



OLLI @ WVU

Helping You Stay Connected

Fall 2020 Online Course Catalog
October - December
www.olliatwvu.org

The Osher Lifelong Learning Institute at West Virginia University, known as OLLI at WVU, provides programs and educational opportunities designed for adults 50 and over.

OLLI at WVU, a membership organization affiliated with the School of Public Health, recognizes the unique experiences, capabilities, and wisdom of mature members of the community. OLLI at WVU emphasizes the sharing of ideas through peer learning, member participation, and collaborative leadership.

During four terms each year, OLLI at WVU offers courses, lectures, seminars, and field trips in such areas as music, literature, art, science, politics, nature, history, health, medicine, technology, and economics. Live drama, movies, and interest groups add to the choices.

Courses are developed and taught by volunteers from the community who are passionate about their topics, avocations, and interests, and who love to share their ideas.

Free from the pressures of tests and grades, OLLI members are learning simply for the joy of it.

Supporters

OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:

- The Bernard Osher Foundation
- West Virginia University, President’s Office
- WVU Foundation
- WVU School of Public Health (SPH)
- OLLI Board Members, Committee Members, and Volunteers
- OLLI \$100K Club, Donors, and Sponsors
- Our Distinguished Instructors
- OLLI Members

The Bernard Osher Foundation

The Bernard Osher Foundation seeks to improve quality of life through the support of lifelong learning institutes such as OLLI at WVU. The Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. The Foundation has now funded 124 Osher Lifelong Learning Institutes on campuses of colleges and universities from Maine to Hawaii. Funding for OLLI is contingent upon membership growth goals, so **membership matters**. To learn more about The Bernard Osher Foundation, please visit their website at www.osherfoundation.org.

OLLI stimulates one’s mind with great courses and provides social interaction to enliven the whole person.

- OLLI member

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Available in the online catalog at www.olliatwvu.org

 OLLI Board of Directors

 Instructor Biographies

 Volunteer Opportunities

Contact Us

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 Osher Lifelong Learning Institute
 at West Virginia University
 Mountaineer Mall, Suite C-17
 5000 Green Bag Rd.
 Morgantown, WV 26501

Mail Address:
 OLLI at WVU
 PO Box 9123
 Morgantown, WV 26506-9123

(304) 293-1793
www.olliatwvu.org
 Email: olli@hsc.wvu.edu
 Like us on Facebook at
 Osher Lifelong Learning at WVU

OLLI Office Hours

The OLLI office will be open for in-person visits by appointment only.
 By phone, 9:00 a.m. - 5:00 p.m. Monday - Friday
 Closed Saturdays, Sundays,
 and University holidays

From Our President

“Learn from yesterday, live for today, hope for tomorrow. The important thing is not to stop questioning.”

~ Albert Einstein

Welcome to the Fall Term, 2020!

This fall term for OLLI will definitely be different from last year. But then it seems everything is different this year... our daily lives, our hopes to travel, or our plans to visit with our families or friends. Even going out to dinner may be something we don't feel comfortable doing. A night at a Black Bears baseball game is no longer possible. And our medical appointments may be virtual now too. Adjusting to change has become a daily endeavor and makes us long for the normal we used to know.

However, I hope you will join us this fall term by taking our OLLI online courses via Zoom or participating in our online activities, such as Happy Hour or Trivia Nights. Staying connected with each other is vital in these uncertain times. Even though we may not be able to be together for in-person classes, it doesn't mean we can't continue to learn new things or be engaged with our community.

If you haven't tried one of the online courses or don't feel comfortable with Zoom, please contact the OLLI office for resources to assist you. Before you dismiss the idea of being an online learner, I encourage you to “try it, you'll like it.”

Our instructors have worked very hard to develop new and interesting courses. And if you have ideas for courses you would be interested in taking or teaching, please share your thoughts with our Director, Jascenna Haislet, or me or any member of the OLLI Board.

We are striving to learn from yesterday and to live for today. But more importantly, we are hoping for a new and better (and pandemic-free) tomorrow.

Beverly Kerr
OLLI Board President

From Our Director

How is it September already, when March felt as if it would never end?

Since OLLI transitioned to online programming last spring, we have learned to “Zoom;” enjoyed OLLI classes from our kitchens, backyards, or even our children's homes; and googled learning opportunities from around the world. We've seen old friends reconnect and met fellow OLLI members and instructors from across the state and the country in online classes.

Although not ideal for many of us, there are advantages to offering OLLI classes online. Can't make a class at its scheduled time? You might be able to watch a recording later on OLLI's YouTube channel. Do you have difficulty hearing sometimes? You control the volume on your device. Found yourself singing along and dancing to the videos shared in Barry Wendell's class, something you'd only dare do in the privacy of your home? (Yes, I admit it, singing at the top of my voice to many of them.)

We don't know what the future holds but OLLI is committed to carrying on. Our talented and generous instructors continue to volunteer their time and expertise, offering a wide variety of educational experiences; our dedicated staff are working diligently to keep us all connected online, via email, and over the phone; our board of directors, advisors, and committee members are carefully considering options, reevaluating budgets, and promoting growth.

In this catalog, you'll find over 40 different educational and social opportunities for our members this fall. Our blog, <https://olliatwvu.wpcomstaging.com>, keeps members up-to-date with the latest OLLI news, as well as news from WVU and around our communities. Recommendations of other online programming, weekly schedules, lifestyle stories, and guest editorials are also featured. Our ebulletin sends the latest news to your email every Friday afternoon. And our recently launched podcast series engages members with discussions about classes, interviews with members of the OLLI community, and current events of interest to our members.

Until we can meet again face-to-face, I look forward to seeing you on Zoom!

Jascenna Haislet
Director, OLLI at WVU

OLLI Membership

Membership is open to curious adults interested in programming designed specifically for those 50 and over who want to engage socially and intellectually.

*The Benefits of OLLI Membership**

- The opportunity to learn and to meet new friends.
- Discounts on travel and various events around the community.
- At least one free Special Member Event per term.
- Access to the OLLI collection of Great Courses DVDs and books.
- Access to OLLI Member Lounge and Computer Lab.
- Weekly email bulletin.
- A voice in OLLI governance and invitation to the OLLI Annual Meeting.
- The right to run for the OLLI Board or serve on a committee.
- The right to be added to a course wait list.
- Free parking at the Mountaineer Mall.
- Financial assistance for membership and registration fees.

Annual membership

is \$30

Membership year runs
July 1st to June 30th.

**Some member benefits may not be available during terms when OLLI, for the sake of public health, is holding classes online only.*

Term Registration Fee

- OLLI members may register for **unlimited courses for \$30 per term**.
- Other fees may apply and are noted on individual courses, events, or groups.
- **Special Member Events are free** to all current OLLI members unless otherwise noted.

Discounts are available for our volunteer instructors. Contact the OLLI office at 304-293-1793 for more information.

