



Fall 2021 Course Catalog

Registration begins
Sept. 20

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About OLLI at WVU

Dedicated to enriching the lives of older adults throughout West Virginia, the Osher Lifelong Learning Institute at West Virginia University (OLLI at WVU), an affiliate of the WVU School of Public Health, is a member-driven organization whose mission is to promote connection, curiosity, exploration, discovery, and discussion through learning and social engagement in non-credit classes, lectures, field trips, and events designed for adults 50+.

OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:

- The Bernard Osher Foundation
- West Virginia University, President's Office
- WVU Foundation
- WVU School of Public Health (SPH)
- OLLI Board Members, Committee Members, and Volunteers
- OLLI \$100K Club, Donors, and Sponsors
- Our Distinguished Instructors
- OLLI Members

OLLI stimulates one's mind with great courses and provides social interaction to enliven the whole person.

- OLLI member

The Bernard Osher Foundation

The Bernard Osher Foundation seeks to improve quality of life through the support of lifelong learning institutes such as OLLI at WVU. The Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. The Foundation has now funded 125 Osher Lifelong Learning Institutes on campuses of colleges and universities from Maine to Hawaii. Funding for OLLI is contingent upon membership growth goals, so **membership matters**. To learn more about the Bernard Osher Foundation, please visit their website at www.osherfoundation.org.

OLLI Board of Directors (2021-2022)

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OLLI Staff

Jascenna Haislet, Director
Michelle Klishis, Professional Technologist
Diane Cale, Program Assistant
Susan Martino, Program Assistant

OLLI Office Hours

9:00 a.m. - 5:00 p.m. Monday - Thursday
9:00 a.m. - 4:00 p.m. Friday
Closed Saturdays, Sundays, and University holidays

Contact Us

Osher Lifelong Learning Institute at WVU
Mountaineer Mall, Suite C-17
5000 Green Bag Rd. • Morgantown, WV 26501

(304) 293-1793 • www.olliwvu.org • olli@hsc.wvu.edu

From Our President

Dear OLLI family,

As I write this, WVU classes are about to begin and new, ever-changing COVID restrictions have been announced for the campus community in an attempt to protect the personal safety of students, faculty, and staff. Although the governor hasn't issued new mask mandates yet, OLLI strongly encourages everyone to wear masks in indoor settings.

I think you will agree with me that we are tired of all things COVID. Each night, the news broadcasters regale us with news about vaccination statistics, mandates, bans on mandates, or even new variants of the virus.

We do have options. We can:

- a) choose not to watch the news;
- b) just ignore everything they say; or
- c) stay aware and vigilant, as we have been doing.

There is another option though. I would like to propose that you consider signing up for fall term OLLI classes to take you into a world of learning about new (non-COVID) topics. Our instructors will be teaching exciting new classes and, hopefully, we will be able to take classes safely in-person again or via Zoom, as we have been doing for the past eighteen months. We may not have seen each other in person for some time but we can still engage with each other in our OLLI classes, whether in our classrooms or online. You can also join your friends during monthly trivia games or hike with Michelle in local or state parks or forests. And we have plenty of special interest groups available too.

So turn off the TV and fire up your computer, phone, or tablet for a new OLLI course. Or better yet, join us in person this October as we start our new fall term.

Hope to see each of you soon!

Beverly Kerr
President
OLLI Board of Directors



From Our Director

Curiosity is the wick in the candle of learning.

William Arthur Ward

As a lifelong learning program, OLLI supports and encourages curiosity. We know that curiosity is beneficial to one's intellectual health and growth. But did you know that curiosity also has psychological, emotional, and social benefits as well? Research shows that curious people are happier people with greater empathy and stronger personal relationships.

So, what are you curious about? The Osher Lifelong Learning Institute at WVU is offering over 60 classes, workshops, interest groups, and social opportunities to peak your interest this fall. From the art and music classes to travel and adventure, OLLI has something for everyone. Whether you join us in-person or on Zoom, we hope to see you at OLLI!

As you browse this catalog and plan your personal OLLI fall calendar, I encourage you to read the information on page 5 that explains your options for participating and the safety protocols OLLI has in place. Please remember that while we currently plan to stick to the schedule and policies printed here, we are living in a fluid situation with the ongoing pandemic and things may change as necessary for the protection of us all.

The enclosed registration form looks a little different now to reflect your options for participation. Please read it carefully to be sure you are signing up for your preferred class participation method.

We also strongly encourage you to register online at <https://wvusph-olli.augusoft.net/> or by calling the OLLI office at 304-293-1793. Over the past year, mail delivery has slowed and we don't want you to miss a class because your check didn't arrive in a timely fashion. Please note that you will need a credit or debit card to register online or over the phone. If you wish to pay by check, you can visit the OLLI office at the Mountaineer Mall.

To keep up the changes, be sure you are receiving OLLI's weekly email bulletin, which is delivered to your inbox by noon on Fridays from OLLI at WVU. If you're not receiving it, check your spam, junk, or promotions folders in case it has landed there or email olli@hsc.wvu.edu to confirm that you are on the list. You can also visit the News tab at olliwvu.org to see the latest announcements, schedules, features, and more.

We are excited at the prospect of welcoming our members back to in-person learning but recognize the challenges our new normal may bring. If you have questions or concerns, please call us or email olli@hsc.wvu.edu. We are here to help!

Jascenna Haislet
Director, OLLI at WVU

OLLI Membership

Membership is open to curious adults interested in programs designed specifically for those 50 and over who want to engage socially and intellectually.

The Benefits of OLLI Membership

- *The opportunity to learn and to meet new friends.*
- *Discounts on travel and events in the community.*
- *At least one free Special Member Event per term.*
- *Access to the OLLI collection of Great Courses DVDs and books.*
- *Access to OLLI Member Lounge and Computer Lab.*
- *Weekly email bulletin.*
- *A voice in OLLI governance.*
- *The right to be added to a course wait list.*

**Annual membership
is \$30**

Membership year runs
July 1st to June 30th.

Term Registration Fee

- **Unlimited courses for \$30 per term** with membership.
- Other fees may apply and are noted on individual courses, events, or groups.
- **Special Member Events are free** to all current OLLI members unless otherwise noted.

Financial Assistance Available

OLLI at WVU tries to keep fees to a minimum while providing the highest quality experiences to our members. However, we recognize that membership and registration fees may be out of the reach of some individuals. Therefore, fee waivers are available. To apply, ask for a confidential application at the OLLI office or fill out the form on our website at www.ollivvu.org.

How to Register

Fall term runs October 1st through December 19th.

To register, you must have a current membership and have paid the required fees for the term.

Individuals may purchase or renew a membership and register for classes in any of the following ways:

- Online at www.ollivvu.org.
- Call the OLLI office at 304-293-1793.
- By mail, using the enclosed membership/registration form.

Please make checks payable to the WVU Foundation.
*If you pay with a credit or debit card, the charge will show as:
West Virginia Treasury Basics*

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.

Fall Registration begins September 20, 2021

OLLI membership has opened a whole new world for me and has given me a challenging and very rewarding activity for my retirement years.

- OLLI member

Mark Your Calendar!

Important Dates

Sept. 22	A Taste of OLLI Virtual Open House
Sept. 23	Irving Goodman Aging Lecture
Sept. 29	OLLI Welcome Back Party
Oct. 1	Fall term begins
Nov. 1	Winter course proposals due
Dec. 22 - Jan. 2	Winter holiday, OLLI offices closed
Jan. 10	Winter registration begins
Jan. 12	OLLI Open House
Jan. 18	Spring course proposals due
Jan. 24	Winter term begins
Mar. 21	Spring registration begins
Mar. 23	OLLI Open House
Apr. 4	Spring term begins
May 16	Summer course proposals due
June 20	Summer registration begins

How to Take an OLLI Class

This fall, OLLI classes and events may be offered in one of four ways for members to participate. These include:

- **In-person only** - Instructor will be present in the classroom with OLLI members. Classroom location is listed in description.
- **Online only** - Instructor and participants will meet via Zoom, as stated in class description.
- **Hybrid** - Instructor will be present in the classroom with OLLI members. Other members can participate via Zoom. Classroom location is listed in description.
- **Hybrid with streaming** - Instructor will not be in the classroom but teaching via Zoom. The class will be streamed to an OLLI classroom. OLLI members can participate via Zoom at home or come to an OLLI classroom to do so. These classes are indicated by the symbol ♦ next to the classroom location.

When registering for hybrid or hybrid with streaming classes, please indicate on the form in which ways you would prefer to participate. **Note that if you register for Zoom, you will not be allowed into the physical classroom.**

Zoom links will be emailed to all participants in online and hybrid classes by 9:00 a.m. the morning of the class/event. **Please check your inbox, as well as spam and junk boxes, for the email at least 30 minutes prior to the start of your class.** If you do not see an email for your class, call the OLLI office at 304-293-1793. We're happy to resend the email.

**IMPORTANT
Please read**

Need assistance with Zoom?

Interested in taking an OLLI class this fall but not sure how to use the online meeting software, Zoom? OLLI's professional technologist, Michelle Klishis, will walk you through the steps you'll need to take, from downloading and installing the Zoom app on your device, to entering the virtual classroom, to using the chat function, and more. If you don't have a computer or personal electronic device, learn how you can join Zoom with your phone. Contact the OLLI office to arrange a session.

