



# OLLI @ WVU

*Helping You Stay Connected*

**Winter 2021 Charleston Course Catalog**  
**January - March**  
[www.olliatwvu.org](http://www.olliatwvu.org)

Dedicated to enriching the lives of older adults throughout West Virginia, the Osher Lifelong Learning Institute at West Virginia University (OLLI at WVU), an affiliate of the WVU School of Public Health, is a member-driven organization whose mission is to promote connection, curiosity, exploration, discovery, and discussion through learning and social engagement in non-credit classes, lectures, field trips, and events designed for adults 50+.

We value:

- The shared knowledge and talents of our members and volunteers.
- The support of our members for OLLI at WVU.
- A spirit of collaboration and respect among OLLI members and with West Virginia University.
- Excellence in all aspects of the life of OLLI at WVU.
- Innovation, creativity, and curiosity to develop and maintain a vibrant, member-driven program.
- Respect for diverse people, ideas, voices, and perspectives where all members feel valued.
- Working together to positively impact every part of OLLI at WVU.
- Partnering with people in the communities that we serve to support the mission and vision of OLLI at WVU.

During four terms each year, OLLI at WVU offers courses, lectures, seminars, and field trips in such areas as music, literature, art, science, politics, nature, history, health, medicine, technology, and economics. Live drama, movies, and interest groups add to the choices.

Courses are developed and taught by volunteers from the community who are passionate about their topics, avocations, and interests, and who love to share their ideas.

## Supporters

OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:

- The Bernard Osher Foundation
- West Virginia University, President's Office
- WVU Foundation
- WVU School of Public Health (SPH)
- OLLI Board Members, Committee Members, and Volunteers
- OLLI \$100K Club, Donors, and Sponsors
- Our Distinguished Instructors
- OLLI Members

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## The Bernard Osher Foundation

The Bernard Osher Foundation seeks to improve quality of life through the support of lifelong learning institutes such as OLLI at WVU. The Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. The Foundation has now funded 124 Osher Lifelong Learning Institutes on campuses of colleges and universities from Maine to Hawaii. Funding for OLLI is contingent upon membership growth goals, so **membership matters**. To learn more about The Bernard Osher Foundation, please visit their website at [www.osherfoundation.org](http://www.osherfoundation.org).

*OLLI stimulates one's mind with great courses and provides social interaction to enliven the whole person.*

**- OLLI member**

Greetings OLLI Friends:

*"I don't like winter 'cause there's never any daytime left over after dinner"*

This caption from Bill Keener's cartoon strip "Family Circus" sums up how I feel about the long, dark days of January, February, and March. My daily afternoon walks have to be taken earlier to avoid becoming night walks. And I have to run errands before 4:00 p.m. in order to avoid driving at night.

One way you can fill your daylight hours in the next few weeks is to participate in OLLI courses offered during the winter term. The offerings in this catalog contain many opportunities to satisfy our curiosity about topics we may never have explored. Our OLLI instructors have planned over 50 courses for us and we are grateful for their dedication and enthusiasm for teaching.

We will, of course, be delivering our courses online again this term. If you are new to participating in courses in this format, our Director, Jascenna Haislet, and our tech guru, Michelle Klishis, have prepared instructional videos to help you learn the ins and outs of Zoom and they are always willing to answer your questions.

So I hope you will join me and your OLLI friends this winter term until we can enjoy some daylight after dinner in the spring. Stay safe & well in these upcoming months!

Beverly Kerr  
OLLI Board President

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***Can't make it to  
your class?***

Please call the OLLI office  
at  
304-293-1793  
to let us know so we can  
open your seat  
to someone on the wait list!

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The 2021 winter term marks one year since OLLI began offering all programming online for the safety of our members, volunteers, and communities. It has been a learning experience that few of us, if any, anticipated. We have learned to navigate new technology to keep in touch with family and friends, to order food and household goods online, and to take OLLI classes.

While we are anxious to get back together in our classrooms, we have discovered a few advantages to our new model, including the ease with which we can welcome instructors from across the country, instructors who would not have previously been available to us. During the fall term, David Selby, a Morgantown native, shared highlights of his long career as a professional actor and his work on Abraham Lincoln from his home in California. This winter, we are bringing our members classes from Iowa, Montana, Texas, and again, California.

Dr. Robert Neymeyer, historian for the Grout Museum District in Waterloo, IA, brings us the story of the service and sacrifice of the Sullivans, five brothers from Waterloo who enlisted together in 1942 and were tragically killed together in combat. Dr. Anya Jabour, professor in the History Department and a past co-director of the Women's, Gender, and Sexuality Studies Program at the University of Montana, will introduce us to feminist educator and reformer, Sophonisba Breckinridge. Aj Smit will lead a meditation workshop from her home in San Antonio and Caroline Cocciardi, writer and filmmaker from Saratoga, CA, will reveal a secret in the art of Leonardo da Vinci. We are excited to have Neymeyer, Jabour, Smit, and Cocciardi, along with another 37 generous and talented instructors, with us this winter, offering a wide variety of classes for our members.

Other benefits of our current delivery model include the ability for members to watch recordings of some past classes, access to programming for those who are not able to come to our classrooms, and the opportunity for members from both OLLI locations to share educational and social opportunities. As we move toward meeting in person again, the OLLI board and staff are working to keep online programming, and these benefits, available to our members.

Until we can re-open our classrooms, I look forward to seeing you on Zoom.

Jascenna Haislet  
Director, OLLI at WVU

## OLLI Membership

Membership is open to curious adults interested in programming designed specifically for those 50 and over who want to engage socially and intellectually.

### *The Benefits of OLLI Membership\**

- A voice in OLLI governance
- The right to run for the OLLI Board or serve on a committee
- At least two free members-only events per year  
(no term registration fee required)
- The right to be added to a class wait list  
(members will be given priority when a seat opens up in a class)
- Reduced prices for OLLI trips and special events
- The opportunity to make new friends and learn new things
- The right to register for unlimited classes with payment of term registration fee. OLLI classes are open to members only!

### *Annual membership*

*is \$20*

Membership year runs  
July 1<sup>st</sup> to June 30<sup>th</sup>.

*\*Some member benefits may not be available during terms when OLLI, for the sake of public health, is holding classes online only.*

### Term Registration Fee

- OLLI members may register for **unlimited courses for \$25 per term.**
- Other fees may apply and are noted on individual courses, events, or groups.
- **Special Member Events are free** to all current OLLI members unless otherwise noted.

Discounts are available for our volunteer instructors. Contact the OLLI office at 304-293-1793 for more information.

### Financial Assistance Available

OLLI at WVU tries to keep fees to a minimum while providing the highest quality experiences to our members. However, we recognize that membership and registration fees may be out of the reach of some individuals. Therefore, fee waivers are available. To apply, ask for a confidential application at the OLLI office or fill out the form on our website at [www.olliatwvu.org](http://www.olliatwvu.org).

### How to Register

Winter term runs January 2<sup>nd</sup> through March 31<sup>st</sup>. Most programming is scheduled between January 25<sup>th</sup> through March 5<sup>th</sup>. To register, you must have a current membership and have paid the required fees for the term.

Individuals may purchase or renew a membership and register for classes in any of the following ways:

- Online at [www.olliatwvu.org](http://www.olliatwvu.org).
- By mail, using the enclosed membership/registration form.

Mail the form to:

OLLI at WVU - PO Box 9123 - Morgantown, WV 26506-9123

**Please make checks payable to the WVU Foundation.**

*If you pay with a credit or debit card, the charge will show as: West Virginia Treasury Basics*

**Winter Registration begins Jan. 11, 2021**

***View the full OLLI Winter Course Catalog,  
including instructor biographies,  
online at [www.olliatwvu.org](http://www.olliatwvu.org).***

## Thank You to our Donors!

The Osher Lifelong Learning Institute at WVU is dedicated to providing the highest quality educational, recreational, and social opportunities possible to our members. For many years, we have been able to offer 200 or more classes, workshops, lectures, discussions, and field trips annually. In March 2020, OLLI quickly transitioned programming to an online platform for classes and new social events to keep our members engaged while physically distancing.

