



OLLI @ WVU

Because Curiosity Never Retires!

Fall 2018 Morgantown Course Catalog
October - December
www.olliatwvu.org

About OLLI at WVU

The Osher Lifelong Learning Institute at West Virginia University, known as OLLI at WVU, provides programs and educational opportunities designed for adults 50 and over.

OLLI at WVU, a membership organization affiliated with the School of Public Health, recognizes the unique experiences, capabilities, and wisdom of mature members of the community. OLLI at WVU emphasizes the sharing of ideas through peer learning, member participation, and collaborative leadership.

During four terms each year, OLLI at WVU offers courses, lectures, seminars, and field trips in such areas as music, literature, art, science, politics, nature, history, health, medicine, and economics. Live drama, movies, and interest groups add to the choices.

Courses are developed and taught by volunteers from the community who are passionate about their topics, avocations, and interests and who love to share their ideas.

Free from the pressures of tests and grades, OLLI members are learning simply for the joy of it.

Supporters

OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:

- The Bernard Osher Foundation
- West Virginia University, President's Office
- WVU Foundation
- WVU School of Public Health (SPH)
- OLLI Board Members, Committee Members, and Volunteers
- OLLI \$100K Club, Donors, and Sponsors
- Our Distinguished Instructors
- OLLI Members

The Bernard Osher Foundation

The Bernard Osher Foundation seeks to improve quality of life through the support of lifelong learning institutes such as OLLI at WVU. The Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. The Foundation has now funded 120 Osher Lifelong Learning Institutes on campuses of colleges and universities from Maine to Hawaii. Funding for OLLI is contingent upon membership growth goals, so **membership matters**. To learn more about The Bernard Osher Foundation, please visit their website at www.osherfoundation.org.

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OLLI stimulates one's mind with great courses and provides social interaction to enliven the whole person.

- OLLI member

From Our Board President



For the first almost 22 years of my life, I ate supper, not dinner, every evening. On Mondays and Wednesdays, my mother prepared a dairy-based meal while on Tuesdays and Thursdays she served meat. Friday's supper, the Sabbath meal, was always reserved for chicken. Because we observed the Jewish dietary laws, dairy and meat/poultry were never served together. For some

reason, I don't remember what we ate for our evening weekend meals; however, I do remember Sunday mornings' menu. It was always the same: bagels, bialys, lox, sometimes smoked whitefish too, with all the fixings. And it was called breakfast, no matter what time it was served. I didn't learn about a thing called brunch until long after I left Brooklyn as a bride.

My family didn't go out to eat very often, but, when we did it, was to the local Chinese restaurant, Gorelik's, the deli, or the neighborhood pizza parlor. Needless to say, I never remember being hungry for very long. I also don't remember ever cooking a meal.

Art and I married a week before my 22nd birthday. We honeymooned in Jamaica and then settled down to our new life together in Buffalo, NY. Art was in graduate school and for the first year of our life together, I worked in the purchasing department of a factory that made medical chart paper. We were glad I got a job so easily; we needed the money. But truth be told, I wasn't very good at my work. The job required lots of typing, not my strong suit, and math, definitely not one of my strengths. Still, I hung in knowing how important that paycheck was.

Our breakfasts and lunches were simple; each of us fending for ourselves, but preparing supper was my responsibility. In the beginning, almost without thinking, I fell into the familiar routine I grew up with and followed my mother's established recipes and meal planning pattern. Unlike many brides, then and now, I had just one cookbook. If I wanted to make something not in the book, I closed my eyes, imagined what the dish might look like raw and then mixed up whatever ingredients I thought would recreate that picture. There was a lot of trial and error but one day I realized I really liked to cook and I was pretty good at it. That feeling gave me confidence to experiment, not only with new recipes but also what I served and when. I still made many of the same dishes I grew up eating but added new ones like curries, stir fries, and crepes to my repertoire.

I think the confidence to be open to new food experiences also transferred to other aspects of my life, like thinking about my own career. Back in undergraduate school, when I finally worked up the nerve to ask one of my professors if he

thought I could get an advanced degree, he was very dismissive of that possibility. I made the mistake of letting his skepticism define how I saw myself, as someone for whom a steady but unsatisfying job should be enough. But then I found I wanted more. Just as once I had opened my closed world to new food ingredients and tastes, now I began to consider and search out different career possibilities. Eventually I decided to become a librarian. I enrolled in school, received a graduate assistantship, and got my MLS. It opened a whole new professional world to me.

All of this taught me that while it is good to respect the steady and the familiar, it is a mistake to cut one off from new possibilities. I still enjoy holding on to many of the precious customs and traditions I grew up with but I also have room to welcome new experiences into my life. Some of these experiences then become a familiar part of my world, just like the delicious curries, stir fries, and crepes, once so foreign to me. Some I choose to let fade away. By the way, just in case you are wondering, we still have chicken for Sabbath dinner every Friday night.

- Linda Jacknowitz
OLLI Board President

From Our Director

Learning is a treasure that accompanies us everywhere.
from the best fortune cookie I ever had

As you browse the pages of our fall catalog, what catches your eye? With over 70 options to choose from this fall, OLLI has something for everyone. From music and theatre to math and science to travel and adventure, OLLI members can try something new, rekindle an old interest, or delve deeper into a current passion.

Did you know that one of the best ways to learn is to teach? Is there a subject that you've been interested in for awhile and perhaps begun researching yourself? Have you considered sharing your knowledge? OLLI embraces the wisdom and experience of our members and encourages learning from each other. Perhaps you're intrigued by the idea but not quite ready to lead a full 100-minute session? Consider a Lunch & Learn program, a 30-minute session in an informal environment. See page 12 for more information about this new program or contact me to discuss your idea.

I look forward to seeing you in class!

-Jascenna Haislet
Director, OLLI at WVU

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OLLI Membership

Membership is open to curious adults interested in programming designed specifically for those 50 and over who want to engage socially and intellectually.

The Benefits of OLLI Membership

- The opportunity to learn and to meet new friends.
- Discounts on travel and various events around the community.
- At least one free Special Member Event per term.
- Access to the OLLI collection of Great Courses DVDs and books.
- Access to OLLI Member Lounge and Computer Lab.
- Quarterly OLLI Connections newsletter and weekly email bulletin.
- A voice in OLLI governance and invitation to the OLLI Annual Meeting.
- The right to run for the OLLI Board or serve on a committee.
- The right to be added to a course wait list.
- Free parking at the Mountaineer Mall.
- Financial assistance for registration fees.

Annual membership

is \$30

Membership year runs
July 1st to June 30th.

Term Registration Fee

- OLLI members may register for **unlimited courses for \$30 per term**.
- Other fees may apply and are noted on individual courses, events or groups.
- **Special Member Events are free** to all current OLLI members unless otherwise noted.

Discounts are available for our volunteer instructors.

Contact the OLLI office at 304-293-1793 for more information.

Financial Assistance Available

OLLI at WVU tries to keep fees to a minimum while providing the highest quality experiences to our members. However, we recognize that membership and registration fees may be out of the reach of some individuals. Therefore, scholarships are available. To apply, ask for a confidential application at the OLLI office or fill out the form on our website at www.olliatwvu.org.

Be an OLLI Ambassador!

**Our members are our best recruiters.
Share your OLLI experience with a friend.**

Bring a friend to a class *(please pick up a guest pass from the office)*

Offer a catalog

Suggest a membership*

Give a gift certificate *(available in the OLLI office)*

*If you refer a friend who purchases a new membership, you will be entered in a drawing to receive a **free term of OLLI courses**. The referral must be confirmed by the new member.

How to Register

Fall term runs October 1st through December 31st. Most programming is scheduled between October 1st and November 10th. To register, you must have a current membership and have paid the required fees for the term.

Individuals may purchase or renew a membership and register for classes in any of the following ways:

- Online at www.olliatwvu.org using Augùsoft Lumens.
See page 21 for detailed instructions to registering online.
- In person at the OLLI office at the Mountaineer Mall in Morgantown.
- By mail, using the enclosed membership/registration form.

Mail the form to:

OLLI at WVU

PO Box 9123

Morgantown, WV 26506-9123

Please make checks payable to the WVU Foundation.

If you pay with a credit or debit card, the charge will show as: Nesius West Virginia Treasury Basics

Fall Registration begins September 10, 2018



Look for this icon next to the course titles beginning on page 14!

This indicates that the instructor is a member of the OLLI Honor Roll and has taught at least 10 courses and 60 class session hours. If more than one instructor is listed, the Honor Roll member is in **bold**.

Can't make it to your class?

Please call the OLLI office at
304-293-1793

to let us know so we can open your seat to
someone on the wait list!

Classroom Key

All classes are held in the Mountaineer Mall in Morgantown, unless otherwise stated.

A - Classroom next to the OLLI office.

B - Classroom under the OLLI sign.

CL - Computer Lab, first door on the left down the hall next to B, near the restrooms.

MAAG - Morgantown Art Association & Gallery, Mountaineer Mall.

MDS - Morgantown Dance Studio, Mountaineer Mall.

Other - See course description for location.

Contact Us

Physical Address:

Osher Lifelong Learning Institute
at West Virginia University
Mountaineer Mall, Suite C-17
5000 Greenbag Rd.
Morgantown, WV 26501

Mail Address:

OLLI at WVU
PO Box 9123
Morgantown, WV 26506-9123

(304) 293-1793

www.olliatwvu.org

Email: olli@hsc.wvu.edu

Like us on Facebook at
Osher Lifelong Learning at WVU

OLLI Office Hours

9:00 a.m. - 5:00 p.m.

Monday - Friday

Closed Saturdays, Sundays,
and University holidays

What Will Your Legacy Be?

Lifelong learners value education - for themselves and others.

Osher Lifelong Learning Institute (OLLI) at WVU exists because of the unique experiences, capabilities, and wisdom of mature members of the community.

Daily we see the educational and social impact OLLI has on members. Funded through membership fees, donations, and grants, OLLI benefits from the generosity of like-minded lifelong learners. Each gift allows meaningful work that would not have happened otherwise.

Your consideration of a gift today or in the future for OLLI at WVU will benefit the programs and help secure your OLLI legacy.

Every gift has an impact.

Giving Today

- Give an **IRA gift**. Giving directly from your IRA, i.e., “charitable IRA rollover,” to OLLI is considered part of your required minimum distribution (RMDI), yet is not reported as income for tax purposes nor do you receive a charitable income tax deduction.
- Donate **securities**, i.e. stocks. You avoid capital gains taxes on the increased value.
- Give a gift that provides income to you. By **giving an asset (e.g. cash or securities/stocks) away**, it is possible to receive payments for your lifetime with a higher rate of return than you may be receiving now.
- Of course, **cash** is always an option.
- Give from a **donor-advised fund**. Gifts from these funds can also benefit OLLI at WVU.

With a variety of giving options, you can choose the gift that works best for you!