Technical Assistants Needed

OLLI is seeking volunteers at home and in the classroom to assist instructors teaching Zoom and hybrid classes. Volunteers will operate the technology that delivers OLLI classes to our members online. OLLI will provide training so no experience is necessary. Email olli@hsc.wvu.edu for more information or to volunteer.

Volunteers assisting 12 hours or more during a term will receive an OLLI gift card.

Return to Classroom Health & Safety Protocols

- **Please Mask Up** - OLLI members, guests, and volunteers who are not vaccinated are expected to wear a mask while in indoor classrooms and offices and in a group of people outdoors. Vaccinated individuals are encouraged to wear a mask as well. When wearing a mask, please be sure it is covering your nose and chin. **Masks may be required for a class hosted in a location other than an OLLI classroom. OLLI is happy to provide you with a disposable mask if you need one during a class. Just ask your class host.**
- **Wash Your Hands** - Hand sanitizer will be available in each classroom and the member lounge.
- **Physical Distancing** - Although six feet may not always been possible, please keep space between yourself and other members in the class.
- **Cleaning** - Surfaces in OLLI classrooms will be wiped down nightly. Disposable wipes will be available in the classrooms if you wish to wipe off a table prior to sitting.

Over the summer, OLLI installed **upgraded air filters and UV lamps in the HVAC systems** to better clean the air in our classrooms.

Per WVU policy, OLLI is not requiring vaccination against COVID-19 as of publication. However, the situation is fluid and changes will be made as necessary.



What Will Your Legacy Be?

Lifelong learners value education - for themselves and others.

Osher Lifelong Learning Institute (OLLI) at WVU exists because of the unique experiences, capabilities, and wisdom of mature members of the community.

Daily we see the educational and social impact OLLI has on members. Funded through membership fees, donations, and grants, OLLI benefits from the generosity of like-minded lifelong learners. Each gift allows meaningful work that would not have happened otherwise.

Your consideration of a gift today or in the future for OLLI at WVU will benefit the programs and help secure your OLLI legacy.

Every gift has an impact.

With a variety of giving options, you can choose the gift that works best for you!

For more information, contact the OLLI office at 304-293-1793.

To give today, visit <http://olliwvu.org/make-a-gift/> or add your tax-deductible donation to the enclosed class registration form.

Thank you for your continued support of lifelong learning and OLLI at WVU.

Giving Today

- Give an **IRA gift**. Giving directly from your IRA, i.e., "charitable IRA rollover," to OLLI is considered part of your required minimum distribution (RMDI), yet is not reported as income for tax purposes, nor do you receive a charitable income tax deduction.
- Donate **securities**, i.e., stocks. You avoid capital gains taxes on the increased value.
- Give a gift that provides income to you. By **giving an asset (e.g., cash or securities/stocks) away**, it is possible to receive payments for your lifetime with a higher rate of return than you may be receiving now.
- Of course, **cash** is always an option.
- Give from a **donor-advised fund**. Gifts from these funds can also benefit OLLI at WVU.

Giving Tomorrow

- Provide a gift in your will (bequest), trust, or estate plan.
- Provide a gift through your retirement account, including IRA/Roth IRA or pension plan. List OLLI at WVU as a beneficiary or contingent beneficiary on plan documents.
- Donate a life insurance or annuity policy by listing OLLI at WVU as a beneficiary or as owner and beneficiary on plan documents.



The Village at Heritage Point

Inspired senior living in the heart of Morgantown

The Village at Heritage Point is proud to be a sponsor of OLLI at WVU.

Please call 304-285-5575 or visit www.Heritage-Point.com

A Taste of OLLI

a Virtual Open House

Wednesday, Sept. 22, 3:00 - 4:30 p.m.
Free and open to the public

Register at <https://bit.ly/3AJVBXT>
or join us on Facebook Live!



*Learn how you can stay engaged and connected this fall with OLLI classes.
Hear from instructors and meet other OLLI members!*

OLLI Welcome Back Party

**Wednesday, Sept. 29
2:00 - 4:00 p.m.**

Monongalia County Extension Services
& 4-H Center @ Mylan Park

Reconnect with old friends.

Chat with OLLI staff, board members, &
instructors.

Enjoy an afternoon of fun & games!

Featuring

Brush Up Your Shakespeare,
an interactive presentation with Rudy Almasy,
OLLI member and WVU Emeritis Professor of English

**Free & Open to the Public!
ALL ARE WELCOME**

Fall 2021 Schedule at a Glance

Class, Instructor	Date(s)	Time	Location	Page #
Monday				
Yarn Arts	Oct. 4 - Dec. 20	12:45 - 2:30 p.m.	A	11
More Lap Dulcimer (Werner)	Oct. 4 - Dec. 13	10:00 - 11:45 a.m.	B & Z	13
Basic Watercolors (Witt)	Oct. 4 - Dec. 13	1:30 - 4:00 p.m.	MAAG	10
Play the Ukulele (Venable)	Oct. 4 - Dec. 13	5:30 - 7:00 p.m.	A	11
<i>The New Yorker</i> Discussion Group (Racin)	Oct. 4 - Dec. 6	10:00 - 11:45 a.m.	A	17
The Impact of the Invention of the Camera (Cann)	Oct. 4 & 11	12:45 - 2:30 p.m.	B & Z	12
Art History: Henri Matisse...(Cann)	Oct. 18 - Nov. 1	12:45 - 2:30 p.m.	B & Z	12
Edvard Munch...(Cann)	Nov. 8	12:45 - 2:30 p.m.	B & Z	12
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Monday/Wednesday				
Human Evolution (Smosna)	Oct. 25 - Nov. 17	3:00 - 4:45 p.m.	A	17
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Tuesday				
Ask - a - Geek (Klishis)	Oct. 5 - Dec. 14	12:00 - 1:00 p.m.	CL & Z	10
MonRiver New Horizons Band (Gossett)	Oct. 5 - Dec. 7	4:00 - 5:30 p.m.	B	12
Yoga for Wellness (Hnizdo)	Oct. 5 - Nov. 9	10:00 - 11:30 a.m.	MDS	14
Jewish Holidays Unpacked (Hample)	Oct. 5 - Nov. 9	10:00 - 11:45 a.m.	B & Z	17
Retirement - Pre and Post Planning (Lawrence)	Oct. 5	6:00 - 7:30 p.m.	B & Z	13
Campus Club Evening Book Discussion (Attfield)	Oct. 12, Nov. 9, & Dec. 14	7:30 - 9:00 p.m.	Z	11
The (In)Sights and Sounds of Joni Mitchell (Gregory)	Oct. 12 - Nov. 16	12:45 - 2:30 p.m.	B & Z	12
Jewish End of Life Rites and Rituals (Blair)	Oct. 12 & 19	1:00 - 2:30 p.m.	A & Z	17
Social Security - Overview and Strategies (Lawrence)	Oct. 12	6:00 - 7:30 p.m.	B & Z	13
Campus Club Morning Book Discussion (Ostrow)	Oct. 19, Nov. 16, & Dec. 21	10:00 - 11:30 a.m.	Other	11
Twilight Trivia	Oct. 19, Nov. 16, & Dec. 21	7:00 - 8:30 p.m.	Z	11
Playreading: <i>The Skin of Our Teeth</i> (Yoder)	Oct. 19	10:00 - 11:45 a.m.	A	13
Involuntary Hospitalizations...(Semack)	Oct. 26	12:45 - 2:30 p.m.	A	14
Horse Handling 101 (Smith)	Nov. 2 & 9	6:00 - 7:30 p.m.	Other	16
President's Wife or First Lady? (Hammersmith)	Nov. 16 - Dec. 7	10:00 - 11:45 a.m.	B & Z	15
Start the Conversation...(Funk)	Nov. 16	12:45 - 2:15 p.m.	B	14
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Wednesday				
The Century Cycle...August Wilson (Held)	Oct. 6 - Dec. 1	12:45 - 2:30 p.m.	B	12
The Music of Sergei Rachmaninoff (Beall)	Oct. 6 - Dec. 1	5:30 - 7:00 p.m.	B	13
The Vietnam War in Arts & Literature (Martino)	Oct. 6 - Nov. 10	10:00 - 11:45 a.m.	A	15
West Virginia Coal Mining History (Colvin)	Oct. 6 - 20	10:00 - 11:45 a.m.	B	16
Opera Makes a Comeback: <i>The Magic Flute</i> (Nelson)	Nov. 3	10:00 - 11:45 a.m.	B	13
Redistricting America (Martis)	Nov. 3	3:00 - 4:15 p.m.	B & Z	10
The Cliftonville Mine War (Rentch)	Nov. 10	10:00 - 11:45 a.m.	B	15
Technology Security (Klishis)	Nov. 17	10:00 a.m. - 1:00 p.m.	B & Z	17
Great Castles and Fortresses...(Reddy)	Dec. 1 & 8	10:00 - 11:45 a.m.	B & Z	15

