Osher Lifelong Learning Institute at WVU

Curiosity Never Retires

Osher Lifelong Learning Institute at WVU
Winter 2017 Course Catalog

www.olliatwvu.org
OLLI AT WVU

The Osher Lifelong Learning Institute at West Virginia University, known as OLLI at WVU, provides programs and educational opportunities designed for adults 50 and over.

OLLI at WVU is a membership organization affiliated with the School of Public Health at WVU that recognizes the unique experiences, capabilities, and wisdom of mature members of the community. OLLI at WVU emphasizes the sharing of ideas through peer learning, member participation, and collaborative leadership.

During four terms each year, OLLI at WVU offers courses, lectures, seminars and field trips in such areas as music, literature, art, science, politics, nature, history, health, medicine, and economics. Live drama, movies, and special interest groups add to the choices.

Courses are developed and taught by volunteers from the community who are passionate about their topics, avocations, and interests, and love to share their ideas.

Free from the pressures of tests and grades, this is learning simply for the joy of it.

Supporters

OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:

- The Bernard Osher Foundation
- West Virginia University, President’s Office
- WVU Foundation
- WVU School of Public Health (SPH)
- West Virginia Center for Geriatric Education
- OLLI Board Members, Committee Members, and Volunteers
- OLLI $100K Club
- Our Distinguished Instructors
- OLLI Members

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OLLI BOARD OF DIRECTORS
(2016-2017)

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Want to be more involved?

OLLI is seeking volunteers to serve as course facilitators, help out in the office, be an OLLI greeter, teach a class, or join a committee listed above. For more information, visit our website at http://www.olliatwvu.org/ or stop by the OLLI office!

Staff

Jascenna Haislet, Executive Director
Diane Cale, Program Assistant
Sonja Jewell Kelley, Professional Technologist
Duane Greathouse, Student Assistant

Cover Photo:
Cooper Rock National Forest
Anthony Winston
A MESSAGE FROM OUR BOARD PRESIDENT

Bon Hiver, everyone! For those of you that have not escaped to warmer climes, your OLLI is still here offering a menu of stimulating and fun classes to get you through those dreary, drab, cold winter days. Now I am an artist, so I have a gentler perspective on winter when I look out my windows or drive someplace. Yes, the leaves have fled the trees, the green is gone and has been replaced by mauve, grays, barreness, and sometimes, when the sun comes through the bare trees, the trunks look black. But it is such a peaceful time of year, a great time to curl up in front of the fire (I hope you have one), go to a concert, see a show or come to OLLI classes and keep up with your friends.

We have arts, we have literature, we have science and issues in aging, travel and music, crafts and food. Our group in Charleston is growing and presenting their own menu of enticing classes, so wherever you live, north or south, join us, get a cup of joe and celebrate the season of peace and mauve!

- Jim Held, President

A MESSAGE FROM OUR DIRECTOR

Seven months into my tenure at OLLI at WVU, I have to repeat that I am honored to be here, to be a part of this dynamic community of curious, adventurous, creative, talented, intelligent, and kind people. As I continue to meet more and more members, I am impressed with the depth of knowledge and life experiences you all bring to OLLI.

Many of you have heard my story, at the annual meeting in June or through the weekly bulletins. But I want to hear yours. What brought you to OLLI? What has OLLI done for you? Share a favorite OLLI memory or experience. Perhaps hearing your stories can help me, and OLLI, provide our members with an even better experience.

And to be honest, member stories can be quite helpful in recruiting new members and fundraising. As we strive over the next few years to achieve sustainability, you can help OLLI grow by sharing your story. Storytelling connects people and research shows that creating personal connections inspires and motivates action. We could quote numerous studies and employ multiple statistics showing how lifelong learning benefits older adults and contributes to healthy aging. But hearing about a personal experience, whether from a friend or a stranger, is much more likely to draw a potential new member to OLLI.

OLLI at WVU is a membership organization that depends heavily on member involvement at all levels to remain a healthy and vibrant program. You can help by sharing your OLLI story. Besides, who doesn’t like a good story? Email me at jascenna.haislet@hsc.wvu.edu. Or better yet, let’s share a cup of coffee.

- Jascenna Haislet, Director

The Bernard Osher Foundation

The Bernard Osher Foundation seeks to improve quality of life through the support of lifelong learning institutes such as OLLI at WVU. The Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. The Foundation has now funded 119 Osher Lifelong Learning Institutes on campuses of colleges and universities from Maine to Hawaii. Funding for OLLI is contingent upon membership growth goals, so membership matters. To learn more about The Bernard Osher Foundation, please visit their website at www. osherfoundation.org.
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Physical Address: (for mailing address, see page 6)
Osher Lifelong Learning Institute at West Virginia University
Mountaineer Mall, Suite C-17 • 5000 Greenbag Rd. •
Morgantown, WV 26501
(304) 293-1793 • www.olliatwvu.org
Email: olli@hsc.wvu.edu
Like us on Facebook at
Osher Lifelong Learning at WVU

OLLI Office Hours:
9:00 a.m. - 5:00 p.m., Monday - Friday
Closed Saturdays, Sundays, and University holidays

Registration begins January 3!

CLASSROOM KEY:

All classes are held in the Mountaineer Mall in Morgantown, unless otherwise stated.
A - Classroom next to the OLLI office.
B - Classroom under the OLLI sign.
CL - Computer Lab, first door on the left down the hall next to B, near the restrooms.
MAAG - Morgantown Art Association & Gallery, Mountaineer Mall.
MDS - Morgantown Dance Studio, Mountaineer Mall.
Other - See course description for location.