Financial Assistance Available

OLLI at WVU tries to keep fees to a minimum while providing the highest quality experiences to our members. However, we recognize that membership and registration fees may be out of the reach of some individuals. Therefore, fee waivers are available. To apply, ask for a confidential application at the OLLI office or fill out the form on our website at www.olliatwvu.org.

How to Register

Fall term runs October 1st through December 31st. Most programming is scheduled between October 5th through November 20th. To register, you must have a current membership and have paid the required fees for the term.

Individuals may purchase or renew a membership and register for classes in any of the following ways:

- Online at www.olliatwvu.org.
- By mail, using the enclosed membership/registration form.

Mail the form to:

OLLI at WVU - PO Box 9123 - Morgantown, WV 26506-9123

Please make checks payable to the WVU Foundation.

If you pay with a credit or debit card, the charge will show as: West Virginia Treasury Basics

Fall Registration begins Sept. 21, 2020

***View the full OLLI Fall Course Catalog,
including instructor biographies,
online at www.olliatwvu.org.***



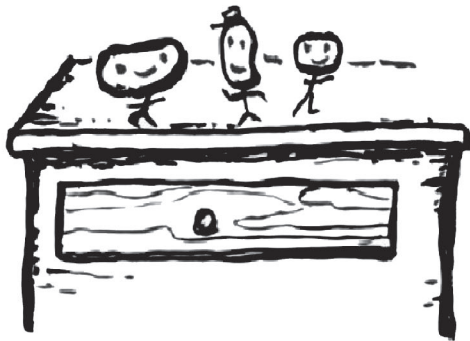
The Village at Heritage Point

Inspired senior living in the heart of Morgantown

**The Village at Heritage Point is proud
to be a sponsor of OLLI at WVU.**

Please call 304-285-5575 or
visit www.Heritage-Point.com

The Bean Counter:
all beans considered



**Supporting OLLI at WVU
and healthy aging
through healthy food options.**

822 Kingwood Pike Morgantown, WV 26508
(304) 292-5974
gfbrown2@frontier.com

Want to join the growing list of
OLLI business partners and
sponsors?

Contact Jascenna Haislet, Director,
at jascenna.haislet@hsc.wvu.edu

OLLI at WVU offers many ways for our members to make a financial gift to their lifelong learning program. From one-time gifts added to your course registration form to an end-of-year gift through a IRA gift or a legacy gift in your estate plan, you're helping West Virginia's premiere lifelong learning program remain sustainable for years to come.

Every Gift Makes an Impact!

Last year, we introduced another way to give, a way that is more convenient for you and OLLI.

With a recurring monthly gift, you can become an OLLI Sustaining Donor.

Become a **Sustaining Donor** today and help OLLI at WVU fulfill its mission of promoting curiosity, exploration, discovery, and discussion through learning and social engagement for older adults for years to come.

Monthly gifts from Sustaining Donors guarantee the program a reliable income stream while reducing expenses necessary to ongoing fundraising efforts.

It's an easy way to support lifelong learning in West Virginia and ensure the best use of resources available to OLLI.

Make the pledge today to become an **OLLI Sustaining Donor.**

You decide how much you wish to give monthly, what date you would like to begin, and provide a debit or credit card for payment. You can cancel or change your gift at any time. You can make your recurring gift in honor or memory of a loved one or member, give to OLLI's area of greatest need, designate it to another OLLI fund, or fully sponsor an event of your choice.

To become a Sustaining Donor, contact:

Jascenna Haislet
Director, OLLI at WVU
304-293-1793
jascenna.haislet@hsc.wvu.edu

or visit: <http://olliatwvu.org/make-a-gift/>

Thank You to Our Current Sustaining Donors

Bill Weiss
George & Viera Trapp
Rita Tanner
Diana F. Scott
Richard Reardon
Judy & Andy Morris
Clark & Allyson McKee
Karen S. Long

Patricia Johnston & Lawrence Frail
Ed Johnson
Jim Held & Bonnie Brown
Jascenna Haislet
Rose Haislet
Denise Gwinn
Roger & Charlotte Dalton

Thank you for your continued support of lifelong learning and OLLI at WVU.

Over the past three years, OLLI has been working to incorporate improved technology into our operations and create a stronger online presence. By doing so, we are working to provide a better experience for our members while reducing our carbon footprint. Below are some of the resources available to OLLI members. If you have questions or need assistance accessing these resources, please call the OLLI office at 304-293-1793.

Email

OLLI does not share your email address with anyone. We use your address only to inform you of important OLLI information and upcoming events. Be sure you're signed up for our email list so you don't miss any special news, messages from your instructors, receipts for registration, and more.

OLLI Website

The OLLI@WVU website (<https://olliatwvu.org>) is your resource for a great variety of information about our program, including class schedules, OLLI news, class handouts, FAQs about teaching, the OLLI member handbook, travel opportunities, minutes from board meetings, and much more. You can also access our registration site, <https://wvusph-olli.augusoft.net/>, from olliatwvu.org.

OLLI Blog and Friday E-bulletin

Follow the latest on OLLI's blog at <https://olliatwvu.wpcomstaging.com>. Every Friday morning, we send an email bulletin with information from the blog to let you know about upcoming events, as well as a digest of the next week's classes, meetings, and events. We strongly encourage you to join our Email ListServ so you're always in the know.

OLLI on Facebook

Follow OLLI on Facebook at Osher Lifelong Learning Institute at WVU. Find out when the latest catalog will be available online, see pictures from classes, learn about special events, and read interesting articles from a variety of sources.

Online Registration

You can register for your classes online at <https://wvusph-olli.augusoft.net>. If you've forgotten your username, that's ok! If you've forgotten your password, that's also ok! There are links for recovering both on our website so as long as you know your email address, you can get back in.

This online registration system has allowed us to do away with paper receipts, so your receipts are sent directly to your inbox. Please double check to make sure your email address is correct in our system!

Please note that this portion of the WVU OLLI website is run by an outside vendor (Augusoft), so the URL (web address) will be different for online registration than for the main OLLI website.

Class Materials Online

We have created an online repository for class handouts: <https://olliatwvu.org/current-members/document-repository>. This page contains course handouts that instructors have given permission for posting, as well as technology-related handouts we hope you will find useful.

The technology handouts have hyperlinked indexes (so you can just click on a link to jump to the bit you want to learn about) and are regularly updated so you can always access the most up-to-date information we have available.

Go Green!

You can opt out of receiving our printed catalog. All classes and special events are listed on the OLLI registration site, and courses that are added after the catalog goes to print will be there as well. Members who opt out of the printed catalog will receive a PDF (electronic) copy of the catalog as soon as it is sent to the printer, even before it goes out in the mail.



OLLI members learned about the Assistive Technology Library available through WVATS.

