

## OLLI@WVU Curiosity Never Retires

Osher Lifelong Learning Institute at WVU Winter 2018 Morgantown Course Catalog www.olliatwvu.org

## **OLLI at WVU**

The Osher Lifelong Learning Institute at West Virginia University, known as OLLI at WVU, provides programs and educational opportunities designed for adults 50 and over.

OLLI at WVU, a membership organization affiliated with the School of Public Health, recognizes the unique experiences, capabilities, and wisdom of mature members of the community. OLLI at WVU emphasizes the sharing of ideas through peer learning, member participation, and collaborative leadership.

During four terms each year, OLLI at WVU offers courses, lectures, seminars and field trips in such areas as music, literature, art, science, politics, nature, history, health, medicine, and economics. Live drama, movies, and interest groups add to the choices.

Courses are developed and taught by volunteers from the community who are passionate about their topics, avocations, and interests, and love to share their ideas.

Free from the pressures of tests and grades, OLLI is learning simply for the joy of it.

## **Supporters**

OLLI at WVU continues to grow as an organization with the unwavering commitment and generosity of our patrons and supporters. We acknowledge and thank the following:

- ◆ The Bernard Osher Foundation
- West Virginia University, President's Office
- ♦ WVU Foundation
- ♦ WVU School of Public Health (SPH)
- ♦ OLLI Board Members, Committee Members, and Volunteers
- ♦ OLLI \$100K Club, Donors, and Sponsors
- ♦ Our Distinguished Instructors
- OLLI Members

## **The Bernard Osher Foundation**

The Bernard Osher Foundation seeks to improve quality of life through the support of lifelong learning institutes such as OLLI at WVU. The Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. The Foundation has now funded 120 Osher Lifelong Learning Institutes on campuses of colleges and universities from Maine to Hawaii. Funding for OLLI is contingent upon membership growth goals, so **membership matters**. To learn more about The Bernard Osher Foundation, please visit their website at <u>www.</u> <u>osherfoundation.org.</u>

## OLLI Board of Directors

Linda Jacknowitz, President Ed Johnson, Vice President Earl Melby, Secretary George Trapp, Treasurer Linda Alexander, SPH Rep. Stan Cohen Gwen Gill Kathy Hanko Karen Long Judy Morris Sumitra Reddy Tom Rogers Gwen Rosenbluth Bill Weiss

## **OLLI Board of Advisors**

Bob Craig Roger Dalton Ann Davidson Suzanne Gross James Dylan Held E. Jane Martin Betty Maxwell Art Pavlovic

## **OLLI Committees**

Curriculum	Chair: Bob Craig	
Facilities/Technology	Chair: Jim Held	
Finance	Chair: George Trapp	
Fundraising	Chair: Vacant	
History	Chair: Vacant	
Membership/Publicity	Chair: Ed Johnson	
Nominating	Chair: Kathy Hanko	
Irving Goodman Annual Aging		
Lecture Series (IGALS) Chair: E. Jane Martin		

## Staff

Jascenna Haislet, Director Diane Cale, Program Assistant Steven Fleming, Professional Technologist Dalyn Grimm, Office Assistant



Dear OLLI friends,

Welcome to OLLI's Winter Wonderland filled with an array of classes on diverse topics to pique your interest. Focus in one area or mix it up. Learn about iconic songwriters Rodgers and Hart, listen to the music of the Highwaymen, play the dulcimer or Irish whistle, or become a member of the MonRiver New Horizons Band. Widen your global perspective with a tour of distant places such as India and Europe's Christmas Markets on the Rhine. Appreciate the unique beauty of our nation and state. Take a class on traveling historic Route 66, visit America's national parks, or explore West Virginia's Capitol Complex. Want to delve into contemporary issues? Join *The New Yorker* discussion group, sign up for the U.S. and China class, attend "Politics Is a Good Thing." Prefer history? There are classes on the

Olympic Games; trains, planes, and automobiles; 19<sup>th</sup> century women; WWII; Napoleon Bonaparte; Gnosticism; and the post Viking era. Are health and wellness of interest? Register for "Cough, Cold, and the Flu;" "Designer Drugs," "Chocolate III," or "Whole Grains Sampling Day." Is science of interest? Consider "Conserving our Wild Birds," "Looking Back at the Great American Eclipse," or take the "Dangerous Earth" classes. Want to get moving? Join us for "Old Time Dancing," along with intro and intermediate Tai Chi. Wondering what to do with all those electronic photos? Sign up for "Storing and Sharing Digital Photos."

Thank you for your support of WVU's Osher Lifelong Learning Institute. Want to become more involved with OLLI? There are lots of ways. I would love to hear from you!

Sincerely,

Linda Jacknowitz President, OLLI Board of Directors

## A Message from Our Director

Eighteen months ago, OLLI at WVU received a generous grant from the Osher Foundation to help us grow our program. With a focus on increasing membership and launching member-driven giving campaigns, our goal is to build a solid foundation that will continue to allow us to offer the highest quality programming for years to come.

Funds from the capacity-building grant have been used to expand marketing and fundraising efforts. Last fall we updated and printed an OLLI general brochure that is being distributed to local libraries, community and business centers, retirement communities, social organizations, and more. With the help of some talented OLLI members, we created a video about our program. It is available on YouTube at <u>https://www.youtube.com/watch?v=ZR93K-731k</u> and on our Facebook page, Osher Lifelong Learning at WVU. Together with increased advertising in the local newspaper and the enthusiastic efforts by our members to share with their friends, family, and neighbors, we have increased our membership over 10%.

On the fundraising side, we have formed a fundraising committee, launched an annual member giving campaign, created a business sponsorship program (you'll notice three sponsors in this catalog), printed literature to support the various ways to give to OLLI at WVU, and are currently developing a donor recognition display for the membership lounge. Thanks in part to this support, we have raised over \$20,000 in the past year, including over \$7,000 to the \$100K Club.

Thank you to our members and friends who continue to given generously of their time, knowledge, and purses, and spread the word about their OLLI experience. Although the grant period is coming to an end, we must continue our efforts to build upon our foundation while enjoying the fruits of our labor. With a wide variety of programming, literature to inform, and a passion for OLLI, I encourage you to sign up for a class, bring a friend to an open house, pick up some brochures to deliver to your church or club, share our video on social media and/or make a gift as you can. You, as a member and friend, are the present and future of OLLI at WVU.

