



# Course Description

## Winter 2007

**Mountaineer Mall, Unit D-9**

**5000 Greenbag Road**

**Morgantown, WV 26501**

**Phone: 293-1793**

**E-mail: [learners@hsc.wvu.edu](mailto:learners@hsc.wvu.edu)**

**Web Site: [www.hsc.wvu.edu/coa/all/](http://www.hsc.wvu.edu/coa/all/)**





**2007 WINTER TERM COURSE DESCRIPTION**  
**Appalachian Lifelong Learners at West Virginia University**  
**Center on Aging**

**"The person who graduates today and stops learning tomorrow is uneducated the day after."**

The Appalachian Lifelong Learners (*ALL*) at WVU Center on Aging is an Elderhostel Institute for Learning in Retirement and an affiliate of the Elderhostel Institute Network. The following courses are open to members and non-members. To register for any of these courses, please complete and return a registration form to:

*ALL* at WVU Center on Aging  
Mountaineer Mall, Unit D-9  
5000 Greenbag Road  
Morgantown, WV 26501

*ALL* members will be given preference for enrollment until January 9. It is important for members to submit their registration forms as soon as possible. Confirmations will be mailed beginning on January 11. For more information, call 304-293-1793.

**LOCATION:** Classes are held at the following locations:

ALL Classroom, Mountaineer Mall

ALL Classroom Annex, Mountaineer Mall

Computer-Based Learning Center, Robert C. Byrd Health Sciences Center

**DATES & TIMES:** Classes are scheduled at the following times on Monday -Friday:

10:00 a.m. - 12:00 noon

1:00 p.m. - 2:00 p.m.

1:00 p.m. - 3:00 p.m.

2:00 p.m. - 3:00 p.m.

3:00 p.m. - 4:00 p.m.

3:00 p.m. - 5:00 p.m.

**MEMBERS:** Payment of \$65.00 annual dues allows you to take an unlimited number of classes, unless attendance restrictions are exceeded. Note: Our fiscal year begins July 1 and ends June 30. There is no reduction in dues for those who join after the first (fall) semester.

**NON-MEMBERS:** \$32.50 fee required for each class taken. Do not mail check until notified of acceptance.

We honor memberships of Lifelong Learning at FSC. For the Lifelong Learning at FSC course description, please contact JoAnn Dawson, 304-366-9414.



Attention Members and Non-Members!

*ALL at WVU* Center on Aging would like to invite you to

## **AChat ‘n Chew@**

a monthly get-together designed for individuals who would enjoy participating in good conversation with good friends. Topics for discussion may include current local, regional or national issues or anything which interests CHAT >n CHEW participants. The only requirement - you must have an opinion (and you know what they say, everyone has one!).

**WHERE:** Shoney=s, Monongahela Blvd., Morgantown, WV

**WHEN:** 9:00 a.m., First Monday of each month, except second Monday in January

Participants may purchase what they wish from the menu. Shoney=s does not approve of food or drink brought into the restaurant.