In order to sustain and grow the program, your financial support is needed. Although OLLI receives support from WVU and earnings from the Osher Endowment, this funding covers only about 50% of our expenses. Membership and registration fees cover another 25%. Therefore, the remaining 25% must be raised through donations, gifts, sponsorships, and grants.

Your donation to OLLI can help ensure that OLLI will be here when we return to our classrooms in Morgantown and Charleston.

As OLLI at WVU strives to achieve financial sustainability, we would like to say thank you to all who have given so generously this year. The following reflects donations processed between July 1 and December 14, 2020, per the WVU Foundation. If your name is not listed and you believe it should be, please call the OLLI office at 304-293-1793.

Aurie & Robert Acciavatti	Darlene Fogarty	Carrie Lakin	Alan & Gwen Rosenbluth
Joyce Butler Allen	Dan Foster	Robb O. Livingood	Steve & Debora Runfola
Gerri Angoli	Paul Gebhard	Roger & Nancy Lohmann	James & Sheila Rye
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Lynn & Maurice Baker	Judith Hall	Kim & Dave McCluskey	Suncrest Area Kiwanis Club
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Joann Evans	Beverly Kerr	Thomas Pue	
Phillip & Doris Faini	Yvonne Khourie	Margot Racin	
Joan Fernandes	Steven & Susan Kite	Nancy Raley	
Martha Ferrell	Beata Kolaja	Richard Reardon*	
Denise Ferris	Peggy Kourey	Frank & Madelyn Romeo	
	Sherrilyn Kuehn		

\* Sustaining Donors

OLLI members and friends may give during the Annual Giving Campaign, when you renew a membership or enroll for classes, or any time during the year. You may choose to set up a monthly recurring gift.

You can choose to designate your gift to OLLI's area of greatest need, the \$100K Club, the scholarship fund, or the OLLI endowment. You may choose to leave a Legacy Gift, make a Tribute Gift, or give through an IRA Charitable Rollover.

***With a variety of giving options, you can choose the gift that works best for you.***

For more information, call the OLLI office at 304-293-1793.

To give today, visit <https://olliatwvu.org/make-a-gift/> or add your tax-deductible donation to the enclosed class registration form.

***Thank you for your continued support of lifelong learning and OLLI at WVU.***

## Winter 2021 Schedule at a Glance

Page #	Class, Instructor	Time	Sessions	Date(s)
<b>Monday</b>				
10	More Lap Dulcimer (Werner)	10:00 - 11:50 a.m.	6	Jan. 25 - Mar. 15
15	<i>The New Yorker</i> Discussion Group (Racin)	10:00 - 11:50 a.m.	6	Jan. 25 - Mar. 1
9	Yarn Arts	12:30 - 2:20 p.m.	ongoing	Jan. 11 - Mar. 31
13	The Sullivan Story of Service and Sacrifice (Neymeyer)	12:30 - 2:20 p.m.	1	Feb. 1
10	The Bayeux Tapestry: the Art, the Story (Cann)	12:30 - 2:20 p.m.	2	Feb. 8 & 15
13	Losing the Oval Office But...(Hammersmith)	12:30 - 2:20 p.m.	3	Feb. 22 - Mar. 8
9	West Virginia Civil Rights Leaders, MLK Jr. Day Celebration	2:00 - 3:30 p.m.	1	Jan. 18
15	<i>The New Yorker</i> Discussion Group II	3:00 - 4:50 p.m.	6	Jan. 25 - Mar. 1
<b>Tuesday</b>				
8	Ask-a-Geek (Klishis)	8:30 - 9:30 a.m.	ongoing	Jan. 12 - Mar. 30
10	Garrison Keillor: The Stories... (Baker)	10:00 - 11:50 a.m.	3	Jan. 26 - Feb. 9
11	Advance Care Planning and the WV e-Directive (Funk)	10:00 - 11:50 a.m.	1	Feb. 23
14	Citizen Science and WVU Core Arboretum...(Fowler)	10:00 - 11:50 a.m.	3	Feb. 23 - Mar. 9
12	Start the Conversation: How to Begin...(Funk)	10:00 - 11:50 a.m.	1	Mar. 2
8	...OLLI Class with Zoom: Laptops/Desktops (Klishis)	12:30 - 1:30 p.m.	1	Jan. 19
12	Behind the Numbers:...Mathematicians (Reddy)	12:30 - 2:20 p.m.	1	Jan. 26
15	Environmental Awareness: Series 1 (Elkins)	12:30 - 2:20 p.m.	4	Feb. 2 - 23
16	Hiking WV State Parks: Rivers & Lakes (Klishis)	12:30 - 2:20 p.m.	1	Mar. 2
10	Leonardo da Vinci's Hidden Message...(Cocciardi)	12:30 - 1:30 p.m.	1	Feb. 2
14	Physics of Optics and Light (Balthazar)	3:00 - 4:30 p.m.	6	Jan. 26 - Mar. 2
12	Embracing Your Potential (Ramirez)	3:00 - 4:50 p.m.	8	Jan. 26 - Mar. 16
8	Twilight Trivia (OLLI Staff)	7:00 - 8:30 p.m.	2	Feb. 2 & Mar. 2
<b>Tuesday/Wednesday/Thursday</b>				
14	Wild & Wonderful Wetlands (Bergstrom & Christ)	12:30 - 1:30 p.m.	3	Jan. 26 - 28
<b>Tuesday/Thursday</b>				
12	Mobility and Flexibility for Seniors (Leary)	10:00 - 11:00 a.m.	8	Jan. 26 - Feb. 18
<b>Wednesday</b>				
8	...OLLI Class with Zoom: Laptops/Desktops (Klishis)	10:00 - 11:00 a.m.	1	Jan. 20
10	Enjoy the Tin Whistle (Werner)	10:00 - 11:50 a.m.	9	Jan. 27 - Mar. 10
16	Iceland in January:...the Northern Lights (Long)	10:00 - 11:50 a.m.	1	Jan. 27
15	Understanding the Transgender Transitional Process: Birth Sex to Gender Identity (Grant-Lilley)	10:00 - 11:50 a.m.	1	Feb. 3
12	American Women Writers and Activists Speak Out: An Encore Perspective (Howe & Nelson)	10:00 - 11:50 a.m.	3	Feb. 10 - 24
8	...OLLI Class with Zoom: iPads/Smart Phones (Klishis)	12:30 - 1:30 p.m.	1	Jan. 20
13	The Memoir Inside of You (Robinson)	12:30 - 2:20 p.m.	1	Feb. 3
10	History of the Movies, Part IV (Held)	12:30 - 2:20 p.m.	3	Feb. 10 - 24
15	Fracking, The Inside Pages (Venable)	12:30 - 2:20 p.m.	1	Mar. 3
15	Stranger, My Friend: Talking to Someone...(Abbas)	3:00 - 4:50 p.m.	4	Jan. 20 - Feb. 10
16	Special Places in WV: Potomac Highlands (Johnson)	3:00 - 4:50 p.m.	5	Jan. 27 - Mar. 3
14	Root to Bloom: A Soul Art Workshop (Smit)	3:00 - 4:30 p.m.	1	Feb. 17
13	Sophonisba Breckinridge...(Jabour)	3:00 - 4:50 p.m.	1	Feb. 17

*You cannot help but get excited about the subject when the instructor is so passionate and knowledgeable about the subject.*