## **Table of Contents**

OLLI at WVU2
Messages from Our Board President and Director
Membership, Scholarships, Registration
Volunteer, Teach for OLLI
Mark Your Calendars!
Giving to Your OLLI, Donor Thank You
Special Member Events
Special Member Film Forum
St. Patrick's Day Party
Whole Grains Sampling Day
OLLI Interest Groups
OLLI Goes to the Theatre
Winter 2018 Schedule at a Glance
Winter 2018 Courses
The Arts and Humanities
Basic Watercolors (Witt)
The Highwaymen (Paull)
MonRiver New Horizons Band (Williams, Harvey)
Napoleon Bonaparte (Melby)
The New Yorker Discussion Group (Racin, Cooper)
The Olympic Games: A Brief Introduction (Bravo)
Opera as Drama (Nelson) Playing the Inish Tin Whigtle (Warner)
Playing the Irish Tin Whistle (Werner)
Playing the Lap Dulcimer (Werner)
"Politics Is a Good Thing:" So What Happened? (Hammock)
Rodgers and Hart: Songwriters (Horacek)
Uppity American Women of the 19 <sup>th</sup> Century (Howe, Nelson)
U.S. and China: From "Mud" to Muddy (Hammersmith)
World War II from One Person's Viewpoint (Horacek)
Health and Wellness
Chocolate III: History, Health, and Wealth (Boyd)
Cough, Cold, the Flu, Oh My!: Insight from a Pharmacist(Elavsky)
Designer Drugs: What Are These Things? (Griffith)
Fire Safety with Andy (Dotson)
Introduction to Tai Chi (Myers)
Tai Chi: Intermediate Level (Myers)
Tell Us Your Stories (Newcome)
Hobbies and Interests
Old Time Dancing! (O'Brien)
Old Time Dancing! (O'Brien)
Old Time Dancing! (O'Brien) Storing and Sharing Digital Photos (Sorge) Science and Math
Old Time Dancing! (O'Brien) Storing and Sharing Digital Photos (Sorge) Science and Math
Old Time Dancing! (O'Brien) Storing and Sharing Digital Photos (Sorge)
Old Time Dancing! (O'Brien) Storing and Sharing Digital Photos (Sorge) Science and Math
Old Time Dancing! (O'Brien) Storing and Sharing Digital Photos (Sorge) Science and Math
Old Time Dancing! (O'Brien) Storing and Sharing Digital Photos (Sorge) Science and Math
Old Time Dancing! (O'Brien) Storing and Sharing Digital Photos (Sorge)Science and Math
Old Time Dancing! (O'Brien) Storing and Sharing Digital Photos (Sorge)Science and Math
Old Time Dancing! (O'Brien) Storing and Sharing Digital Photos (Sorge) Science and Math
Old Time Dancing! (O'Brien) Storing and Sharing Digital Photos (Sorge)Science and Math
Old Time Dancing! (O'Brien) Storing and Sharing Digital Photos (Sorge)Science and Math
Old Time Dancing! (O'Brien) Storing and Sharing Digital Photos (Sorge)Science and Math
Old Time Dancing! (O'Brien) Storing and Sharing Digital Photos (Sorge)Science and Math
Old Time Dancing! (O'Brien) Storing and Sharing Digital Photos (Sorge)Science and Math
Old Time Dancing! (O'Brien) Storing and Sharing Digital Photos (Sorge)Science and Math
Old Time Dancing! (O'Brien) Storing and Sharing Digital Photos (Sorge)Science and Math
Old Time Dancing! (O'Brien) Storing and Sharing Digital Photos (Sorge)Science and Math

## **Contact Us**

Physical Address: Osher Lifelong Learning Institute at West Virginia University Mountaineer Mall, Suite C-17 5000 Greenbag Rd. Morgantown, WV 26501

Mail Address: OLLI at WVU PO Box 9123 Morgantown, WV 26506-9123

(304) 293-1793 www.olliatwvu.org Email: olli@hsc.wvu.edu Like us on Facebook at Osher Lifelong Learning at WVU

## **OLLI Office Hours**

9:00 a.m. - 5:00 p.m. Monday - Friday Closed Saturdays, Sundays, and University holidays

Cover Photo: Well House, Cooper's Rock State Forest Photograph by Anthony Winston, West Virginia Photographer Membership is open to curious adults interested in programming designed specifically for those 50 and over who want to engage socially and intellectually with their peers.

## Annual membership is \$30 - the membership year runs July 1st to June 30th.

An individual must be a member of OLLI to take classes. Membership benefits include:

- A voice in OLLI governance and invitation to the OLLI Annual Meeting.
- The right to run for the OLLI Board or serve on a committee.
- At least one free Special Member Event per term.
- Quarterly OLLI Connections newsletter and weekly email bulletin.
- The right to be added to a course wait list.
- Access to OLLI Member Lounge and Computer Lab.
- Access to a variety of educational and social opportunities to learn and to meet new friends.
- Discounts on travel and various events around the community.
- Free parking at the Mountaineer Mall.
- Financial assistance for registration fees.

## **Registration Fee**

- OLLI members may register for unlimited courses for \$30 per term.
- Other fees may apply and are noted on individual courses, events or groups.
- Special Member Events are free to all current OLLI members.

Discounts are available for new members and our volunteer instructors. Contact the OLLI office at 304-293-1793 for more information.

## **Scholarships**

OLLI at WVU tries to keep fees to a minimum while providing the highest quality experiences to our members. However, we recognize that membership and registration fees may be out of the reach of some individuals. Therefore, scholarships are available. To apply, ask for a confidential application at the OLLI office or fill out the form on our website at <u>www.olliatwvu.org</u>.

## How to Register for Winter Term Courses, Events, and Groups

Winter term runs January 2<sup>nd</sup> through March 31<sup>st</sup>. Most programming is scheduled between January 22<sup>nd</sup> and February 16<sup>th</sup>. To register, you must have a current membership and have paid the required fees for the term.

Individuals may purchase or renew a membership and register for classes in any of the following ways:

- Online at <u>www.olliatwvu.org</u> using Augùsoft Lumens
- In person at the OLLI office at the Mountaineer Mall in Morgantown
- By mail, using the enclosed membership/registration form.

Mail the form to: OLLI at WVU • PO Box 9123 • Morgantown, WV 26506-9123

Please make checks payable to the WVU Foundation.

## Winter Registration and Term begin January 2, 2018

## **Volunteer for OLLI**

As a non-profit membership organization, OLLI depends on the generous support of our volunteers. Volunteers are the lifeblood of our program, helping to ensure that OLLI is able to provide the highest quality courses, lectures, workshops, trips and more for our members.

Your volunteer experience can be molded to fit your interests, talents, and schedule. Opportunities may be short-term project-oriented tasks or ongoing general support, team or solo tasks, on-site or in the community.

Current opportunities include:

- class hosts
- office support
- registration assistants
- project team members
- event hosts and staff
- ambassadors
- committee and board members
- instructors

Perhaps you have expertise or ideas that you'd like to share. We would love to hear it!

If you're interested in volunteering, contact the OLLI office at 304-293-1793 or submit the Volunteer Information Form online at http://www.olliatwvu.org/.

OLLI at WVU draws volunteers from all walks of life to teach a wide variety of courses for adults 50 and older. Although many of our instructors are teachers, professors, or business and civic leaders, many others are community members with a desire to share their knowledge and passion with their peers.

#### Experience the joy of teaching free of tests and grades.

OLLI classes are offered simply for the joy of learning. Members are enthusiastic, engaged, and eager to learn. And you don't have to grade exams!

Courses are offered during Fall, Winter, Spring, and Summer terms in the areas of the Arts and Humanities; Economics, Business, and Retirement Planning; Health and Wellness; Hobbies and Interests; Science and Math; Technology and Training; and Travel and Adventure. Courses may be from one to six sessions. Most sessions last about two hours.

Most courses are held in the Mountaineer Mall in Morgantown, although OLLI has a branch in Charleston as well.

Interested in teaching for OLLI? Visit our website at <u>www.olliatwvu.org</u> or call the OLLI office at 304-293-1793 for more information.

# Be an OLLI Ambassador!

## Our members are our best recruiters. Share your OLLI experience with a friend.

Bring a friend to a class (please pick up a guest pass from the office) Offer a catalog Suggest a membership\* Give a gift certificate (available in the OLLI office)

\*If you refer a friend who purchases a new membership, you will be entered in a drawing to receive a **free term of OLLI courses**. The referral must be confirmed by the new member.

## **Registration & Attendance Matter**

We understand that plans change, especially when you're asked to commit to something several weeks in advance. However, it is important to register for the classes that you wish to attend. Enrollment records help us demonstrate our members' active participation in the program when seeking funding from grant-makers and policy-makers. Also, we occasionally have classes which fill quickly so one that you wish to attend may already have a wait list.

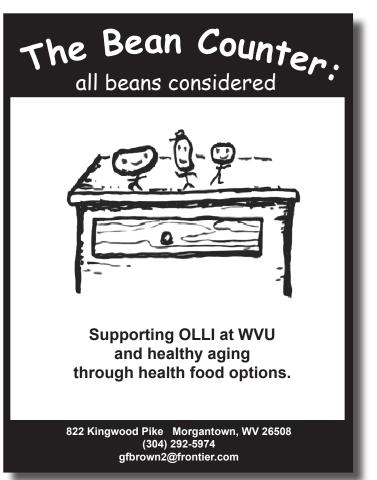
If you are unable to attend a class for which you are registered, please notify the OLLI office. Another person may be anxiously awaiting your cancellation so that he or she may participate in the class.