Fall 2021 Schedule at a Glance

Class, Instructor	Date(s)	Time	Location	Page #
Wednesday/Thursday				
Eat Right, Eat Well...Part 2 (Cohen, Cohen)	Oct. 6 - 14	12:45 - 2:15 p.m.	A	14
Thursday				
Walking Outdoors with Campus Club (Covey)	Oct. 7 - Dec. 16	9:00 - 10:00 a.m.	Other	11
Writers' Interest Group	Oct. 7 - Dec. 16	10:00 - 11:45 a.m.	A	11
Personal and Family History Writing Projects (Sielen)	Oct. 7 & 14	12:45 - 2:30 p.m.	B	15
Using Your Apple iPhone & iPad (White)	Oct. 7 & 14	3:00 - 4:45 p.m.	Z	17
The West Virginia Mine Wars (Johnson)	Oct. 7 & 14	3:00 - 4:45 p.m.	B	16
Opera Makes a Comeback: <i>Boris Godunov</i> (Nelson)	Oct. 7	10:00 - 11:45 a.m.	B	13
A Brief History of Women and Architecture (Howe)	Oct. 14	10:00 - 11:45 a.m.	B & Z	14
From Vampires to Kings - A Journey...(Morris)	Oct. 21 & 28	12:45 - 2:30 p.m.	B & Z	18
Climate Change and Human Health (Paulson)	Oct. 28 - Nov. 18	12:45 - 2:30 p.m.	A & Z	14
Tomb of the Unknown Soldier (Mansell)	Oct. 28	10:00 - 11:30 a.m.	B & Z	15
The Hawks Next Tunnel Disaster (Rentch)	Nov. 4	10:00 - 11:45 a.m.	B	15
Advance Care Planning...(Funk)	Nov. 4	12:45 - 2:15 p.m.	A	13
Self-Publisher Marketing Ideas...(Sielen)	Nov. 18	12:45 - 2:30 p.m.	B & Z	16
Photographing Sacred Ground (Sherwin)	Nov. 11	1:00 - 2:00 p.m.	B	10
Digital Decluttering (Klishis)	Dec. 2	10:00 - 11:45 a.m.	B & Z	17
The Candlelight Processional....Disney World (Johnson)	Dec. 9	10:00 - 11:15 a.m.	B & Z	18
Let's Do Lunch (Rauch)	Oct. 14, Nov. 11, & Dec. 9	11:30 a.m. - 1:00 p.m.	Other	11
Friday				
The Great Hits & Albums of 1971 (Wendell)	Oct. 1 - Nov. 5	10:00 - 11:45 a.m.	B & Z	12
Wisdoms of Pearl: Exploring Pearl S. Buck...(Cole)	Oct. 8 - 29	3:00 - 4:00 p.m.	B & Z	16
Women Spies of World War II (Hutchins)	Oct. 8 - 22	10:00 - 11:30 a.m.	A & Z	16
Your Blood Type and Your Health (Harbert)	Oct. 29	12:45 - 1:45 p.m.	B	14
Immortality...Upload My Memories...(Karshenas)	Nov. 5	3:00 - 4:30 p.m.	B	17
Saturday				
Introduction to T'ai Chi and Qigong (Koehler, Pollard)	Oct. 2 - Nov. 20	10:00 - 10:50 a.m.	B	14
Intermediate T'ai Chi (Koehler, Pollard)	Oct. 2 - Nov. 20	11:00 - 11:50 a.m.	B	11
Take a Hike - Kanawha State Forest (Klishis)	Oct. 23	11:00 a.m. - 3:00 p.m.	Other	10
Sunday				
Take a Hike - Cooper's Rock (Klishis)	Oct. 17	12:00 - 3:00 p.m.	Other	10

Classroom Key

All classes are held in the Mountaineer Mall in Morgantown, unless otherwise stated.

A - Classroom next to the OLLI office.

B - Classroom under the OLLI sign.

CL - Computer Lab, first door on the left down the hall next to B.

MAAG - Morgantown Art Association & Gallery, Mountaineer Mall.

MDS - Morgantown Dance Studio, Mountaineer Mall.

Z - online via Zoom.

Other - See course description for location.

Special Member Events & Opportunities

Special member events, opportunities, and interest groups, unless otherwise noted, are free or discounted for current OLLI members! Payment of term enrollment fee is not required.

Ask a Geek

Michelle Klishis*

Tuesdays, Oct. 5 - Dec. 14

12:00 - 1:00 p.m. Computer Lab & Zoom

Sometimes you have questions about technology that don't fit into a specific class or course. For those times, OLLI's Professional Technologist, Michelle Klishis, is on hand to help.

Participants are encouraged to email questions to olli@hsc.wvu.edu in advance if you believe them to be complicated or beyond the scope of an hour-long session. Please include "Geek Question" in the subject line.

Please note that Michelle's strengths are Android phones, Windows PCs, MS Office software, and digital security and privacy.

Basic Watercolors

Susan Hall Witt*

Mondays, Oct. 4 - Dec. 13, 1:30 - 4:00 p.m.

Morgantown Art Association Gallery

Maximum Enrollment: 10

Material Fee: \$6.00 per week, payable at the door.

Cash or check only.

The course will explore how watercolors work and will apply that knowledge to painting greeting cards and small works. Beginners are welcome. Supplies may be purchased from MAAG at cost; no supplies are necessary for the first lesson. Participants from previous sessions are welcome as we will expand our knowledge and apply it to more advanced work.

Take a Hike

Michelle Klishis*

Morgantown: Sunday, Oct. 17, 12:00 - 3:00 p.m.

Coopers Rock State Forest

Kanawha Valley: Saturday, Oct. 23, 11:00 a.m. - 3:00 p.m.

Kanawha State Forest

Enjoy the great outdoors with a hike with Michelle. We'll decide the trails ahead of time but a good loop will generally include three. Participants should be able to walk on paved and unpaved uneven terrain and climb/descend small inclines, for up to four hours. Check your email for details about how we'll decide on the trails. If it's raining heavily on the scheduled day, the hike will be postponed one week.

Photographing Sacred Ground

Michael Sherwin

Thursday, Nov. 11

1:00 - 2:00 p.m. Classroom B

Photographer and WVU Associate Professor Michael Sherwin discusses his work as the founder of the WVU Jackson Hole Photography Workshop, an experiential learning opportunity during which university students travel to northwestern Wyoming to study photography while exploring Grand Teton National Park, Yellowstone National Park, the National Elk Refuge, and more. He will also discuss a recent project photographing significant sites of Indigenous Americans. The project concluded with the recent publication of *Vanishing Points*, a reflection on the monuments modern culture will leave behind and what the archeological evidence of our civilization will reveal about our time on earth.

Community Events

Community events, hosted by OLLI at WVU, are free and open to the public. OLLI membership not required although reservations are.

Redistricting America

Kenneth C. Martis

Wednesday, Nov. 3, 3:00 - 4:15 p.m. Classroom B & Zoom

Every ten years, per federal law, the United States goes through the process of redistricting, or redrawing legislative districts. These districts are drawn to ensure equal representation in the U.S. House of Representatives, state legislatures, and many local offices, based on population. Unfortunately, the process quickly became politically fraught as candidates and political parties tried to consolidate power, employing a practice known as gerrymandering. As state and local governments begin redistricting this year, Professor Martis, an American political geographer, will help participants understand the importance of the practice and the dangers of gerrymandering.

** Look for the asterisk next to instructor names.*

An asterisk next to an instructor's name indicates that the instructor is a member of the OLLI Honor Roll and has taught at least 10 courses and 60 class session hours.

Special Interest Groups

OLLI Special Interest Groups (SIGs) offer members the opportunity to share a common interest in a social setting. Many meet year-round so you register only once per year. SIGs are open to all OLLI members, although some restrictions may apply. See descriptions for more detail.

Campus Club Evening Book Discussion

2nd Tuesday of the month, 7:30 - 9:00 p.m. via Zoom

Facilitator: Hilary Attfield

Believing that a good book is one that encourages a good discussion, the evening group tries to read an eclectic variety of books: novels, non-fiction, biography, etc. Books are suggested by members and the group tries to have books lined up two to three months in advance. Discussion of the book is always followed by social time to encourage friendship and catch up! New members are welcome and new voices appreciated.

Campus Club Morning Book Discussion

3rd Tuesday of the month, 10:00 a.m.

Facilitator: Lynne Ostrow Location TBA

Members of the Morning Book Discussion give input into the selection of books and create a list from the suggestions. The following criteria are used for the selection: at least one non-fiction choice, consideration of local or regional authors, stories with West Virginia ties, recommendations from members who have read a book or reviews of books, and current "buzz" about a book. New members are always welcome.

Intermediate T'ai Chi

Saturdays, 11:00 - 11:50 a.m. Classroom B

Facilitators: Cecil Pollard, William Koehler

This group provides an opportunity for OLLI members who have moved beyond the beginning level to continue practicing together. Enrollment by permission of OLLI.

Let's Do Lunch!

(formerly Campus Club Luncheon Group)

2nd Thursday of the month (Sept. - May)

11:30 a.m. - 1:00 p.m. Facilitator: Dottie Rauch

Maximum enrollment: 12

This group meets once a month to enjoy each other's company while dining at local restaurants. Past lunch spots have included Terra Café, Olive Garden, Red Lobster, Iron Horse Tavern, The Pines, Sargasso's, and Ali Baba's. Suggestions of new dining locations are welcome. Participants pay for their own meals. Restaurants are chosen from suggestions by participants at an organizational meeting to be held in early September.

Play the Ukulele

Mondays, Oct. 4 - Dec. 13, 5:30 - 7:00 p.m. Classroom A
Join fellow ukulele enthusiasts for a new OLLI special interest group this fall! Participants will play and sing together, share songs and knowledge, and help each other learn. All are welcome, no experience or instrument ownership required. Visit <https://bit.ly/3ALMCVV> for a complete group description.