Fall 2020 Schedule at a Glance

| Page # | Class, Instructor | Time | Sessions | Date(s) |
|------------------|--|------------------------|----------|-------------------|
| Monday | | | | |
| 9 | ...OLLI...Zoom for iPads and Smart Phones (Klishis) | 10:00 - 11:00 a.m. | 1 | Sept. 28 |
| 12 | Traumatic Brain Injury and Aging (VanGilder) | 10:00 - 11:00 a.m. | 1 | Nov. 16 |
| 10 | More Lap Dulcimer (Werner) | 10:00 - 11:50 a.m. | 6 | Oct. 5 - Nov. 9 |
| 13 | <i>The New Yorker</i> Discussion Group (Racin) | 10:00 - 11:50 a.m. | 6 | Oct. 5 - Nov. 9 |
| 9 | Yarn Arts | 12:30 - 2:20 p.m. | ongoing | Oct. 5 - Dec. 21 |
| 12 | Positive Living Skills (Ramirez) | 3:00 - 4:50 p.m. | 6 | Oct. 5 - Nov. 9 |
| 13 | <i>The New Yorker</i> Discussion Group II (Davidson) | 3:00 - 4:50 p.m. | 6 | Oct. 5 - Nov. 9 |
| 11 | Founders Over Fifty (Heiberger) | 6:00 - 8:00 p.m. | 1 | Oct. 18 |
| Tuesday | | | | |
| 9 | Ask a Geek (Klishis) | 9:00 - 10:00 a.m. | ongoing | Oct. 6 - Dec. 15 |
| 12 | Writing as a Release (Abbas) | 10:00 - 11:30 a.m. | 4 | Oct. 6 - 27 |
| 12 | A Glimpse...Cultural History of Ancient India (Reddy) | 10:00 - 11:50 a.m. | 3 | Nov. 3 - 17 |
| 13 | Jewish Text on Pandemics and Epidemics (Blair) | 11:30 a.m. - 1:00 p.m. | 1 | Oct. 13 |
| 13 | The Origins of Lilith (Blair) | 11:30 a.m. - 1:00 p.m. | 1 | Oct. 20 |
| 14 | Facebook (Klishis) | 12:30 - 2:30 p.m. | 1 | Oct. 6 |
| 14 | Social Media (Klishis) | 12:30 - 2:30 p.m. | 1 | Oct. 20 |
| 14 | Using Your Apple iPad and iPhone (Russell) | 12:30 - 2:30 p.m. | 1 | Oct. 27 |
| 13 | Share More Stories (Rosenbluth) | 12:30 - 2:20 p.m. | 2 | Nov. 3 & 10 |
| 13 | ...Reduce Your Carbon Footprint (Elkins, Watkins) | 1:00 - 3:00 p.m. | 1 | Oct. 13 |
| 9 | ...OLLI...Zoom for Laptops and Desktops (Klishis) | 12:30 - 1:30 p.m. | 1 | Sept. 29 |
| 10 | Personal to Political: Celebrating African American Artists of Paulson Fontaine Press (Harris) | 12:30 - 2:00 p.m. | 1 | Nov. 17 |
| 14 | Technology Security (Klishis) | 1:30 - 4:30 p.m. | 1 | Nov. 10 |
| 13 | Physics: Electricity and Magnetism (Balthazar) | 3:00 - 4:30 p.m. | 4 | Oct. 6 - 27 |
| 9 | Twilight Trivia | 7:00 - 8:30 p.m. | 2 | Oct. 13 & Nov. 10 |
| Wednesday | | | | |
| 10 | Enjoy the Tin Whistle (Werner) | 10:00 - 11:50 a.m. | 6 | Oct. 7 - Nov. 11 |
| 12 | Yoga for Back Pain (Layton) | 10:00 - 11:50 a.m. | 7 | Oct. 7 - Nov. 18 |
| 9 | ...OLLI...Zoom for iPads and Smart Phones (Klishis) | 12:30 - 1:30 p.m. | 1 | Sept. 30 |
| 10 | I Lost It at the Movies...(Held) | 12:30 - 2:20 p.m. | 1 | Sept. 30 |
| 10 | A History of Film, Part III (Held) | 12:30 - 2:20 p.m. | 4 | Oct. 7 - 28 |
| 10 | Johnny Marks and St. Nicholas Music (Venable) | 12:30 - 2:20 p.m. | 1 | Dec. 2 |
| 13 | Model Railroads: Realism, Fiction, or Play (Venable) | 12:30 - 2:20 p.m. | 1 | Dec. 9 |
| 11 | WV's David Selby...Lincoln's Words in Poetry and Prose (Selby, Goodwin, Hammersmith) | 1:00 - 3:00 p.m. | 2 | Nov. 4 & 11 |
| 14 | Famous Places in WV: Eastern Panhandle (Johnson) | 3:00 - 4:50 p.m. | 2 | Oct. 7 & 21 |
| 10 | Self-Publishing...Content and Organization (Sielen) | 3:00 - 4:50 p.m. | 1 | Oct. 21 |
| 11 | Self-Publishing...Production and Distribution (Sielen) | 3:00 - 4:50 p.m. | 1 | Oct. 28 |
| Thursday | | | | |
| 9 | ...OLLI...Zoom for Laptops and Desktops (Klishis) | 10:00 - 11:00 a.m. | 1 | Sept. 24 |
| 14 | Apps for Everyone (Cumpston) | 10:00 - 11:50 a.m. | 1 | Oct. 8 |
| 11 | Advance Care Planning...WV e-Directive Registry (Funk) | 10:00 - 11:50 a.m. | 1 | Oct. 15 |
| 12 | ...Inventions that Changed the World (Colvin) | 10:00 - 11:50 a.m. | 4 | Oct. 22 - Nov. 12 |
| 13 | Jewish Values from Bible to Buber (Hample) | 12:30 - 2:20 p.m. | 6 | Oct. 8 - Nov. 12 |
| 12 | History of Forests and Forest Use in WV (Rentch) | 3:00 - 4:30 p.m. | 3 | Oct. 8 - 22 |
| Friday | | | | |
| 10 | The Great Hits and Albums of 1969 (Wendell) | 10:00 - 11:50 a.m. | 6 | Oct. 9 - Nov. 13 |
| 14 | Lunch & Lights! Floats & Fireworks! (Johnson) | 12:30 - 1:30 p.m. | 6 | Oct. 16 - Nov. 20 |
| 10 | The Lives...of Women Artists: Georgia O'Keeffe(Cann) | 2:30 - 4:20 p.m. | 2 | Oct. 9 & 16 |
| 11 | The Unicorn Tapestries (Cann) | 2:30 - 4:20 p.m. | 2 | Oct. 23 & 30 |
| Saturday | | | | |
| 11 | Beginning T'ai Chi Continued (Pollard, Koehler) | 10:00 - 10:50 a.m. | 6 | Oct. 10 - Nov. 14 |
| 9 | Intermediate T'ai Chi | 11:00 - 11:50 a.m. | 6 | Oct. 10 - Nov. 14 |
| Sunday | | | | |
| 9 | OLLI Virtual Happy Hour (Haislet, Klishis) | 6:00 - 7:00 p.m. | 8 | Oct. 4 - Nov. 22 |

Special Member Events and Opportunities

***Special Member Events, unless otherwise noted, are free or discounted for current OLLI members!
Payment of term enrollment fee is not required.***

Ask a Geek

Michelle Klishis

Tuesdays, Oct. 6 - December 15, 9:00 - 10:00 a.m.