Please be respectful of the time and efforts of our volunteer instructors and your fellow OLLI members.

## Mark Your Calendars! Other Important Dates

December 13	OLLI Holiday Open House & Bazaar
January 2	Winter registration begins
January 22	Spring course proposals due Winter term begins
March 19	Spring registration begins
March 21	Spring Open House
April 9	Spring term begins
April 16	Summer course proposals due
June 20	2018 Annual Meeting





## **Giving to Your OLLI**

The Osher Lifelong Learning Institute at WVU is dedicated to providing the highest quality educational, recreational, and social opportunities possible to our members. For many years, we have been able to offer 200 or more classes, workshops, lectures, discussions, and field trips annually.

In order to sustain and grow the program, your financial support is needed. Although OLLI receives support from WVU and earnings from the Osher Endowment, this funding covers only about 50% of our expenses. Membership and registration fees cover another 25%. Therefore, the remaining 25% must be raised through donations, gifts, sponsorships and grants.

Your donation to OLLI can help keep the lights on in the classrooms, support community outreach, provide hand-outs in a class, buy coffee for our member lounge, pay the printing and postage for course catalogs, and more.

## **Thank You to Our Donors**

As OLLI at WVU strives to achieve financial sustainabilty, we would like to say Thank You to all who have given so generously this year. The following reflects donations received between July 1 and November 20, 2017.

Robert & Aurie Acciavatti Rudolph & Helen Almasy Gerri Angoli Nicholas & Barbara Apostolou Carolyn Bahnsen Betty M. Bailey Diana Beam Mary Biggs Susan Bordonada Carole Boyd Marsha Brand Mary Roberta Brandt Dennis & Donna Channel Nyles & Anne Selinger Charon Kenton & Madeline Colvin JoAnne Cook Bob & Margaret Craig Ann Davidson & Lloyd Davis Ruby de la Mata Nancy Diener Judith Dinsmore Susan Dragovich Joann Evans

Alice Frost Shirley Guiliani Barbara Gutman Rose Haislet Susan Hardesty Lynn Harper H. Summers Harrison Elissa Hoffman Charles Hylton Arthur & Linda Jacknowitz Willa Jarvis Pat Jenkins Edwin D. Johnson Maureen Johnson Emory & Janet Kemp Karen S. Long E. Jane Martin Betty Maxwell Stephen & Connie McCluskey Dale & Carolyn McVicker Alice Meehan Randall Miller Robert & Miriam Miller

Donald & Mary Ellen Morrison Morgan Mike & Nancy Mosser Judith Mull David & Cynthia Myerberg Charlotte Nath Barbara Neal Joseph Paull & Eleanor Grubbs-Paull William R. Quigley Margot Racin Frank & Madelyn Romeo Carol Rotruck Cookie & Bernie Schultz Peter & Donna Shaffron Zane Shuck Linda Stalnaker Richard & Kathryn Swanson Annette H. Tanner Anthony Tomkowksi Jean Ann Toren George & Viera Trapp Wallace & Norma Venable H. Arthur Weldon Judith Smith Wilkinson Karl & Pam Yagle

## Thank You to Our \$100K Club Donors

Established in 2014, the \$100K Club recognizes the generosity of members and friends who pledge their support to lifelong learning with a contribution of \$1,000 or more to OLLI at WVU.

Joyce B. Allen
Anonymous
John & Bonnie* Ashton
Michael & Hilary Attfield
Paul Atkins
Betty M. Bailey
Lee Ann Beaumont
James Benner*
Carole Boyd
Elaine Burrell
Nyles & Anne Selinger
Charon
Jo Anne Cook
Bob & Margaret Craig
Tom & Hope Covey
Susan Crist
Roger & Charlotte Dalton
Ann Davidson &
Lloyd Davis

\* Donor deceased.

Ruby de la Mata Mary Lucille DeBerry Judith Dinsmore Jill Eastman James\* & Alice Frost Sharon Goodman Don & Suzanne Gross Barbara Gutman Mary Jane P. Hamilton Greg Hand James Held & Bonnie Brown Charles Hylton III Richard M. & Therese M. Iammarino Art & Linda Jacknowitz Edwin Johnson Michael & Royce Keller Emory & Janet Kemp

George & Mavis Grant Lilley Karen S. Long John & Harriet Loth Clay Marsh Kathleen Marsland Donald & E. Jane Martin Betty Maxwell Steve & Connie McCluskey Joseph Mcfall Donald & Mary Ellen Morrison Anne H. Nardi\* Butch Neal James O'Connell Dave & Cheryl Ornick Joseph & Eleanor Grubbs Paull

John Pearson Ed\* & Clay Pytlik Y.V. & Sumitra Reddy Alan & Gwen Rosenbluth Lillian Smith Georgian Steinhardt Judith Stitzel Annette Tanner Rita Tanner John & Penny Thomas George & Viera Trapp **Bill Weiss** Arthur & Barbara\* Weldon Stephen & Patricia\* Wetmore Judith & Ronald Wilkinson Karl & Pam Yagle Carolyn Zinn

OLLI members and friends may give during the Annual Giving Campaign, when you renew a membership or enroll for classes, or any time during the year. You may choose to set up a monthly recurring gift.

You can choose to designate your gift to OLLI's area of greatest need or one of our other funds. You may choose to leave a Legacy Gift, make a Tribute Gift, or give through an IRA Charitable Rollover.

## With a variety of giving options, you can choose the gift that works best for you.

For more information, call the OLLI office at 304-293-1793 or Karen Galentine (kegalentine@hsc.wvu.edu) at 304-293-1828.

To give today, visit <u>https://give.wvu.edu/public-health-olli</u> or add your tax-deductible donation to the enclosed class registration form.

Thank you for your continued support of lifelong learning and OLLI at WVU.

## **Special Member Events**

Be sure to mark your calendars and join us for one of these exciting Special Member Only Events!

### Special Film Forum Member Events Hosted by Jim Held

Friday, Lawrence of Arabia 10:00 a.m. - 3:00 p.m. Classroom: B **January 19** Fee: \$5.00 With the Middle East in continuous upheaval and wars, it is critical for westerners to understand how it got to this point. Through the lens of David Lean's masterpiece of cinema, Lawrence of Arabia, we will see some of the events following the end of WWI and the fall of the Ottoman Empire. Lunch will be provided. Discussion following the screening may focus on the current state of the Middle East based on events that unfolded after the Great War. An Inconvenient Sequel: Truth to Power Friday, 1:00 p.m. - 3:00 p.m. Classroom: B February 16 Fee: \$5.00 Ten years ago, Al Gore presented An Inconvenient Truth, a film that focused on global climate change. His sequel should be viewed by everyone concerned about the devastating fires, hurricanes, floods and "once in 500 years" weather events that seem to be happening annually. For this special member event, we'll show An Inconvenient Sequel: Truth to Power and have a post-showing discussion, possibly with an expert to help us unpack the ideas presented. Members are invited to bring in documentary evidence of any progress being made on this subject world-wide.

**About the Host:** Professor Held is Emeritus Professor of Theatre at WVU where he taught for 35 years. He is the immediate past-president of OLLI and, to date, has taught 39 courses since 2006. His teaching specialties include Theatre History and Dramatic Literature, Stage Design, Stage Properties, the History of Cinema, and World Theatre and Drama, for which he wrote the textbook and developed an extensive website suitable for on-line teaching. During his two years as OLLI president, Jim wrote a weekly "President's Corner" column for the Friday Bulletin, that has evolved into "Jim's Jottings" usually appearing twice a month.

