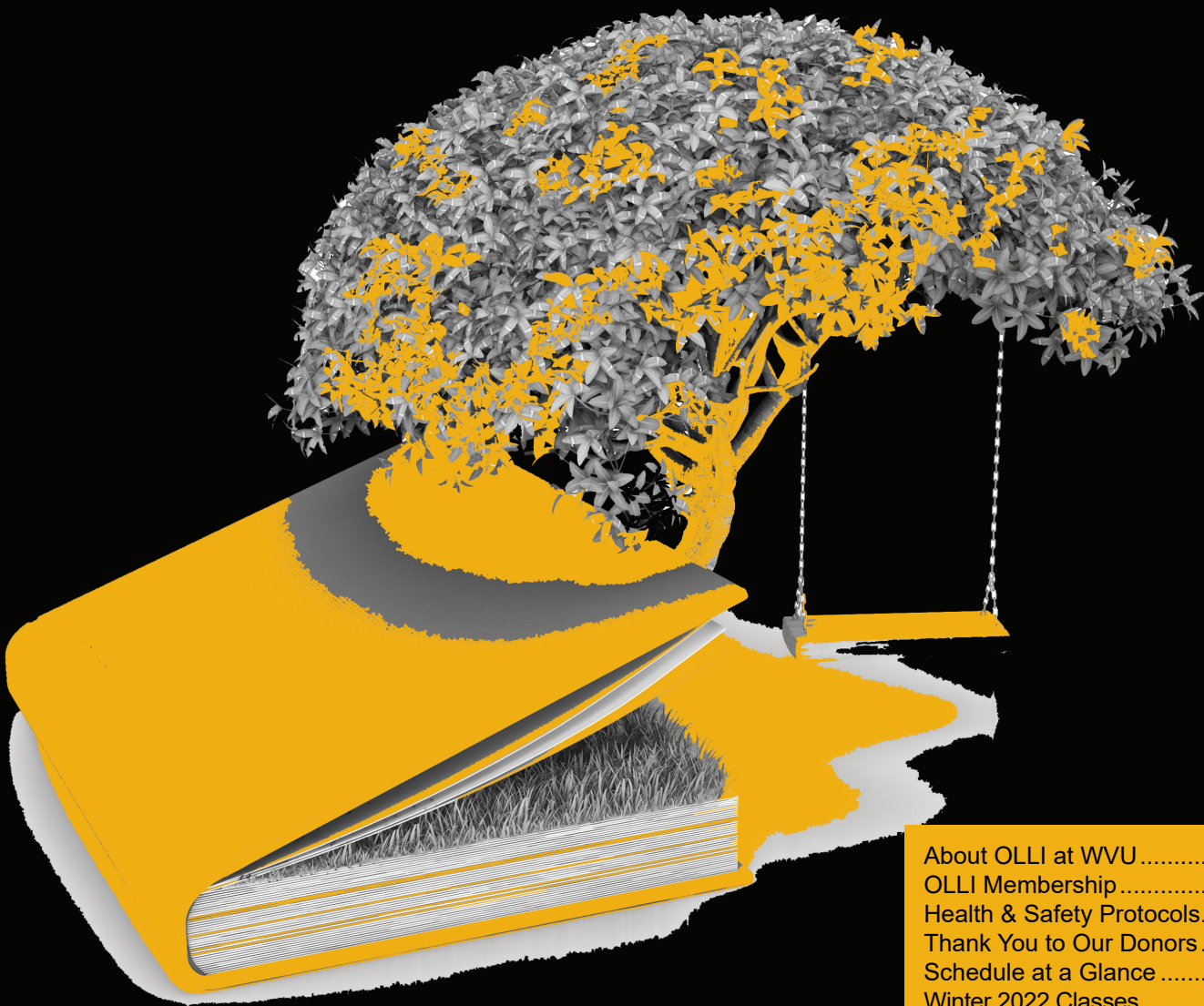


# Winter 2022

## Course Catalog

Registration begins January 10



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## About OLLI at WVU

Dedicated to enriching the lives of older adults throughout West Virginia, the Osher Lifelong Learning Institute at West Virginia University (OLLI at WVU), an affiliate of the WVU School of Public Health, is a member-driven organization whose mission is to promote connection, curiosity, exploration, discovery, and discussion through learning and social engagement in non-credit classes, lectures, field trips, and events designed for adults 50+.

OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:

- The Bernard Osher Foundation
- West Virginia University, President's Office
- WVU Foundation
- WVU School of Public Health (SPH)
- OLLI Board Members, Committee Members, and Volunteers
- OLLI \$100K Club, Donors, and Sponsors
- Our Distinguished Instructors
- OLLI Members

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*OLLI stimulates one's mind with great courses and provides social interaction to enliven the whole person.*

- OLLI member

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## The Bernard Osher Foundation

The Bernard Osher Foundation seeks to improve quality of life through the support of lifelong learning institutes such as OLLI at WVU. The Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. The Foundation has now funded 125 Osher Lifelong Learning Institutes on campuses of colleges and universities from Maine to Hawaii. Funding for OLLI is contingent upon membership growth goals, so **membership matters**. To learn more about the Bernard Osher Foundation, please visit their website at [www.osherfoundation.org](http://www.osherfoundation.org).

## OLLI Board of Directors (2021-2022)

Beverly Kerr, President  
Florita Montgomery, Vice President  
Clark McKee, Secretary  
Stephen Wetmore, Treasurer  
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Carolyn Atkinson      Jack Hammersmith  
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Kristie Gregory

## OLLI Board of Advisors

Roger Dalton            Linda Jacknowitz  
Ann Davidson           Ed Johnson  
James Dylan Held      Jane Martin

## OLLI Committees

Curriculum	Chair: Jim Held
Facilities/Technology	Chair: Vacant
Finance	Chair: Stephen Wetmore
Fundraising	Chair: Vacant
Marketing	Chair: Ed Johnson
Membership	Chair: Kristie Gregory
Nominating	Chair: Vacant
Irving Goodman Annual Aging	
Lecture Series (IGALS)	Chair: Stan Cohen
Kanawha Valley	Chair: Vacant

## OLLI Staff

Jascenna Haislet, Director  
Michelle Klishis, Professional Technologist  
Diane Cale, Program Assistant  
Susan Martino, Program Assistant

## OLLI Office Hours

9:00 a.m. - 5:00 p.m. Monday - Thursday  
9:00 a.m. - 4:00 p.m. Friday  
Closed Saturdays, Sundays, and University holidays

## Contact Us

Osher Lifelong Learning Institute at WVU  
Mountaineer Mall, Suite C-17  
5000 Green Bag Rd. • Morgantown, WV 26501

(304) 293-1793 • [www.olliwvu.org](http://www.olliwvu.org) • [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu)

## From Our President

*“Hope springs eternal in the human breast;  
Man never Is, but always To be blest.”*

- Alexander Pope  
From “An Essay on Man”

As I write this, the holiday celebrations will soon be here and we will say farewell to 2021 and bid welcome to 2022. Reflecting a bit on this past year, what a year 2021 has been! From trying to find an appointment to receive a vaccination in January to being able to get a booster shot in October, we (of a certain age) may have protected ourselves from Covid to the extent we were able to do so. Perhaps we even ventured out of our homes for activities which were denied to us in 2020.

Mask-wearing is still a constant in crowded indoor spaces for me but I have learned that I can safely socialize with my vaccinated family or friends once again to celebrate birthdays, reunions, holidays, and special occasions. The spread of the Delta variant in late summer and early fall reminded us all that we are not free of this pandemic just yet, but “hope springs eternal” that 2022 may prove to be the year that we can breathe a bit easier and resume more activities that we love.

Here at OLLI, we operated on a somewhat hybrid schedule for the fall term. Some of us have continued to take many of our classes via Zoom. But we have had in-person only classes or classes that had participants in the classroom and watching on Zoom. We have been following WVU guidelines requiring masks if you choose to come to the classrooms. And many of our special interest groups are meeting regularly now.

My hope is that soon OLLI will be able to welcome us all back to more in-person classes in Morgantown and in the Kanawha Valley. And perhaps the member lounge will be re-opened in Morgantown.

We have been changed by Covid-19 but not deterred. We need to continue to challenge our minds and bodies and stay active by interacting with each other in a safe and responsible way. I hope to see you in the winter term classes that will begin in January. Hope does indeed spring eternal!

Happy Holidays!

Beverly Kerr  
President, OLLI Board of Directors

## From Our Director

For many years, OLLI has emphasized the importance of staying intellectually engaged as one ages, highlighting the health benefits of continued learning. OLLI embraces the adage, learn something new everyday, and encourages members to expand their horizons by taking classes that introduce them to topics that they have not previously explored and information they don't know.

The past nearly two years have also taught us the importance of personal connection and staying socially engaged. As we continue to offer learning opportunities for older adults in our communities, we are focusing equally on bringing people together. The recent expansion of special interest groups and reopening of our physical classrooms present opportunities for our members to reconnect with long-time friends and make new friends as they share their OLLI experiences. Our member relations and marketing committees are exploring new ways of welcoming new members. And we need your help.

