



# OLLI @ WVU

*Your Next Adventure Begins Here!*

Spring 2020 Morgantown Course Catalog  
April - June  
[www.olliatwvu.org](http://www.olliatwvu.org)

## About OLLI at WVU

The Osher Lifelong Learning Institute at West Virginia University, known as OLLI at WVU, provides programs and educational opportunities designed for adults 50 and over.

OLLI at WVU, a membership organization affiliated with the School of Public Health, recognizes the unique experiences, capabilities, and wisdom of mature members of the community. OLLI at WVU emphasizes the sharing of ideas through peer learning, member participation, and collaborative leadership.

During four terms each year, OLLI at WVU offers courses, lectures, seminars, and field trips in such areas as music, literature, art, science, politics, nature, history, health, medicine, technology, and economics. Live drama, movies, and interest groups add to the choices.

Courses are developed and taught by volunteers from the community who are passionate about their topics, avocations, and interests and who love to share their ideas.

Free from the pressures of tests and grades, OLLI members are learning simply for the joy of it.

### Supporters

OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:

- The Bernard Osher Foundation
- West Virginia University, President's Office
- WVU Foundation
- WVU School of Public Health (SPH)
- OLLI Board Members, Committee Members, and Volunteers
- OLLI \$100K Club, Donors, and Sponsors
- Our Distinguished Instructors
- OLLI Members

### The Bernard Osher Foundation

The Bernard Osher Foundation seeks to improve quality of life through the support of lifelong learning institutes such as OLLI at WVU. The Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. The Foundation has now funded 124 Osher Lifelong Learning Institutes on campuses of colleges and universities from Maine to Hawaii. Funding for OLLI is contingent upon membership growth goals, so **membership matters**. To learn more about The Bernard Osher Foundation, please visit their website at [www.osherfoundation.org](http://www.osherfoundation.org).

### OLLI Board of Directors (2019-2020)

Ed Johnson, President  
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### OLLI Board of Advisors

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E. Jane Martin  
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### OLLI Committees

|   |                       |
|---|-----------------------|
| Curriculum  | Chair: Carolyn Nelson |
| Facilities/Technology                                 | Chair: Vacant         |
| Finance   | Chair: George Trapp   |
| Fundraising   | Chair: Vacant         |
| Marketing   | Chair: Ed Johnson     |
| Membership  | Chair: Gwen Gill      |
| Nominating  | Chair: Kathy Hanko    |
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### Staff

Jascenna Haislet, Director  
Michelle Klishis, Professional Technologist  
Diane Cale, Program Assistant

***OLLI stimulates one's mind with great courses and provides social interaction to enliven the whole person.***

**- OLLI member**

## From Our President



### Spring!

A new season -- of renewal, growth and fresh starts.

Also sounds like why many of us joined OLLI, for renewal, growth and a fresh start in a new season of life.

So here is your Spring catalog, chock full of activities, courses, and special events for your new season.

See you in class!

- Ed Johnson

## From Our Director

OLLI is a membership organization. Whether you're new to OLLI or have been with us for several years, chances are you've seen or heard this phrase used a few times in descriptions of what we are. But what does that really mean?



As one of the few requirements dictated by our benefactor, the Bernard Osher Foundation, membership is an annual financial commitment to the program that bestows certain rights and privileges on those who pay. For OLLI at WVU, this includes such things as the right to register for classes and priority access to wait-listed classes, one free special member event each term, twice-monthly Ask-a-Geek sessions, discounts on travel and various events around the community, and more.

But OLLI membership is much more than just a financial transaction and goods exchanged. Membership in OLLI offers connection to peers, colleagues, and the community, to new friends and old. It offers opportunity to discuss, debate, and reflect. And a continued purpose through sharing and volunteering. Membership in OLLI also gives you a voice in shaping the future of lifelong learning in Morgantown and the surrounding communities.

As OLLI continues to grow, in large part due to our enthusiastic members, dedicated donors, and accomplished faculty, we want to thank you for your support!

And we want to ask two small favors, both of which are vital to OLLI's future. First, share your OLLI experience with a friend. Be an OLLI ambassador. (Did you know that 77% of new members cite a friend or family members as the reason they joined?) Pass along an extra course catalog or bring a friend to class.

And second, share your thoughts with us. Members are given the opportunity to complete a feedback form at the end of each course. If you miss the class, you can provide feedback online at <https://olliatwvu.org/current-members/course-feedback/>. These forms are read by the curriculum committee as well as myself. Attend a board meeting, held on the second Friday of each month at 10:00 a.m. Board meetings are open to all OLLI members. Join a committee. Or contact me directly, in my office or by phone or email, to discuss an idea or concern.

Your input is important to OLLI. We want to hear from you!

- Jascenna Haislet

## Don't Be a Stranger...

*We recognize the faces but don't always remember the names.*

So OLLI provides a name badge on a lanyard for each of our members. Please wear your badge when you attend OLLI classes and events. It helps us get to know each other!



New members can pick up their name badge in the OLLI office.

Keep it in your car or bag! If you need a new badge, please visit the OLLI office.

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Everyone is welcome at OLLI at WVU!

## OLLI Membership

Membership is open to curious adults interested in programming designed specifically for those 50 and over who want to engage socially and intellectually.

### *The Benefits of OLLI Membership*

- The opportunity to learn and to meet new friends.
- Discounts on travel and various events around the community.
- At least one free Special Member Event per term.
- Access to the OLLI collection of Great Courses DVDs and books.
- Access to OLLI Member Lounge and Computer Lab.
- Quarterly OLLI Connections newsletter and weekly email bulletin.
- A voice in OLLI governance and invitation to the OLLI Annual Meeting.
- The right to run for the OLLI Board or serve on a committee.
- The right to be added to a course wait list.
- Free parking at the Mountaineer Mall.
- Financial assistance for membership and registration fees.

**Annual membership  
is \$30**

Membership year runs  
July 1<sup>st</sup> to June 30<sup>th</sup>.

### Term Registration Fee

- OLLI members may register for **unlimited courses for \$30 per term**.
- Other fees may apply and are noted on individual courses, events, or groups.
- **Special Member Events are free** to all current OLLI members unless otherwise noted.

Discounts are available for our volunteer instructors.

Contact the OLLI office at 304-293-1793 for more information.

### Financial Assistance Available

OLLI at WVU tries to keep fees to a minimum while providing the highest quality experiences to our members. However, we recognize that membership and registration fees may be out of the reach of some individuals. Therefore, scholarships are available. To apply, ask for a confidential application at the OLLI office or fill out the form on our website at [www.olliatwvu.org](http://www.olliatwvu.org).

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## How to Register

Spring term runs April 1<sup>st</sup> through June 27<sup>th</sup>. Most programming is scheduled between April 6<sup>th</sup> through May 16<sup>th</sup>. To register, you must have a current membership and have paid the required fees for the term.

Individuals may purchase or renew a membership and register for classes in any of the following ways:

- Online at [www.olliatwvu.org](http://www.olliatwvu.org) using Augùsoft Lumens.  
See page 30 for detailed instructions to register online.
- In person at the OLLI office at the Mountaineer Mall in Morgantown.
- By mail, using the enclosed membership/registration form.

Mail the form to:

OLLI at WVU  
PO Box 9123  
Morgantown, WV 26506-9123

**Please make checks payable to the WVU Foundation.**

*If you pay with a credit or debit card, the charge will show as: Nesius West Virginia Treasury Basics*

**Spring Registration begins March 16, 2020**

## Registration & Attendance Matter

We understand that plans change, especially when you're asked to commit to something several weeks in advance. However, it is important to register for the classes that you wish to attend. Enrollment records help us demonstrate our members' active participation in the program when seeking funding from grant-makers and policy-makers. Also, we occasionally have classes which fill quickly so one that you wish to attend may already have a waiting list.

If you are unable to attend a class for which you are registered, please notify the OLLI office. Another person may be anxiously awaiting your cancellation so that he or she may participate in the class.

Please be respectful of the time and efforts of our volunteer instructors and your fellow OLLI members.



*Look for this icon next to the course titles beginning on page 16!*

This indicates that the instructor is a member of the OLLI Honor Roll and has taught at least 10 courses and 60 class session hours. If more than one instructor is listed, the Honor Roll member is in **bold**.

## Mark Your Calendar!

### *Other Important Dates*

|              |                             |
|--------------|-----------------------------|
| March 13     | OLLI Board Meeting          |
| March 16     | Spring Registration Begins  |
| March 18     | OLLI Open House             |
| April 6      | Spring Term Begins          |
| April 10     | OLLI Board Meeting          |
| April 20     | Summer Course Proposals Due |
| May 8        | OLLI Board Meeting          |
| June 15      | Summer Registration Begins  |
| June 17      | 2020 Annual Meeting         |
| July 6       | Summer Term Begins          |
| July 10      | OLLI Board Meeting          |
| July 13      | Fall Course Proposals Due   |
| August 12    | OLLI Board Meeting          |
| September 21 | Fall Registration Begins    |

## Contact Us

Physical Address:  
Osher Lifelong Learning Institute  
at West Virginia University  
Mountaineer Mall, Suite C-17  
5000 Green Bag Rd.  
Morgantown, WV 26501

Mail Address:  
OLLI at WVU  
PO Box 9123  
Morgantown, WV 26506-9123

(304) 293-1793  
[www.olliatwvu.org](http://www.olliatwvu.org)  
Email: [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu)  
Like us on Facebook at  
Osher Lifelong Learning at WVU

## OLLI Office Hours

9:00 a.m. - 5:00 p.m.  
Monday - Friday  
Closed Saturdays, Sundays,  
and University holidays

*Can't make it to  
your class?*

Please call the OLLI office at  
304-293-1793  
to let us know so we can open  
your seat to someone on the  
wait list!



# The Village at Heritage Point

*Inspired senior living in the heart of Morgantown*

**The Village at Heritage Point is proud  
to be a sponsor of OLLI at WVU.**

**Please call 304-285-5575 or  
visit [www.Heritage-Point.com](http://www.Heritage-Point.com)**

## ***Be an OLLI Ambassador!***

**Our members are our best recruiters.  
Share your OLLI experience with a friend.**

- Bring a friend to a class  
*(please pick up a guest pass from the office)*
- Offer a catalog
- Suggest a membership\*
- Give a gift certificate *(available in the OLLI office)*



\*If you refer a friend who purchases a new membership, you will be entered in a drawing to receive a **free term of OLLI courses**. The referral must be confirmed by the new member.





# Harmony

at Morgantown

Supporting OLLI at WVU & lifelong learning in Morgantown.

INDEPENDENT LIVING | ASSISTED LIVING | MEMORY CARE

50 Harmony Drive | Morgantown | 304.212.4939 | [HarmonyAtMorgantown.com](http://HarmonyAtMorgantown.com)



OLLI at WVU offers many ways for our members to make a financial gift to their lifelong learning program. From one-time gifts added to your course registration form to an end-of-year gift through a IRA gift or a legacy gift in your estate plan, you're helping West Virginia's premiere lifelong learning program remain sustainable for years to come.

### Every Gift Makes an Impact!

Earlier this year, we introduced another way to give, a way that is more convenient for you and OLLI.

#### ***With a recurring monthly gift, you can become an OLLI Sustaining Donor.***

Become a **Sustaining Donor** today and help OLLI at WVU fulfill its mission of promoting curiosity, exploration, discovery, and discussion through learning and social engagement for older adults for years to come.

Monthly gifts from Sustaining Donors guarantee the program a reliable income stream while reducing expenses necessary to ongoing fundraising efforts.

It's an easy way to support lifelong learning in West Virginia and ensure the best use of resources available to OLLI.

# Make the pledge today to become an **OLLI Sustaining Donor.**

You decide how much you wish to give monthly, what date you would like to begin, and provide a debit or credit card for payment. You can cancel or change your gift at any time. You can make your recurring gift in honor or memory of a loved one or member, give to OLLI's area of greatest need, designate it to another OLLI fund, or fully sponsor an event of your choice.