For more information, contact
Karen Galentine (kegalentine@hsc.wvu.edu) at 304-293-1828
or the OLLI office at 304-293-1793.

To give today, visit <http://olliatwvu.org/make-a-gift/>
or add your tax-deductible donation
to the enclosed class registration form.

*Thank you for your continued support of lifelong learning
and OLLI at WVU.*

Giving Tomorrow

- Provide a gift in your will (bequest), trust, or estate plan.
- Provide a gift through your retirement account, including IRA/Roth IRA or pension plan. List OLLI at WVU as a beneficiary or contingent beneficiary on plan documents.
- Donate a life insurance or annuity policy by listing OLLI at WVU as a beneficiary or as owner and beneficiary on plan documents.

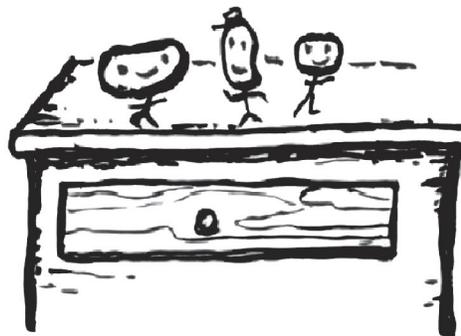


*A proud sponsor of the
Osher Lifelong Learning Institute
at WVU*

**Providing Home Care and
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1296 Suncrest Towne Centre Drive
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304-296-6600
rightathome.net

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**Supporting OLLI at WVU
and healthy aging
through healthy food options.**

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gfbrown2@frontier.com

**Want to join the growing list of
OLLI business partners and
sponsors?**

**Contact Jascenna Haislet, Director,
at jascenna.haislet@hsc.wvu.edu**



Indoors and out, OLLI classes encourage active participation.

Fall 2018 Schedule at a Glance

Page # Day, Time

Sessions Date(s)

Location

Page #	Day, Time	Sessions	Date(s)	Location
	<u>Monday, 10:00 a.m. - 11:50 a.m.</u>			
21	<i>The New Yorker</i> Discussion Group (Racin, Cooper)	6	Oct. 1 - Nov. 5	A
11	Playing the Lap Dulcimer (Werner)	6	Oct. 1 - Nov. 5	B
	<u>Monday, 12:45 p.m. - 2:35 p.m.</u>			
21	America: Independent or Isolated...(Hammersmith)	3	Oct. 1 - 15	A
13	Yarn Arts Group	ongoing	Oct. 1 - Dec. 17	B
18	The 1960s: A Transforming Decade (Colvin)	4	Oct. 22 - Nov. 12	A
	<u>Monday, 3:00 p.m. - 4:50 p.m.</u>			
14	MonRiver New Horizons Band (Harvey)	6	Oct. 1 - Nov. 5	B
26	<i>The New Yorker</i> Discussion Group II (Kinkus)	6	Oct. 1 - Nov. 5	Other
	<u>Monday & Wednesday, 3:30 p.m. - 4:50 p.m.</u>			
20	Geological History of Planet Earth: Beginnings (Smosna)	6	Oct. 1 - 17	A
	<u>Monday, 6:00 p.m. - 7:50 p.m.</u>			
16	General Health Education (Chafin)	1	Oct. 8	A
	<u>Tuesday, 9:00 a.m. - 5:00 p.m.</u>			
12	Phipps Conservatory Winter Show	1	Dec. 4	Other
	<u>Tuesday, 10:00 a.m. - 11:50 a.m.</u>			
22	OLLI Classroom AV Training (Klishis)	1	Sept. 18	All
19	Birding West Virginia: Fall Migration and Owl Banding (Herron)	1	Oct. 2	A
16	Yoga for Wellness (Hnizdo)	6	Oct. 2 - Nov. 6	MDS
22	Bella Italia! (Long)	2	Oct. 2 & 9	B
17	Medical School 202 (Craig, et al.)	6	Oct. 9 - Nov. 13	A
13	Influenza: Past, Present, Future (Long)	1	Oct. 16	B
16	Da Vinci: The Renaissance of Surgery (Shakuri-Rad)	1	Oct. 23	B
22	Using Your Apple iPad and iPhone (Klishis)	1	Oct. 30	B
	<u>Tuesday, 11:50 a.m. - 12:20 p.m.</u>			
12	Lunch & Learn: Historical Trains (Bucy, Johnson)	1	Oct. 30	B
	<u>Tuesday, 1:00 p.m. - 2:00 p.m.</u>			
12	Ask a Geek (Klishis)	5	Oct. 9, 23, Nov. 13, 27, Dec. 11	CL
	<u>Tuesday, 12:45 p.m. - 2:35 p.m.</u>			
14	A Closer Look at Bluegrass Music (Paull)	6	Oct. 2 - Nov. 6	A
20	Old Testament Miracles and What They Mean (Hample)	6	Oct. 2 - Nov. 6	B
22	Technology Security (Klishis)	1	Oct. 16	CL
	<u>Tuesday, 1:30 p.m. - 4:00 p.m.</u>			
14	Basic Watercolors (Witt)	ongoing	Oct. 2 - Dec. 18	MAAG
	<u>Tuesday, 3:00 p.m. - 4:50 p.m.</u>			
23	Special Places in WV: Famous Places (Johnson)	1	Oct. 9	A
23	Special Places in WV: National Lands (Johnson)	2	Oct. 16 & 23	A
20	China and India: An Ancient Connection...(Reddy)	3	Oct. 23 - Nov. 6	B
	<u>Tuesday, 6:00 p.m. - 8:00 p.m.</u>			
19	A Horse of Course (Smith)	3	Oct. 2 - 16	Other
	<u>Wednesday, 10:00 a.m. - 11:50 a.m.</u>			
15	Opera as Drama (Nelson)	4	Oct. 3 - 24	A
17	History of Russia...Part II (Hnizdo, Hnizdo)	6	Oct. 3 - Nov. 7	B
18	West Virginia and the Civil War (Newcome)	1	Nov. 7	A

See classroom key on page 7 and other important dates on page 15.

Page #	Day, Time	Sessions	Date(s)	Location
	<u>Wednesday, 10:30 a.m. - 12:20 p.m.</u>			
26	Spiritual Autobiography (Rorabaugh)	2	Oct. 17 & 24	Other
	<u>Wednesday, 12:45 p.m. - 2:35 p.m.</u>			
18	Reflections in West Virginia's Literature (Moore, Moore)	5	Oct. 3 - 31	B
15	Theater History, Part VII: The 19 th Century (Held)	6	Oct. 3 - Nov. 7	A
19	California Wines: A Discussion and Tasting (Craig, Porter)	1	Nov. 7	B
	<u>Wednesday, 1:00 p.m. - 2:50 p.m.</u>			
13	After the Eclipse: Years Later, Later Years (Stitzel)	1	September 26	B
	<u>Wednesday, 3:00 p.m. - 4:50 p.m.</u>			
19	Stitching Panoramas and Other Photos with Hugin (McCluskey)	4	Oct. 10 - 31	CL
23	Halifax, Nova Scotia (Newcome)	1	Oct. 24	A
22	Caves and Cave Exploration in West Virginia (McCarty)	1	Oct. 31	A
	<u>Wednesday & Friday, 3:00 p.m. - 4:50 p.m.</u>			
16	More Eat Right, Eat Well:...Vegetables (Cohen, Cohen)	4	Oct. 31 - Nov. 9	A
	<u>Wednesday, 6:00 p.m. - 8:00 p.m.</u>			
21	Introduction to Forensic Science (Bily)	5	Oct. 3 - 31	Other
	<u>Thursday, 10:00 a.m. - 11:50 a.m.</u>			
14	Burt Bacharach is 90! (Wendell)	6	Oct. 4 - Nov. 8	A
13	Writers' Interest Group	ongoing	Oct. 4 - Dec. 20	B
	<u>Thursday, 12:45 p.m. - 2:35 p.m.</u>			
22	Using Your Apple iPad and iPhone (Klishis)	1	Oct. 4	A
17	History of Forestry and Forest Use in WV (Rentch)	4	Oct. 4 - 25	B
20	Does Consciousness Live After Death? (Karshenas)	1	Oct. 18	A
19	History Writing Projects for Organizations (Sielen)	1	Oct. 25	A
18	Personal and Family History Writing Projects (Sielen)	2	Nov. 1 & 8	B
	<u>Thursday, 1:00 p.m. - 2:50 p.m.</u>			
26	Influenza: Past, Present, Future (Long)	1	Oct. 25	Other
	<u>Thursday, 3:00 p.m. - 4:50 p.m.</u>			
18	Poetry 4x4 (Sailer)	6	Oct. 4 - Nov. 8	A
20	A Conversation about Inner Life Experiences (Bonasso)	3	Oct. 4 - 18	B
19	Share More Stories (Rosenbluth)	3	Oct. 25 - Nov. 8	B
	<u>Friday, 10:00 a.m. - 11:50 a.m.</u>			
21	A First-Hand Look at the Cold War (Riffon)	1	Oct. 12	A
	<u>Friday, 12:45 p.m. - 2:35 p.m.</u>			
14	Fall Film Forum (Held)	8	Sept. 28 - Nov. 16	B
22	Driverless Cars (Swanson)	1	Oct. 26 - Nov. 9	A
	<u>Saturday, 10:00 a.m. - 10:50 a.m.</u>			
16	Introduction to Tai Chi (Myers)	6	Oct. 6 - Nov. 10	B
	<u>Saturday, 11:00 a.m. - 11:50 a.m.</u>			
16	Tai Chi: Intermediate Level (Myers)	6	Oct. 6 - Nov. 10	B
	<u>Saturday, 12:45 p.m. - 2:35 p.m.</u>			
23	Multi-Generation Travel Planning (Sharps, Sharps)	1	Oct. 6	A
	<u>Saturday, 1:00 p.m. - 2:30 p.m.</u>			
12	A Visit to Arthurdale	1	Oct. 6	Other

Special Member Events and Opportunities

***Special Member Events, unless otherwise noted, are free for current OLLI members!
Payment of term enrollment fee is not required.***

Ask a Geek

Michelle Klishis

Second and fourth Tuesday of each month

1:00 - 2:00 p.m.

Classroom: Computer Lab

Sometimes you have questions about technology that don't fit into a specific class or course or maybe you just have something that is driving you crazy. For those times, OLLI's Professional Technologist, Michelle Klishis, has created a regular technology question & answer session.

Be aware that sometimes the answer is "No, you can't do that," and sometimes the answer is, "I don't have a clue." As long as you're okay with getting "No" for an answer, Michelle is willing to field any and all questions. Also, feel free to send an email ahead of time if you think your question is going to be really complicated or beyond the scope of an hour long session. Reach out to olli@hsc.wvu.edu with the subject Geek Question.