Sometimes you have questions about technology that don't fit into a specific class or course or maybe you just have something that is driving you crazy. For those times, OLLI's Professional Technologist, Michelle Klishis, has created a regular technology question & answer session.

Be aware that sometimes the answer is "No, you can't do that," and sometimes the answer is, "I don't have a clue." As long as you're okay with getting "No" for an answer, Michelle is willing to field any and all questions. Also, feel free to send an email ahead of time if you think your question is going to be really complicated or beyond the scope of an hour-long session. Reach out to olli@hsc.wvu.edu with the subject Geek Question.

No question is too small or too silly to answer! And even if you think you don't know enough to ask your own question, you can usually learn a lot listening to someone else's questions! And Michelle can always ramble on about any tech topic if you get her started.

As a warning, Michelle's strengths are Android phones, Windows PCs, MS Office software, and digital security and privacy. Her weaknesses are Apple products and AV equipment. (i.e., Apple questions are most likely to be answered, "I don't know; I'll have to look into it.")

OLLI Virtual Happy Hour

Sundays, Oct. 4 - Nov. 22, 6:00 – 7:00 p.m.

Join us for an on-line happy hour with OLLI members! We're going to chat and socialize and check in on each other! Take this opportunity to dress up and chat with people you haven't seen for awhile or maybe haven't met in person before! If we have a large number of participants, we'll attempt to break this into several "smaller" rooms so conversation is possible. And once you've got the hang of this, you can set up your own video chats with friends.

Twilight Trivia

Tuesdays, Oct. 13 & Nov. 10, 7:00 - 8:30 p.m.

Grab a beverage and some snacks, settle into a comfy chair with your laptop, tablet, or smart phone, and test your knowledge of trivia, and the trivial, against your fellow OLLI members during our monthly virtual game night!

Interest Groups

OLLI Interest Groups are open to OLLI members at no additional charge. Payment of term fee is not required. Some restrictions may apply. See description for more detail.

Yarn Arts

On **Mondays from 12:30 - 2:20 pm**, join others to share ideas, patterns, and workshop information and to support each other in knitting, crocheting, needle-point, and other yarn and thread arts.

Intermediate Tai Chi

This group provides an opportunity for OLLI members previously enrolled in Intermediate Tai Chi with Doug Myers to continue practicing together. The group will meet on **Saturdays, Oct. 10 - Nov. 14, from 11:00 - 11:50 a.m.** Enrollment by permission of OLLI.

Taking an OLLI Class with Zoom

Michelle Klishis

For laptops and desktops:

Thursday, Sept. 24, 10:00 - 11:00 a.m.

Tuesday, Sept. 29, 12:30 - 1:30 p.m.

For iPads and smart phones:

Monday, Sept. 28, 10:00 - 11:00 a.m.

Wednesday, Sept. 30, 12:30 - 1:30 p.m.

Interested in taking an OLLI class this fall but not sure how to use the online meeting software, Zoom? Join us for a session where we will walk you through the steps you'll need to take, from downloading and installing the Zoom app on your device, to entering the virtual classroom, to using the chat function, and more. If you don't have a computer or personal electronic device, learn how you can join Zoom with your phone. Choose a session based on your device and stay connected this fall with OLLI and Zoom.

Look for this icon next to the course titles.



The gold star indicates that the instructor is a member of the OLLI Honor Roll and has taught at least 10 courses and 60 class session hours. If more than one instructor is listed, the Honor Roll member is in **bold**.

Enjoy the Tin Whistle

Judy Werner

Wednesdays, Oct. 7 - Nov. 11
10:00 - 11:50 a.m.



Continue to learn more songs to play on the tin whistle, mostly Irish music.

The Great Hits and Albums of 1969

Barry Wendell

Fridays, Oct. 9 - Nov. 13
10:00 - 11:50 a.m.



With this class, we'll finish with the history of pop music in the 1960s. 1969 was the summer of Woodstock, so we'll hear some of the new people from then: Santana; Crosby, Stills, and Nash; and others. It was a great time for music, and should be a great time for us.

A History of Film, Part III

James Held

Wednesdays, Oct. 7 - 28
12:30 - 2:20 p.m.



This class will cover 1930-1950. By 1930, Hollywood had matured into the sixth largest industry in the U.S. Featured will be the great producers, directors, actors, and genres of film, including the screwball comedy, film noir/gangster, melodrama, and westerns. In this Golden Age of Hollywood, we'll view film clips and a chapter of *The Story of Film* series.

I Lost It at the Movies: a Personal Odyssey

James Held

Wednesday, Sept. 30
12:30 - 2:20 p.m.



In one two-hour class, Jim will reveal why his love of movies led to countless hours spent in darkened cinemas, instilling in him valuable life lessons from the reel world. We'll tour through many of the great picture palaces of Los Angeles, Seattle, and Washington, D.C., and Jim will share his memories of this very personal journey.

Johnny Marks and St. Nicholas Music

Wallace Venable

Wednesday, Dec. 2, 12:30 - 2:20 p.m.



Long before Johnny Marks wrote *Rudolph the Red-Nosed Reindeer* in 1949, he had written hit tunes recorded by Bing Crosby, Kate Smith, and Glenn Miller. He is recognized as a member of the Songwriters Hall of Fame. We will explore *Holly Jolly Christmas*, *I Heard the Bells*, and other Christmas songs, as well as less frequently heard works for both holidays and general pop music, as recorded by musicians ranging from folk and country singers through the Mormon Tabernacle Choir. Also included will be interviews and stories about Johnny Marks's work, including Colgate University's efforts to tap his wealth.

The Lives and Works of Women Artists:

Georgia O'Keeffe

Melora Cann

Fridays, Oct. 9 & 16, 2:30 - 4:20 p.m.

Twentieth-century art's Georgia O'Keeffe (1887 - 1986) is singularly recognizable. A 1940 retrospective was held at the Art Institute of Chicago; and she was the first woman artist shown in a retrospective at the Museum of Modern Art (MOMA in NYC) in 1946. In 1970, the Whitney Museum of American Art held an extensive retrospective show of O'Keeffe's work. Her art is considered largely symbolic and abstract though she preferred to discard labels. Celebrating the visual impact of color, shape and form using floral images, desert 'scapes and cow skulls, her art is unique and stunning.

More Lap Dulcimer

Judy Werner

Mondays, Oct. 5 - Nov. 9
10:00 - 11:50 a.m.



