



OLLI @ WVU

Your Next Adventure Begins Here

Spring 2020 Charleston Course Catalog
www.olliatwvu.org

About OLLI at WVU

The Osher Lifelong Learning Institute at West Virginia University, known as OLLI at WVU, provides programs and educational opportunities designed for adults 50 and over.

OLLI at WVU, a membership organization affiliated with the School of Public Health, recognizes the unique experiences, capabilities, and wisdom of mature members of the community. OLLI at WVU emphasizes the sharing of ideas through peer learning, member participation, and collaborative leadership.

During four terms each year, OLLI at WVU offers courses, lectures, seminars, and field trips in such areas as music, literature, art, science, politics, nature, history, health, medicine, and economics. Live drama, movies, and interest groups add to the choices.

Courses are developed and taught by volunteers from the community who are passionate about their topics, avocations, and interests and who love to share their ideas.

Free from the pressures of tests and grades, OLLI members are learning simply for the joy of it.

Supporters

OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:

- ◆ The Bernard Osher Foundation
- ◆ West Virginia University, President's Office
- ◆ WVU Foundation
- ◆ WVU School of Public Health (SPH)
- ◆ Edgewood Summit
- ◆ Schoenbaum Center
- ◆ Hansford Center, St. Albans
- ◆ South Charleston Public Library
- ◆ St. John's Episcopal Church
- ◆ OLLI Board Members, Committee Members, and Volunteers
- ◆ OLLI \$100K Club
- ◆ Our Distinguished Instructors
- ◆ OLLI Members

The Bernard Osher Foundation

The Bernard Osher Foundation seeks to improve quality of life through the support of lifelong learning institutes such as OLLI at WVU. The Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. The Foundation has now funded 120 Osher Lifelong Learning Institutes on campuses of colleges and universities from Maine to Hawaii. Funding for OLLI is contingent upon membership growth goals, so **membership matters**. To learn more about The Bernard Osher Foundation, please visit their website at www.osherfoundation.org.

OLLI Board of Directors (2019-2020)

Ed Johnson, President
Beverly Kerr, Vice President
Clark McKee, Secretary
George Trapp, Treasurer
Sarah Woodrum, SPH Rep.
Carolyn Atkinson
Hilary Attfield
Lynn Baker
Gwen Gill
Kay Goodwin
Kathy Hanko
Linda Jacknowitz
Sonja Jewel Kelley
Jane Martin
Florita Montgomery
Gwen Rosenbluth

OLLI Board of Advisors

Bob Craig
Roger Dalton
Ann Davidson
Betty Maxwell

Charleston Committee

Carolyn Atkinson
Melora Cann
Nancy Daugherty
Martha Ferrell
Kay Goodwin
Rosa Lea McNeal
Fran Simone

Staff

Jascenna Haislet, Director
Michelle Klishis, Professional Technologist
Diane Cale, Program Assistant

Contact Us

Osher Lifelong Learning Institute at WVU
PO Box 9123
Morgantown, WV 26506-9123

(304) 293-1793
www.olliatwvu.org
Email: olli@hsc.wvu.edu

OLLI Office Hours

9:00 a.m. - 5:00 p.m., Monday - Friday
Closed weekends and University holidays

Table of Contents

About OLLI at WVU	2
OLLI Board of Directors and Staff	2
Contact Us/OLLI Office Hours	2
From Our President	4
From Our Director	4
OLLI Membership	5
How to Register	5
Mark Your Calendar	6
Class Location Key	6
Teach for OLLI	6
Giving to Your OLLI	7
Spring 2020 Courses	8
The Lives and Works of Women Artists: Sofonisba Anguissola (Ms Cann)	
History of Extinction on the Earth (Dr. Cook)	
What Really Happens When I Wave My Arms (Maestro Loh)	
50 Things You Can Do to Reduce Your Carbon Footprint (Ms Elkins, Ms Watkins)	
It's Quartz...Not Quarts! (Mr. Holsclaw)	
A Few 20th Century American Jewish Poets (Dr. Randall)	
Made and/or Grown in West Virginia, Part II (Mr. Johnson)	
Made and/or Grown in West Virginia, Part III (Mr. Johnson)	
Marc Chagall: The Artist, The Jerusalem Windows (Ms Cann)	
Travels in Central Asia (Dr. Mould)	
The Wizardly of Creating a Symphony Season (Maestro Loh)	
Introduction to Traditional Medieval Ballads (Prof. Hartstein)	
Beginning Landscape Photography (Mr. Willson)	
Introduction to Physics, Part II (Mr. Balthazar)	
<i>The Book of Kells</i> : Celtic Art and the Illuminated Manuscript (Ms Cann)	
Life of a Traveling Musician (Mrs. King)	
Wickedly Witty Portraits by Giuseepe Arcimboldo: An Artist's Tour de Force (Ms Cann)	
Comic Opera: Laughs, Loves, Happy Endings (Dr. Harrison)	
Safety for Seniors (Mrs. Ganoë)	
Technology Security (Klishis)	
Social Media Platforms (Klishis)	
Facebook (Klishis)	
Registration & Attendance Matter	12
OLLI @ WVU Online Resources	13
Volunteer for OLLI	14
Policies and Procedures	14
Using OLLI's Online Registration	15
Registration Form	insert

OLLI membership has opened a whole new world for me and has given me a challenging and very rewarding activity for my retirement years.