To become a Sustaining Donor, contact:

Jascenna Haislet  
Director, OLLI at WVU  
304-293-1793  
jascenna.haislet@hsc.wvu.edu

or visit: <http://olliatwvu.org/make-a-gift/>

### Thank You to Our Current Sustaining Donors

Bill Weiss  
George & Viera Trapp  
Rita Tanner  
Diana F. Scott  
Richard Reardon  
Judy & Andy Morris  
Clark & Allyson McKee  
Karen S. Long

Patricia Johnston & Lawrence Frail  
Ed Johnson  
Jim Held & Bonnie Brown  
Jascenna Haislet  
Rose Haislet  
Denise Gwinn  
Roger & Charlotte Dalton

***Thank you for your continued support of lifelong learning and OLLI at WVU.***

Over the past three years, OLLI has been working to incorporate improved technology into our operations and create a stronger online presence. By doing so, we are working to provide a better experience for our members while reducing our carbon footprint. Below are some of the resources available to OLLI members. If you have questions or need assistance accessing these resources, please call the OLLI office at 304-293-1793.

### Email

OLLI does not share your email address with anyone. We use your address only to inform you of important OLLI information and upcoming events. Be sure you're signed up for our email list so you don't miss any special news, messages from your instructors, receipts for registration, and more.

### OLLI Website

The OLLI@WVU website (<https://olliatwvu.org>) is your resource for a great variety of information about our program, including class schedules, OLLI news, class handouts, FAQs about teaching, the OLLI member handbook, travel opportunities, minutes from board meetings, and much more. You can also access our registration site, <https://wvusph-olli.augusoft.net/>, from [olliatwvu.org](https://olliatwvu.org).

### Friday E-bulletin

Every Friday morning, we send out a weekly email bulletin to let you know about upcoming events, as well as a digest of the next week's classes, meetings, and events. We strongly encourage you to join our Email ListServ so you're always in the know.

### OLLI on Facebook

Follow OLLI on Facebook at Osher Lifelong Learning Institute at WVU. Find out when the latest catalog will be available online, see pictures from classes, learn about special events, and read interesting articles from a variety of sources.

### Online Registration

You can register for your classes online at <https://wvusph-olli.augusoft.net/>. Instructions can be found on page 30.

If you've forgotten your username, that's ok! If you've forgotten your password, that's also ok! There are links for recovering both on our website, so as long as you know your email address, you can get back in.

This online registration system has allowed us to do away with paper receipts, so your receipts are sent directly to your inbox. Please double check to make sure your email address is correct in our system!

Please note that this portion of the WVU OLLI website is run by an outside vendor (Augusoft), so the URL (web address) will be different for online registration than for the main OLLI website.

### Class Materials Online

We have created an online repository for class handouts: <https://olliatwvu.org/current-members/document-repository/>. This page contains course handouts that instructors have given permission for posting, as well as technology-related handouts we hope you will find useful.

The technology handouts have hyperlinked indexes (so you can just click on a link to jump to the bit you want to learn about) and are regularly updated so you can always access the most up-to-date information we have available.

### Go Green!

You can opt out of receiving our printed catalog. All classes and special events are listed on the OLLI registration site, and courses that are added after the catalog goes to print will be there as well. Members who opt out of the printed catalog will receive a PDF (electronic) copy of the catalog as soon as it is sent to the printer, even before it goes out in the mail.



*OLLI members learned about the Assistive Technology Library available through WVATS.*

## Spring 2020 Schedule at a Glance

| Page #                        | Class, Instructor   | Time                  | Sessions | Date(s)                               | Location |
|-------------------------------|---|-----------------------|----------|---------------------------------------|----------|
| <b>Monday</b>                 |   |                       |          |                                       |          |
| 23                            | <i>The New Yorker</i> Discussion Group (Cooper, Racin)            | 10:00 - 11:50 a.m.    | 6        | April 6 - May 11                      | A        |
| 17                            | Playing the Lap Dulcimer (Werner)                                 | 10:00 - 11:50 a.m.    | 6        | April 6 - May 11                      | B        |
| 15                            | Yarn Arts Group   | 12:45 - 2:35 p.m.     | ongoing  | April 6 - June 29                     | A        |
| 16                            | Introduction to Watercolors (Witt)                                | 1:00 - 3:00 p.m.      | 6        | April 6 - May 11                      | MAAG     |
| 25                            | The Incas and the Inca Trail (Attffied, Attfield)                 | 1:00 - 2:50 p.m.      | 2        | May 4 & 11                            | Other    |
| 24                            | <i>The New Yorker</i> Discussion Group II (Davidson)              | 3:00 - 4:50 p.m.      | 6        | April 6 - May 11                      | Other    |
| 17                            | Playing with Art (O'Brien)  | 3:00 - 4:50 p.m.      | 1        | April 13                              | B        |
| 18                            | Founders Over 50 (Heiberger)                                      | 6:00 - 7:50 p.m.      | 1        | April 6                               | A        |
| <b>Monday &amp; Wednesday</b> |   |                       |          |                                       |          |
| 22                            | Human Evolution (Smosna)  | 3:00 - 4:50 p.m.      | 5        | April 6 - 20 <b>New dates</b>         | A        |
| <b>Tuesday</b>                |   |                       |          |                                       |          |
| 15                            | AV Classroom Training (Klishis)                                   | 10:00 - 11:00 a.m.    | 1        | March 31                              | Other    |
| 20                            | Yoga for Wellness (Hnizdo)  | 10:00 - 11:50 a.m.    | 6        | April 7 - May 12                      | MDS      |
| 22                            | Great Scientists (Melby)  | 10:00 - 11:50 a.m.    | 2        | April 7 & 14                          | A        |
| 24                            | Using Your Android (Klishis)                                      | 10:00 - 11:50 a.m.    | 2        | April 7 & 14                          | B        |
| 21                            | Hail to the Chief (of Staff) (Hammersmith)                        | 10:00 - 11:50 a.m.    | 3        | April 21 - May 5                      | Other    |
| 14                            | Ask a Geek (Klishis)  | 12:00 - 1:00 p.m.     | 6        | April 14, 28, May 12, 26, June 9 & 23 | CL       |
| 19                            | RMD: What You Should Know (Wood)                                  | 12:45 - 2:35 p.m.     | 1        | April 7                               | A        |
| 22                            | Arguing with God (Hample)   | 12:45 - 2:35 p.m.     | 6        | April 7 - May 12                      | B        |
| 18                            | Organizing Your Estate...(Wood)                                   | 12:45 - 2:35 p.m.     | 1        | April 14                              | A        |
| 18                            | Women in Country Music (Paull)                                    | 12:45 - 2:35 p.m.     | 1        | April 21                              | A        |
| 22                            | Understanding Sufi Tradition...(Abbas, Zaidi)                     | 12:45 - 2:35 p.m.     | 2        | April 28 & May 5                      | A        |
| 23                            | How College Students with Autism...(Abbas)                        | 12:45 - 2:35 p.m.     | 1        | May 12                                | A        |
| 18                            | Watercolors (Witt)  | 1:30 - 4:00 p.m.      | ongoing  | April 7 - June 30                     | MAAG     |
| 16                            | MonRiver New Horizons Band (Gossett)                              | 3:00 - 4:50 p.m.      | 4        | April 7 - 28                          | B        |
| 20                            | Real Chinese Cooking (Yang, Xie, Lou, Xu)                         | 6:00 - 7:50 p.m.      | 1        | April 7                               | Other    |
| 20                            | Real Chinese Cooking (Yang, Xie, Lou, Xu)                         | 6:00 - 7:50 p.m.      | 1        | April 14                              | Other    |
| 21                            | Basic Car Care and Maintenance (Patrick)                          | 6:00 - 7:50 p.m.      | 2        | April 21 & 28                         | B        |
| 14                            | An Evening with Rachel Eddy                                       | 6:00 - 7:50 p.m.      | 1        | June 30                               | B        |
| <b>Wednesday</b>              |   |                       |          |                                       |          |
| 15                            | Celebrating Women   | 7:00 a.m. - 9:00 p.m. | 1        | June 10                               | Other    |
| 17                            | Self-Publishing Your Book: Content...(Sielen)                     | 10:00 - 11:50 a.m.    | 1        | April 22                              | B        |
| 23                            | Microbial Politics: What Elected Officials...(Thomas)             | 10:00 - 11:50 a.m.    | 3        | April 22 - May 6                      | A        |
| 17                            | Self-Publishing Your Book: Production...(Sielen)                  | 10:00 - 11:50 a.m.    | 1        | April 29                              | B        |
| 14                            | Electronic OLLI (Klishis)   | 10:00 - 11:50 a.m.    | 1        | May 6                                 | B        |
| 25                            | Special Places in WV: Famous Places V (Johnson)                   | 10:00 - 11:50 a.m.    | 2        | May 13 & 20                           | B        |
| 24                            | Using Your iPad and iPhone (List, Smith)                          | 12:00 - 1:50 p.m.     | 1        | May 8                                 | A        |
| 19                            | The Living Journal (Martin)                                       | 12:45 - 2:35 p.m.     | 6        | April 8 - May 13                      | Other    |
| 21                            | Manufacturing in the United States (Colvin)                       | 12:45 - 2:35 p.m.     | 3        | April 8 - 22                          | A        |
| 16                            | A History of Film, Part III (Held)                                | 12:45 - 2:35 p.m.     | 6        | April 8 - May 13                      | B        |
| 20                            | American Civil War 101 (Lively)                                   | 12:45 - 2:35 p.m.     | 1        | April 29                              | A        |
| 14                            | Celebrate the 50 <sup>th</sup> Anniversary of Earth Day (O'Brien) | 1:00 - 2:30 p.m.      | 1        | April 22                              | Other    |
| 14                            | Old Time Radio Show Performance                                   | 1:00 - 3:30 p.m.      | 1        | May 27                                | B        |
| 17                            | Old Time Radio Shows (Haislet)                                    | 3:00 - 4:50 p.m.      | 9        | April 1 - May 27                      | B        |
| 19                            | Retirement Income Planning (Lawrence)                             | 6:00 - 7:50 p.m.      | 1        | April 8                               | B        |
| 19                            | Social Security Planning (Lawrence)                               | 6:00 - 7:50 p.m.      | 1        | April 15                              | B        |
| 16                            | Music: An Intimate Discussion (Eichenbaum)                        | 6:00 - 7:50 p.m.      | 6        | April 15 - May 20 <b>New dates</b>    | A        |