How did you hear about the OLLI at WVU? What, or who, has brought you to OLLI?

Did you know that more than 75% of OLLI members cite word-of-mouth as their introduction to our program? A friend or family member suggested they try a class or social event. Or a current OLLI member invited them along.

OLLI members make the best ambassadors. If you're a current OLLI member, we invite you once again to bring a guest to an in-person class\* this winter as an introduction to our program. Be sure to contact the OLLI office in advance to be sure there is a seat available.

You can also pass along a course catalog or share you experience with the purchase of a gift membership.

If you're new to OLLI, welcome! All new members receive a welcome letter in the mail with information to help you get started. Please feel free to contact the OLLI office with any questions. We are thrilled to have you with us!

During this 2022 winter term, OLLI at WVU is offering more than 45 lectures, workshops, discussion groups, activities, and social events for our members. We will also host three opportunities that are free and open to the community, as you can see on page 10.

I hope to see you in class soon!

Jascenna Haislet  
Director, OLLI at WVU

## OLLI Membership

Membership is open to curious adults interested in programs designed specifically for those 50 and over who want to engage socially and intellectually.

### The Benefits of OLLI Membership

- *The opportunity to learn and to meet new friends.*
- *Discounts on travel and events in the community.*
- *At least one free Special Member Event per term.*
- *Access to the OLLI collection of Great Courses DVDs and books.*
- *Access to OLLI Member Lounge and Computer Lab.*
- *Weekly email bulletin.*
- *A voice in OLLI governance.*
- *The right to be added to a course wait list.*

**Annual membership  
is \$30**

Membership year runs  
July 1<sup>st</sup> to June 30<sup>th</sup>.

### Term Registration Fee

- **Unlimited courses for \$30 per term** with membership.
- Other fees may apply and are noted on individual courses, events, or groups.
- **Special Member Events are free** to all current OLLI members unless otherwise noted.

### Financial Assistance Available

OLLI at WVU tries to keep fees to a minimum while providing the highest quality experiences to our members. However, we recognize that membership and registration fees may be out of the reach of some individuals. Therefore, fee waivers are available. To apply, ask for a confidential application at the OLLI office or fill out the form on our website at [www.olliwvu.org](http://www.olliwvu.org).

## How to Register

Winter term runs January 10<sup>th</sup> through April 2<sup>nd</sup>.

To register, you must have a current membership and have paid the required fees for the term.

Individuals may purchase or renew a membership and register for classes in any of the following ways:

- Online at <https://wvusph-olli.augusoft.net/>. Instructions can be found at <https://bit.ly/3HH7275>.
- Call the OLLI office at 304-293-1793.
- By mail, using the enclosed membership/registration form.

**Please make checks payable to the WVU Foundation.**

*If you pay with a credit or debit card, the charge will show as: WV OLLI.*

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.

**Winter registration begins  
January 10, 2022**

## Mark Your Calendar!

### Important Dates

Jan. 12	OLLI Open House
Jan. 14	OLLI Board Meeting
Jan. 18	Spring course proposals due
Jan. 24	Winter term begins
Mar. 11	OLLI Board Meeting
Mar. 28	Spring registration begins
	Summer course proposals due
Apr. 11	Spring term begins
May 13	OLLI Board Meeting
June 20	Summer registration begins
	Fall course proposals due
July 11	Summer term begins
Sept. 12	Fall registration begins
Oct. 3	Fall term begins
Oct. 10	Winter course proposals due

# How to Take an OLLI Class

This winter, OLLI classes and events will be offered in one of four ways for members to participate. These include:

- **In-person only** - Instructor will be present in the classroom with OLLI members. Classroom location is listed in description.
- **Online only** - Instructor and participants will meet via Zoom, as stated in class description.
- **Hybrid** - Instructor will be present in the classroom with OLLI members. Other members can participate via Zoom. Classroom location is listed in description.
- **Hybrid with streaming** - Instructor will not be in the classroom but teaching via Zoom. The class will be streamed to an OLLI classroom. OLLI members can participate via Zoom at home or come to an OLLI classroom to do so. These classes are indicated by the symbol ♦ next to the classroom location.

**IMPORTANT**  
Please read

When registering for hybrid or hybrid with streaming classes, please indicate on the form in which ways you would prefer to participate. **If you register to take a class on Zoom but later wish to attend in person, you must check with the office prior to arriving to be sure there is a seat available for you.**

Zoom links will be emailed to all participants in online and hybrid classes by 9:00 a.m. the morning of the class/event. **Please check your inbox, as well as spam and junk boxes, for the email at least 30 minutes prior to the start of your class.** If you do not see an email for your class, call the OLLI office at 304-293-1793. We're happy to resend the email.

## Need assistance with Zoom?

Interested in taking an OLLI class this winter but not sure how to use the online meeting software, Zoom? OLLI's professional technologist, Michelle Klishis, will walk you through the steps you'll need to take, from downloading and installing the Zoom app on your device, to entering the virtual classroom, to using the chat function, and more. If you don't have a computer or personal electronic device, learn how you can join Zoom with your phone. Contact the OLLI office to arrange a session.

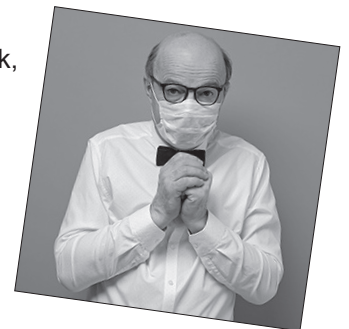
## Technical Assistants Needed

OLLI is seeking volunteers at home and in the classroom to assist instructors teaching Zoom and hybrid classes. Volunteers will operate the technology that delivers OLLI classes to our members online. OLLI will provide training so no experience is necessary. Email [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu) for more information or to volunteer.

*Volunteers assisting 12 hours or more during a term will receive an OLLI gift card.*

## Return to Classroom Health & Safety Protocols - UPDATED

- **Please Mask Up** - OLLI follows WVU policy regarding the wearing of masks. Therefore, masks are required for all OLLI classrooms during our winter term. When wearing a mask, please be sure it is covering your nose and chin. **Masks may be required for a class hosted in a location other than an OLLI classroom. OLLI is happy to provide you with a disposable mask if you need one during a class. Just ask your class host.**
- **Wash Your Hands** - Hand sanitizer will be available in each classroom and the member lounge.
- **Physical Distancing** - Although six feet may not always been possible, please keep space between yourself and other members in the class.
- **Cleaning** - Disposable wipes will be available in the classrooms if you wish to wipe off a table prior to sitting.



Per WVU policy, OLLI is not requiring vaccination against COVID-19 as of publication. However, the situation is fluid and changes will be made as necessary.

# Thank You to Our Donors

The Osher Lifelong Learning Institute at WVU is dedicated to providing the highest quality educational, recreational, and social opportunities possible to our members. For many years, we have been able to offer 200 or more classes, workshops, lectures, discussions, and field trips annually. In March 2020, OLLI quickly transitioned programming to an online platform for classes and new social events to keep our members engaged while physically distancing.

In order to sustain and grow the program, your financial support is needed. Although OLLI receives support from WVU and earnings from the Osher Endowment, this funding covers only about 50% of our expenses. Membership and registration fees cover another 25%. Therefore, the remaining 25% must be raised through donations, gifts, sponsorships, and grants. Your donation to OLLI can help ensure that OLLI will be here when we return to our classrooms in Morgantown and Charleston.

As OLLI at WVU strives to achieve financial sustainability, we would like to say thank you to all who have given so generously this year. The following reflects donations processed between July 1 and December 22, 2021, per the WVU Foundation. If your name is not listed and you believe it should be, please call the OLLI office at 304-293-1793.