*- OLLI member*

## Winter 2021 Schedule at a Glance

Page #	Class, Instructor	Time	Sessions	Date(s)
<b>Thursday</b>				
15	Technology Security (Klishis)	9:00 - 11:50 a.m.	1	Mar. 4
8	...OLLI Class with Zoom: iPads/Smart Phones (Klishis)	10:00 - 11:00 a.m.	1	Jan. 21
13	The Impact of Railroads on War (Colvin)	10:00 - 11:50 a.m.	4	Jan. 28 - Feb. 18
12	Dr. William M. Scholl... (Lakin)	10:00 - 11:50 a.m.	1	Feb. 25
13	The Monongah Mine Disaster (Rentch)	10:00 - 11:50 a.m.	1	Feb. 25
14	Lunch & Lights: Disney Night Parades (Johnson)	12:30 - 1:30 p.m.	6	Jan. 28 - Mar. 4
13	To Hell and Back: Dante's <i>Divine Comedy</i> ...(Cole)	12:30 - 2:20 p.m.	4	Feb. 4 - 25
8	Conversations on Racism and Antiracism (Montgomery, Held, Haislet)	3:00 - 4:15 p.m.	6	Jan. 28 - Mar. 4
<b>Friday</b>				
10	The Elegant and Erotic Art of Aubrey Beardsley (Cann)	10:00 - 11:50 a.m.	1	Jan. 29
10	Opera After Covid-19...(Nelson)	10:00 - 11:50 a.m.	2	Jan. 29 & Feb. 5
11	West Meets East – 'Japonisme' (Cann)	10:00 - 11:50 a.m.	2	Feb. 19 & 26
11	Women Artists Series: Mary Cassatt (Cann)	10:00 - 11:50 a.m.	2	Mar. 5 & 12
12	Yoga for Back Pain (Layton)	12:30 - 2:20 p.m.	7	Jan. 29 - Mar. 12
12	Hacking Humans: The New Age... (Karshenas)	3:00 - 4:50 p.m.	1	Feb. 5
<b>Saturday</b>				
11	Beginning T'ai Chi Continued (Pollard, Koehler)	10:00 - 10:50 a.m.	7	Jan. 23 - Mar. 6
<b>Sunday</b>				
8	OLLI Virtual Happy Hour (Haislet, Klishis)	6:00 - 7:00 p.m.	8	Jan. 24 - Mar. 14

*All OLLI classes and events will be held online via Zoom this winter.  
Zoom links will be emailed to all enrollees on the morning of each class.*

### Mark Your Calendar!

#### *Other Important Dates*

January 11	Winter registration Begins
January 11	Winter Open House
January 18	Spring Course Proposals Due
January 25	Winter Term Begins
February 11	OLLI Board Meeting
March 12	OLLI Board Meeting
March 22	Spring registration begins
April 9	OLLI Board Meeting
April 12	Spring term begins
April 19	Summer course proposals due
May 14	OLLI Board Meeting



*Look for this icon next to the course titles.*

The gold star indicates that the instructor is a member of the OLLI Honor Roll and has taught at least 10 courses and 60 class session hours. If more than one instructor is listed, the Honor Roll member is in **bold**.

## Special Member Events and Opportunities

***Special Member Events, unless otherwise noted, are free or discounted for current OLLI members!  
Payment of term enrollment fee is not required.***

### Ask a Geek

Michelle Klishis

Tuesdays, Jan. 12 - Mar. 30, 8:30 - 9:30 a.m.

Sometimes you have questions about technology that don't fit into a specific class or course or maybe you just have something that is driving you crazy. For those times, OLLI's Professional Technologist, Michelle Klishis, has created a regular technology question & answer session.

Be aware that sometimes the answer is "No, you can't do that," and sometimes the answer is, "I don't have a clue." As long as you're okay with getting "No" for an answer, Michelle is willing to field any and all questions. Also, feel free to send an email ahead of time if you think your question is going to be really complicated or beyond the scope of an hour-long session. Reach out to [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu) with the subject Geek Question.

No question is too small or too silly to answer! And even if you think you don't know enough to ask your own question, you can usually learn a lot listening to someone else's questions! And Michelle can always ramble on about any tech topic if you get her started.

As a warning, Michelle's strengths are Android phones, Windows PCs, MS Office software, and digital security and privacy. Her weaknesses are Apple products and AV equipment. (i.e., Apple questions are most likely to be answered, "I don't know; I'll have to look into it.")

### Conversations on Racism and Antiracism

Florita Montgomery, Jim Held, and Jascenna Haislet

Thursdays, Jan. 28 - Mar. 4

3:00 - 4:15 p.m.

**Maximum Enrollment: 20**

Although large public protests are no longer in the headlines every night, racism continues to be a very real and dangerous problem for many people in this country. It doesn't always reveal itself through derogatory comments and names or overt threats and other actions. Oftentimes racism presents through microaggressions, support of discriminatory policies, or implicit bias. So what does all of this mean? How can we recognize racist thoughts and behaviors? How can we move toward being antiracist? Drawing on the research and work of the books *How to Be an Anti-Racist* by Dr. Ibram X. Kendi, *White Fragility* by Robin DiAngelo, and *Caste, The Origins of Our Discontents*, by Isabel Wilkerson, your co-hosts will facilitate a conversation exploring our individual beliefs, behaviors, questions, and struggles to understand what racism is and how its eradication will benefit all.

### OLLI Virtual Happy Hour

Sundays, Jan. 24 - Mar. 14, 6:00 - 7:00 p.m.

Join us for an on-line happy hour with OLLI members! We're going to chat and socialize and check in on each other! Take this opportunity to dress up and chat with people you haven't seen for awhile or maybe haven't met in person before! If we have a large number of participants, we'll attempt to break this into several "smaller" rooms so conversation is possible. And once you've got the hang of this, you can set up your own video chats with friends.

### Twilight Trivia

Tuesdays, Feb. 2 & Mar. 2, 7:00 - 8:30 p.m.

Grab a beverage and some snacks, settle into a comfy chair with your laptop, tablet, or smart phone, and test your knowledge of trivia, and the trivial, against your fellow OLLI members during our monthly virtual game night!

### Taking an OLLI Class with Zoom

Michelle Klishis

**For laptops and desktops:**

Tuesday, Jan. 19, 12:30 - 1:30 p.m.

Wednesday, Jan. 20, 10:00 - 11:00 a.m.

**For iPads and smart phones:**

Wednesday, Jan. 20, 12:30 - 1:30 p.m.

Thursday, Jan. 21, 10:00 - 11:00 a.m.

Interested in taking an OLLI class this fall but not sure how to use the online meeting software, Zoom? Join us for a session where we will walk you through the steps you'll need to take, from downloading and installing the Zoom app on your device, to entering the virtual classroom, to using the chat function, and more. If you don't have a computer or personal electronic device, learn how you can join Zoom with your phone. Choose a session based on your device and stay connected this fall with OLLI and Zoom.



## Interest Groups

OLLI Interest Groups are open to OLLI members at no additional charge. Payment of term fee is not required. Some restrictions may apply. See description for more detail.

### Yarn Arts

On **Mondays, Jan. 11 - Mar. 31, from 12:30 - 2:20 pm**, join others to share ideas, patterns, and workshop information and to support each other in knitting, crocheting, needle-point, and other yarn and thread arts.

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*OLLI membership has opened a whole new world for me and has given me a challenging and very rewarding activity for my retirement years.*

**- OLLI member**

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## Community Event

### West Virginia Civil Rights Leaders

15<sup>th</sup> Annual Martin Luther King Jr. Day Celebration  
Hosted by The Community Coalition for Social Justice,  
Main Street Morgantown, and OLLI at WVU  
Monday, Jan. 18, 2:00 - 3:30 p.m.  
Free Family-friendly Program - All Are Welcome

- Learn about some West Virginia civil rights leaders.
- See Ilene Evans portray Memphis Tennessee Garrison, a West Virginia civil rights activist. Garrison was born in 1890, taught in McDowell County for 35 years, and organized the first NAACP branches in southern West Virginia. She was also a vice-president of the national NAACP board.
- Hear Demarcus Bandy, an eighth-grader at Mountaineer Middle School, talk about "Structural and Systemic Racism and How to Build an Equitable Future." His presentation is in cooperation with the Morgantown/Kingwood Branch of the NAACP.