## Spring 2020 Schedule at a Glance

| Page #                               | Class, Instructor  | Time   | Sessions | Date(s)  | Location         |
|--------------------------------------|--|--|----------|--|------------------|
| <b><u>Wednesday &amp; Friday</u></b> |  |  |          |  |                  |
| 20                                   | The Role of Exercise in Healthy Aging (Leary)                | 9:00 - 10:30 a.m.  | 8        | April 3 - 29   | Other            |
| <b><u>Thursday</u></b>               |  |  |          |  |                  |
| 15                                   | Dinosaurs in Their Time (Smosna, Bruner)                     | 8:00 a.m. - 4:00 p.m.  | 1        | May 7  | Other            |
| 15                                   | Writers' Interest Group                                      | 10:00 - 11:50 a.m.   | ongoing  | April 2 - June 25  | A                |
| 24                                   | Technology Security (Klishis)                                | 10:00 a.m. - 1:00 p.m.   | 1        | April 16   | CL               |
| 25                                   | Special Places in WV: Famous Places V (Johnson)              | 10:00 - 11:50 a.m.   | 2        | April 30 & May 7   | B                |
| 20                                   | The Ancient Phoenicians, Persians...(Reddy)                  | 12:45 - 2:35 p.m.  | 2        | April 9 & 16   | B                |
| 25                                   | Fall 2019 Celebrations in India, Part II (Riedel)            | 12:45 - 2:35 p.m.  | 3        | April 9 - 23   | A                |
| 17                                   | Singing Together (O'Brien, Rye)                              | 12:45 - 2:35 p.m.  | 1        | April 23   | B                |
| 22                                   | Math or Magic or Both? (Reddy)                               | 12:45 - 2:35 p.m.  | 1        | April 30   | B                |
| 16                                   | Modern Movement at the Art Museum (Harris)                   | 3:00 - 4:00 p.m.   | 1        | May 14   | Other            |
| 18                                   | Taking Story Telling Photographs (Straight)                  | 3:00 - 4:50 p.m.   | 1        | April 9  | B                |
| 21                                   | Grafting Apples and Other Scions (Burnworth)                 | 3:00 - 4:50 p.m.   | 1        | April 16   | A                |
| 22                                   | I Like to Ride My Bicycle (Wamsley)                          | 3:00 - 4:50 p.m.   | 1        | April 16   | B                |
| <b><u>Friday</u></b>                 |  |  |          |  |                  |
| 22                                   | WV Black Bears Baseball (Sainato)                            | 10:00 - 11:50 a.m.   | 1        | April 17   | B                |
| 16                                   | The Great Hits and Albums of 1968 (Wendell)                  | 10:00 - 11:50 a.m.   | 6        | April 17 - May 22  | <b>New dates</b> |
| 23                                   | Wildflower Identification using <i>Newcomb's...</i> (Fowler) | 10:00 - 11:50 a.m.   | 2        | April 24   | B                |
| 23                                   | Combatting Food Insecurity Together (Cruze)                  | 12:45 - 2:35 p.m.  | 3        | April 17 - May 1   | A                |
| 18                                   | Spring Film Forum (Held)                                     | 12:45 - 2:35 p.m.  | 8        | April 10 - May 29  | B                |
| 20                                   | My Genes,...My Kindom for a Gene (Karshenas)                 | 12:45 - 2:35 p.m.  | 1        | May 8  | A                |
| 23                                   | Spring Wildflowers...WVU Core Arboretum (Fowler)             | 1:30 - 3:20 p.m.   | 1        | April 17   | Other            |
| <b><u>Saturday</u></b>               |  |  |          |  |                  |
| 19                                   | Introduction to T'ai Chi and Qigong (Pollard, Koehler)       | 10:00 - 10:50 a.m.   | 6        | April 11 - May 16  | B                |
| 15                                   | Intermediate T'ai Chi  | 11:00 - 11:50 a.m.   | 6        | April 11 - May 16  | B                |
| <b><u>Sunday</u></b>                 |  |  |          |  |                  |
| 25                                   | Take a Hike (Klishis)  | 12:00 p.m.   | 1        | May 3  | Other            |
| <b><u>Other</u></b>                  |  |  |          |  |                  |
| 19                                   | More Eat Right Eat Well:...Part III (Cohen, Cohen)           | <b>see below</b><br>3:00 - 4:50 p.m.<br>3:00 - 4:50 p.m.<br>3:00 - 4:50 p.m.<br>10:00 - 11:50 a.m. | 4        | <b>see below</b><br>Monday, April 27<br>Wednesday, April 29<br>Tuesday, May 5<br>Friday, May 8 | A                |

### Classroom Key

All classes are held in the Mountaineer Mall in Morgantown, unless otherwise stated.

A - Classroom next to the OLLI office.

B - Classroom under the OLLI sign.

CL - Computer Lab, first door on the left down the hall next to B, near the restrooms.

MAAG - Morgantown Art Association & Gallery, Mountaineer Mall.

MDS - Morgantown Dance Studio, Mountaineer Mall.

Other - See course description for location.

***OLLI members may enroll for any OLLI class, regardless of class location.***

## Special Member Events and Opportunities

***Special Member Events, unless otherwise noted, are free or discounted for current OLLI members!  
Payment of term enrollment fee is not required.***

### Ask a Geek

Michelle Klishis

Tuesdays, April 14 & 28, May 12 & 26, June 9 & 23

12:00 - 1:00 p.m.

OLLI Computer Lab

Sometimes you have questions about technology that don't fit into a specific class or course or maybe you just have something that is driving you crazy. For those times, OLLI's Professional Technologist, Michelle Klishis, has created a regular technology question & answer session.

Be aware that sometimes the answer is "No, you can't do that," and sometimes the answer is, "I don't have a clue." As long as you're okay with getting "No" for an answer, Michelle is willing to field any and all questions. Also, feel free to send an email ahead of time if you think your question is going to be really complicated or beyond the scope of an hour-long session. Reach out to [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu) with the subject Geek Question.

No question is too small or too silly to answer! And even if you think you don't know enough to ask your own question, you can usually learn a lot listening to someone else's questions! And Michelle can always ramble on about any tech topic if you get her started.

As a warning, Michelle's strengths are Android phones, Windows PCs, MS Office software, and digital security and privacy. Her weaknesses are Apple products and AV equipment. (i.e., Apple questions are most likely to be answered, "I don't know; I'll have to look into it.")

### Celebrate the 50<sup>th</sup> Anniversary of Earth Day

Cindy O'Brien

Wednesday, April 22, 1:00 - 2:30 p.m.

Location TBA

**Maximum Enrollment: 20**

What better way to celebrate than to participate in making our town a better place? We will hike in a yet-to-be determined public place to do a litter pick-up. BYO gloves. Those who register will receive information about where to meet prior to Earth Day. Participants should bring gloves.

**About the Instructor:** Cindy O'Brien's first child was due on Earth Day 1970 but since she was busy with Earth Day activities, the baby boy didn't arrive until May 2! Cindy is committed to being pro-active on this important holiday and invites you to join her.

### Electronic OLLI

Michelle Klishis

Wednesday, May 6, 10:00 - 11:50 a.m.

Classroom B

Are you aware of all the technological resources available to OLLI members? Join us for an overview session of what OLLI has to offer, from social media to online handouts to using the registration portal (Lumens). Come and see what you've been missing out on!

### Old Time Radio Shows Performance

Wednesday, May 27, 1:00 - 3:30 p.m.

Classroom B

After six weeks of rehearsal, OLLI members enrolled in *Old Time Radio Shows* this spring will share their work in a free performance for their friends and family. Show titles will be announced in April.

### An Evening of Music with Rachel Eddy

Hosted by Joseph Paul

Tuesday, June 30, 6:00 - 7:50 p.m.

Classroom B

Rachel Eddy, of Morgantown, is a multi-instrumentalist who focuses on old time music. She will discuss the music and instruments she plays, delighting the audience with her talent!

## OLLI Goes to the Theatre

### WVU School of Theatre and Dance 2019-20

Join your fellow OLLI members for matinee performances of the WVU School of Theatre and Dance 2019-20 season at the Creative Arts Center. Special group ticket prices are available. Mark your calendars now for the ***Head Over Heels*** and watch the OLLI website and the Friday eBulletins for more details.

#### ***Head Over Heels***

by James Magruder

Music and Lyrics by the Go-Go's

Sunday, Apr. 26, 2:00 p.m.

Lyell B. Clay Concert Theatre

## Special Member Events and Opportunities

### Dinosaurs in Their Time

Richard Smosna, Kathy Bruner  
Thursday, May 7, 8:00 a.m. - 4:00 p.m.  
Carnegie Museum of Natural History  
Pittsburgh, PA  
Maximum Enrollment: 40

**OLLI members: \$35.00 Non-members: \$50.00**  
**Reservation deadline: May 1. Payment due at the time of reservation. No refunds after May 1.**

Now that you've completed the OLLI class, Dinosaurs!, with Richard Smosna, join us for a guided tour of the Carnegie Museum's exhibit, *Dinosaurs in Their Own Time*. From the museum's website: *Dinosaurs in Their Time is home to dozens of original fossils from throughout the Mesozoic Era (the Age of Dinosaurs) displayed in scientifically accurate reconstructions of their ancient habitats.* With more than 230 objects on display, the exhibit is one of the finest paleontological collections in the world.

There are two options for lunch on-site, The Café Carnegie and Fossil Fuels. More information is available at <https://carnegiemnh.org/visitor/visit-carnegie-museum-of-natural-history/>.

### Celebrating Women

Wednesday, June 10, 7:00 a.m. - 9:00 p.m.  
Smithsonian Institute American History Museum  
Washington, D.C.

**OLLI members: \$40.00 Non-members: \$55.00**  
**Reservation deadline: May 1. Payment due at the time of reservation. No refunds after May 1.**

In celebration of the 100<sup>th</sup> anniversary of the 19<sup>th</sup> Amendment, OLLI is travelling to our nation's capital to visit the exhibit *Creating Icons: How We Remember Women's Suffrage* at the Smithsonian's American History Museum.

Arriving about 11:00 a.m., we will have five hours to explore this featured exhibit, as well as *American Democracy: A Great Leap of Faith* exhibit and many others.

For those more adventurous, it's just a 30-minute walk down Constitution Avenue to the **Belmont-Paul Women's Equality National Monument**, home of the National Women's Party and epicenter of the struggle for women's rights, and another 10 minutes to the **Library of Congress**, where you can visit the exhibit *Shall Not Be Denied: Women Fight for the Vote*.

We will depart from the American History Museum for the trip home at 4:00 p.m.

Lunch will be on your own. Both the American History Museum and the Library of Congress have cafés. More information will be available prior to our visit. We will stop on the way home for a brief dinner break.

### Interest Groups

OLLI Interest Groups are open to OLLI members at no additional charge. Payment of term fee is not required. Some restrictions may apply. See description for more detail.

#### Yarn Arts

On **Mondays from 12:45- 2:35 pm in Classroom A**, join others to share ideas, patterns, and workshop information and to support each other in knitting, crocheting, needle-point, and other yarn and thread arts.

#### Writers' Interest Group

Having a hard time finding time to work on your life story, novel, poetry, journal, or letters? Come write in a quiet, comfortable, supportive environment. Bring paper, pen, laptop, etc. There will be at least 1.5 hours of quiet writing time each session. **Thursdays, 10:00 - 11:50 a.m. Classroom A**

#### Intermediate Tai Chi

This group provides an opportunity for OLLI members previously enrolled in Intermediate Tai Chi with Doug Myers to continue practicing together. The group will meet on **Saturdays from 11:00 - 11:50 a.m. in classroom B**. Enrollment by permission of OLLI.

### Classroom AV Training

Tuesday, March 31, 10:00 - 11:00 a.m. *Free to all OLLI instructors & members.*  
Classrooms A, B, CL  
**Skill Level I**

This hands-on workshop is open to all instructors and members interested in learning about the equipment and technology available in the OLLI classrooms. New ideas are welcome as we develop quick reference sheets and instruction manuals. Want to teach or host a course and concerned about the technical side? This workshop is for you!

## The Great Hits And Albums of 1968

Barry Wendell

Fridays, April 17 - May 22  
10:00 - 11:50 a.m.

Classroom A



We've been moving through the pop hits of the 1960s, and now we're up to 1968. The instructor will highlight great albums in addition to the Top 40 hits of the year.

**About the Instructor:** Barry Wendell has been teaching pop music history at OLLI for several years. His winter term class was *Laura Nyro*. This will be his ninth class covering popular music in one year of the 1960s.

## A History of Film, Part III

James Held

Wednesdays, April 8 - May 13  
12:45 - 2:35 p.m.

Classroom B



Part III will cover 1930-1950. By 1930, Hollywood has matured into the 6<sup>th</sup> largest industry in the U.S. Featured will be the great producers, directors, actors and genres of film, including the screwball comedy, film noir/gangster, melodrama, and westerns. In this Golden Age of Hollywood, we'll view three complete films (TBA) and a chapter of *The Story of Film* series. Film choices may include *Stagecoach*, *To Be or Not To Be*, *Twentieth Century*, *Dracula* or *Frankenstein*, *The Grapes of Wrath*, *Public Enemy*,....or?

**About the Instructor:** Having grown up in movie theaters, Jim's grown-up life disappointed his parents, so he sacrificed a career in Hollywood, married Bonnie 50 years ago, and fell into a career teaching theater and history at WVU. Sadly, the 12-step program for recovering movie addicts failed both Jim and Bonnie, so here they are at OLLI!