## ALL CALENDAR AT A GLANCE – WEEKLY SCHEDULE – 2007 Winter

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	TRIPS
<p>10:00 – 12:00 noon <i>American Popular Songs of the 1940's-</i> Leo Horacek Jan. 22, 29, Feb. 5, 12, 19, and 26</p> <p>1:00 – 3:00 p.m. <i>Small Scale Publishing</i>—Rae Jean Sielen Jan. 22, 29, Feb. 5, 12, 19</p> <p>1:00 – 2:00 p.m. <i>Practice T'si Chi</i> C. Ornick &amp; S. Logar—Annex Jan. 22, 29, Feb. 5, 12, 19, 26</p> <p>2:00 – 3:00 p.m. <i>T'ai Chi for the Physically Challenged</i>— Sheila Logar Annex Jan. 22, 29, Feb. 5, 12, 19, 26</p> <p>Chat 'n Chew -1<sup>st</sup> Mon. of each month – except 2<sup>nd</sup> Monday in January 9:00 a.m. -Shoney's</p>	<p>10:00 – 12:00 noon <i>Three Great International Legends: ...--</i> Armand Singer Jan. 23, 30, Feb. 6, 13, 20, 27, and Mar. 6 (?)</p> <p>1:00 – 3:00 p.m. <i>Biblical Journeys and Today's Strivings</i>—Rabbi David Feder Jan. 23, 30, Feb. 6, 13, 20, 27</p> <p>3:00 – 5:00 p.m. <i>Introduction to Women's Studies--</i> Dee Quaranto Jan. 23, 30, Feb. 6, 13, 20, 27</p>	<p>10:00 – 12:00 noon <i>Images of Morgantown—</i> Wallace Venable Jan. 24, 31, Feb. 7, 14</p> <p>1:00 – 3:00 p.m. <i>The Birds Around Us</i>—Norma Jean Venable Jan. 24, 31, Feb. 7, 14</p> <p>3:00 – 5:00 p.m. <i>ABC's of Cosmology</i>— Duane Nichols Jan. 24, 31, Feb. 7, 14, 21, 28</p>	<p>10:00 – 12:00 noon <i>New Century of the Gene</i>—Carole B. Boyd Jan. 25, Feb. 1, 8, 15, 22</p> <p>1:00 – 3:00 p.m. <i>Mozart's "The Magic Flute": Britten's "Billy Budd"</i>--James Benner Jan. 25, Feb. 1, 8, 15, 22, and Mar. 1</p> <p>3:00 – 4:00 p.m. <b>Beginners' T'ai Chi</b>—Sheila Logar Classroom Annex Jan. 25, Feb. 1, 8, 15, 22, Mar. 1</p>	<p>10:00 – 12:00 noon <i>Current Medical Challenges—</i> <i>Lecture Series—</i> <i>"Problems, Pills, and Potions" Part 2</i>—E. J. Morgan Jan. 26, Feb. 2, 9, 16, 23, Mar. 2</p> <p>1:00 – 3:00 p.m. <i>Planning for the Future: Estate Planning--</i>Brian Kurcaba &amp; Robert Dean Jan. 26</p>	<p><b>Sunday, February 25</b> Pittsburgh Savoyard <i>The Pirates of Penzance</i>— <b>Departure time 10:15 a.m.</b></p> <p><b>Sunday, April 1</b> Pittsburgh Opera <i>The Magic Flute</i> <b>Departure time 11:00 a.m.</b></p> <p><b>Sunday, May 6-</b> Pittsburgh Opera <i>Billy Budd</i> <b>Departure time 11:00 a.m.</b></p>

**APPALACHIAN LIFELONG LEARNERS AT WVU**  
**CENTER ON AGING**  
**2007 WINTER TERM**  
**Priority Registration Deadline: January 9**  
**Registration Form**

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code \_\_\_\_\_  
Phone: (    ) \_\_\_\_\_ E-mail: \_\_\_\_\_

Please indicate which course(s) you would like to take by checking the appropriate space(s). *ALL* members will be given first consideration for registration, and priority will be by date of receipt of registration form. You may register for as many courses as you like and have time to attend. Confirmation notices will be sent by mail beginning January 11.

**Course listing:**

1. \_\_\_\_\_ *American Popular Songs of the 1940's* -- Horacek
2. \_\_\_\_\_ *Small Scale Publishing* - -Sielen
3. \_\_\_\_\_ *Practice T'ai Chi Class* – C. Ornich; supervised by S. Logar
4. \_\_\_\_\_ *T'ai Chi for the Physically Challenged* -- Logar
5. \_\_\_\_\_ *Three Great International Legends: "Don Juan," "King Arthur," "The Holy Grail"*--Singer
6. \_\_\_\_\_ *Biblical Journeys and Today's Strivings*--Feder
7. \_\_\_\_\_ *Introduction to Women's Studies*--Quaranto
8. \_\_\_\_\_ *Images of Morgantown* – W. Venable
9. \_\_\_\_\_ *The Birds Around Us* – N. Venable
10. \_\_\_\_\_ *ABC's of Cosmology* -- Nichols
11. \_\_\_\_\_ *The New Century of the Gene*—Boyd
12. \_\_\_\_\_ *Mozart's "The Magic Flute" and Britten's "Billy Budd"* – Benner
13. \_\_\_\_\_ *Beginner's T'ai Chi*--Logar
13. \_\_\_\_\_ *Current Medical Challenges—Lecture Series—Part 2*-- Morgan
14. \_\_\_\_\_ *Planning for the Future: Estate Planning*—Kurcaba & Dean