- OLLI member

From Our President



Spring!

A new season -- of renewal, growth and fresh starts.

Also sounds like why many of us joined OLLI, for renewal, growth and a fresh start in a new season of life.

So here is your Spring catalog, chock full of activities, courses, and special events for your new season.

See you in class!

- Ed Johnson

Your OLLI Name Badge

OLLI provides a name badge on a lanyard for each of our members. Please wear your badge when you attend OLLI classes and events. It helps us get to know each other!

New members will receive their name badge in the mail within 2-3 business days. If you need a new badge, please contact the OLLI office.

From Our Director

OLLI is a membership organization. Whether you're new to OLLI or have been with us for several years, chances are you've seen or heard this phrase used a few times in descriptions of what we are. But what does that really mean?



As one of the few requirements dictated by our benefactor, the Bernard Osher Foundation, membership is an annual financial commitment to the program that bestows certain rights and privileges on those who pay. For OLLI at WVU, this includes such things as the right to register for classes and priority access to wait-listed classes, two free special member events per year, and reduced prices on trips and other events.

But OLLI membership is much more than just a financial transaction and goods exchanged. Membership in OLLI offers connection to peers, colleagues, and the community, to new friends and old. It offers opportunity to discuss, debate, and reflect. And a continued purpose through sharing and volunteering. Membership in OLLI also gives you a voice in shaping the future of lifelong learning in Morgantown and the surrounding communities.

As OLLI continues to grow, in large part due to our enthusiastic members, dedicated donors, and accomplished faculty, we want to thank you for your support!

And we want to ask two small favors, both of which are vital to OLLI's future. First, share your OLLI experience with a friend. Be an OLLI ambassador. (Did you know that 77% of new members cite a friend or family members as the reason they joined?) Pass along an extra course catalog or bring a friend to class. (Be sure to check with the office to ensure space is available first.)

And second, share your thoughts with us. Members are given the opportunity to complete a feedback form at the end of each course. You can also provide feedback online at <https://olliatwvu.org/current-members/course-feedback/>. These forms are read by the curriculum committee. When in Morgantown, attend a board meeting, held on the second Friday of each month at 10:00 a.m. Board meetings are open to all OLLI members. Join a committee. Or contact me directly, by phone or email, to discuss an idea or concern.

Your input is important to OLLI. We want to hear from you!

- Jascenna Haislet

OLLI Membership

Membership is open to curious adults interested in programming designed specifically for those 50 and over who want to engage socially and intellectually.

The Benefits of OLLI Membership

- A voice in OLLI governance
- The right to run for the OLLI Board or serve on a committee
- At least two free members-only events per year (no term registration fee required)
- The right to be added to a class wait list (members will be given priority when a seat opens up in a class)
- Reduced prices for OLLI trips and special events
- The opportunity to make new friends and learn new things
- The right to register for unlimited classes with payment of term registration fee. OLLI classes are open to members only!

Annual membership

is \$20

Membership year runs
July 1st to June 30th.

Term Registration Fee

- OLLI members may register for **unlimited courses for \$25 per term**.
- Other fees may apply and are noted on individual courses, events, or groups.
- **Special Member Events are free** to all current OLLI members unless otherwise noted.

Discounts are available for our volunteer instructors. Contact the OLLI office at 304-293-1793 for more information.

Financial Assistance Available

OLLI at WVU tries to keep fees to a minimum while providing the highest quality experiences to our members. However, we recognize that membership and registration fees may be out of the reach of some individuals. Therefore, scholarships are available. To apply, ask for a confidential application at the OLLI office or fill out the form on our website at www.olliatwvu.org.

How to Register

Individuals may purchase or renew a membership and register for classes in any of the following ways:

- Online at www.olliatwvu.org using Augùsoft Lumens.
- In person at the OLLI office at the Mountaineer Mall in Morgantown
- By mail, using the enclosed membership/registration form.

Mail the form to: OLLI at WVU
PO Box 9123
Morgantown, WV 26506-9123

Please make checks payable to the WVU Foundation.

*If you pay with a credit or debit card,
the charge will show as:
Nesius West Virginia Treasury Basics.*

**Spring registration begins
March 25, 2020**



OLLI members from Charleston and Morgantown enjoyed a tour of Heritage Farm Museums and Village together.

Class Location Key

Registration & Attendance Matter

We understand that plans change, especially when you're asked to commit to something several weeks in advance. However, **it is important to register for the classes that you wish to attend.**

Enrollment records help us demonstrate our members' active participation in the program when seeking funding from grant-makers and policy-makers.

As you may already know, we also have classes which fill quickly so one that you wish to attend may already have a waiting list. When you register in advance for a class, you will be notified via email if you have been put on the wait list.