## **OLLI Interest Groups**

OLLI Interest Groups are open to all OLLI members for \$10 per term per group. If a member is taking additional OLLI classes and has therefore paid the \$30 term registration fee, the Interest Group fee is waived.

## Yarn Arts Group

On Mondays from 1:00 p.m. - 2:50 p.m. in Classroom B, join others to share ideas, patterns, workshop information and to support each other in knitting, crocheting, needle-point, and other yarn and thread arts.

## Writers' Interest Group

Having a hard time finding time to work on your life story, novel, poetry, journal, or letters? Come write in a quiet, comfortable, supportive environment. Bring paper, pen, laptop, etc. There will be at least 1.5 hours of quiet writing time each session. At the last session, if there is interest, we will stay an extra hour or so to talk about what we've been working on and to share (optional) some of our writing.

Thursday, 10:00 a.m. - 11:50 a.m. Classroom B

#### Thursday, St. Patrick's Day Party

March 15

Hosted by Judy and Eb Werner 12:30 - 3:00 p.m. Classroom: B

Come and celebrate the little bit of Irish in all of us. Listen to some Irish music and watch some Irish step dancing, while learning some of the history about St. Patrick and the background of some of the songs. Sing along with some favorite Irish songs. *Bring some green snacks to make it a real party.* 

**About the Hosts:** Eb and Judy Werner both enjoy listening to Irish music and watching Irish dance. They have a large collection of CDs and videos featuring Irish music and dance and would love to share this with others who might enjoy them.

#### Wednesday, Whole Grains Sampling Day

March 28

Cindy Gay, RD, LD cndgay@comcast.net 10:00 - 11:50 a.m. Classroom: A Fee: \$5.00

Whole Grains Sampling Day is celebrated on the last Wednesday in March. Join the fun by attending this class March 28. See many examples of whole grains and recipes for breakfast, lunch, dinner and snacks. Receive samples of grains with instructions and recipes for cooking. "Most people only need to try a new whole grain to realize they like it!"

**About the Instructor:** This is the seventh class Registered Dietitian Nutritionist Cindy Gay has taught at WVU-OLLI since retiring from her job as Manager of the Healthy Cafe in the Health Sciences Center. Her biggest satisfaction is that she learns from you! While at HSC, the cafe was recognized by the Whole Grains Council as a leader in health care. Join Cindy to see her latest creations to make at home.

Special Member Events, unless otherwise noted, are free for current OLLI members! Payment of the \$30 term enrollment fee is not required.

## **OLLI Goes to the Theatre**

## WVU School of Theatre and Dance 2017-18 Season

The WVU School of Theatre and Dance presents another exciting series of performances during the upcoming 2017-18 season. Join your fellow OLLI members for matinee performances at the Creative Arts Center. Special group ticket prices are available. Mark your calendars now for the following performances and watch the OLLI website and the Friday eBulletins for more details about the productions and corresponding events.

**Dance Now!** Sunday, February 3, 2:00 p.m. **Naga Mandala** by Girish Karnad Sunday, March 4, 2:00 p.m. **The Three Musketeers** Book by Alexandre Dumas Play by Ken Ludwig Sunday, April 22, 2:00 p.m.

## Winter 2018 Schedule at a Glance

Page #	Day, Time	Sessions	Date(s)	Location
1.4	<u>Monday, 10:00 a.m 11:50 a.m.</u>	4		
14 15	<i>The New Yorker</i> Discussion Group (Racin, Cooper) Playing the Lap Dulcimer (Werner)	4 10	Jan. 8 - Feb. 5 Jan. 22 - Mar. 26	A B
	<u>Monday, 1:00 p.m 2:50 p.m.</u>			
10	Yarn Arts Group	0 0	Jan. 8 - Mar. 26	В
14	Napoleon Bonaparte (Melby)	4	Jan. 22 - Feb. 12	А
14	Monday, 3:00 p.m 4:50 p.m. MonRiver New Horizons Band (Williams, Harvey)	ongoing	Jan. 22 - Mar. 26	В
19	Monday, 3:30 p.m 4:50 p.m. Dangerous Earth (Smosna)	4	Jan. 22 - Feb. 12	А
	<u>Tuesday, 10:00 a.m 11:50 a.m.</u>			
19	Classroom AV Training (Fleming)	1	Jan. 9	All
17	Fire Safety with Andy (Dotson)	1	Jan. 23	В
15	Opera as Drama (Nelson)	4	Jan. 23 - Feb. 13	А
18	Tell Us Your Stories (Newcome)	1	Jan. 30	В
21	River Cruising the U.S.: Columbia River (Arnold, Arnold)	1	Feb. 6	В
17	Cough, Cold, the Flu, Oh My! (Elavsky)	1	Feb. 13	В
	<u>Tuesday, 1:00 p.m 2:50 p.m.</u>			
21	Route 66: Celebrating the Mother Road (Wright)	1	Jan. 23	А
20	In the Wake of the Vikings (Morris & Morris)	2	Jan. 30 & Feb. 6	В
14	The Highwaymen (Paull)	4	Jan. 30 - Feb. 20	А
1.4	<u>Tuesday, 1:30 p.m 4:00 p.m.</u>		1 0 14 07	
14	Basic Watercolors (Witt)	ongoing	Jan. 9 - Mar. 27	MAAG
	<u>Tuesday, 3:00 p.m 4:50 p.m.</u>		× • • •	
15	"Politics Is a Good Thing:" So What Happened? (Hammock)	1	Jan. 23	В
20	India on the Move, a Personal Video Odyssey (Riedel)	3	Jan. 23 - Feb. 6	А
16	<u>Wednesday, 10:00 a.m 11:50 a.m.</u>			
16	Uppity American Women of the 19 <sup>th</sup> Century (Howe, Nelson	·	Jan. 24 - Feb. 14	A B
17 18	Designer Drugs: What Are These Things? (Griffith) Old Time Dancing! (O'Brien)	1	Jan. 31 Feb. 7	MDS
16	World War II from One Person's Viewpoint (Horacek)	1	Feb. 14	B
11	Whole Grains Sampling Day (Gay)	1	Mar. 28	A
	<u>Wednesday, 1:00 p.m 2:50 p.m.</u>			
19	Looking Back at the Great American Eclipse (McCluskey)	1	Jan. 24	В
16	U.S. and China: From "Mud" to Muddy (Hammersmith)	3	Jan. 24 - Feb. 7	A
20	Magnificent National Parks (Long)	2	Feb. 7 & 14	В
21	Special Places in WV, Part I: The State Capitol Complex (Johnso	n) 1	Feb. 14	А
	<u>Wednesday, 3:00 p.m 4:50 p.m.</u>			
20	Christmas Markets on the Rhine (Venable)	1	Jan. 31	В

## Winter 2018 Schedule at a Glance

Page #	Day, Time	Sessions	Date(s)	Location
10 16 15	<b>Thursday, 10:00 a.m 11:50 a.m.</b> Writers' Interest Group Rodgers and Hart: Songwriters (Horacek) Playing the Irish Tin Whistle (Werner)	ongoing 1 4	Jan. 11 - Mar. 29 Jan. 25 Feb. 8, 15, Mar. 1 &	B A 8 A
11	Thursday, 12:30 p.m 3:00 p.m. St. Patrick's Day Party (Werner, Werner)	1	Mar. 15	В
17	Thursday, 1:00 p.m 2:50 p.m. Chocolate III: History, Health, and Wellness (Boyd)	4	Jan. 25 - Feb. 15	А
21	Thursday, 3:00 p.m 4:50 p.m. Trains, Planes, and Automobiles (Johnson)	3	Jan. 25 - Feb. 8	А
19 19 18	<b>Friday, 10:00 a.m 11:50 a.m.</b> Conserving Our Wild Birds (Fallon) Gnosticism (Swanson) Storing and Sharing Digital Photos (Sorge)	1 4 2	Jan. 26 Jan. 26 - Feb. 16 Feb. 2 & 9	B A B
10	<b>Friday, 10:00 a.m 3:00 p.m.</b> Special Film Forum - <i>Lawrence of Arabia</i> (Held)	1	Jan. 19	В
15 10	<b>Friday, 1:00 p.m 2:50 p.m</b> The Olympic Games: A Brief Introduction (Bravo) Special Film Forum - <i>An Inconvenient Sequel</i> (Held)	3 1	Jan. 19 - Feb. 6 Feb. 16	B B
17	Saturday, 9:45 a.m 10:50 a.m. Introduction to Tai Chi (Myers)	4	Jan. 20 - Feb. 10	В
18	<u>Saturday, 11:00 a.m 11:50 a.m.</u> Tai Chi: Intermediate Level (Myers)	4	Jan. 20 - Feb. 10	В



Look for this icon next to the course titles beginning on page 14!