To learn more about the Community Coalition for Social Justice, please go to [www.ccsjwv.org](http://www.ccsjwv.org). The City of Morgantown provides financial support for this program.

Register at <https://bit.ly/3mnuXgw> or on the enclosed registration form.



## A Taste of OLLI

a Virtual Open House

Monday, Jan. 11, 2:30 - 4:00 p.m.  
Free and open to the public

Register at <https://bit.ly/37C0GEP>  
or join us on Facebook Live!



*Learn how you can stay engaged and connected this winter with OLLI's online classes.*

*Hear from instructors and meet other OLLI members!*

## The Bayeux Tapestry: the Art, the Story

Melora Cann  
Mondays, Feb. 8 & 15  
12:30 - 2:20 p.m.

**Encore**

In 1066, the European world changed when William crossed the English Channel. Two men, William the Bastard, Duke of Normandy, and Harold Godwinson, Earl of Wessex, met on the field of battle at Hastings in October of that year. Harold was killed. William became the next king of England, William the Conqueror. The artwork known as the Bayeux Tapestry, which records their story of friendship and betrayal, was made in what became Norman England, probably by Anglo-Saxon embroiderers in Kent, shortly after the actual battle, and likely not later than 1070. This single surviving piece of art recorded an eye-witness account that is a fascinatingly complex and challenging communication nearly 1,000 years old.

## The Elegant and Erotic Art of Aubrey Beardsley

Melora Cann  
Friday, Jan. 29, 10:00 - 11:50 a.m.

Aubrey Beardsley (1872-1898) “shocked and delighted late-Victorian London with his sinuous black and white drawings. He explored the erotic and the elegant, the humorous and grotesque, winning admirers around the world with his distinctive style. Spanning seven short years, Beardsley’s intense and prolific career as a draughtsman and illustrator was cut short by his untimely death from tuberculosis at the age of 25. Beardsley’s charismatic persona played a part in the phenomenon that he and his art generated...” [Tate Gallery, London, regarding a recent exhibition on Beardsley]. This class will explore the life, times, and art of Aubrey Beardsley.

## Enjoy the Tin Whistle

Judy Werner  
Wednesdays, Jan. 27 - Mar. 10  
10:00 - 11:50 a.m.

**Honor Roll Faculty**

Continue to learn more songs to play on the tin whistle, mostly Irish music.

## Garrison Keillor: The Stories Behind the Stories

Lynn Baker  
Tuesdays, Jan. 26 – Feb. 9  
10:00 - 11:50 a.m.

**Encore**

Garrison Keillor is best known for his Saturday evening radio show, *A Prairie Home Companion*, which always featured a story from Lake Wobegon, the mythical town where “All the women are strong, all the men are good-looking and all the children are above average.” This course will attempt to cover Keillor’s long prolific career, talking about how it began and changed over the years.

## History of the Movies, Part IV

James Held  
Wednesdays, Feb. 10 - 24  
12:30 - 2:20 p.m.

**Honor Roll Faculty**

Covering 1950 – 1980, this class will explore how Hollywood developed new wide-screen technologies in the attempt to fight the invention of television. It was a time of great epic films and the beginning of SciFi as legitimate, mature film genres. We’ll see the major innovators and stars that made progress possible and how TV had the increasing need to provide filmed “product” to an ever more demanding public hungry for screen entertainment right in their living rooms! Finally, we’ll look at how the movie theaters changed to suit new realities.

## Leonardo da Vinci’s Hidden Message: Leonardo’s Knot

Caroline Cocciardi  
Tuesday, Feb. 2, 1:00 - 2:30 p.m.

Author Caroline Cocciardi focuses on a facet of Renaissance artist Leonardo da Vinci’s artwork that has been overlooked for centuries but visual to the naked eye. Leonardo’s placement and use of inspired knots throughout his artwork as seen in such iconic works as “Mona Lisa” to “The Last Supper.” The intertwining knot Leonardo invents tells the story of a hidden message unlocked by Cocciardi and revealed in Mona Lisa’s embroidery pattern. This lecture is based on Caroline’s book, *Leonardo’s Knots*. A preview of the lecture is available at [https://www.youtube.com/watch?v=72spjBQuK\\_E](https://www.youtube.com/watch?v=72spjBQuK_E).

## More Lap Dulcimer

Judy Werner  
Mondays, Jan. 25 - Mar. 15  
10:00 - 11:50 a.m.

**Honor Roll Faculty**

Enjoy continuing to learn more old-time fiddle tunes, waltzes, patriotic songs, and Stephen Foster songs. Because this class will be offered online, it is not designed for the complete beginner. Some dulcimers will be available for loan (but please indicate this need when you register).

## Opera After Covid-19: How Will Opera Change After the Pandemic?

Byron Nelson  
Fridays, Jan. 29 & Feb. 5  
10:00 - 11:50 a.m.

**Honor Roll Faculty**

Although Covid-19 has largely stopped live performances, there need to be plans for the return of opera to the stage. How will singers, stage directors and audiences adapt to the new conditions? The course considers new ways to view some pivotal moments in the operatic repertory, such as how characters fall in love, say their prayers, and say goodbye at climactic moments.

## Women Artists Series: Mary Cassatt

Melora Cann  
Fridays, Mar. 5 & 12  
10:00 - 11:50 a.m.

Mary Cassatt was the only American painter to exhibit with the Impressionists in France. Cassatt moved to Paris from Pittsburgh as a young woman intent on becoming a painter, achieving her goal as an internationally recognized artist in her own right. She would exhibit in the official Paris Salon several times before joining the Impressionists at their fourth exhibition in 1879, invited by Edgar Degas. Cassatt and Degas would develop a lifelong professional relationship and firm, if irritated, friendship. Each respected the other yet often disagreed in philosophy and technique. Her art emerged with a clear specialty in domestic scenes focusing on women, especially women with children – and these are some of her best-known work. She advised several American art collectors; Cassatt's advice to Louisine Havemeyer resulted in a large collection of Impressionist art, most of which is now in the Metropolitan Museum of Art in New York City. Part one of this class will deal with her early years, her breakthrough into Impressionism, and her support of feminism; part two will address her later work including prints in the style of Japonisme, her relationship to Degas, and her later life.

## West Meets East – 'Japonisme'

Melora Cann  
Fridays, Feb. 19 & 26  
10:00 - 11:50 a.m.

After being closed to the West for over 200 years, Japan's ports were reopened to the world by U.S. Naval Commodore Matthew C. Perry's trade agreement in 1853-4. This allowed for a sudden influx of Japanese art and crafts to the West, particularly into Europe. Woodcut prints by masters of the ukiyo-e school transformed Impressionist and Post-Impressionist art with everyday subjects from "the floating world" presented in decorative ways. Japan's pavilion at the World's Fair of 1867 provided artists in Paris with an opportunity to see the best of Japanese art firsthand. The imported art was quickly named 'Japonisme' by a French writer. Japonisme had a pivotal impact on art and design in the West, notably causing artists to look outside a direct progression of art styles since the pre-renaissance. Among the artists particularly affected were Claude Monet, Vincent van Gogh, James McNeil Whistler, Aubrey Beardsley, Henri de Toulouse-Lautrec, Gustav Klimt, Mary Cassatt, James Tissot, and Edgar Degas. The class will examine a survey of ukiyo-e masters' works and the Western artists whose own styles dramatically changed course with these new (to the West) concepts of design and composition.

### Can't make it to class? Ask if a recording is available.

With permission of the instructor, OLLI records some classes to make available to our members\* on our YouTube channel.

Recordings are posted within 3-5 days of the class and are available until the beginning of the following term. A list of available recordings may be found at <https://olliatwvu.wpcomstaging.com/>. To watch a recorded class, email the OLLI office at [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu) to request the YouTube link.