No question too small or too silly to answer! And even if you think you don't know enough to ask your own question, you can usually learn a lot listening to someone else's questions! And Michelle can always ramble on about any tech topic if you get her started.

As a warning, Michelle's strengths are Android phones, Windows PCs, MS Office software, and digital security and privacy. Her weaknesses are Apple products and AV equipment. (ie Apple questions are most likely to be answered, "I don't know, I'll have to look into it.)

A Visit to Arthurdale, "Eleanor's Little Village"

Saturday, Oct. 6, 1:00 - 2:30 p.m.

Fee: \$7 for OLLI members, \$8 for non-members

Reservations and payment due by Sept. 28. No refunds after Sept. 28

Maximum Enrollment: 20

Established in 1933, Arthurdale, WV, was the first New Deal Homestead Community in the U.S. Created through President Roosevelt's legislation and championed by Eleanor Roosevelt, Arthurdale offered residents of our state who were suffering from the Great Depression a chance at a new life. Today, the community is a National Historic District and features 160 of the original 165 homesteads. We will tour the five-building New Deal Homestead Museum.

Participants should meet at the Museum in Arthurdale at 12:45 p.m. Directions can be found online at <https://arthurdaleheritage.org/visit/> or by calling the OLLI office at 304-293-1793.

Lunch and Learn

Join OLLI on Tuesday, October 30, 11:50 a.m. - 12:20 p.m. for our first **Lunch and Learn!**

Each quarter, OLLI will host a short presentation by one of our members on a topic of their choice. Bring a sack lunch to the classroom and learn more about the interests and hobbies of your fellow OLLI members. If you would like to present a Lunch and Learn, contact the OLLI office at 304-293-1793 or email olli@hsc.wvu.edu. With enough interest, we could make this a monthly event.

Historical Trains

Suzanne Bucy, Ed Johnson

Tuesday, Oct. 30, 11:50 a.m. - 12:20 p.m.

Classroom: B

It's fun to talk about life with trains! Whether carrying commodities or passengers, trains have been a popular form of transportation since the 19th century.

About the Instructors: Suzanne Bucy is from Morgantown and has a special interest in trains. Ed Johnson is increasingly obsessed with all things West Virginia and sharing with his fellow OLLI members.

Phipps Conservatory Winter Show

Tuesday, Dec. 4, 9:00 a.m. - 5:00 p.m.

**Fee: \$40 for OLLI members, \$50 for non-members
Reservations and payment due by Nov. 13. No refunds after Nov. 13.**

The Winter Flower Show at the Phipps Conservatory has become a tradition in Pittsburgh during the holidays. The show is a celebration of the holiday season, with a collection of beautiful winter flowers, festive works of art, holiday trains and miniature village displays, and dazzling Christmas trees.

We will travel by bus to Pittsburgh, leaving from the Mountaineer Mall at 9:00 a.m. and returning by 4:30 p.m. Arriving approximately 11:00 a.m., we will have three hours for lunch and self-guided tours. The fee will cover transportation and your ticket. Lunch is on your own. Participants may bring a sack lunch or choose to eat at Café Phipps inside the Conservatory, or The Porch at Schenley or Asia Tea House, just a 15-minute walk away.

Community Events

These events, hosted by OLLI at WVU, are free and open to the public. OLLI membership not required although reservations are encouraged.

Irving Goodman Aging Lecture Series

12th Annual Lecture

After the Eclipse: Years Later, Later Years

Judith Gold Stitzel

Wednesday, September 26, 1:00 p.m. Classroom: B

A New Yorker by birth, a West Virginian by choice since 1965, Judith Gold Stitzel is a retired professor of English and Women's Studies at West Virginia University where she was the founding director of the Center for Women's Studies.

After 46 years of marriage, Judith lost her husband Bob when he died in 2007. She spent the next year exploring the process of grieving and what it means to be "a couple." In 2011, Word Association Publishers published *Field Notes From Grief: The First Year*, based on Stitzel's journals kept during that time.

The author will share her journey of the past decade while reading from *After the Eclipse: Years Later, Later Years*, a work-in-progress based on journals she has kept over the past decade. The book explores and reveals the sometimes challenging, sometimes humorous, changes in identity that have followed her loss.

Judith is honored to be the speaker at the 2018 Irving Goodman Annual Lecture because of her deep respect for OLLI and because Irv and Sharon were the first friends she and Bob met in Morgantown – and remain dear to her heart.

Lecture and discussion will be followed by a reception.

Influenza: Past, Present, Future

Karen Long

wvkaren@comcast.net

Tuesday, Oct. 16, 10:00 - 11:50 a.m.

Classroom: B

This course is a discussion of the structure and function of the Influenza virus, 20th century pandemics, the 2017-18 epidemic in the U.S., and future trends in vaccines and treatment options.

About the Instructor: Karen Long is retired from the WVU Department of Medical Laboratory Science where she taught clinical microbiology and immunology. She is currently an on-call technologist in the microbiology laboratory at Monongalia General Hospital.



Stewart Plein, Curator of the WVU Rare Books & Printed Resources, introduces OLLI members to the University's collection.

OLLI Interest Groups

OLLI Interest Groups are open to all OLLI members for \$10 per term per interest group. If a member is taking additional OLLI classes and has therefore paid the \$30 term registration fee, the Interest Group fee is waived.

Yarn Arts Group

On **Mondays from 12:45- 2:35 pm in Classroom B**, join others to share ideas, patterns, workshop information and to support each other in knitting, crocheting, needle-point, and other yarn and thread arts.

Writers' Interest Group

Having a hard time finding time to work on your life story, novel, poetry, journal, or letters? Come write in a quiet, comfortable, supportive environment. Bring paper, pen, laptop, etc. There will be at least 1.5 hours of quiet writing time each session. At the last session, if there is interest, we will stay an extra hour or so to talk about what we've been working on and to share (optional) some of our writing. **Thursdays, 10:00 - 11:50 a.m. Classroom B**

Basic Watercolors

Susan Hall Witt
Tuesdays, Oct. 2 - Dec. 18
1:30 - 4:00 p.m.
Classroom: MAAG
Maximum Enrollment: 15

Honor
Roll
Faculty

The class will explore how watercolors work and will apply that knowledge to painting greeting cards and small works. No experience is needed and no supplies are necessary for the first couple of lessons. Participants from previous sessions are welcome as we will expand our knowledge and apply it to more advanced work.

About the Instructor: Susan Hall Witt is a stained glass and watercolor artist. She teaches stained glass for the community schools program and continues to take classes and workshops to improve her skills.

Burt Bacharach is 90!

Barry Wendell
wendell.barry@aol.com
Thursdays, Oct.4-Nov.8
10:00 - 11:50 a.m.
Classroom: A

Honor
Roll
Faculty

Burt Bacharach is a composer of pop, rock, Broadway, and movie music whose story goes back to the 1950s and continues today. His songs have been performed by Dionne Warwick, most famously, and Perry Como, Tom Jones, The Shirelles, The Drifters, Gene Pitney, Carpenters, Dusty Springfield, and many others. He composed the musical *Promises, Promises* and has more recently collaborated with Elvis Costello, Ronald Isley, and even Dr. Dre and Rufus Wainwright. We'll look back over this man's more than 60 year career.

About the Instructor: Barry Lee Wendell has been teaching pop music history at OLLI for many years. Past classes include: "The British Invasion", "The Beach Boys," "Bruce Springsteen is 67" and a series of "Great Hits" classes covering Top 40 music from 1960 to 1965. Barry has a BA in Humanistic Studies from Johns Hopkins University and is a Morgantown City Councilor.

A Closer Look at Bluegrass Music

Joe Paull
jpaull921@comcast.net
Tuesdays, Oct.2 - Nov.6
12:45 - 2:35 p.m.
Classroom: A

Honor
Roll
Faculty

Using selected music on CDs and DVDs, the instructor will present and discuss various elements of the bluegrass music genre with the end result being a deeper and more thorough understanding of what transpires in a song.

About the Instructor: Dr. Paull has taught in the public schools and in the graduate school at WVU. He has also taught many OLLI courses dealing with country and bluegrass music.

Film Forum, Fall 2018

James Held
jim.held@mail.wvu.edu
Fridays, Sept. 28 - Nov. 16
12:45 p.m.
Classroom: B

Honor
Roll
Faculty

This series will be split into two themes. On the one hand, we'll look at some fine films that explore existential crises of conscience: *The Mission*, *The Last Temptation of Christ*, *Yentl*, and *Schindler's List*. To provide some pleasant counterpoint to the heavy topics, we'll enjoy four comic masterpieces: *Being There*, *It Happened One Night*, *The Great Dictator*, and *Dr. Strangelove*. Over our eight weeks, crises and comedy will alternate, sometimes with obvious intent. Each film will lead to discussion and even some controversy, for you won't always agree with your host's choices or motives... see you at the movies!

About the Instructor: Our past-president admits to having learned everything worthwhile at the movies during his wasted youth and young manhood. Somehow he picked up enough knowledge to bluff his way

through 35 years of university teaching at WVU in Theater and convince them to make him a Professor Emeritus before kicking him out the door. A second career as an OLLI instructor since 2006 has driven him to return to the movies where no one will recognize him...would you like to buy a slightly used bridge?

MonRiver New Horizons Band

Damon Harvey
Mondays, Oct. 1 - Nov. 5
3:00 - 4:50 p.m.
Classroom: B

The organization's motto, "It's never too late," means that one is never too old to make music. Founded by Dr. Lindsey Williams in 2016, the MonRiver New Horizons Band gives OLLI members the opportunity to explore the joy of making music. Whether you once played a band instrument but did not continue later in life or never played before, the New Horizons Band will help you tap into the music within.

Course Materials: *Essential Elements Method* book, music stand. Participants must provide their own instrument.

About the Instructor: Damon Harvey is a PhD student in Music Education at WVU. Previously, he taught music for grades 5-12 in Wheeling, WV. Before teaching, Damon completed a master's degree in Music Ed at Case Western Reserve University.



The MonRiver New Horizons Band shows off their talent at the OLLI Holiday Open House

Opera as Drama

Byron Nelson
 bnelson2@wvu.edu
 Wednesdays, Oct. 3 - 24
 10:00 - 11:50 a.m.
 Classroom: A



The course provides critical analyses of the five operas in the Met in HD series (presented Saturday afternoons at the Regal Theatre) and the two operas in the Pittsburgh Opera's fall season at the Benedum Center. The Met operas are *Aida* (Oct. 6), *Samson et Dalila* (Oct. 20), *La Fanciulla del West* (Oct. 27), *Marnie* (Nov. 10), and *La Traviata* (Dec. 15). The Pittsburgh operas are *Madama Butterfly* (Sun., Oct. 14) and *Hansel and Gretel* (Sun., Nov. 11). Special emphasis will be given to the characterization of the leading female figures; how does the music reveal inner strengths and weaknesses?