Look for this icon next to the course titles beginning on page 10!

This indicates that the instructor is a member of the OLLI Honor Roll and has taught at least 10 courses and 60 class session hours. If more than one instructor is listed, the Honor Roll member is in bold.
OLLI AT WVU MEMBERSHIP

Membership is open to curious adults interested in programming designed specifically for those over 50, who want to engage socially and intellectually with their peers. An individual must be a member - full, term or trial - of OLLI to take classes.

In addition to the opportunities to discover a new passion or rekindle an old interest, share a love of learning with peers, and meet new people, members also enjoy such benefits as:

- a weekly e-news bulletin
- access to ongoing special interest groups
- discounts on travel and various events around the community
- financial assistance for membership fees
- free parking at the Mountaineer Mall

Annual membership runs July 1st through June 30th each year. Members may participate in unlimited courses, activities, and interest groups throughout the year or within a specific term, based on membership level.

Membership Levels

**Full Member: $100**
In addition to unlimited access to OLLI activities throughout the year (July 1 to June 30), full members have voting rights.

**Term Member: $50**
Term members may participate in unlimited courses and activities within a specific term as determined by the OLLI calendar.

**Trial Member: $25**
Individuals who have not previously been a member of OLLI can join at this discounted rate for one term.

Discounts are also available for our volunteer instructors. Contact the OLLI office at 304-293-1793 for more information or to see if you are eligible for a Faculty or Honor Roll discount.

Scholarships

While OLLI at WVU tries to keep fees to a minimum while providing the highest quality experiences to our members, we recognize that membership fees may be out of the reach of some individuals. Therefore, scholarships are available. To apply, ask for a confidential application at the OLLI office or fill out the form on our website at www.olliatwvu.org.

HOW TO REGISTER FOR COURSES

To register for OLLI classes, you must have a current membership. Full memberships run July 1 through June 30.

Individuals may purchase or renew a membership and register for classes in any of the following ways:

- Online at www.olliatwvu.org using Augusoft Lumens
- In person at the OLLI office at the Mountaineer Mall in Morgantown
- By mail, using the enclosed membership/registration form.
- Mail the form to: OLLI at WVU
  PO Box 9123
  Morgantown, WV 26506-9123

Please make checks payable to the WVU Foundation.

Winter Registration begins January 3, 2017
Winter Courses begin January 23, 2017
The Carl Taylor Chat ‘n Chew  
Meets on the first Monday of each month, for individuals who enjoy good conversation with friends at the Shoney’s in Sabraton at 9:00 a.m.

The New Yorker Discussion Group  
On Mondays from 10:00 a.m. - 11:50 a.m. Discuss a range of topics from recent issues of The New Yorker. Meetings between terms will be announced in Friday Bulletins.

Knit and Purlers, Crocheters Too  
On Mondays from 1:00 p.m. - 2:50 p.m. in Classroom B, join others to share ideas, patterns, workshop information and to support each other in knitting and crocheting.

MonRiver New Horizons Band  
Make music with your fellow OLLI members, every Tuesday from 1:00 - 2:50 p.m.

Basic Watercolor  
On Tuesdays from 1:30 p.m. - 4:30 p.m. at the MAAG, be creative and paint with watercolors.

Writing Interest Group  
This open, flexible group offers a quiet, nurturing atmosphere for writing your stories and memoirs. This group, coordinated by Dave Ornick (lead) and Cathy Samargo (back-up), will meet in Classroom B on Thursdays, from 10:00 a.m. – 11:50 a.m.

Astrology Interest Group  
This group meets to discuss the basic information needed to recognize yourself in your horoscope: signs, planets, aspects and houses. Beginners welcome! This group will meet on Fridays from 1:00 p.m. – 2:50 p.m.

Special Interest Groups typically meet between terms unless otherwise determined by the class. Film Forum and Yoga for Wellness will return for the spring term.

Sharing OLLI Online!

Social media is impacting our daily lives in ways we never imagined. With a simple click to like, share or comment, your friends and their friends can view an article you enjoyed, or comment on a picture you’ve posted.

We want to get the word out about OLLI and you can help through social media. OLLI is on Facebook, Twitter and Instagram. When you “like” our page, “follow” us, or “share” our posts, your friends and their friends have the opportunity to learn what OLLI is all about.

As of the publishing of this catalog we have 236 “likes” to our Facebook page, but over 500 members. And one doesn’t have to be a member to like our page! Help us get our “likes” up to 500.

You can find links to our social media pages on our website olliawv.org. But if you have any questions, please give us a call or stop by the office.

– Sonja Kelley

Classroom AV Training  
Sonja Kelley  
sljewellkelley@hsc.wvu.edu  
Tuesday, January 10  
10:00 - 11:50 a.m.  
Hands-on workshop open to all instructors and members interested in learning how to operate the classroom equipment.

New ideas are welcome as we develop quick reference sheets and instruction manuals.

Want to teach or facilitate a course, and concerned about the technical side? This workshop is for you!