\_\_\_\_\_ I am a member of *ALL* at WVU  
\_\_\_\_\_ I am a member of Lifelong Learning at Fairmont State  
\_\_\_\_\_ I am a non-member. I will send a check in the amount of \$32.50 for each course in which I am enrolled upon notification of acceptance. DO NOT SEND CHECK WITH THIS FORM.

**ATTENTION:** Do two people receive mailings from *ALL* at this address? \_\_\_\_\_ Yes \_\_\_\_\_ No  
Two registration forms are enclosed in each packet. Would you like to receive only one packet at this address? \_\_\_\_\_ Yes \_\_\_\_\_ No

**If you have not paid your 2006-2007 ALL annual dues of \$65.00, please send the payment for dues with your registration form.**

**Please** make checks payable to: **WVU Foundation**, noting "**ALL Dues**," and send **check and registration form** to:

*ALL* at WVU Center on Aging  
Mountaineer Mall, Unit D-9  
5000 Greenbag Road  
Morgantown, WV 26501

**Please Turn Page**

**2007 Winter Term Registration Form (continued)**

I would like to volunteer to be part of the following committee(s):

- |   |  |
|---|--|
| <input type="checkbox"/> Curriculum   | <input type="checkbox"/> Office Substitute     |
| <input type="checkbox"/> Facilities   | <input type="checkbox"/> Mailing               |
| <input type="checkbox"/> Membership   | <input type="checkbox"/> Special Activities    |
| <input type="checkbox"/> Promotion  | <input type="checkbox"/> Teaching Assistant    |
| <input type="checkbox"/> Finance  | <input type="checkbox"/> Technology Assistant. |
| <input type="checkbox"/> General Office Work--regular assignment to work in Mall Volunteer Office |  |

Suggestions for future courses and instructors: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Would you be interested in a special activities group to meet in the Classroom Annex—book review, library, discussion, etc? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please send information on Appalachian Lifelong Learners at WVU to the following individuals:

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Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_



## MONDAY COURSE SCHEDULE

Page 2

### *American Popular Songs of the 1940's*

**Instructor: Leo Horacek**

**Monday, 10:00 a.m. – 12:00 noon**

**January 22, 29, February 5, 12, 19, and 26**

**Mountaineer Mall Classroom**

**Course Description:** The decade of the 1940's represents the flowering of some 40 years of growth and change in the form, style, content and complexity of American popular song. We will examine words and music for typical songs of the period, and consider the relation to the instrumental music and to the mood of the times.

**Instructor's Background:** Dr. Horacek is Professor Emeritus of Music at the College of Creative Arts of WVU. He is on the Appalachian Lifelong Learners Honor Roll for instructors, and this is the 25th course he has taught for *ALL*.

### *Small Scale Publishing*

**Instructor: Rae Jean Sielen**

**Monday, 1:00 p.m.-3:00 p.m**

**January 22, 29, February 5, 12, 19**

**Course Description:** This beginning-level course will help participants plan for, get started on, and, perhaps, complete a small publishing project. Through Q&A, presentation, show and tell, exercises, and sharing of work and ideas, participants will receive inspiration, direction, and support for their writing or writing/photo/memorabilia projects. Topics to include private vs. public publishing, author options, goal setting, budgeting, and production. Depending on interest, a session may be devoted to personal and family history projects. *Optional:* in the sixth week, participants may visit Populore in our Westover location (the historic Barker house on Highland Street) for computer demonstrations (on-line book production, layout, photo enhancement, and more).