About the Instructor: Byron Nelson is a retired WVU English professor with a lifelong passion for opera. He has previously taught OLLI classes on Shakespeare and Broadway musicals as well as opera.

Playing the Lap Dulcimer

Judy Werner
 judywerner@frontier.com
 Mondays, Oct. 1 - Nov. 5
 10:00 - 11:50 a.m.
 Classroom: B



Enjoy learning to play more songs on the Appalachian lap dulcimer. Each week we will focus on different types of songs including fiddle tunes, waltzes, Irish songs, and Stephen Foster songs. No previous musical experience is necessary to learn to play this simple instrument. Lap dulcimers will be available to use during the class.

About the Instructor: Judy Werner has enjoyed playing the lap dulcimer for more than 12 years and she plays in two different dulcimer groups. She likes old-time traditional music and enjoys going to concerts and music festivals. She and her husband co-direct the Gardner Winter Music Festival held every February. She also enjoys playing the tin whistle and the bowed psaltery.

Theater History, Part VII: The 19th Century

James Held
 Jim.Held@mail.wvu.edu
 Wednesdays, Oct. 3 - Nov. 7
 12:45 - 2:35 p.m.
 Classroom: A



We'll be exploring the most consequential period in theater history because it leads directly to our own time. We'll meet the essential artists responsible for bringing the director to full flower, as well as designers. We'll see how theatre architecture reached the standard we accept today and see the differences between the Broadway commercial theatre and the regional theaters that are responsible for birthing most new shows today. We'll take a hard look at the most important "isms" of modern theater, including Naturalism, Realism, Surrealism, Expressionism and Absurdism. As always, we'll accompany these topics with viewing of two to three plays, to be announced.

About the Instructor: See Film Forum.

Mark Your Calendars! Other Important Dates

- September 10
 Fall registration begins 9:00 a.m.
- September 13
 Fall Open House 2:00 p.m.
- September 14
 OLLI Board Meeting 10:00 a.m.
- October 1
 Fall term begins
- October 12
 OLLI Board Meeting 10:00 a.m.
- November 9
 OLLI Board Meeting 10:00 a.m.
 Winter course proposals due

WVU School of Theatre and Dance 2018-19

The WVU School of Theatre and Dance presents another exciting series of performances during the upcoming 2018-19 season. Join your fellow OLLI members for matinee performances at the Creative Arts Center. Special group ticket prices are available. Mark your calendars now for the following performances and watch the OLLI website and the Friday eBulletins for more details about the productions and corresponding events.

Moors

by Jen Silverman
 Sunday, September 23, 2:00 p.m.
 Gladys G. Davis Theatre

The Diary of Anne Frank

adaptation by Wendy Kesselman
 Sunday, October 21, 2:00 p.m.
 Metropolitan Theatre

Cloud 9

by Caryl Churchill
 Sunday, December 2, 2:00 p.m.
 Gladys G. Davis Theatre

The Magic Flute

by Wolfgang Amadeus Mozart
 Sunday, February 3, 2:00 p.m.
 Lyell B. Clay Concert Theatre

Dance Now!

Sunday, February 3, 2:00 p.m.
 Lyell B. Clay Concert Theatre

You Can't Take It With You

by George F. Kaufman and Moss Hart
 Sunday, April 14, 2:00 p.m.
 Gladys G. Davis Theatre

Da Vinci: The Renaissance of Surgery

Jaschar Shakuri-Rad
shakuriradj@monhealthsys.org
Tuesday, Oct.23, 10:00 - 11:50 a.m.
Classroom: B

Dr. Shakuri-Rad is the Director of Robotic Surgery at Mon Health Medical Center. He will be discussing progressive minimally invasive robotic surgeries he performs on patients to treat diseases of the bladder, kidneys, and prostate. He will review what surgeries looked like in the early days and where we are today. Robotic surgeries result in less discomfort, quicker recovery times, and better outcomes. Dr. Shakuri-Rad will show videos of his robotic surgeries and bring robotic surgery tools for the class to see.

About the Instructor: Dr. Jaschar Shakuri-Rad, Director of Robotic Surgery at Mon Health Medical center, began his medical studies at the WV School of Osteopathic Medicine in Lewisburg. He moved to Grand Rapids, MI, for training in robotic intensive Urological Surgery at the University of Michigan Health system. He served as associate professor in the department of surgery at Michigan State University.

General Health Education

Whitney Chafin
wbchafin@mix.wvu.edu
Monday, Oct.8, 6:00 - 7:50 p.m.
Classroom: A

This class is the second in a series of courses focusing on some of the hot topics of the health professionals' world, offered by students of the WVU chapter of the American Geriatrics Society. The students are from several health disciplines, including Pharmacy, Physical/ Occupational Therapy, and Medical.

About the Instructor: Whitney Chafin is an occupational therapy student at WVU. She is a third year student currently working on her master's degree.

Introduction to Tai Chi

Doug Myers
culturalepidemiologist@gmail.com
Saturdays, Oct. 6 - Nov. 10
10:00 - 10:50 a.m.
Classroom: B
Maximum Enrollment: 18



This course is an introduction to a version of Yang Style Tai Chi as modified and taught by Cheng Manching. In this course, students will learn the basic principles of Tai Chi and how to do the Tai Chi form.

About the Instructor: Dr. Myers has studied Tai Chi and other Chinese Martial Arts for 12 years. While living in North Carolina, he studied with Frank Wong, a student of Cheng Manching.

More Eat Right, Eat Well: The Joy of Vegetables, Part I

Stan Cohen, Judy Cohen
scohen@wvu.edu
Wednesdays & Fridays
Oct. 31 - Nov. 9
3:00 - 4:50 p.m.
Classroom: A



This course continues its healthy focus seeking the latest information about cooking and eating. Featured is a series of six 30-minute *The Great Courses* videos from the Culinary Institute of America, followed by lectures and class discussion. Sample dishes are tasted in each session which complement the CIA reviews. Handouts including guides and recipes will be available. Most importantly, everyone is requested to share tips, tricks, and techniques from their own kitchen.

About the Instructors: Stan Cohen taught a variety of psychology courses at WVU from 1972 - 2008. Since 1968, he has engaged in a variety of eating and cooking experiences. He is a life-long advocate of a wellness lifestyle, including healthy eating. He will be assisted by his partner, Judy.

Tai Chi: Intermediate Level

Doug Myers
culturalepidemiologist@gmail.com
Saturdays, Oct. 6 - Nov. 10
11:00 - 11:50 a.m.
Classroom: B
Maximum Enrollment: 18
Enrollment by permission of instructor.



This course builds upon the Introduction to Tai Chi course. In this course, students will learn some of the deeper concepts of Tai Chi while advancing their practice of the Tai Chi form. This course is open to those who are able to do the entire form that is taught in the Introduction to Tai Chi course.

About the Instructor: see above.

Yoga for Wellness

Eva Hnizdo
Tuesdays, Oct. 2 - Nov. 6
10:00 - 11:50 a.m.
Classroom: MDS
Maximum Enrollment: 20



This beginner yoga class is focused on correct body alignment, is well suited for senior practitioners, and is designed to teach participants how to renew vital energy and create physical and mental well-being through regular practice of appropriate yoga poses. Generally, yoga poses increase strength and flexibility of the body and help to relax the mind through controlled breathing and meditation. Regular practice of yoga has a holistic impact on the body.

Course Materials: Yoga mat, 2 yoga blocks, yoga strap

About the Instructor: Eva Hnizdo, PhD in epidemiology, is an Experienced Registered Yoga Teacher (E-RYT). Since 2006, she has taught yoga at NIOSH where she also worked as a research scientist and at Lakeview Fitness Center. She has been a practitioner of the Iyengar style of yoga since 1976.

Medical School 202

Charles Craig
Tuesdays, Oct. 9 - Nov. 13, 10:00 - 11:50 a.m.
Classroom: A



Organized by Dr. Charles Craig, Medical School 202 is a series of one session classes taught by medical professionals on their particular field of study. Participants should register for the session(s) in which they are interested.

The Third Kind of Lie

Oct. 9
Christopher Martin, MD, MSc.,
Professor of Medicine and
Occupational Medicine;
Director Global Engagement Office
cmartin@hsc.wvu.edu

Dr. Martin will look at the role of statistics and how bias affects scientific judgment in the search for medical cures of diseases.

Metals in Medicine

Oct. 16
Charles Craig, PhD, Professor
Emeritus, WVU School of Medicine.

Although metals make up many of the chemical elements, very few are well known for their usefulness in medical therapy. However, metals have been and continue to be important in medicine. Some serve to strengthen joints and bones while other are poisons and some are even necessary to life as we know it. Yes, some are even drugs.

What's New with the Flu

Oct. 23
Diane K. Gross, DVM, PhD, Regional
Epidemiologist, Monongalia County
Health Department
diane.k.gross@wv.gov

Dr. Gross will discuss the influenza vaccine that will be available for the 2018/2019 flu season. He will also discuss the effectiveness and safety of vaccinations as a way of preventing serious diseases.

Newer Approaches to Cancer Treatment

Oct. 30
William Petros, PharmD, FCCP, Dean
and The Gates Wigner Endowed Chair,
WVU School of Pharmacy
wpetros@hsc.wvu.edu

Prior to becoming Dean of Pharmacy, Dr. Petros was the Interim Director, WVU Cancer Institute, and has over 30 years of experience in clinical cancer research. He will discuss newer therapies that increase survival time for some cancers and will explain the rationale for these treatments.

Alzheimer's Disease: An Update

Nov. 6
Bernard Schreurs, PhD, Director West
Virginia Alzheimer's Disease Registry,
Rockefeller Neuroscience Institute;
Professor of Neuroscience

Dr. Schreurs will provide a view of the status of Alzheimer's disease research and progress toward more effective treatments.

Stroke: Types, Diagnosis, Prognosis, and Treatment

Nov. 13
Matthew Smith, MD, MS, Director,
Neurocritical Care; Director, Stroke
Center, WVU Healthcare; Associate
Professor, Department of Neurology,
WVU. Board certified in Internal
Medicine, Neurology, Psychiatry, and
Neurology.

Dr. Smith will discuss the types and causes of strokes, how they are diagnosed and treated, and what steps should be taken if one believes he/she may be experiencing a stroke.

History of Forestry and Forest Use in WV

Jim Rentch
jrentch2@wvu.edu
Thursdays, Oct.4 - 25
12:45 - 2:35 p.m.
Classroom: B

This course will trace the history of forest use in WV from the earliest settlers to the present day. It is based on portions of a similar course the author taught at WVU. Four broad periods will be reviewed: 1) 1750-1860 – early settlement, 2)1880-1920 – industrialization, railroads, and the timber boom, 3) 1920-1950 – fear of “timber famine,” forest protection and forest restoration, and 4) 1950-present – modern forest management. The course will make extensive use of historic photographs available from the WVU History Collection as well as other photographs and graphics.