Enjoy continuing to learn more old-time fiddle tunes, waltzes, patriotic songs, and Stephen Foster songs. Because this class will be offered online, it is not designed for the complete beginner. Some dulcimers will be available for loan (but please indicate this need when you register).

Personal to Political: Celebrating the African American Artists of Paulson Fontaine Press

Heather Harris

Tuesday, Nov. 17, 12:30 - 2:00 p.m.

There is no singular way to look at the complexities of race and representation in contemporary art. Drawing on the diverse practices of several African American artists from across the U.S., this exhibition at the Art Museum of WVU features more than 50 prints, paintings, quilts, and sculptural objects.

Self-Publishing Your Book: Content and Organization

Rae Jean Sielen

Wednesday, Oct. 21, 3:00 - 4:50 p.m.

Maximum Enrollment: 8

Have a memoir, poetry, novel, family history, etc., started, but now feel stuck? This class is for you! In the company of OLLI friends, get re-energized and back on track. Bring your questions and work in progress, and leave with answers, a plan for next steps, and maybe a friend who can help keep you moving forward. This class is for those who want to self-publish for a small commercial audience or just family/friends—not for those with hopes of big-time success. Course content will be significantly determined by participant questions and interests, with the instructor sharing her expertise.

Encore



Self-Publishing Your Book: Production and Distribution

Encore

Rae Jean Sielen
Wednesday, Oct. 28
3:00 - 4:50 p.m.



Maximum Enrollment: 8

Once you have a completed book manuscript, what do you do with it? Bring questions about your project (memoir, poetry, novel, nonfiction, family history, etc.), and leave with answers, concrete next steps, and a plan to get your book printed and, if you want, available for purchase. Learn about options for layout and printing/binding, and what you can do to move beyond obstacles. This class is for those wanting to self-publish for a small commercial audience or just family/friends—not for those with hopes of big-time success. Course content will be significantly determined by participant questions and interests, with the instructor sharing her expertise.

The Unicorn Tapestries

Melora Cann
Fridays, Oct. 23 & 30, 2:30 - 4:20 p.m.

Woven between 1495 and 1505, the seven Unicorn Tapestries (in the collection of the Cloisters, Medieval Branch of The Metropolitan Museum of Art, New York City) are a unique window on secular and Christian art during the late bloom of the Renaissance. The course will include an overview of the medieval and renaissance art of tapestry creation in northern Europe, the horticultural significance of floral studies within these tapestries, and the scholarly debates about the interpretations of the story of the unicorn shown here.

West Virginia's David Selby Shares Lincoln's Words in Poetry and Prose: An Actor's Reflections

David Selby, Kay Goodwin, & Jack Hammersmith
Wednesdays, Nov. 4 & 11
1:00 - 3:00 p.m.

Morgantown native David Selby has enjoyed a long and rich acting career, spanning TV, film, and the theater. Not only has he played a wide variety of roles in over 60 years—perhaps the best-known being Richard Channing in TV's long-running *Falcon Crest*—but he has authored plays, poetry, and non-fiction. In two sessions, he will explore his many years of portraying Abraham Lincoln on the stage, including special productions at Ford's Theater. His portrayal has been based on years of serious research and a meticulous effort at authenticity in wardrobe and manner.

Business and Retirement

Founders Over 50

Encore

Carol Heiberger
Monday, Oct. 18, 6:00 - 8:00 p.m.

Founders over 50 research says that older people have a higher probability of success when it comes to starting a business. In this session, we explore what it takes to start a business, whether it be baking cakes, selling online, offering technical services, or whatever you've been thinking. We will discuss what it means to be an entrepreneur, what a business plan is and what it is not, why putting a plan together sounds easy when it is not, the value of a common vision, truly understanding your customers' needs, your action plan, and how to get started.

Advance Care Planning and the WV e-Directive Registry

Encore

Danielle Funk
Thursday, Oct. 15, 10:00 - 11:50 a.m.

Advance care planning is an important step in determining future goals, personal values, and preferences for future medical care. Wishes can be written in many ways, such as Medical Power of Attorney (MPOA), Living Will (LW), Combined MPOA/LW, Physician Order for Scope of Treatment (POST), and Do Not Resuscitate (DNR) card. The WV Center for End-of-Life Care serves the state of WV by helping individuals navigate and understand the advance care planning process. The Center also has the nationally recognized e-Directive Registry which allows for secure storage of advance directives and medical orders, with access given to treating health care providers.

Beginning T'ai Chi Continued

Cecil Pollard, William Koehler
Saturdays, Oct. 10 - Nov. 14
10:00 - 10:50 a.m.

Enrollment by permission of instructor.

We will offer a continuation of the beginning Tai Chi class in the Cheng Man Ch'ing 37 short form. This class is intended to give students an opportunity to continue to learn the second and third sections of the form. We will also learn the QiGong 18 movements. Students should be fairly comfortable with the first third of this style of Tai Chi or have completed the introductory class. This class should result in a stronger body, better balance, and improved flexibility.

Positive Living Skills

Maria-José Ramirez

Mondays, Oct. 5 - Nov. 9,
3:00 - 4:50 p.m.

Encore

This course facilitates learning four positive living skills: focus and distraction control, positive perspectives, relaxation, and cooperation. It is based on the book, *Positive Living Skills*, by Ms. Ramirez's mentor, Terry Orlick. Every class is comprised of several activities for the skill that will be worked on that day, followed by group discussions.

Traumatic Brain Injury and Aging

Vanessa VanGilder

Monday, Nov. 16, 10:00 - 11:00 a.m.

Traumatic brain injury (TBI) is a major cause of death and disability in the U.S. that can have long-lasting effects on the injured, their family, and the community. The goal of this class is to increase awareness of TBI and its relationship to cognitive issues in older adults. Participants will learn how to recognize the symptoms and distinguish the characteristics of post concussive syndrome, discuss the risks associated with TBI as a precursor to dementia, and reflect the areas of assessment when an aging person falls.

Writing as a Release

Sara Abbas

Tuesdays, Oct. 6 - 27, 10:00 - 11:30 a.m.

The experience of writing, summarizing, and responding to a complicated text improves creativity, concentration, and helps us cope with anxiety. When we are forced to articulate complicated ideas and detangle conflicting notions, we walk away with an aha moment which in turn satisfies our innate curiosity. What does this mean? This exposition brings clarity, satisfaction and simplicity into our lives. Responding to a text is a circular, therapeutic exercise which comes after discussion, writing, and

rewriting. We will study three or four texts, calibrate our thoughts, and respond to them in class. Students should expect to jot down a couple of paragraphs each session.

Yoga for Back Pain

Deborah Layton

Wednesdays, Oct. 7 - Nov. 18
10:00 - 11:50 a.m.