Robert & Aurie Acciavatti	Kathi Elkins	Yvonne Khourie	Edward Petsonk
Eleanor Adams	Eleanor Esposito	Douglas Kilmer & Janis Reynolds	Mary & John Pigza
Joyce Allen	JoAnn Evans	Reynolds	Sarah Pilgrim
Gerri Angoli	Christine Ferrell	Beata Kolaja	Margo Racin
Stephen & Susan Arnold	Denise Ferris	Peggy Kourey	Judith Raese
Carolyn Atkinson	Marsha Fletcher	Ada B. Lease	Richard Reardon*
& Arnold Hartstein	Michael Fotta	Susan & Ronald Lewis	Jim Rentch
Michael & Hilary Attfield	Ruth Gardner	Steven & Judith Lightner	& Maria Amores-Aguera
Nancy Atwell	Shirley Giuliani	Nancy Lohmann	Frank & Madelyn Romeo
Betty M. Bailey	Pablo Gonzalez	Karen S. Long*	Shirley Rosenbaum
Maurice & Lynn Baker	Kristie Gregory	Lauralee S. Marshall	Larry Rowe & Julia Beury
Geert & Leslie Bakker	Eleanor Grubbs-Paull	Jane Martin	Nancy Ruhe
Diana Beam	Denise Gwinn*	William Mason	Steven Runfola
Lee A. Beaumont	Priscilla Haden	Ann McArdle	Mabel Shaner
Susan Bordonada	Jascenna Haislet*	Connie & Stephen McCluskey	Ruth Siegel
Joyce Bower	Rosie Haislet*	David & Kimberly McCluskey	Frances Simone
Nancy Brallier	Janet Hamilton	Clark & Allyson McKee*	Bonnie Snider
James Brannon	Jack & Jean Hammersmith	Carl & Rebecca McLaughlin	Gloria Sofranko
Bonnie Brown & Jim Held*	Joseph Hample	Carolyn McVicker	Michael Spevock
Catherine Butcher	& Barry Wendell	Diana Meckstroth	Patricia Stanton
Eleanor Byrnes	Paul & Kathy Hanko	Earl & Cecelia Melby	Floyd & Connie Stead
Melora Cann	Susan & David Hardesty	Stephen Meyer	Patricia Stewart
Margaret Carrico	Lynn Harper	Paula Meyer-Stout	Merle Stolzenberg
Donna & Dennis Channel	Mark Harrison	Robert & Miriam Miller	Ann M. Stottlemeyer
Nyles Charon	Linda Herbst	Takeko Minami	Martha Summers
Carolyn Chiasson	Richard Hess	Florita Montgomery	Annette Tanner
Stan & Judy Cohen	Suzanne Hodroge	Claudia Morgan	Rita Tanner*
Kenton & Madeline Colvin	Elissa Hoffman	Judy & Andy Morris*	Sally Taylor
JoAnne Cook	Steven Holsclaw	Mary Morrison	Nancy Ulrich
Sylvia Cooper	Boyd Holton	Diane Moss	Wallace & Norma Venable*
Thomas & Hope Covey	Susan Hooper	Colleen Murray	Bill & Susan Vieweg
Margaret Craig	Charlene Horan	Barbara Neal	Barbara Warash
James Culberson	Barbara Howe	Byron & Carolyn Nelson	Karen Watson
Roger & Charlotte Dalton*	Linda Jacknowitz	Bill & Judy Nottingham	H. Arthur Weldon
Bradley Daugherty	Patricia Jarvis	Cindy O'Brien & Larry Harris	Grace Wigal
Saralyn Davis	Dorothy Johnson	James O'Connell	Judith & Ronald Wilkinson
Pat & Allison Deem	Edwin Johnson*	Trinita O'Neill	Yumiko & Thomas Wilson
Janice Denison	Maureen Johnson	Frances Pack	Doug & Jani Wright
John Di Bacco Jr.	Patty Johnston & Larry Frail*	John Pearson	Nadeen Wolf
Nancy Diener	Kathryn Kay	Diane Pennington	Linda Yoder
Judith Dinsmore	Janet Kemp	Margaret Peregrine	Margaret Zaleski
& Alvin Howell		Howard & Beverly Persinger	

\* sustaining donor

OLLI members and friends may give during the Annual Giving Campaign, when you renew a membership or enroll for classes, or any time during the year. You may choose to set up a monthly recurring gift. You can choose to designate your gift to OLLI's area of greatest need, the \$100K Club, the scholarship fund, or the OLLI endowment. You may choose to leave a Legacy Gift, make a Tribute Gift, or give through an IRA Charitable Rollover.

***With a variety of giving options, you can choose the gift that works best for you.***

For more information, call the OLLI office at 304-293-1793. To give today, visit <https://olliatwvu.org/make-a-gift/> or add your tax-deductible donation to the enclosed class registration form.

***Thank you for your continued support of lifelong learning and OLLI at WVU.***



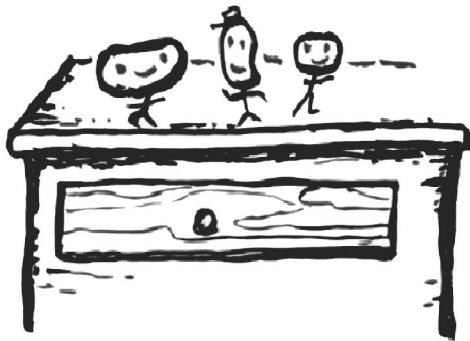
# The Village at Heritage Point

*Inspired senior living in the heart of Morgantown*

**The Village at Heritage Point is proud  
to be a sponsor of OLLI at WVU.**

Please call 304-285-5575 or  
visit [www.Heritage-Point.com](http://www.Heritage-Point.com)

## The Bean Counter: all beans considered



**Supporting OLLI at WVU  
and healthy aging  
through healthy food options.**

822 Kingwood Pike Morgantown, WV 26508  
(304) 292-5974  
[gfbrown2@frontier.com](mailto:gfbrown2@frontier.com)

Want to join the growing list of  
OLLI business partners and  
sponsors?

Contact Jascenna Haislet, Director,  
at [jascenna.haislet@hsc.wvu.edu](mailto:jascenna.haislet@hsc.wvu.edu)

## Winter 2022 Schedule at a Glance

Class, Instructor	Date(s)	Time	Location	Page #
<b>Monday</b>				
Yarn Arts	Jan. 10 - Mar. 28	12:45 - 2:30 p.m.	A	11
Martin Luther King Jr. Day Celebration	Jan. 17	2:00 - 3:30 p.m.	Z	10
Play the Ukulele (Venable)	Jan. 24 - Mar. 28	5:30 - 7:00 p.m.	A	11
Lap Dulcimer (Werner)	Jan. 24 - Mar. 14	10:00 - 11:45 a.m.	B & Z	12
Basic Watercolors (Witt) <b>CANCELLED</b>	Jan. 24 - Feb. 28	1:30 - 4:00 p.m.	MAAG	10
Prehistoric European Art (Cann)	Jan. 24 & 31	10:00 - 11:45 a.m.	A & Z	12
Vincent van Gogh, Artist (Cann)	Feb. 7 & 14	10:00 - 11:45 a.m.	A & Z	12
Norman Rockwell, American Artist (Cann)	Feb. 21 & 28	10:00 - 11:45 a.m.	A & Z	12
<b>Monday/Wednesday</b>				
Flexibility and Mobility for Seniors (Leary, Reinhart)	Jan. 24 - Mar. 9	12:30 - 2:00 p.m.	B	13
Geological History of Climate Change (Smosna)	Jan. 24 - Feb. 16	3:00 - 4:30 p.m.	A	15
<b>Tuesday</b>				
Bring In Your Holiday Tech! (Klishis)	Jan. 11	9:00 a.m. - 12:00 p.m.	B	10
Campus Club Evening Book Discussion (Attfield)	Jan. 11, Feb. 8, & Mar. 8	7:30 - 9:00 p.m.	Z	11
Campus Club Morning Book Discussion (Ostrow)	Jan. 18, Feb. 15, & Mar. 15	10:00 - 11:30 a.m.	Other	11
Twilight Trivia	Jan. 18, Feb. 15, & Mar. 15	7:00 - 8:30 p.m.	Z	11
Ask a Geek (Klishis)	Jan. 25 - Mar. 29	12:00 - 1:00 p.m.	CL & Z	10
The Music of Sergei Rachmaninoff (Beall)	Jan. 25 - Mar. 15	10:00 - 11:45 a.m.	B	12
<i>The New Yorker</i> Discussion Group (Racin)	Jan. 25 - Mar. 1	10:00 - 11:45 a.m.	Z	15
Encounters with the Midrash...(Blair, Urecki)	Jan. 25 - Feb. 15	1:00 - 2:30 p.m.	A & Z	14
The Ohio River Floodwall Murals (Haislet)	Feb. 22 & Mar. 1	12:45 - 2:30 p.m.	B & Z	12
Single Copy Book Publishing (Venable)	Mar. 8	10:00 - 11:45 a.m.	B & Z	14
Medication Safety and Poison Prevention (McBurney)	Mar. 15	10:00 - 11:00 a.m.	B & Z	13
<b>Wednesday</b>				
Opera Makes a Comeback (Nelson)	Jan. 26 & Feb. 2	10:00 - 11:45 a.m.	A	12
Hiking the New River Gorge National Park (Klishis)	Jan. 26	10:00 - 11:45 a.m.	B & Z	16
Hiking the Monongahela National Forest (Klishis)	Feb. 2	10:00 - 11:45 a.m.	B & Z	16
History of the Middle Ages: The Dark Ages (Colvin)	Feb. 9 - 23	10:00 - 11:45 a.m.	B & Z	13
Mind Your Mama... (Hammersmith)	Mar. 2 & 9	10:00 - 11:45 a.m.	B & Z	13
Technology Security (Klishis)	Mar. 16	10:00 - 12:45 p.m.	B & Z	16
Whole Grains Sampling Day (Gay)	Mar. 30	12:00 - 2:00 p.m.	A	13

### Classroom Key

All classes are held in the Mountaineer Mall in Morgantown, unless otherwise stated.