About the Instructor: Sonja Kelley is the on-site OLLI Professional Technologist. She provides information technology support and develops and maintains various websites and databases.
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# WINTER 2017 SCHEDULE AT A GLANCE

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<td>13 Outsmart the Scammers (Kurcaba)</td>
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<td><strong>Fridays, 1:00 p.m. - 2:50 p.m.</strong></td>
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<td><strong>Saturdays, 10:00 a.m. - 11:50 a.m.</strong></td>
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<td>14 Introduction to Tai Chi (Myers)</td>
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“For many folks, OLLI is a second alma mater”
- OLLI Member

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**Join us**
for a **St. Patrick’s Day Party**
hosted by Judy and Eb Werner

**Friday, March 17**
10:00 a.m. - 1:00 p.m.
Classroom: B

Come and celebrate the little bit of Irish in all of us. We will learn some history as we listen to some Irish ballads and also enjoy watching some Irish step dancing. We will get into the Irish mood as we sing along with some favorite songs. We can also enjoy eating some Irish favorites such as soda bread and colcannon.

*Everyone is invited to bring some green snacks to make it a real party!*

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**MARK YOUR CALENDARS!**

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<td>April 17</td>
<td>Summer instructor proposals due</td>
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<td>June 19</td>
<td>Summer registration begins</td>
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Basic Watercolors*
Susan Hall Witt
4 Sessions (Term members)
Year Round (Full members)
Classroom: MMAG
Tuesdays, January 24 - February 14, 1:30 - 4:00 p.m.
This course will explore how watercolors work and will apply that knowledge to painting greeting cards and small works. No experience is needed and no supplies are necessary for the first couple of lessons. Participants from previous sessions are welcome as we will expand our knowledge and apply it to more advanced work.

About the Instructor: Susan Hall Witt is a stained glass and watercolor artist. She teaches stained glass for the community schools program and continues to take classes and workshops to improve her skills.

Correcting Wrongful Convictions
Nathan Maxwell nathan.maxwell@mail.wvu.edu
1 Session Classroom: A
Wednesday, February 8, 1:00 - 2:50 p.m.
Scenarios which have lead to people being convicted of crimes for which they are actually innocent will be presented, including false confessions, bad investigative science, and corruption. The instructor will discuss the difficulties faced by attorneys who attempt to help exonerate the wrongfully convicted and share examples of successful exonerations and how they were achieved.

About the Instructor: Nathan Maxwell is a lawyer and a graduate of the University of Chicago Law School. He is a Fellow in the West Virginia Innocence Project at WVU College of Law.

Born to be Wild
Clyde Richey clydehurst01@gmail.com
4 Sessions Classroom: B
Fridays, January 27 - February 17, 1:00 - 2:50 p.m.
Many wild animals popular in mainstream culture are among the endangered species. Loss of habitat due to human activity is a big reason. Projects are underway to protect these species but recovery is a difficult road. This course will feature a series of documentaries on the plight of mountain gorillas, wolves, whales, pandas, and lions, each followed by discussion of current research and what else can be done to protect these animals.

About the Instructor: Clyde Richey has viewed numerous early outstanding American films, as well as movies set in other countries and cultures. He has done college-level teaching and has written and directed outdoor historic productions.

Bruce Springsteen is 67!
Barry Wendell wendell.barry@aol.com
4 Sessions Classroom: A
Thursdays, January 26 - February 16, 1:00 - 2:50 p.m.
Bruce Springsteen has been a rock star since 1973. He has a new autobiography out called Born to Run. If you are not familiar with his music, this is a chance to learn.

Recommended Read: Born to Run, Bruce Springsteen

About the Instructor: Barry Lee Wendell is four weeks younger than Bruce Springsteen and has been a fan for 40 years. Barry has taught about Motown, The British Invasion, The Beach Boys, and The Hits of 1960, 1961, and 1962 at OLLI. He holds a Bachelor of Arts from Johns Hopkins University in Humanistic Studies.

Duke Ellington: An American Phenomenon, Part 2
Leo Horacek leo_horacek@yahoo.com
1 Session Classroom: A
Thursday, February 9, 10:00 - 11:50 a.m.
Duke Ellington made significant contributions to American music and culture through his band, his piano playing and his songs. In everything he did, he showed a special originality with a style reflective of his personality, his race and of mankind. The class will involve examination of words and music of his best songs, hearing representative recordings of his band, and a deeper look at his personality.

About the Instructor: Leo Horacek is Professor Emeritus of the School of Music at West Virginia University.

The Face(s) of a Pop Culture Medium: Television and the Older Adult
Jim Wilkie jwilk9718@gmail.com
4 Sessions Classroom: A
Saturdays, January 28 - February 18, 10:00 - 11:50 a.m.
University of California, San Diego, researchers have recently found that older adults are watching more television than the young. Yet, advertisers and network executives seem to largely ignore this audience. Indeed, elders are underrepresented and sometimes negatively portrayed on the pop culture medium. The purpose of this class is to examine what TV says about aging in popular culture. In particular, discussions will center on the role TV plays in shaping identities. TV in general will be discussed and programs will be examined such as the evening news, common/uncommon cable show portrayals and such alternative programing as the now syndicated, The Golden Girls.

About the Instructor: Dr. Jim Wilkie has taught journalism, speech and mass media for 30 years at the university/college level. His main interest is in the role that communication plays in society.
History of Old Quebec City
Douglas Estepp  myheritageadventures@gmail.com
1 Session  Classroom: A
Monday, January 23, 1:00 - 2:50 p.m.
A brief history of the founding, settlement, and development of Quebec as the capital and epicenter of French culture, language, and military power in North America will be presented. The clash of French and English ambitions and the resulting birth and development of the United States will also be discussed. Time will be devoted to a presentation of a tour to Old Quebec City open to OLLI members scheduled for June, 2017.