This indicates that the instructor is a member of the OLLI Honor Roll and has taught at least 10 courses and 60 class session hours. If more than one instructor is listed, the Honor Roll member is in **bold**.

## **Classroom Key**

All classes are held in the Mountaineer Mall in Morgantown, unless otherwise stated.

- A Classroom next to the OLLI office.
- B Classroom under the OLLI sign.

CL - Computer Lab, first door on the left down the hall next to B, near the restrooms.

MAAG - Morgantown Art Assocation & Gallery, Mountaineer Mall.

MDS - Morgantown Dance Studio, Mountaineer Mall. Other - See course description for location.

## Winter 2018 Courses The Arts and Humanities



**Basic Watercolors** Susan Hall Witt Ongoing Tuesdays, January 9 - March 27

Classroom: MAAG 1:30 - 4:00 p.m.

The class will explore how watercolors work and will apply that knowledge to painting greeting cards and small works. No experience is needed and no supplies are necessary for the first couple of lessons. Participants from previous sessions are welcome as we will expand our knowledge and apply it to more advanced work.

About the Instructor: Susan Hall Witt is a stained glass and watercolor artist. She teaches stained glass for the community schools program and continues to take classes and workshops to improve her skills.

#### The Highwaymen

Joseph Paull jpaull921@comcast.net 4 Sessions Classroom: A Tuesdays, January 30 - February 20 1:00 - 2:50 p.m.

The Highwaymen were Waylon Jennings, Willie Nelson, Johnny Cash and Kris Kristofferson. They performed during the late 1980s and 1990s. This course will take a close look at and listen to three of the members, namely, Jennings, Nelson, and Cash during the first three sessions. The final session will be a Highwaymen concert. There will be lots of time for discussion.

About the Instructor: Dr. Paull has taught in the public schools and the graduate school at WVU.

#### **MonRiver New Horizons Band**

Lindsey Williams, Damon Harvey

lindsey.	williams@mail.wvu.edu
Ongoing	Classroom: B
Mondays, January 22 - March 2	6 3:00 - 4:50 p.m.

The organization's motto, "It's never too late," means that one is never too old to make music. OLLI New Horizons Band members are adults of all ages who once played band instruments but did not continue later in life. Instruments became dusty, life continued, yet the love of music persisted. Now these musicians have an outlet and a way to make music again. There are also opportunities for those who've never played a band instrument and for current members to try new instruments. Course Materials: Essential Elements Method book, music stand. Participants must provide their own instrument.

About the Instructors: Dr. Lindsey Williams joined the Music Education faculty at West Virginia University in fall 2015 where he founded and directs the MonRiver New Horizons Band. Prior to his appointment at WVU, he was the director of the Roeland Park (KS) New Horizons Band from 2006-2015. He has presented on music with senior adults and lifelong learning at international, national, and state conferences. Damon Harvey is a PhD student in Music Education at WVU. Previously, he taught music for grades 5-12 in Wheeling, WV. Before teaching, Damon completed a master's degree in Music Ed at Case Western Reserve University, and a BA in Music with minors in English and Psychology at Allegheny College.

#### **Napoleon Bonaparte**

Honor Roll Member Earl Melby	emelby1@gmail.com
4 Sessions	Classroom: A
Mondays, January 22 - F	ebruary 12 1:00 - 2:50 p.m.

A Time Inc. analysis listed Napoleon as the second most significant figure in history behind only Jesus. Much has been written about him including music by Beethoven and Tchaikovsky and famous books like War and Peace. We will follow Napoleon from his beginnings on the island of Corsica, his military genius in several battles, ascent to become Emperor of France, rule over much of Europe, the Napoleonic Code, and final demise at the battle of Waterloo.

About the Instructor: Earl Melby, PhD, is an organic chemist who worked in universities and industry for many years, He has previously taught OLLI courses on polymers, adhesives, safety of plastics, Vikings, Normans, Kings of England and the French Revolution.

### The New Yorker Discussion Group

Margot Racin, Kristen Cooper

4 Sessions Mondays, January 8 - February 5

Classroom: A 10:00 - 11:50 a.m.

Join us to discuss a range of topics from recent issues of The New Yorker. Members of the group choose articles, fiction, and topics to be discussed each week. All viewpoints welcome! A subscription to The New Yorker is strongly recommended.

About the Instructors: Margot Racin is retired after 30 years in the WVU English Department. She has coordinated these discussions in previous terms and looks forward to even more stimulating discussions. Kristen Cooper is a publicist with experience in the publishing industry at magazines including The New Yorker, Better Homes & Gardens, Travel & Leisure, and House & Garden.

## **The Olympic Games: A Brief Introduction**

Gonzalo Bravo	gonzalo.bravo@mail.wvu.edu
3 Sessions	Classroom: B
Fridays, January 19 - Feb	ruary 9 1:00 - 2:50 p.m.

In recognition of the 2018 Winter Olympic Games, OLLI members can learn about the historical development of the Olympic Games and how its evolution has been a reflection of the economic, political, and social changes that occurred throughout the 20<sup>th</sup> and early 21<sup>st</sup> century. The impact of both the ancient and modern Games on today's sports and culture will be described. Landmark athletic achievements and political controversaries will be discussed.

About the Instructor: Gonzalo Bravo is an associate professor in the sport management program at the College of Physical Activity and Sport Sciences at West Virginia University. He completed an MSc in sport administration at Penn State University and a PhD in sport management at The Ohio State University.



#### **Opera as Drama**

bnelson2@wvu.edu Byron Nelson 4 Sessions Classroom: A Tuesdays, January 23 - February 13 10:00 - 11:50 a.m.

The course provides critical introductions to the seven operas in the Met in HD series shown locally at the Regal Theatre in early 2018: Tosca, L'Elisir d'Amore, La Boheme, Semiramide, Cosi fan tutte, Luisa Miller and Cendrillon, as well as the Pittsburgh Opera's production of L'Elisir d'Amore. The discussions are intended to occur near the time of performance, and the goal is to increase the pleasure of the performances through analysis of the musical and dramatic characteristics of each opera.

About the Instructor: Byron Nelson is retired from the English Department of WVU, where he taught such courses as Shakespeare, British Literature and the Bible as Literature. A lifelong opera enthusiast, he has taught courses on Shakespeare, opera and Broadway musicals for OLLI.

#### **Playing the Irish Tin Whistle**

Judy Werner	judywerner@frontier.com
4 Sessions	Classroom: A
Thursdays, February 8, 15, March	n 1 & 8 10:00 - 11:50 a.m.

Learn to play at least one (but probably more) Irish song in time for the St. Patrick's Day Party. The Irish tin whistle is a relatively simple instrument to learn to play and no previous musical experience is necessary. You do not need to know how to read music. Come and enjoy learning to play this fun instrument.