A - Classroom next to the OLLI office.

B - Classroom under the OLLI sign.

CL - Computer Lab, first door on the left down the hall next to B.

MAAG - Morgantown Art Association & Gallery, Mountaineer Mall.

MDS - Morgantown Dance Studio, Mountaineer Mall.

Z - online via Zoom.

Other - See course description for location.



## Winter 2022 Schedule at a Glance

Class, Instructor	Date(s)	Time	Location	Page #
<b>Thursday</b>				
Walking Outdoors with Campus Club (Covey)	Jan. 4 - Mar. 29	9:00 - 10:00 a.m.	Other	11
Writers' Interest Group	Jan. 13 - Mar. 29	10:00 - 11:45 a.m.	A	11
Contemporary Economic Policy (Haveman)	Jan. 27 - Mar. 3	3:00 - 4:45 p.m.	A & Z	15
Early Women Landscape Architects in the U.S. (Howe)	Jan. 27	10:00 - 11:45 a.m.	B & Z	13
Titanic: A Group Discussion	Jan. 27	12:45 - 2:30 p.m.	A	14
Learn to Play the Tin Whistle (Werner)	Feb. 3 - Mar. 17	10:00 - 11:45 a.m.	B & Z	12
Let's Do Lunch (Rauch)	Jan. 13, Feb. 10, & Mar. 10	11:30 a.m. - 1:00 p.m.	Other	11
Einstein's Oeuvre... (Reddy)	Feb. 3	12:45 - 2:30 p.m.	A & Z	15
Bison (Buffalo) in West Virginia (Rentch)	Feb. 17	12:45 - 2:30 p.m.	B & Z	15
A.D. Hopkins, Father of American Entomology (Rentch)	Feb. 24	12:45 - 2:30 p.m.	B & Z	14
Donora, PA...Clean Air Movement Started (Rentch)	Mar. 3	12:45 - 2:30 p.m.	B & Z	15
Food Justice in Appalachia Exhibition (Brown, Lohnes)	Mar. 17	1:00 - 2:00 p.m.	Other	15
<b>Friday</b>				
The WV Mine Wars: A Business Case Study (Johnson)	Jan. 28 & Feb. 4	12:45 - 2:30 p.m.	B & Z	13
Homefront WWII America (Hutchins)	Feb. 18 - Mar. 4	10:00 - 11:30 a.m.	A & Z	14
Immortality...Upload My Memories...(Karshenas)	Mar. 11	3:00 - 4:30 p.m.	B & Z	16
<b>Saturday</b>				
Introduction to Model Railroading (Colvin)	Jan. 22	10:00 a.m. - 12:00 p.m.	A	14
Introduction to T'ai Chi and Qigong (Koehler, Pollard)	Jan. 29 - Mar. 19	10:00 - 10:50 a.m.	Other	10
Intermediate T'ai Chi (Koehler, Pollard)	Jan. 29 - Mar. 19	11:00 - 11:50 a.m.	Other	10
<b>Sunday</b>				
OLLI Virtual Happy Hour	Jan. 16 - Mar. 20	6:30 - 7:30 p.m.	Z	10

## A Taste of OLLI

### a Virtual Open House

Wednesday, January 12, 3:00 - 4:30 p.m.  
Free and open to the public

Register at <https://bit.ly/3AJVBXT>  
or join us on Facebook Live!



*Learn how you can stay engaged and connected this winter with OLLI classes.  
Hear from instructors and meet other OLLI members!*

## Special Member Events & Opportunities

*Special member events, opportunities, and interest groups, unless otherwise noted, are free or discounted for current OLLI members! Payment of term enrollment fee is not required.*

### Ask a Geek

Michelle Klishis\*

Tuesdays, Jan. 25 - Mar. 29, 12:00 - 1:00 p.m.  
Computer Lab & Zoom

Sometimes you have questions about technology that don't fit into a specific class or course. For those times, OLLI's Professional Technologist, Michelle Klishis, is on hand to help. Participants are encouraged to email questions to [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu) in advance if you believe them to be complicated or beyond the scope of an hour-long session. Please include "Geek Question" in the subject line. Please note that Michelle's strengths are Android phones, Windows PCs, MS Office software, and digital security and privacy.

### Basic Watercolors

Susan Hall Witt\*

Mondays, Jan. 24 - Feb. 28, 1:30 - 4:00 p.m.  
Morgantown Art Association Gallery

**Maximum Enrollment:** 12

**Material Fee:** \$6.00 per week, payable at the door.

Cash or check only.

The course will explore how watercolors work and will apply that knowledge to painting greeting cards and small works. Beginners are welcome. Supplies may be purchased from MAAG at cost; no supplies are necessary for the first lesson. Participants from previous sessions are welcome as we will expand our knowledge and apply it to more advanced work.

### Bring in Your Holiday Tech!

Michelle Klishis\*

Tuesday, Jan. 11, 9:00 a.m. - 12:00 p.m., Classroom B

Have you received the gift of technology but been at a loss as to how to use it? Is your computer acting up and you don't know why? Would you like to learn how to do just a little bit more with your smart phone? OLLI will host a tech day where, as an OLLI member, you can bring in your devices, and Michelle and a group of handsome volunteers will be here to assist you getting comfortable with your new toys—er—electronics!

### OLLI Virtual Happy Hour

Sundays, Jan. 16 - Mar. 20, 6:30 - 7:30 p.m., Zoom

**Back by popular demand!** Join us for an on-line happy hour with OLLI members! We're going to chat and socialize and check in on each other! Take this opportunity to dress up and chat with people you haven't seen for awhile or maybe haven't met in person before!

## Community Events

*Community events, hosted by OLLI at WVU, are free and open to the public. OLLI membership not required although reservations are.*

### 16<sup>th</sup> Annual Martin Luther King Jr. Day Celebration

Monday, Jan. 17, 2:00-3:30 p.m. on Zoom

Hosted by The Community Coalition for Social Justice, Main Street Morgantown, and OLLI at WVU.

Free Family-friendly Program - All Are Welcome

#### 2022 Theme: RESPECT

- Learn about respect from some of our local religious and social action groups.
- Local NAACP group uses Martin Luther King Jr.'s words to underscore the importance of continuing to "Teach History."
- Reading of a children's book about respecting others.
- Local soloists and children's choirs sing songs of relevance for respect and social action.

To learn more about the Community Coalition for Social Justice, please go to [www.ccsjwv.org](http://www.ccsjwv.org). The City of Morgantown provides financial support for this program.

Register at <https://bit.ly/3Cni4u5> or on the enclosed form.



### T'ai Chi Classes

led by Cecil Pollard\* & Bill Koehler\*

Hosted by OLLI at WVU and The Shack Neighborhood House (537 Blue Horizon Dr, Morgantown)

Saturdays, Jan. 29 - Mar. 19

Register at <https://bit.ly/3x8lyi8> or on the enclosed form.

### Introduction to T'ai Chi and Qigong

10:00 - 10:50 a.m.

This course is an introduction to a version of Yang Style T'ai Chi as modified and taught by Cheng Man-ch'ing. In this course, students will learn the basic principles of T'ai Chi and how to do the T'ai Chi form.

### Intermediate T'ai Chi

11:00 - 11:50 a.m.

This group provides an opportunity for participants who have moved beyond the beginning level to continue practicing together. Enrollment by permission of OLLI instructors.

## Special Interest Groups

OLLI Special Interest Groups (SIGs) offer members the opportunity to share a common interest in a social setting. Many meet year-round so you register only once per year. SIGs are open to all OLLI members, although some restrictions may apply. See descriptions for more detail.

### Campus Club Evening Book Discussion

*2<sup>nd</sup> Tuesday of the month, 7:30 - 9:00 p.m. via Zoom*

*Facilitator: Hilary Attfield*

Believing that a good book is one that encourages a good discussion, the evening group tries to read an eclectic variety of books: novels, non-fiction, biography, etc. Books are suggested by members and the group tries to have books lined up two to three months in advance. Discussion of the book is always followed by social time to encourage friendship and catch up! New members are welcome and new voices appreciated.

### Campus Club Morning Book Discussion

*3<sup>rd</sup> Tuesday of the month, 10:00 - 11:30 a.m.*

*Facilitator: Lynne Ostrow      Location TBA*

Members of the Morning Book Discussion give input into the selection of books and create a list from the suggestions. The following criteria are used for the selection: at least one non-fiction choice, consideration of local or regional authors, stories with West Virginia ties, recommendations from members who have read a book or reviews of books, and current "buzz" about a book. New members are always welcome.

### Intermediate T'ai Chi

*Saturdays, 11:00 - 11:50 a.m.      Classroom B*

*Facilitators: Cecil Pollard, William Koehler*

This group provides an opportunity for OLLI members who have moved beyond the beginning level to continue practicing together. Enrollment by permission of OLLI.