Encore

Maximum Enrollment: 12

Yoga can sometimes be intimidating for people who are a little older, less flexible, or live with some pain. These classes are designed to help alleviate back pain symptoms by using breathing, gentle movements, stretches, and visualizations. The course will move from the easiest postures using the support of the floor and a chair in the first class to more challenging movements week by week, building toward more standing poses and those that will help develop strength in the core. Modifications will be provided for individual students, as needed.

A Glimpse of the Cultural History of Ancient India

Sumitra Reddy

Tuesdays, Nov. 3 - 17
10:00 - 11:50 a.m.

Honor Roll Faculty

India (and Hindu) gets its name from the river Sindhu (Indus). Settlements in Mehgarh (7000 BCE), Indus Valley Civilization (5000 BCE), and RigVedic/ Aryan Civilization (700th BCE) are among the early civilizations in India. Panini (6th century BCE) codified the Sanskrit language with 3959 sutras (rules). The non-Indo-European Indian language Tamil is one of the oldest languages in the world with rich literature dating back to 500 BCE. India is also the birthplace of four religions: Hinduism, Buddhism, Jainism, and Sikhism. Megasthenes was the first ambassador to visit India from Greece (4th century BCE). There is more to come in the class.

History of Forests and Forest Use in West Virginia

Jim Rentch

Thursdays, Oct. 8 - 22, 3:00 - 4:30 p.m.

Encore

This class will cover the history of West Virginia forests from the end of the Ice Age, through pioneer settlement and the turn-of-the-century timber boom, finishing with forest conservation and modern forest management. These time periods will be illustrated by unique photographs from the WVU library.

Understanding the Inventions That Changed the World

Kenton Colvin

Thursdays, Oct. 22 - Nov. 12
10:00 - 11:50 a.m.

Honor Roll Faculty

This course will investigate the origins of a select number of inventions that changed the world in ways that actually affected the course of history. During the course, you will learn three major things about the inventions: 1) scientific and social factors that shape the inventions and how they affect daily lives, 2) material and technological ideas, motives, or devices that form the basis for the invention of different cultures across history, and 3) an appreciation of how the human spirit manifests itself in great inventions as it does in art, literature, and philosophy.

OLLI membership has opened a whole new world for me and has given me a challenging and very rewarding activity for my retirement years.

- OLLI member

Model Railroads: Realism, Fiction, or Play?

Wallace Venable
Wednesday, Dec. 9
12:30 - 2:20 p.m.



Some builders construct layouts to present history, some to make highly realistic fictional anecdotes, and some simply want to run trains, at Christmas or throughout the year. Some are highly personal while others are group efforts for public display. We will discuss various sizes and types of model trains, building techniques and resources, and applications of 21st Century technology. During the class we will visit, via video, railroad layouts which fit in a briefcase as well as ones which fill a backyard. The class is aimed primarily at giving non-modelers an appreciation for the state of the art.

Share More Stories

Alan Rosenbluth
Tuesdays, Nov. 3 & 10, 12:30 - 2:20 p.m.
Maximum Enrollment: 10



We all have stories--memories of childhood/family, life-changing events, losing loved ones, surprises, and even fantasies. Please read one or several of your stories. Not ready to share? Come listen, then you can contribute later. This is not a writing class—it's just for sharing and having fun.

Jewish Text on Pandemics and Epidemics

Joe Blair
Tuesday, Oct. 13, 11:30 a.m. - 1:00 p.m.

This class will take a look at a few of the Jewish and Rabbinic texts about pandemics and epidemics. Did those old-timers know anything? Let's see what they had to say and if it might inform us today. This class will include readings in English translation.

Jewish Values from Bible to Buber

Joseph Hample
Thursdays, Oct. 8 - Nov. 12
12:30 - 2:20 p.m.

Encore



Judaism is often stereotyped as a legalistic religion, all form and no content. In fact, the prophets and the rabbis tease out God's reasons for requiring this and prohibiting that; the mystics and the philosophers seek the inner Judaism of spiritual meaning to complement the outer Judaism of *dos* and *don'ts*. Using texts old and new, we will explore various ways to understand Judaism's elusive essence.

The Origins of Lilith

Joe Blair
Tuesday, Oct. 20, 11:30 a.m. - 1:00 p.m.

Where did the Rabbis come up with the story of Lillith in the Hebrew Bible? How did this story grow and evolve? How is it seen today? Were there really three people in the Garden of Eden? Learn all this and more on this fun topic.

50 Things You Can Do to Reduce Your Carbon Footprint

Kathi Elkins, Jill Watkins
Tuesday, Oct. 13, 1:00 - 3:00 p.m.

Celebrating the 50th Anniversary of Earth Day, the class will learn more about our "carbon footprint" and how we can help reduce our impact on the earth. Information presented will explain the different types, causes, and solutions to pollution. Participants will be empowered through hands-on skill development to reduce/reuse/repair/recycle. Participants will also discover ways to be a "people influencer" on environmental issues by connecting with family, friends, and colleagues. This class is a logical addition to previous OLLI classes on climate and on health and will be helpful for beginners as well as intermediate participants in environmental issues.

Physics: Electricity and Magnetism

Ed Balthazar
Tuesdays, Oct. 6 - 27, 3:00 - 4:30 p.m.

This class is an overview of the related topics of electricity and magnetism. Some specifics that will be covered are electric forces, electrical energy, voltage, electrical circuits, household electricity, and electrical safety. On the subject of magnetism, topics covered will include magnets and fields, magnetic forces with electricity, electric motors, solenoids, generators, alternating current, transformers, and electromagnetic waves. These are indeed complex subjects, but the class will focus on explanations and examples with little or no math involved.

Social Sciences, Politics, and Current Events

The New Yorker Discussion Group

Margot Racin
Mondays, Oct. 5 - Nov. 9
10:00 - 11:50 a.m.



Join us to discuss a range of topics from recent issues of *The New Yorker*. Members of the group choose articles, fiction, and topics to be discussed each week. All viewpoints welcome! A subscription to *The New Yorker* is strongly recommended.

The New Yorker Discussion Group II

Ann Davidson
Mondays, Oct. 5 - Nov. 9
3:00 - 4:50 p.m.

The class will choose which articles to discuss. Many are pertinent to current affairs and others are just interesting. A subscription to *The New Yorker* is strongly recommended.

Apps for Everyone

Doug Cumpston
Thursday, Oct. 8, 10:00 - 11:50 a.m.

The class will review apps that are useful to help people with their daily routine. This will also help promote independence so that one need not be dependent on others for help.

Facebook

Michelle Khislis
Tuesday, Oct. 6
12:30 - 2:30 p.m.



If you are on any form of social media, you are probably on Facebook. And even if you're not on Facebook, you have almost certainly heard about all the problems Facebook is having with privacy laws and governments around the world. Facebook is in many senses a monopoly, and we are stuck playing in their sandbox, so in this class we'll discuss some of the problems with Facebook, as well as what you can do to help protect your privacy.