Road Trip Dining with Campus Club

Dates and Times TBD

Facilitators: Penny Thomas & Sandra Putnam

The Campus Club Road Trip Dining Group gathers monthly to dine at recommended, well-rated restaurants in the area, those at a distance (30-50 miles maximum) in the good weather months of March/April through November/December and closer to Morgantown in the deep winter. Rides are always available. An average of 20-25 members, spouses, sometimes adult children, and friends meet at restaurants around 6-6:30 pm on Saturdays or for Sunday brunch to enjoy interesting, fun, friendly company and delicious food. Restaurants are handicapped accessible with ramps and sometimes elevators.

Twilight Trivia

3rd Tuesday of the month, 7:00 - 8:30 p.m. via Zoom

Grab a beverage and some snacks, settle into a comfy chair with your laptop, tablet, or smart phone, and test your knowledge of trivia, and the trivial, against your fellow OLLI members during our monthly virtual game night!

Walking Outdoors with Campus Club

Thursdays, 9:00 - 10:00 a.m.

Local Trails

Facilitator: Hope Covey

Maximum enrollment: 12

The Walking Group meets at various rail trail locations in the community for a one-hour, three-mile round trip walk. Trails are generally level or have gradual elevation and the group is careful to avoid the downtown trail area due to traffic. Recognizing that some members walk faster than others, the groups may spread out in twos and threes to encourage and support each other.

Writers' Interest Group

Thursdays, 10:00 - 11:45 a.m. Classroom A

Having a hard time finding time to work on your life story, novel, poetry, journal, or letters? Come write in a quiet, comfortable, supportive environment. Bring paper, pen, laptop, etc. There will be at least 1.5 hours of quiet writing time each session.

Yarn Arts

Mondays, 12:45 - 2:30 p.m. Classroom A

Join your fellow OLLI members to share ideas, patterns, and workshop information and to support each other in knitting, crocheting, needle-point, and other yarn and thread arts.

Enrollment Closed.
Ask about the wait-list.

The Arts

Art History: Henri Matisse, Fauve Artist Extraordinaire and More

Melora Cann*

Mondays, Oct. 18 - Nov. 1

12:45 - 2:30 p.m.

Classroom B♦ & Zoom

Henri Matisse (1869-1954) was an independent spirit in the art world from early in life; he was constantly experimenting with new techniques and mingling with other strongly opinionated artists such as Picasso. His international recognition came early with Fauvism, an art style of the early 20th century. Matisse would move through a number of style changes and media over the course of his long career. His final preferred art of collage and paper cut-outs led to some of his most well-known pieces; many were joyous celebrations of dance as a theme.

August Wilson's Century Cycle Plays

James Held*

Encore

Wednesdays, Oct. 6 - Dec. 1

12:45 - 2:30 p.m. Classroom B

This course provides a review of African American drama leading up to Wilson, then covers all ten of the Century Cycle plays written to convey the depth and richness of the Black experience of America for each decade of the 20th century. Wilson completed the final play just weeks before his death in 2005. Denzel Washington has committed to production of all ten plays for HBO. We'll see the first two, *Fences* and *Ma Rainey's Black Bottom*, plus excerpts from an excellent documentary on Wilson's life.

Edvard Munch, Norwegian Artist

Melora Cann*

Monday, Nov. 8 12:45 - 2:30 p.m.

Classroom B♦ & Zoom

Edvard Munch (1863-1944) is best known for a single painting, *The Scream*. But there is much more to this

expressionist painter who developed a unique emotional language through his art. Conveying depths of feelings that ensure the viewer is equally affected by the visual message and the emotional one, his work requires serious study. We shall visit the entire array of expressionist work delivered by Munch.

The Great Hits and Albums Of 1971

Barry Wendell*

Fridays, Oct. 1 - Nov. 5

10:00 - 11:45 a.m.

Classroom B & Zoom

We'll hear from most of the albums that hit the Billboard Top 40 in 1971. There are about 150 of them, so maybe not all. We'll find out who was in the band, who composed the songs, how they fit in to the time frame of 1971, and, of course, we'll listen to the music.

The Impact of the Invention of the Camera on Visual Art

Melora Cann*

Monday, October 4 & 11

12:45 - 2:30 p.m.

Classroom B♦ & Zoom

With the invention of the modern camera in the 19th century, the motive for visual art changed. A transition from realistic depictions to alternate expressions of the human condition and the world around us was transformative. It was not fast at first but, within a century, the visual arts in the Western world had gone through a sea change. This course will explore the camera and visual arts over a period of time that includes the early camera obscura, the later daguerreotype emergence and subsequent technological advancements. It will examine the effects on painting from realism and naturalism through impressionism, expressionism, cubism, and on to abstract art and beyond.

The (In)Sights and Sounds of Joni Mitchell

Kristie Gregory

Tuesdays, Oct. 12 - Nov. 16

12:45 - 2:30 p.m. Classroom B & Zoom

One of the most influential and celebrated singer-songwriters of the past 50 years, Joni Mitchell's acoustic first album had only two instruments – her guitar and her soaring voice. Her introspective early songbook includes *Chelsea Morning*; *Both Sides, Now*; *The Circle Game*; and *Free Man in Paris* – just some of the reasons her music and life still captivate us. We'll listen to and explore her musicality, poetry, collaborations, paintings, and musical legacy, as well as delve into the life events and loves that inspired her early work. Bring your memories to share.

Mon River New Horizons Band

Jason Gossett

Tuesdays, Oct. 5 - Dec. 7

4:00 - 5:30 p.m. Classroom B

Always wanted to be in a band but never learned an instrument? Used to be in band and haven't played in years? Now you can! Dig your old instrument out or purchase/rent one and join our group of fun-loving musicians. Work with others to make beautiful music and enjoy new friendships! Standard band instruments (e.g., flute, clarinet, trumpet, trombone, percussion, and more) are taught with the needs of non-traditional students in mind. No prior music knowledge or



experience is needed. It's never too late to learn and we would love to teach you!

Materials Needed: Essential Elements Method book, music stand. *Participants must provide their own instrument.*

More Lap Dulcimer

Judy Werner*

Mondays, Oct. 4 - Dec. 13

10:00 - 11:45 a.m.

Classroom B & Zoom

The dulcimer is an easy instrument to play, but you can keep learning more forever. No previous musical experience is required. Come and enjoy learning more songs, as well as some new skills (such as simple chords and finger-picking) on your lap dulcimer. This course is designed for those who have some knowledge (but not a lot) on the dulcimer and want to learn more old-time fiddle tunes, waltzes, and patriotic songs. There are some dulcimers available for loan. Please indicate this need when you register.

The Music of Sergei Rachmaninoff

John Beall

Wednesdays, Oct. 6 - Dec. 1

5:30 - 7:00 p.m. Classroom B

Join OLLI for a presentation and discussion of the life, career, and music of legendary Russian composer, pianist, and conductor Sergei Rachmaninoff (1873-1943).

Opera Makes a Comeback

Byron Nelson*

10:00 - 11:45 a.m. Classroom B

Boris Godunov (Thurs., Oct. 7)

The Magic Flute (Wed., Nov. 3)

How will opera change after the pandemic? The course considers how opera production will differ after the long Covid intermission, with its enormous financial and emotional strain on opera companies and audiences. The classes will provide critical analyses of the opera, *Boris Godunov*, in the Met in HD series at the Regal and the Pittsburgh Opera

production of *The Magic Flute*. Each class will provide musical and dramatic analyses and video excerpts.

Playreading: *The Skin of Our Teeth*

Linda Yoder

Tuesday, Oct. 19

10:00 - 11:45 a.m. Classroom A

Together participants will read Thornton Wilder's 1940 three-act play, *The Skin of Our Teeth*. No preparation and no acting required. The play, both funny and tragic, speaks to our current condition facing climate change, political demagoguery, and bitter family strife.

Business & Retirement Planning

Retirement: Pre and Post Planning

Morgan Lawrence

Tuesday, Oct. 5

6:00 - 7:30 p.m. Classroom B & Zoom

This session is designed to guide individuals how to make the most of their money leading up to and during their retirement years. We will explore basic retirement accounts, the most common risks to retirees' money, strategies to help make their income last through retirement, and then give them resources to help create their own financial roadmap for retirement.

Social Security: Overview and Strategies

Morgan Lawrence

Tuesday, Oct. 12

6:00 - 7:30 p.m. Classroom B & Zoom

Social Security is one of the most important components of almost every American's retirement income strategy. This class is designed to cover general information regarding Social Security benefits and how they may factor into your retirement income strategy.

Health & Wellness

Advance Care Planning and the WV e-Directive Registry

Danielle Funk

Thursday, Nov. 4

12:45 - 2:15 p.m. Classroom A

Encore

Advance care planning is an important step in determining future goals, personal values, and preferences for future medical care. Wishes can be written in many ways, such as a Medical Power of Attorney (MPOA), Living Will (LW), Combined MPOA/LW, Physician Order for Scope of Treatment (POST), and Do Not Resuscitate (DNR) card. The WV Center for End-of-Life Care serves the state of WV by helping individuals navigate and understand the advance care planning process. The center also has the nationally recognized e-Directive Registry which allows for secure storage of advance directives and medical orders, with access given to treating health care providers.

Climate Change and Human Health

Jerome Paulson

Thursdays, Oct. 28 - Nov. 18

12:45 - 2:30 p.m.

Classroom A ♦ & Zoom

This course will describe some of the causes of climate change and explain its current and foreseeable effects on human health. We will discuss lifestyle changes that may mitigate some effects of climate change, as well as the importance of policy changes to deal with the problem. Although climate change is usually discussed in environmental terms—polar bears, sea ice change, rising sea levels—this course will explore how this problem directly affects you, your family, and people around the world. Potential solutions will be discussed.