### Let's Do Lunch!

*(formerly Campus Club Luncheon Group)*

*2<sup>nd</sup> Thursday of the month (Sept. - May)*

*11:30 a.m. - 1:00 p.m.      Facilitator: Dottie Rauch*

*Maximum enrollment: 12*

This group meets once a month to enjoy each other's company while dining at local restaurants. Past lunch spots have included Terra Café, Olive Garden, Red Lobster, Iron Horse Tavern, The Pines, Sargasso's, and Ali Baba's. Suggestions of new dining locations are welcome. Participants pay for their own meals. Restaurants are chosen from suggestions by participants at an organizational meeting to be held in early September.

### Play the Ukulele

*Mondays, 5:30 - 7:00 p.m.      Classroom A*

Join fellow ukulele enthusiasts for a new OLLI special interest group this winter! Participants will play and sing together, share songs and knowledge, and help each other learn. All are welcome, no experience or instrument ownership required. Visit <https://bit.ly/3ALMCVV> for a complete group description.

### Road Trip Dining with Campus Club

*Dates and Times TBD*

*Facilitators: Penny Thomas & Sandra Putnam*

The Campus Club Road Trip Dining Group gathers monthly to dine at recommended, well-rated restaurants in the area, those at a distance (30-50 miles maximum) in the good weather months of March/April through November/December and closer to Morgantown in the deep winter. Rides are always available. An average of 20-25 members, spouses, sometimes adult children, and friends meet at restaurants around 6-6:30 pm on Saturdays or for Sunday brunch to enjoy interesting, fun, friendly company and delicious food. Restaurants are handicapped accessible with ramps and sometimes elevators.

### Twilight Trivia

*3<sup>rd</sup> Tuesday of the month, 7:00 - 8:30 p.m. via Zoom*

Grab a beverage and some snacks, settle into a comfy chair with your laptop, tablet, or smart phone, and test your knowledge of trivia and the trivial against your fellow OLLI members during our monthly virtual game night!

### Walking Outdoors with Campus Club

*Thursdays, 9:00 - 10:00 a.m.*

*Local Trails*

*Facilitator: Hope Covey*

*Maximum enrollment: 12*

The Walking Group meets at various rail trail locations in the community for a one-hour, three-mile round trip walk. Trails are generally level or have gradual elevation and the group is careful to avoid the downtown trail area due to traffic. Recognizing that some members walk faster than others, the groups may spread out in twos and threes to encourage and support each other.

### Writers' Interest Group

*Thursdays, 10:00 - 11:45 a.m.      Classroom A*

Having a hard time finding time to work on your life story, novel, poetry, journal, or letters? Come write in a quiet, comfortable, supportive environment. Bring paper, pen, laptop, etc. There will be at least 1.5 hours of quiet writing time each session.

### Yarn Arts

*Mondays, 12:45 - 2:30 p.m.      Classroom A*

Join your fellow OLLI members to share ideas, patterns, and workshop information and to support each other in knitting, crocheting, needle-point, and other yarn and thread arts.

**Enrollment Closed.**  
Ask about the wait-list.

**Enrollment Closed.**  
Ask about the wait-list.

## The Arts

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### Lap Dulcimer

Judy Werner\*

Mondays, Jan. 24 - Mar. 14

10:00 - 11:45 a.m.

Classroom B & Zoom

The dulcimer is an easy instrument to play, but you can keep learning more forever. No previous musical experience is required. Come and enjoy learning more songs, as well as some new skills (such as simple chords and finger-picking) on your lap dulcimer. This course is designed for those who have some knowledge (but not a lot) on the dulcimer and want to learn more old-time fiddle tunes, waltzes, and patriotic songs. There are some dulcimers available for loan. Please indicate this need when you register.

### Learn to Play the Tin Whistle

Judy Werner\*

Thursdays, Feb. 3 - Mar. 17

10:00 - 11:45 a.m.

Classroom B & Zoom

Be ready to celebrate St. Patrick's Day with some music of Ireland by learning to play the tin whistle. The whistle is an easy instrument to learn with additional complexity to keep you learning for a long time. This beginners class is designed for individuals with little or no musical experience. You will need to have a tin whistle in the Key of D which are available at Fawley's Music in Sabraton or in the OLLI Office.

### The Music of Sergei Rachmaninoff

John Beall

Tuesdays, Jan. 25 - Mar. 15

10:00 - 11:45 a.m.

Classroom B

Join OLLI for a presentation and discussion of the life, career, and music of legendary Russian composer, pianist, and conductor Sergei Rachmaninoff (1873-1943).

### Norman Rockwell, American Artist

Melora Cann\*

Mondays, Feb. 21 & 28

10:00 - 11:45 a.m.

Classroom A♦ & Zoom

Rockwell is best known for his covers on the *Saturday Evening Post* magazine over a period spanning five decades starting in the early 1900s and capturing everyday life, often with a gently humorous touch. Some of his later, most well-known works that honor the "Four Freedoms" are now iconic.

### The Ohio River Floodwall Murals

Jascenna Haislet

Tuesdays, Feb. 22 & Mar. 1

12:45 - 2:30 p.m.

Classroom B & Zoom

American artist Robert Dafford has painted over 400 large scale works of public art across the U.S., Canada, and Europe. In 1988, he began working with communities in the Ohio River Valley, using his talents to help revitalize old downtown districts. Floodwalls along the river, from Pt. Pleasant, WV, to Paducah, KY, serve as canvases for over 200 murals created by Dafford and his team, many depicting the history of the communities. Learn more about this prolific artist and the Ohio River floodwall murals prior to joining OLLI for a possible trip to see some of the work this spring.

### Opera Makes a Comeback

Byron Nelson\*

Wednesdays, Jan. 26 & Feb. 2

10:00 - 11:45 a.m.

Classroom A

The course provides critical analysis and discussion of the Met in HD productions at the Regal Theatre in early 2022 (*Ariadne auf Naxos*, *Don Carlos*, *Turandot*, *Lucia di Lammermoor* and *Hamlet*) and the Pittsburgh Opera's production of *Carmen*.

### Prehistoric European Art

Melora Cann\*

Mondays, Jan. 24 & 31

10:00 - 11:45 a.m.

Classroom A♦ & Zoom

Focusing on cave paintings of Altamira (Spain) and Lascaux (France) and the sculpture of Venus of Willendorf (Germany), participants will learn about early/pre-historic art (77,000 – 15,000 years ago) and explore theories that surround the work as well as theories of the evolution of the creation of art by the human species. In the end, it is a celebration of the visual arts!

### Vincent van Gogh, Artist

Melora Cann\*

Mondays, Feb. 7 & 14

10:00 - 11:45 a.m.

Classroom A♦ & Zoom

Vincent van Gogh was a Dutchman who only found his calling as an artist in his mid-twenties, after working as an assistant art dealer, teacher, and preacher. Both an intellectual and a great believer in the honor of manual labor, van Gogh would use his art to celebrate his life, love of nature, and deep commitment to expression through his paintings and drawings. Extreme emotional distress and possible health issues consumed him during his short life of 37 years, yet he produced some of the world's most impactful and now well-loved images, most notably *Starry Night*.

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**OLLI membership has opened a whole new world for me and has given me a challenging and very rewarding activity for my retirement years.**

**- OLLI member**

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### Business & Retirement Planning

#### The West Virginia Mine Wars: A Business Case Study

Ed Johnson\*

Fridays, Jan. 28 & Feb. 4

12:45 - 2:30 p.m.

Classroom B & Zoom

The class will discuss events of the Mine Wars, from the Paint Creek/Cabin Creek strikes to the Battle of Blair Mountain and then focus on underlying management principles and organizational behavior concepts, including motivation; expectancy; communication; leadership; influence, power, and authority; acceptance; and the psychological contract. Internal and external environments will also be examined.

### Health & Wellness

#### Flexibility and Mobility for Seniors

Miriam Leary & Emily Reinhart

Mondays & Wednesdays

Jan. 24 - Mar. 9

12:30 - 2:00 p.m.

Classroom B

Exercise Physiology interns, supervised by a graduate student from WVU, will share information on how to maintain and improve mobility and flexibility with aging. Each class will include a short educational piece about the benefits of exercise on various aspects of our lives, followed by an instructor-led mobility session for all levels of ability. The class will include chair yoga, some light resistance band exercises, as well as seated exercises.

### Medication Safety and Poison Prevention

Carissa McBurney

Tuesday, Mar. 15, 10:00 - 11:00 a.m.

Classroom B & Zoom

Poisonings can happen to anyone at any time and are not limited to children or individuals with children. Poison knowledge, safety, and prevention are all important for everyone in every stage of life. Medication errors are a form of poisoning. The more medicine that is available in a home, the more chance for medication poisonings. The presenter will discuss poisons, poison prevention, medication safety, and the West Virginia Poison Center.

### Whole Grains Sampling Day 2022

Cindy Gay

Wednesday, Mar. 30, 12:00 - 2:00 p.m.