About the Instructor: Judy Werner has enjoyed playing the lap dulcimer for more than 12 years, playing in two different dulcimer groups. She also plays the tin whistle and the bowed psaltery. She enjoys old-time traditional music and going to concerts and music festivals. With her husband, Eb, Judy directs the Gardner Winter Music Festival held every year in February.

#### **Playing the Lap Dulcimer**

Judy Werner	judywerner@frontier.com
10 Sessions	Classroom: B
Mondays, January 22 - March	n 26 10:00 - 11:50 a.m.

Enjoy learning to play more songs on the Appalachian lap dulcimer. Each week we will focus on different types of songs including fiddle tunes, waltzes, Irish songs, and Stephen Foster songs. No previous musical experience is necessary to learn to play this simple instrument. Lap dulcimers will be available to use during the class.

About the Instructor: See above.

#### "Politics Is a Good Thing:" So What Happened?

	0 11
Allan Hammock	allanhammock@gmail.com
1 Session	Classroom: B
Tuesday, January 23	3:00 - 4:50 p.m.

The Founding Fathers thought "politics" was a "good thing." In post WWII America, the practice of politics produced a remarkable record of legislative achievements: GI Bill, Marshall Plan, NATO, Full Employment Act, Inter-State Highway Act, Peace Corps, Medicare, Civil and Voting Rights Acts, Clean Air and Water Acts, NDEA, ESEA, Head Start, Violence Against Women Act, Family and Medical Leave Act, Americans with Disabilities Act, and CHIP. In recent years, very little has been achieved.

## The Arts and Humanities

This seminar will examine possible reasons why there has been a decline in legislative achievements. Participants will be invited to offer reasons for this decline.

About the Instructor: Allan Hammock, PhD, is retired chair of the Department of Political Science at West Virginia University. He taught courses in American politics and policy at the University for 48 years.



### **Rodgers and Hart: Songwriters**

Roll Member Leo Horacek	leo_horacek@yahoo.com
1 Session	Classroom: A
Thursday, January 25	10:00 - 11:50 a.m.

Richard Rodgers and Lorenz Hart formed a team while they were still in college and worked exclusively with each other for more than twenty years. Their personalities were contrasting: Rodgers industrious and diligent, Hart inventive and charming but capricious and unreliable. Nevertheless, they worked well together and created songs for some 23 stage musicals and for nine films. Their lives will be discussed and words and music for a selection of their best songs will be examined.

About the Instructor: Dr. Horacek is a retired professor of the WVU music department.



#### Uppity American Women of the 19<sup>th</sup> Century

Barb Howe & Carolyn Nelson bhowe@wvu.edu, cnelson2@wvu.edu Classroom: A 4 Sessions Wednesdays, January 24 - February 14 10:00 - 11:50 a.m.

This course will discuss several aspects of American women's lives in the 19<sup>th</sup> century through the writings of women who played a key part in challenging traditional and legal obstacles to sexual and racial equality. Among the topics for discussion will be advice given to women, abolitionism, legal and voting rights, and the conditions for working women. Short readings for the classes will be provided.

About the Instructors: Dr. Howe taught history and women's studies at WVU, while Dr. Nelson taught English and women writers.

## U.S. and China: From "Mud" to Muddy

Jack Hammersmith	jhaı	mmer@wvu.edu
3 Sessions		Classroom: A
Wednesdays, January 24 - February	7	1:00 - 2:50 p.m.

When President Donald Trump met China's Xi Jinping in November, 2017, it was with a background of mixed messages from Trump, Xi's ambitious program proposed at the fall 19th Communist Party Congress, and a historic love-hate relationship. This class offers an overview of that historic relationship from the era of foreign mud (opium, in the 19th century), China's Republican revolution (Sun Yatsen and Chiang Kaishek, first half of 20<sup>th</sup> century), to the more far-reaching revolution of Mao Zedong and successors (since 1949). What, if anything, does that historic relationship reveal about present and future relations between the two nations?

About the Instructor: Jack Hammersmith taught East Asian and U.S. history at WVU for 48 years, retiring in 2016. Although his PhD is from the University of Virginia, he prefers moo goo gai pan to ham and grits.



#### World War II from **One Person's Viewpoint**

Leo Horacek	leo_horacek@yahoo.com
1 Session	Classroom: B
Wednesday, February 14	10:00 - 11:50 a.m.

Discussion will involve the situation in the U.S. before the Pearl Harbor attack, the processes of induction into the armed forces, U.S. Navy training programs, and various combat operations in the European Theater and in the Pacific.

About the Instructor: Leo Horacek was a naval fighter pilot in WWII.

## Looking for a lively discussion?

## The Carl Taylor Chat 'n Chew

Meets on the first Monday of each month, for individuals who enjoy good conversation with friends at the Shoney's in Sabraton at 9:00 a.m.

OLLI membership not required.



#### Chocolate III: History, Health, and Wealth Carole Boyd

4 Sessions Classroom: A Thursdays, January 25 - February 15 1:00 - 2:50 p.m.

Those who have a passion for chocolate understand why it could have a long, delicious history, make its purveyors wealthy, and even have some health benefits. But even some of these aspects of chocolate are still surprising and enlightening. This course will explore chocolate with lectures, samplings, and an opportunity for students to display their own prowess with chocolate.

About the Instructor: Dr. Boyd received her undergraduate and graduate degrees and early medical practice in Michigan before coming to WVU to teach and practice Pathology. Since retirement she has taught a number of ALL and OLLI classes on a variety of subjects -chocolate being one of her favorites.

## Cough, Cold, the Flu, Oh My!: Insight from a Pharmacist about the Medications Being Used

Megan Elavsky	megan.elavsky@hsc.wvu.edu
1 Session	Classroom: B
Tuesday, February 13	10:00 - 11:50 a.m.

During this time, we will review common prescription and over-the-counter medications which are frequently prescribed and purchased during the winter months. This would include cough and cold remedies, flu treatments, etc. In discussing the medications, we will review what to look for, common side effects, and where you can save money by avoiding ineffective products.

About the Instructor: Megan Elavsky, PharmD, is an assistant professor with the WVU College of Pharmacy and a Family Medicine Clinical Pharmacy Specialist at University Town Center.

#### **Designer Drugs: What Are These Things?**

Robert Griffith	rgriffith@hsc.wvu.edu
1 Session	Classroom: B
Wednesday, January 31	10:00 - 11:50 a.m.

With names like Ecstasy, Bath Salts, K2, and Spice, sales of designer drugs have exploded in recent decades. But what exactly are designer drugs? What does that term mean? This class will explain, in layman's terms, what designer drugs are and how the drug laws have been changed to combat them.

About the Instructor: Robert Griffith has a PhD in Medicinal Chemistry from The Ohio State University and taught the chemistry of drugs in the WVU School of Pharmacy for 30 years.

#### **Fire Safety With Andy**

Andy Dotson	adotson@morgantownwv.gov
1 Session	Classroom: B
Tuesday, January 23	10:00 - 11:50 a.m.

Fires impact people across this country daily. West Virginia is actually ranked #2 in the country for fire fatalities, a trend we are trying to stop. There is a fire reported every 85 seconds in this country. Do you know what to do if you encounter fire? Are you as fire safe as possible in your own home? Spend some time with Andy and allow him to share important information about smoke and CO detectors, exit planning, fire extinguishers and general fire safety.

About the Instructor: Andy Dotson has been the Public Education Coordinator for the Morgantown Fire Department for six of his total 13 years with the department.

### **Introduction to Tai Chi**

Doug Myers culturalepidemiologist@gmail.com 4 Sessions Classroom: B Saturdays, January 20 - February 10 9:45 - 10:50 a.m. **Maximum Enrollment:** 18

This course is an introduction to a version of Yang Style Tai Chi as modified and taught by Cheng Manching. In this course, students will learn the basic principles of Tai Chi and how to do the Tai Chi form.