Fall 2021 Classes

Eat Right, Eat Well: Rediscovering the Lost Art of Cooking, Part 2

Stan Cohen* & Judy Cohen*

Wednesdays & Thursdays,

Oct. 6 - Oct. 14

12:45 - 2:15 p.m. Classroom A

Materials Fee: \$10.00 (*payable at the door*)

Maximum Enrollment: 20

This course continues its healthy focus on eating and cooking. Featured is a series of new *The Great Courses Plus* videos from the Culinary Institute of America, followed by additional class topic material and discussion. Previous enrollment in "Lost Art Part 1" is not required. Food samples and recipes are distributed in each class session and discussed after the video presentations. Most importantly, everyone is invited to share tips, tricks, and techniques from their own kitchens.

Introduction to T'ai Chi and Qigong

Cecil Pollard, Bill Koehler

Saturdays, Oct. 2 - Nov. 20

10:00 - 10:50 a.m. Classroom B

Maximum Enrollment: 15

This course is an introduction to a version of Yang Style T'ai Chi as modified and taught by Cheng Man-ch'ing. In this course, students will learn the basic principles of T'ai Chi and how to do the T'ai Chi form.

Involuntary Hospitalizations for Mental Problems in WV

Justin Semack

Tuesday, Oct. 26

12:45 - 2:30 p.m. Classroom A

This course will consider the Chapter 27 Mental Hygiene Code in the State of West Virginia, including the entire process from filing an application through evaluation and the civil commitment hearings. Emphasis will be on the ways the actual experience does and does not follow the stated legal code, using colorful real-life experiences learned over the instructor's career. No confidential information will be disclosed.

Start the Conversation: How to Begin Advance Care Planning

Danielle Funk

Tuesday, Nov. 16

12:45 - 2:15 p.m. Classroom B

Encore

This discussion will offer students time to reflect and consider appropriate and sensitive ways to approach loved ones about their health care wishes for advance care planning. Often, beginning the conversation is the most intimidating step in advance care planning, so this discussion aims at normalizing the conversations and language for end-of-life decisions. Students are not required to attend the previous class, Advance Care Planning, in order to participate in this discussion.

Yoga for Wellness

Eva Hnizdo*

Tuesdays, Oct. 5 - Nov. 9

10:00 - 11:30 a.m.

Morgantown Dance Studio

Maximum Enrollment: 15

This beginner yoga course is well suited for senior practitioners and is designed to teach participants how to renew vital energy and create physical and mental well-being through regular practice of appropriate yoga poses. Generally, yoga poses increase strength and flexibility of the body, and help to relax the mind through controlled breathing and meditation. Regular practice of yoga has a holistic impact on the body.

Materials Needed: yoga mat, a yoga strap, and two yoga bricks (a larger version for better support)

Your Blood Type and Your Health

Kerry Harbert

Friday, Oct. 29 12:45 - 1:45 p.m.

Classroom B & Zoom

The course will start with a brief introduction about blood types, then debunk a few myths and describe some impacts blood type has on risk for various conditions.

History & Literature

A Brief History of Women and Architecture

Barb Howe*

Thursday, Oct. 14

10:00 - 11:45 a.m.

Classroom B & Zoom

Encore

Doris Cole, in *From Tipi to Skyscraper*, argues that, although few women were formally trained architects, they were "active, influential participants in developing and formulating America's architecture" through their concern for "improving the social, physical, and moral character of their families and nation." Women writers and housing reformers often chose to focus on "daily, ordinary problems of living" or theoretical designs instead of the

Get to Know Each Other

Launched in the summer of 2020, the OLLI at WVU podcast engages listeners with discussions about classes and current events related to the program, interviews with members of the OLLI community, and much more.

Episodes are available
at olliatwvu.podbean.com



formal plan of structures actually constructed. The concept of “home” is important, not the standard definition of a house. The examples are illustrative of women’s activities in these arenas but are in no way comprehensive.

The Cliftonville Mine War

Jim Rentch

Wednesday, Nov. 10

10:00 - 11:45 a.m. Classroom B

In 1922, 600,000 union miners went on strike in Cliftonville, WV. They were immediately fired, evicted from company housing, and replaced by prison labor. This class will explore the events leading up to the strike and the ensuing violence that left a sheriff and multiple miners dead.

Great Castles and Fortresses around the World: A Brief Look

Sumitra Reddy*

Wednesdays, Dec. 1 & 8

10:00 - 11:45 a.m.

Classroom B & Zoom

Prophet Abraham is said to have milked his sheep on the 5,000-year-old Citadel of Aleppo where a temple dedicated to the ancient storm god Hadad has been discovered recently. Legends and history of Masada to Mehrangarh and other great fortresses and castles around the world will be presented in this course.

The Hawks Nest Tunnel Disaster

Jim Rentch

Thursday, Nov. 4

10:00 - 11:45 a.m. Classroom B

During the onset of the Great Depression, Union Carbide began drilling a tunnel through Gauley Mountain, redirecting the flow of the New River to a hydroelectric station near Gauley Bridge. Tunnel workers soon became ill, with as many as 800 dying, including nearly 600 of whom were African American. This class will discuss the causes of one of the worst industrial accidents in U.S. history.

Personal and Family History Writing Projects

Rae Jean Sielen*

Thursdays, Oct. 7 & 14

12:45 - 2:30 p.m. Classroom B

Encore

Topics for this course will include strategies for organizing material and considerations as you compile, write and produce your work (e.g., sources, voice, truth, scope, photographs, printing/binding). Participants will be able to begin identifying approaches suitable for their own goals, materials, audience, and budget. Handouts will be provided and examples of many completed projects shared. Topics related to commercial publishing ventures such as how to sell manuscripts, find agents, and negotiate contracts will not be covered.

President’s Wife or First Lady? Ageless Question for a Thankless Role

Jack Hammersmith*

Tuesdays, Nov. 16 - Dec. 7

10:00 - 11:45 a.m.

Classroom B & Zoom

Beginning in 1789, George Washington’s every decision provided precedents for those who followed. Less obviously but no less importantly, the same was true of presidential spouses. Was their proper role simply that of wife, or was there a definable public persona as First Lady in play? Three sessions will explore this pivotal question through many remarkable women (frequently more so than their elected husbands) as their roles have evolved, whether it be a flamboyant Dolley Madison, a fragile Mary Lincoln, a shy Bess Truman, or a very political Eleanor Roosevelt.

Tomb of the Unknown Soldier

Gerry Mansell

Thursday, October 28

10:00 - 11:30 a.m.

Classroom B♦ & Zoom

In the heart of Arlington National Cemetery is one of our nation’s most visited and honored shrines, the Tomb of the Unknown Soldier. A cadre of highly dedicated and extremely motivated soldiers stand vigil at this hallowed shrine 24 hours a day, 365 days a year. In the heat, rain, snow and dark of night, these soldiers perform their duties to some of the most exacting and meticulous criteria of any military unit. These soldiers endure extreme conditions and maintain the highest standards of performance to guard these unknown warriors. But who are they and why do they guard the Unknown Soldiers? Join our presenter, a former sentinel, for a fascinating look at the history of the Tomb of the Unknown Soldier as he shares the duties and responsibilities of those who guard the honored Unknowns.

The Vietnam War in Arts and Literature

Pamela Martino

Wednesdays, Oct. 6 - Nov. 10

10:00 - 11:45 a.m. Classroom A

Although the Vietnam War lasted many years, this course will focus on the year leading up to the 1968 Tet Offensive and the turbulent time shortly afterward. Using film (*Platoon*), fiction (*The Things They Carried*), and music, the class will include lecture and opportunities for class participants to share their stories of the time period.

West Virginia Coal Mining History

Kenton Colvin*

Wednesdays, Oct. 6 - 20

10:00 - 11:45 a.m. Classroom B

This course will discuss the history of the coal miners and their families, coal companies, coal barons, homes, schools, company stores, and mining towns. Participants will learn about the history of government interaction, labor unions, police action, mine wars, and their impact upon coal miners and their families, as well as child labor, value of women, and the Yellow Dog Contract. Types of coal mining, coal mining methods and equipment used throughout the years, and the transportation of coal via railroads, trucks, and river barges will also be discussed.

The West Virginia Mine Wars

Ed Johnson*

Thursdays, Oct. 7 & 14

3:00 - 4:45 p.m. Classroom B

Commemorating the 100th anniversary of the Battle of Blair Mountain, this course will examine the business and management principles and practices employed by the coal companies that led to multiple deadly revolts by miners in the early 20th century over brutal working conditions and unionization. Viewing segments of the PBS documentary, *The Mine Wars*, participants will hear from historians and coal miners how the struggles of a small group of people “manage(d) to pave the way for better workplace relations for more Americans and for a better nation.” (Thomas Andrews. *The Mine Wars*. Directed by Randall McLowery. New York: A Film Posse, Inc., 2016)

Wisdoms of Pearl: Exploring Pearl S. Buck’s Life and Legacy

Jay Cole

Fridays, Oct. 8 - 29

3:00 - 4:00 p.m.

Classroom B & Zoom

This course will provide an overview of Buck’s life, an exploration of her literary and humanitarian work, and an assessment of her personal and professional legacy. For those who have taken previous OLLI courses on Buck, this course will offer a refresher as well as some new information. For those not familiar with Buck, this course will provide a thorough introduction. Please join us for an in-depth look at this remarkable West Virginia native and inspiring citizen of the world.