Social Media

Michelle Klshis
Tuesday, Oct. 20
12:30 - 2:30 p.m.



According to Merriam-Webster, social media are forms of electronic communication (such as websites for social networking and microblogging) through which users create online communities to share information, ideas, personal messages, and other content (such as videos). But what does this actually mean? In this course we'll discuss some of the more common social media platforms, why and how they are used, and the basics of keeping yourself safe on social media. Prior to the course, the instructor will email a list of social media websites so participants will already have the addresses at a click of a link.

Technology Security

Michelle Klshis
Tuesday, Nov. 10, 1:30 - 4:30 p.m.



"If you are not paying for it, then YOU are the PRODUCT." As more of our lives becomes digitized, it's important to make sure you are being safe with your electronic gadgets and online information. Anti-virus, malware, hacking, identity theft: all of these things make computers and smart phones sound terrifying, but there are simple steps you can take to make your data more secure and to feel more comfortable surfing the web and shopping online.

Using Your Apple iPad & iPhone

Harry Russell
Tuesday, Oct. 27, 12:30 - 2:30 p.m.
Maximum Enrollment: 16



This course covers iOS 11 for the iPhone and iPad. We'll look at features of this state-of-the-art operating system and the incredibly useful devices on which it runs. We'll explore the basic knowledge and skills you'll need to use your device effectively and efficiently, like the various gestures you use to control the operating system and how to find and install third party apps.

Famous Places in WV: Eastern Panhandle

Ed Johnson
Wednesdays, Oct. 7 & 21
3:00 - 4:50 p.m.



Next on our virtual tour of WV are the three eastern-most counties, two of which are quite different from most every other section of the state.

Lunch & Lights! Floats & Fireworks!

Ed Johnson
Fridays, Oct. 16 - Nov. 20
12:30 - 1:30 p.m.



Through the magic of YouTube videos, Google Maps, and your imagination, we will visit Disney theme parks worldwide for a quick orientation of each, explore a cultural and historical context, and view the nighttime spectacles. Some are unique (wait 'til you see Tokyo *DisneySea!*); some are similar to others; some have evolved; and too many are now memories. *The Main Street Electrical Parade*, *Spectromagic*, *Dream Lights*, *Light up the Night*, *Fantasmic*, *Wonderful World of Color*, and *Illuminations* are just a few we'll see. Some are parades through the parks. Others are more like a show and include fireworks, lasers, water effects and more. Sessions will be 60 minutes or less, though a few, where we compare various versions of a show, may run just a little longer. Get your lunch and the biggest screen you can find and prepare to be amazed!

Can't make it to your class?

Please call the OLLI office at 304-293-1793 to let us know so we can open your seat to someone on the wait list!

Policies and Procedures

Accessing a class in Zoom

When you are enrolled in an OLLI class or special member event, you will receive an email the morning of the class with the Zoom link and meeting ID. If you do not use email, please call the OLLI office on the morning of the class to ask for the meeting ID.

Class Disclaimer

OLLI at WVU presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial, or other professional advice and services. Information presented in an OLLI program should not be used as a substitute for consultation with a professional legal, medical, financial, or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial, or other competent adviser.

All information is provided "as is," with no guarantee of completeness, accuracy, timelines or of the results obtained from the use of the information, and without warranty of any kind, expressed or implied, including, but not limited to warranties of performance, merchantability, and fitness for a particular purpose. Neither OLLI at WVU nor its information providers will be responsible to any program participant or anyone else for

any decision made or action taken in reliance on the information presented by OLLI at WVU, or for any consequential, special or similar damages, even if advised of the possibility of such damages.

Liability Disclaimer

Individuals acknowledge and assume any and all risk associated with participation in OLLI at WVU activities. OLLI at WVU makes no representation regarding the appropriateness of any activity for an individual. OLLI at WVU disclaims any and all liability for each individual's participation in any activities. If a course involves physical activity, participants are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended that participants consult their physician before participating in physical activity.

Non-Discrimination Statement

WVU is an EEO/Affirmative Action Employer. Underrepresented class members are encouraged to apply. This includes minorities, females, individuals with disabilities, and veterans.

Registration Matters

We understand that plans change, especially when you're asked to commit to something several weeks in advance. However, it is important to

Mark Your Calendar!

Other Important Dates

September 21

Fall Registration Begins

November 2

Winter Course Proposals Due

January 18

Spring Course Proposals Due

January 25

Winter Term Begins

register for the classes that you wish to attend. Enrollment records help us demonstrate our members' active participation in the program when seeking funding from grant-makers and policy-makers.

If you are unable to attend a class for which you are registered, please notify the OLLI office. Please be respectful of the time and efforts of our volunteer instructors and your fellow OLLI members.

Refunds

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.

Be an OLLI Ambassador!

**Our members are our best recruiters.
Share your OLLI experience with a friend.**

- Invite a friend to a class
(when we're safely meeting face-to-face again)
- Offer a catalog
- Suggest a membership*
- Give a gift certificate *(available at the OLLI office)*

*If you refer a friend who purchases a new membership, you will be entered in a drawing to receive a **free term of OLLI courses**. The referral must be confirmed by the new member.



About the Instructors

Sara Abbas has a graduate degree from Carnegie Mellon and has taught writing courses at Point Park University and at the Rutgers Writing Program.

Ed Balthazar was a chemical manufacturing engineer. Later, he was a Professor of Science at the University of Charleston. He now lives in the country near Fayetteville, WV. He enjoys bringing knowledge to others and volunteers his time teaching. His name? Well, Balthazar was one of the three wise men, but Ed can't trace his roots that far back.

Rabbi Joe Blair is the spiritual leader of Temple Israel in Charleston, WV. He has taught several other courses for OLLI.

Melora Cann has been an art educator for over 33 years. She has studied art history internationally in Italy, the Netherlands, Spain, Great Britain, Germany, and Mexico.

Kenton Colvin retired from WVU Student Life after 18 years. Previously he spent 26 years in manufacturing management with several corporations. He has a Masters Degree in Industrial and Systems Engineering and has taught engineering courses for 26 years. He is vice president of the Mon Valley Railroad Historical Society and enjoys reading history and teaching classes at OLLI.

Doug Cumpston has a criminal justice education with a history of working in mental health and disabilities services. He has been with WVATS for two years and has further education with Agrability and its technology. He is certified with JAWS (screen reader technology) and has ATP certification. He has presented nationally at AUCD and Farm Aid and locally at the botanic gardens.

Ann Davidson is retired after 20+ years in medical research at WVU. She was introduced as a teenager to *The New Yorker* by her parents and has enjoyed the articles ever since.

Kay Goodwin, former WV Secretary of Education and the Arts, will share a class co-hosting role with master-teacher Dr. Selby for *Lincoln's Words in Poetry and Prose: An Actor's Reflections*. She has known Selby since their days as students at WVU.