About the Instructor: Dr. Myers has studied Tai Chi and other Chinese Martial Arts for 12 years. While living in North Carolina, he studied with Frank Wong, a student of Cheng Manching.

## Health and Wellness

#### Tai Chi: Intermediate Level

Doug Myersculturalepidemiologist@gmail.com4 SessionsClassroom: BSaturdays, January 20 - February 1011:00 - 11:50 a.m.Maximum Enrollment: 18

This course builds upon the Introduction to Tai Chi course. In this course, students will learn some of the deeper concepts of Tai Chi while advancing their practice of the Tai Chi form. This course is open to those who are able to do the entire form which is taught in the Introduction to Tai Chi course.

About the Instructor: see Introduction to Tai Chi.

#### **Tell Us Your Stories**

Linda Newcome	lnewcome@atlanticbb.net
1 Session	Classroom: B
Tuesday, January 30	10:00 - 11:50 a.m.

Storytelling is a common activity in childhood and should be so in one's later years as well. Sharing one's life stories is important for both the storyteller and the listener, as it represents the passing of history, wisdom, and culture from one generation to another. Sadly, as people grow older, they may find themselves without anyone to listen. This class will provide opportunity for all participants to share their memorable life experiences.

**About the Instructor:** Linda Newcome received her bachelors degree from Fairmont State, and a masters degree and 5<sup>th</sup> to 8<sup>th</sup> grade science certification from WVU. She has a love for geography and has enough hours for a second masters degree at Concord University but decided it was time to begin her love to travel. She enjoys listening to stories that people want to share about their lives and likes to share her childhood memories of growing up on a farm and the lessons she learned.

#### **Old Time Dancing!**

Cindy O'Brien	cobandyo@frontier.com
1 Session	Classroom: MDS
Wednesday, February 7	10:00 - 11:50 a.m.

After watching the documentary of traditional West Virginia dance, the class will get up and dance! In this style, a caller walks the dancers through the figures, then calls the dance to music. Learn the basic figures common to old time dance and be ready to join in upcoming dances. Participants will be invited to attend the Friends of Old Time dance the following Saturday for free and will be ready to join in the dance at the Worley Gardner Festival on February 24th!

**About the Instructor:** Cindy O'Brien first squaredanced as a teen and has been involved in organizing the Morgantown Friends of Old Time Music for decades.

#### **Storing and Sharing Digital Photos**

Karin Sorge		karinjs74@gmail.com
2 Sessions		Classroom: B
Fridays, February 2 &	9	10:00 - 11:50 a.m.
Maximum Enrollmen	t: 12	

Wondering what to do with those photos on your phone or digital camera? Would you like to share Christmas photos with your family electronically? Learn how to store your photos in a free, safe account where they can be preserved, shared, or available to make photo books. Information about who is in the photos and the stories behind them can be archived as well. Put those Christmas, family, and vacation photos in a location to preserve them and allow only those you choose to access them for your lifetime plus an additional 30 years. Participants are encouraged to bring their laptop and digital camera and/ or camera phone.

**About the Instructor:** Karin Sorge is a retired teacher of special education who is currently looking after her father. As the oldest daughter, she has become curator of her family archives. She loves taking photos and putting them into either traditional or electronic scrapbooks.

## **Conserving Our Wild Birds**

Katie Fallon	katie@accawv.org
1 Session	Classroom: B
Friday, January 26	10:00 - 11:50 a.m.

This presentation will feature several non-releasable birds of prey that are cared for by the Avian Conservation Center of Appalachia, an all-volunteer Morgantownarea nonprofit dedicated to conserving the region's wild birds through research, education, and rehabilitation. Participants will learn about the ACCA's efforts to conserve wild birds, and we will discuss the natural history of several species of birds found around Morgantownand what we can do to help protect them.

About the Instructor: Katie Fallon is a writer, educator, and co-founder of the Avian Conservation Center of Appalachia. She's written two nonfiction books about birds (Vulture: The Private Life of an Unloved Bird and Cerulean Blues: A Personal Search for a Vanishing Songbird) and two books for children. She's taught writing at Virginia Tech, WVU, and WV Wesleyan College. Her first word was "bird."



#### **Dangerous** Earth

Honor Roll Member Richard Smosna	rsmosna@wvu.edu
4 Sessions	Classroom: A
Mondays, January 22 - February 12	3:30 - 4:50 p.m.

Geological processes touch every inhabitant of Earth almost daily and many of these pose serious risks to human interests, activities, and health. To understand such processes and to assess their risks and impacts, we turn to geology, the scientific study of Earth. This term, the course will concentrate on two geological hazards, tsunami and meteorite impact.

About the Instructor: Richard Smosna is an emeritus professor at WVU who has taught geology for over 35 years, presenting courses on environmental hazards, history of Earth, dinosaurs, human evolution, oceanography, and petroleum.



## Gnosticism

Freya Swanson freyaswa@gmail.com Classroom: A 4 Sessions

Fridays, January 26 - February 16 10:00 - 11:50 a.m.

This class will examine the alternative, mystical tradition within Christianity that has persisted in spite of labels of heresy for the past two thousand years.

About the Instructor: Freya Swanson is an ordained Universalist minister.

## Looking Back at the Great American Eclipse

Stephen McCluskey stephen.mcc	cluskey@mail.wvu.edu
1 Session	Classroom: B
Wednesday, January 24	1:00 - 2:50 p.m.

Join the class for an informal discussion of what the instructor and class members saw and did during the Great American Eclipse of August 21st. Class members who saw the eclipse are encouraged to provide photographs and/or comments on what they saw. Class members who didn't see the eclipse can hear and ask about what they missed and learn how they can plan for the next eclipse in 2024.

About the Instructor: Steve McCluskey is a retired historian of science at WVU. He has studied the astronomies of various early cultures and, after seeing two total solar eclipses, has become an enthusiastic follower of the Moon's shadow.

## **Classroom AV Training**

Steven Fleming steven.fleming@hsc.wvu.edu Tuesday, January 9 10:00 - 11:50 a.m.

Hands-on workshop open to all instructors and members interested in learning how to operate the classroom equipment. New ideas are welcome as we develop quick reference sheets and instruction manuals.

Want to teach or host a course, and concerned about the technical side? This workshop is for you!

## **Travel and Adventure**



#### **Christmas Markets on the Rhine**

Wallace Venable wallace.venable@mail.wvu.edu 1 Session Classroom: B Wednesday, January 31 3:00 - 4:50 p.m.

Wally and Norma Venable took a Christmas cruise down the Rhine from Switzerland to Amsterdam. This class will describe their adventure in Basel (a city left out of tourist guides), stops in France and Germany, and their visit to the Wereldkerstcircus in Amsterdam.

About the Instructor: Wally Venable has made many trips on the inland waterways of Europe.

#### **Magnificent National Parks**

Karen Long	wvkaren@comcast.net
2 Sessions	Classroom: B
Wednesdays, February 7 & 14	1:00 - 2:50 p.m.

Back by popular demand, this travelogue is a combination of a summer trip to the National Parks of the West -Grand Canyon, Bryce Canyon, Zion, Grand Tetons, Yellowstone, and Mount Rushmore and the OLLI trip to Glacier National Park and Banff, Canada. Additional sites visited include Lake Powell; Monument Valley; Las Vegas; Salt Lake City; Cody, WY; Devil's Tower; and the Crazy Horse Memorial. Visit or re-visit some of our beautiful national parks! (This class is a repeat of the fall term class of the same name.)

About the Instructor: Karen Long is retired from the WVU Department of Medical Laboratory Science where she taught clinical microbiology and immunology. She is currently an on-call technologist in the microbiology laboratory at Monongalia General Hospital. Traveling and photography are special interests so she enjoys sharing photos and stories with OLLI members.