Women Spies of World War II

Russ T. Hutchins

Fridays, Oct. 8 - 22

10:00 - 11:30 a.m.

Classroom A♦ & Zoom

Women from all walks of life and from two Allied nations all helped to contribute to the victory over the German and Japanese empires in World War II. This course will show how the women spies helped to develop the modern day CIA and MI6 organizations we use today with the United States and the United Kingdom. We will examine how they learned to use Morse code, radio, weapons, maps, and stealth to fight the Germans in occupied Europe and how to sabotage the Japanese in occupied Asia. Over 70 women will be discussed and their stories will be told. Join us as we travel back to 1939-1945 to learn how women helped win the war.

Hobbies & Interests

Horse Handling 101

Crystal Smith

Tuesdays, Nov. 2 & 9

6:00 - 7:30 p.m.

J.W. Ruby Research Farm, Reedsville

Participants will gain hands-on skills related to safely interacting with and handling horses on the ground. No horse experience is necessary, just an interest in learning to interact with these amazing animals. Closed-toed shoes are required. Class will be rain or shine; if raining, we will work in the indoor arena.

Self-Publisher Marketing Ideas and Resources Sharing

Rae Jean Sielen*

Thursday, Nov. 18

12:45 - 2:30 p.m. Classroom B & Z

If you’ve self-published a book and are selling it to the public, come share what’s worked and what hasn’t worked. Topics may include targeting an audience, advertising, and promotional materials and events. Presenter will facilitate discussion, keep folks on track, and offer tips from her own experience. This will be a great opportunity to learn from one another, brainstorm, and network.



Philosophy & Religion

Jewish End of Life Rites and Rituals

Rabbi Joe Blair
Tuesdays, Oct. 12 & 19
1:00 - 2:30 p.m.
Classroom A♦ & Zoom

Judaism is noted for having a structured approach to dying, death, and mourning. In this course, we will look briefly at some of the components in this approach, reviewing the rites and rituals in Judaism leading up to death, at death, and following death.

Jewish Holidays Unpacked

Rabbi Joe Hamplé*
Tuesdays, Oct. 5 - Nov. 9
10:00 - 11:45 a.m. Classroom B & Zoom

Most Jewish holidays are multifaceted and reframed again and again with the changing circumstances of the Jewish people. Some have famous stories, rituals, or foods, while others seem more elusive. We will plumb the mysteries of Passover, Shavu'ot, Rosh ha-Shanah and Yom Kippur, Sukkot, Chanukkah, and Purim.

Science & Math

Human Evolution

Richard Smosna*
Mondays & Wednesdays
Oct. 25 - Nov. 17
3:00 - 4:45 p.m. Classroom A

Encore

This course consists of two parts: a brief discussion of Darwin's theory of evolution by natural selection and a survey of the most significant members of our family tree. The chief characters in this story include Lucy (one of the oldest members), Homo habilis (the first human), Homo erectus (ancestor who colonized the Old World), Neanderthals, and Cro-Magnons.

Social Sciences, Politics, & Current Events

The New Yorker Discussion Group

Margot Racin*
Mondays, Oct. 4 - Dec. 6
10:00 - 11:45 a.m. Classroom A

Join us to discuss a range of topics from recent issues of *The New Yorker*. Members of the group choose articles, fiction, and topics to be discussed each week. All viewpoints welcome! A subscription to *The New Yorker* is strongly recommended.

Technology & Training

Digital Decluttering

Michelle Klishis*
Thursday, Dec. 2
10:00 - 11:45 a.m.
Classroom B & Zoom

By now, most of us have gigs and gigs of data on our hard drives (be they on our phones, tablets, or computers) and no idea how to deal with all these pictures and songs and videos and files, many of which we'll never look at again. Hopefully this will give you some ideas as to how to begin the process as well as systems that you could maintain to keep things from getting cluttered again.

Immortality: When Can I Upload My Memories into the Cloud?

Allie Karshenas
Friday, Nov. 5
3:00 - 4:30 p.m. Classroom B

In recent decades, the possibility of hacking the human mind has become the center-stage discussion among scientific communities. As our understanding and integrated knowledge around the operational modalities of the brain expand into new frontiers of neurobiology and neurocognitive sciences, we will be able to apply powerful tools like

Artificial Intelligence (AI), Brain-to-Brain (BTB) interface, and XR (extended reality) technologies to get closer to uploading our memories and experiences into a virtual cloud that will allow us to live an immortal life.

Technology Security

Michelle Klishis*
Wednesday, Nov. 17
10:00 a.m. - 1:00 p.m.
Classroom B & Zoom

Encore

"If you are not paying for it, then YOU are the PRODUCT." As more of our lives become digitized, it's important to make sure you are being safe with your electronic gadgets and online information. Anti-virus, malware, hacking, identity theft all make computers and smart phones sound terrifying. But there are simple steps you can take to make your data more secure and to feel more comfortable surfing the web and shopping online.

Using Your Apple iPhone and iPad

Madison White
Thursdays, Oct. 7 & 14
3:00 - 4:45 p.m. Zoom
Maximum Enrollment: 16

Encore

This course covers iOS 14 for the iPhone and iPad. We'll look at features of this state-of-the-art operating system and the incredibly useful devices on which it runs. We'll explore the basic knowledge and skills you'll need to use your device effectively and efficiently, like the various gestures you use to control the operating system and how to find and install third party apps.

You cannot help but get excited about the subject when the instructor is so passionate and knowledgeable about it.
- OLLI member

Travel & Adventure

The Candlelight Processional at Walt Disney World

Ed Johnson*

Thursday, Dec. 9

10:00 - 11:15 a.m.

Classroom B & Zoom

Beginning in 1958 at Disneyland, and in 1971 at Walt Disney World, the Candlelight Processional is a retelling of the Christmas story in words and music, complete with a 50 piece orchestra, massed choir, and a celebrity guest narrator reading the Christmas story, interspersed with favorite carols of the season. The choir consists of members of Disney's *Voices of Liberty*, cast members, and visiting high school and guest choirs. While this show has a definite Christian slant, many people have said that this is a very enjoyable show regardless of what holidays one may celebrate. After a quick overview of WDW and Epcot, we will view a performance from 2019 with Neil Patrick Harris as narrator. *Zoom participants will enjoy a brief instructor's presentation and then be given the video link to watch the video independently.*

From Vampires to Kings: A Journey Through Eastern Europe

Judy Morris

Thursdays, Oct. 21 & 28

12:45 - 2:30 p.m.

Classroom B & Zoom

Travel the Danube River with us, visiting along the way Greek and Roman ruins, vampires' haunts, magnificent cathedrals, immense parliament buildings, towering rock formations, artisans' villages, a 150 foot tall statue of an ancient king, scenic gorges, and sobering war torn villages. A slide show, accompanied by history, culture, and stories, will whet your appetite for travel to the eastern-most expanse of the beautiful "blue Danube." You might even catch a glimpse of Count Dracula!



Travel with Collette

Chelsea Flower Show & Floriade

May 22 - 30, 2022

9 Days • 11 Meals

Highlights include: London City Tour, Chelsea Flower Show, Sissinghurst Castle Garden, Eurostar High-Speed Train, Amsterdam Canal Cruise, Food Tour, and Floriade.

Double: \$4,999*

Single: \$5,999*

Included in Price: Round Trip Air from Pittsburgh Intl Airport, Air Taxes and Fees/Surcharges, Hotel Transfers. Airfare from Yeager Airport, add \$150.

Reservation deadline: November 23, 2021

Final payment due March 23, 2022

For more information, visit

<https://gateway.gocollette.com/link/1052842>



Discover Bluegrass Country & the Smoky Mountains

October 13 - 21, 2022

9 Days • 13 Meals

Highlights include: Churchill Downs, Kentucky Derby, Old Louisville Walking Tour, Buffalo Trace Bourbon Distillery, Lexington Horse Farms, Great Smoky Mountains National Park, Anakeesta, Asheville, and Biltmore Estate.

Double: \$2,999*

Single: \$3,899*

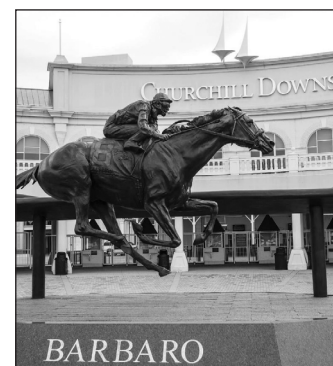
Included in Price: Round Trip Air from Pittsburgh Intl Airport, Air Taxes and Fees/Surcharges, Hotel Transfers. Airfare from Yeager Airport, add \$150.

Reservation deadline: April 6, 2022

Final payment due August 14, 2022

For more information, visit

<https://gateway.gocollette.com/link/1052892>



Members like you make all this happen!

As a non-profit membership organization, OLLI depends on the generous support of our volunteers. Volunteers are the lifeblood of our program, helping to ensure that OLLI is able to provide the highest quality courses, lectures, workshops, trips, and more for our members.

Your volunteer experience can be molded to fit your interests, talents, and schedule. Opportunities may be short-term project-oriented tasks or ongoing general support, team or solo tasks, on-site or in the community. All members have something to offer and are encouraged to share their time and expertise with their peers.

Ambassadors

OLLI Ambassadors help spread the word about our program by sharing their experiences and inviting friends, family, and others to join them for a class.