About the Instructor: Jim Rentch was born in WV and has spent all but eight years of his life here. While living in Charleston, he worked as a coal miner for eight years and for Appalachian Power for 16 years. In 1998, he enrolled in a PhD program in forestry. Finishing in 2001, he taught in the WVU forestry program, retiring in 2018.

History of Russia from St. Vladimir to Vladimir Putin, Part II

Vladimir Hnizdo, Eva Hnizdo
hnizdo2044@gmail.com
Wednesdays, Oct.3 - Nov.7
10:00 - 11:50 a.m.
Classroom: B



Part II of the course on Russian History will cover World War I, the Revolution, civil war, collectivization, the Great Terror, World War II, post-Stalin times, Gorbachev's perestroika, collapse of the Soviet Union, and present times.

About the Instructor: Vladimir and Eva Hnizdo worked until their retirement in NIOSH Morgantown: Eva as an epidemiologist and Vladimir as a physicist. They grew up in post-World War II Czechoslovakia when the

country was under Russian domination. They have a keen interest in the history of Central Europe and Russia.

The 1960s: A Transforming Decade

Kenton Colvin
Kenton.Colvin@mail.wvu.edu
Mondays, Oct.22 - Nov.12
12:45 - 2:35 p.m.
Classroom: A

The 1960s was a time of longer hair, shorter skirts, and new kinds of music. But it was also a time of tensions between world powers, races, and generations. Learn about this very special pivotal decade in our history which brought many changes to the world. Learn about the Civil Rights Act, first presidential televised debates, various assassinations, Berlin Wall, Bay of Pigs invasion, Cuban Missile Crisis, British music invasion, muscle cars, hippies, Woodstock, first Super Bowl, Vietnam War, six-day war, moon landing, and much more. Learn why the decade of the Sixties transformed America.

About the Instructor: Kenton Colvin is retired from WVU after 18 years. Prior to WVU, he spent 26 years in manufacturing management with several corporations. He currently is an adjunct instructor in the WVU Industrial Engineering Department. He has taught several historical OLLI courses and is an avid history reader.

Personal and Family *Encore* History Writing Projects

Rae Jean Sielen
rsielen@populore.com
Thursdays, Nov.1 & 8
12:45 - 2:35 p.m.
Classroom: B



Topics for this course will include strategies for organizing material and considerations as you compile, write and produce your work (e.g., sources, voice, truth, scope, photographs, printing/binding). Participants will be able to begin identifying approaches suitable for their own goals, materials, audience, and budget. Handouts will

be provided and examples of many completed projects shared. Topics related to commercial publishing ventures such as how to sell manuscripts, find agents, and negotiate contracts will not be covered.

About the Instructor: Rae Jean Sielen is the co-founder/owner of Populore Publishing Company in Morgantown. For over twenty years she has helped individuals, families, organizations, and businesses with a wide variety of publishing projects. She is especially passionate about encouraging others to preserve their personal and family stories.

Poetry 4x4

Susan Sailer
susansailer@gmail.com
Thursdays, Oct.4 - Nov.8
3:00 - 4:50 p.m.
Classroom: A

Maximum Enrollment: 10

Participants will choose a subject that interests them (grandchildren, flowers, marriage, paintings, etc). The first meeting will be an orientation to the course; during the next four meetings each person will write a poem on the chosen subject; in the sixth week we'll try merging these poems by adding and subtracting, so that a new and longer poem emerges.

About the Instructor: Susan Sailer has published two books, *The God of Roundabouts* and *Ship of Light* as well as a chapbook, *Coal*. She retired from the WVU English Department, after which she earned an M.A. in poetry.

Reflections in West Virginia's Literature

Phyllis Wilson Moore, James Moore
scoutdil2016@gmail.com
Wednesdays, Oct.3 - 31
12:45 - 2:35 p.m.
Classroom: B

Materials Fee: \$12.00
(payable day of class to instructor)

West Virginia's multicultural literary heritage will be viewed through the fiction and poetry of selected authors

such as Mary Lee Settle, Jamie Gordon, Henry Louis Gates, Jr., Pearl S. Buck, and Denise Giardina.

About the Instructors: Known throughout Appalachia for researching and writing about West Virginia's multicultural literary heritage, Phyllis Moore is the author of the first official literary map of West Virginia and the developer of the first "only West Virginia literature" website (www.mountainlit.com). A former member of the West Virginia Humanities Council's Speakers' Bureau, Moore is a graduate of Fairmont State (then) College.

West Virginia and the Civil War

Linda Newcome
lnewcome@atlanticbb.net
Wednesday, Nov. 7
10:00 - 11:50 a.m.
Classroom: A

Close your eyes and imagine the hills of West Virginia ringing with the sounds of cannons and gunfire. Then you can ask, what was the purpose of West Virginia's involvement in the Civil War? How did she get involved, when did she get involved, where was the first battle, and where did it end? The instructor will try to answer these questions.

About the Instructor: Linda Newcome is a retired teacher who spent her teaching years in Preston County. She attended Fairmont State and then pursued her Masters in Elementary Ed. at WVU. She also has a certification to teach science in 5-8th grades. Newcome acts as a tour guide at the Arthurdale Heritage Center and also helps with tours at the Fairfax Manor in Kingwood.

OLLI membership has opened a whole new world for me and has given me a challenging and very rewarding activity for my retirement years.

- OLLI member

Hobbies and Interests

Birding West Virginia: Fall Migration and Owl Banding

Joey Herron
wvsawwhet@yahoo.com
Tuesday, Oct. 2, 10:00 - 11:50 a.m.
Classroom: A

This presentation will provide an overview of fall migration in West Virginia, discuss the Snowy Owl irruption in the East last year and cover the ongoing Northern Saw-whet Owl Banding project currently going on at Valley Falls State Park.

About the Instructor: Joey Herron has been birding and doing field research for almost 50 years. He is currently operating two banding projects here in north central West Virginia and continues to share his love for birds with the public through field trips and photographs.

California Wines: A Discussion and Tasting

Bob Craig, Ron Porter
ccraig@hsc.wvu.edu
Wednesday, Nov. 7
12:45 - 2:35 p.m.
Classroom: B

Materials Fee: \$15.00
(payable day of class to instructor)

California is the preeminent state in the U.S. for quality wine and where some 90% of American wine is produced. Some of the best wines in the world are produced in the Golden State. We will look at major wine producing areas and taste representative wines from throughout California.

About the Instructor: Bob Craig enjoys reading about wines, traveling to vineyards, and tasting wine from all over the world. He has taught extensively at OLLI since his retirement. Ron Porter will choose the wines to be tasted. Ron is the Wine Consultant for Kroger at 500 Suncrest Town Center.

A Horse of Course *Encore*

Crystal Smith
Crystal.Smith@mail.wvu.edu
Tuesdays, Oct. 2 - 16
6:00 - 8:00 p.m.
Classroom: WVU Reedsville Farm
Maximum Enrollment: 12

A Horse of Course will teach participants about caring for, feeding, and handling horses on the ground. They will learn how human attitude and body language communicate with the horse and how to control the horse from the ground. *This course will be held rain or shine. Participants must wear closed-toed shoes and be physically able to walk moderate distances on varied terrain.*

About the Instructor: Dr. Smith is a Teaching Associate Professor in the Division of Animal and Nutritional Sciences within the Davis College of Agriculture, Natural Resources & Design. At WVU, she leads the Equine Studies minor and manages the horse unit at the JW Ruby Research Farm.

History Writing Projects for Organizations

Rae Jean Sielen
rsielen@populore.com
Thursday, Oct. 25
12:45 - 2:35 p.m.
Classroom: A

Maximum Enrollment: 8

Has your organization, association, congregation, club, or other group considered doing a book of its history? Instructor will guide discussion based on interests/questions of attendees, and can provide an overview for projects resulting in anything from 24-page booklets to 300+ page books, showing examples of different styles and approaches. Key considerations include organization, content, components, scope, audience, resources, budget, project team, production, practical realities, and successful planning. Bring ideas, questions, and any samples you have. Attendees will not leave with a solid plan for implementation; rather, with an

understanding of what to start thinking about, including important early decisions.

About the Instructor: See page 18.

Share More Stories *Encore*

Alan Rosenbluth
rosenbluthg@aol.com
Thursdays, Oct. 25 - Nov. 8
3:00 - 4:50 p.m.
Classroom: B

We all have stories--memories of childhood/family, life-changing events, losing loved ones, surprises, and even fantasies. Please read one or several of your stories. Not ready to share? Come listen, then you can contribute later. This is not a writing class--it's just for sharing and having fun.

About the Instructor: Alan Rosenbluth, a retired pharmacy professor and dean, has enjoyed creative writing for more than 25 years. Following retirement in 2001, he attended writing classes and workshops (in WV, NC, and CA) and has written dozens of short stories and memoirs involving sports, grandchildren, strange happenings, and high school memories.

Stitching Panoramas, and Other Photos, with Hugin

Stephen McCluskey
stephen.mccluskey@mail.wvu.edu
Wednesdays, Oct. 10 - 31
3:00 - 4:50 p.m.
Classroom: CL

Maximum Enrollment: 12

Panoramas can be dramatic photographs of natural scenes, of buildings, or of bridges and other structures. We will work in the computer lab using the free software Hugin to make panoramas by stitching together images taken with any digital camera (even with a smartphone). We will start with simple panoramas and then explore some of the more advanced possibilities of Hugin, including making architectural photos and copying very large images. The instructor will provide sample images

to be stitched together to make panoramas, although students will be encouraged to take their own photos to stitch in class.

About the Instructor: Steve McCluskey is a retired professor of history at WVU and an amateur photographer. He has taken many panoramic pictures for some fifteen years and has learned many (but not all) of the features of Hugin.

China and India: An Ancient Connection through Buddhism

Sumitra Reddy
smreddy@mail.wvu.edu
Tuesdays, Oct.23-Nov.6
3:00 - 4:50 p.m.
Classroom: B

Chinese monks Faxian (4th century), Xuanzang (early 7th century) and Yijing (late 7th century) traveled to India to bring Buddhist teachings and documents to China. Xuanzang's journey was immortalized in a 16th century classic Chinese novel *Journey to the West*, widely translated and read even today. Documentary films retracing Xuanzang's fascinating journey along the Silk Road will be shown in the class.

About the Instructor: Sumitra Reddy grew up in Kolkata, India, and came to the U.S. for her doctoral studies in Physics. She has been to China five times and visited many Buddhist sites as well as some places along the Silk Road.

A Conversation about Inner Life Experiences

Samuel Bonasso
sgbpe@comcast.net
Thursdays, Oct.4 -18, 3:00 - 4:50 p.m.
Classroom: B
Maximum Enrollment: 15

This conversation is a guided and open-ended discussion. Subjects include personal inquiry, contemplative prayer, meditation, creativity, et al. Participants from all denominations and backgrounds are welcome. The important element in this course is that it is about personal experiences and not about theories. It will deal with the actions and the obstacles that are experienced by the participants.