*\* must be a current member and pay enrollment fees for the current term to access recorded classes.*

## Advance Care Planning and the WV e-Directive Registry

Danielle Funk  
Tuesday, Feb. 23, 10:00 - 11:50 a.m.

**Encore**

Advance care planning is an important step in determining future goals, personal values, and preferences for future medical care. Wishes can be written in many ways, such as Medical Power of Attorney (MPOA), Living Will (LW), Combined MPOA/LW, Physician Order for Scope of Treatment (POST), and Do Not Resuscitate (DNR) card. The WV Center for End-of-Life Care serves the state of WV by helping individuals navigate and understand the advance care planning process. The Center also has the nationally recognized e-Directive Registry which allows for secure storage of advance directives and medical orders, with access given to treating health care providers.

## Beginning T'ai Chi Continued

Cecil Pollard, William Koehler  
Saturdays, Jan. 23 - Mar. 6  
10:00 - 10:50 a.m.

**Enrollment by permission of instructor.**

We will offer a continuation of the beginning Tai Chi class in the Cheng Man Ch'ing 37 short form. This class is intended to give students an opportunity to continue to learn the second and third sections of the form. We will also learn the QiGong 18 movements. Students should be fairly comfortable with the first third of this style of Tai Chi or have completed the introductory class. This class should result in a stronger body, better balance, and improved flexibility.

## Embracing Your Potential

Maria-José Ramirez

Tuesdays, Jan. 26 - Mar. 16

3:00 - 4:50 p.m.

What would it take for the next 10 years to be the best years of your life? Participants will be asked to choose one area, habit, project, or step to focus on over 40 days that will help them move towards their goals. They will choose one task to complete each day as they work their way through the project. During class students will be encouraged to support each other, share resources, and help each other to achieve their goals.

## Hacking Humans: The New Age of Enlightenments or Dark Age?

Allie Karshenas

Friday, Feb. 5, 3:00 - 4:50 p.m.

We have reached a time in human development where technological breakthroughs are speeding faster than human thoughts. In the super-highway of bio-informatics, incredible amounts of information are collected every second from each of us and fed into complex Machine-Learning algorithms where the machines know more about us than we do about ourselves or our family members and friends. What if I told you that your mind and body can be hacked from outside without you realizing it? In this new paradigm shift of man-machine relationship, what are our options?

## Mobility and Flexibility for Seniors

Miriam Leary

Tuesdays & Thursdays

Jan. 26 - Feb. 18

10:00 - 11:00 a.m.

Exercise Physiology student interns from WVU will share information on how to preserve and improve mobility and flexibility with aging. Each class will include a short tutorial about the importance of mobility/flexibility for a

specific muscle group, followed by an easy instructor-led mobility session that can be done by beginners.

## Start the Conversation: How to Begin Advance Care Planning during COVID-19

Danielle Funk

Tuesday, Mar. 2, 10:00 - 11:50 a.m.

This class discussion will offer students time to reflect and consider appropriate and sensitive ways to approach loved ones about their health care wishes for advance care planning. Often, beginning the conversation is the most intimidating step in advance care planning, so this discussion aims at normalizing the conversations and language for end-of-life decisions. The class is an expansion of the instructor's previous class, *Advance Care Planning in WV, the WV e-Directive Registry, and COVID-19*. Students are not required to attend the *Advance Care Planning* in order to participate in this discussion course.

## Yoga for Back Pain

Deborah Layton

Fridays, Jan. 29 - Mar. 12

12:30 - 2:20 p.m.

**Maximum Enrollment: 12**

Yoga can sometimes be intimidating for people who are a little older, less flexible, or live with some pain. These classes are designed to help alleviate back pain symptoms by using breathing, gentle movements, stretches, and visualizations. The course will move from the easiest postures using the support of the floor and a chair in the first class to more challenging movements week by week, building toward more standing poses and those that will help develop strength in the core. Modifications will be provided for individual students, as needed.

Encore

## American Women Writers and Activists Speak Out: An Encore Perspective

Barb Howe and Carolyn Nelson

Wednesdays, Feb. 10 - 24

10:00 - 11:50 a.m.



This is an "encore" - but revised - presentation of the course on "Uppity Women" from the Winter 2018 term. We will look at poets Anne Bradstreet and Emily Dickinson for the first session. Next, we will look at the women who led the abolitionist movement to end slavery, including Harriet Beecher Stowe as author of *Uncle Tom's Cabin*, and their link to the efforts to expand women's rights before the Civil War. The final session will examine women's efforts to organize labor and improve working conditions in the nineteenth century. Short readings will be distributed via email.

## Behind the Numbers: The Lives and Impact of a Few Mathematicians

Sumitra Reddy

Tuesday, Jan. 26

12:30 - 2:20 p.m.



British mathematician Godfrey Hardy (1877-1947) stated that he was interested in mathematics only as a creative art. In this class, his life and contributions, as well as the lives and impact of the works of a number of mathematicians (up to the 19<sup>th</sup> century) who may not be household names, including Leibnitz, Boole, Germain, Brahmagupta, Fermat, Gauss, Napier, Riemann and more, will be discussed.

## Dr. William M. Scholl: Foot Care Pioneer and Philanthropist

Carrie Lakin

Thursday, Feb. 25, 10:00 - 11:50 a.m.

Ever wonder who was behind all of the foot care items labeled "Dr. Scholl" at the store? We will explore who this person was, and how he impacted society both then and now. He is rarely mentioned in our history books, so perhaps we can discuss how one man's passion became his empire.

### The Impact of Railroads on War

Kenton Colvin

Thursdays, Jan. 28 - Feb. 18  
10:00 - 11:50 a.m.



This course explores the impact that railroads had on the outcome of wars in the U.S., Europe, Korea, and Vietnam, including WW I, WW II, the Korean War, and the Vietnam War. We will experience the thrill and danger of military railroading as you are transported to the front lines by rail in France, Italy, Germany, Belgium, Vietnam, and Korea. The combat strategies, railroad construction, hospital trains, railway artillery, and much more will be covered.

### Losing the Oval Office But Joining the Presidents' Club

Jack Hammersmith

Mondays, Feb. 22 - Mar. 8  
12:30 - 2:20 p.m.

Ever since John Adams refused to attend Thomas Jefferson's inauguration, the loser of a presidential contest has not always accepted defeat gracefully. Beginning with Adams, too, there has been the potential of a "president's club," but until Harry Truman, it remained more theoretical than actual. Since Truman, presidents have treated their predecessors in varied ways: sometimes warmly, sometimes coldly, and frequently very politically. This class will examine this exclusive "club" as it has developed since WWII, and what relevance it has to modern presidential transitions, especially with changes in political parties.

### The Memoir Inside of You

Sarah Robinson

Wednesday, Feb. 3, 12:30 - 2:20 p.m.

What do you know for sure? You were born. Your story matters. This course will offer tips on beginning the task of writing, making revisions, and publishing your memoir. The

presenter will share her memoir journey, how *As a Result* came to be, and the many resources you may need to help put you on the "write" track. Writing prompts and techniques for implementing the finer points of creative nonfiction will be discussed.

### The Monongah Mine Disaster

Jim Rentch

Thursday, Feb. 25, 10:00 - 11:50 a.m.

On December 6, 1907, two of Fairmont Coal Company's mines in Monongah, WV, exploded, killing as many as 500 men and boys, many of them Polish and Italian immigrants, leaving hundreds of women widowed and over 1,000 children fatherless. This event remains the largest industrial accident in the history of the United States. We will cover events leading up to the explosion, rescue attempts, the role of the churches, the coal company, and state government, as well as the fate of the surviving families. Original photographs from WVU Libraries' West Virginia History OnView will be used.

### Sophonisba Breckinridge: Championing Women's Activism in Modern America

Anya Jabour

Wednesday, Feb. 17, 3:00 - 4:50 p.m.