About the Instructor: Doug Estepp graduated from WVU in 1983 and works for the Department of the Treasury. He is also the owner/operator of Heritage Adventures and Coal Country Tours and was recently featured in the PBS/American Experience documentary The Mine Wars. Estepp has taught courses for OLLI at WVU and for Shepherd University and has conducted several tours in partnership with both universities.

MonRiver New Horizons Band*
Lindsey Williams and Krissie Weimer
lindsey.williams@mail.wvu.edu
4 Sessions (Term members) Year Round (Full members)  Classroom: B
Tuesdays, January 24 – February 14, 1:00 - 2:50 p.m.
The organization’s motto, “It’s never too late,” means that one is never too old to make music. OLLI New Horizons Band members are adults of all ages who once played band instruments, but did not continue later in life. Instruments became dusty, life continued, yet the love of music persisted. Now these musicians have an outlet and a way to make music again. There are also opportunities for those who’ve never played a band instrument and for current members to try new instruments.

Course Materials: Essential Elements Method book, music stand. Participants must provide their own instrument.

About the Instructor: Dr. Lindsey Williams joined the Music Education faculty at West Virginia University in fall 2015 where he founded and directs the MonRiver New Horizons Band. Prior to his appointment at WVU, he was the director of the Roeland Park (KS) New Horizons Band from 2006-2015. He has presented on music with senior adults and lifelong learning at international, national, and state conferences. Krissie Weimer is a Ph.D. candidate in Music Education at Penn State. She earned her B.S. and M.M. degrees, both in Music Education, at West Virginia University.

The Music of John Prine
Joe Paull  paull921@comcast.net
1 Session  Classroom: A
Tuesday, January 31, 1:00 - 2:50 p.m.
John Prine has been writing songs since the mid 1960s. Although his songs have been recorded by others, most fans enjoy hearing and seeing him perform his own compositions. The class will use a recent concert DVD and CDs as the basis of a discussion of Prine’s music.

About the Instructor: Dr. Paull has been a teacher in the public schools and in the graduate school at WVU. He has taught many OLLI courses.

The New Yorker Discussion Group
Margot Racin, Kristen Cooper
mbracin@comcast.net
6 Sessions  Classroom: A
Mondays, January 23 – February 27, 10:00 - 11:50 a.m.
Come join us to discuss a range of topics from recent issues of The New Yorker. Members of the group choose articles, fiction, and topics to be discussed each week. All viewpoints welcome! A subscription to The New Yorker is strongly recommended.

About the Instructors: Margot Racin is retired after 30 years in the WVU English Department. She has coordinated these discussions in previous terms and looks forward to even more stimulating discussions. Kristen Cooper is a publicist with experience in the publishing industry at magazines including The New Yorker, Better Homes & Gardens, Travel & Leisure, and House & Garden.

Opera as Drama
Byron Nelson  bnelson2@wvu.edu
4 Sessions  Classroom: A
Tuesdays, January 24 - February 14, 10:00 - 11:50 a.m.

The course provides critical introductions to the live opera performances of the Met in HD series (at the Regal Theatre in Granville) and the Pittsburgh Opera (Benedum Center) in the winter and spring, 2017. The operas are placed in the context of the great operatic tradition, from the late 16th Century to today. There will be musical and literary analyses of the scores and libretti, with appropriate illustrations from recent and historic productions. Members of the class need not actually attend the performances to enjoy the discussion.

About the Instructor: Byron Nelson taught English (Shakespeare, earlier British literature and the Bible as Literature) at WVU for forty years. His scholarly specialties included Shakespeare’s plays and the radical and orthodox religious movements of the English Renaissance.
THE ARTS AND HUMANITIES

Pearl S. Buck’s *The Good Earth*
Melanie Page, Chad Proudfoot, and Jay Cole
mcpage@mail.wvu.edu
2 Sessions  Classroom: A
Tuesdays, January 24 & 31, 3:00 p.m. - 4:50 p.m.

Following a screening the classic film, *The Good Earth*, based on Pearl S. Buck’s Pulitzer-Prize winning book of the same name, the instructors will lead a discussion of the work and the author.

About the Instructors: Dr. Page is the co-chair of the Pearl S. Buck advisory board, a collaborative effort between the Pearl S. Buck Birthplace Foundation, WVU, and West Virginia Weselyan to preserve the works of Ms. Buck and bring attention to this WV treasure. She is joined by Dr. Jay Cole (WVU Vice President for Federal Relations and Senior Advisor to the President) and Chad Proudfoot (4-H Program Coordinator, Cultural Resource Specialist, WVU Extension and Historic Preservation Officer, WVU Jackson’s Mill).

Traditional Circus Music
Wally Venable  wallace.venable@mail.wvu.edu
1 Session  Classroom: B
Tuesday, February 7, 3:00 p.m. - 4:50 p.m.

Between 1880 and 1980, American circuses had their own distinctive forms of music. This class will present circus band and calliope music recordings and videos along with stories about the music, composers, and the shows themselves. Some of the music will be from sources several decades old, and some will be played by present day “reenactors.”

About the Instructor: Wally Venable is a member of OLLI’s New Horizons Band. He has arranged many traditional circus tunes for his crank organ.