Classroom A

Join retired dietitian Cindy Gay on Whole Grains Sampling Day and enjoy a soup combo while she details things to make with many whole grains.

### History & Literature

#### History of the Middle Ages: The Dark Ages

Kenton Colvin\*

Wednesdays, Feb. 9 - 23

10:00 - 11:45 a.m.

Classroom B & Zoom

With an emphasis on the Dark Ages, this course will explore the history of Europe and the world in the Middle Ages that lasted from the 5<sup>th</sup> to the 15<sup>th</sup> centuries, from the fall of the Western Roman Empire until the Renaissance. Participants will discuss how this time period affected the whole world, especially the results of the "Black Death" Plague, famine, and persecution. We will learn about men and women who shaped the future and affected justice, knowledge, and innovation of the time, including Alaric, Charles the Hammer, Clovis, Charlemagne, St. Benedict, Empress Theodora, and many others.

### Mind Your Mama! Presidential Mothers and Their Impact

Jack Hammersmith\*

Wednesdays, Mar. 2 & 9

10:00 - 11:45 a.m.

Classroom B & Zoom

Following up the fall course, "President's Wife or First Lady," this one will look at the feminine impact on U.S. presidents from a different perspective: as mothers, not spouses. Unlike the prolific studies of First Ladies, relatively little has been written of maternal influences. Bonnie Angelo's *First Mothers* is a partial exception, but her work covers only recent First Mothers, from domineering Sara Roosevelt through matriarch Barbara Bush. Thus, in lieu of being able to do exhaustive original research, this two-part course will focus largely on those dozen figures, briefly surveying a few additional, influential ones.

### Early Women Landscape Architects in the United States

Barb Howe\*

Thursday, Jan. 27

10:00 - 11:45 a.m.

Classroom B♦ & Zoom

This class will provide a survey of the women landscape architects in the United States who began to be recognized for their work in the late 19<sup>th</sup> century. Beatrix Jones Farrand, the niece of Edith Wharton, was the best known member of this pioneering group.

**\* Look for the asterisk next to instructor names.**

An asterisk next to an instructor's name indicates that the instructor is a member of the OLLI Honor Roll and has taught at least 10 courses and 60 class session hours.

### Homefront WWII America

Russ Hutchins

Fridays, Feb. 18 - Mar. 4

10:00 - 11:30 a.m.

Classroom A♦ & Zoom

Come join us to go back to 1939-1946 to visit the times in America during WWII. We will discuss rationing, women going to work, and children being affected by fathers and brothers being away to war. War bonds, Walter Winchell, Edgar R. Morrow, scrap metal drives and Movie Tone news will all play a role in how Americans made do during the war years. Hard times and news from the front by radio and newspapers made life very hard for the greatest generation. We will take a look at the Atomic Ladies as well as Rosie the Riveters playing a part in keeping the home front going while the men were away. The music of Glen Miller Tommy Dorsey and the movies of John Wayne and Humphrey Bogart made swing the way to dance.

### The Titanic: A Group Discussion

Justin Semack

Thursdays, Jan. 27, 12:45 - 2:30 p.m.

Classroom A

The lore of the Titanic is well-known. Numerous books and movies have explored different stories, both fact and fiction, of what happened on the fateful night in 1912. Join OLLI for a deeper discussion of some of the more difficult questions surrounding this tragic event, including who was most at fault for the sinking, why did most of the passengers act so orderly, and perhaps the hardest question of all - what do you think you would have done in that situation?

### Hobbies & Interests

#### Introduction to Model Railroading

Kenton Colvin\*

Saturday, Jan. 22

10:00 a.m. - 12:00 p.m.

Classroom A

*Share this OLLI experience with a grandchild, adult child, or other family member or friend who enjoys model railroading! Ask the OLLI office for a guest pass when registering.*

Model railroading is much more than playing with trains. Learn about the hobby and why many men and women are fascinated with the building of model train layouts or just modeling structures or making a diorama. Learn about what scale means and what are the different sizes of modeling gauges. What is the difference in modeling a prototype railroad or doing a freelance model? Learn about the skills that are developed: researching, designing, construction, building, electrical, carpentry, painting, and much more. Learn about the National Model Railroad Association and the local model train club of Morgantown located in the Mountaineer Mall.

#### Single Copy Book Publishing

Wallace Venable\*

Tuesday, Mar. 8, 10:00 - 11:45 a.m.

Classroom B & Zoom

Printing, copy machine, and PC printer technologies have evolved and merged to the point that it is now possible to print an inexpensive single copy of that book you wrote! This class will describe the instructor's experiences in publishing Norma Venable's *Tales of Dunkard Ridge* through Amazon's Kindle Direct Publishing. All of the work was done on a computer at home using an office and a graphics package to create two PDFs.

### Philosophy & Religion

#### Encounters with the Midrash: What Rabbinical Legends Teach Us About the Bible and Ourselves

Rabbi Joe Blair & Rabbi Victor Urecki

Tuesdays, Jan. 25 - Feb. 15

1:00 - 2:30 p.m.

Classroom A♦ & Zoom

An introduction to the Midrash, the classic rabbinic texts that incorporate folklore, legends, background material for stories in the Bible, and moral teachings. We will learn about this form of Jewish scholarship, look at the authority and weight it carries, and read multiple stories that will showcase and highlight the broad range and rich diversity of this form of literary endeavor that exists in Judaism.

### Science & Math

#### A. D. Hopkins, Father of American Entomology

Jim Rentch

Thursday, Feb. 24, 12:45 - 2:30 p.m.

Classroom B & Zoom

Andrew D. Hopkins was born in 1857 on a farm in Jackson County, WV. His formal education was limited to high school. When 32, he convinced the director of the WV Agricultural Experiment Station to hire him as station entomologist. He went on to investigate large insect infestations in spruce and pine forests in WV. In 1899, he began collaborating with the USDA Bureau of Entomology, investigating insect outbreaks in Maine, South Dakota, the Pacific Northwest, and the South. The authority, diversity, and volume of Hopkins' publications is unmatched and he is today still considered "the father of American entomology."

### Bison (Buffalo) in West Virginia

Jim Rentch

Thursday, Feb. 17, 12:45 - 2:30 p.m.  
Classroom B & Zoom

The bison is an iconic American symbol and the national mammal. At the time of European settlement, as many as 60 million bison roamed the Great Plains of the U.S. and Canada. Less appreciated is the fact that as many as four million could be found east of the Mississippi River, including a large portion of West Virginia. This talk will present recent research in WV that led to a detailed map of old buffalo traces that crisscrossed the state. These traces later became Native American trails, then trails for early settlers, and finally, a number of major U.S. highways.

### Donora, PA—Where the Clean Air Movement Started

Jim Rentch

Thursday, Mar. 3, 12:45 - 2:30 p.m.  
Classroom B & Zoom

In 1900, West Columbia, PA, was a rural crossroads of 12 people along the Monongahela River. Two years later, it was an industrial town of 5,000 called Donora, home to the world's largest nail mill and what would become the world's largest zinc smelter. In October 1948, a temperature inversion trapped mill emissions—a toxic mixture of sulfuric acid, fluorine, carbon monoxide, and airborne heavy metals—at ground level. The effect was deadly. Four days later, the poisonous air had killed 20 people, hospitalized 50, and 7,000 people were treated for respiratory ailments.

### Einstein's Oeuvre Beyond His Famous $E = mc^2$

Sumitra Reddy\*

Thursday, Feb. 3, 12:45 - 2:30 p.m.  
Classroom A♦ & Zoom

A century ago, Albert Einstein (1879 -1955) received the 1921 Nobel Prize in Physics. The Nobel Prize was not for his Special and General Theory of

Relativity but rather, “for his services to Theoretical Physics, and especially for his discovery of the law of the photoelectric effect.” Einstein’s contributions to modern physics led scientists to look at energy, matter, gravity, space, and time in a new way. Einstein’s other pioneering works, including the theory of Brownian Movement, refrigerators without moving parts, Unified Field Theory, Bose-Einstein Condensate, and more will be briefly described in the class.

### Geological History of Climate Change

Richard Smosna\*

Mondays & Wednesdays  
Jan. 24 - Feb. 16, 3:00 - 4:30 p.m.  
Classroom A

For four billion years, Earth has experienced climate change, almost continuously (on a geological time scale) and often dramatically. This course will address some of the more notable developments, including ice ages, green houses, super volcanoes, and meteor impacts. Special attention will be paid to the past 50 million years which serve as an excellent model for what may be in store for us in the next century.

### Social Sciences, Political & Current Events

#### Contemporary Economic Policy

Jon Haveman, National Economic Education Delegation  
Thursdays, Jan. 27 - Mar. 3  
3:00 - 4:45 p.m.  
Classroom A♦ & Zoom

Economics plays a central role in the functioning of every aspect of society. This course will address a set of prominent policy issues where economics is at their core. We will explore their origins as policy matters, the underlying data and evidence, and what policy levers are available to deal with them. Lectures will be standalone, taught by a subject matter expert with a

PhD in Economics. Potential topics include Climate Change, Healthcare Economics, Economic Inequality, and many more. The topics presented will be determined by what is most topical at the time of the course.