About the Instructor: Sam Bonasso is a successful businessman and adjunct professor of Civil Engineering at WVU. He is an inventor with several U.S. patents and has taught courses in creative thinking. As a contemplative, he has experienced and studied both Eastern and Western religious traditions and has been a student of the Diamond Heart work for over 20 years.

Old Testament Miracles and What They Mean

Joe Hample
rabbi.joe.wv@gmail.com
Tuesdays, Oct.2 - Nov.6
12:45 - 2:35 p.m.
Classroom: B

Sarah's late-life motherhood, the burning bush, the parting of the Red Sea, the talking donkey, the battle of Jericho, David and Goliath: how do these stories empower us? What miracles do we still dare to pray for?

About the Instructor: Rabbi Joe Hample was born in Buffalo, educated at Harvard, and long employed at Wells Fargo Bank in California. Ordained in 2009, he worked as a full-time prison chaplain before coming to Morgantown in 2012. Now the spiritual leader at Tree of Life Congregation on South High Street, Rabbi Joe seeks to make Judaism accessible to everyone.

Does Consciousness Live After Death?

Allie Karshenas
alkarshenas@hsc.wvu.edu
Thursday, Oct. 18, 12:045 - 2:35 p.m.
Classroom: A

With the advancement of neuroscience technologies, there is so much information available to functionally determine and predict the physiological and anatomical pathways of neuronal networks and build accurate quantum models that extend beyond the human body and stretch into a "pre-determined" space where logic becomes consciousness.

About the Instructor: Dr. Karshenas is the Associate Vice President of Clinical Research Operations and Institutional Advancement at the Health Sciences Center of West Virginia University as well as the AVP for the HSC's Global Engagement Programs, the Director of the Clinical & Pharmacologic Research Center (CPRC) and Associate Professor of Pharmaceutical Systems and Compliance in the School of Pharmacy at WVU.

Geological History of Planet Earth: Beginnings

Richard Smosna
rsmosna@wvu.edu
Mondays/Wednesdays,
Oct. 1 - 17, 3:00 - 4:50 p.m.
Classroom: A



This course will present the most current theory on the origin of Earth, some 4.5 billion years ago. It will examine the theory itself (solar nebula), corroborating evidence, and scientific interpretations concerning the creation. We will also address the origin of Earth's interior structure, its oceans, and atmosphere.

About the Instructor: Richard Smosna is an emeritus professor at WVU who has taught geology for over 35 years, presenting courses in environmental hazards, history of Earth, dinosaurs, human evolution, oceanography, and petroleum.

Introduction To Forensic Science

Encore

Christopher Bily

Chris.Bily@mail.wvu.edu

Wednesdays, Oct. 3 - 31

6:00 - 8:00 p.m.

Classroom: WVU Crime Scene Complex

Maximum Enrollment: 16

This series of classes is designed to cover fundamental principles and practices of forensic science. Topics will include: fingerprints, footwear impression evidence, firearm identification, bloodstain pattern analysis, and biological evidence. All classes will be a combination of lecture and practical/laboratory exercises. Case studies will also be presented when appropriate.

About the Instructor: Christopher Bily is the Instructional Coordinator for the Next Generation Forensic Science Initiative.



Testing for blood in a forensic science class.

America: Independent or Isolated; Engaged or Entangled? The U.S. & Its Allies

Jack Hammersmith

jhammer@wvu.edu

Mondays, Oct. 1 - 15, 12:45 - 2:35 p.m.

Classroom: A

In 1783, America won its independence, thanks in part to an alliance with France. There followed a century-and-a-half of avoiding formal alliances (even during two world wars) until the post-World War II era when the U.S. took the lead in forming NATO, the first major alliance since the 18th century. Following NATO, the U.S. actively created bilateral and multi-lateral alliances all over the world. This course will examine that pattern, focusing on, but not limited to, NATO: its origins, evolution, and significance. Have alliances been helpful? Hurtful? Maintained a vibrancy? Or outlived their usefulness?

About the Instructor: Now beginning year three of retirement after 48 years in the WVU History Department, Hammersmith has taught several OLLI courses in the past, most recently "The Virgin President." Trained in U.S. diplomatic history, he provided for a half century a non-melatonin option for tired students enrolled in a number of U.S. as well as East Asian history classes.

A First-Hand Look at the Cold War

Steve Riffon

steveriffon@gmail.com

Friday, Oct. 12, 10:00 - 11:50 a.m.

Classroom: A

This course will discuss the unclassified details of nuclear war. It will describe the day-to-day operations of the 44th Strategic Missile Wing and the three squadrons associated with the wing. It will look at the launch control center and the high standards the missile crews were required to maintain in order to keep their proficiency and knowledge at a high level. The course will also discuss a meeting with the Soviet military leadership.

About the Instructor: Steve Riffon retired from the US Air Force, having served in both nuclear and space fields. He currently works for WVU as Interim Director for WVU Veterans Affairs. He enjoys traveling and spending time outdoors.

The New Yorker Discussion Group

Margot Racin, Kristen Cooper

Mondays, Oct. 1 - Nov. 5

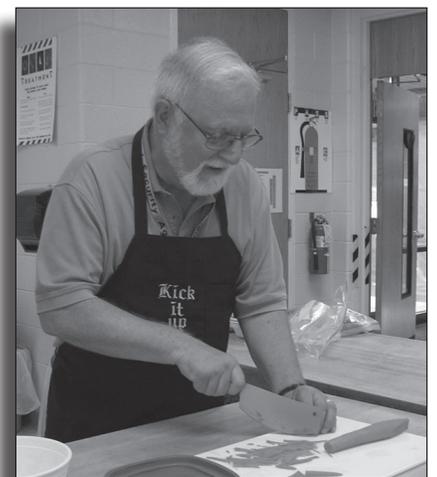
10:00 - 11:50 a.m.

Classroom: A



Join us to discuss a range of topics from recent issues of *The New Yorker*. Members of the group choose articles, fiction, and topics to be discussed each week. All viewpoints welcome! A subscription to *The New Yorker* is strongly recommended.

About the Instructors: Margot Racin is retired after 30 years in the WVU English Department. She has coordinated these discussions in previous terms and looks forward to even more stimulating discussions. Kristen Cooper is a publicist with experience in the publishing industry at magazines including *The New Yorker*, *Better Homes & Gardens*, *Travel & Leisure*, and *House & Garden*.



Learning with OLLI is a hands-on experience.

Driverless Cars

Kathryn Skitarelic Swanson
 kswa997@gmail.com
 Fridays, Oct. 26 - Nov. 9
 12:45 - 2:35 p.m.
 Classroom: A

Driverless vehicles have fascinated us for centuries. Leonardo DaVinci had a plan for a self-driving cart. In 1962, George Jetson introduced us all to a cartoon version of our future, complete with flying cars and robotic housemaids. This course will explore the evolution of the automobile from its “birth” in 1885 to the current industry promise to make the driverless car a reality in 2 to 5 years. Is driving really dead? Will the driverless car impact society as dramatically as the invention of the automobile itself? What surprises lie ahead in the quest for the driverless car?

About the Instructor: Kathryn Swanson, a retired pathologist, has been a “motorhead” since she was a child. She has owned a variety of cars including a Corvair, a Honda Civic, a Plymouth Road Runner and a Porsche 911. She is a Porsche Club of America High Performance Driving Instructor and a driving coach for the Tire Rack Teenage Street Survival program.

Using Your Apple iPhone and iPad

Offered Twice

Michelle Klishis
 Thursday, Oct. 4, 12:45 - 2:35 p.m.
 Classroom A
 Tuesday, Oct. 30, 10:00 - 11:50 a.m.
 Classroom: B

Maximum Enrollment: 15

This course covers iOS 11 for the iPhone and iPad. We’ll look at features of this state-of-the-art operating system and the incredibly useful devices on which it runs. We’ll explore the basic knowledge and skills you’ll need to use your device effectively and efficiently, like the various gestures you use to control the operating system and how to find and install third party apps.

About the Instructor: Michelle Klishis is a jack-of-all-trades and certifiable

geek. Her degree in biology and work in a microbiology lab gave her absolutely no preparation for becoming a technology consultant, yet here we are. When not in front of computers, she is likely to be found reading or hiking (current accomplishment: hiking all of the state parks and forests in WV).

Technology Security

Michelle Klishis
 mklkishis@hsc.wvu.edu
 Tuesday, Oct. 16, 12:45 - 2:35 p.m.
 Classroom: CL

Maximum Enrollment: 14

“If you are not paying for it, then YOU are the PRODUCT.” As more of our lives becomes digitized, it’s important to make sure you are being safe with your electronic gadgets and online information. Anti-virus, malware, hacking, identity theft; all of these things make computers and smart phones sound terrifying, but there are simple steps you can take to make your data more secure, and to feel more comfortable surfing the web and shopping online.

About the Instructor: See above.

Classroom AV Training

Michelle Klishis
 olli@hsc.wvu.edu
 Tuesday, Sept. 18,
 10:00 - 11:50 a.m.
 Classrooms: A, B, CL

Free to all OLLI instructors & members.

This hands-on workshop is open to all instructors and members interested in learning about the equipment and technology available in the OLLI classrooms. New ideas are welcome as we develop quick reference sheets and instruction manuals.

Want to teach or host a course and concerned about the technical side? This workshop is for you!

Bella Italia!

Karen Long
 wvkaren@comcast.net
 Tuesdays, Oct. 2 & 9
 10:00 - 11:50 a.m.
 Classroom: B

With fall and winter approaching, enjoy summer in beautiful Italy! Begin in Rome, go south to Capri, then to Florence, Cinque Terre, and finally Venice, enjoying other cities and stops en route. This presentation includes discussion and photos from a recent trip to Italy.

About the Instructor: See page 13.

Caves and Cave Exploration in West Virginia

Douglas McCarty
 river109@gmail.com
 Wednesday, Oct.31, 3:00 - 4:50 p.m.
 Classroom: A

This course will provide an overview of the features and history of some of the more significant caves in West Virginia. We will discuss what a “caver” is, what they do, and why they do it. Then we’ll talk about the history and discoveries of a cave survey project in Monongalia and Preston Counties that started with the discovery of the 2.3 mile-long Druid Cave and led to the discovery of several other caves, including the New Year’s Day Cave, the longest known cave in Monongalia County.

About the Instructor: Mr. McCarty has been caving off and on since 1973. He is a Fellow of the National Speleological Society, a director of the West Virginia Speleological Survey, and the co-author of *The Caves and Karst of Tucker County*. He directed the Tucker County Cave Survey and has participated in numerous other cave survey projects.