## Introduction to Watercolors

Susan Hall Witt

Mondays, April 6 - May 11  
1:00 - 3:00 p.m.

MAAG

**Materials Fee:** \$10



The course will explore how watercolors work and will apply that knowledge to painting greeting cards and small works. No experience is needed.

**About the Instructor:** Susan Hall Witt is a stained glass and watercolor artist. She teaches stained glass for the community schools program and continues to take classes and workshops to improve her skills.

## Modern Movement at the Art Museum

Heather Harris

Thursday, May 14, 3:00 - 4:00 p.m.

WVU Art Museum

Join OLLI for a guided tour of the current exhibit at the WVU Art Museum, *Modern Movement: Figurative Works* by Arthur Bowen Davies. On loan from the Maier Museum of Art, this exhibit features rarely exhibited works on paper and oil paintings by the avant-garde American artist.

**About the Instructor:** Heather Harris is the Educational Programs Manager at the Art Museum of West Virginia University. Harris is a Morgantown native who has worked in arts education in a wide variety of contexts, both nationally and internationally. Her background is in drama education and she holds an MA from New York University in Educational Theatre. She then became Education Coordinator at Krannert Art Museum in Champaign Illinois. She returned to Morgantown in August of 2015 to head the new Art Museum's education initiatives.

## MonRiver New Horizons Band

Jason Gossett

Tuesdays, April 7 - 28  
3:00 - 4:50 p.m.

Classroom B

The organization's motto, "It's never too late," means that one is never too old to make music. Founded by Dr. Lindsey Williams in 2016, the MonRiver New Horizons Band gives OLLI members the opportunity to explore the joy of making music. Whether you once played a band instrument but did not continue later in life or never played before, the New Horizons Band will help you tap into the music within.

**Course Materials:** *Essential Elements Method* book and music stand. Participants must also provide their own instrument.

**About the Instructor:** Jason Gossett is an assistant professor in instrumental music education at West Virginia University where he teaches Instrumental Methods, History and Philosophy of Music Education, Psychology of Music, Percussion Pedagogy, and supervises student teachers. He holds a PhD in Music Education from Pennsylvania State University and a Masters and Bachelors in Music Education from Murray State University.

## Music: An Intimate Discussion

Daniel Eichenbaum

Wednesdays, April 15- May 20  
6:00 - 7:50 p.m.

Classroom A

Why these notes? What was the artist thinking? This class will discuss music theory, history, aesthetics, and science. Participants will use their eyes and ears to uncover the inner workings of a variety of musical repertoire and styles, from Classical to contemporary. No prior musical training is required, but an ability to read some musical notation is helpful. This course is flexible to meet the needs of a wide variety of musical backgrounds and interests based upon course attendance.



**About the Instructor:** Composer Daniel Eichenbaum's music has been performed and published throughout the United States, Europe, and Asia. He currently serves as Associate Professor of Music at Fairmont State University. His music is published by Southern Music, Reynard Music, Warwick Brass, and TrevCo Music Publishing as well as recorded on the Capstone Records label.

## Old Time Radio Shows

Jascenna Haislet  
Wednesdays, April 1 - May 27  
3:00 - 4:50 p.m.  
Classroom B

Mystery, suspense, drama, or comedy? Participants will choose an old-time radio show to rehearse and perform. No experience necessary.

**About the Instructor:** Prior to joining OLLI, Jascenna Haislet built a career in professional and academic theatre.

## Playing the Lap Dulcimer

Judy Werner  
Mondays, April 6 - May 11  
10:00 - 11:50 a.m.  
Classroom B



Enjoy learning to play more songs on the Appalachian lap dulcimer. Each week we will focus on different types of songs including fiddle tunes, waltzes, Irish songs, and Stephen Foster songs. No previous musical experience is necessary to learn to play this simple instrument. Lap dulcimers will be available to use during the class.

**About the Instructor:** Judy Werner has enjoyed playing the lap dulcimer for more than 12 years and she plays in two different dulcimer groups. She likes old-time traditional music and enjoys going to concerts and music festivals. She also enjoys playing the tin whistle and the bowed psaltery.



## Playing with Art

Cindy O'Brien  
Monday, April 13, 3:00 - 4:50 p.m.  
Classroom B  
**Maximum Enrollment:** 20

Come have some fun with art materials you may not have played with since elementary school! Crayons, markers, paper, glue...nothing fancy! *The primary benefit of practicing any art, whether well or badly, is that it enables one's soul to grow.* — Kurt Vonnegut Jr. We will play, engaging in activity for enjoyment and recreation rather than a serious or practical purpose. Participants should bring a small pair of scissors.

**About the Instructor:** Cindy O'Brien has played with art materials over the years. Most recently, she creates art by finding images in the crack patterns in sidewalks.

## Self-Publishing Your Book: Content & Organization

Rae Jean Sielen  
Wednesday, April 22, 10:00 - 11:50 a.m.  
Classroom B



Have a memoir, poetry, novel, family history, etc., started, but now feel stuck? This class is for you! In the company of OLLI friends, get re-energized and back on track. Bring your questions and work in progress, and leave with answers, a plan for next steps, and maybe a friend who can help keep you moving forward. This class is for those who want to self-publish for a small commercial audience or just family/friends—not for those with hopes of big-time success.

Course content significantly determined by participant questions and interests, with instructor sharing her expertise.

**About the Instructor:** Rae Jean Sielen is the co-founder/owner of Populore Publishing Company in Morgantown. For over 20 years she has helped

individuals, families, organizations, and businesses with a wide variety of publishing projects. She is especially passionate about encouraging others to preserve their personal and family stories.

## Self-Publishing Your Book: Production & Distribution

Rae Jean Sielen  
Wednesday, April 29, 10:00 - 11:50 a.m.  
Classroom B



Once you have a completed book manuscript, what do you do with it? Bring questions about your project (memoir, poetry, novel, nonfiction, family history, etc.), and leave with answers, concrete next steps, and a plan to get your book printed and, if you want, available for purchase. Learn about options for layout and printing/binding, and what you can do to move beyond obstacles. This class is for those wanting to self-publish for a small commercial audience or just family/friends—not for those with hopes of big-time success. Course content significantly determined by participant questions and interests, with instructor sharing her expertise.

**About the Instructor:** See above.

## Singing Together

Cindy O'Brien, Sheila Rye  
Thursday, April 23, 12:45 - 2:35 p.m.  
Classroom B

Do you like birthday parties because you have the chance to sing with others? There aren't many times when those of us who like to sing have an opportunity to sing with others unless we join a formal choir. We invite singers of all levels to come sing some simple, well-known songs with a simple piano accompaniment. We will include rounds so we can make harmony together! We will not be reading music, just singing familiar tunes. If you have some favorites you'd like to sing, bring them!

**About the Instructors:** Cindy O'Brien confesses that she sings in the shower. She misses sharing time with others in

song and decided to offer this “class” for others for whom music is something to share. Sheila Rye loves to sing with others, creating harmonies with music and with people. She has been a member of the WVU Community Choir for six years.

### Spring Film Forum

James Held  
Fridays, April 10 - May 29  
12:45 - 2:35 p.m.  
Classroom B



Join us for a Mini-Film Festival of Mel Brooks and Woody Allen movies. These two director-writer-actors were in the same writers’ room for the Golden Age of TV comedy with Carl Reiner, Neil & Danny Simon, Larry Gelbart and others. Four films will be shown for each director, including *High Anxiety*, *Young Frankenstein*, *The Purple Rose of Cairo*, *Blue Jasmine*, and more. We’ll alternate films between the directors, with a general overview of the artist before showing his first film. See page 26 for a complete list with dates.

**About the Instructor:** See page 16.

### Taking Story-Telling Photographs

Earl Straight  
Thursday, April 9, 3:00 - 4:50 p.m.  
Classroom B  
**Maximum Enrollment:** 15

The course will delve into what makes strong storytelling photography. Emphasis will be placed on composition and the basic elements to incorporate into the photographs. We will look at such areas as the rule of thirds, dominance and secondary objects, leading lines, framing devices, and closeups, as well as established shots, background, mood, and texture/patterns. This will be mostly for level 1 and 2 photographers; however anyone is welcome. Participants should bring their digital camera.

**About the Instructor:** Earl Straight is a graduate of Fairmont State College with an AB (double major English and journalism) and West Virginia University with a Masters. He taught at

Morgantown High School for 36 years where he advised the yearbook and taught photojournalism. He enjoys looking for those storytelling moments, especially in Europe. Since retiring in 2009, he has completed 15 wonderful adventures with Road Scholar.

### Watercolors

Susan Hall Witt  
Tuesdays, April 7- June 30  
1:30 - 4:00 p.m.  
MAAG



**Maximum Enrollment:** 15  
**Prerequisite:** At least one course of Introduction to Watercolors (previously Basic Watercolors)  
**Enrollment by permission of instructor.**

Building on skills honed in previous watercolors classes, this class will employ previously learned methods to expand your skill set.

**About the Instructor:** See page 16.

### Women in Country Music

Joe Paull  
Tuesday, April 21  
12:45 - 2:35 p.m.  
Classroom A



There have been many requests from class members to do a class which focuses on the contribution of women in country music. The class will begin with Maybelle and Sara Carter and conclude with Roseanne Cash among others in the 90’s.

**About the Instructor:** Dr. Paull has taught in the public schools and the graduate school at WVU.



Explore your creativity with OLLI at WVU.

### Founders Over 50

Carol Heiberger  
Monday, April 6, 6:00 - 7:50 p.m.  
Classroom A

Founders over 50 research says that older people have a higher probability of success when it comes to starting a business. In this session, we explore what it takes to start a business, whether it be baking cakes, selling online, offering technical services, or whatever you’ve been thinking. We will discuss what it means to be an entrepreneur, what a business plan is and what it is not, why putting a plan together sounds easy when it is not, the value of a common vision, truly understanding your customers’ needs, your action plan, and how to get started.

**About the Instructor:** Carol Heiberger’s career is in new product/service development. In addition to working for corporations, she served as COO for a start-up cable and internet company, the Director of Operations for an MBA program, and prepared financial models, business plans, and market research studies for dozens of clients. She’s taught business planning to degree-seeking MBA students and knowledge-seeking adults.

### Organizing your Estate/ Asset Documents for your Heir(s)

Tressa R. Wood  
Tuesday, April 14, 12:45 - 2:35 p.m.  
Classroom A

This class will show you how to organize your financial information. Your survivors will easily know what you have, who they should call, what they need to know, and when to do it. Searching for documents and policies can add a lot of stress and confusion to your heirs on top of their grief. This class will show you what information to collect and organize to help make it as easy as possible for them once you are gone.

**About the Instructor:** Tressa R. Wood is the Junior Partner at Virtus Wealth Solutions, the Financial Planning

Practice of Rachel Wood. Tressa's ultimate goal is to enrich the quality of her clients' lives by helping them not only achieve their financial goals but protect their income, family, and legacy at every stage of their lives.

## Retirement Income Planning

Morgan Lawrence  
Wednesday, April 8, 6:00 - 7:50 p.m.  
Classroom B

This course will explain the financial aspects of retirement. It will help identify the common risks as well as strategies to help mitigate or plan for those risks. The presentation distinguishes different common sources of income for retirees and strategies to make the money last. Overall, the course aims to aid in creating a financial roadmap for people planning for or already in retirement.

**About the Instructor:** Morgan Lawrence is a Junior Advisor at Thomas Financial Advisory Group. She is a graduate of WVU's class of 2018, where she received a degree in both accounting and finance. She holds a FINRA Series 7 & 6, and is a licensed producer in both life and health insurance.

## RMD: What You Should Know!

Tressa R. Wood  
Tuesday, April 7 12:45 - 2:35 p.m.  
Classroom A

What is an RMD (Required Minimum Distribution)? It is the amount of money that must be withdrawn from Retirement accounts: Traditional IRA, SEP, SIMPLE IRA, and qualified plan participants (401K , 403B etc.) This course provides an overview of the RMD rules and tips and changes.