### Food Justice in Appalachia Exhibition Tour & Discussion

Sally Brown & Joshua Lohnes  
Thursday, Mar. 17, 1:00 - 2:00 p.m.  
WVU Downtown Library

Joshua Lohnes will lead a tour around the *Food Justice in Appalachia* exhibit at the WVU Downtown Library, followed by a presentation and discussion around food security and insecurity in our region. Light refreshments will be served. Libraries Exhibits Coordinator Sally Brown will facilitate. More information on the exhibition can be found at <https://exhibits.lib.wvu.edu/exhibits/food-justice-in-appalachia>.

### The New Yorker Discussion Group

Margot Racin\*

Tuesdays, Jan. 25 - Mar. 1  
10:00 - 11:45 a.m.  
Zoom

Join us to discuss a range of topics from recent issues of *The New Yorker*. Members of the group choose articles, fiction, and topics to be discussed each week. All viewpoints welcome! A subscription to *The New Yorker* is strongly recommended.

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**You cannot help but get excited about the subject when the instructor is so passionate and knowledgeable about it.**  
- OLLI member

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## Winter 2022 Classes

### Technology & Training

#### Immortality: When Can I Upload My Memories into the Cloud?

Allie Karshenas  
Friday, Mar. 11, 3:00 - 4:30 p.m.  
Classroom B & Zoom

In recent decades, the possibility of hacking the human mind has become the center-stage discussion among scientific communities. As our understanding and integrated knowledge around the operational modalities of the brain expand into new frontiers of neurobiology and neurocognitive sciences, we will be able to apply powerful tools like Artificial Intelligence (AI), Brain-to-Brain (BTB) interface, and XR (extended reality) technologies to get closer to uploading our memories and experiences into a virtual cloud that will allow us to live an immortal life.

#### Technology Security

Michelle Klishis\*  
Wednesday, Mar. 16  
10:00 a.m. - 12:45 p.m.  
Classroom B & Zoom

"If you are not paying for it, then YOU are the PRODUCT." As more of our lives become digitized, it's important to make sure you are being safe with your electronic gadgets and online information. Anti-virus, malware, hacking, identity theft all make computers and smart phones sound terrifying. But there are simple steps you can take to make your data more secure and to feel more comfortable surfing the web and shopping online.

### Travel & Adventure

#### Hiking the New River Gorge National Park

Michelle Klishis  
Wednesday, Jan. 26  
10:00 - 11:45 a.m.  
Classroom B & Zoom

Encore

In 2020, the New River Gorge Area was designated as the 63<sup>rd</sup> National Park. It is also a National Preserve. This nearly 69,000 acre area is far more than just the New River Gorge Bridge. Join Michelle for pictures as well as recommendations for places to visit and hike.

#### Hiking the Monongahela National Forest

Michelle Klishis  
Wednesday, Feb. 2  
10:00 - 11:45 a.m.  
Classroom B & Zoom

Encore

Established in 1920, the Monongahela National Forest has six separate ranger districts and covers 1.7 million acres in ten WV counties, including Seneca Rocks and Dolly Sods. Enjoy a brief tour of areas from Canaan Mountain Backcountry to Tea Creek and learn a little more about this amazing area of our state.

### Follow OLLI at WVU Online

Find out when the latest catalog will be available online, see pictures from classes, learn about special events, and read interesting articles from a variety of sources.

#### Friday e-bulletin & Emails

Be sure you're signed up for our email list so you don't miss any special news, messages from your instructors, receipts for registration, and more. You can also access the latest news directly by visiting the WordPress link below.

Email [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu) to be added to OLLI's email list.

*OLLI does not share your email address. We use your address only to inform you of important OLLI information and upcoming events.*



Facebook (Osher Lifelong Learning Institute at WVU)



Instagram ([olliatwvu](https://www.instagram.com/olliatwvu))



Twitter ([olliatwvu](https://twitter.com/olliatwvu))



Wordpress ([olliatwvu.wpcomstaging.com/](https://olliatwvu.wpcomstaging.com/))

### Travel with Collette

#### Discover Bluegrass Country & the Smoky Mountains

October 13 - 21, 2022  
9 Days • 13 Meals

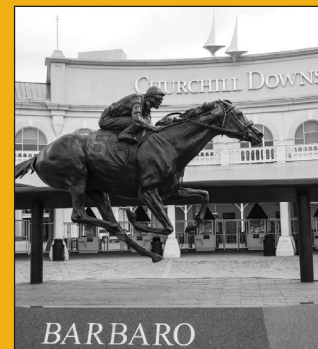
Double: \$2,999\*  
Single: \$3,899\*

\*see website for details

Highlights include: Churchill Downs, Kentucky Derby, Old Louisville Walking Tour, Buffalo Trace Bourbon Distillery, Lexington Horse Farms, Great Smoky Mountains National Park, Anakeesta, Asheville, and Biltmore Estate.

Reservation deadline: April 6, 2022  
Final payment due August 14, 2022

For more information, visit  
<https://gateway.gocollette.com/link/1052892>





## Volunteer for OLLI

# Members like you make all this happen!

As a non-profit membership organization, OLLI depends on the generous support of our volunteers. Volunteers are the lifeblood of our program, helping to ensure that OLLI is able to provide the highest quality courses, lectures, workshops, trips, and more for our members.

Your volunteer experience can be molded to fit your interests, talents, and schedule. Opportunities may be short-term project-oriented tasks or ongoing general support, team or solo tasks, on-site or in the community. All members have something to offer and are encouraged to share their time and expertise with their peers.

### Ambassadors

OLLI Ambassadors help spread the word about our program by sharing their experiences and inviting friends, family, and others to join them for a class.

### Board Members\*

The Board of Directors is the governing body of OLLI at WVU, providing leadership to committees and staff. With input from the committees, the Board establishes organizational priorities and financial and program policies. Board members are elected by the membership to serve a two-year term and may be re-elected for a second term.

### Class Hosts

Class hosts greet members and ask them to sign in as they arrive for a class, remind members to turn off their cell phones, introduce the instructor, assist with class needs, and distribute course feedback forms.

### Event Hosts and Staff

OLLI sponsors several open houses and special events throughout the year. Volunteers are needed to assist with shopping, set-up, and greeting visitors before, during, and after the event.

### Instructors

Our program depends on the generosity of our volunteer instructors to teach the quality courses and learning experiences offered throughout the year. OLLI instructors, drawn from all walks of life, share their knowledge and expertise of their chosen careers, fields of study, or hobbies about which they are passionate. Free from tests or grades, instructors experience the joy of teaching students who are enthusiastic, engaged and eager to learn.

**Volunteers are our Superheroes!**

### Office Support

Sometimes we just need a little help around the office. Volunteers can help by refreshing the coffee in the member lounge, answering the phones, making copies, filing, and other light administrative duties.

### Project Team Member

Perhaps you have a special skill that OLLI could take advantage of for a specific project. Are you fluent in Adobe InDesign or video-editing? Or are you handy with a paint brush or power tools? Do your talents include fundraising or organizing? There are several projects on which we can use your help!

### Registration Assistants

The first week of class registration each term is a busy one for the office staff. Volunteers can answer questions and help members register for classes. If you're comfortable with computers and online shopping, we can teach you how you can help.

### Standing and Ad Hoc Committees\*

OLLI has several standing committees that work together to keep our program running. A list of committees can be found on OLLI's website at <https://olliatwvu.org/about-us/committees/>.

### Technical Assistants

The introduction of hybrid classes to OLLI brings the need for help running Zoom in the classroom. If you're comfortable with computers, we can teach you how you can help.

### How to Become a Volunteer

To become an OLLI volunteer, contact the OLLI office at 304-293-1793 or submit the Volunteer Information Form online at <http://www.olliatwvu.org>.

\* To review official descriptions of the OLLI Board of Directors and committees, please refer to the By-Laws, available online at [olliatwvu.org](http://olliatwvu.org), in the OLLI office, or in the member lounge.

# Instructor Biographies

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**John Beall** was born in Belton, Texas, in 1942, and grew up in the coastal city of Beaumont. He graduated from Baylor University and The Eastman School. Dr. Beall was Professor of Music and Composer-in-Residence at West Virginia University from 1978 until 2014. In 1990, he was named Benedum Distinguished Scholar for the Humanities and Performing Arts by WVU.

**Rabbi Joe Blair** is the religious and spiritual leader of Temple Israel in Charleston, WV. He has taught several other courses for OLLI.

**Sally Brown** is Exhibits Coordinator for WVU Libraries. She holds an MA-Art History from WVU, MPA-Nonprofit Administration from University Nebraska-Omaha, and a BA-Drawing from University Nebraska-Lincoln. She has collaboratively curated several exhibitions for WVU since 2017 and several independently around the region. She also publishes reviews of art for various publications and creates her own artwork.

