto di Bondone painted fresco (mural) cycles of the lives of Mary and of Christ. The Scrovegni Chapel, site of the murals, is also known as the Arena Chapel and is located in the Italian city of Padova (‘Padua’). The works are a visual feast, and this is an opportunity to be an armchair traveler to a very special locale. We will examine the series of paintings with both an artistic and historical ‘eye.’ These frescoes are the best known and best preserved body of work by Giotto, sometimes called the ‘father’ of the Italian Renaissance. He is often considered the link between late medieval and early renaissance art.

About the Instructor: see previous page.
West Virginia Historical Weather  
Mr. Jim Barach  
Monday, November 5, 10:00 - 11:00 a.m.  
South Charleston Library  
This class will offer a look at severe weather through the history of the state including floods, tornadoes and other disastrous natural events.  

About the Instructor: Jim Barach is a television meteorologist with 38 years of experience. He was Chief Meteorologist at WCHS/WVAH in Charleston for 13 years and has worked in some of the toughest weather markets in the country. He has a bachelor’s degree in Geoscience from Mississippi State University and holds the AMS Certified Broadcast Meteorologist seal of approval.

Using Your Apple iPad and iPhone  
Michelle Klishis  
Thursday, November 8, 10:00 - 11:50 a.m.  
Hansford Center, St. Albans  
This course covers iOS 11 for the iPhone and iPad. We’ll look at features of this state-of-the-art operating system and the incredibly useful devices on which it runs. We’ll explore the basic knowledge and skills you’ll need to use your device effectively and efficiently, like the various gestures you use to control the operating system and how to find and install third party apps.  

About the Instructor: Michelle Klishis is a jack-of-all-trades and certifiable geek. Her degree in biology and work in a microbiology lab gave her absolutely no preparation for becoming a technology consultant, yet here we are. When not in front of computers, she is likely to be found reading or hiking (current accomplishment: hiking all of the state parks and forests in WV).

Technology Security  
Michelle Klishis  
Thursday, November 8, 2:00 - 3:50 p.m.  
Hansford Center, St. Albans  
“If you are not paying for it, then YOU are the PRODUCT.” As more of our lives becomes digitized, it’s important to make sure you are being safe with your electronic gadgets and online information. Anti-virus, malware, hacking, identity theft: all of these things make computers and smart phones sound terrifying, but there are simple steps you can take to make your data more secure, and to feel more comfortable surfing the web and shopping online.  

About the Instructor: See above.

Wickedly Witty Portraits by Giuseppe Arcimboldo - An Artist’s Tour de Force  
Ms. Melora Cann  
Tuesday, November 13, 2018 1:00 - 3:00 p.m.  
South Charleston Library  
Giuseppe Arcimboldo (1526 – 1593) was an Italian artist who worked for 25 years as court painter for the Hapsburgs in Vienna and in Prague. His portraits were faces composed of fruits, vegetables, and animals, creating humorous, sometimes scary, images that either made the viewer smile or offended the image-conscious. Clearly, from his duration at court, his patrons enjoyed his imagery and sense of humor as well as his skill as a painter in the mannerist period. We will spend time enjoying the visual ‘fruits’ of his labors!  

About the Instructor: See previous page.

*OLLI stimulates one’s mind with great courses and provides social interaction to enliven the whole person.*

- OLLI member
Weather and Holiday Policy
OLLI members are personally responsible for their own safety and must exercise good judgment when making travel choices in inclement weather. When Kanawha County Schools are closed for inclement weather, OLLI activities are cancelled. School delays do not affect OLLI activities. The decision to cancel activities is at the discretion of the Director when a county calls for early dismissal due to the weather. The decision to cancel weekend activities due to weather is at the discretion of the instructor. Registered participants will be notified. The OLLI office observes WVU holidays.

Liability Disclaimer
Individuals acknowledge and assume any and all risk associated with participation in OLLI at WVU activities. OLLI at WVU makes no representation regarding the appropriateness of any activity for an individual. OLLI at WVU disclaims any and all liability for each individual's participation in any activities. If a course involves physical activity, participants are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended that participants consult their physician before participating in physical activity.