Travel and Adventure

Halifax, Nova Scotia

Linda Newcome

lnewcome@atlanticbb.net

Wednesday, Oct.24, 3:00 - 4:50 p.m.

Classroom: A

This class will be a presentation of pictures and historical facts about Halifax, Nova Scotia. The area is known for its unique fishing villages, the Bay of Bundy, and graveyard of many lost in the sinking of the Titanic.

About the Instructor: see page 19.

Multi-Generation Travel Planning

Christopher Sharps, Jessica Sharps

Chris@PixieVacations.com

Saturday, Oct.6, 12:45 - 2:35 p.m.

Classroom: A

Current travel trends are pointing toward families traveling together. More and more, grandparents are choosing to make memories together with their adult children and their grandchildren through travel and destination experiences. Whether it is a weekend road trip, beach trip, Disney destination, cruise, guided tour vacation, all inclusive resort, or international travel, planning can be exhausting, confusing, and seem daunting or impossible at times. Learn the best practices and current trends

for planning travel that meets needs of all ages and interests, and get started on making memories that will last for generations to come! Adventure is out there!

About the Instructors: Chris has enjoyed travel and adventure since a very young age. After years of poorly planned family vacations growing up, Chris became a travel guru, with many years on the road for work, and in planning family vacations himself. Chris became a travel agent eight years ago. He's a co-host on the *Mouse Chat Podcast*, a top rated Disney and family travel podcast. Unlike Chris, Jessie enjoyed meticulously (read militantly) planned family vacations growing up. So she prefers to relax by the pool on vacation. Jessie also became a travel agent eight years ago. She specializes in all-inclusive resorts, cruise vacations, as well as the Universal Orlando Resort. Approaching travel from two different perspectives helps them make the most of their clients' vacations!

Special Places in WV: Famous Places

Ed Johnson

Tuesday, Oct.9, 3:00 - 4:50 p.m.

Classroom: A

The class will virtually visit places that bring fame to our state regionally,

nationally, and/or globally, including The Greenbrier, New Vrindaban (Palace of Gold), Summit Bechtel Reserve, New River Gorge Bridge, Tamarack, Snowshoe, and more.

About the Instructor: Ed Johnson is increasingly obsessed with all things West Virginia and enjoys sharing his discoveries with his fellow OLLI members.

Special Places in WV: National Lands

Ed Johnson

Tuesdays, Oct.16 & 23

3:00 - 4:50 p.m.

Classroom: A

The class will virtually explore West Virginia's national parks, forests, wildlife refuges, natural landmarks, historical landmarks, heritage areas, and more.

About the Instructor: see above.

Travel Opportunities



Collette Travel

Treasures of Northern California

September 8 - 16, 2019

Highlights:

San Francisco, Choice of San Francisco Bay Cruise or City Tour of San Francisco, Yosemite National Park, Sacramento, Lake Tahoe, Sonoma Wine Country, Winery Tours, Napa Valley Vineyard Experience

Reservation & Deposit Due: March 4, 2019

Double occupancy from \$3,629 pp

For more information about this trip and others, pick up a brochure in the OLLI Member Lounge or contact the OLLI office at 304-293-1793.

Crises of Conscience to Fantastical Farce



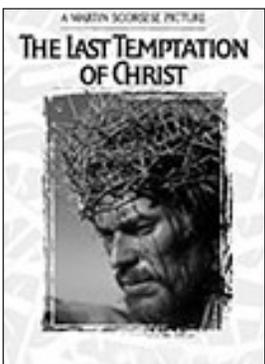
Sept. 28: Yentl

We open our series with a masterful performance tied to a star that wanted to come to terms with her own Jewishness by examining one of the great, intensely moving stories to come from Isaac Bashevis Singer’s short story “Yentl the Yeshiva Boy”. Yentl is the only child of a Jewish scholar who teaches her Torah. When he dies, what is she to do? Why, put on the clothes of a Yeshiva boy and go off to study...and then she encounters traditions and love that throw her whole life into chaos. Billed as a “romantic musical,” the songs, sung by Streisand, are only in her thoughts. The film beautifully captures the strict world of shtetl life within the Pale. 1983. 131 minutes.



Oct. 5: It Happened One Night

One of the all-time great romantic screwball comedies, directed by Frank Capra and starring the two legends Clark Gable and Claudette Colbert. What happens when a spoiled rich girl ends up falling for a roguish reporter and going on the lam to escape her domineering father? This pre-code film features the now famous motel scene where Gable bares his chest (causing undershirt sales to plummet) and blankets thrown over a rope try to keep the two separated and decent. Does it work? Come and see the first movie to win all five major Academy Awards (Best Picture, Director, Actor, Actress, and Screenplay). 1934. 105 minutes.



Oct. 12: The Last Temptation of Christ

Your host first read this great novel by Nikos Kazantzakis as a freshman college student trying desperately to find his own faith journey. The question asked by this story is profound: what would be the hardest temptation for a man destined to be the Messiah to countless Christians? Hanging on the fateful cross, Jesus is visited by his guardian angel who takes him down and gives him a wife and family. After a full life, he realizes this is not his destiny, that the angel is a devil, and that he must fulfill his role as the Son of God. A true film masterpiece. 1988. 163 minutes.



Oct. 19: Being There

Peter Sellers plays Chauncey Gardner, a simple-minded man with no other life experience than gardening and serving an old dying man. Is he something more? This film has become a favorite of fans that either love Sellers, or enjoy quirky plots in the same vein as *Harold and Maude*. Shirley MacLaine adds her priceless talents to the mix as a fabulously wealthy but lonely wife of a tycoon—filmed at Biltmore estate—while one thing after another seems to propel Chance to greater and greater heights. Unforgettable! 1979. 130 minutes.

Oct. 26: The Great Dictator

This would be Chaplin's first full sound film, that he also wrote, directed, scored and starred in. Released in 1940, it would be one of the first films to implicate Hitler, Mussolini, et al., and take on the nearly unacknowledged issue of antisemitism. Chaplin himself also played the role of the persecuted Jewish barber. In subsequent years, he would have regrets about making the film once the full horror of the Holocaust came to light. It became Chaplin's highest grossing and most popular film. The dance sequence where the dictator dances with a large world globe, is pure magic. A great satire! 1940. 124 minutes.



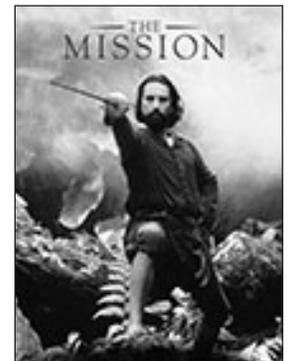
Nov. 2: Schindler's List

For director Steven Spielberg, this film was intensely personal, in that he had wanted to do a film around the Holocaust to honor his Jewish forebears. It amazes me that this film came out late in 1993, the same year that *Jurassic Park* premiered to the astonishment of everyone. Until now, Spielberg had been nominated but never won the Oscar for directing. This film won seven of the 12 Oscars it was nominated for, including Best Picture and Best Director. It became an instant classic, voted #8 of the 100 all-time best movies. Liam Neeson, Ralph Fiennes, and Ben Kingsley all gave career-best performances. Filmed in black and white with just a few subtle touches of color, Spielberg planned it as a documentary-style project. 1993. 195 minutes.



Nov. 9: The Mission

Written by Robert Bolt (*A Man for All Seasons*) and directed by Roland Joffe, this film tells the story of Jesuit missionaries in 18th century South America. It features Robert De Niro, Jeremy Irons, Ray McAnally, Aidan Quinn, Cherie Lunghi, and Liam Neeson. The musical score by Ennio Morricone is considered one of the top five ever composed. The film won the Palme d'Or at Cannes and an Oscar for cinematography. The film is a wide screen masterpiece, filmed mostly on location in the jungles and on the rivers of South America. The story includes a deeply moving spiritual journey by a slave trader who becomes a priest. An unforgettable film experience! 1986. 125 minutes.



Nov. 16: Dr. Strangelove or How I Learned to Stop Worrying and Love the Bomb

We conclude this series with one of Stanley Kubrick's most popular and weird films. The great Peter Sellers plays no less than three roles, aided by George C. Scott, Sterling Hayden, Keenan Wynn, James Earl Jones, and Slim Pickens. This is black comedy and satire at its darkest, focused on the cold war fear of nuclear war, bumbling generals vs. strangely incompetent or ignorant government characters...hmmmm... It's fine to call this movie a comedy nightmare, theater of the absurd, or just black comedy/satire—your choice. The final moments in the film with a cowboy Major played by Slim Pickens is a classic among classics! 1964. 94 minutes.



*The following classes will be held at The Village at Heritage Point.
Membership and enrollment fees apply unless otherwise stated.*

Spiritual Autobiography

Andrew Rorabaugh
Wednesdays, Oct. 17 & 24
10:30 a.m. - 12:20 p.m.
Maximum Enrollment: 10

This course will review the nature of spiritual autobiography and examine some specific significant texts—from Augustine and Margery Kempe to Elie Wiesel and Kathleen Norris. Topics will be covered with an eye for suggesting how participants can think about and possibly document their own spiritual journeys. Instruction will be paired with writing exercises based on specific prompts, with optional sharing in an appreciative and safe environment. People of all spiritual traditions are welcome, as are both “writers” and “non-writers.”

About the Instructor: Andrew Rorabaugh earned an MA in Theology from the ecumenical and interfaith Graduate Theological Union in Berkeley, CA. Andrew works at Populore Publishing Company, where he manages administration and is involved in private and small scale commercial publishing projects, supporting editorial and layout activities.

The New Yorker Discussion Group II

Paul Kinkus
Mondays, Oct. 1 - Nov. 5
3:00 - 4:50 p.m.

Join us to discuss a range of topics from recent issues of *The New Yorker*. Members of the group choose articles, fiction, and topics to be discussed each week. All viewpoints welcome! A subscription to *The New Yorker* is strongly recommended.

About the Instructor: An active member of OLLI's *New Yorker* Discussion Group, Paul Kinkus co-led the group at the Mountaineer Mall over the summer with Steve Runfola.

Influenza: Past, Present, Future

Karen Long
wvkaren@comcast.net
Thursday, Oct. 25
1:00 - 2:50 p.m.

Free and open to all!

This course is a discussion of the structure and function of the influenza virus, 20th century pandemics, the 2017-18 epidemic in the U.S., and future trends in vaccines and treatment options.

About the Instructor: Karen Long is retired from the WVU Department of Medical Laboratory Science where she taught clinical microbiology and immunology. She is currently an on-call technologist in the microbiology laboratory at Monongalia General Hospital.



Celebrating Whole Grains Day

Registration & Attendance Matter

We understand that plans change, especially when you're asked to commit to something several weeks in advance. However, it is important to register for the classes that you wish to attend. Enrollment records help us demonstrate our members' active participation in the program when seeking funding from grant-makers and policy-makers. Also, we occasionally have classes which fill quickly so one that you wish to attend may already have a wait list.