**About the Instructor:** See above.

## Social Security Planning

Morgan Lawrence  
Wednesday, April 15, 6:00 - 7:50 p.m.  
Classroom B

This course will dive into specific and advanced details of social security, including how benefits are calculated, taxation of benefits, and the impact of timing when it comes time to start taking social security payments. The course aims to help individuals understand social security so they will know their options and make informed decisions.

**About the Instructor:** See above.

## Introduction to T'ai Chi and Qigong

Cecil Pollard, Bill Koehler  
Saturdays, April 11 - May 16  
10:00 - 10:50 a.m.  
Classroom B

**Maximum Enrollment:** 18

This course is an introduction to a version of Yang Style T'ai Chi as modified and taught by Cheng Man-ch'ing. In this course, students will learn the basic principles of T'ai Chi and how to do the T'ai Chi form.

**About the Instructors:** Cecil Pollard is a semi-retired faculty member from the WVU School of Public Health. During his career he has been involved in many community efforts to improve the health of West Virginians by working to increase physical activity, better nutrition, and developing healthier communities. In addition he has taught classes related to community assessment, research methods and data analysis. He has found T'ai Chi to be an excellent method to improve his physical well being. William Koehler, DMA, has studied and practiced T'ai Chi for over a period of 25 years, including the Cheng Man-ch'ing 37 posture Yang style, "Small Space T'ai Chi," and the Yang 24 posture form. He studied for five years with Robert Larsen, a student of Cheng Man-ch'ing.

## The Living Journal

E. Jane Martin  
Wednesday, April 8 - May 13  
12:45 - 2:35 p.m.  
The Village at Heritage Point  
**Maximum Enrollment:** 8

*The Living Journal* will teach a method of journaling that is designed to help participants access the wisdom that resides within them. It is a tool for evoking their inner life. We will cover the six moves that make up the method sequentially in class, with time for journaling, although it is expected that participants will journal between classes. Participants should bring a 3-ring notebook with lined paper and a pen.

**About the Instructor:** E. Jane Martin has been a journal consultant for the Progoff Intensive Journal Method for over 25 years. *The Living Journal* is a different approach that she also teaches that should be both of interest and helpful to our OLLI members. Her clinical background is in psychiatric mental health nursing. Dr. Martin has a MA in English and has taught writing.

## More Eat Right Eat Well: The Joy of Vegetables, Part III

Stanley Cohen & Judy Cohen  
Monday, April 27, 3:00 - 4:50 p.m.  
Wednesday, April 29, 3:00 - 4:50 p.m.  
Tuesday, May 5, 3:00 - 4:50 p.m.  
Friday, May 8, at 10:00 - 11:50 a.m.  
Classroom A

**Materials Fee:** \$4.00

**Maximum Enrollment:** 25

This course continues its healthy focus on vegetables and seeking the latest information about cooking and eating. Featured is a series of six-30 minute *The Great Courses* videos from the Culinary Institute of America (see online at [www.thegreatcourses.com/courses/the-everyday-gourmet-cooking-with-vegetables.html](http://www.thegreatcourses.com/courses/the-everyday-gourmet-cooking-with-vegetables.html)), followed by lectures and class discussion. Sample savory and sweet vegetable dishes are tasted in each session which complement the CIA reviews. Handouts including guides and recipes



are also distributed. Most importantly, everyone is requested to share tips, tricks, and techniques from their own kitchen. (Part 1 or 2 of this series is NOT a prerequisite.)

**About the Instructors:** Stan Cohen taught a variety of psychology courses at WVU from 1972 - 2008. Since 1968, he has engaged in a variety of eating and cooking experiences. He is a lifelong advocate of a wellness lifestyle, including healthy eating. He will be assisted by his partner, Judy.

### My Genes, My Genes. My Kindom for a Gene

Allie Karshenas

Friday, May 8, 12:45 - 2:35 p.m.  
Classroom A

The emergence of genetic engineering and gene editing technologies in diagnosis and treatment of hard-to-treat diseases like cancer and neurological disorders has been phenomenal. This lecture discusses the basic principles of these technologies in simple terms and their impact on human health and human race. You don't need to have a science background to appreciate the significance of these tools and technologies.

**About the Instructor:** Dr. Karshenas is the Associate Vice President of Clinical Research Operations and Institutional Advancement at the Robert C. Byrd Health Sciences Center of WVU as well as the AVP for the HSC's Global Engagement Programs, the Director of Technology Commercialization, and Associate Professor of Pharmaceutical Systems and Compliance at the School of Pharmacy at WVU.

### Real Chinese Cooking

Li Yang, Sara Xie, Shi Lou, & Bao Xu  
Tuesdays, April 7 & April 14  
6:00 - 7:50 p.m.

Spruce Street United Methodist Church

**Maximum Enrollment:** 15

**Materials Fee:** \$5.00

*Offered Twice*

Learn how to cook basic Chinese food, including Chinese cutting styles and cooking methods used in the home.

**About the Instructor:** Li Yang came to the U.S. from China more than 30 years ago. She loves to cook and is always sharing her food with people around her. She just wants to enjoy sharing what real Chinese food is. Dr. Sarah Xie is a retired ESL and English professor in China, the U.S., and Ukraine. She looks forward to sharing her eclectic cooking skills. Shi Lou loves to cook and teach and create new delicious foods. Bao Xu came to WVU as a graduate student in 1986 and recently retired from the Morgantown Public Library. She has served as a local newspaper food panelist.

### The Role of Exercise in Healthy Aging

WVU Exercise Physiology seniors under the guidance of Dr. Miriam Leary  
Wednesdays & Fridays, April 3 - 29  
9:00 - 10:30 a.m.  
Mountaineer Mall Community Room

This course will include a lecture and group exercise class. Content includes safety precautions for exercise in seniors, adaptations to exercise, physical and mental health benefits of exercise, energy balance and body composition, as well as how to write a home-based exercise program. The exercise programming will include aerobic, resistance, and flexibility for optimal aging. All content and classes are specific to seniors.

**About the Instructor:** Dr. Miriam Leary is an assistant professor in the division of Exercise Physiology at WVU and a registered clinical exercise physiologist from the American College of Sports Medicine. As an OLLI course instructor, she is supervising WVU seniors who will be creating and implementing this educational workshop.

### Yoga for Wellness

Eva Hnizdo

Tuesdays, April 7 - May 12  
10:00 - 11:50 a.m.

Morgantown Dance Studio

**Maximum Enrollment:** 20



This beginner yoga class is focused on correct body alignment, is well suited for senior practitioners, and is designed to teach participants how to renew vital energy and create physical and mental well-being through regular practice of appropriate yoga poses. Generally, yoga poses increase strength and flexibility of the body and help to relax the mind through controlled breathing and meditation. Regular practice of yoga has a holistic impact on the body. Participants should bring a yoga mat, two yoga blocks, and a yoga belt, 1.5 m long.

**About the Instructor:** Eva Hnizdo, PhD in epidemiology, is an Experienced Registered Yoga Teacher (E-RYT). Since 2006, she has taught yoga at NIOSH, where she also worked as a research scientist, and at Lakeview Fitness Center. She has been a practitioner of the Iyengar style of yoga since 1976.

### American Civil War 101

Matthew Lively

Wednesday, April 29, 12:45 - 2:35 p.m.  
Classroom A

This course will present a basic overview of the American Civil War including its origins, major events and battles, leading individuals, and the broad changes the war brought to the United States. The lecture will end with a fun, interactive Jeopardy game utilizing Civil War questions that have appeared on the show.

**About the Instructor:** Dr. Mathew Lively is a practicing Morgantown physician and president of the local Mason-Dixon Civil War Round Table. He is the author of a Civil War book, *Calamity at Chancellorsville: The Wounding and Death of Confederate General Stonewall Jackson*.

### The Ancient Phoenicians, Persians, Hittites, Lydians and More

Sumitra Reddy  
Thursdays, April 9 & 16  
12:45 - 2:35 p.m.  
Classroom B



The Phoenicians get their name from the Greek word “Phoinikes” for Tyrian purple (the Greek historian Herodotus tells us) meaning “purple people” as they produced the purple dye for royal robes. The fascinating history of several empires and the ancient peoples of the region who spoke either Semitic or Indo-European languages will be presented in the class with accompanying videos.

**About the Instructor:** Sumitra Reddy grew up in Kolkata, India, came to the U.S. for graduate studies, and earned a PhD in Physics. She enjoys teaching many classes on various subjects at OLLI such as Magic Math, Artificial Intelligence, Sanskrit and Bengali as part of the World Languages series, Buddhism, travelogues, Indian musical instruments, ancient civilizations and more.

### Hail to the Chief (of Staff)

Jack Hammersmith  
Tuesdays, April 21 - May 5  
10:00 - 11:50 a.m.  
Mountaineer Mall Community Room

A fairly recent addition to the office of the U.S. presidency has been the chief of staff, created after World War II. The first to play a prominent public role in the position was Ike’s Sherman Adams. Vital though controversial, chiefs have averaged about 18 months in office. Breaking even that record of brevity, President Trump is already on his third, though Mick Mulvaney is acting only as he serves in another official capacity. Some presidents have tried (and failed) to be their own chiefs; others have been saved by strong and smart chiefs. This three-week course will examine chiefs of all kinds.

**About the Instructor:** Retired in 2016 after 48 years in the WVU Department of History, Hammersmith enjoys teaching because he loves learning. For the information he finds age is subtracting from his brain, he seeks to add new insights in various aspects of his teaching fields (modern US/modern East Asia). Besides, OLLI students - alert, smart and knowledgeable - seldom use Rate-Your-Professor!

### Manufacturing in the United States - A History

Kenton Colvin  
Wednesdays, April 8 - 22  
12:45 - 2:35 p.m.  
Classroom A



This course presents the history of manufacturing with emphasis on what happened in the U.S.A. from 1940 to the present. Discussion will include the war years and women working in factories, economic upturn after WWII, and the U.S. as a world leader in many areas, such as steel and automobiles. We will discuss the causes of the decline and the effect of 1973-74 oil embargo. We will learn how manufacturing companies operate, how they make a profit, and the ramifications of taxes and other influences on company profit. We will also look at problems facing manufacturing in the future.

**About the Instructor:** Kenton Colvin retired from WVU after 18 years, although he is still an adjunct instructor of Industrial and Management Systems Engineering for the University. He has taught various manufacturing operations management and manufacturing processes courses for over 25 years at WVU and Fairmont State University. He also worked 26 years for six corporations in manufacturing management.

### Basic Car Care and Maintenance

Kevin Patrick  
Tuesdays, April 21 & 28  
6:00 - 7:50 p.m.  
Classroom B



Learn the basics of taking care of your car from a professional mechanic. The class will cover such topics as checking your fluid levels and tires, including pressure and wear patterns. Learn emergency roadside repairs, including changing a flat tire. Other topics covered will include the WV state inspection process and what is needed to pass. Participants can learn how to protect themselves from unethical garages. This class is a repeat but also extension of the winter term class with more time for questions.

**About the Instructor:** Kevin Patrick has been a professional mechanic for the past 34 years. He is the shop foreman at Mercedes Benz of Morgantown. Kevin won the Mercedes Benz Master Guild award and was a Stars of Service champion, ranking in the top 32 Mercedes technicians in the U.S.



### Grafting Apples and Other Scions

Scott Burnworth  
Thursday, April 16, 3:00 - 4:50 p.m.  
Classroom A  
**Materials Fee:** \$4.00

After a brief lecture about the need for grafting, the instructor will demonstrate his technique. Participants will begin grafting after selecting rootstock from a limited variety of scions. Participants may contact the instructor to request a specific variety or to receive instruction for collecting scions.

**About the Instructor:** Scott Burnworth has been grafting apple trees for over 50 years. Most recently, he has been using the bench grafting method. He has taught for OLLI twice, given workshops at WVU Extension Service Master Gardner’s clubs in Preston, Marion, and Monongalia counties, and been invited to present at five local high schools.

## I Want to Ride My Bicycle

Chip Wamsley

Thursday, April 16, 3:00 - 4:50 p.m.