If you wish to bring a guest to a class, please contact the OLLI office the day before to ask if there are any seats available.

If you are unable to attend a class for which you are registered, please notify the OLLI office at 304-293-1793 or olli@hsc.wvu.edu.

Another person may be anxiously awaiting your cancellation so that he or she may participate in the class.

Please be respectful of the time and efforts of our volunteer instructors and your fellow OLLI members.

Thank you.

Schoenbaum Center
1701 5th Ave., Charleston

Edgewood Summitt
300 Baker Lane, Charleston

South Charleston Public Library
312 4th Ave., South Charleston

Hansford Center
500 Washington St., St. Albans

St. John's Episcopal Church
1105 Quarrier St., Charleston

Did you know that volunteering can make you happier and healthier?

Find out how you can volunteer for OLLI at WVU on page 14.

Mark Your Calendar!

Other Important Dates

March 25	Spring Registration Begins
April 9	Spring Term Begins
April 20	Summer Course Proposals Due
May 8	OLLI Board Meeting
June 17	2020 Annual Meeting
June 24	Summer Registration Begins
July 10	OLLI Board Meeting
July 13	Summer Term Begins
July 13	Fall Course Proposals Due
August 12	OLLI Board Meeting
September 28	Fall Registration Begins

Giving to Your OLLI

OLLI at WVU offers many ways for our members to make a financial gift to their lifelong learning program. From one-time gifts added to your course registration form to an end-of-year gift through a IRA gift or a legacy gift in your estate plan, you're helping West Virginia's premiere lifelong learning program remain sustainable for years to come.

Every Gift Makes an Impact!

Earlier this year, we introduced another way to give, a way that is more convenient for you and OLLI.

***With a recurring monthly gift,
you can become an OLLI Sustaining Donor.***

Become a **Sustaining Donor** today and help OLLI at WVU fulfill its mission of promoting curiosity, exploration, discovery, and discussion through learning and social engagement for older adults for years to come.

Monthly gifts from Sustaining Donors guarantee the program a reliable income stream while reducing expenses necessary to ongoing fundraising efforts.

It's an easy way to support lifelong learning in West Virginia and ensure the best use of resources available to OLLI.

Make the pledge today to become an OLLI Sustaining Donor.

You decide how much you wish to give monthly, what date you would like to begin, and provide a debit or credit card for payment. You can cancel or change your gift at any time. You can make your recurring gift in honor or memory of a loved one or member, give to OLLI's area of greatest need, designate it to another OLLI fund, or fully sponsor an event of your choice.

To become a Sustaining Donor, contact: Jascenna Haislet, Director, OLLI at WVU
304-293-1793
jascenna.haislet@hsc.wvu.edu

or visit: <http://olliatwvu.org/make-a-gift/>

Thank You to Our Current Sustaining Donors

Bill Weiss	Patricia Johnston & Lawrence Frail
George & Viera Trapp	Ed Johnson
Rita Tanner	Jim Held & Bonnie Brown
Diana F. Scott	Jascenna Haislet
Richard Reardon	Rose Haislet
Judy & Andy Morris	Denise Gwinn
Clark & Allyson McKee	Roger & Charlotte Dalton
Karen S. Long	

Thank you for your continued support of lifelong learning and OLLI at WVU.

The Lives and Works of Women Artists: Sofonisba Anguissola

Ms. Melora Cann

Thursday, April 9, 2:00 - 4:00 p.m.

Schoenbaum Center

Saturday, April 25, 10:00 a.m. - 12:00 p.m.

South Charleston Public Library

Offered Twice

Sofonisba Anguissola (1532-1625) was an influential Italian Renaissance painter and known for introducing new techniques in portrait painting. She was one of the first known female artists and one of the first women artists to establish an international reputation during her lifetime. She created life-like, sophisticated portraits in a style bordering on mannerism. She painted both self-portraits and portraits of aristocracy, including official portraits of the Spanish royal house. The class will examine her life, times, and art.

About the Instructor: Mel Cann has been an art educator for over 33 years. She has studied art history internationally in Italy, the Netherlands, Spain, Great Britain, Germany and Mexico.

History of Extinction on the Earth

Dr. Lewis Cook

Monday, April 13, 10:00 a.m. - 12:00 p.m.

Schoenbaum Center

In our Earth's history, recurring and continuous life extinction events have occurred. The results of that process has resulted in major changes in direction of species living on our planet. This discussion will review the history of the major events leading to life on Earth, as we see it today.

About the Instructor: Dr. Cook, a graduate of WVU, has been a family physician for 40 years in Fayetteville, WV. His credentials include MCV Board Certified and Fellow of AAFP; Chief of Staff, Board, and Department Chair at Raleigh General Hospital; WV State and County Medical Association; WV Governor's Advisory Board; President of the Board for the WV Medical Institute; WVU Visiting Clinician 15 years; International Medical Geology; and U.S. Army Corpsman.

50 Things You Can Do to Reduce Your Carbon Footprint

Ms. Kathi Elkins & Ms. Jill Watkins

Wednesday, April 15, 10:00 a.m. - 12:00 p.m.