Virginia Woolf’s *A Room of One’s Own*
Barb Howe and Carolyn Nelson
barbara.howe@mail.wvu.edu
4 Sessions  Classroom: B
Wednesdays, January 25 - February 15, 10:00-11:50 a.m.

In her extended essay published in 1929, Virginia Woolf is on a quest to discover why so few women in the past have been writers. What has been so different about the experiences of men and women? Why have women been so poor and uneducated? Why have they not written great literature as men have? We will follow Woolf in her search for answers to these questions and see if we arrive at different conclusions. This is the seventh offering in Barb and Carolyn’s exploration of women, literature, and history. Please read the essay’s first chapter for the first class.

Course Materials: *A Room of One’s Own*, Virginia Woolf
About the Instructors: Dr. Nelson taught women and literature at WVU, while Dr. Howe taught women’s history.

Writing Retreat*
David Ornick  david.ornick@ymail.com
4 Sessions (Term members)  Classroom: B
Year Round (Full members)  Classroom: B
Thursdays, January 26 - February 16, 10:00-11:50 a.m.

Having a hard time finding time to work on your life story, novel, poetry, journal, or letters? Come write in a quiet, comfortable, supportive environment. Bring paper, pen, laptop, etc. There will be at least 1.5 hours of quiet writing time each session. At the last session, if there is interest, we will stay an extra hour or so to talk about what we’ve been working on and to share (optional) some of our writing.

About the Instructor: Dave Ornick is a graduate of WVU in music education. He encourages the preservation of personal and family stories. He is currently documenting his many unconventional relatives.

OLLI GOES TO THE THEATRE

The WVU School of Theatre and Dance presents another exciting series of performances during the 2016-17 season. Join your fellow OLLI members for matinee performances at the Creative Arts Center. Special group ticket prices are available. Mark your calendars now for the following performances and watch the OLLI website and the Friday eBulletins for more details about the productions and corresponding events.

Stan Cohen, Coordinator

**WVU School of Theatre and Dance 2016-17 Season**

*Dance Now*
Saturday, February 4, 2017

*Pericles*
by William Shakespeare
Sunday, March 19, 2017

*The Pirates of Penzance*
by Arthur Sullivan and W.S. Gilbert
Sunday, April 9, 2017
Advanced Topics in Elder Law
Brent Van Deysen brent@wvelderlaw.com
1 Session Classroom: A
Wednesday, January 25, 10:00 - 11:50 a.m.
This course will discuss such topics as solving complex Medicaid nursing home care eligibility problems and the use of guardianship and conservatorship court proceedings to manage incompetent persons’ affairs. Unique solutions will be discussed for helping a person in a nursing home qualify for Medicaid benefits.
About the Instructor: Brent L. Van Deysen received his BS from Fairmont State College and his JD from the WVU College of Law.

Creativity for Entrepreneurship
Carrie White cwhite17@mail.wvu.edu
2 Sessions Classroom: A
Thursdays, January 26 - February 2, 3:00 - 4:50 p.m.
A creative mind can lead to new inventions, new products, and new businesses. Learn about the activities that you can do that will enhance creative thinking. The activities will be both physical and mental, designed to rediscover the creative process. Innovation and entrepreneurship opportunities and pathways will be discussed.
About the Instructor: Carrie White, MBA, JD, Ed.D, is the Director of LaunchLab, at West Virginia University. White has owned, operated and sold two small businesses located in the Pittsburgh area. She is also a certified Yoga instructor.

Foundations for Investing
Brian Kurcaba trina.brown@edwardjones.com
1 Session Classroom: A
Thursday, February 23, 3:00 - 4:50 p.m.
This class will discuss the rules for investing: develop a strategy, choose quality investments, diversify portfolio, invest for the long term and focus on what you can control.
About the Instructor: Brian Kurcaba is a lifelong resident of Morgantown and graduated with an MS in Industrial Relations from WVU. He has 12 years of experience as a financial advisor for Edward Jones.

Outsmart the Scammers
Brian Kurcaba trina.brown@edwardjones.com
1 Session Classroom: A
Thursday, February 9, 3:00 - 4:50 p.m.
Incidents of fraud are on the rise and scammers’ tactics are becoming more complex. This presentation will help give attendees the information they need to outsmart the scammers. During the program, we’ll discuss certain red flags that may indicate a fraudulent encounter, resources individuals can turn to in the event they or a loved one are targeted, and steps attendees can take now to help protect themselves and loved ones.
About the Instructor: See biography under Foundations for Investing.

Protect Your Most Important Asset: Your Family
Rebecca Burton rburton@summitbrokerage.com
1 Session Classroom: A
Tuesday, February 21, 1:00 - 2:50 p.m.
This class will explore long-term care solutions, examining the significance of protecting one’s family and assets in case extended care is needed. Part II will address the importance of end-of-life care conversations with loved ones. Types of advance directives in West Virginia will be reviewed. Advance directive documents will be available and assistance in creating new or reviewing current documents will be provided to attendees interested.
About the Instructor: Rebecca Burton, a WVU graduate, is a licensed social worker who worked in senior housing for more than 26 years. She has a passion for facilitating discussions of end-of-life wishes and assisting people with advance directives. Burton has worked with the WV Center for End-of-Life Care to provide this service. She currently works at Summit Brokerage Services in Fairmont, where she specializes in long-term care solutions that help to smooth life transitions.