Classroom B

Longing for the days when you could ride for hours, zipping around the neighborhood or down miles of trails? It may not be as easy anymore. But there are solutions available to help you get back on the bike. This class will explore cycling options and modifications, including smart bikes.

**About the Instructor:** Chip Wamsley opened Wamsley Cycles in Morgantown in the mid-1970s, custom building cycle frames. He learned his craft in England from Jack Taylor, one of the world's most respected frame builders.

## WV Black Bears

Leighann Sainato

Friday, April 17, 10:00 - 11:50 a.m.

Classroom B

In advance of attending a Black Bears game this summer, OLLI will host a session that looks at the day-to-day operations of a minor league baseball team, including business operations, baseball operations and player development. A brief history on minor league baseball and open discussion about the future of minor league baseball in West Virginia will also be included.

**About the instructor:** Leighann Sainato is the Ticket Operations & Public Relations Manager for the West Virginia Black Bears.

## Arguing with God

Joseph Hample

Tuesdays, April 7 - May 12

12:45 - 2:35 p.m.

Classroom B



Sarah argued with God about fertility; Abraham argued with God about retribution. Moses, Jeremiah, and Jonah resisted the call to prophecy; Job scolded God for letting the righteous suffer. The rabbis and their

wives hassled God even more, as God had inexplicably allowed the destruction of the Temple. We will explore the colorful history of arguing with God, a well-worn path to spirituality.

**About the Instructor:** Rabbi Joe Hample was born in Buffalo, educated at Harvard, and long employed at Wells Fargo Bank in California. Ordained in 2009, he worked as a full-time prison chaplain before coming to Morgantown in 2012. Now the spiritual leader at Tree of Life Congregation on South High Street, Rabbi Joe seeks to make Judaism accessible to everyone.

## Understanding Sufi Tradition: Islamic Mysticism

Syeda (Sara) Abbas, Shaukat Zaidi

Tuesdays, April 28 & May 5

12:45 - 2:35 p.m.

Classroom A

This course will examine Sufi silsila, or chain, and its contribution to Indo-Pakistani society. Sufis were mystics who renounced the world to attain the recognition of the divine. They were also known as awliyia (friends of God) and arifeen (those who recognize God). Though trained in fiqh (law) they understood the subtlety that knowing God's law and knowing God were two different things. The sufis were a bridge between the divine and the human. The course will look at various techniques such as prayer, devotion, and sama (melodic traditions) practiced in the shrines in Delhi, Lahore, Ajmer and Sehwan.

**About the Instructors:** Sara Abbas has a graduate degree from Carnegie Mellon and has taught at Point Park University and Rutgers. She has observed sufi treatises and practices. Shaukat Zaidi has written seven books on comparative religion, devotional poetry and world religions. He has spoken in hundreds of conferences, seminars and meetings in his 50 year long career.

## Great Scientists

Earl Melby

Tuesdays, April 7 & 14

10:00 - 11:50 a.m.

Classroom A



These are the geniuses and visionaries that transformed our world. We will explore not only the scientific discoveries that have made them great but also much about their personal lives. In addition to famous scientists like Einstein and Newton, we will learn about many others who have made significant advances that have transformed society.

**About the Instructor:** Earl Melby PhD is an organic chemist who worked in industry for many years. He has previously taught OLLI courses on polymers, adhesives, safety of plastics, Vikings, Normans, Kings of England, the French Revolution, Napoleon Bonaparte, famous inventors, and the Churchills.



## Human Evolution

Richard Smosna

Mondays & Wednesdays, April 6 - 20

3:00 - 4:50 p.m.

Classroom A

Lectures will present a short survey of the human family tree--from prehumans (Australopithecus) through early humans (Homo habilis and erectus) to our most recent ancestors (Neanderthal and Cro-Magnon).

**About the Instructor:** Richard Smosna is an emeritus professor at WVU who has taught geology since the Jurassic Period, presenting courses in environmental hazards, history of Earth, dinosaurs, human evolution, oceanography, and petroleum.

## Math or Magic or Both?

Sumitra Reddy

Thursday, April 30

12:45 - 2:35 p.m.

Classroom B



Participants will learn a handful of fascinating math tricks they can share with the young children of their family who in turn can impress

their friends with these tricks. The “magic” behind each trick will be explained. A similar (not the same) class was taught by the instructor a few years ago. The calculations only need addition and multiplication by small numbers.

**About the Instructor:** See page 21.

### Spring Wildflowers of the WVU Core Arboretum Field Trip

Zachariah Fowler  
Friday, April 17, 1:30 - 3:20 p.m.  
WVU Core Arboretum

**Maximum Enrollment:** 20

Participants will meet at WVU Core Arboretum, where we will hike and observe spring ephemeral wildflowers in their natural setting. The pace will be slow, but the terrain is hilly. For those students who would prefer not to walk the hilly terrain, there is a separate class listing for a classroom discussion about what spring ephemeral wildflowers are and a slide show introduction to species that occur in the Arboretum. The WVU Core Arboretum has an unrivaled display of spring ephemeral wildflowers!

**About the Instructor:** Zach Fowler is Director of WVU Core Arboretum and Clinical Assistant Professor of Biology at WVU. He has a passion for learning about nature in a scientific fashion and for sharing his knowledge with others.

### Wildflower Identification Using *Newcomb's Wildflower Guide*

**Encore**

Zachariah Fowler  
Friday, April 24, 10:00 - 11:50 a.m.  
Classroom B

Learn how to confidently identify flowering wild plants! *Newcomb's Wildflower Guide* is a popular, easy-to-use book for identifying blooming plants in this area. Participants will learn how to use this book and practice identifying plants that grow in the Morgantown area. Participants will need to bring a copy of *Newcomb's Wildflower Guide*.

**About the Instructor:** See above.

### Combatting Food Insecurity Together

Zackery Cruze  
Fridays, April 17 - May 1  
12:45 - 2:35 p.m.  
Classroom A  
**Materials Fee:** \$10.00

Fifteen percent (15%) of Monongalia County citizens and 15% of Monongalia County school children are food insecure. We often think of food insecurity as simply skipping meals or occasional hunger. However, true food insecurity is a persistent lack of access to affordable and nutritious food. Join us as we explore how food insecurity affects our neighbors and discuss ways as a community we can help combat the issue. The course will wrap up with painting bowls for donation to Empty Bowls of Monongalia in partnership with The WOW! Factory. All supplies will be provided.

**About the Instructor:** Zackery Cruze is the Executive Director of Empty Bowls Monongalia whose mission is to combat food insecurity within Monongalia County. He is passionate about engaging the community to find solutions to the issues affecting our neighbors and region.

### How College Students with Autism Handle Writing Courses

Syeda Abbas  
Tuesday, May 12 12:45 - 2:35 p.m.  
Classroom A

This course will describe the process of helping a college student with autism who is enrolled in a writing course. We will begin by looking at a sample of writing tasks in an undergraduate engineering program and some student responses. Then we will look at the pattern of errors in student writing and the various writing and mentoring resources and the effectiveness of these resources. We will follow the student through five assignments and one mid-term exam and explore various strategies used by the student on drafts and finals.

**About the Instructor:** Sara Abbas has a graduate degree from Carnegie Mellon and has taught writing courses in Point Park University and at the Rutgers Writing Program.

### Microbial Politics: What Elected Officials Could Learn From Our Microbiota

John Thomas  
Wednesdays, April 22 - May 6  
10:00 - 11:50 a.m.  
Classroom A

We started with *We live in a Microbial World* and last year highlighted *Microbiology Re-Imagined*. This year we will address “Microbial Justice,” unmasking microbial politics and what five lessons politicians could learn from microbes this election year. How does the microbial world rule itself? Is there democracy? Is there a microbial U.N. and how does it affect the U.S.? In the U.S., what is the organizational structure and what methods of communication are safe from spies? What is the political message and who are the microbial Democrats/Republicans, Liberals and Conservatives, recognizing pathogens are outsiders, remote, and who represents “We the People”?

**About the Instructor:** Dr. Thomas is an international/global microbiologist with appointments at Cardiff University, Wales, and NUS (National University of Singapore), as well as Northeast Ohio University College of Medicine (NEOUCOM), Rutgers University, and WVU. Dr. Thomas has often travelled more than 30,000 miles per year, most recently focusing on Asia Pacific, China, and Australia/New Zealand.

### The New Yorker Discussion Group

Margot Racin, Kristen Cooper  
Mondays, April 6 - May 11  
10:00 - 11:50 a.m.  
Classroom A



Join us to discuss a range of topics from recent issues of *The New Yorker*. Members of the group choose articles,

fiction, and topics to be discussed each week. All viewpoints welcome! A subscription to *The New Yorker* is strongly recommended.

**About the Instructors:** Margot Racin is retired after 30 years in the WVU English Department. She has coordinated these discussions in previous terms and looks forward to even more stimulating discussions. Kristen Cooper is a publicist with experience in the publishing industry at magazines including *The New Yorker*, *Better Homes & Gardens*, *Travel & Leisure*, and *House & Garden*.

### ***The New Yorker* Discussion Group II**

Ann Davidson  
Mondays, April 6 - May 11  
3:00 - 4:50 p.m.  
The Village at Heritage Point

Although held at Heritage Point, all OLLI members are welcome to attend. The class will choose which articles to discuss. Many are pertinent to current affairs and others are just interesting. A subscription to *The New Yorker* is not necessary. Come join us!

**About the Instructor:** Ann Davidson is retired from 20+ years in medical research at WVU. She was introduced as a teenager to *The New Yorker* by her parents and has enjoyed the articles ever since.



Sharing doll collections.

### **Technology Security**

Michelle Klishis  
Thursday, April 16  
10:00 a.m. - 1:00 p.m.  
OLLI Computer Lab  
**Maximum Enrollment:** 14  
**Skill Level I**

Encore

Honor Roll Faculty

“If you are not paying for it, then YOU are the PRODUCT.” As more of our lives becomes digitized, it’s important to make sure you are being safe with your electronic gadgets and online information. Anti-virus, malware, hacking, identity theft: all of these things make computers and smart phones sound terrifying, but there are simple steps you can take to make your data more secure and to feel more comfortable surfing the web and shopping online.

**About the Instructor:** Michelle Klishis, OLLI’s professional technologist, is a jack-of-all-trades and certifiable geek. Her degree in biology and work in a microbiology lab gave her absolutely no preparation for becoming a technology consultant, yet here we are.

### **Using Your Android**

Michelle Klishis  
Tuesdays, April 7 & 14  
10:00 - 11:50 a.m.  
Classroom B  
**Maximum Enrollment:** 20  
**Skill Level I**

This course will cover Android OS for phones and tablets. We’ll explore the basic knowledge and skills you’ll need to use your device effectively and efficiently, from your GPS to installing 3<sup>rd</sup> party apps.

**About the Instructor:** see above.

### **Using Your Apple iPad/iPhone**

Forrest List, Josephine Smith  
Wednesday, May 6  
12:00 - 1:50 p.m.  
Classroom A  
**Maximum Enrollment:** 16  
**Skill Level I**

This course covers iOS 11 for the iPhone and iPad. We’ll look at features of this state-of-the-art operating system and the incredibly useful devices on which it runs. We’ll explore the basic knowledge and skills you’ll need to use your device effectively and efficiently, like the various gestures you use to control the operating system and how to find and install third party apps.

**About the Instructors:** Forrest List is a senior public health major at WVU, with a minor in communications and gerontology. He enjoys talking with people and hearing their stories. Josephine Smith is a senior public health major.

### **Technology Skill Level Key**

#### **Level I**

No experience necessary. We’ll go slowly so you can ask lots of questions. If you fear technology, this is the place for you.

#### **Level II**

Still plenty of time for questions but you’ll be expected to have a basic understanding and familiarity with the operating system and generally how programs within the operating system work.

#### **Level III**

This is no place for the faint of heart. You should be comfortable with navigating the operating system and using programs within that operating system. There will probably be prerequisites.