Schoenbaum Center

Celebrating the 50th Anniversary of Earth Day, this class will explain "carbon footprint" and how we can help reduce our impact on the earth. Information presented will explain the different types, causes, and solutions to pollution. Participants will be empowered through hands-on skill development to reduce/reuse/repair/recycle. Participants will also discover ways to be a "people influencer" on environmental issues by connecting with family, friends and colleagues. This class is a logical addition to previous OLLI classes on climate and on health, and will be helpful for beginners as well as those intermediate in environmental issues.

About the Instructors: Kathi Elkins has a teaching background in biology and chemistry, experience in solid waste management, data and graphics, and is personally committed to Reduce/Reuse/Repair/Recycle. She is also committed to expanding her involvement in environmental advocacy and to reach/teach others. She is a retired epidemiologist from the WV Health Statistics Center, WVDHHR. Jill Watkins owns Watkins Design Works, a commercial interior design and green building consulting firm. She is chair of Citizens Climate Lobby's Charleston Chapter and the U.S. Green Building Council WV Chapter. Jill has 26+ years of interior design experience with 24+ years focusing on green building and sustainable building. She is also a backpacking leader for Appalachian Mountain Club.

It's Quartz...Not Quarts!

Mr. Steven Holsclaw

Wednesday, April 15, 2:00 - 3:30 p.m.

St. John's Episcopal Church

What a difference one letter can make. While the names are pronounced the same, quartz is one of the most abundant minerals on our planet and quarts are multiple units of liquid measurement. This course explores the world of quartz and its highly variable forms, shapes, colors and crystallization.

About the Instructor: Mr. Holsclaw is a retired Petroleum Geologist after working 42 years in the oil and gas industry. He has pursued a lifelong interest in fossils, minerals and crystals and enjoys sharing that interest with like-minded individuals.

Special Member Event

What Really Happens When I Wave My Arms

Maestro Lawrence Loh

Tuesday, April 14, 2:00 - 4:00 p.m.

Schoenbaum Center

Reception to follow.

Maestro Loh of the WV Symphony talks about the role of the conductor in preparing the orchestra for performance. The second half of the session will focus on Carl Orff's composition *Carmina Burana* to be performed by WVSO, Symphony Chorus and choruses from Fairmont State University, WVU, WV State University, and WVU-Parkersburg on April 18 in Charleston.

About the Instructor: Maestro Loh was named the tenth conductor of the WV Symphony in June 2017. Loh received his Artist Diploma in Orchestral Conducting from Yale, his Masters in Choral Conducting from Indiana University and his BA, and Certificate of Management Studies, from the University of Rochester.

**Open to all OLLI members!
Registration fee not required.**

A Few 20th Century American Jewish Poets

Dr. Joan Randall

Tuesday, April 21, 10:30 - 11:30 a.m.

Schoenbaum Center

We will read one or two poems of four American Jewish poets from the mid-twentieth century to the present. Possibilities include Susan Ostriker, Gerald Stern, Stanley Kunitz, Adrienne Rich.

About the Instructor: Dr. Randall holds a PhD from the University of Rhode Island and is a retired WVSU English professor.

Made and/or Grown in West Virginia, Part II

Ed Johnson

Wednesday, April 22, 10:00 a.m. - 12:00 p.m.

Thursday, April 23, 10:00 a.m. - 12:00 p.m.

Edgewood Summitt

Offered Twice

In Part 1 of this class celebrating our West Virginia roots, we looked at food and beverages. In this part of the course, we will look at pottery and glass, along with several miscellaneous items you may be shocked to find are made in WV.

About the Instructor: Ed Johnson is the creator and curator of MH3WV.org, a website for students and educators of West Virginia Studies.

Made and/or Grown in West Virginia, Part III

Ed Johnson

Wednesday, April 22, 1:00 - 3:00 p.m.

Thursday, April 23, 1:00 - 3:00 p.m.

Edgewood Summitt

Offered Twice

In Part 3 of this class celebrating our West Virginia roots, we will delve into other areas, including forest/wood products and a slew of other items you probably didn't know about.

About the Instructor: See above.

Marc Chagall: The Artist, The Jerusalem Windows

Ms. Melora Cann

Thursday, April 23, 2:00 - 4:00 p.m.

Hansford Center

Thursday, May 14, 2:00 - 4:00 p.m.

Schoenbaum Center

Offered Twice

Marc Chagall (1889 – 1985) was a French / Russian-Jewish artist at an international level. He was one of the most influential modernist artists of the 20th Century. He was a painter, book illustrator, ceramicist, stained-glass painter, stage set designer and tapestry maker. In 1959 he was commissioned to design the stained-glass windows for the synagogue in the Hadassah-Hebrew University Medical Center in Jerusalem. In 1962, the twelve windows were completed and installed and are considered one of his master works. In addition to the windows, this class will explore other art and moments within his long and productive career.

About the Instructor: See page 7.

Do You Know What Happens in The People's Court?

Magistrate Gary Sheff

Monday, April 27, 10:00 - 11:30 a.m.