Small-run private publishing (1-100 books) and small-run commercial ventures (100-1,000) will be emphasized. "Bestseller" topics such as how to sell manuscripts, find agents, and negotiate contracts will *not* be covered.

The instructor will provide handouts, and participants are asked to contribute \$4 at the first class to cover this expense. Homework will include 1) optional reading and research as suggested by the instructor and 2) participants' continued writing and research on their own projects at their own pace. Enrollment is limited to 16.

**Instructor's Background:** Ms. Sielen is President and co-founder of Populore Publishing Company, founded in 1995. Edited/compiled works include *Mountain State Stories of the People* and *Our Mountain State Heritage*. Local publishing and personal history workshop sponsors have included Heritage Point, Monongalia Art Center, and *GoldenRod*. Ms. Sielen received a B.A. in linguistics from the University of California and an M.S. in speech and hearing sciences from the University of Washington.

### *Practice T'ai Chi Class*

**Instructors: Cheryl Ornick and Sheila Logar, PT.Ph.D., Doctorate T.C.M.**

**Monday, 1:00 p.m.-2:00 p.m.**

**January 22, 29, February 5, 12, 19, 26**

**Mountaineer Mall Classroom Annex**

**Course Description:** Practice class for those who have attended prior *ALL* T'ai Chi classes. Cheryl Ornick will lead this class under the supervision of Dr. Logar. Enrollment is limited to 14.

**Instructors' Background:** Cheryl Ornick was a state school teacher before she retired and has attended all the T'ai Chi classes offered by *ALL*. Dr. Logar says she is more than capable of leading this group. Dr. Logar is British by birth and training and has been in the United States for 20 years. She received a Ph.D. from the University of London in Physical Therapy and a Doctorate in Traditional Chinese Medicine from the British College. She is an experienced clinician, teacher, and administrator.

## MONDAY COURSE SCHEDULE (continued)

Page 3

### *T'ai Chi for the Physically Challenged*

**Instructor: Sheila Logar, PT.Ph.D., Doctorate T.C.M.**

**Monday, 2:00 p.m.-3:00 p.m.**

**January 22, 29, February 5, 12, 19, 26**

**Mountaineer Mall Classroom Annex**

**Course Description:** This course can be described as "Sitting T'ai Chi" and is tailored for those who wish to have an activity but are challenged by arthritic joints or other problems that make standing or balance difficult. T'ai Chi has been researched by geriatricians and has emerged as an excellent activity for the aging. Enrollment is limited to 7.

**Instructor's Background:** Dr. Logar is British by birth and training and has been in the United States for 20 years. She received a Ph.D. from the University of London in Physical Therapy and a Doctorate in Traditional Chinese Medicine from the British College. She is an experienced clinician, teacher, and administrator.

## TUESDAY COURSE SCHEDULE

### *Three Great International Legends:*

*"Don Juan," "King Arthur," "The Holy Grail"*

**Instructor: Armand E. Singer, Ph.D.**

**Tuesday, 10:00 a.m.-12:00 noon**

**January 23, 30, February 6, 13, 20, 27, and possibly March 6**

**Mountaineer Mall Classroom**

**Course Description:** These three legends have for centuries fascinated most of the world's peoples. We will look at them historically, psychologically, culturally in an effort better to understand them. Class interaction is most requested. Enrollment is limited to 55.

**Instructor's Background:** Dr. Singer has been a professor at WVU since 1940. He was Chair, Program for the Humanities, WVU, 1963-72. He is author or editor of some twenty books on literature and philately and several hundred articles on literature, philately, education, and travel.