**\*Melora Cann** has been an educator / art educator for over 40 years. She has studied art history internationally in Italy, the Netherlands, Spain, Great Britain, Germany and Mexico. She has lived and taught in the United States, Canada, Portugal (Azores), and in northern Italy, and now shares her passion for art with OLLI.

**\*Kenton Colvin** retired from WVU Student Life after 18 years. Previously, he spent 26 years in manufacturing management with six corporations, including 13 years in the mining industry. He has a Masters Degree in Industrial and Systems Engineering and has taught engineering courses for 26 years. He is vice president of the Mon Valley Railroad Historical Society and enjoys reading and teaching history.

**Cindy Gay**, a dietitian working in West Virginia for 40 years, has planned and served recipes and meals for 1,000 customers a day. She now enjoys planning healthy meals and recipes for a few. Cindy and her staff at the Health Sciences Center Cafeteria were recognized for their healthy dining environment and for serving whole grain choices at every meal.

**Jascenna Haislet** is a devoted art enthusiast who enjoys delving into history, current events, and new experiences.

**\*Jack Hammersmith**, retired from the WVU history department since 2016, has offered many OLLI classes on travel and East Asia but mostly events and personalities in U.S. history. Thanks to your interest, support, questions and comments, he has kept alive intellectually without having to award all of you A's and ruining a 48-year reputation of being a strict grade taskmaster!

**Jon Haveman** is the Executive Director of the National Economic Education Delegation (NEED). He has a reputation for providing audiences with credible economic information that is readily useful in their work and private lives. Dr. Haveman was previously a Senior Economist with the President's Council of Economic Advisers and he also held a faculty position in the Business School at Purdue University. He holds a PhD in Economics from the University of Michigan.

**\*Barb Howe** taught a version of this class in 2013. She is retired from WVU, where she taught American women's history and historic preservation classes.

**Russ T. Hutchins**, ED.Sp, is currently a professor at Friends University-Topeka, teaching U.S. History, Western Civilization, Economics, Business, Philosophy, and Business Management. He is a former school administrator and teacher with a Specialist Degree in School Administration, a graduate degree in Curriculum/Instruction, and a Bachelor's degree in Secondary Education. Hutchins lectures for OLLIs on topics surrounding WWII and the mystery of Amelia Earhart's disappearance, women spies, and women aviators.

**\*Ed Johnson** is the creator and curator of [www.mh3wv.org](http://www.mh3wv.org), a website for West Virginia Studies students and educators; he was a long time business professor and a former cast member at Walt Disney World.

**Dr. Allie Karshenas** is the Associate Vice President of Clinical Research Operations and Institutional Advancement at Robert C. Byrd Health Sciences Campus of West Virginia University, the AVP for the HSC's Global Engagement Programs, the Director of Technology Commercialization, and Associate Professor of Pharmaceutical Systems and Compliance at the School of Pharmacy at WVU.

**\*Michelle Klishis**, OLLI's professional technologist, is a jack-of-all-trades and certifiable geek. Her degree in biology and work in a microbiology lab gave her absolutely no preparation for becoming a technology consultant, yet here we are.

**\*William Koehler**, DMA, has studied and practiced T'ai Chi over a period of 25 years, including the Cheng Man-ch'ing 37 posture Yang style, "Small Space T'ai Chi," and the Yang 24 posture form. He studied for five years with Robert Larsen, a student of Cheng Man-ch'ing.

**Miriam Leary** is a teaching assistant professor in the division of exercise physiology at WVU and a co-director of student internship.

**Joshua Lohnes** studies the moral, political, and economic place of food in the wider economy. He currently serves as the Food Policy Research director in the Food Justice Lab, developing action research projects through data sharing tools and planning resources that support the development of food policy and anti-hunger coalitions in West Virginia and beyond.

**Carissa McBurney** is the Community Outreach Coordinator for the WV Poison Center. She has served in her role for 11 years. Throughout WV, McBurney teaches on poison prevention, medication safety, and the West Virginia Poison Center. Carissa graduated from WVU with a degree in Journalism/Public Relations with a Communication Studies minor and a Masters degree in Public Administration with a health care certificate.

**\*Byron Nelson** is a retired English professor at WVU. He has taught OLLI courses on Shakespeare, opera and Broadway musicals.

## Instructor Biographies

\***Cecil Pollard** has been practicing T'ai Chi for almost five years under several different instructors. He has experience teaching this class, but doesn't consider himself an expert. He continues to take classes when possible.

\***Margot Racin** is retired after 30 years in the WVU English Department. She has coordinated *The New Yorker* discussions in previous terms and looks forward to even more stimulating discussions.

\***Sumitra Reddy** grew up in Calcutta (now Kolkata), India, came to the U.S. for graduate studies and received her PhD degree in Physics.

**Emily Reinhart** is the Exercise Physiology Masters student in charge of our Community Exercise is Medicine Program. After participating in Professional field experience during her time as an undergraduate at WVU, she found her love for exercise and helping others. She is originally from Northern Virginia but is now proud to call West Virginia her home sweet home. She hopes to continue her education to become a physical therapist.

**Jim Rentch** is a life-long West Virginian and a retired forestry instructor and researcher from WVU. Since retirement, he has enjoyed giving classes in OLLI on the natural history of West Virginia, particularly using historic photographs.

**Justin Semack** is an amateur historian and antique collector. He has read voluminous materials on the Titanic, augmented by online and cinema mediums and visits to some of the Titanic artifact museums.

\***Richard Smosna** is an emeritus professor at WVU who has taught geology for over 35 years, presenting courses in environmental hazards, history of Earth, dinosaurs, human evolution, oceanography, and petroleum.

**Rabbi Victor Urecki** has served at B'nai Jacob Synagogue for over 35 years. In that time, he has taught multiple courses for OLLI.

\***Wally Venable** is an emeritus professor at WVU. He has been involved in publishing magazines and books for over 50 years.

\***Judy Werner** has enjoyed playing the lap dulcimer for more than 12 years and she plays in two different dulcimer groups. She likes old-time traditional music and enjoys going to concerts and music festivals. She continues to direct the Gardner Winter Music Festival held every February. She also enjoys playing the tin whistle and the bowed psaltery.

\***Susan Hall Witt** is a stained glass and watercolor artist. She teaches stained glass for the community schools program and continues to take classes and workshops to improve her skills.

\* Donotes Honor Roll instructor.

## OLLI Policies & Procedures

### Class Disclaimer

OLLI at WVU presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial, or other professional advice and services. Information presented in an OLLI program should not be used as a substitute for consultation with a professional legal, medical, financial, or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial, or other competent adviser.

All information is provided "as is," with no guarantee of completeness, accuracy, timelines or of the results obtained from the use of the information, and without warranty of any kind, expressed or implied, including, but not limited to warranties of performance, merchantability, and fitness for a particular purpose. Neither OLLI at WVU nor its information providers will be responsible to any program participant or anyone else for any decision made or action taken in reliance on the information presented by OLLI at WVU, or for any consequential, special or similar damages, even if advised of the possibility of such damages.

### Classroom Etiquette

OLLI instructors are volunteering their time and talents. Please be respectful of your course instructors and fellow participants by:

- staying on topic during discussions
- attending only courses for which you have registered

Exposure to new and different ideas is what OLLI is all about – we encourage you to embrace this philosophy and be respectful in classroom discussions.

### Liability Disclaimer

Individuals acknowledge and assume any and all risk associated with participation in OLLI at WVU activities. OLLI at WVU makes no representation regarding the appropriateness of any activity for an individual. OLLI at WVU disclaims any and all liability for each individual's participation in any activities. If a course involves physical activity, participants are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended that participants consult their physician before participating in physical activity.

### Personal Assistive Hearing Devices

OLLI classrooms A and B are now equipped with personal assistive hearing devices for member use. A small personal receiver enhances sound projected through the audio-visual system in the classroom. Users may choose to use ear-buds, surround earphones, or a headset. Some hearing aids are able to use a neckloop telecoil coupler. To use a personal assistive hearing device, come to the OLLI office prior to your class to sign one out.

### Non-Discrimination Statement

WVU is an EEO/Affirmative Action Employer. Underrepresented class members are encouraged to apply. This includes minorities, females, individuals with disabilities, and veterans.

### Refunds

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.



## ***OLLI at WVU - Your Next Adventure Begins Here***

### **Winter registration begins Jan. 10**

Phone: 304-293-1793

Website: [www.ollivvu.org](http://www.ollivvu.org)

Email: [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu)

#### **Benefits of OLLI Membership**

Staying intellectually stimulated and socially active are proven components of healthy aging. Membership in OLLI provides these benefits through:

- More than 200 courses and activities per year in such areas as the arts, health and wellness, humanities, math and science, technology, and more.
- Social events
- Travel programs
- Interest Groups
- Volunteer opportunities