University of Montana professor Anya Jabour will share her work on feminist educator and reformer, Sophonisba Breckinridge. Breckinridge's remarkable career stretched from the Civil War to the Cold War as she took part in virtually every reform campaign of the Progressive and New Deal eras and became a nationally and internationally renowned figure. Her work informed women's activism for decades and continues to shape progressive politics today.

### The Sullivan Story of Service and Sacrifice

Robert Neymeyer

Monday, Feb. 1, 12:30 - 2:20 p.m.

The Sullivan Brothers of Waterloo, Iowa, represent the service and sacrifice of those who served during WWII. They were blue collar kids, the product of the Great Depression years. The five brothers, close in age, worked in factories, failed to finish high school, and played hard. Their motto was "We Stick Together." When the war broke out, they enlisted as a group. In November 1942, they died together when their ship went down near Guadalcanal. It was, and remains, the largest single family loss in American combat history.

### To Hell and Back: Dante's *Divine Comedy* and the Human Imagination

Jay Cole

Thursdays, Feb. 4 - 25  
12:30 - 2:20 p.m.

In 2021, the world will mark 700 years since the death of Dante Alighieri in 1321. This course will provide a one-session introduction to Dante and an overview of his epic poem, the *Divine Comedy*. In subsequent class sessions, the course will explore how Dante has inspired the human imagination over the last seven centuries in so many ways: art, architecture, film, literature, music, poetry...as well as amusement park rides, food, golf courses, and video games! Join in this celebration of Dante's genius and the enduring legacy of his extraordinary poem.

**Lunch and Lights: Disney Night Parades**

Ed Johnson

Thursdays, Jan. 28 - Mar. 4  
12:30 - 1:30 p.m.



Each session will explore one of the night parades from the 12 Disney theme parks worldwide. Included are the Electrical Water Pageant, Main Street Electrical Parade, SpectroMagic, Paint the Night, Fantillusion, and DreamLights. Short overviews of the parks, some backstage looks, and the evolution of the technology used in the presentations will also be included, but the main event will be a video of the parade itself. This is an encore of the spring 2020 Lunch and Lights, Floats and Fireworks class.

**Root to Bloom: A Soul Art Workshop**

Aj Smit

Wednesday, Feb. 17, 3:00 - 4:30 p.m.

Join the instructor for a guided grounding meditation where you will discover your soul tree, and how you can remember to stay rooted in who you were created to be, while blooming where you are in your journey. Participants will journal and make art with what they've uncovered in meditation. Each piece will be unique to the artist as no soul trees are alike. No art skills required to join. The meditation is a visual journey to listen to your sub-conscious and is open and accessible to any religious belief.

**Citizen Science and WVU Core Arboretum Phenology Walk**

Zach Fowler

Tuesdays, Feb. 23 - Mar. 9  
10:00 - 11:50 a.m.

This course will introduce participants to "citizen science" and some of the ways to engage in citizen science, including the WVU Core Arboretum Phenology Walk citizen science program. The Phenology Walk draws on the support of volunteers to collect data about how plants respond to changes in climate. Participants in this citizen science effort are trained to observe permanently marked trees and collect data about leaf emergence, color change, and more, helping other scientists to better understand the issues related to the environment in WV.

**Physics of Optics and Light**

Ed Balthazar

Tuesdays, Jan. 26 - Mar. 2  
3:00 - 4:30 p.m.

This six-session class will deal with light and its optical manifestations. The sessions will focus on understanding the concepts; very little math is involved. Specifics of each session are as follows: 1) reflection and refraction of light including prisms and the rainbow; 2) mirrors and lenses; 3) wave

optics with interference, slit diffraction, and polarization; 4) optical Instruments such as the camera, human eye, microscopes, and telescopes; 5) Einstein's Relativity with speed of light, its consequences, and an explanation of  $E=mc^2$ ; and 6) quantum physics including the photoelectric effect, xrays, and the dual nature of light and matter.

**Wild & Wonderful Wetlands**

Tomi Bergstrom, Martin Christ

Tuesday - Thursday, Jan. 26 - 28  
12:30 - 1:30 p.m.

West Virginia Department of Environmental Protection personnel will share the crucial knowledge about wetlands they use day to day. Join them for three sessions that address the biodiversity and chemistry of wetlands as well as their place in our society, history, and laws. Learn how wetlands improve water quality by capturing sediment, removing pollutants, and cycling nutrients through their productive ecosystems; how they slow floodwaters, reduce flood peaks, and help protect downstream communities; provide recreational opportunities such as hunting, fishing, canoeing, photography, and wildlife observation; and are home to many migratory birds, amphibians, insects, fish, and mammals.

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**Our members are our best recruiters. Share your OLLI experience with a friend.**

- Invite a friend to a class  
*(when we're safely meeting face-to-face again)*
- Offer a catalog
- Suggest a membership\*
- Give a gift certificate



\*If you refer a friend who purchases a new membership, you will be entered in a drawing to receive a **free term of OLLI courses**. The referral must be confirmed by the new member.

## Environmental Awareness: Series 1

Kathi Elkins

Tuesdays, Feb. 2 - 23

12:30 - 2:00 p.m.

Building on previous OLLI classes on environmental issues, Series 1 is a cohesive approach to understanding the current status of human impact on the environment and what we can do to be “cleaner and greener” consumers. The sessions will address preparing for your next car purchase in hybrid and electric cars, the role of the U.S. in the Paris Agreement, the dangers we face from ocean plastics, and turning trash into treasures. The concepts of reduce-reuse-repair-recycle will be reinforced in each class. A total of six instructors, from both Charleston and Morgantown, will present the information.

## Fracking, the Inside Pages

Wallace Venable

Wednesday, Mar. 3, 12:30 - 2:20 p.m.

Fracking seldom makes the front pages of our newspapers or features on TV today. However, it is significant in our region. This class will review issues and events related to fracking in West Virginia, Ohio, and Pennsylvania. The presentation will include background information on technological, legal, and business perspectives.

## The New Yorker Discussion Group

Margot Racin

Mondays, Jan. 25 - Mar. 1

10:00 - 11:50 a.m.

Join us to discuss a range of topics from recent issues of *The New Yorker*. Members of the group choose articles, fiction, and topics to be discussed each week. All viewpoints welcome! A subscription to *The New Yorker* is strongly recommended.

## The New Yorker Discussion Group II

TBA

Mondays, Jan. 25 - Mar. 1

3:00 - 4:50 p.m.

The class will choose which articles to discuss. Many are pertinent to current affairs and others are just interesting. All viewpoints welcome! A subscription to *The New Yorker* is strongly recommended.

## Understanding the Transgender Transitional Process: Birth Sex to Gender Identity

Mavis Grant-Lilley, Kacie Kidd

Melissa Albert, Molly Fechter-Leggett

Wednesday, Feb. 3, 10:00 - 11:50 a.m.

Specialists for transgender persons will present information on how gender affirmation in youth through adults may be achieved by focusing on genetics, and biological, endocrinological, and psychological needs. There will be opportunity for questions and answers.

## Stranger, My Friend: Talking to Someone Who Doesn't Look Like You

Sara Abbas

Wednesdays, Jan. 20 - Feb. 10

3:00 - 4:50 p.m.

There are several reasons we don't engage fully in conversations with people who look, or dress, or speak differently than us. Evolutionary responses shape our understanding of the “other,” a person who lies outside our kinship and social web. We will study how noise and feedback affect communication and look at how evolution shapes our responses to surroundings and uncertainty and sharpens our bias. This class will help us develop listening skills, recognize bias, and navigate social identity. Students will be asked to participate in discussions and writing tasks and should come to class with a paper, pen, questions and two ideas/people they wish they could understand.

## Technology Security

Michelle Klishis

Thursday, Mar. 4, 9:00 - 11:50 a.m.