Board Members*

The Board of Directors is the governing body of OLLI at WVU, providing leadership to committees and staff. With input from the committees, the Board establishes organizational priorities and financial and program policies. Board members are elected by the membership to serve a two-year term and may be re-elected for a second term.

Class Hosts

Class hosts greet members and ask them to sign in as they arrive for a class, remind members to turn off their cell phones, introduce the instructor, assist with class needs, and distribute course feedback forms.

Event Hosts and Staff

OLLI sponsors several open houses and special events throughout the year. Volunteers are needed to assist with shopping, set-up, and greeting visitors before, during, and after the event.

Instructors

Our program depends on the generosity of our volunteer instructors to teach the quality courses and learning experiences offered throughout the year. OLLI instructors, drawn from all walks of life, share their knowledge and expertise of their chosen careers, fields of study, or hobbies about which they are passionate. Free from tests or grades, instructors experience the joy of teaching students who are enthusiastic, engaged and eager to learn.



Volunteers are our Superheroes!

Office Support

Sometimes we just need a little help around the office. Volunteers can help by refreshing the coffee in the member lounge, answering the phones, making copies, filing, and other light administrative duties.

Project Team Member

Perhaps you have a special skill that OLLI could take advantage of for a specific project. Are you fluent in Adobe InDesign or video-editing? Or are you handy with a paint brush or power tools? Do your talents include fundraising or organizing? There are several projects on which we can use your help!

Registration Assistants

The first week of class registration each term is a busy one for the office staff. Volunteers can answer questions and help members register for classes. If you're comfortable with computers and online shopping, we can teach you how you can help.

Standing and Ad Hoc Committees*

OLLI has several standing committees that work together to keep our program running. A list of committees can be found on OLLI's website at <https://olliatwvu.org/about-us/committees/>.

Technical Assistants

The introduction of hybrid classes to OLLI brings the need for help running Zoom in the classroom. If you're comfortable with computers, we can teach you how you can help.

How to Become a Volunteer

To become an OLLI volunteer, contact the OLLI office at 304-293-1793 or submit the Volunteer Information Form online at <http://www.olliatwvu.org>.

* To review official descriptions of the OLLI Board of Directors and committees, please refer to the By-Laws, available online at olliatwvu.org, in the OLLI office, or in the member lounge.

Instructor Biographies

John Beall was born in Belton, Texas, in 1942, and grew up in the coastal city of Beaumont. He graduated from Baylor University and The Eastman School. Dr. Beall was Professor of Music and Composer-in-Residence at West Virginia University from 1978 until 2014. In 1990, he was named Benedum Distinguished Scholar for the Humanities and Performing Arts by WVU.

Rabbi Joe Blair is the religious and spiritual leader of Temple Israel in Charleston, WV. He has taught several other courses for OLLI.

***Melora Cann** has been an educator / art educator for over 40 years. She has studied art history internationally in Italy, the Netherlands, Spain, Great Britain, Germany and Mexico. She has lived and taught in the United States, Canada, Portugal (Azores), and in northern Italy and now shares her passion for art with OLLI.

Stan Cohen** taught a variety of psychology courses at WVU from 1972 - 2008. Since 1968, he has engaged in a variety of eating and cooking experiences. He is a lifelong advocate of a wellness lifestyle, including healthy eating. He will be assisted by his partner, **Judy Cohen.

Jay Cole has taught or co-taught OLLI courses on Pearl Buck, Dante's *Divine Comedy*, science fiction and radio astronomy, and Shakespeare and *Star Trek*. To increase awareness of Pearl, he has helped to organize two international conferences, led a K-12 teachers' institute, and co-edited a volume of essays published by the WVU Press. He is treasurer of the Buck Birthplace Foundation.

***Kenton Colvin** retired from WVU Student Life after 18 years. Previously, he spent 26 years in manufacturing management with six corporations, including 13 years in the mining industry. He has a Masters Degree in Industrial and Systems Engineering and has taught engineering courses for 26 years. He is vice president of the Mon Valley Railroad Historical Society and enjoys reading and teaching history.

Danielle Funk, MS, is the Program Assistant II for the WV Center for End-of-Life Care. She oversees the daily operations of the Center and e-Directive Registry. She also coordinates educational and community outreach opportunities to help West Virginia residents and health care providers better understand advance care planning, the Center, and the e-Directive Registry.

Jason Gossett is an assistant professor in instrumental music education at West Virginia University where he teaches Instrumental Methods, History and Philosophy of Music Education, Psychology of Music, Percussion Pedagogy, and supervises student teachers. He holds a PhD in Music Education from Pennsylvania State University and a Masters and Bachelors in Music Education from Murray State University.

Kristie Gregory's first Joni Mitchell album was 1971's *Blue*, a masterpiece that turned 50 this year! The mountain dulcimer intro of *A Case of You* has been in her head ever since. Without the arts as a vocation, it's become an enriching pursuit for her again now that she's retired and joined OLLI, a place which feeds that pursuit often.

***Jack Hammersmith**, since his first course on China a half dozen years ago, has offered a variety of topics: from the "Virgin President" to, most recently, Japan by Zoom. Retired since 2016 from the WVU History Department, he continues to relish learning, thanks in large part to all of you.

***Rabbi Joe Hample** was born in Buffalo, educated at Harvard, and long employed at Wells Fargo Bank in California. Ordained in 2009, he worked as a full-time prison chaplain before coming to Morgantown in 2012. Now the spiritual leader at Tree of Life Congregation on South High Street, Rabbi Joe seeks to make Judaism accessible to everyone.

Kerry Harbert is a recently retired Associate Professor with the WVU Medical Laboratory Science program where she taught courses in hematology and blood banking for 15 years.

***Jim Held** taught theatre design, history, and literature for 35 years at WVU. He designed scenery for many productions, directed a play about every three years, and used a sabbatical to write a textbook, "World Theater & Drama," used in a course he designed by the same title. He taught the course on-line for several years before retiring in 2013.

***Eva Hnizdo**, PhD in epidemiology, is an Experienced Registered Yoga Teacher (E-RYT). Since 2006, she has taught yoga in NIOSH where she also worked as a research scientist, in Lakeview Fitness Center, and in several fitness centers in Naples, FL. She has been a practitioner of the Iyengar style of yoga since 1976.

***Barb Howe** is retired from WVU. She taught this fall's class for OLLI in 2013 based on her "Women and Architecture" essay for the National Park Service's National Historic Landmarks theme study on women's history. A shorter version was published in *Reclaiming the Past: Landmarks of Women's History*, ed. by Page Putnam Miller (Bloomington: Indiana University Press, 1992).

Russ T. Hutchins, ED.Sp, is currently a professor at Friends University-Topeka, teaching U.S. History, Western Civilization, Economics, Business, Philosophy, and Business Management. He is a former school administrator and teacher with a Specialist Degree in School Administration, a graduate degree in Curriculum/Instruction, and a Bachelor's degree in Secondary Education. Hutchins lectures for OLLIs on topics surrounding WWII and the mystery of Amelia Earhart's disappearance, women spies, and women aviators.

Instructor Biographies

***Ed Johnson** is the creator and curator of www.mh3wv.org, a website for West Virginia Studies students and educators; he was a long time business professor and a former cast member at Walt Disney World.

Dr. Allie Karshenas is the Associate Vice President of Clinical Research Operations and Institutional Advancement at Robert C. Byrd Health Sciences Campus of West Virginia University, the AVP for the HSC's Global Engagement Programs, the Director of Technology Commercialization, and Associate Professor of Pharmaceutical Systems and Compliance at the School of Pharmacy at WVU.

***Michelle Klishis**, OLLI's professional technologist, is a jack-of-all-trades and certifiable geek. Her degree in biology and work in a microbiology lab gave her absolutely no preparation for becoming a technology consultant, yet here we are.

William Koehler, DMA, has studied and practiced T'ai Chi over a period of 25 years, including the Cheng Man-ch'ing 37 posture Yang style, "Small Space T'ai Chi," and the Yang 24 posture form. He studied for five years with Robert Larsen, a student of Cheng Man-ch'ing.

Morgan N. Lawrence is an Associate Advisor of Thomas Financial, LLC. and has been working with the firm since its inception in 2017. Ms. Lawrence is a 2018 graduate of WVU, where she received a BS in finance and accounting. She currently holds her Life and Health insurance licenses, as well as her Securities licenses - Series 7, 65, and 63.

Gerry Mansell was a Sentinel and Assistant Relief Commander at the Tomb of the Unknown Soldier from April 1982 to September 1983. He was awarded the Guard, Tomb of the Unknown Soldier Identification Badge # 259. Mansell retired from the U.S. Army in July 1995 at the rank of Sergeant First Class.

Pamela Martino holds an MA in English (creative writing concentration) from WVU and taught at both WVU and FSU. She also directed and taught Nonprofit Management at Salem International University. She was a director in the nonprofit sector (Arts and Red Cross) for 13 years. During all those years, Pamela also traveled, gardened, made art, biked, hiked, and kayaked!

Kenneth Martis, American political geographer, is a professor emeritus in the Department of Geology and Geography at WVU. His knowledge and expertise lie in mapping and documentation of electoral history. Professor Martis's research of geography of elections and geographical aspects of American political culture, legislative redistricting, and gerrymandering are important and informative to all voters.

Judy Morris is a long-time OLLI member with a love of travel and is happy to share her experiences with others. She is a retired Medical Technologist who worked in the clinical labs

at Ruby, in research for Mylan, and as a database specialist for Halfpenny Technologies. Her hobbies include photography, gardening, and quilting.