Tax-Free Investing: It’s Not What You Make, It’s What You Keep
Brian Kurcaba trina.brown@edwardjones.com
1 Session Classroom: A
Thursday, February 16, 3:00 - 4:50 p.m.
This course is designed to help inform individuals of the benefits and considerations of choosing investments that offer tax advantages. Participants will learn tax-advantaged investments and their features, tax-free investment returns vs. taxable investment returns, three ways to purchase municipal bonds, and tax-free investing that can help you achieve your goals faster.
About the Instructor: See biography under Foundations for Investing.

“OLLI stimulates one’s mind with great courses and provides social interaction to enliven the whole person”
- OLLI Member
**Being Mortal: Screening & Discussion**
Courtney Dunithan  courtney.dunithan@hsc.wvu.edu
1 Session  Classroom: B
Thursday, January 26, 1:00 - 2:50 p.m.

After screening the nationally acclaimed documentary, *Being Mortal*, the instructor will lead a discussion on end-of-life care, the barriers associated with discussion on end of life, and positive experiences with end-of-life conversations.

**About the Instructor:** Courtney Dunithan, MSW, LGSW, is the Associate Director of the WV Center for End-of-Life Care. Dunithan, a WVU graduate, worked at the WVU Medicine Physician Office Center as a medical social worker for six years. As a David K. Brown scholar, she has also completed the Advanced Geriatric Skills Certification program. Dunithan volunteers for the National Multiple Sclerosis Society, aiding in planning fundraising events and participating in these events.

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**Introduction to Tai Chi**
Doug Myers  culturalepidemiologist@gmail.com
4 Sessions  Classroom: B
Maximum Enrollment: 18
Saturdays, January 28 - February 18, 10:00 - 11:50 a.m.

This course is an Introduction to Tai Chi as developed and taught by Cheng Manching, a modified version of Yang Style Tai Chi.

**About the Instructor:** Dr. Myers has studied Tai Chi and other Chinese Martial Arts for 12 years. While living in North Carolina, he studied with Frank Wong, a student of Cheng Manching.

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**Help Us Make the OLLI Experience the Best It Can Be!**

OLLI is seeking volunteers for a variety of roles and tasks vital to the success of the program. Whether it’s serving on a committee or as a class facilitator, staffing the member lounge, or just lending a hand on an as-needed basis, we have something to fit your schedule. For more information, contact the OLLI office at 304-293-1793.

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**More Eat Right, Eat Well: What IS Healthy Cooking and Eating?**
Stanley Cohen and Judy Cohen  scohen@wvu.edu
3 Sessions  Classroom: A
Maximum Enrollment: 20
Fridays, February 10 - 24, 1:00 - 2:50 p.m.

This course continues its healthy focus seeking the latest information about cooking and eating. Featured is a series of six 30-minute *The Great Courses* videos from the Culinary Institute of America: *The Everyday Gourmet: Making Healthy Food Taste Great* (http://www.thegreatcourses.com/courses/the-everyday-gourment-making-healthy-food-taste.great.html), followed by lectures and class discussion. Sample dishes that complement the CIA videos are tasted in each session. Handouts, including guides and recipes, will be distributed. Most importantly, everyone is requested to share tips, tricks, and techniques from their own kitchen.

**Class fee:** $5.00

**About the Instructors:** Stan Cohen taught a variety of psychology courses at WVU from 1972 - 2008. Since 1968, he has engaged in a variety of eating and cooking experiences. He is a life-long advocate of a wellness lifestyle, including healthy eating. He will be assisted by his partner, Judy.

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**Picnic Adventures**
Cindy Gay and Bob Gay  cndgay@comcast.net
1 Session  Classroom: B
Tuesday, January 24, 10:00 - 11:50 a.m.

Enjoying a meal is more than just good food. The people and environment are every bit as important. Bob and Cindy Gay spend many of their Sunday afternoons visiting nearby parks and enjoying an outdoor meal. This winter class, featuring scenic photographs from Bob and meal planning from Cindy, will help you plan for warmer weather adventures.

**About the Instructors:** Cindy Gay, a registered dietitian, writes for *Food and Nutrition* magazine, the bi-monthly publication from the Academy of Nutrition and Dietetics. Cindy conducts culinary demos at the Morgantown Farmers Market during the outdoor season. Many of her recipes and meals are featured on the blog: http://cindyshealthymeals.blogspot.com. Bob Gay is a retired photojournalist, having spent 40 years working for newspapers throughout West Virginia. He has won several state, regional, and national awards for his work. He also served on the faculty at Waynesburg University for several years, teaching courses in the Visual Communications program.
Basic Astrology*
Julia Wilson                                jrw305@tidewater.net
4 Sessions (Term Members) or Year Round (Full Members)  Classroom: CL
Fridays, January 27 - Feb. 17, 1:00 - 2:50 p.m.
This challenging course provides the basic information needed to recognize yourself in your horoscope: signs, planets, aspects and houses. Please do not confuse this course with the newspaper column titled “Your Horoscope” as that column is to this course what canned soup is to fine dining.

About the Instructor: Rev. Julia Wilson is a member of the New England Conference of the United Methodist Church and recently retired from active ministry.

Birding West Virginia
Joey Herron                           wvsawwhet@yahoo.com
1 Session               Classroom: B
Tuesday, January 31, 10:00 - 11:50 a.m.
An overall look at our WV birds, in the backyard or on the trail. Participants will learn how to identify local species, where to see them, and how to help conserve and study birds.