### *Biblical Journeys and Today's Strivings*

**Instructor: Rabbi David Feder**

**Tuesday, 1:00 p.m.-3:00 p.m.**

**January 23, 30, February 6, 13, 20, 27**

**Mountaineer Mall Classroom**

**Course Description:** The Bible is filled with tales of journey and discovery which we find echoes of in our own lives. We will read the Biblical accounts of the journeys made by Abraham, Isaac, Jacob, Moses, and others and examine their relevance to our own journeys through life today. Enrollment is limited to 36.

**Instructor's Background:** Rabbi David Feder has served Tree of Life Congregation for the past four years. He has previously served congregations in Indiana, California, and Michigan. He was ordained by the Hebrew Union College-Jewish Institute of Religion in 1989.



## TUESDAY COURSE SCHEDULE (continued)

Page 4

### *Introduction to Women's Studies*

**Instructor: Dee Quaranto**  
**Tuesday, 3:00 p.m.-5:00 p.m.**  
**January 23, 30, February 6, 13, 20, 27**  
**Mountaineer Mall Classroom**

**Course Description:** An overview of the roles and status of women in contemporary American society, with an emphasis on women and aging. Enrollment is limited to 30.

**Instructor's Background:** Ms. Quaranto has a Board of Regents Bachelor of Arts, Certificate in Women's Studies, WVU; and Masters of Social Work, Concentration in Direct Practice Mental Health, WVU. In addition to various positions in her field of study, she is the owner of WV Glass Arts LLC, a mail-order company for custom craft supplies with worldwide distribution.

## WEDNESDAY COURSE SCHEDULE

### *Images of Morgantown*

**Instructor: Wallace Venable, Ed.D**  
**Wednesday, 10:00 a.m.-12:00 noon**  
**January 24, 31, February 7, 14**  
**Mountaineer Mall Classroom**

**Course Description:** Wally and Norma Venable have recently completed a book for the Arcadia Publishing series Images of America. The book is titled *Around Morgantown*. This class will cover stories associated with the pictures in the book. Enrollment is limited to 55.

**Instructor's Background:** Wally Venable came to WVU as a graduate student in 1964 and decided not to leave. He plays on the river and is immersed in river politics.

### *The Birds Around Us*

**Instructor: Norma Jean Venable**  
**Wednesday, 1:00 p.m.-3:00 p.m.**  
**January 24, 31, February 7, 14**  
**Mountaineer Mall**

**Course Description:** Join birder and naturalist Norma Jean Venable for exciting encounters with West Virginia's beautiful birds including those living here in summer such as hummingbirds and thrushes, as well as winter residents including Tundra swans and juncos. The class will also cover owls, warblers, sparrows, woodpeckers, and other favorite songsters. The class will "journey" to coastal areas for a glimpse of snow geese, pelicans, and puffins. Enrollment is limited to 55.

**Instructor's Background:** Norma Jean Venable has written numerous publications on natural and cultural history. She grew up in the Great Lakes region, and has taught several *ALL* courses.

### *ABC's of Cosmology*

**Instructor: Duane G. Nichols, Ph.D.**  
**Wednesday, 3:00 p.m.-5:00 p.m.**  
**January 24, 31, February 7, 14, 21, 28**  
**Mountaineer Mall Classroom**

**Course Description:** This course is intended to find meaning and beauty in a violent universe. It will cover the "standard model" for matter and energy, aspects of classical versus relativistic physics, uncertainty and quantum mechanics, string theory and extensions, the Hubble telescope, radio astronomy, planets, the sun and stars,

## WEDNESDAY COURSE SCHEDULE (continued)

Page 5

### ABC's of Cosmology (continued)

supernovae, galaxies and black holes. An optional field trip is planned in the spring to the National Radio Astronomy Center at Green Bank, WV. Enrollment is limited to 55.

**Instructor's Background:** Dr. Nichols received his Ph.D. from the University of Delaware and taught chemical kinetics, physics, and astronomy before coming to WVU. He then taught chemical engineering and engineering mathematics courses before joining the Research Triangle Institute and CONSOL to develop synthetic fuels processes from coal.