***Byron Nelson** is a retired English professor at WVU. He has taught OLLI courses on Shakespeare, opera and Broadway musicals.

Jerome A. Paulson, MD, FAAP, is Emeritus Professor of Pediatrics and Emeritus Professor of Environmental and Occupational Health at the George Washington University Schools of Medicine and of Public Health. He created the American Academy of Pediatrics Program on Climate Change and Health.

Cecil Pollard has been practicing T'ai Chi for almost five years under several different instructors. He has experience teaching this class, but doesn't consider himself an expert. He continues to take classes when possible.

***Margot Racin** is retired after 30 years in the WVU English Department. She has coordinated these *New Yorker* discussions in previous terms and looks forward to even more stimulating discussions.

***Sumitra Reddy** grew up India and came to the U.S. for graduate studies in Physics. She has been teaching at OLLI since 2011 to share her joy of learning various subjects ranging from history to science in that process.

Jim Rentch has been a welder, autoworker, coal miner, electrical technician, and most recently, an instructor at WVU's Division of Forestry and Natural Resources. He values utilizing the photographic resources of WVU Libraries and WV State Archives to recreate events he covers in his OLLI classes.

Justin Semack is a fully retired licensed psychologist for West Virginia and Pennsylvania, having worked for over 25 years in providing psychotherapy and expert witness testimony, most notably in involuntary mental hygiene commitment proceedings. He has provided and given expert testimony in at least 5000 mental hygiene evaluations and testimony from 1988 to 2012, being well respected in the professional community.

Michael Sherwin earned a MFA from the University of Oregon in 2004, and a BFA from The Ohio State University in 1999. He has won numerous grants and awards for his work, and has been exhibited widely, including recent shows at CEPA Gallery in Buffalo, New York, SPACES Gallery in Cleveland, Ohio, the Clay Center for Arts and Sciences in Charleston, WV, and the Atlanta Contemporary Arts Center in Atlanta, GA.

continued on next page

***Rae Jean Sielen** has helped individuals, families, organizations, and businesses with a wide variety of publishing projects for over 25 years. She is especially passionate about encouraging others to preserve their personal and family stories.

Crystal Smith is a teaching associate professor in the Division of Animal and Nutritional Sciences within the Davis College of Agriculture, Natural Resources and Design. Dr. Smith leads the Equine Studies program, mentors students, and manages the horse unit at the JW Ruby Research Farm. For more information about Dr. Smith or her courses, please contact her at Crystal.Smith@mail.wvu.edu.

***Richard Smosna** is an emeritus professor at WVU who has taught geology for over 35 years, presenting courses in environmental hazards, history of Earth, dinosaurs, human evolution, oceanography, and petroleum.

***Barry Wendell** has a BA in Humanistic Studies. His classes at OLLI (pop music for every year from 1960-1970, *The Beach Boys*, *Bruce Springsteen*, *The Brill Building*, *Laura Nyro*) give him a chance to use his college skills.

***Judy Werner** has enjoyed playing the lap dulcimer for more than 12 years and she plays in two different dulcimer groups. She likes old-time traditional music and enjoys going to concerts and music festivals. She continues to direct the Gardner Winter Music Festival held every February. She also enjoys playing the tin whistle and the bowed psaltery.

Madison White is a graduate student studying Public Administration at WVU and works for the WVU Office of Student Success. She also holds two bachelors degrees in Economics and Political Science from WVU and teaches conversational English to adults learning English as a second language in the Morgantown community.

***Susan Hall Witt** is a stained glass and watercolor artist. She teaches stained glass for the community schools program and continues to take classes and workshops to improve her skills.

Linda Yoder is a gardener, reader, and teacher retired from university and overseas teaching. For years she has held play reading groups in Morgantown for people trying to improve their spoken English and have a good time doing it.

* Donotes Honor Roll instructor.

Below are some of the e-resources OLLI uses to stay connected and keep our members engaged. If you have questions or need assistance, please call the OLLI office at 304-293-1793.

Email & Friday e-bulletin

OLLI does not share your email address. We use your address only to inform you of important OLLI information and upcoming events. Be sure you're signed up for our email list so you don't miss any special news, messages from your instructors, receipts for registration, and more. You can also access the latest news directly by visiting our blog site at olliatwvu.wpcomstaging.com/

OLLI Website

The OLLI@WVU website (olliwvu.org) is your resource for a great variety of information about our program, including class schedules, OLLI news, class handouts, FAQs about teaching, the OLLI member handbook, travel opportunities, minutes from board meetings, and much more. You can also access our registration site, <https://wvusph-olli.augusoft.net/>, from the main site.

OLLI on Social Media

Follow OLLI on

- Facebook (Osher Lifelong Learning Institute at WVU),
- Instagram ([olliatwvu](https://www.instagram.com/olliatwvu)), and
- Twitter ([olliatwvu](https://twitter.com/olliatwvu))

Find out when the latest catalog will be available online, see pictures from classes, learn about special events, and read interesting articles from a variety of sources.

Online Registration

You can register for your classes online at <https://wvusph-olli.augusoft.net/>.

This online registration system has allowed us to do away with paper receipts, so your receipts are sent directly to your inbox. Please double check to make sure your email address is correct in our system!

Go Green!

You can opt out of receiving our printed catalog. All classes and special events are listed on the OLLI registration site, and courses that are added after the catalog goes to print will be there as well. Members who opt out of the printed catalog will receive a PDF (electronic) copy of the catalog as soon as it is sent to the printer, even before it goes out in the mail.

Register for OLLI Online

To purchase or renew an OLLI membership and register online, follow the steps below.

1. Go to **olliwvu.org**
2. Choose and click on either Morgantown or Charleston.
3. Click on **Register Here** on the left side of the screen. You will be redirected to <https://wvusph-olli.augusoft.net>
4. Click on **LOGIN/CREATE ACCOUNT**.
If you have been an OLLI member in the last two years, you already have an account. Contact the OLLI office if you need your username and password. *Please do not create a new account.*
5. You will see **Welcome, Your Name** in the gold bar above **BROWSE** on the left side of the screen if your login was successful.
6. Click **BROWSE** to purchase or renew a membership or browse OLLI classes and events.
7. If you are purchasing or renewing a membership, click on **JOIN OLLI**, select the appropriate membership and click **Submit**.

8. To register for classes and events, click on **BROWSE**, then **ALL CLASSES**.

If you know the name of the name of the class for which you wish to register, you can type it in the **Search box** in the upper right corner and click on the blue **GO>** button.

9. To select a class or event, click on the **Add to Cart** button on the right side below the class information.

10. When finished making your selections, click on **CHECKOUT** next to the VIEW CART on the right in the gold bar.

12. Review your selections and check the box next to **Agree to Refund Policy** to the right of each class on your list.

13. Click on the blue **CHECKOUT** button at the bottom of your order.

- If there is a balance due, you will be taken to a screen to enter your credit card information.
- If there is no balance due, you will be taken to the Order Complete screen.

OLLI Policies & Procedures

Class Disclaimer

OLLI at WVU presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial, or other professional advice and services. Information presented in an OLLI program should not be used as a substitute for consultation with a professional legal, medical, financial, or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial, or other competent adviser.

All information is provided “as is,” with no guarantee of completeness, accuracy, timelines or of the results obtained from the use of the information, and without warranty of any kind, expressed or implied, including, but not limited to warranties of performance, merchantability, and fitness for a particular purpose. Neither OLLI at WVU nor its information providers will be responsible to any program participant or anyone else for any decision made or action taken in reliance on the information presented by OLLI at WVU, or for any consequential, special or similar damages, even if advised of the possibility of such damages.

Classroom Etiquette

OLLI instructors are volunteering their time and talents. Please be respectful of your course instructors and fellow participants by:

- staying on topic during discussions
- attending only courses for which you have registered

Exposure to new and different ideas is what OLLI is all about – we encourage you to embrace this philosophy and be respectful in classroom discussions.

Liability Disclaimer

Individuals acknowledge and assume any and all risk associated with participation in OLLI at WVU activities. OLLI at WVU makes no representation regarding the appropriateness of any activity for an individual. OLLI at WVU disclaims any and all liability for each individual’s participation in any activities. If a course involves physical activity, participants are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended that participants consult their physician before participating in physical activity.

Personal Assistive Hearing Devices

OLLI classrooms A and B are now equipped with personal assistive hearing devices for member use. A small personal receiver enhances sound projected through the audio-visual system in the classroom. Users may choose to use ear-buds, surround earphones, or a headset. Some hearing aids are able to use a neckloop telecoil coupler. To use a personal assistive hearing device, come to the OLLI office prior to your class to sign one out.

Non-Discrimination Statement

WVU is an EEO/Affirmative Action Employer. Underrepresented class members are encouraged to apply. This includes minorities, females, individuals with disabilities, and veterans.

Refunds

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.



OLLI at WVU - Your Next Adventure Begins Here

Fall registration begins Sept. 20

Phone: 304-293-1793

Website: www.ollivvu.org

Email: olli@hsc.wvu.edu

Benefits of OLLI Membership

Staying intellectually stimulated and socially active are proven components of healthy aging. Membership in OLLI provides these benefits through:

- More than 200 courses and activities per year in such areas as the arts, health and wellness, humanities, math and science, technology, and more.
- Social events
- Travel programs
- Interest Groups
- Volunteer opportunities