About the Instructor: A graduate of Glengrove State College and a Certified Master Bander, Joey Herron has over 46 years birding experience. Herron has published over 20 articles on bird identification and research with the Brooks Bird Club in Wheeling. He is currently operating long-term banding projects at Prickett’s Fort State Park banding migrating songbirds and Valley Falls State Park banding migrating Saw-whet Owls.

Knit and Purlers, Crocheters Too*
Judy Minor, Joann King, and Joyce Moore
bminor404@comcast.net
4 Sessions (Term members) or Year Round (Full members)  Classroom: B
Mondays, January 23 - Feb. 13, 1:00 - 2:50 p.m.
Join fellow knitters and crocheters as they come together to create, discuss different methods and patterns, learn from each other, and develop confidence in their skills. Members may choose to participate in a program learning a new stitch each month, culminating in the creation of a lap robe by year’s end, or simply come for the camaraderie, assistance, and support while working on other projects. New members are always welcome!

About the Instructors: Judy Kelley Minor, Joann King and Joyce Moore all have different skill levels and share a sincere love for knitting, crocheting and sharing their expertise. They are willing to assist members with their projects and skills or find someone who can. Cecelia Graves, owner of the Needlecraft Barn, also serves as a resource.

Learn to Play the Irish Tin Whistle
Judy Werner    judywerner@frontier.com
2 Sessions             Classroom: A
Thursdays, January 26 - February 2, 10:00 - 11:50 a.m.
Get ready for St. Patrick’s Day by learning to play the Irish Tin Whistle. Learn the history of the whistle and listen to some tin whistle music while you learn to play. This fun instrument is a popular part of Irish music. Learn the fingering and several simple songs (even some Irish songs). This is a relatively simple instrument to play and no previous musical experience is required.

About the Instructor: Judy Werner primarily plays the lap dulcimer, as well as the bowed psaltery, but has picked up the tin whistle after taking several workshops at festivals. She loves listening to Irish music, in which tin whistles are frequently featured. She can also use the tin whistle to accompany the dulcimer or the psaltery.

Be an OLLI Ambassador!
Our members are our best recruiters. Share your OLLI experience with a friend.

- Bring a friend to a class
  (please pick up a guest pass from the office)
- Offer a catalog
- Suggest a membership*
- Give a gift certificate
  (available in the OLLI office)

Trial memberships are available for only $25 for a term.

*If you refer a friend who purchases a new membership, you will be entered in a drawing to receive a $25 gift certificate from Barnes and Noble. The referral must be confirmed by the new member.
Geological processes affect every inhabitant of Earth every day. Because Earth is a dynamic planet, many of these processes have risks associated with them, negatively affecting human interests, activities, and health. To understand these processes and assess the risks and impacts, we turn to geology, the scientific study of Earth. Dangerous Earth concentrates on two particular geological hazards, earthquakes and land subsidence.

About the Instructor: Richard Smosna is an emeritus professor at WVU who has taught geology for over 35 years, presenting courses in environmental hazards, history of Earth, oceanography, and petroleum.

From Nothing to Something - Time
Anthony(Tony) Tomkowski atomkows@wvu.edu
1 Session Classroom: A
Monday, January 30, 1:00 - 2:50 p.m.

Come take a trip through the Geologic Time Scale. We will go through the known history of planet Earth, 4.5 billion years. Find out, among other things, how scientists calculated the age of the planet, how mineral deposits were formed, how the dinosaurs became extinct, how glaciers impacted West Virginia, and how this area was once the bottom of a lake. Emphasis will be placed on WV as geologic time relates to it.

About the Instructor: Tony Tomkowski taught this material for 27 years as part of his Forestry 140 course, “West Virginia’s Natural Resources,” in the WVU Division of Forestry & Natural Resources.

Leonhard Euler: Forgotten Giant of Mathematics and Science
Donald Gray donald.gray@comcast.net
3 Sessions Classroom: A
Mondays, January 23 - February 6, 3:00 - 4:50 p.m.

Leonhard Euler (1707-1783) is considered to be one of the four greatest mathematicians in history. He was the leading physicist of the 18th century, an influential educator, and an admirable person. He overcame many difficulties, including losing his sight. This course will emphasize his life and times. Memories of high school math will be adequate to appreciate a few of Euler’s discoveries.

About the Instructor: Donald Gray taught fluid mechanics and related courses for 30 years at WVU and for seven years at Purdue. He won several teaching awards and has just completed the second edition of his fluid mechanics textbook. He wrote more than 100 technical papers and reports.

Paleoindian Archaeology - Wyoming 1964
Eb Werner ebwerner@frontier.com
1 Session Classroom: B
Thursday, February 2, 1:00 - 2:50 p.m.

Hell Gap, Wyoming, was a site occupied as a summer camp for plains hunting for a period of more than ten thousand years. Several new Paleoindian cultures have been discovered there. The site has operated as a field course in archaeology but in the early years (1960s) about half the personnel were volunteers of varying experience. Techniques used at the time will be discussed and findings shared.

About the Instructor: Mr. Werner has worked in various aspects of geology, with a preference for field work, for more than 40 years, and has volunteered to help with various archaeology digs.

Watching the Great American Eclipse
Stephen McCluskey stephen.mccluskey@mail.wvu.edu
1 Session Classroom: A
Wednesday, February 1, 1:00 - 2:50 p.m.