## Fall 2019 Celebrations in India: A Personal Video Odyssey, Part II

Heimo Riedel

Thursdays, April 9 - 23

12:45 - 2:35 p.m.

Classroom A

Following a presentation in the Winter 2020 term, this class is the second part of a vivid and intimate close-up view of the vibrant and colorful street life of India with high-resolution video clips and sound, often immersed in crowds of people. It will highlight a recent and adventurous trip from Delhi to Calcutta by train, bus and plane. It will focus on festivals and celebrations in Fall 2019 but will not overlap with earlier presentations. Attendants will learn about India but there will be no focus on a systematic overview of the country.

### About the Instructor: Heimo

Riedel, PhD, has been a professor at WVU, Wayne State, and Harvard University with a focus on Cell Biology and taught courses at every level for more than 20 years. With an interest in foreign cultures, their history and in the visual arts, including photography and videography, he has visited a majority of countries and will present recent travel adventures.

## The Incas and the Inca Trail

**Encore**

Michael Attfield, Hilary Attfield

Mondays, May 4 & 11

1:00 - 2:50 p.m.

The Village at Heritage Point

The class will provide some history of the Incas, including their remarkable empire and their conquest by the Spanish. The main focus will be a hike on the Inca Trail to Machu Picchu undertaken by the instructors in 2006. Our guide took a video of our activities in Cusco, including the Inti Raymi festival and some local Inca historical and other sites, as well as our three-day walk on the trail in the Andes to Machu Picchu. These videos, as well as videos providing information on the life and times of the Incas, will be shown.

**About the Instructors:** Michael Attfield is an epidemiologist who worked for 34 years researching occupational lung diseases at the National Institute for Occupational Safety and Health in Morgantown. Hilary Attfield was a high school teacher in Scotland and an editor at WVU Press.

## Special Places in WV: Famous Places V

Ed Johnson

Thursdays, April 30 & May 7

Wednesdays, May 13 & 20

10:00 - 11:50 a.m.

Classroom B



**Offered Twice**

With the weather improving, we will resume our travels through Mountaineer Country, then venture into the not-really-correctly-named Potomac Highlands, home of Helvetia and Paw Paw, with lots of rather unusual places in between.

**About the Instructor:** Ed Johnson is the creator/curator of a website for students and educators of West Virginia Studies, mh3wv.org

## Take a Hike

Michelle Klishis

Sunday, May 3, 12:00 p.m.

Coopers Rock State Forest



Take a hike with Michelle at Coopers Rock State Forest and maybe even enjoy some fall color. All the good trails at Coopers Rock have at least 500 feet of elevation change, so be prepared to go uphill. We'll decide the trails ahead of time, but a good loop will generally be three to five miles. Check your email for details about how we'll decide on the trails. If it's raining heavily the scheduled day, the hike will be postponed one week.

**About the Instructor:** See page 24.

## With Collette Travel



### Journey through Southern France from Provence to Bordeaux October 3 - 12, 2020

**Highlights:** Saint-Rémy, Provence, Truffle Hunting, Gordes, Avignon, The Popes' Palace, Pont du Gard, Carcassonne, Choice on Tour, Saint-Émilion, Winery Tour, Bordeaux, La Cité du Vin - Wine Museum

**Reservation & Deposit Due: March 1, 2020** Double occupancy from \$4,799\* pp



### Magical Christmas Markets of Austria and Germany December 5 - 12, 2020

**Highlights:** Innsbruck, Choice on Tour, Seefeld, Carriage Ride, Salzburg, St. Peter's Restaurant, Oberammergau, Munich, Christmas Markets

**Reservation & Deposit Due: June 1, 2020** Double occupancy from \$2,999\* pp

\* All rates are subject to change based on air inclusive package from PIT

*For more information about these trip and others, pick up a brochure in the OLLI Member Lounge or contact the OLLI office at 304-293-1793.*

## A Mini-Film Festival for Mel Brooks & Woody Allen



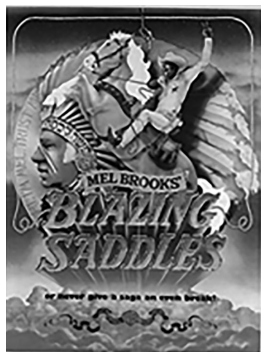
### April 3: *The Producers*

A mini-film fest for Brooks & Allen? Because they were high on a list of writers that were all in the same room, producing plots, one-liners and skits for the early greats of TV comedy that included *Your Show of Shows*, *Milton Berle*, *Red Skelton* and *The Colgate Comedy Hour*. Carl Reiner and the Simon brothers were also in that room. We begin by exploring a film that launched Brooks into stand-alone film glory with a comedy that satirically examines the crazy world of producers, played by Zero Mostel and aided and abetted by a terminally shy accountant played by Gene Wilder and a truly cuckoo playwright (Dick Shawn) with a show about...Hitler! Will it be a hit? Is jail involved? 1967, 88 minutes.



### April 10: *Annie Hall*

Made just a couple of years before Allen changed everything with *Interiors*, *Annie* made stars of Diane Keaton and a few other actors that would return for more fun and games with Woody Allen, the inveterate schmuck of a therapist's worst nightmares. Allen would not be the first to use his writing and directing as his own therapy and boy, did it take him a long, funny time. Allen's other career, marrying his leading ladies, making a family, then jumping off the deep end into controversy—well, some of that starts right here. We celebrate Woody Allen as one of the great and even legendary writer/producer/actors that would turn out a film a year, using his favorite actors that would work for free just to be in his latest work. By the way, Allen IS a legend in France, championed by Francois Truffaut, another legend. 1977, 93 min.



### April 17: *Blazing Saddles*

There will never be another western quite like this one! In typical Brooks fashion, he brings to town a very black sheriff and a few of the regulars of his merry band, including Gene Wilder, Harvey Korman, Madeline Kahn, Cleavon Little, Dom Delouis and Slim Pickens to explore the western genre with "black" satire like never before or after! This may be the best Black Comedy ever: it's a comedy that, while you laugh, inside you're saying "I shouldn't be laughing at this!...but I can't control myself!" How can you top an Indian chief that speaks Yiddish and is played by Brooks himself? And the ending! Yikes! 1974, 93 minutes.



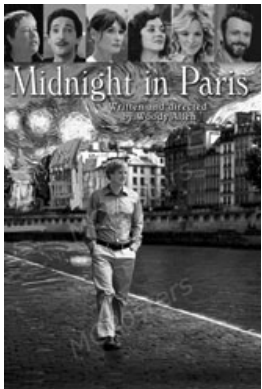
### April 24: *Purple Rose of Cairo*

This film, from its very beginning, just took my breath away. The premise? In 1935, what if a depressed Mia Farrow goes to lots of movies, and then a character from the film of our title steps out of the black & white world of the film to fall in love with our poor, depression-era heroine—in color? It gets more and more involved as other characters want to step out...but can't. Jeff Daniels and Mia Farrow were stand-outs, supported by Danny Aiello and Edward Herrmann. We end up with a love-triangle...who will Cecilia choose, the real man or the reel guy? If you love movies and the amazing world they can create, you'll love this one. Allen had to create the film within the film, a real tour de force and one of his own favorite works. 1985, 82 minutes.



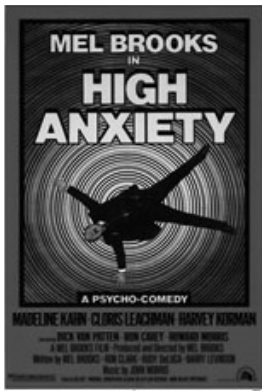
### May 1: *Young Frankenstein*

What is your favorite horror movie from the 30s? If it isn't this one, then you just don't know your movies! Oh, wait...is this horror or satire? Yes it is. This parody [a pastiche of old films re-created as a new one] of those old Karloff movies may just be Mel Brooks's masterpiece. With his usual band of trouble makers, he turns the Karloff hit on its head and takes us to that village where a young, aristocratic doctor will build himself a monster, played by Peter Boyle. Could Eye-gor be played by anyone else but Marty Feldman of the popping eyeballs, or could there be a lovelier countess than Madeline Kahn? Gene Wilder, Cloris Leachman, Teri Garr and Ken Mars do their best at Brooks's command and the end result is a comic masterpiece that you can never, ever, for any reason...forget or forgive. 1974, 105 minutes.



### May 8: *Midnight in Paris*

This is one of Woody's most popular and critically acclaimed films, showcasing themes of nostalgia and modernism. We follow screen-writer Gil (Owen Wilson) as he struggles to resolve his troublesome relationship with his fiancée, played by Rachel McAdams. Each night, as if by magic, Gil is transported back to the past where he meets Picasso, Hemingway, Gertrude Stein, Cole Porter, Zelda and Scott Fitzgerald, and Jean Cocteau. All this time-switching enables Gil to figure out what he should be doing with his life. The wonderful cast includes Marian Cotillard, Adrian Brody, Carla Bruni, Michael Sheen and Kathy Bates, all filmed in Paris. Woody won an Oscar and Golden Globe for his screenplay, and the film was nominated for Best Picture. 2011, 94 minutes.



### May 15: *High Anxiety*

Once again, Mel Brooks takes aim at a cliché of modern society, psychiatry and the crazed folks that are in therapy seemingly for their whole lives. Brooks played his first lead acting role here, as Dr. Richard Thorndyke, newly hired to head the Psycho-Neurotic Institute for the Very, Very Nervous, where he encounters some really strange scenes. Brooks uses his usual suspects ensemble including Madeline Kahn, Cloris Leachman and Harvey Korman, all veterans of high comedy sketch performances and controlled madness, to satiric heaven. Thorndyke, we find, suffers from "high anxiety" and fear of heights, among other things, a great set-up of a famous scene from "Vertigo." 1977, 94 minutes.



### May 22: *Blue Jasmine*

We end with a recent triumph that garnered Oscars for Kate Blanchett, Woody and Sally Hawkins. The story follows a formerly rich woman who is forced to move in with her sister in San Francisco while she works out the divorce with her husband, Alec Baldwin, playing against type with style. This story fits under the comedy-drama genre; there is comedy but there is also drama and poignant human consequences of past mistakes and current trials and tribulations. The acting company is superb: Blanchett, Baldwin, Bobby Canavale, Louis CK, Andrew Dice Clay, Hawkins and Peter Sarsgaard. This is a film to savor for its deep sense of humanity, with its unwittingly comic moments and scenic diversions. Like *Manhattan*, here, Woody gives us the most romantic West Coast city that acts almost as a member of the acting company. 2013, 98 minutes.

As a non-profit membership organization, OLLI depends on the generous support of our volunteers. Volunteers are the lifeblood of our program, helping to ensure that OLLI is able to provide the highest quality courses, lectures, workshops, trips, and more for our members.

Your volunteer experience can be molded to fit your interests, talents, and schedule. Opportunities may be short-term project-oriented tasks or ongoing general support, team or solo tasks, on-site or in the community. All members have something to offer and are encouraged to share their time and expertise with their peers.

### Ambassadors

OLLI Ambassadors help spread the word about our program by sharing their experiences and inviting friends, family, and others to join them for a class.

### Board Members\*

The Board of Directors is the governing body of OLLI at WVU, providing leadership to committees and staff. With input from the committees, the Board establishes organizational priorities and financial and program policies. Board members are elected by the membership to serve a two-year term and may be re-elected for a second term.

### Class Hosts

Class hosts greet members and ask them to sign in as they arrive for a class, remind members to turn off their cell phones, introduce the instructor, assist with class needs, and distribute course feedback forms.

### Event Hosts and Staff

OLLI sponsors several open houses and special events throughout the year. Volunteers are needed to assist with shopping, set-up, and greeting visitors before, during, and after the event.

### Instructors

Our program depends on the generosity of our volunteer instructors to teach the quality courses and learning experiences offered throughout the year. OLLI instructors, drawn from all walks of life, share their knowledge and expertise of their chosen careers, fields of study, or hobbies about which they are passionate. Free from tests or grades, instructors experience the joy of teaching students who are enthusiastic, engaged and eager to learn.