#### In the Wake of the Vikings

Judith Morris, Andy Morris amfamily@comcast.net 2 Sessions Classroom: B Tuesdays, January 30 & February 6 1:00 - 2:50 p.m.

Did you know that the Vikings discovered the New World 500 years before Christopher Columbus? Join Judy and Andy Morris on a photographic journey from Oslo and Bergen, Norway, across the north Atlantic, stopping at various Viking sites along the way. Vicariously visit the Viking Ship museum to view well-preserved Viking longships. Wander through the ruins and reconstructed settlement of L'Anse Aux Meadows, the only proven Viking site in North America. Imagine what life must have been like for those hearty explorers 1000 years ago on this journey across the north Atlantic-IN THE WAKE OF THE VIKINGS.

About the Instructors: Judy and Andy Morris are longtime OLLI members with a love of travel, who are happy to share their experiences with others. Judy is a retired Medical Technologist who worked in the clinical labs at Ruby, in research for Mylan, and as a database specialist for Halfpenny Technologies. Her hobbies include photography, gardening, and quilting. Andy retired as a Field Service Engineer with Beckman Coulter. His hobbies include gardening, bluegrass music, and playing his many stringed instruments.

#### India on the Move, a Personal Video Odyssey Haima Diadal

Heimo Kiedel	
3 Sessions	Classroom: A
Tuesdays, January 23 - February 6	3:00 - 4:50 p.m.

This is the continuation of a personal travel story across India, following up on presentations in Winter and Summer 2016. See highlights of the vibrant and colorful streets of India with high-resolution video clips - many taken immersed in crowds of people. The instructor will tell a personal story of exotic sights, travels and experiences. Participants will learn about India along the way but no effort will be made to provide any systematic overview of the country. The only requirements are an interest in travel and foreign culture or, at the minimum, an open mind for colorful streets, sights and people.

About the Instructor: Heimo Riedel, PhD, has been a professor at WVU (Department of Biochemistry) and earlier at Wayne State University in Detroit and Harvard Medical School in Boston. Based on his deep interest in foreign cultures and their history, he has traveled to a majority of countries on five continents over several decades and this course is a result of recent travels. He has a longstanding interest in the arts including photography, videography and painting.

## **River Cruising the U.S.: Columbia River**

Stephen Arnold, Susan Arnold	sarnoldwv1@aol.com
1 Session	Classroom: B
Tuesday, February 6	10:00 - 11:50 a.m.

The Arnolds will share highlights from a one-week riverboat cruise on the Columbia River with excursion stops along the Oregon & Washington borders.

**About the Instructors:** Steve Arnold has been retired since 2010 from a career in accounting, general office and purchasing management. He has spent the last 41 years doing genealogy research. Travel is also a hobby, with auto, train, and cruise trips, some for pleasure and some involving genealogy conferences. Susan is the Director of the Health Sciences Library at WVU. She is also very active with genealogy research and the DAR.

### **Special Places in WV, Part I: The State Capitol Complex**

Ed Johnson	
1 Session	Classroom: A
Wednesday, February 14	3:00 - 4:50 p.m.

Using videos, photos and other technology, this class will "tour" the Capitol Campus: the grounds and the building, and various artwork and statuary, including the Veterans Memorial. We will also take a video tour of the Executive (Governor's) Mansion, the Culture Center, and a virtual tour of the State Museum.

**About the Instructor:** The WV State Capitol has been a regular presence in much of Ed Johnson's life, and he would like to share his knowledge of WV. He is the creator and curator of a website for WV Studies students in public, private, parochial, or home school settings

## Trains, Planes, and Automobiles (and Boats and PRTs) in West Virginia

Eu Johnson	
3 Sessions	Classroom: A
Thursdays, January 25 - February 8	3:00 - 4:50 p.m.

The class will briefly look at air and water transportation including the locks and dams, with a much more in-depth look at rail, including freight and passenger services, the new intermodal facility at Prichard. Highways/bridges, including covered bridges and the New River Gorge and Wheeling suspension bridges, our 5 National Scenic Byways, and the Appalachian Highway System will get particular attention. And don't forget our own PRT!

About the Instructor: Ed Johnson once had plans to become a transportation planner/engineer, but trigonometry got in the way.

#### **Route 66: Celebrating the Mother Road**

Giles Wright	gewright67@gmail.com
1 Session	Classroom: A
Tuesday, January 23	1:00 - 2:50 p.m.

One of the most famous roads in the US, Route 66 has often been called the Main Street of America or the Mother Road. Travel supported economies of numerous small communities along the road for many years. The class is an introduction to the Route 66 story and may lead to a longer OLLI class and possible travel adventure in the future.

**About the Instructor:** Giles Wright graduated from Davis and Elkins College with a degree in Education in 1968 and Marshall University with a degree in Educational Administration in 1973. He was a teacher and principal for 10 years in WV schools and has been a tour coach operator for the past 39 years.

## OLLI membership has opened a whole new world for me and has given me a challenging and very rewarding activity for my retirement years.

- OLLI member



and

## **Coal Country Tours**

Proud sponsors of the Osher Lifelong Learning Program at WVU



Offering adventure tours to central Appalachia, the mid-Atlantic, and French Canada

www.myheritageadventures.com or www.coalcountrytours.com info@myheritageadventures.com 540-233-0543

#### **Personal Assistive Hearing Devices**

OLLI classrooms A and B are now equipped with personal assistive hearing devices for member use. A small personal receiver enhances sound projected through the audio visual system in the classroom. Users may choose to use ear-buds, surround earphones, or a headset. Some hearing aids are able to use a neckloop telecoil coupler. To use a personal assistive hearing device, come to the OLLI office prior to your class to sign one out.

#### **Classroom Temperature**

To save energy, the classroom thermostats are set to specific temperatures. Please dress accordingly to help make your class experience comfortable.

#### Weather and Holiday Policy

OLLI members are personally responsible for their own safety and must exercise good judgment when making travel choices in inclement weather. When West Virginia University, Monongalia or Kanawha County Schools are closed for inclement weather, OLLI activities are cancelled. County school delays do not affect OLLI activities. The decision to cancel activities is at the discretion of the Director when a county calls for early dismissal due to the weather. The decision to cancel weekend activities due to weather is at the discretion of the instructor. Registered participants will be notified. The OLLI office observes WVU holidays.

#### **Media Releases**

Media releases are available and kept on file in the OLLI office. Please be sure to fill one out and let us know if you do not want to be shown in OLLI photographs and media.

#### **Liability Disclaimer**

Individuals acknowledge and assume any and all risk associated with participation in OLLI at WVU activities. OLLI at WVU makes no representation regarding the appropriateness of any activity for an individual. OLLI at WVU disclaims any and all liability for each individual's participation in any activities. If a course involves physical activity, participants are responsible for wearing the proper attire and using the proper equipment (if applicable). It is highly recommended that participants consult their physician before participating in physical activity.

#### Refunds

Membership is non-refundable. Refunds for registration and other fees are considered on a per-case basis.

#### **Non-Discrimination Statement**

WVU is an EEO/Affirmative Action Employer. Underrepresented class members are encouraged to apply. This includes minorities, females, individuals with disabilities and veterans.

## Can't make it to your class?

Please call the OLLI office at 304-293-1793 to let us know so we can open your seat to someone on the wait list!

West Virginia University, osher lifelong learning institute

Morgantown, WV 26506-9123

5000 Green Bag Road PO Box 9123



Nonprofit Organization U.S. Postage Morgantown, WV Permit No. 230

> Winter Registration begins January 2 Phone: 304-293-1793 Fax: 304-293-4779 Website: www.olliatwvu.org Email: olli@hsc.wvu.edu