Schoenbaum Center

The West Virginia court system is like a pyramid. At the bottom of the pyramid are the magistrate courts, which handle more cases than all the other courts combined. Because magistrates have the most contact with the public, they are known as the "people's court." Please join Kanawha County Magistrate Gary Sheff for an informative discussion on what happens in magistrate court.

About the Instructor: Magistrate Gary Sheff, a Charleston native, is a graduate of Charleston High School and has a B.S. in Business Administration from West Virginia State University. He has devoted himself to youth and families through his volunteer efforts - Charleston Church Recreation Association (Board President 1994 to present), and he recently completed serving as Board President of B'nai Jacob Synagogue.

Travels in Central Asia

Dr. David Mould

Mondays, April 27 - May 18, 2:00 - 3:00 p.m.

Schoenbaum Center

Across the vast steppe and mountain ranges, to fabled Silk Road cities, the Soviet rust belt and the futuristic architecture of Astana, Kazakhstan's capital, historian and journalist David Mould takes you to a remote, diverse and strategically vital region--the former Soviet republics of Central Asia. That jumble of countries whose names end in -stan: Stanland. You'll meet teachers, students, politicians, entrepreneurs, journalists, cab-drivers and market sellers to learn about their history, culture and struggle to survive in the post-Soviet era. You'll enjoy the stories and landscapes, but be happy you skipped the dangerous flights and bad hotels.

About the Instructor: David Mould, professor emeritus of media arts and studies at Ohio University, has traveled widely in Asia and southern Africa as a trainer, consultant, and researcher. He is the author of two books on travel, history and culture, *Postcards from Stanland: Journeys in Central Asia* (2016) and *Monsoon Postcards: Indian Ocean Journeys* (2019).

The Wizardry of Creating a Symphony Season

Maestro Lawrence Loh

Tuesday, April 28, 2:00 - 4:00 p.m.

Schoenbaum Center

Maestro Lawrence Loh will talk about the musical elements of putting together a symphony season from choosing works that are contemporary balanced with classical familiar standards, mixed with selections that help grow the orchestra as an ensemble. The second half will focus on Elgar's *Enigma Variations* to be performed by the WV Symphony on May 2 by the WV Symphony with Maestro Loh conducting.

About the Instructor: See Special Member Event on page 9.

Introduction to Traditional Medieval Ballads

Professor Arnold Hartstein

Wednesday, April 29, 10:00 a.m. - 12:00 p.m.

Schoenbaum Center

Simple in language, traditional medieval ballads are often enigmatic and shockingly sensational stories. We'll examine a few of these and also consider their influence on later works.

About the Instructor: Dr. Arnold Hartstein recently retired from West Virginia State University, where he taught English for 41 years.

Wickedly Witty Portraits by Giuseppe Arcimboldo: An Artist's Tour de Force

Ms. Melora Cann

Thursday, April 30, 2:00 - 4:00 p.m.

Hansford Center

Encore

Giuseppe Arcimboldo (1526 – 1593) was an Italian artist who worked for 25 years as court painter for the Hapsburgs in Vienna and in Prague. His portraits were faces composed of fruits, vegetables and animals, creating humorous, sometimes scary, images that either made the viewer smile or offended the image conscious. Clearly, from his duration at court, his patrons enjoyed his imagery and sense of humor as well as his skill as a painter in the mannerist period. We will spend time enjoying the visual 'fruits' of his labors!

About the Instructor: See page 7.

OLLI Spring Classes

Beginning Landscape Photography

Mr. John Willson

Tuesday, May 5, 10:00 - 11:30 a.m.

Schoenbaum Center

Join us for an interactive discussion on how to improve your photography! The course will focus on getting started in Landscape Photography, and will cover techniques for exposure, composition, dealing with light, and getting sharp focus. We will propose suggested camera settings for sunrises and sunsets, waterfalls, Milky Way shots, and other long exposure subjects. We will also share some useful smart-phone apps to use to plan your photo excursion. Participants are welcome to bring their own photos on a disc or jump drive, and get the group's input on how to make them better!

About the Instructor: John Willson is a retired chemical engineer, and was the Technology Manager and Improvement Leader at the DuPont Plant in Belle. Mr. Willson led the Six Sigma process improvement program, and has taught over 10 Green Belt courses in Six Sigma. John has adopted photography as a retirement hobby, and loves capturing photos of our beautiful state of West Virginia.

Introduction to Physics, Part II

Mr. Ed Balthazar

Tuesdays, May 5 - 19, 2:00 - 3:30 p.m.

Schoenbaum Center

This class continues the overview of Physics subjects. It is geared to non-science, non-math folks. It will focus on Why and How things occur rather than calculations, so there will be very few equations. Session 1 is about Rotational Motion; Acceleration, Torque and Energy. Session 2 moves into the properties of solids and fluids such as; density, pressure and depth, buoyancy and fluid motion. Session 3 switches again to harmonic motion, waves and sound. Every session will have hands-on activities to help understand the meaning of each topic.