## THURSDAY COURSE SCHEDULE

### *The New Century of the Gene*

**Instructor: Carole B. Boyd, M.D.**

**Thursday, 10:00 a.m.-12:00 noon**

**January 25, February 1, 8, 15, 22**

**Mountaineer Mall Classroom**

**Course Description:** This continuation of the previous course will include a review of DNA discovery, structure, and function with discussions of recent advances in the world of genetics. Enrollment is limited to 55.

**Instructor's Background:** Michiganian by birth, West Virginian by preference! Bachelor of Arts, Master of Science in Medical Technology, and MD from Michigan schools, Master of Arts in History from WVU. Retired from WVU Department of Pathology as Professor Emerita after 21 years. Enjoys pursuing topics for ALL classes!

### *Mozart's "The Magic Flute" and Britten's "Billy Budd"*

**Instructor: James Benner**

**Thursday, 1:00 p.m. - 3:00 p.m.**

**January 25, February 1, 8, 15, 22, March 1**

**Mountaineer Mall Classroom**

**Course Description:** Mozart's final opera, "The Magic Flute," is a comic masterpiece about the triumph of good over evil. It presents Masonic rituals in a way that many Masons considered at the time to be a betrayal of their secret practices. Actually, everything revealed in the delightful libretto, by the actor/manager Emanuel Schikaneder, was public knowledge by the time of the opera's premiere in 1791. The fanciful characters of Papageno, the bird-catcher, and his bird-bride, Papagena, have some of Mozart's most charming music. The evil Queen of the Night has two of opera's most brilliant show-stopper arias. The romantic couple Pamina and Tamino sing some of Mozart's noblest music in their search for "Enlightenment" through the Masonic trials they undergo.

Our second opera is an adaptation by E.M. Forster and Eric Crozier of Herman Melville's 1891 story "Billy Budd." The music, by Benjamin Britten, has attained modern masterpiece status since its premiere at Covent Garden in December of 1951. Like "The Magic Flute," "Billy Budd" deals with the confrontation of good and evil. The results are vastly different. Billy, the personification of good, must be executed for his accidental killing of John Claggart, the Master-at-Arms aboard H.M.S. Indomitable, whose evil intent to destroy Billy is as intense as Iago's pursuit of the destruction of Othello in Shakespeare's play.

Tickets for the Sunday matinee performances of both operas may be ordered on the enclosed forms. "The Magic Flute" will be on April 1, and "Billy Budd" will be on May 6. The purchase of tickets for the performances is not a requirement for enrollment in the class. Enrollment is limited to 55.

**Instructor's Background:** In May, 2003, Mr. Benner received the WVU College of Creative Arts Dean's Award for "Distinguished Leadership in the Arts," and he delivered the convocation speech for the 2003 College of Creative Arts Commencement Ceremony. Professor Emeritus Benner was a noted pianist and vocal coach in New York City before joining the Music faculty at WVU in 1966. From 1954 to 1968, he played for all of the major tours of the famed Obernkirchen Children's Choir from Germany. There were more than 1,000

## **THURSDAY COURSE SCHEDULE (continued)**

Page 6

### **Mozart's "The Magic Flute: and Britten's "Billy Budd"(continued)**

concerts on five continents. At WVU, he prepared, sometimes directed, and often conducted 38 productions of 34 different operas, all fully staged with orchestra.

He also developed courses in foreign language diction for singers and a program major for pianists in accompanying and vocal coaching. Since his retirement from WVU in 1985, he has been active as an accompanist, stage director, conductor, and lecturer. He was in charge of musical preparation for the Opera Company of Boston under Sarah Caldwell in the 1985-86 season. He is on the Appalachian Lifelong Learners Honor Roll for instructors, and this is the 35<sup>th</sup> course he has taught for ALL at WVU since its beginning in 1993.