Encore

“If you are not paying for it, then YOU are the PRODUCT.” As more of our lives becomes digitized, it's important to make sure you are being safe with your electronic gadgets and online information. Anti-virus, malware, hacking, identity theft: all of these things make computers and smart phones sound terrifying, but there are simple steps you can take to make your data more secure and to feel more comfortable surfing the web and shopping online.

## Get to Know Each Other

OLLI Podcast

Launched in the summer of 2020, the OLLI at WVU podcast engages listeners with discussions about classes and current events related to the program, interviews with members of the OLLI community, and much more.

Episodes are available at <https://olliatwvu.podbean.com/>



### Hiking WV State Parks: Rivers & Lakes

Michelle Klishis  
 Tuesday, Mar. 2, 12:30 - 2:20 p.m.

It might be a little too cold for swimming, but it's never a bad time to talk about WV's state parks and forests that feature rivers and lakes. One of Michelle's favorite things to do is tromp along (or in) a creek till she finds the perfect spot to stop and enjoy the water rushing over the rocks. (Rivers are almost as good.) For this class we're going to spend some time checking out some of WV's state parks that feature lakes and rivers (and a creek or two).

### Iceland in January, Looking for the Northern Lights

**Encore**

Karen Long  
 Wednesday, Jan. 27  
 10:00 - 11:50 a.m.

Tired of not being able to travel in 2020? If you're anxious for even a virtual trip overseas, join this rerun travelogue of a January 2019 trip to Iceland. See some of the Reykjavik area and the southern part of the island, and learn some of Iceland's interesting geology, history, and language, as well as looking for the northern lights!

### Special Places in WV: Potomac Highlands

Ed Johnson  
 Wednesday, Jan. 27 - Mar. 3  
 3:00 - 4:50 p.m.

After a brief visit to the lowest and most eastern community in the state, we will conclude our virtual tour of West Virginia in the Potomac Highlands tourism region. Using short videos, Google maps, and narration, we will explore what many consider the most scenic (and perhaps the most unusual) area of the Mountain State. Note: the class will not meet on Feb. 17.

### Alpine Explorer & the Glacier Express Train with Oberammergau Passion Play

Sept. 13- 24, 2022

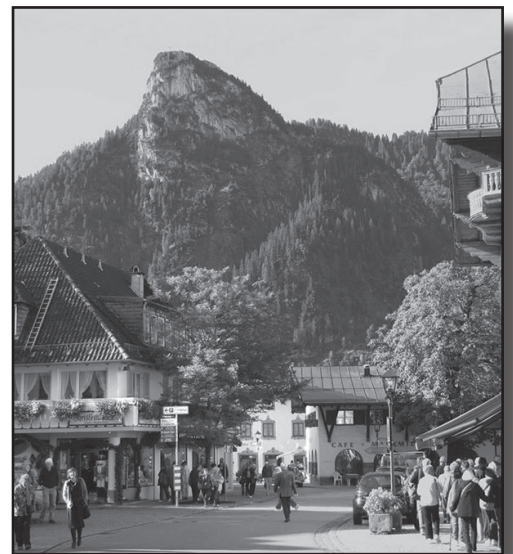


12 days • 18 meals

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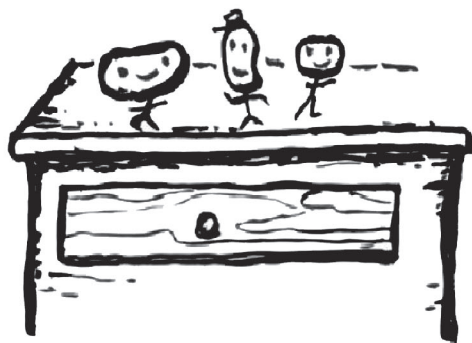
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**Accessing a class in Zoom**

When you are enrolled in an OLLI class or special member event, you will receive an email the morning of the class with the Zoom link and meeting ID. If you do not use email, please call the OLLI office on the morning of the class to ask for the meeting ID.

**Class Disclaimer**

OLLI at WVU presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial, or other professional advice and services. Information presented in an OLLI program should not be used as a substitute for consultation with a professional legal, medical, financial, or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial, or other competent adviser.

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wearing the proper attire and using the proper equipment (if applicable). It is highly recommended that participants consult their physician before participating in physical activity.

**Non-Discrimination Statement**

WVU is an EEO/Affirmative Action Employer. Underrepresented class members are encouraged to apply. This includes minorities, females, individuals with disabilities, and veterans.

**Registration Matters**

We understand that plans change, especially when you're asked to commit to something several weeks in advance. However, it is important to register for the classes that you wish to attend. Enrollment records help us demonstrate our members' active participation in the program when seeking funding from grant-makers and policy-makers.

If you are unable to attend a class for which you are registered, please notify the OLLI office. Please be respectful of the time and efforts of our volunteer instructors and your fellow OLLI members.

**Refunds**

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.

**Email** - OLLI sends all registration receipts, class Zoom links, and class handouts from instructors via email to your in-box.

**OLLI website** - <https://olliatwvu.org> is your resource for class schedules, OLLI news, class handouts, FAQs about teaching, the OLLI member handbook, travel opportunities, minutes from board meetings, and much more.

**OLLI blog & Friday e-bulletin** - Get the latest OLLI news at <https://olliatwvu.wpcostaging.com> and every Friday morning in OLLI's weekly ebulletin.

**Facebook** - Follow OLLI on Facebook at Osher Lifelong Learning Institute at WVU.

**Online Registration** - Register for your classes online at <https://wvusph-olli.augusoft.net>.

**Go Green!** - Opt out of receiving our printed catalog and help OLLI go green! All classes and special events are listed on the OLLI registration site, and courses that are added after the catalog goes to print will be there as well. Members who opt out of the printed catalog will receive a PDF (electronic) copy of the catalog as soon as it is sent to the printer, even before it goes out in the mail.

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*I never cease to marvel how much time, thought, and effort goes into the preparation of these classes, and count myself extremely fortunate to have the opportunity to partake of them. Thanks to all involved!*

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*- OLLI member*

## Contact Us

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Like us on Facebook at Osher Lifelong Learning at WVU

## OLLI Office Hours

The OLLI office will be open for in-person visits by appointment only.  
By phone, 9:00 a.m. - 5:00 p.m. Monday - Friday  
Closed Saturdays, Sundays, and University holidays

## About the Instructors

**Sara Abbas** has a graduate degree from Carnegie Mellon and has taught writing courses at Point Park University and at the Rutgers Writing Program.

**Melissa Albert, MD**, is a child and adolescent specialist in psychiatry for Mon Health System.

**Lynn Baker** worked as a medical technologist, finishing her career at West Virginia University Hospitals. She and her husband have been fans of Garrison Keillor for many years and would like to share some of their favorite stories out of their collection of recordings and books.

**Ed Balthazar** was a chemical manufacturing engineer. Later, he was a Professor of Science at the University of Charleston. He now lives in the country near Fayetteville, WV. He enjoys bringing knowledge to others and volunteers his time teaching. His name? Well, Balthazar was one of the three wise men, but Ed can't trace his roots that far back.

**Tomi Bergstrom** serves as the Western Watershed Basin and Project WET Coordinator for the West Virginia Department of Environmental Protection (WVDEP) Watershed Improvement Branch. She has a MBS and BS in Zoology with minors in Sociology and Chemistry from Marshall University. Tomi works with educators, the public, and watershed partners on watershed improvement, educational outreach, and monitoring projects.

**Sarah Blizzard Robinson** has been composing stories since the third grade, when she won first prize for her English class's limerick contest. Her essays, poems, and short stories have been published in newspapers, online magazines, and anthologies. In 2018, Sarah published her memoir, *As a Result*, her most important work to date.

**Melora Cann** has been an art educator for over 33 years. She has studied art history internationally in Italy, the Netherlands, Spain, Great Britain, Germany, and Mexico.