Kathi Elkins has a teaching background in biology and chemistry, experience in solid waste management, data and graphics, and is personally committed to Reduce/Reuse/Repair/Recycle. She is also committed to expanding her involvement in environmental advocacy and to reach/teach others. She is a retired epidemiologist from the WV Health Statistics Center, WVDHHR.

Danielle Funk, MS, is the Program Assistant II for the WV Center for End-of-Life Care. She oversees the daily operations of the Center and e-Directive Registry. She also coordinates educational and community outreach-based opportunities to help West Virginia residents and health care providers better understand advance care planning, the Center, and the e-Directive Registry.

Jack Hammersmith worked with David Selby in the 1990s in WVU's televised classroom, *Bridging the Gap*, focusing on Selby's knowledge and portrayal of Lincoln. Hammersmith will share a class co-hosting role with master-teacher Dr. Selby for *Lincoln's Words in Poetry and Prose: An Actor's Reflections*.

Rabbi Joe Hample was born in Buffalo, educated at Harvard, and long employed at Wells Fargo Bank in California. Ordained in 2009, he worked as a full-time prison chaplain before coming to Morgantown in 2012. Now the spiritual leader at Tree of Life Congregation on South High Street, Rabbi Joe seeks to make Judaism accessible to everyone.

Heather Harris is the Educational Programs Manager at the Art Museum of West Virginia University. Harris is a Morgantown native who has worked in arts education in a wide variety of contexts, both nationally and internationally. Her background is in drama education, and she holds an MA from New York University in Educational Theatre. She then became Education Coordinator at Krannert Art Museum in Champaign, Illinois. She returned to Morgantown in August of 2015 to head the new Art Museum's education initiatives.

James Held, a lifetime cineaste [film enthusiast], had a prominent role in the film industry, ushering and snack barring in Oceanside, CA, while still in his teens. He went on to live in Los Angeles, so close to Hollywood that he could often be found driving up and down Hollywood Blvd. late at night or stalking Pickwick Books for movie stars.

Ed Johnson is the creator/curator of a website for students and educators of West Virginia Studies, mh3wv.org.

Michelle Klishis, OLLI's professional technologist, is a jack-of-all-trades and certifiable geek. Her degree in biology and work in a microbiology lab gave her absolutely no preparation for becoming a technology consultant, yet here we are.

William Koehler, DMA, has studied and practiced T'ai Chi over a period of 25 years, including the Cheng Man-ch'ing 37 posture Yang style, "Small Space T'ai Chi," and the Yang 24 posture form. He studied for five years with Robert Larsen, a student of Cheng Man-ch'ing.

Deborah Layton, a yoga student since 1995, has been teaching since 2004 in the Viniyoga tradition. She is an Experienced Registered Yoga Teacher at the 500-hour level and is currently working toward certification in yoga therapy. She holds a BS in Recreation Therapy from Virginia Commonwealth University.

About the Instructors

Cecil Pollard has been practicing T'ai Chi for almost five years under several different instructors. He has experience teaching this class, but doesn't consider himself an expert. He continues to take classes when possible.

Margot Racin is retired after 30 years in the WVU English Department. She has coordinated these *New Yorker* discussions in previous terms and looks forward to even more stimulating discussions.

Maria-José Ramirez is a mental performance coach. For over 10 years, Dr. Ramirez has worked with musicians, athletes, students, lawyers, architects, business executives, psychologists, parents, and teachers, teaching them the mental skills to perform well under pressure and to live positive lives at the same time.

Sumitra Reddy grew up in India and “had” to learn her mother tongue (Bengali), Hindi (India's national language), Sanskrit, and English in school (and three different scripts) as most Indians do even today. She came to the U.S. for graduate studies and received her PhD in Physics.

Jim Rentch taught silviculture and field botany courses at WVU for 16 years.

Alan Rosenbluth, a retired pharmacy professor and dean, has enjoyed creative writing for more than 25 years. Following retirement in 2001, he attended writing classes and workshops (in WV, NC, and CA) and has written dozens of short stories and memoirs involving sports, grandchildren, strange happenings, and high school memories.

Harry Russell is a graduate student in WVU's Master of Public Health program with a concentration on Social and Behavioral Sciences. He is an avid sports fan from Roanoke, VA.

David Selby, a Morgantown native, has enjoyed a long and rich acting career, spanning TV, film, and the theater. Not only has he played a wide variety of roles in over 60 years—perhaps the best-known being Richard Channing in TV's long-running *Falcon Crest*—but he has authored plays, poetry, and non-fiction. In two sessions, he will explore his many years of portraying Abraham Lincoln on the stage, including special productions at Ford's Theater. His portrayal has been based on years of serious research and a meticulous effort at authenticity in wardrobe and manner.

Rae Jean Sielen is the cofounder/owner of Populore Publishing Company in Morgantown. For over 20 years she has helped individuals, families, organizations, and businesses with a wide variety of publishing projects. She is especially passionate about encouraging others to preserve their personal and family stories.

Vanessa VanGilder is a patient navigator with the Traumatic Brain Injury Program at the WVU Center for Excellence in Disabilities. She has a master's degree in rehab counseling and is a certified rehab counselor and a certified brain injury specialist. She previously served as the Olmstead Coordinator for West Virginia.

Wallace Venable arranges music for crank organs. He also plays several musical instruments and sings in local groups. He resumed an interest in model railroading as part of his dealing with COVID-19 distancing, after several decades of un-involvement.

Jill Watkins owns Watkins Design Works, a commercial interior design and green building consulting firm. She is chair of Citizens Climate Lobby's Charleston Chapter and the U.S. Green Building Council WV Chapter. Jill has 26+ years of interior design experience with 24+ years focusing on green building and sustainable building. She is also a backpacking leader for Appalachian Mountain Club.

Barry Wendell has been teaching about pop music at OLLI for many years now, including covering years from 1960- 1968 and classes about Motown, the British Invasion, The Beach Boys, and Laura Nyro. Barry has a Bachelor of Arts in Humanistic Studies from Johns Hopkins University, and used to sing Jewish liturgical music at synagogues in California and Idaho.

Judy Werner has enjoyed playing the lap dulcimer for more than 12 years, and she plays in two different dulcimer groups. She likes old-time traditional music and enjoys going to concerts and music festivals. She continues to direct the Gardner Winter Music Festival held every February. She also enjoys playing the tin whistle and the bowed psaltery.



OLLI at WVU - Your Next Adventure Begins Here

Fall Registration Begins Sept. 21

Phone: 304-293-1793

Website: www.olliatwvu.org

Email: olli@hsc.wvu.edu

Benefits of OLLI Membership

Staying intellectually stimulated and socially active are proven components of healthy aging. Membership in OLLI provides these benefits through:

- More than 200 courses and activities per year in such areas as the arts, health and wellness, humanities, math and science, technology, and more.
- Social events
- Travel programs
- Interest Groups
- Volunteer opportunities