About the Instructor: Ed Balthazar was a chemical engineer with 30 years of experience in the manufacturing industry. For a second career, he spent a decade as a Professor of Science with the University of Charleston. He obtained his BS at Drexel University and his Masters at Marshall.

The Book of Kells: Celtic Art and the Illuminated Manuscript

Ms. Melora Cann

Thursday, May 7, 2:00 - 3:30 p.m.

Hansford Center

Encore

This class will explore Insular art, and specifically Celtic art, of Ireland and Scotland in the mid- to late eighth century through examination of *The Book of Kells* and other contemporary sources. *The Book of Kells* is considered to be the world's most famous early medieval manuscript, a 1,200-year-old copy of the Gospels, illustrated with hand-lettered and illuminated pages by monastic scribes. It was created by the Celtic monks in c. 801 A.D. and is considered the pinnacle of Insular art.

About the Instructor: See page 7.

Life of a Traveling Musician

Mrs. Betty King, Ms. Karen Barker

Wednesday, May 13, 2:00 - 4:00 p.m.

Schoenbaum Center

What is it like to be a professional musician? This focus will be on the stringed instruments of the orchestra featuring Karen Barker, a member of the WVSO string section. Barker will tag-team with King, who will share the parts of a violin.

About the Instructor: Betty King currently serves as Vice President of Operations and Education for the WV Symphony Orchestra. She manages a partnership with Kanawha County Schools where artists-in-residence teach group string lessons in 18 elementary and middle schools. In addition, King serves as personnel manager for the orchestra. Karen Barker has been a member of WVSO for several decades.

Comic Opera: Laughs, Loves, Happy Endings

Dr. Bob Harrison

Tuesdays, May 19 & 26, 9:30 a.m. - 12:30 p.m.

Schoenbaum Center

What are the key ingredients of an *Elixir of Love* by Donizetti? First and foremost, this is a comic opera that is a concoction of hummable melodies, colorful characters, a definition of true love, with lots of laughs and a very happy ending. What better way is there to

OLLI Spring Classes

chase away winter blues than to spend a couple of hours enjoying one of the most popular operas in the world and learning about comic opera?

About the Instructor: Bob Harrison attends opera performances regularly. This course is being offered as a direct response from feedback by OLLI participants to learn about comic opera which is more upbeat and fun than other forms of opera.

Safety for Seniors

Mrs. Sheila Ganoë

Tuesday, May 19, 10:00 - 11:00 a.m.

Hansford Center

As we age, our vision begins to diminish and we have to come up with ways to stay safe in our homes and around our houses. This class will provide some ideas of what you can do to feel secure.

About the Instructor: Sheila Ganoë has worked with the Visions Program at the WV Division of Rehabilitation Services for 20 years. She works with visually impaired seniors in 11 counties in the state and absolutely loves her job.

Technology Security

Michelle Klishis

Wednesday, May 27, 9:30 a.m. - 12:00 p.m.

Thursday, May 28, 9:30 a.m. - 12:00 p.m.

Schoenbaum Center

Maximum Enrollment: 14

Skill Level I

"If you are not paying for it, then YOU are the PRODUCT." As more of our lives becomes digitized, it's important to make sure you are being safe with your electronic gadgets and online information. Anti-virus, malware, hacking, identity theft: all of these things make computers and smart phones sound terrifying, but there are simple steps you can take to make your data more secure and to feel more comfortable surfing the web and shopping online.

About the Instructor: Michelle Klishis, OLLI's professional technologist, is a jack-of-all-trades and certifiable geek. Her degree in biology and work in a microbiology lab gave her absolutely no preparation for becoming a technology consultant, yet here we are.

Social Media Platforms (that are not FB)

Michelle Klishis

Wednesday, May 27, 2:00 - 4:00 p.m.

Schoenbaum Center

According to Merriam-Webster, social media are forms of electronic communication (such as websites for social networking and microblogging) through which users create online communities to share information, ideas, personal messages, and other content (such as videos). But what does this actually mean? In this course we'll discuss some of the more common social media platforms, why and how they are used, and the basics of keeping yourself safe on social media. As this class will NOT be taught in a computer lab, please feel free to bring a laptop or tablet device so you can check out the sites as we go along. Prior to the course, the instructor will email a list of social media websites so participants will already have the addresses at a click of a link.

About the Instructor: See *Technology Security*.

Facebook

Michelle Klishis

Thursday, May 28, 2:00 4:00 p.m.

Schoenbaum Center

Skill Level I

If you are on any form of social media, you are probably on Facebook. And even if you're not on Facebook, you have almost certainly heard about all the problems Facebook is having with privacy laws and governments around the world. Facebook is in many senses a monopoly, and we are stuck playing in their sandbox, so in this class we'll discuss some of the problems with Facebook, as well as what you can do to help protect your privacy. This class will NOT be held in a computer lab, so you will need to bring your laptop or tablet to class if you want hands-on assistance in changing your Facebook settings.

About the Instructor: See *Technology Security*.

OLLI stimulates one's mind with great courses and provides social interaction to enliven the whole person.