If you haven’t seen a total solar eclipse before, your opportunity to see this awesome event is this year on 21 August 2017, when an eclipse will cross the continental US from Oregon to South Carolina. This course will discuss the nature and causes of solar eclipses, the circumstances of this particular eclipse, the expected weather, and will provide some suggestions for watching this remarkable event.

About the Instructor: Steve McCluskey is a retired professor of history of science at WVU. He has done research in the history of astronomy but saw his first total solar eclipse in 2013. He is now arranging a gathering for his extended family to see the 2017 eclipse.

Women in Science
Carole Boyd Classroom: A
2 Sessions
Tuesdays, February 7 & 14, 1:00 - 2:50 p.m.

Are there women in science other than Marie Curie? This class will answer that question, describe the lives and accomplishments of several women, and discuss why we know so little about women of science.

About the Instructor: Dr. Boyd received her undergraduate degree and graduate degree in medicine in Michigan before coming to West Virginia and WVU to teach and practice Pathology and retiring as Professor Emerita from the School of Medicine. She has enjoyed teaching OLLI courses for a number of years.
Sculptures in the Desert
Donald Gray and Kay Gray  donald.gray@comcast.net
1 Session             Classroom: B
Monday, January 30, 10:00 - 11:50 a.m.

Since 2008, Ricardo Braceda, a self-taught Mexican-American sculptor, has installed more than 129 large steel sculptures in Southern California’s Anza-Borrego desert. We will recount our trip to view them, touching on the natural history and climate of the desert, the biography of Braceda, and his magnificent sculptures of extinct and contemporary birds and mammals, dinosaurs, historical persons, and fantasy creatures.

About the Instructors: Donald Gray is a retired engineering professor. Kay Gray describes herself as Jack-of-all trades and master of none. She has been doing crafts of every type nonstop since birth.

Wines of the World III: The Rest of the “Old World” Wines
Bob Craig ccraig@hsc.wvu.edu
1 Session Classroom: A
Wednesday, January 25, 1:00 - 2:50 p.m.

Spain and Portugal are home to some of the best bargains in red wines and wines that can challenge the best of France and Italy, in addition to producing some of the best fortified wines, Sherry and Port. Germany and Austria are home to some of the world’s most elegant white wines. There are many other areas where the wines are excellent, including Greece, Israel, and Hungary.

Class fee: $15.00 for wine tasting. Wine will be provided by Ron Porter, Wine consultant, Kroger, 500 Suncrest Town Center.

About the Instructor: Craig has travelled to many wine producing areas of Europe and has developed a strong interest in knowing more about the grapes and the wines, of those regions. He has taught extensively at OLLI since retiring from the faculty of the WVU Health Sciences Center.
Collette Travel

**Canadian Rockies & Glacier National Park**
August 11 - 17, 2017

Highlights:
Calgary, Head-Smashed-In Buffalo Jump, Glacier National Park, “Going to the Sun Road”, Banff, Columbia Icefield

Reservation & Deposit Due:
February 11, 2017

**America’s Music Cities**
Featuring Nashville, Memphis, & New Orleans
October 13 - 20, 2017

Highlights:
Historic RCA Studio B, Country Music Hall of Fame, Historic Distillery, Grand Ole Opry Show, Ryman Auditorium, Belle Meade Plantation, Graceland, French Quarter, Choice of French Quarter Walking Tour or Panoramic Tour of New Orleans, Swamp Tour, New Orleans School of Cooking

Reservation & Deposit Due:
April 17, 2017

**Irish Splendor**
March 3 - 10, 2018

Highlights:
Dublin, Irish Night, Kilmainham Gaol, Blarney Castle, Killarney, Diner’s Choice, Dingle Peninsula, Farm Visit, Cliffs of Moher, Whiskey Distillery, Cabra Castle

Reservation & Deposit Due:
September 3, 2017

For more information about these trips and others, pick up a brochure in the OLLI Member Lounge or contact the OLLI office at 304-293-1793.
The Osher Lifelong Learning Institute at West Virginia University is dedicated to providing the highest quality educational, recreational, and social opportunities possible to our members. For many years, we have been able to offer 200 or more classes, workshops, lectures, discussions, and field trips annually.

In order to sustain and grow the program, your financial support is needed. A solid base of financial support from the membership demonstrates a healthy commitment to a program and instills confidence in new members, donors, and potential funding sources that OLLI at WVU is worth their investment. In other words, if those closest to it do not support it financially, why should others invest in it?

Although OLLI at WVU is tremendously fortunate to have a wealth of passionate, qualified members, friends, and others willing to volunteer their time and expertise as instructors, we still have many other annual operating expenses necessary to offer such a program. These include classroom and office rental and maintenance; utilities, technology and internet access; staff compensation; marketing and community outreach; and course materials. Financial support from WVU and earnings from the Osher Endowment cover about 45% of these expenses. Our current membership levels cover another 15%. Therefore, the remaining 40% must be raised through donations, gifts, and grants.

Over the next few months, you will begin to see and hear more in the weekly emails, in your classes, and through dedicated campaigns, about giving to OLLI at WVU. With a variety of giving options, members are able to choose the gift that works best for them.

If you would like to make a donation today, you can add it to the enclosed course registration form, visit our website at www.olliatwvu.org, or call the OLLI office at 304-293-1793.

Thank you for your continued support of lifelong learning and OLLI at WVU.
Winter Registration begins Jan. 3

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