Class Disclaimer
OLLI at WVU presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial or other professional advice and services. Information presented in an OLLI program should not be used as a substitute for consultation with a professional legal, medical, financial or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial or other competent adviser.

All information is provided “as is,” with no guarantee of completeness, accuracy, timelines or of the results obtained from the use of the information, and without warranty of any kind, express or implied, including, but not limited to warranties of performance, merchantability and fitness for a particular purpose. Neither OLLI at WVU nor its information providers will be responsible to any program participant or anyone else for any decision made or action taken in reliance on the information presented by OLLI at WVU, or for any consequential, special or similar damages, even if advised of the possibility of such damages.

Refunds
Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.

Non-Discrimination Statement
WVU is an EEO/Affirmative Action Employer. Underrepresented class members are encouraged to apply. This includes minorities, females, individuals with disabilities and veterans.
Register for OLLI Online

Browse the OLLI catalog, purchase or renew a membership, and register for classes and events online.

1. Go to olliatwvu.org
2. Click on Register Here on the left side of the screen.
3. You will be redirected to https://wvusph-olli.augusoft.net. Click on LOGIN/CREATE ACCOUNT.
4. If you have been an OLLI member in the last two years, you already have an account. Contact the OLLI office if you need your username and password. Please do not create a new account.
5. You will see Welcome, Your Name in the gold bar above BROWSE on the right side of the screen if your login was successful.
6. Click BROWSE to purchase or renew a membership or browse OLLI classes and events.
7. If you are purchasing or renewing a membership, click on JOIN OLLI, select the appropriate membership and click Submit.
8. To register for classes and events, click on BROWSE, then ALL CLASSES.
9. Browse by day or topic.
10. To select a class or event, click on the Add to Cart button on the right side below the class information.
11. When finished making your selections, click on CHECKOUT next to the VIEW CART on the right in the gold bar.
12. Review your selections and click on the blue CHECKOUT button at the bottom of your order. If there is a balance due, you will be taken to a screen to enter your credit card information. If there is no balance due, you will be taken to the Order Complete screen.

Volunteer for OLLI

As a non-profit membership organization, OLLI depends on the generous support of our volunteers. Volunteers are the lifeblood of our program, helping to ensure that OLLI is able to provide the highest quality courses, lectures, workshops, trips, and more for our members.

Your volunteer experience can be molded to fit your interests, talents, and schedule. All members have something to offer and are encouraged to share their time and expertise with their peers.

Ambassadors
OLLI Ambassadors help spread the word about our program by sharing their experiences and inviting friends, family, and others to join them for a class.

Board Members
The Board of Directors is the governing body of OLLI at WVU, providing leadership to committees and staff. With input from the committees, the Board establishes organizational priorities and financial and program policies. Board members are elected by the membership to serve a two-year term and may be re-elected for a second term.

Class Hosts
Class hosts greet members and ask them to sign in as they arrive for a class, remind members to turn off their cell phones, introduce the instructor, assist with class needs, and distribute course feedback forms.

Instructors
Our program depends on the generosity of our volunteer instructors to teach the quality courses and learning experiences offered throughout the year. OLLI instructors, drawn from all walks of life, share their knowledge and expertise of their chosen careers, fields of study, or hobbies about which they are passionate. Free from tests or grades, instructors experience the joy of teaching students who are enthusiastic, engaged and eager to learn.

Charleston Curriculum Committee
Committee members recruit members and volunteer instructors for our program. They meet quarterly to review course proposals and plan future programming, and represent OLLI at community functions, such as health fairs and social group meetings.

How to Become a Volunteer
To become an OLLI volunteer, contact the OLLI office at 304-293-1793 or submit the Volunteer Information Form online at http://www.olliatwvu.org.
Registration Form Available September 17
OLLI at WVU - Your Next Adventure Begins Here

Fall Registration Begins September 17

Phone: 304-293-1793
Website: www.olliatwvu.org
Email: olli@hsc.wvu.edu

Benefits of OLLI Membership

Staying intellectually stimulated and socially active are proven components of healthy aging. Membership in OLLI provides these benefits through:

• More than 75 courses and activities per year in such areas as the arts, health and wellness, humanities, math and science, and more.
• Social events
• Travel programs
• Interest Groups
• Volunteer opportunities