- OLLI member

Offered Twice

Encore

OLLI@WVU Online Resources

Over the past three years, OLLI has been working to incorporate improved technology into our operations and create a stronger online presence. By doing so, we are working to provide a better experience for our members while reducing our carbon footprint. Below are some of the resources available to OLLI members. If you have questions or need assistance accessing these resources, please call the OLLI office at 304-293-1793.

Email

OLLI does not share your email address with anyone. We use your address only to inform you of important OLLI information and upcoming events. Be sure you're signed up for our email list so you don't miss any special news, messages from your instructors, receipts for registration, and more.

OLLI Website

The OLLI@WVU website (<https://olliatwvu.org>) is your resource for a great variety of information about our program, including class schedules, OLLI news, class handouts, FAQs about teaching, the OLLI member handbook, travel opportunities, minutes from board meetings, and much more. You can also access our registration site, <https://wvusph-olli.augusoft.net/>, from olliatwvu.org.

Friday E-bulletin

Every Friday morning, we send out a weekly email bulletin to let you know about upcoming events, as well as a digest of the next week's classes, meetings, and events. We strongly encourage you to join our Email ListServ so you're always in the know.

OLLI on Facebook

Follow OLLI on Facebook at Osher Lifelong Learning Institute at WVU. Find out when the latest catalog will be available online, see pictures from classes, learn about special events, and read interesting articles from a variety of sources.

Online Registration

You can register for your classes online at <https://wvusph-olli.augusoft.net/>. Instructions can be found on page 15. If you've forgotten your username, that's ok! If you've forgotten your password, that's also ok! There are links for recovering both on our website, so as long as you know your email address, you can get back in.

This online registration system has allowed us to do away with paper receipts, so your receipts are sent directly to your inbox. Please double check to make sure your email address is correct in our system!

Please note that this portion of the WVU OLLI website is run by an outside vendor (Augusoft), so the URL (web address) will be different for online registration than for the main OLLI website.

Class Materials Online

We have created an online repository for class handouts: <https://olliatwvu.org/current-members/document-repository/>. This page contains course handouts that instructors have given permission for posting, as well as technology-related handouts we hope you will find useful.

The technology handouts have hyperlinked indexes (so you can just click on a link to jump to the bit you want to learn about) and are regularly updated so you can always access the most up-to-date information we have available.

Go Green!

You can opt out of receiving our printed catalog. All classes and special events are listed on the OLLI registration site, and courses that are added after the catalog goes to print will be there as well. Members who opt out of the printed catalog will receive a PDF (electronic) copy of the catalog as soon as it is sent to the printer, even before it goes out in the mail.



Lively discussions are often a part of an OLLI class.

As a non-profit membership organization, OLLI depends on the generous support of our volunteers. Volunteers are the lifeblood of our program, helping to ensure that OLLI is able to provide the highest quality courses, lectures, workshops, trips, and more for our members.

Your volunteer experience can be molded to fit your interests, talents, and schedule. All members have something to offer and are encouraged to share their time and expertise with their peers.

Ambassadors

OLLI Ambassadors help spread the word about our program by sharing their experiences and inviting friends, family, and others to join them for a class.

Board Members

The Board of Directors is the governing body of OLLI at WVU, providing leadership to committees and staff. With input from the committees, the Board establishes organizational priorities and financial and program policies. Board members are elected by the membership to serve a two-year term and may be re-elected for a second term.

Class Hosts

Class hosts greet members and ask them to sign in as they arrive for a class, remind members to turn off their cell phones, introduce the instructor, assist with class needs, and distribute course feedback forms as needed.

Instructors

Our program depends on the generosity of our volunteer instructors to teach the quality courses and learning experiences offered throughout the year. OLLI instructors, drawn from all walks of life, share their knowledge and expertise of their chosen careers, fields of study, or hobbies about which they are passionate. Free from tests or grades, instructors experience the joy of teaching students who are enthusiastic, engaged and eager to learn.

Charleston Curriculum Committee

Committee members recruit members and volunteer instructors for our program. They meet quarterly to review course proposals and plan future programming, and represent OLLI at community functions, such as health fairs and social group meetings.

How to Become a Volunteer

To become an OLLI volunteer, contact the OLLI office at 304-293-1793 or submit the Volunteer Information Form online at <http://www.olliatwvu.org>.

Weather and Holiday Policy

OLLI members are personally responsible for their own safety and must exercise good judgment when making travel choices in inclement weather. When Kanawha County Schools are closed for inclement weather, OLLI activities are cancelled. School delays do not affect OLLI activities. The decision to cancel activities is at the discretion of the Director when a county calls for early dismissal due to the weather. The decision to cancel weekend activities due to weather is at the discretion of the instructor. Registered participants will be notified. The OLLI office observes WVU holidays.

Liability Disclaimer

Individuals acknowledge and assume any and all risk associated with participation in OLLI at WVU activities. OLLI at WVU makes no representation regarding the appropriateness of any activity for an individual. OLLI at WVU disclaims any and all liability for each individual's participation in any activities. If a course involves physical activity, participants are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended that participants consult their physician before participating in physical activity.