### ***Beginners' T'ai Chi***

**Instructor: Sheila Logar, PT.Ph.D., Doctorate T.C.M.**

**Thursday, 3:00 p.m.-4:00 p.m.**

**January 25, February 1, 8, 15, 22, and March 1**

**Mountaineer Mall Classroom Annex**

**Course Description:** This course is an introduction to T'ai Chi. T'ai Chi is part of Traditional Chinese Medicine and, therefore, is holistic (body, mind, and spirit). It is also proven to be beneficial for seniors. This is the 3<sup>rd</sup> term that the T'ai Chi courses have been offered. These classes are enjoyable and good for your health. Enrollment is limited to 10.

**Instructor's Background:** Dr. Logar is a British trained PT. and a Doctor of Traditional Chinese Medicine.

## **FRIDAY COURSE SCHEDULE**

### ***"Current Medical Challenges" Lecture Series***

#### ***Problems, Pills and Potions--Part 2***

**Instructor-Coordinator: E. J. Morgan, MD**

**Friday, 10:00 a.m.-12:00 noon**

**January 26, February 2, 9, 16, 23, and March 2**

**Mountaineer Mall Classroom**

**Course Description:** As members of ALL, we have each lived long enough to survive and/or experience health problems. These problems may alter our life style as well as challenge our independence and finances. We also have watched an era of tremendous medical/technical advances which may add years to our lives but also increase health care costs and may prolong suffering near the end of life. We also tend to vote, have resources and time to continue our education and discuss potential solutions to our health care dilemmas. In order to share information and stimulate discussion, Dr. Morgan has arranged the following lectures for the Winter Term:

"Healthy Travels"—Jackie Mier, RN, Travel Nurse, UHS; "End of Life Care"—Ron Hicks, MSW; Director of Social Work Hospice Care; "My Lab Test Says What?"(or "Biochemical Bingo")—Carole B. Boyd, MD, Professor Emeritus, WVU Pathology; "Psychiatric Medicine"—David M. Morgan, MD., Associate Professor of Psychiatry, WVU; "Elder Anxiety/Depression"—James Helsley, MD, and John Vanin, MD., Professors of Family Medicine/Psychiatry; "Healthy Aging in the United States and United Kingdom"—Richard Ham, MD, Director, Center on Aging, WVU. Enrollment is limited to 55.

**Instructor's Background:** E. J. Morgan is Professor Emeritus of Medicine from WVU, where he served for the last 30 years as the Director of the University Health Service and taught in the Department of Medicine (Chest Disease). Dr. Morgan graduated from Pitt Medical School in 1964. He then came to Morgantown, to do his internship, was diverted to the USAF as a Flight Surgeon for 2 years at Andrews Air Force Base, the Pentagon, Texas, and SE Asia, then returned to do his residence in medicine at WVU. Dr. Morgan then did a fellowship in TB and Occupational Lung Diseases in 1970/71 in Cardiff, Wales, prior to joining WVU Faculty.

*Planning for the Future: Estate Planning*  
**Instructors: Brian Kurcaba and Robert Dean**

**Friday, 1:00 p.m. – 3:00 p.m.**

**January 26**

**Mountaineer Mall Classroom**

**Course Description:** The topics that will be covered in this session are: (1) Importance of estate planning; (2) Considerations when setting up an estate plan; and (3) Estate planning tools.

**Instructor's Background:** Mr. Kurcaba is an Investment Representative for Edward Jones and Mr. Dean is an Account Executive with The Hartford.



The Pittsburgh Savoyards, Inc.  
presents

## *The Pirates of Penzance*

Join us for the Pittsburgh Savoyards' production of Gilbert and Sullivan's 5th comic opera. *The Pirates of Penzance* deals with pirates, policemen, Frederic (who was apprenticed to the pirates by mistake), and a Major General with 20 daughters, including Mabel. It is a satire on the relationship between duty and morals.