### Office Support

Sometimes we just need a little help around the office. Volunteers can help by refreshing the coffee in the member lounge, answering phones, making copies, filing, and other light administrative duties.

*\* To review official descriptions of the OLLI Board of Directors and committees, please refer to the By-Laws, available online at [olliatwvu.org](http://olliatwvu.org), in the OLLI office, or in the member lounge.*

### Project Team Member

Perhaps you have a special skill that OLLI could take advantage of for a specific project. Are you fluent in Adobe InDesign or video-editing? Are you handy with a paint brush or power tools? Do your talents include fundraising or organizing? There are several projects on which we can use your help!

### Registration Assistants

The first week of class registration each term is a busy one for the office staff. Volunteers can answer questions and help members register for classes. If you're comfortable with computers and online shopping, we can teach you how you can help.

### Standing and Ad Hoc Committees\*

OLLI has several standing committees that work together to keep our program running. Which one fits you best?

#### Curriculum Committee

Not only does this committee review all instructor proposals and discuss the merits of each one before choosing which courses to include in the next term's offerings, it also reaches out to everyone for new ideas and areas of interest. They review suggestions made on the course evaluation forms, review the comments about each course, and discuss policies relating to the curriculum.

#### Catalog Committee

A sub-committee of the curriculum committee, members review the courses submitted each term for grammar, wording, and consistency; edit the course catalogs; and make suggestions about additional content and design.

#### Facilities & Technology Committee

Working with the Director, this committee considers what improvements should and/or can be made to our classrooms, member lounge, offices, and storage spaces. They monitor how current space is used and consider future facility and technology needs.

#### Finance Committee

The finance committee, chaired by the Board Treasurer, develops the annual operating budget to be approved by the membership, reviews OLLI income and expenses throughout the year, and makes recommendations regarding membership and enrollment fees.

#### Fundraising Committee

In order to keep our member and enrollment fees affordable to all, OLLI relies heavily on contributions from both internal and external sources. Working with the WVU School of Public Health Development Director, this committee is responsible for planning and carrying out an annual fundraising campaign. Identifying and writing grants; recruiting OLLI sponsors; encouraging giving by

members; and promoting annual, legacy, and tribute gift opportunities are important activities with which we need assistance.

#### **Irving Goodman Aging Lecture Series Committee**

The Irving Goodman Aging Lecture is an annual event and a highlight of OLLI at WVU. The committee considers topics of interest, researches options, recruits the speaker, and organizes the event each year.

#### **Marketing Committee**

In consultation with the Director, the marketing committee creates and implements an annual campaign to recruit new members, form community partnerships, and increase community awareness of OLLI at WVU. Committee members help distribute course catalogs to libraries, senior centers, and other locations; staff tables at health/wellness and senior fairs; and encourage media coverage of OLLI events.

#### **Member Relations Committee**

The member relations committee works to increase member retention and works with other committees to address the needs of current members through special programming and membership benefits.

#### **Nominating Committee**

This committee meets just a few times a year and is responsible for keeping track of who is a member of the Board of Directors and when his or her term expires. They then brainstorm ideas for new board members and compose a slate to be voted on at the annual meeting in June of each year. The committee also prepares a slate of officers of the board to be voted on at the first meeting of the new OLLI membership year.

#### **Social Events Committee**

The social events committee suggests, researches, organizes, and promotes special member events; works with other committees to organize and staff the quarterly open houses; and plans the annual business meeting.

#### **Travel Committee**

A sub-committee of the curriculum committee, members will meet to talk about and help organize trips of interest to OLLI members.

### **How to Become a Volunteer**

To become an OLLI volunteer, contact the OLLI office at 304-293-1793 or submit the Volunteer Information Form online at <http://www.olliatwvu.org>.



*There's often laughter and shenanigans when you're with friends.*

## **Curious About Teaching for OLLI?**

OLLI at WVU draws volunteers from all walks of life to teach a wide variety of courses for adults 50 and older. Although many of our instructors are teachers, professors, or business and civic leaders, many others are community members with a desire to share their knowledge and passion with their peers.

#### ***Experience the joy of teaching free of tests and grades.***

OLLI classes are offered simply for the joy of learning. Members are enthusiastic, engaged, and eager to learn. And you don't have to grade exams!

Courses are offered during Fall, Winter, Spring, and Summer terms in the areas of arts, literature, history, philosophy and religion, current events, political affairs, science, math, health and wellness, travel, and more. Courses may be from one to six sessions. Most sessions last about two hours.

Most courses are held in the Mountaineer Mall in Morgantown, although OLLI has a branch in Charleston as well.

Interested in teaching for OLLI? Visit our website at [www.olliatwvu.org](http://www.olliatwvu.org) or call the OLLI office at 304-293-1793 for more information.

# Register for OLLI Online

Browse the OLLI catalog, purchase or renew a membership, and register for classes and events online.

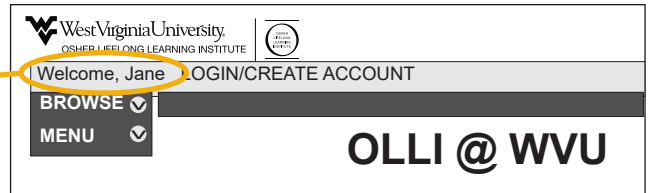
1. Go to [olliatwvu.org](http://olliatwvu.org)

2. Click on **Register Here** on the left side of the screen.



3. You will be redirected to <https://wvusph-olli.augusoft.net>  
Click on **LOGIN/CREATE ACCOUNT**.

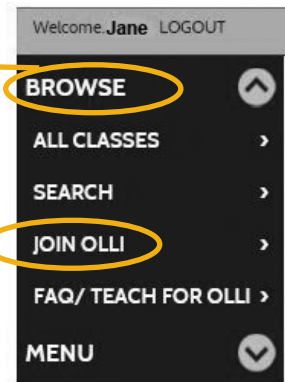
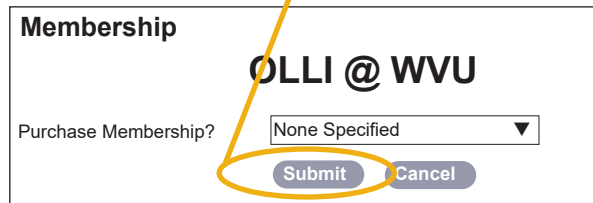
4. If you have been an OLLI member in the last two years, you already have an account.  
Contact the OLLI office if you need your username and password.  
**Please do not create a new account.**



5. You will see **Welcome, Your Name** in the gold bar above **BROWSE** on the left side of the screen if your login was successful.

6. Click **BROWSE** to purchase or renew a membership or browse OLLI classes and events.

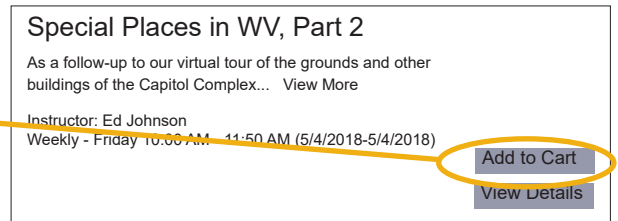
7. If you are purchasing or renewing a membership, click on **JOIN OLLI**, select the appropriate membership and click **Submit**.



8. To register for classes and events, click on **BROWSE**, then **ALL CLASSES**.

If you know the name of the class for which you wish to register, you can type it in the **Search box** in the upper right corner and click on the blue **GO>** button.

10. To select a class or event, click on the **Add to Cart** button on the right side below the class information.



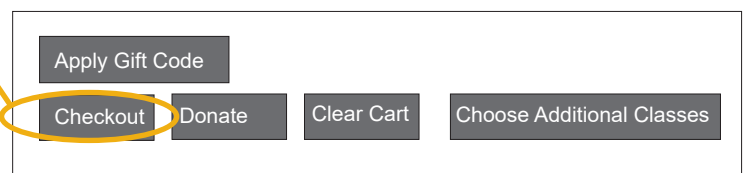
11. When finished making your selections, click on **CHECKOUT** next to the **VIEW CART** on the right in the gold bar.



12. Review your selections and check the box next to **Agree to Refund Policy** to the right of each class on your list.

13. Click on the blue **CHECKOUT** button at the bottom of your order.

If there is a balance due, you will be taken to a screen to enter your credit card information.  
If there is no balance due, you will be taken to the Order Complete screen.



### Class Disclaimer

OLLI at WVU presents programs of interest for general guidance only. It does not engage in rendering legal, medical, financial, or other professional advice and services.

Information presented in an OLLI program should not be used as a substitute for consultation with a professional legal, medical, financial, or other competent adviser. Before making any decision or taking any action, program participants should consult a professional legal, medical, financial, or other competent adviser.

All information is provided “as is,” with no guarantee of completeness, accuracy, timelines or of the results obtained from the use of the information, and without warranty of any kind, expressed or implied, including, but not limited to warranties of performance, merchantability, and fitness for a particular purpose. Neither OLLI at WVU nor its information providers will be responsible to any program participant or anyone else for any decision made or action taken in reliance on the information presented by OLLI at WVU, or for any consequential, special or similar damages, even if advised of the possibility of such damages.

### Classroom Etiquette

OLLI instructors are volunteering their time and talents. Please be respectful of your course instructors and fellow participants by:

- staying on topic during discussions
- attending only courses for which you have registered
- turning off your cell phone
- not wearing fragrances out of respect for those with allergies
- moving questions/conversations following the stated end time of the class to the hall so the next instructor and class can access the classroom

Exposure to new and different ideas is what OLLI is all about – we encourage you to embrace this philosophy and be respectful in classroom discussions.

### Classroom Temperature

To save energy, the classroom thermostats are set to specific temperatures. Please dress accordingly to help make your class experience comfortable.

### Liability Disclaimer

Individuals acknowledge and assume any and all risk associated with participation in OLLI at WVU activities. OLLI at WVU makes no representation regarding the appropriateness of any activity for an individual. OLLI at WVU disclaims any and all liability for each individual's participation in any activities. If a course involves physical activity, participants are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended that participants consult their physician before participating in physical activity.

### Media Releases

Media releases are available and kept on file in the OLLI office. Please be sure to fill one out and let us know if you do not want to be shown in OLLI photographs and media.

### Non-Discrimination Statement

WVU is an EEO/Affirmative Action Employer. Underrepresented class members are encouraged to apply. This includes minorities, females, individuals with disabilities, and veterans.

### Personal Assistive Hearing Devices

OLLI classrooms A and B are now equipped with personal assistive hearing devices for member use. A small personal receiver enhances sound projected through the audio-visual system in the classroom. Users may choose to use ear-buds, surround earphones, or a headset. Some hearing aids are able to use a neckloop telecoil coupler. To use a personal assistive hearing device, come to the OLLI office prior to your class to sign one out.

### Refunds

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.

### Weather and Holiday Policy

OLLI members are personally responsible for their own safety and must exercise good judgment when making travel choices in inclement weather. When West Virginia University, Monongalia, or Kanawha County schools are closed for inclement weather, OLLI activities are cancelled. County school delays do not affect OLLI activities. The decision to cancel activities is at the discretion of the Director when a county calls for early dismissal due to the weather. The decision to cancel weekend activities due to weather is at the discretion of the instructor. Registered participants will be notified. The OLLI office observes WVU holidays.



*Rachel Eddy and guest entertain OLLI members with a special members-only performance.*



**OLLI at WVU - Your Next Adventure Begins Here**

## **Spring Registration Begins March 16**

Phone: 304-293-1793

Website: [www.olliatwvu.org](http://www.olliatwvu.org)

Email: [olli@hsc.wvu.edu](mailto:olli@hsc.wvu.edu)

### **Benefits of OLLI Membership**

Staying intellectually stimulated and socially active are proven components of healthy aging. Membership in OLLI provides these benefits through:

- More than 200 courses and activities per year in such areas as the arts, health and wellness, humanities, math and science, technology, and more.
- Social events
- Travel programs
- Interest Groups
- Volunteer opportunities