Class Disclaimer

OLLI at WVU presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial or other professional advice and services. Information presented in an OLLI program should not be used as a substitute for consultation with a professional legal, medical, financial or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial or other competent adviser.

All information is provided "as is," with no guarantee of completeness, accuracy, timelines or of the results obtained from the use of the information, and without warranty of any kind, express or implied, including, but not limited to warranties of performance, merchantability and fitness for a particular purpose. Neither OLLI at WVU nor its information providers will be responsible to any program participant or anyone else for any decision made or action taken in reliance on the information presented by OLLI at WVU, or for any consequential, special or similar damages, even if advised of the possibility of such damages.

Refunds

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.

Non-Discrimination Statement

WVU is an EEO/Affirmative Action Employer. Underrepresented class members are encouraged to apply. This includes minorities, females, individuals with disabilities and veterans.

Register for OLLI Online

Browse the OLLI catalog, purchase or renew a membership, and register for classes and events online.

1. Go to olliatwvu.org

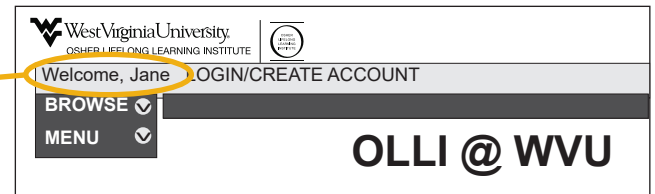
2. Click on **Register Here** on the left side of the screen.

3. You will be redirected to <https://wvusph-olli.augusoft.net>
Click on **LOGIN/CREATE ACCOUNT**.



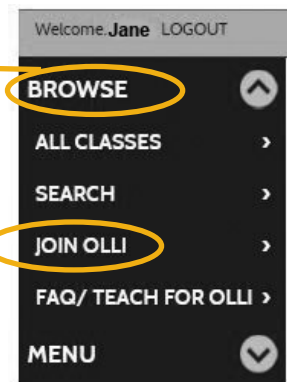
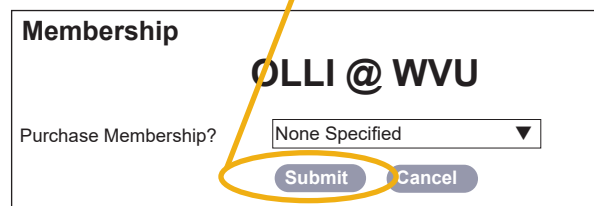
4. If you have been an OLLI member in the last two years, you already have an account.
Contact the OLLI office if you need your username and password.
Please do not create a new account.

5. You will see **Welcome, Your Name** in the gold bar above **BROWSE**
on the left side of the screen if your login was successful.



6. Click **BROWSE** to purchase or renew a membership or browse OLLI classes and events.

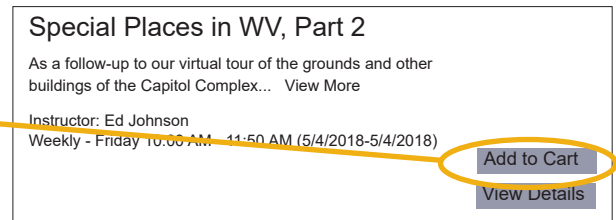
7. If you are purchasing or renewing a membership, click on **JOIN OLLI**,
select the appropriate membership and click **Submit**.



8. To register for classes and events, click on **BROWSE**, then **ALL CLASSES**.

If you know the name of the class for which you wish to register, you can type it in the **Search box** in the upper right corner and click on the blue **GO>** button.

10. To select a class or event, click on the **Add to Cart** button
on the right side below the class information.



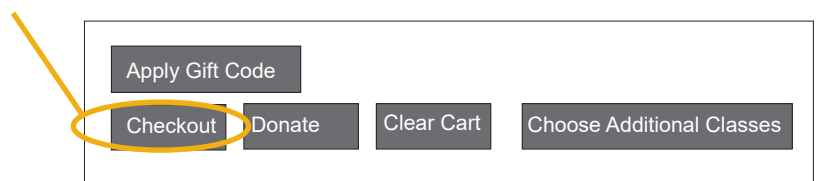
11. When finished making your selections, click on **CHECKOUT**
next to the **VIEW CART** on the right in the gold bar.



12. Review your selections and check the box next to **Agree to Refund Policy** to the right of
each class on your list.

13. Click on the blue **CHECKOUT** button at the bottom of your order.

If there is a balance due, you will be taken to a screen to enter your credit card information.
If there is no balance due, you will be taken to the Order Complete screen.





OLLI at WVU - Your Next Adventure Begins Here

Spring Registration Begins March 25

Phone: 304-293-1793

Website: www.olliatwvu.org

Email: olli@hsc.wvu.edu

Benefits of OLLI Membership

Staying intellectually stimulated and socially active are proven components of healthy aging. Membership in OLLI provides these benefits through:

- More than 75 courses and activities per year in such areas as the arts, health and wellness, humanities, math and science, and more.
- Social events
- Travel programs
- Volunteer opportunities