**Performed at the Benedictine Convent in Perrysville, PA \***

**Sunday, February 25, 2007**

**Departure time: 10:15 a.m. at the Coliseum Blue Gate \*\***

**Price includes transportation and ticket**

**Lunch (not included) will be at The Red Lobster**

Please complete and return the bottom portion of this flyer to secure your reservation. *ALL* members will receive priority. Checks received after the bus is filled will be returned and a wait-list will be maintained. The only written confirmation you will receive will be noted on the Trip Confirmation Form. If your reservations are made after confirmations have been sent, you will be notified by phone. **No tickets will be mailed.** Tickets will be distributed at the theater. If you have a question concerning your reservation, call 304-293-1793.

\* **Change in location.**

\*\* **Change in departure time**

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### *The Pirates of Penzance*

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

\_\_\_\_\_ Member of *ALL* at WVU      \_\_\_\_\_ Lifelong Learning at FSC      \_\_\_\_\_ Non-member

Number of tickets: \_\_\_\_\_ @ \$32.00 ea.

Total amount enclosed: \$ \_\_\_\_\_

Please make check payable to **WVU Foundation, Inc**

**Mail to:** ALL at WVU Center on Aging  
Mountaineer Mall, Unit D-9  
5000 Greenbag Road  
Morgantown, WV 26501

*Appalachian Lifelong Learners at WVU, Center on Aging*

The Pittsburgh Opera presents

*Billy Budd*

Sunday, May 6, 2007

2:00 p.m.

Benedum Center

Registration deadline: April 5, 2007

Departure time: 11:00 a.m. at the Coliseum Blue Gate

Price includes transportation. Lunch is on your own.

Please complete and return the bottom portion of this flyer to secure your reservation. *ALL* members will receive priority. Checks received after the bus is filled will be returned and a waitlist will be maintained. Tickets are non-refundable. You will receive a Trip Confirmation Form if you have a reservation. If your check is not returned and you do not receive a Trip Confirmation Form, please call the office (304-293-1793). If your reservations are made after confirmations have been sent, you will be notified by phone. No tickets will be mailed; tickets will be distributed at departure. If you have a question concerning your reservation, call 304-293-1793.

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*Billy Budd*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Member of *ALL* at WVU     Lifelong Learners at FSC     Non-member

Price: Orchestra -- \$70.00    Number of tickets \_\_\_\_\_    Amount    \$ \_\_\_\_\_

First Tier ---\$53.00    Number of tickets \_\_\_\_\_    Amount    \$ \_\_\_\_\_

Total enclosed \$ \_\_\_\_\_

Please make check payable to WVU Foundation, Inc.

Mail to:    ALL at WVU Center on Aging  
              Mountaineer Mall, Unit D-9  
              5000 Greenbag Road  
              Morgantown, WV 26501



*Appalachian Lifelong Learners at WVU, Center on Aging*

The Pittsburgh Opera presents

*The Magic Flute*

Sunday, April 1, 2007

2:00 p.m.

Benedum Center

Registration deadline: March 1, 2007

Departure time: 11:00 a.m. at the Coliseum Blue Gate

Price includes transportation. Lunch is on your own.

Please complete and return the bottom portion of this flyer to secure your reservation. *ALL* members will receive priority. Checks received after the bus is filled will be returned and a waitlist will be maintained. Tickets are non-refundable. You will receive a Trip Confirmation Form if you have a reservation. If your check is not returned and you do not receive a Trip Confirmation Form, please call the office (304-293-1793). If your reservations are made after confirmations have been sent, you will be notified by phone. No tickets will be mailed; tickets will be distributed at departure. If you have a question concerning your reservation, call 304-293-1793.

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*The Magic Flute*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

\_\_\_\_ Member of *ALL* at WVU    \_\_\_\_ Lifelong Learners at FSC    \_\_\_\_ Non-member

Price: Orchestra -- \$70.00    Number of tickets \_\_\_\_\_    Amount    \$ \_\_\_\_\_

First Tier ---\$53.00    Number of tickets \_\_\_\_\_    Amount    \$ \_\_\_\_\_

Total enclosed \$ \_\_\_\_\_

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