If you are unable to attend a class for which you are registered, please notify the OLLI office. Another person may be anxiously awaiting your cancellation so that he or she may participate in the class.

Please be respectful of the time and efforts of our volunteer instructors and your fellow OLLI members.

Register for OLLI Online

Browse the OLLI catalog, purchase or renew a membership, and register for classes and events online.

1. Go to olliatwvu.org

2. Click on **Register Here** on the left side of the screen.

3. You will be redirected to <https://wvusph-olli.augusoft.net>
Click on **LOGIN/CREATE ACCOUNT**.



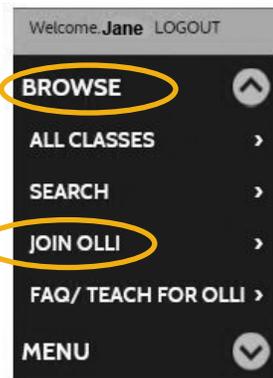
4. If you have been an OLLI member in the last two years, you already have an account.
Contact the OLLI office if you need your username and password.
Please do not create a new account.

5. You will see **Welcome, Your Name** in the gold bar above **BROWSE** on the right side of the screen if your login was successful.



6. Click **BROWSE** to purchase or renew a membership or browse OLLI classes and events.

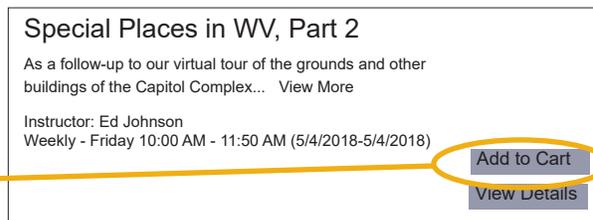
7. If you are purchasing or renewing a membership, click on **JOIN OLLI**, select the appropriate membership and click **Submit**.



8. To register for classes and events, click on **BROWSE**, then **ALL CLASSES**.

9. Browse by day or topic.

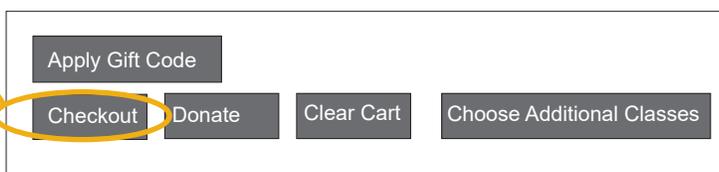
10. To select a class or event, click on the **Add to Cart** button on the right side below the class information.



11. When finished making your selections, click on **CHECKOUT** next to the **VIEW CART** on the right in the gold bar.



12. Review your selections and click on the blue **CHECKOUT** button at the bottom of your order.
If there is a balance due, you will be taken to a screen to enter your credit card information.
If there is no balance due, you will be taken to the Order Complete screen.



As a non-profit membership organization, OLLI depends on the generous support of our volunteers. Volunteers are the lifeblood of our program, helping to ensure that OLLI is able to provide the highest quality courses, lectures, workshops, trips, and more for our members.

Your volunteer experience can be molded to fit your interests, talents, and schedule. Opportunities may be short-term project-oriented tasks or ongoing general support, team or solo tasks, on-site or in the community. All members have something to offer and are encouraged to share their time and expertise with their peers.

Ambassadors

OLLI Ambassadors help spread the word about our program by sharing their experiences and inviting friends, family, and others to join them for a class.

Board Members*

The Board of Directors is the governing body of OLLI at WVU, providing leadership to committees and staff. With input from the committees, the Board establishes organizational priorities and financial and program policies. Board members are elected by the membership to serve a two-year term and may be re-elected for a second term.

Class Hosts

Class hosts greet members and ask them to sign in as they arrive for a class, remind members to turn off their cell phones, introduce the instructor, assist with class needs, and distribute course feedback forms.

Event Hosts and Staff

OLLI sponsors several open houses and special events throughout the year. Volunteers are needed to assist with shopping, set-up, and greeting visitors before, during, and after the event.

Instructors

Our program depends on the generosity of our volunteer instructors to teach the quality courses and learning experiences offered throughout the year. OLLI instructors, drawn from all walks of life, share their knowledge and expertise of their chosen careers, fields of study, or hobbies about which they are passionate. Free from tests or grades, instructors experience the joy of teaching students who are enthusiastic, engaged and eager to learn.

Office Support

Sometimes we just need a little help around the office. Volunteers can help by refreshing the coffee in the member lounge, answer the phones, making copies, filing, and other light administrative duties.

** To review official descriptions of the OLLI Board of Directors and committees, please refer to the By-Laws, available online at olliatwvu.org, in the OLLI office, or in the member lounge.*

Project Team Member

Perhaps you have a special skill that OLLI could take advantage of for a specific project. Are you fluent in Adobe InDesign or video-editing? Or are you handy with a paint brush or power tools? Do your talents include fundraising or organizing? There are several projects on which we can use your help!

Registration Assistants

The first week of class registration each term is a busy one for the office staff. Volunteers can answer questions and help members register for classes. If you're comfortable with computers and online shopping, we can teach you how you can help.

Standing and Ad Hoc Committees*

OLLI has several standing committees that work together to keep our program running. Which one fits you best?

Curriculum Committee

Not only does this committee review all instructor proposals and discuss the merits of each one before choosing which courses to include in the next term's offerings, it also reaches out to everyone for new ideas and areas of interest. They review suggestions made on the course evaluation forms, review the comments about each course, and discuss policies relating to the curriculum.

Catalog Committee

A sub-committee of the curriculum committee, members review the courses submitted each term for grammar, wording, and consistency; edit the course catalogs; and make suggestions about additional content and design.

Facilities & Technology Committee

Working with the Director, this committee considers what improvements should and/or can be made to our classrooms, member lounge, offices, and storage spaces. They monitor how current space is used and consider future facility and technology needs.

Finance Committee

The finance committee, chaired by the Board Treasurer, develops the annual operating budget to be approved by the membership, reviews OLLI income and expenses throughout the year, and makes recommendations regarding membership and enrollment fees.

Fundraising Committee

In order to keep our member and enrollment fees affordable to all, OLLI relies heavily on contributions from both internal and external sources. Working with the WVU School of Public Health Development Director, this committee is responsible for planning and carrying out an annual fundraising campaign. Identifying and writing grants; recruiting OLLI sponsors; encouraging giving by

members; and promoting annual, legacy, and tribute gift opportunities are important activities with which we need assistance.

Irving Goodman Aging Lecture Series Committee

The Irving Goodman Aging Lecture is an annual event and a highlight of OLLI at WVU. The committee considers topics of interest, researches options, recruits the speaker, and organizes the event each year.

Marketing Committee

In consultation with the Director, the marketing committee creates and implements an annual campaign to recruit new members, form community partnerships, and increase community awareness of OLLI at WVU. Committee members help distribute course catalogs to libraries, senior centers, and other locations; staff tables at health/wellness and senior fairs; and encourage media coverage of OLLI events.

Membership Relations Committee

The member relations committee works to increase member retention and works with other committees to address the needs of current members through special programming and membership benefits.

Nominating Committee

This committee meets just a few times a year and is responsible for keeping track of who is a member of the Board of Directors and when his or her term expires. They then brainstorm ideas for new board members and compose a slate to be voted on at the annual meeting in June of each year. The committee also prepares a slate of officers of the board to be voted on at the first meeting of the new year.

Social Events Committee

The social events committee suggests, researches, organizes, and promotes special members events; works with other committees to organize and staff the quarterly open houses; and plans the annual business meeting.

Travel Committee

A sub-committee of the curriculum committee, members will meet to talk about and help organize trips of interest to OLLI members.

How to Become a Volunteer

To become an OLLI volunteer, contact the OLLI office at 304-293-1793 or submit the Volunteer Information Form online at <http://www.olliatwvu.org>.



Riding the rails with OLLI



Enjoying the OLLI Annual Meeting.



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Personal Assistive Hearing Devices

OLLI classrooms A and B are now equipped with personal assistive hearing devices for member use. A small personal receiver enhances sound projected through the audio visual system in the classroom. Users may choose to use ear-buds, surround earphones, or a headset. Some hearing aids are able to use a neckloop telecoil coupler. To use a personal assistive hearing device, come to the OLLI office prior to your class to sign one out.

Classroom Temperature

To save energy, the classroom thermostats are set to specific temperatures. Please dress accordingly to help make your class experience comfortable.

Weather and Holiday Policy

OLLI members are personally responsible for their own safety and must exercise good judgment when making travel choices in inclement weather. When West Virginia University, Monongalia or Kanawha County Schools are closed for inclement weather, OLLI activities are cancelled. County school delays do not affect OLLI activities. The decision to cancel activities is at the discretion of the Director when a county calls for early dismissal due to the weather. The decision to cancel weekend activities due to weather is at the discretion of the instructor. Registered participants will be notified. The OLLI office observes WVU holidays.

Media Releases

Media releases are available and kept on file in the OLLI office. Please be sure to fill one out and let us know if you do not want to be shown in OLLI photographs and media.

Liability Disclaimer

Individuals acknowledge and assume any and all risk associated with participation in OLLI at WVU activities. OLLI at WVU makes no representation regarding the appropriateness of any activity for an individual. OLLI at WVU disclaims any and all liability for each individual's participation in any activities. If a course involves physical activity, participants are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended that participants consult their physician before participating in physical activity.

Class Disclaimer

OLLI at WVU presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial or other professional advice and services. Information presented in an OLLI program should not be used as a substitute for consultation with a professional legal, medical, financial or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial or other competent adviser.

All information is provided "as is," with no guarantee of completeness, accuracy, timelines or of the results obtained from the use of the information, and without warranty of any kind, expressed or implied, including, but not limited to warranties of performance, merchantability and fitness for a particular purpose. Neither OLLI at WVU nor its information providers will be responsible to any program participant or anyone else for any decision made or action taken in reliance on the information presented by OLLI at WVU, or for any consequential, special or similar damages, even if advised of the possibility of such damages.

Refunds

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.

Non-Discrimination Statement

WVU is an EEO/Affirmative Action Employer. Underrepresented class members are encouraged to apply. This includes minorities, females, individuals with disabilities and veterans.



OLLI members visit the Pearl S. Buck Birthplace in Hillsboro, WV.

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OLLI at WVU - Your Next Adventure Begins Here

Fall Registration Begins September 10

Phone: 304-293-1793

Website: www.olliatwvu.org

Email: olli@hsc.wvu.edu

Benefits of OLLI Membership

Staying intellectually stimulated and socially active are proven components of healthy aging. Membership in OLLI provides these benefits through:

- More than 200 courses and activities per year in such areas as the arts, health and wellness, humanities, math and science, and more.
- Social events
- Travel programs
- Interest Groups
- Volunteer opportunities