**Martin Christ** is the Northern Basin Coordinator for the Watershed Improvement Branch in WVDEP. He works with watershed groups and interested citizens to inspire and enable them to work for clean water. He previously worked for Friends of Deckers Creek. Martin has a BA in History and a MFS from Yale University and a PhD in Ecology from Rutgers University.

**Caroline Cocciardi** writer and filmmaker began an independent study on Leonardo da Vinci, while living in Rome. Her 20-year research led to a da Vinci discovery.

**Jay Cole** is Senior Advisor to WVU President Gordon Gee. He taught a WVU honors course on science fiction. Jay has been published in *Asimov's Science Fiction Magazine* and *ANALOG Science Fiction and Fact Magazine*. He is an associate member of the Science Fiction and Fantasy Writers of America. He has also taught or co-taught numerous OLLI courses on Pearl Buck.

**Kenton Colvin** retired from WVU Student Life after 18 years. Previously he spent 26 years in manufacturing management with several corporations. He has a Masters Degree in Industrial and Systems Engineering and has taught engineering courses for 26 years. He is vice president of the Mon Valley Railroad Historical Society and enjoys reading history and teaching classes at OLLI.

**Kathi Elkins** has a teaching background in biology and chemistry, experience in solid waste management, data and graphics, and is personally committed to Reduce/Reuse/Repair/Recycle. She is also committed to expanding her involvement in environmental advocacy and to reach/teach others. She is a retired epidemiologist from the WV Health Statistics Center, WVDHHR.

**Molly Fechter-Leggett, PSY D**, is the special projects director on transgender health and a clinical psychologist for WVU Medicine Department of Behavioral Medicine and Psychiatry.

**Zach Fowler** is Director of WVU Core Arboretum and Clinical Assistant Professor of Biology at WVU. He has a passion for learning about nature in a scientific fashion and for sharing his knowledge with others.

**Danielle Funk, MS**, is the Program Assistant II for the WV Center for End-of-Life Care. She oversees the daily operations of the Center and e-Directive Registry. She also coordinates educational and community outreach-based opportunities to help West Virginia residents and health care providers better understand advance care planning, the Center, and the e-Directive Registry.

**Mavis Grant-Lilley** is the Chair of the Education/Outreach Committee for Morgantown PFLAG (Parents, Friends, of Lesbians and Gays)

**Jack Hammersmith**, a 48-year WVU history department veteran, with appropriate battlefield stories and scars, has tested the patience and good will of many OLLI members in previous classes.

**James Held**, a lifetime cineaste [film enthusiast], had a prominent role in the film industry, ushering and snack barring in Oceanside, CA, while still in his teens. He went on to live in Los Angeles, so close to Hollywood that he could often be found driving up and down Hollywood Blvd. late at night or stalking Pickwick Books for movie stars.

**Barb Howe** taught American and West Virginia women's history at WVU. She has co-taught, with Carolyn Nelson, ten previous classes on women's history and literature for OLLI during the winter terms.

**Anya Jabour** is a professor in the History Department and a past co-director of the Women's, Gender, and Sexuality Studies Program at the University of Montana and author of *Sophonisba Breckinridge: Championing Women's Activism in Modern America*.

## About the Instructors

**Ed Johnson** is the creator/curator of a website for students and educators of West Virginia Studies, [mh3wv.org](http://mh3wv.org).

**Allie Karshenas** is the Associate Vice President of Clinical Research Operations and Institutional Advancement at Robert C. Byrd Health Sciences Campus of West Virginia University as well as the AVP for the HSC's Global Engagement Programs, the Director of Technology Commercialization and Associate Professor of Pharmaceutical Systems and Compliance at the School of Pharmacy at WVU.

**Kacie Kidd, MD:** Credits include: Gender & Sexual Development Clinic, Adolescent & Young Adult Medicine, UPMC Children's Hospital of Pittsburgh, and Faculty at WVU Medicine Children's.

**Michelle Klishis**, OLLI's professional technologist, is a jack-of-all-trades and certifiable geek. Her degree in biology and work in a microbiology lab gave her absolutely no preparation for becoming a technology consultant, yet here we are.

**William Koehler**, DMA, has studied and practiced T'ai Chi over a period of 25 years, including the Cheng Man-ch'ing 37 posture Yang style, "Small Space T'ai Chi," and the Yang 24 posture form. He studied for five years with Robert Larsen, a student of Cheng Man-ch'ing.

**Carrie A. Lakin**, DPM, is a retired podiatrist who is board certified in foot surgery. She lives in Charleston, WV and practiced there for most of her career. Her podiatric medical training and surgical residency were completed in Chicago, Illinois. She assisted Dr. Geppner, the President Emeritus, with his research and writing on the history of Dr. Scholl.

**Deborah Layton**, a yoga student since 1995, has been teaching since 2004 in the Viniyoga tradition. She is an Experienced Registered Yoga Teacher at the 500-hour level and is currently working toward certification in yoga therapy. She holds a BS in Recreation Therapy from Virginia Commonwealth University.

**Karen Long** is Associate Professor Emerita and retired from the WVU Department of Medical Laboratory Science where she taught clinical microbiology and immunology. She is currently a per diem technologist in the microbiology laboratory at Monongalia General Hospital and loves to tell others about microbes and infectious diseases. She also teaches travel courses for OLLI members.

**Miriam Leary** is a teaching assistant professor in the division of exercise physiology at WVU and a co-director of student internship.

**Florita Montgomery** was a communication professor for WVU Extension for 34 years before retiring.

**Byron Nelson** retired from the WVU English Department after teaching for 40 years. He has taught classes on Shakespeare, Broadway musicals and opera for OLLI over many years.

**Carolyn Nelson** taught British women's literature at WVU. She has co-taught, with Barb Howe, ten previous classes on women's history and literature for OLLI during the winter terms.

**Robert Neymeyer** is the historian for the Grout Museum District in Waterloo, IA. He received his PhD in United States Diplomatic History from the University of Iowa.

**Cecil Pollard** has been practicing T'ai Chi for almost five years under several different instructors. He has experience teaching this class, but doesn't consider himself an expert. He continues to take classes when possible.

**Margot Racin** is retired after 30 years in the WVU English Department. She has coordinated these *New Yorker* discussions in previous terms and looks forward to even more stimulating discussions.

**Maria-José Ramirez** is a mental performance coach. For over 10 years, Dr. Ramirez has worked with musicians, athletes, students, lawyers, architects, business executives, psychologists, parents, and teachers, teaching them the mental skills to perform well under pressure and to live positive lives at the same time.

**Sumitra Reddy** grew up in India and "had" to learn her mother tongue (Bengali), Hindi (India's national language), Sanskrit, and English in school (and three different scripts) as most Indians do even today. She came to the U.S. for graduate studies and received her PhD in Physics.

**Jim Rentch** taught silviculture and field botany courses at WVU for 16 years.

**Aj Smit** gathers those who seek to live wholly embodied through her business In Joy Productions. With her traveling red tent and Creative Soul Conversations, she holds events in engaging ways for people to weave curiosity and creativity into their lives.

**Wallace Venable** arranges music for crank organs. He also plays several musical instruments and sings in local groups. He resumed an interest in model railroading as part of his dealing with COVID-19 distancing, after several decades of un-involvement.

**Judy Werner** has enjoyed playing the lap dulcimer for more than 12 years, and she plays in two different dulcimer groups. She likes old-time traditional music and enjoys going to concerts and music festivals. She continues to direct the Gardner Winter Music Festival held every February. She also enjoys playing the tin whistle and the bowed psaltery.



OSHER LIFELONG LEARNING INSTITUTE



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## **Winter Registration Begins January 11**

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### **Benefits of OLLI Membership**

Staying intellectually stimulated and socially active are proven components of healthy aging. Membership in OLLI provides these benefits through:

- More than 150 courses and activities per year in such areas as the arts, health and wellness, humanities, math and science, technology, and more.
- Social events
- Travel programs
- Interest Groups
- Volunteer opportunities